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DEPARTMENT OF THE ARMY

JONES COUNTY HIGH SCHOOL GREYHOUND BATTALION 339 RAILROAD STREET GRAY, GA 31032

JCHS-JROTC 07 August 2023

MEMORANDUM FOR Raider Coaches

SUBJECT: Memorandum of Instruction (MOI) JCHS Raider Meet – 16 September 2023

- 1. **General Information**. The competition is an open invitation to all JROTCs. There are five events (Team Run (TR) (see Annex C), Raider Fitness Challenge (RFC) (see Annex D), Obstacle Course (OC) (see Annex E), One Rope Bridge (ORB) (see Annex F), and a Cross Country Rescue (RFC) (see Annex G) and a Raider Knock Out (RKO) before the award ceremony. RSVP by emailing the registration form (Annex A) as soon as possible. You can submit your form of payment at the competition or by mail. michael.mcmillan@jones.k12.ga.us.
- 2. **Venue/Timeline.** The Jones County High School (JCHS) Greyhound Corps of Cadets host its 1ST annual JCHS Raider Meet. The top three teams overall, per division (male, coed, female), are awarded trophies, and the top three teams in each division receive streamers for each event.

0700	Grader Meeting	1500	Events Completed
0730	Coaches Meeting	1500	Raider Knockout
0800	Team Run	1515	Award Ceremony
0900	Event Schedule begins		

(See Annex B for locations).

- 3. **Registration.** Final payment is due before your team competes cash or check works. Schools may enter multiple teams. The cost is \$75.00 for the first team, and \$25.00 for each additional team (not to exceed 3 per school). Make checks payable to JCHS ATTN: JROTC, 339 Railroad Street, Gray, GA 31032 (see Annex J for W9). Please email the registration form (see Annex A) to CPT McMillan (michael.mcmillan@jones.k12.ga.us) as soon as possible. It will help with the planning of the competition.
- 4. **Teams.** Male and coed teams have up to 12 teammates, but only 10 can compete in any event. Coed Teams must have a minimum of (4) four females competing. Female teams have up to 12 members, but only 8 can compete in any event, this is an effort to get more female teams to compete. Cadets will only be allowed to compete on one team; meaning a Cadet on the male team cannot be substituted for one on the coed team. If any team drops below 8 Cadets during these events, they will not be allowed to continue. Schools turn in team rosters during registration, including substitutions.

- 5. **Weather.** Safety is our top priority. If there is severe weather, we will stop the competition and move to safety (see Annex H). Cadre and chaperones escort their students and visitors to the JCHS gym if bad weather dictates. A series of three blasts from an air horn will signal to stop training and to move quickly to the gym. Schools will account for their personnel and notify the JCHS SAI/AI accordingly. Jones County HS SAI/AI will announce all clear, and teams will return to their previous location.
- 6. **Equipment.** Jones County HS equips the events except for the one-rope bridge. Bring enough Swiss seats, snap links, and ropes for your Cadets. Poles are 100 feet apart from each other. If your team needs equipment for the one-rope bridge, let the Jones County HS SAI/AI know, and we'll figure it out. Jones County HS provides helmets to teams for the CCR and OC.
- 7. **Food.** A concession stand will be open to purchase food and drinks. There are local restaurants/grocery stores to buy food, drinks, or ice.
- 8. **Parking/Tents.** There is a designated School Bus and personally owned vehicles (POV) parking (see Annex B). Busses will be guided by event personnel. Additional guests can park in designated parking lots. Please put-pop up tents in the designated areas (see Annex B).

9. Medical/Emergencies.

- a. Dangers. The school cadre will ensure they brief/train their Cadets and all other attending personnel about the dangers identified with the Risk Management Work Sheet (RMWS) (see Annex K). Each participating raider team, IAW their school policies, is responsible for assuming their own risk, planning for medical insurance/payments, and securing applicable waivers for their personnel while traveling to/from and participating in the meet. JCHS is not responsible for medical bills or costs through the covenant not to sue (see annex I).
- b. Medical. The Jones County HS Athletic Trainer is onsite to assess injuries and treat them as capable. The Athletic Trainer also has the authority to call Emergency Medical Services (EMS) if necessary (see Annex H)
- c. Problems and Reporting. Report all treated injuries/problems and anyone leaving JCHS due to medical conditions to the Jones County HS SAI/AI. Serious Incident Reports (SIRs) are submitted through the Jones County HS SAI/AI. JCHS will not provide transportation off school grounds. In case of a significant injury, training will immediately cease at that location, the casualty will be assessed, treated, and EMS will be called if necessary. An adult school representative from the injured Cadet's school should escort the Cadet to the medical center (see Annex H).

10. Event Plan.

a. **General Information.** JCHS will provide a map and a rotation schedule during registration (see Annex B for location). This will happen after we receive your team

rosters and payment. Teams follow the posted schedule to ensure completion by 1500. All events, except the team run, require Cadets to wear ACUs and boots. No headgear is needed. Teams will be assessed time penalties or disqualification from awards for deviation from the course or dropped equipment, team members not completing portions of the event, foul language, instructor or Cadet assistance/coaching, etc.

- b. Watching vs. Coaching During Event. No coaching is allowed during events. Team coaches may follow teams through the event to monitor the safety and welfare of their Cadets. Team Captains should relay their questions or concerns about grading to the grader; if the grader cannot resolve the issue, the SAI/AI will resolve it. Unwelcomed comments hurt morale and may incur team penalties or disqualification if directed toward the judges.
- c. **Use of Tobacco, Drugs, and Alcohol, etc**. This is a school event subject to school discipline policies and procedures. We will not allow tobacco, drug, or alcohol use near Cadets or the competition. The school cadre is responsible for the conduct of its personnel. Please tell parents in advance.
- d. **Uniforms**. All team members must always be in the same uniform; running shoes are authorized for the Team Run. All other events require ACU bottoms, boots, and t-shirts. ACU tops are optional, and no headgear is needed. Gloves are optional at some events. Ensure uniformity for the awards ceremony.
- e. **Scoring.** Composite score sheets are used at each event, and the overall rankings and scores will be emailed out within one week after the event. If a tie occurs, we will use a weighted grading system. Weighted events from heaviest to lightest are in sequence; Obstacle Course, One Rope Bridge, Cross Country Rescue, Raider Fitness Challenge, and Team Run.
- f. **Events.** Teams may skip events but will not be considered for Streamers or Trophies and must remain in assigned sequence order. The map and event schedule copies will be available at the registration site (see Annex B). No team vehicles are allowed between event sites. Ensure the team captain reports and informs the grader which type of team category you are competing in.

