

# Y.A.I.A.A. TRACK AND FIELD CHAMPIONSHIPS

Wednesday, May 12, 2021, and Thursday, May 13, 2021

## NEW OXFORD SENIOR HIGH SCHOOL

### ENTRY INSTRUCTIONS

1. We are using **MileSplit** for our entries to be consistent with the District III Track and Field Championships.
2. **Registration will open on Monday, April 19, 2021. The deadline for entries will be Saturday, May 8, at midnight on MileSplit.** No substitutions or performance updates will be accepted after May 8.
3. **The YAIAA Track and Field League Championships is a NO SCRATCH MEET!** A contestant may not **scratch** from a **YAIAA Track and Field League Championships** event for which they have qualified after performance sheets have been generated and distributed to schools. except when an illness or injury, certified to by a licensed physician of medicine or osteopathic medicine and/or the meet referee, forces a contestant to withdraw. This applies to both contestants in individual events and individual members of relay teams. **If a relay team member is scratched for a reason other than injury or illness as defined above, and the relay no longer has four eligible contestants to compete, each remaining member of the relay team shall be scratched from the event.**
4. Include first and last names. **If you are entering hand-held times, please check the box on the entry page and your times will be automatically converted to an FAT time. If you are entering FAT times, do not check the box.** Distances for all field events, except the discus and javelin, should be reported to the nearest lesser  $\frac{1}{4}$  inch. The discus and javelin should be reported to the lesser inch. Six competitors may be entered for each relay. The final four runners will be designated in the paddock. Competitors must be included on the original entry.
5. **Seedings will be emailed by 5:00 PM, Sunday, May 9, 2021, c/o the Athletic Director.**
6. In order to keep this track and field championship a quality meet, a maximum number for each event has been set. If more than the maximum number of entries is received, only the top performers will compete.

### Entry Limits

3200m Relay	10 teams
100/110m HH	24
100m	24
1600m	16
400m Relay	12 teams
400m	18
300m IH	18
800m	18
200m	24

3200m	16
1600m Relay	12 teams
Javelin	16
Discus	16
Shot Put	16
Pole Vault	12
High Jump	12
Long Jump	16
Triple Jump	16

## MEET GUIDELINES

1. Gates will open for all competitors at **3:00 PM**. Gate for spectators will open at **4:00 PM**.
2. Admission for all spectators will be: **\$6.00**
3. Officials: YAIAA Chapter P.I.A.A. Track and Field Officials. All rules and regulations for competition will be enforced according to P.I.A.A. and National Federation Guidelines for Track and Field.
4. Maximum spike length is  $\frac{1}{4}$ " or less.
5. Starting blocks and relay batons will be supplied.
6. Each athlete will supply their javelin, discus and/or shot for competition. There will be no "community" implements. Implements will be weighed at the respective venue at check-in for competition. There will be no implement weigh-in for the javelin competition.
7. Javelins will not be allowed in the stadium area and must be stored on buses when not in use.
8. Spectators, coaches, managers, and non-competing athletes **will not** be permitted on the track or the infield event competition areas.
9. Warm-ups for runners will be allowed on the backstretch of the track as each event permits.
10. There will be "by ticket only" designated coaching areas for the pole vault and high jump; each event competitor will be issued one coaches' box pass at event check-in.
11. Warm-ups for field events will be allowed 30 minutes before the start of each event. **Only those contestants entered for each event will be allowed in the designated field event areas.**
12. **Checking into an event:** Only the actual competitor or his/her coach may check an athlete into an event.
13. **Checking-out from field events:** When initially checking in for a field event, the competitor should inform the head event judge of the potential necessity of the athlete needing to leave the field event to compete in another event. (NFHSTF Rule 6, Sect 2, Art 3) "To accommodate those competitors who may be excused to participate in other events, the head event judge may change the order of competition in the preliminary or final rounds of any jumping or throwing event by any method where the competitor being excused jumps/throws earlier than the spot at which he/she qualified." The **time limit** for a competitor excused to compete in another event shall be **15 minutes**; in the event that there is a delay in the timely progression of events on the track, the games committee reserves the right to extend that time limit in order to fairly accommodate an athlete attempting to work within the confines of this guideline. **Athletes will not be excused before the third call** of their track event and **must notify the head event judge that they are checking out at that time**; the head event judge will make note of the check-out time. The athlete must notify the head event judge when they return to the field event. (NFHSTF Rule 6, Sect 2, Art 3) "In the vertical jumps, before the crossbar is raised, the judge will pass an excused competitor who has not returned within the designated time limit"; the bar will then be raised to the next height and competition will be

