# Integrated Pathways: Sensory Processing/Regulation, EMDR/Trauma & Imago Attachment

# LIVE WEBINAR ADVANCED EMDR TRAINING:

The Integrated Pathways Model introduces the power of Occupational Therapy's techniques combined with EMDR, & Imago Attachment Theories. Processing the negative messages from the past allows for healthier behaviors into the present, and effectively processing the bombardment of sensory input, as well as the reconnecting or attaching to ourselves and others allows a broader range of recovery. This Integrated Pathways Model is for most treatment diagnoses, for example, PTSD, ADD/ADHD, OCD, Eating Disorders, Anxiety, Addictions, Depression, Autism, Attachment Difficulties, Learning difficulties, trauma, Bipolar, Schizophrenia, and more. Participants will learn and personally experience the Integrative Pathways Protocol, which allows clients from the first session to begin self- regulation and to develop an openness that reduces anxiety, not otherwise present.

2 Day Workshop August 6-7<sup>th</sup> 9- 5pm.

## **EMDRIA Approved Training # 19026-04**

**14 EDMRIA CE** 

For all fully-trained EMDR therapist

\$400. Registration

**Register Here!** 

# **Objectives**:

1. Explore how traumatized clients process information through the lens of the Sensory Processing, AIP/ EMDR, and IRT Therapies.

2. Explore how childhood experiences affect neurological, cognitive, and emotional development, which influence self-worth, confidence, self- regulation, plus the ability to connect with oneself and others.

3. Participants will be gaining an overview of Sensory Processing /Sensory Processing Disorder, along with causes, symptoms and effects of emotional development.

4. Develop an understanding of how the Integrated Pathways Model and it's tools and techniques can relieve traumatic re-experiencing and develop new connection within self and others.

5. Demonstrate the integration of Sensory Processing, EMDR, and Imago Relationship Therapy with interactive examples.

6. Participants will learn to access Inner Child wounding & those triggers using stories & EMDR to promote healing & maintaining connection in relationships with self & others.

7. Experiential integration of techniques for self-regulating and reconnecting through the Inner Child process and Imago dialogue.

8. Learn to seamlessly move through these theoretical skills to enhance the level of processing using the IP protocol.

### **EMDRIA CEU'S**

This training provides a certificate for 14 CEU's. These CEU's will be provided by the EMDR International Association (EMDRIA). It is necessary to have your camera on and be physically present for this training to receive the credits of Continuing Education. There are no particial credits. A certificate for these CEU's is included in the price of the training.

It is the responsibility of the participants to check with their licensure board for CE eligibility.

Cancellations: All cancellations will be awarded a refund with a processing fee at leat 15 days prior to workshop. Any cancellations less than 15 days prior to the workshop will be awarded 50% of the registration fee.

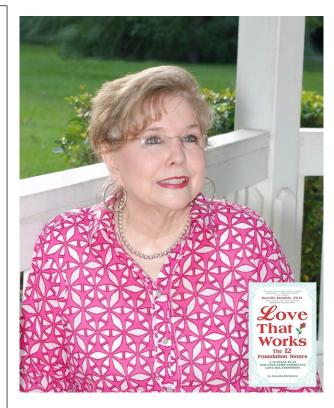
Grievances: All grievances must be in writing to balance@integratedpathwaysgroup.com, and will be replied to within 5 - 10 business days.



Kathy Dickinson Gray is a practicing clinician who has worked in the field of Occupational Therapy for 30+ years, specializing in Sensory Processing/ Modulation. This work includes all ADD/ADHD, Autism, Trauma, Eating Disorders, Learning and Emotional Difficulties, Dyslexia, Dysgraphia, OCD, PDD, Addictions, Social/ communicational challenges and other diagnoses, interrupting an individual to meet their full potential.

Kathy's practice has expanded in the arena of emotional struggles within families, adults, teens and children, as an LPC and LMFT. Through Kathy's extensive experience of working with Sensory Processing issues, plus her skills as an Approved EMDR Consultant & Certified EMDR & Imago therapist, she has developed an effective treatment protocol for working with PTSD, all traumas, Eating Disorders, Cutting, OCD, Addictions, Marital/Family Conflicts, and other diagnoses that have been difficult to treat and master.

Saundra Dickinson is a LPC, LMFT, and an NCC in private practice in the Humble/Kingwood area at ALTERNATIVES FOR FAMILY CRISIS since 1992. She is a Certified EMDR Therapist since 1998 and is now a EMDR Consultant In **Training**. Her specialty is in the arena of human relationships of all kinds, couples, families, individuals, work, community, friendships, addictions, and trauma. She is a Certified IMAGO **Relationship Therapist** and **Workshop Presenter** for both couples and individuals and served for two years on the Board of IMAGO Relationships International. Her years of formal training have extended to **Pia Mellody** at The Meadows in Arizona for her Inner Child Work, Terry Real in Boston for his Relationship Rescue work, Hal and Sidra Stone's Voice Dialogue work, Stephan Glen's work, Raising Self-Reliant Children in a Self-Indulgent World, and countless EMDR Trainers in the past 22 years who have turned the light on with trauma so that it does not have to be a debilitating disease that permanently stifles one's life. Saundra's knowledge, experience. and dedication have helped teach many couples, individuals, and families the importance and necessity of restoring and reconnecting their lives with their marriages and families. Her book Love that Works addresses these relationship dynamics.



#### Integrated Pathway Agenda:

#### DAY 1

8:30-9 am Check-in 9-10:15 am Introduction Sensory Processing/ SPD, Other diagnoses, 10:15-10:25 am BREAK 10:25-12:00pm Sensory/ Regulation window of tolerance slide, VIDEO, Gray's 3© BREAKOUT ROOM. 12:00-12:45pm LUNCH 12:45- 1:15pm Q&A, SPD/EMDR 1:15- 2:45pm Educate on IP- Sensory-Trauma (EMDR) Protocol 2:45-3:30pm VIDEO SENSORY- (EMDR)TRAUMA PROTOCOL 3:30-3:40 BREAK 3:40- 4:45pm BREAKOUT R00M: IP Sensory- Trauma Protocol © 4:45-5:00pm Q&A

#### DAY 2

8:30-9am Check-in

9-10:30am Imago Attachment brain development

10:30-10:40 Break

10:40-11:20 Imago Dialogues and Demonstration

11:20-12:00pm **BREAKOUT ROOM** Dialogues/ Intentional Dialogue and Appreciation Dialogue 12:00-12:45pm LUNCH

12:45- 2:00pm Imago Attachment, Regaining and Sustaining Healthy Connections/Relationships. 2:00-2:10pm BREAK

2:10- 3:15pm Educate and Demonstrate IP Childhood Protocol©

3:15-4:30pm BREAKOUT ROOM Full IP Protocol©

4:30-5pm Q&A