The point of contact for this memorandum is CPT McMillan, Michael, and can be reached at michael.mcmillan@jones.k12.ga.us or 478-986-5444.

MICHAEL J. MCMILLAN CPT, Retired Senior Army Instructor

ANNEX A Registration Form



DEPARTMENT OF THE ARMY JONES COUNTY HIGH SCHOOL UNIOR RESERVE OFFICERS' TRAINING CORP.

ARMY JUNIOR RESERVE OFFICERS' TRAINING CORPS 339 RAILROAD STREET, GRAY, GA 31032 (478) 986-5444

JCHS-JROTC 16 September 2023

MEMORANDUM FOR RECORD

SUBJECT: Registration for the JCHS Raider Meet – 16 September 2023

School Name:	
POC:	
Number of Teams:	
Category of Teams: Male Male/Mix Female	
Price is \$75.00 per team and \$25 for each additional team.	
Amount Enclosed: (Make checks payable to Jones County Hig JROTC)	h School
Signature of POC:	

Bring your form of payment to registration on the day of the competition OR m to: Jones County High School Attn: JROTC 339 Railroad Street Gray, GA 31032	ail checks

Please email this registration form as soon as possible to: michael.mcmillan@jones.k12.ga.us

ANNEX B ADMIN



ANNEX B ADMIN



ADDRESS: 339 Railroad Street, Gray, GA 31032

- PARKING: Buses have a designated area to park and additional parking opens after the team run is completed.
- TENT: Pop Up tents are authorized in designated areas and parking lots.
- · CONSESSIONS: Are available for purchase
- LATRINES: Hard structure latrines are available.
- MEDICAL: The Jones County HS Athletic Trainer is on location. Piedmont Hospital is the nearest Hospital and it is 14.5 miles approx. 21 minutes.
- GRADER: Must receive event/safety brief prior to Grading.
- COACHES: Event/safety brief following the graders Brief.
- TRASH: Trash cans are located throughout the area of operation.
- SIR: All SIRs are communicated through Jones County HS SAI/AL JCHS sends up SIRs to 6th BDE.
- RESULTS: All results are published and sent to schools the following week.
- RAIDER KNOCKOUT: Push-up competition ran like a Drill Knockout.
- AWARDS: Trophies for 1 st-3rd overall each category and Streamers for 1st-3rd each event for each category.

<u>Timeline:</u> 0900: All teams follow scheduled times

0730: Coaches Brief 1500: Raider Knockout

0800: Team Run 1515: Awards



ANNEX C JCHS TEAM RUN (TR)

- 1.TASK: Each Team must complete a 1.9-mile Team Run over a designated marked course along a paved and unimproved terrain.
- 2.CONDITIONS: During daylight hours and under existing weather conditions, each Raider Team negotiates the 1.9-mile course consisting of paved and unimproved terrain in their prescribed Raider uniform (ACU/OCP trousers, Team, or brown t-shirt, and running shoes). Coaches, parents, chaperones, or other team members cannot run with the team.
- 3. STANDARDS: Team scores are based on the total time it takes for the Team to finish the course. All Raider Team members must cross the finish line together within the 10-meter rule. (THAT WILL BE MARKED) Time stops when the last member of the team crosses the finish line. Raider Team members cannot push, pull, hold hands, or carry their teammates during the Team Run Event. A (50) second violation will be added to the run time. At No time will a coach, Cadet, team member, parent, chaperone, or Cadre run along or "pace" a Raider Team. Any Raider Team caught violating this rule will be **DISQUALIFIED**. If a Raider Team member drops out of the Team Run Event after the run starts, the Team will ensure the Cadet is taken care of by getting medical help or other help needed for that team member. Once help arrives, the rest of the team can finish the run if desired. Teams will incur a five (5) minute penalty for each team member who drops out of the run.
- 4. CONCEPT: Coaches and Team Captains are briefed on the task, conditions, and standards during the Coaches' meeting. Team Coaches are responsible for keeping track of their team time. Teams line up at the start line in their respective order. The order will be published with the final rotation schedule. Teams are released at 1-minute intervals. When told to report to the starting line, all teams from the school move forward, and a judge gives the command "Get Ready" and "Go." Time will stop when the Last Raider of that team crosses the finish line. 10 Meter rule is in effect at the finish line.

ANNEX C JCHS TEAM RUN (TR)

Score Sheet

SCHOOL NAME			
MALE TEAM	FEMALE TEAM	COED TEAM	
10 METER FINISH BOX RULE	# of Violations	x 30 Sec	-
TEAMMATE WAS PUSHED, PULLED, CARRIED, OR HOLDING HANDS	# of Violations	x 50 Sec	
DROP OUT	# of Violations	x 5 Min	
COURSE TIME			
PENALTY TIME			
TOTAL TIME			

ANNEX C JCHS TEAM RUN (TR)

de ANNEX C TEAM RUN CONCEPT

- The Course isapprox. 1.9 Miles.
- Running Shoes are allowed and encouraged.
- Schools line up in order at the Start. The order will be published prior to the start
- 60 second staggered starts.
- Stay to the right pass on the left.
- 10-meter finish box in effect.
- Turn around point
- Coaches time their own teams with their own stopwatch devices to the hundredth of a second.