resumed.” In all other field events, an excused competitor who has not returned within the designated time limit and has remaining trials shall be called for their attempt and be charged with a foul if they fail to complete their attempt within the allowed time for the trial.

14. **Sprint Qualifying** from trials to finals- **100m, 100m HH**- 3 heats of 8 with winner from each heat plus next five fastest times advancing to finals. **200m**- 4 heats of six with winner from each heat plus next two fastest times advancing to finals; 7<sup>th</sup> and 8<sup>th</sup> place will be awarded based upon next best trial times.
15. **Field Qualifying**- SP, D, J, TJ, LJ- 2 flights of 8 competitors with top nine advancing to final round. There will be three (3) preliminary and (3) final trials in the shot put, discus, javelin, long jump, and triple jump. All jumps or throws will count toward the final place.
16. Vaulters will be weighed in from 4:00 to 4:20 the day of their event. Please adjust your arrival time to accommodate.
17. The starting height in the high jump will be 2” below the lowest qualifier. The starting height in the pole vault will be 6” below the lowest qualifier. Meet management will establish the height advancement schedule once the field has been set. Coaches will be informed of this schedule by Tuesday, May 11, 2021. Both the Pole Vault and High Jump may employ the “five alive”
18. Medals shall be awarded for the first eight place winners. The Y.A.I.A.A. Track Committee will supply duplicate medals in the event of ties. Athletes **must** be in school issued uniform when receiving their medals on the medal stand.
19. In the event of bad weather forcing postponement, the meet will reschedule as follows:

Wednesday - Postponement

Thursday - Day 1

Saturday- Day 2

or

Wednesday - Day 1

Thursday- Postponement

Saturday- Day 2

or

Wednesday – Postponement

Thursday- Postponement

Saturday- Single Day event (if possible)

(The competition window closes Saturday midnight)

**Coaches’ Meeting**

**Wednesday, May 12**

**4:00 in the Paddock**

# SCHEDULE OF EVENTS

Athletes and coaches should be aware that the track events may run up to 10 minutes early- no more than 10 minutes. There will be no break on the track unless the 10-minute limit is reached.

## Field Events

**(Girls- Wednesday, May 12    Boys- Thursday, May 13)**

4:30- 6:00	Javelin	Pole Vault	Long Jump
6:00- 7:30	Discus	High Jump	Triple Jump
7:30- 9:00	Shot Put		

## Track Events

(Girls followed by Boys)

### **Wednesday, May 12**

5:00- 5:35	100/110m HH	Trials
5:35- 6:20	100m	Trials
6:20- 6:55	3200m	Finals on Time
6:55- 7:30	200m	Trials
7:30- 8:10	300m IH	Finals on Time

### **Thursday, May 13**

5:00- 5:40	3200m Relay	Finals
5:40- 6:05	100/110m HH	Finals
6:05- 6:30	100m	Finals
6:30- 7:00	1600m	Finals on Time
7:00- 7:25	400m Relay	Finals on Time
7:25- 7:50	400m	Finals on Time
7:45- 8:05	800m	Finals on Time
8:05- 8:25	200m	Finals
8:25- 9:00	1600m Relay	Finals on Time