

Ridgeland High School Air Force JROTC

2478 Happy Valley Road

Rossville, GA 30741

JROTC (706) 820-7131 / RHS (706) 820-9063

August 7, 2023

Subject: 2023 Best Raider Competition (Solo Event)

1. General Concept. Ridgeland High School Air Force JROTC will host a best raider competition on Saturday, 04 November 2023. Each event will test the speed, strength and endurance of raiders. This year's competition is unlike any other raider competition. The competition will involve all registered cadets initially participating in the first event. A number of the slowest/weakest cadets in each event will be eliminated from continuing in the remaining events. Fewer and fewer cadets will advance to compete in each subsequent event until only a handful of cadets will compete in the final events to determine the winner and be named the "2023 Best Male Raider" or "2023 Best Female Raider".

2. Events/scoring. There will be approximately 10 events that will include the one-mile run, half-mile run, quarter mile run, water cans, sand bags, tire flip or tire pull and a rucksack race. We will also have one or more team elimination events that will include a tug-o-war and possibly another event to be determined (TBD). Raiders from the same school will be assigned to different groups as much as possible for the first five events. Groups will compete within their group at each event. Two or more raiders will be eliminated after each event depending on registration numbers. Groups will have a designated grader rotate with them to the next station as eliminations continue. Graders will not keep track of finishing times, but will keep track of placements within each group. The slowest/weakest raiders within each group will be eliminated after each event and asked to vacate the competition areas.

3. Sample Tentative Schedule. Teams will start at different events and rotate together. Based on 10 teams of 10 raiders. Maximum 100 males and 100 females.

Tentative Events	Start	Eliminate per Group	Remaining
1 mile run	10 groups of 10	Slowest 2 raiders	10 groups of 8
Sand bag carry	10 groups of 8	Slowest 2 raiders	10 groups of 6
Tug-o-war	10 groups of 6	5 groups	5 groups of 6
Water cans	5 groups of 6	Slowest 2 raiders	5 groups of 4
Tire flip or obstacle	5 groups of 4	Slowest 2 raiders	5 groups of 2
Combine 10 remaining raiders of each gender for the remaining events			
½ mile run	10 raiders	2 raiders	8 raiders
TBD	8 raiders	2 raiders	6 raiders
TBD	6 raiders	2 raiders	4 raiders
Rucksack race	4 raiders	2 raiders	2 raiders
TBD	2 raiders	1 raider	The best raider

Subject: 2023 Best Raider Competition (Solo Event) (cont.)

4. Event Day. Coaches final registration on 04 November will be from 0715-0745 hrs at the stadium. Group assignments and numbers will be given to the coaches to distribute to their students. Raiders will assemble on the field and with their assigned groups at 0800 hrs. Competition will begin at 0830 hrs. The graders will lead groups to the next event. Graders will track which raiders are the slowest/weakest and inform them of elimination after each event. Graders will either mark the raiders bib number or collect the bib from the eliminated raiders. Eliminated raiders will vacate the competition areas and become spectators. Raiders who remain in the competition must remain with their group or they may miss an event and automatically become eliminated. We anticipate the last event to finish by 1230 hrs.

5. Uniforms and equipment. Raiders may wear shorts and tennis shoes or school raider uniforms. Unique school t-shirts are encouraged. Each raider will be given a running bib or number to wear during the competition which will assign them to a specific group. Bring water bottles or similar item to stay hydrated. Mark your equipment with raider name and school name.

6. Spectators. Only competing raiders will be allowed on the stadium field and track. All coaches and spectators will be allowed only in the bleachers. Ridgeland is a smoke free and non-tobacco campus including automobiles visiting our campus. This includes no vaping or chew tobacco. Help us prevent problems with confrontations by informing your personnel in advance.

7. Admin. Park in designated areas. No fires allowed on campus.

8. Registration. We will limit registration at 100 males and 100 females. Each school may enter up to 10 males and 10 females. Registration cost is \$15 per cadet. Initial registration by email. Checks due by 15 October. Late fee after 15 October is additional \$5 per cadet. Checks payable to Ridgeland JROTC.

9. Awards. Top three raiders male and female will receive awards. Awards ceremony will immediately follow the last event.

10. Questions. See Ridgeland JROTC raider coach LTC Paul Harwart for more information:
paulharwart@walkerschools.org Cell: (423) 316-3690.

Registration Form – Best Raider 2023 – Ridgeland High School – 04 NOV 2023

School:	School Phone Number:
Coach Name:	Coach Cell Phone Number:
Rank:	Email:
Male Cadet Name:	Female Cadet Name:
Male Cadet Name:	Female Cadet Name:
Male Cadet Name:	Female Cadet Name:
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Male Cadet Name:	Female Cadet Name:
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Male Cadet Name:	Female Cadet Name:
Male Cadet Name:	Female Cadet Name:
<p>\$15 per cadet until 15 October</p> <p>\$15 x # cadet _____ = \$ _____</p> <p>Late Fee after 15 October is \$5 per cadet.</p> <p>\$20 per cadet x # cadets _____ = \$ _____</p>	<p>Checks payable to: Ridgeland HS JROTC 2478 Happy Valley Road Rossville, GA 30741 JROTC (706) 820-7131 / RHS (706) 820-9063</p> <p>Personal checks require a phone number on it.</p>
<p>Payment required to keep slots by 15 October.</p> <p>Remember to email a copy of this completed form to LTC Harwart to hold slots.</p> <p>paulharwart@walkerschools.org Cell: (423) 316-3690</p>	<p><i>RHS Use ONLY.</i></p> <p>Date payment received.</p> <p>Receipt number.</p>