START TIMES

0808:
0809:
0810:
0811:
0812:
0813:
0814:
0815:



ANNEX D JCHS Raider Fitness Challenge (RFC)

- 1.Task: Complete the Raider Fitness Challenge course, which is designed to examine the strength, stamina, strategy, and endurance of the team of Cadets over a course approximately ½ mile in length using various obstacles.
- 2. Conditions: During daylight hours and under existing weather conditions, each Raider Team completes the Raider Fitness Challenge in the Raider Team uniform: Boots, ACU/OCP trousers, and school T-shirt with sleeves or ACU/OCP T-shirts. ACU/OCP tops may be worn depending on weather conditions.
- 3. Standards: The Team is scored on how long it takes all members to complete the course. The 10-meter finish box is in effect.

4. Concept:

- a. The grader will command "Get set...Go," which will start the clock. The course consists of the following items in order:
 - 1. A Low crawl obstacle.
- 2. Carry equipment for distance; Water Cans, Ammo Cans, Kettle Bells, and Sandbags (Items weigh 20-40 lbs.).
 - 3. An over or under obstacle
 - 4. A speed agility maze
 - 5. A weighted canoe to carry (canoe weighs between 100-200 lbs.).
 - 6. A burpee pull-up station.
 - 7. Repeat the course in reverse, resetting all equipment.
- b. One team at a time on the course. All equipment must be placed down and not dropped, or the team is penalized. Teams complete the course in reverse so that all items will be where you originally picked them up. Once the last Cadet crosses the finish line, time will stop. The 10-meter finish box is in effect.
- c. Judges move with the team to assess penalties, redirect teams if they veer off the course, and record their time on the score sheet. Judges review the score sheet with the Team Captain, and both Judge and Team Captain sign.

ANNEX D JCHS Raider Fitness Challenge (RFC)

Score Sheet

School:	_ Male Team Co	oed Team Fe	emale Team
Team Captain:			
Penalty	Incidents	Incide	ent Total
Team member fails to negotiate obstacle (30 sec per incident)			
Equipment is dropped or falls over (30 sec per incident)			
Failure to return all equipment to its original start point (30 sec per incident)			
Team member fails to complete a Burpee Pull-Up (05 sec per incident)			
Failure to complete the course (DQ)			
10 Meter Finish Box Rule (30 sec per incident)			
Cumulative Penal	ty Time		
Event Time: + Penalty Time:		•	
Total Time:			
Judges Signature:			
Team Captain Signature:			

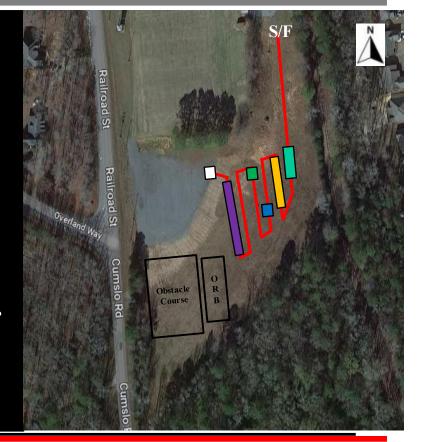
ANNEX D JCHS Raider Fitness Challenge (RFC)



ANNEX D RAIDER FITNESS CHALLENGE CONCEPT



- The Course is ½ a mile.S/F: Start and Finish
 - Belly Crawl Obstacle
 - Carry Equipment for Distance
- Over and Under Obstacle
- Zig Zag Obstacle
- Canoe Carry
- Burpee/Jump Up Bars (pull up bars) and Turnaround Point
- Uniform: Boots, ACU/OCP trousers, school t-shirt with sleeves or ACU/OCP t-shirts.
- 10-meter finish box in effect.
- Judges move with the team to assess penalties, redirect teams if they veer off the course, and record their time on the score sheet.



ANNEX E JCHS Obstacle Course (OC)

- 1.TASK: Teams successfully negotiate an Obstacle Course of 13 military-style obstacles. Teams carry three assault bags weighing 25 pounds each.
- 2.CONDITION: During daylight hours under existing weather conditions, male and coed teams negotiate the obstacle course carrying three assault bags, and female teams carry two assault bags that JCHS provides. Raider Team uniform: Boots, ACU/OCP, helmet that JCHS provides. ACU/OCP tops may be worn. ALL team members must stay within two obstacles of each other or be penalized.
- 3.STANDARDS: Team scores are based on the time it takes for the team to finish the Obstacle Course. All obstacles must be negotiated except for the rope climb, which must, at a minimum, be attempted, and each Cadet has two attempts to negotiate each obstacle. Time stops when ALL Raider Team members and their equipment have crossed the finish line. The 10-meter Finish Box is in effect.
- 4.CONCEPT: Each team reports to the obstacle course ready area and will be briefed on the task, condition, and standards for the obstacle course. At this time, they will be issued three assault bags and helmets. The assault bags weigh 25 pounds each. The teams will be given five minutes to prepare and conduct any last-minute planning or preparations. When told to report to the starting line, the team moves forward, and a Judge commands "GET READY" and "GO." The team will start negotiating the obstacles with the team staying 10 meters from each other.

5. Obstacles Course Consists of:

- a. Tire, Over, and Under (Obstacle #1). Negotiate the tire obstacle by placing your body through the center of the tire. Do not touch the cables or the wood. Negotiate the over obstacle by approaching the wall at an angle, placing a hand on the side next to the wall is placed on top of the wall, then, with a straight-arm movement, push the body weight upward. At the same time, the leg on the side next to the wall is thrown upward and over the top, followed by the other leg. In landing, your weight comes down on the landing leg first, followed by regaining your balance on both legs. The free arm serves as a balance. Negotiate the under obstacle by using a low crawl technique to move under the low rail.
- b. Belly Robber (Obstacle #2). Negotiate the obstacle by stepping on the lower log and taking a prone, stomach-down position on the horizontal logs. Crawl over logs to the opposite end of obstacle, then dismount feet first.
- c. Inclining Wall (Obstacle #3). Negotiate the obstacle by approaching the underside of the wall, jumping up, grasping the top, and pulling themselves over the top. Slide or jump down the incline to the ground.

