

# WILLIAM PENN TRACK AND FIELD 2022

Brandon Way – Head boys track coach      Tayari Martin – Head Girls track coach

Thomas Gentzler – Assistant                      Rebecca Baral – Assistant

Jerald Proctor – Head Freshman track coach

Amy Snelbaker – Assistant

DeShawn Horton – Assistant

**William Penn** hosts dual meets at **Smalls Athletic Field** 31 Hamilton ave. York, Pa. 17401

- Spectators are not permitted in the infield at any time and should keep a safe and reasonable distance from the throwing areas.
- Teams may set up on the infield of the track away from the start finish line, please refrain from eating food on the turf (especially, seeds and gum) all food should be consumed in the concession stand area beside the track.

## The Track:

- **400 meter six lanes around 8 lane straight all weather**
- **No spikes longer than 3/16” will be permitted on the track surface**
- **We have enough starting blocks for all lanes, if you desire your own blocks, please make sure the spikes are not longer than 3/16”**
- **Please enter and exit through the gates along the track and stadium**
- **Bus parking in the main parking lot on the home side**
- **Restrooms are available inside the stadium**
- **All jumping and running events will be held inside the stadium, High jump and pole vault will be in opposite end zones, triple and long jumps will be competed in the same pit area.**
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## The Field:

- **Shot Put and Discus will be competed on the grass area behind the visitor's side bleachers**
- **The Javelin will be competed on the open field behind the ticket booth**
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**EVENTS:**

- All lane events will be limited to a maximum of four heats. All lanes will be timed (run your fastest athletes in the first heat per league policy)
- Distance events will be limited to ten athletes from each school, we will time the 1<sup>st</sup> three places, other times will be your responsibility.
- High Jump and pole vault will be limited to 8 athletes from each school
- Long jump and triple jump will be limited to 10- athletes per team
- Throwing events will be limited to 12 athletes per school
- We will run an open pit for the long/triple jumps, boys and girl's vaulters will vault together

Track and field events order will follow YAIAA league designated order, competition will start at 3:45 pm.

We look forward to hosting your team, any questions, please contact the athletic office e via [whitejef@yca.k12.pa.us](mailto:whitejef@yca.k12.pa.us)