- d. High Step Over (Obstacle #4). Negotiate the obstacle by stepping over each bar; either alternate legs or use the same leg each time while trying not to use their hands.
- e. Six Vault (Obstacle #5). Negotiate the obstacle by vaulting, using one or both hands, or rolling over all of the logs.
- f. 10ft, 8ft, and 6ft Walls (Obstacle #6). Negotiate the obstacles by approaching the wall at a walk or a slow run. Jump upward and grasp the top of the wall. Place the chest on the wall and kick vigorously upward and over with both legs. Keep your body as close to the top as possible to maintain a low silhouette. A rope and platform are available on the 10ft. wall. Cadets must climb down a 10ft. wall; jumping off the platform is NOT authorized.
- g. Easy Balancer (Obstacle #7). Negotiate the obstacle by walking up one inclined log and down the one on the other side to the ground. (No Running).
- h. Parallel Bars (Obstacle #8). Negotiate the obstacle by grasping two ladder rungs and swinging yourself into the air. Negotiate the length of the ladder by releasing one hand at a time and swinging forward, grabbing a more distant rung each time.
- i. A Frame Cargo Net Climb (Obstacle #9). Negotiate the obstacle by grasping the rope rungs overhead and stepping up on the lower rope rungs. Reach up with the right arm to grasp a higher rung while simultaneously stepping up with the left leg. Position the body over the frame and descend the net on the other side using the same technique.
- j. Culvert Tubes (Obstacle #10). Negotiate the obstacle by performing a high crawl technique. Move one hand forward while simultaneously moving the opposite knee forward. Continue moving on hands and knees alternatingly and continue this technique until you exit the tunnel.
- k. Rope Climb (Obstacle #11). Negotiate the obstacle by anchoring the feet. Stand up, pushing down with the legs. Reach overhead and re-grasp the rope. Draw your knees toward the chest. Re-anchor the feet on a higher point on the rope. Repeat sequence until reaching the top of the rope.
- I. Belly Crawl (Obstacle #12). Negotiate the obstacle by moving forward under the rope, on your stomach, to the end of the rope obstacle.
- m. Tires (Obstacle #13). Negotiate the obstacle by placing one foot in every tire center.

ANNEX E Obstacle Course (OC)

Score Sheet

School:	Male Team	Coed Team	Female Team
Team Captain:			
Penalty	Incid	ents	Incident Total
Team member fails to negotiate an obstacle. The rope climb must be attempted, but no penalty for failure to complete it. (30 sec per incident). Parallel Bars failure to place 2			
Hands First and last bars (30 sec per incident).			
10 Foot Wall jumping off the platform, did not climb down (5 minutes per incident).			
Team member drops out (5 minutes per incident).			
Team member is ahead of more than two obstacles (30 sec per incident).			
10 Meter Finish Box Rule (30 sec per incident).			
Cumulative Penalty	/ Time		
Event Time: + Penalty Time:	_	,	
Total Time:			
Judges Signature:			
Team Captain Signature:			

ANNEX E JCHS Obstacle Course (OC)



ANNEX E OBSTACLE COURSE CONCEPT



S/F: Start and Finish

- Tire, Over and Under Obstacles
- 2 Belly Robber Obstacle
- 3 Inclining Wall Obstacle
- 4 High Ste Over Obstacle
- 5 Six Vault Obstacle
- 6 10-ft, 8-ft, and 6ft Wall Obstacles
- **7** Easy Balancer Obstacle
- 8 Parallel Bars Obstacle
- 9 A Frame Cargo Net Climb Obstacle
- 10 Culvert Tubes Obstacle
- 11 Rope Climb Obstacle
- 12 Belly Crawl Obstacle
- 13 Tire Obstacle
- Uniform: Boots, ACU/OCP trousers, school tshirt with sleeves or ACU/OCP t-shirts, helmet.
- All team members must negotiate the obstacles.
- Raiders are NOT allowed to jump off the 10foot wall platform and must climb down the obstacle or a penalty is added per incident.
- Judges move with the team to assess penalties, redirect teams if they veer off the course, and record their time on the score sheet.



ANNEX F JCHS One-Rope Bridge (ORB)

1. TASK: Construct a one-rope bridge spanning approximately 40 to 100 feet

2. CONDITIONS:

- a. Under existing weather conditions and in a field environment, each Raider Team crosses an open field on a one-rope bridge spanning 100 feet.
- b. Teams will make only one timed crossing and will compete against the clock. Time will not stop during the conduct of the event unless teams go over the 10-minute time limit. Penalties will be assessed for rule infractions and safety lapses. Total event time will be calculated from the crossing time plus any accessed penalty time.
- c. All team members must cross the obstacle on the rope except for the first and last Raider.
- d. Caps are not grounded with other equipment but may be carried in the cargo pocket before commencing construction of their one-rope bridge. The uniform may be adjusted as needed depending on the heat category.
- e.Each Raider team is responsible for providing their own equipment. If a team needs equipment, contact the Jones County HS SAI/AI and we'll help to figure it out.

STANDARDS: IAW the TC 3-97.61 (July 2012)

- a. The Swiss seat must be secured with a square knot and with an overhand knot at each side of the square knot to prevent the knot from becoming untied with at least a four (4) inch pigtail on each knot. First and last Raider may wear ropes tied around their waist using a Swami belt (pg. 6-28). Swami belt will be tied IAW TC 3-97.61, Military Mountaineering page 6-28 using at least two wraps around the waist and tied off with a square knot with overhand safeties with a minimum 4-inch pigtail on each side. An end-of-the-line bowline w/overhand knot or figure 8 hooked into the far side Raider's snap link is used to secure the far side Raider while crossing the stream. The Swiss seat (rappel seat) will be tied IAW TC 3-97.61, Military Mountaineering, pages 4-29. Note: On Step 5, the two ends may travel from bottom to top or top to bottom as long as a half hitch is created on both hips, creating a bight.
- b. The only knots allowed for the far side anchor point will be one round turn around the anchor point secured by two half hitches on a bight, or a tensionless anchor knot (see Pg.5-6) with a minimum of 4 round turns around the anchor point secured by a snap link which must be secured to the rope bridge rope by an end of the line bowline w/overhand knot or figure 8 knot. The only knots allowed for the near side anchor point/tightening system will be the wireman's knot and /or the figure 8 slip knot

(Transport Tightening System Pg 7-15 Fig 7-10) as the tightening system knot; round turn around the near side anchor point secured by two half hitches on a bight. The half hitches on a bight are not required to go over all ropes if it provides a safe knot extending toward the tightening system knot.

- c. The two anchor knots, the wireman's knot or figure 8 slip knot (either may be used to construct the one rope bridge) and the two half hitches on a bight will be visually inspected for safety prior to Raiders mounting the bridge rope. If improperly tied, then the team is STOPPED and allowed to fix knots, but time continues to run.
- d. Teams may tie their Swiss Seats before checking into the OIC. The OIC must watch the team back feed the rope in the duffle bag or similar container. The team will be given five minutes to tie their Swiss Seats and to prepare their rope by back feeding the rope into the duffle bag or similar container. When the team captain feels his team is ready to be inspected, he calls time, and the time stops. If a seat is unsafe the team does not get the remaining minutes to tie the seat without penalty. The Swiss seat must pass the CHECKPOINTS on page 4-29 of the TC 3-97.61 to be considered safe and a team penalty assessed for any unsafe seat.
- e. When crossing, only three Raiders will be clipped onto the bridge rope with the Swiss seat at any one time. While crossing each Raider is not required to have one leg/foot in contact with and over the bridge rope. The bridge will not be disassembled until the last Raider has crossed and safely unclipped on the far-side.

ANNEX F JCHS One Rope Bridge (ORB)

Score Sheet

School:	_ Male Team Coed Team	Female Tea	am
Team Captain:			
Penalty		Incidents	Incident Total
All team members have Swiss seats/waist rop	pe on (10 sec per incident)		
Pre-tied knots (30 sec per incident)			
No end of the line bowline or figure 8 far side	Cadet (10 sec per incident)		
Rope not snapped into far side Cadet, or over	the shoulder bowline (10 sec)		
Failure to temporarily secure rope to far side	(10 seconds)		
Failure to secure far side (30 sec)			
Failure to secure near side (30 sec)			
Hooking up before 2nd half hitch is tied on ne	ar side (30 sec per incident)		
Improper transport knot (30 sec per incident)			
Failure to hook into the rope during crossing (10 sec per incident)		
Violation of dead zone (10 sec per incident)			
Failure to keep points of contact on the rope vincident)	while crossing (10 sec per		
Breaking bridge down before last raider is off	the rope (30 sec per incident)		
Knots in the rope after time/stop is called (40/	20 sec per incident)		
Equipment left behind or dropped in the obsta	acle (10 sec per incident)		
Violation of more than (3) on the rope at one t	time (30 sec per incident)		
Rope Bridge Failure or Grader deems bridge	is unsafe (DQ)		
Cumulative F	Penalty Time		
Event Time: + Penalty Time:			
Total Time:			
Judges Signature:			
Team Captain Signature:			

ANNEX G JCHS Cross Country Rescue (CCR)

- 1.TASK: Raider Team transports a simulated casualty over a .8-mile course on unimproved terrain. There are three obstacles (10- and 8-foot walls, culvert tubes, and an over-and-under obstacle) that all Team members and the weighted assault bags (NOT the Litter) must negotiate along the route. The objective is to complete the course in the shortest time.
- 2. CONDITIONS: Raider Team uniform: Boots, ACU/OCP trousers, school T-shirts with sleeves or ACU/OCP T-shirts, helmet. ACU/OCP tops may be worn depending on weather conditions. Each Raider Team must begin and end this event with the same members. No substitutes are allowed after the event starts. Each raider team will have to carry a litter weighing approximately 95 pounds and three assault bags weighing 25 pounds over a marked course. Each raider team will be given 5 minutes to prepare for this task. There are three obstacles that all team members, along with the assault bags, must negotiate along the route. The litter is placed next to the marked area next to the obstacle and retrieved after negotiating the obstacle.
- 3. STANDARDS: Raider Teams check in with the graders, and the grader will notify the team when the 5-minute preparation time begins. Teams start and finish from the same location. Upon the command "GO" each Raider Team will transport the weighted litter and the assault bags through the course in the fastest possible time. Upon reaching the three obstacles, all team members must negotiate the obstacles to include team members with assault bags. The litter is placed next to the obstacles in the marked-off area and retrieved after negotiation of the obstacle. Raiders are NOT allowed to jump off the 10-foot wall platform and must climb down the obstacle, or a penalty is added per incident. All member equipment and team members must cross the finish line before time is stopped.
 - a. Equipment will not be thrown or dragged.
 - b. The assault bags will not be carried on or attached to the litter in any manner.
- c. Each Raider Team Captain may task organize their Teams and decide how many Cadets carry the litter and who is carrying the assault bags, and how they switch off during the actual event.
- d. A raider team member can place their equipment down prior to crossing the finish line and go back to aid their team members. If a Raider crosses the finish line, they may NOT go back and help their team. All team members must remain within line of sight of each other.
- e. Once ALL Raiders and all equipment have crossed the finish line time will STOP. A five (5) minute penalty is added for any equipment not past the finish line.

ANNEX G JCHS Cross Country Rescue (CCR)

Score Sheet

School:	Male Team Coed	Team Female Team
Team Captain:		
Penalty	Incidents	Incident Total
Team member fails to negotiate an obstacle (30 sec per incident).		
Team member jumps off the 10 ft wall platform or fails to climb down the obstacle (5 minutes per incident).		
Failure to complete the course (DQ).		
REQUIRED Equipment not across the finish line after time has stopped (5 min per incident).		
Cumulative Penalty T	ime	
Event Time: + Penalty Time:		
Total Time:		
Judges Signature:		
Team Captain Signature:		

ANNEX G JCHS Cross Country Rescue (CCR)



ANNEX G CROSS COUNTRY RESCUE CONCEPT



- The Course is approx. . 8 mile in length.
- S/F: Start and Finish
- 10-foot and 8 -foot Wall Obstacles
- Culvert Tube Obstacle
- Over and Under Obstacle
- Uniform: Boots, ACU/OCP trousers, school t-shirt with sleeves or ACU/OCP t-shirts, helmet.
- Upon reaching the three obstacles all team members must negotiate the obstacles to include team members with ruck sacks.
- The litter is placed next to the obstacles in the marked off area and retrieved after negotiation of the obstacle.
- Raiders are NOT allowed to jump off the 10-foot wall platform and must climb down the obstacle or a penalty is added per incident.



ANNEX H Severe Weather and Medical Concept



ANNEX H SEVERE WEATHER AND MEDICAL CONCEPT



CONCEPT OF THE OPERATION: This is a three-phase operation. Phase I, Phase I, planning and preparation, begins with continuous improvement brief and ends with rehearsal. Critical to this phase is confirming the Athletic Trainer is scheduled. SAI/AI reconfirms all equipment, personnel, and procedures are in place prior to the competition. Prior to schools' checking in and at check in schools receive Severe Weather and Medical Concept. SAI/AI, and Cadet staff execute a rehearsal prior to execution of the event. SAI/AI answers RFIs prior to the start time Phase II, execution, begins with making a weather call, if necessary, the day prior and ends with the last school leaving school grounds. Critical to this phase is reacting appropriately to the situation. Host school makes a weather call 24 hours prior to the event and notify visiting schools of any changes. Graders and coaches receive a safety/event brief from SAI/AI prior to the first team executing the event. The medical and severe weather plan is disseminated at this brief. Medical: The host school Athletic Trainer is located at the medical tent near the obstacle course. The trainer is available to assess and treat injuries as capable. The trainer can recommend or call EMT as necessary and the Host and visiting School SAI/AI are notified. If evacuated from the school grounds by EMT or visiting school transportation the closest hospital is Piedmont Hospital, in Macon, GA (14.5 miles). Severe Weather: When a severe weather is imminent a call is made and announced by bullhorn, PA system, and use Air Horns. An Announcement is made for all people to move to the gym and the Greyhound Staff assist visitors with the fastest way to the gym. After the severe weather has passed SAI/AI make the call to continue the competition or cancel the remaining events. SIRs: The SAI/AI send SIRs to BDE as they occur. Phase III, recovery, begins after the last has left the host school rounds and ends when all recovery tasks are complete. Critical to this phase is confirming all SIRs have been sent to 6th BDE. Greyhound staff secure all equipment. A formal AAR is MEDICAL TENT TASK ORG: SUSTAINMENT: - SAI/AI: CPT McMillan/SFC Kingston CLASS I Staff: Greyhound BN and - Food and water sold at concession stands. - Medical: Jones County HS Athletic Visiting schools provide their own - EMT: Local CLASS VIII соммо - 1 x First Aide Bag at Medical Tent - Arm Immersion and Ice Sheets EVACUATION: MEDIC SUPPORT: HOSPITAL: Piedmont Hospital: 350 Hospital Drive, Staff to SAVAI: EQUIPMENT: - Cool zone A: Cell C: Runner E: Bullhorn A: Visiting School Arm Immersion Macon, GA31217 UNIFORM: Distance: 14.5 miles TASK TO SUBORDINATE UNITS: Time:approx.21 minutes - Athletic trainer notifies SAI/AI of injuries, any MEDEVAC/EVAC. - ACU/OCP trousers OPERATION TIMELINE - School t-shirt with sleeves or ACU/OCP - Grevhound Staff assist visitors to the gym encase of severe weather t-shirts. 15 SEP 18 SEF 0400: Setup 0700: Graders Brief 0730: Coaches Brief 0800: Athleich Trainer available 1600: All schools have left the grounds and the Athlet Trainer is notavailable <u>ste</u> -- 15 SEP 2023 Graders Ceruire SAI/AI Greyhound Staff Brief 2. 16 SEP 2023 3. 07 SEP 2023 4. 11 SEP 2023 0830-1500: Staff Rehears al 1600-UTC:Presetup 0800-1500:AAR

ANNEX I Covenant Not to Sue

Covenant Not to Sue Statement Required by Privacy Act of 1974

1. AUTHORITY. Title 10, US Code 2102

(print name of parent or guardian)

(relationship to Cadet)

(signature of witness)

- 2. PURPOSE. To release the U.S. Government, service Junior ROTC, and any high school or school district from liability for injury, death, or damages for Junior ROTC Cadets participating in voluntary training programs.
- 3. ROUTINE USES. Normal personnel actions. Disclosure of information may be provided to proper authorities in actions regarding law enforcement, legal actions as a result of injury or death, and investigations of accidents resulting from such voluntary training.
- 4. Mandatory or voluntary disclosure and effect on individual not providing information: disclosure is voluntary. Failure of the individual to complete this form will disqualify the Junior ROTC Cadet from participating in specific voluntary training. I (parent/guardian), _____, residing at (street address, city, state, zip) do hereby agree that in consideration for allowing my child to participate in the 2023 Jones County High School Junior ROTC Raider competition conducted at Jones County High School, and whereas she/he is doing so entirely on her/his own initiative, risk and responsibility; and being fully aware of the risks adhering to this type of training, I hereby RELEASE AND DISCHARGE FOREVER the United States Government, the State of Georgia, any high school and associated school district and all of their officers, agents, and employees, acting officially or otherwise, from any and all claims, demands, actions, or cause of action, on account of my child or on account of any injury to my child which may occur from any cause during said activity or continuances thereof; and I do further covenant and agree to hold the said organizations above, their officers, agents, and employees blameless for any and all damage which my child may cause either intentionally or through his/her negligence. (signature of participating Cadet) (signature of parent or quardian)

23

(print name of participating Cadet)

(date of signature)

ANNEX J JCHS W9

m W-9	Request for Identification Number	Taxpayer er and Certificat	tion		Give Form t requester.	Do not
partment of the Treasury email Revenue Service	➤ Go to www.irs.gov/FormW9 for Inst	ructions and the latest in	formation.		30112 10 111	333
1 Name (as shown on	your income tax return). Name is required on this line; do	not leave this line blank.	72.7		1897	
JONES COUNT	TY BOARD OF EDUCATION					
2 Business name/dist	egarded entity name, if different from above			*:		
Jones 6	County High School					
3 Check appropriate in following seven box	box for federal tox classification of the person whose names.			certain er	tions (codes appl) vities, not individu na on page 3):	als; see
5 Individual/solo pr single-member L	rc		Trust/ostate	Exempt p	eyes code (if any)	3
Limited Sability of	company. Enter the tax classification (C+C corporation, Si-	S corporation, P=Partnership)				
LLC # the LLC is	appropriate box in the line above for the tax classification classified as a single-member LLC that is disregarded for its not disregarded from the owner for U.S. federal tax puons the owner should check the appropriate box for the tax.	on the owner unless the owner stooses. Otherwise, a single-me		code (# s		
Other (see Instru		MMENT			market market out it	ds the (15)
5 Address (number, t	treet, and apt. or suite no.) See instructions.	Req	uester's name o	and address	s (optional)	
125 STEWART A		-				
GRAY, GA 31032 7 List account number						
Taxpaye	r Identification Number (TIN)				-	
second Tibl in the speci	sociate how. The TIN consider must match the name	ne given on line 1 to avoid	Social sec	curity num	ber	-
down mithheddon for in	dividuals. this is generally your social security num	NOW (SSIN). HOWEVEY, NOT IN			1 - 1	\mathbf{I}
ident allen, sole proprie	for, or disregarded entity, see the instructions for it ridentification number (EIN). If you do not have a n	number, see How to get a		JL		
Later.			or			
ter If the appoint is in a	nore than one name, see the instructions for line 1	. Also see What Name and	Employer	identifica	tion number	-
mbar To Give the Flequ	ester for guidelines on whose number to enter.		5 8	- 6 0	0 0 2 7	1 2
			0 0	- 0 0	0 0 2	1-1
Certifica	ntion					
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	kup withholding because: (a) I am exempt from bac subject to backup withholding as a result of a failur					that I ar
	her U.S. person (defined below); and					
The EATCA code(s) act	ared on this form (if any) indicating that I am exem-	pt from FATCA reporting is	correct.			
ertification instructions. u have failed to report all	You must cross out item 2 above if you have been no interest and dividends on your lax saturn. For real est at of secured property, cancellation of debt, contribut dends, you are not required to sign the contribution, a	otified by the IRS that you ar take transactions, item 2 doc	e currently sub as not apply. F	t ARAL at	nd generally, pay	ments
ign Signature of U.S. person >	CUIL	Date				
eneral Instru	ections	Form 1099-DIV (divide funds)				
ted.	the Internal Revenue Code unless otherwise	Form 1099-MISC (vari proceeds)				or gross
lated to Form W-9 and	or the latest information about developments its instructions, such as legislation enacted	Form 1099-B (stock or transactions by brokers)				
	, go to www.irs.gov/FormW9.	• Form 1099-S (proceed	is from real er	state trans	sactions)	- Anna Mar
urpose of Form	1	+ Form 1099-K (mercha	nt card and th	and party	network transac	caonsj
individual or entity (Fo	nn W-9 requester) who is required to file an a IRS must obtain your correct taxpayer	Form 1098 (home mor 1098-T (tuition)	tgage interes	Q, 1098-E	; (student loan li	nterest).
entification number (TIN	a which may be your social security number	• Form 1099-C (cancels	d debt)		description.	
SN), individual taxpayer expayer identification nu IN), to recort on an info	ridentification number (TIN), adoption mber (ATIN), or employer identification number motion return the amount paid to you, or other	Form 1099-A (acquisit Use Form W-9 only if	you are a U.S	nment of 3. person	secured propert (including a resi	ty) ident
mount reportable on an dums include, but are n	Information return. Examples of information of limited to, the following.	atlen), to provide your of If you do not return Fi be subject to backup w	orrect TIN.	e remuest	er with a TIM, yo	ou migh
Form 1099-INT (Interes	t earned or paid)	be subject to backup w. later.	ermokung. Se	e mare	ованар шата	-

ANNEX K RISK ASSESSMENT WORKSHEET

Jone County 3. PREPAR		Raider Meet (16 Septem					2. DATE PE	EPARED
a. NAME (La	RED BY		ber 2023)				7352	230721
McMillan,	st, First, Middle Initial)		b. I	RANK/GRADE	-	DUTY TITLE/PO	SITION	
	Michael, J		CP	T/O3 Retired		Senior Army Inst	ructor	
d. UNIT	e. WOR	K EMAIL			f. TELEPH	ONE (DSN, Comm	erciai /Includ	le Area Codej)
Jones Coun	nty HS, GA michael	l.mcmillan@jones.k12.gr	h.us		512-529-7453			
g. UIC/CIN // WOCLSD		NING SUPPORTILESSON F I JROTC Objectives	PLAN OR OPOR	(as required)		SIGNATURE OF PREPARER		
Five steps of	f Risk Management:	(1) Identify the hazards (4) Implement controls	(2) Assess 9 (5) Supervise			p controls & makes		on formij
	SUBTASK/SUBSTEP OF MISSION/TASK	5. HAZARD	6. INITIAL RISK LEVEL	7. CONTROL		8. HOW TO IMPO WHO WILL IM		9, RESIDUAL RISK LEVEL
Ra	aider Moet Events	- Wildlife	м	to the SAl/Al	ptains the favoiding les of Dife in the e s reported up	How: - Conduct Risk A Safety Briefing a Grader and Cone - Battle Buddy - Inform event sta - Event staff info - Direct Supervis Cafre and chape: - SAI/AI	t the hes Brief aff rm SAI/AI ion by all	L
			at	Graders halt at their event wildlife leave	es the area All - Cha	Who: - Graders - All Cadre - Chaperons - Event Staff - SAL/Al		

	4. SUBTASK/SUBSTEP OF MISSION/TASK	6 HAZARD	6. INITIAL RISK LEVEL	7. CONTROL	II. HOW TO IMPLEMENT) WHO WILL IMPLEMENT	9. RESIDUAL RISK LEV
+	Raider Meet Eventx	- Hot Weather Injury		SAI/Al from Host School adjust the shily risk management worksheet as conditions change i.e. weather (Storms, hot, cold), cadre availability, etc. Deess Appropriate/ Hydrate Night Prior/heat category/monitor WET BULH every hour.	How: - Conduct Risk Assessment Safety Briefing at the Grader and Coaches Brief Check wet bulb readings hourly and log readingsTreatment assistance provided by the Host High School Athletic Trainer Direct Supervision by all Cadre and chapemens.	
			н	Arm immersion tanks, loe Sheets, and water are available for heat injury mitigation. Couches and Graders are briefed on the location of arm immersion tanks and	Who: - Graders - All Cadre - Chaperons - Event Staff - SAI/Al	м
				ice sheets prior to event. - Shaded areas are utilized when available. - loe sheets are located at the Athletic Trainer's tent to treat heat casualties. Should an injury occur assess the situation, call 911, treat the casualty. - Host School rehearses a Cadet down drill prior to the start of the competition.		
+	Raider Meet Events	- Weather	м	SAl/Al from Host School adjust the daily risk management worksheet as conditions change i.e. weather (Storms, hot, cold), cadre availability, etc. Conduct weather checks; instruct Graden, Coaches, and event staff current.	How: - Conduct Risk Assessment Safety Briefing at the Grader and Coaches Beief, - Check Weather App for changing weather readings. - Direct Supervision by all Cadre and chaperons. - Announce changing conditions.	L
				conditions. - Knowledge and use of Lightning Protection Areas (LPA), Jones County HS GYM - Encase of imminent	Who: - SAI/AI - All Cadre and Chaperons.	
				severe weather an announcement is made and move all personnel to the JCHS Gym.		

DD FORM 2977, NOV 2020

SUBJECT: Memorandum of Instruction (MOI) JCHS Raider Meet – 16 September 2023

+ -	am Rus (TR)	Injury due to terrain Cadet hit by vehicle	м	Conduct reconnaissance of Team Run Route and check for and remove any hazards. Mark any hazard that cannot be removed and provide an alternate route. Close off route to	How: - Safety and event Brief prior to execution of the event Walk or drive route and remove any hazards Use traffic cones to block off mule.	
- 1				vehicle movement. - Notify local Sheriff? Police and request route security assistance.	 Request sheriff/police to provide presence at friction points. 	L
					Who: - SAI/AI - Sheriff - Police	
On	ne Rope Bridge (ORB)	- Rope Burns - Falls during event	м	Maintain proper wese of equipment. Brief task, condition, standards. Coaches train their Cadets on proper procedures.	How: - Safety and event Brief prior to execution of the event. Book brief from team captains Cafee and Grader control and constant supervision.	L
					Who: - Visiting Cadre - Graders - SAI/AI	
	uider Fitness Challenge (FC)	Injury due to terrain Bodily injuries Due to improper negotiation of obstacles.	М	Conduct reconnaissance of RFC Route, check for and remove any hazards. Mark any hazard that cannot be removed and provide an alternate route. Brief task, Conditions, Standards, Grader moves with team to ensure safety standards are met.	How: - Walk the route and remove or mark bacards. - Safety and event Brief prior to execution of the event. Back brief from team captains. - Grader follow the team to ensure safe and proper execution of events.	L
					Who: - Graders - SAI/AI	

	4. SUBTASK/SUBSTEP OF MISSION/TASK	5. HAZARO	4. INITIAL RISK LEVEL	7. CONTROL	8. HOW TO IMPLEMENT! WHO WILL IMPLEMENT	9. RESIDUAL RISK LEVI
+	Cross Country Rescue (CCR)	Injury due to termin Bodily injuries Due to improper negotiation of obstacles.	М	- Conduct recommissance of CCR Route, check for and remove any bazards. - Mark any bazard that cannot be removed and provide an alternate route. - Brief task, Conditions, Standards, station event staff at the walls to ensure safety standards are met. - Provide belimets for competing Cadets. - Obstacles have impact reducing material under and surrounding the obstacle IAW FM 7-22 (2012). - Ropes, a platform, and handles assist Cadeta negotiating the 10ft wall	How: - Walk the route and remove or mark hazards Safety and event Brief prior to execution of the event. Back brief from team captains. - Cadets wear helmets during the event Event staff located at the wall obstacle. - Mark off area to place the litter at each obstacle and hrief the Cadets not to negotiate an obstacle with the litter. Who: - Graders - Event Staff - SAL/AI	L
•				obstacle. - Cadets will not negotiate obstacles with the litter.	- JCHS provides helmets	
	Obstacle Course (OC)	- Injury due to termin - Bodily injuries Due to improper regaritation of obstacles Falls or rope burns during the Rope Climb obstacle.		- Conduct recommissance of OC Route, check for and remove any hazards. - Mark any hazard that cannot be removed and provide an alternate route. - Brief task, Conditions, Standards, Grader moves with team to ensure safety standards are met. - Provide helmets for competing Codets. - Obstacles have impact reducing material under and surrounding the obstacle IAW FM 7-22 (2012). - The rope climb has knots in the climb, Crash Pads are placed below the ropes, plus the impact reducing material. - Ropes, a platform, and handles assist Cadets negetiating the 10ft wall obstacle.	How: - Walk the route and remove or mark herords Safety and event Brief prior to execution of the evera. Back brief from team captains Cadets wear helmets during - Grader follows the team to ensure safe and proper execution of events. the evera.	L
			М		Who: - Graders - Event Staff - SAI/AI - JCHS provides helmets	
0. OV	ERALL RESIDUAL RISK L	EVEL (All controls imple	mented):			
	EXTREMELY HIGH	HIGH		MEDIUM .	Low	

DD FORM 2977, NOV 2020

Raider teams prior to the execution of the Obstacle Course, Cross Country Rescue, Raider Fitness Challenge, and the One Rope Bridge.