



SPORTMED CARDIO MONITORING CONCEPT (SCMC) OPTIONS AND PRICING



INTRODUCTION

In addition to the SportMed Cardio Test and Training method, SportMed offers a system for guidance and monitoring of cardio training. The SportMed Cardio Monitoring Concept (or short 'SCMC') works in combination with the STS Coach-application and the SportMed Online App (free version) and can be integrated in any training location - including room for group lessons - regardless of the cardio equipment present. We provide a brief definition of the different formulas that can be implemented separately or in combination with each other.

SPORTMED HEART RATE STRAP

The basis of the SportMed method is training on heart rate control. The SportMed heart rate strap therefore plays a central role in each of the monitoring systems. There are currently two types of chest straps:

SPORTMED BORSTBAND BLUETOOTH/BLEUROBIN

Compatible with all monitoring systems



Illustratie – SportMed LST-2 borstband (CSP8 type)

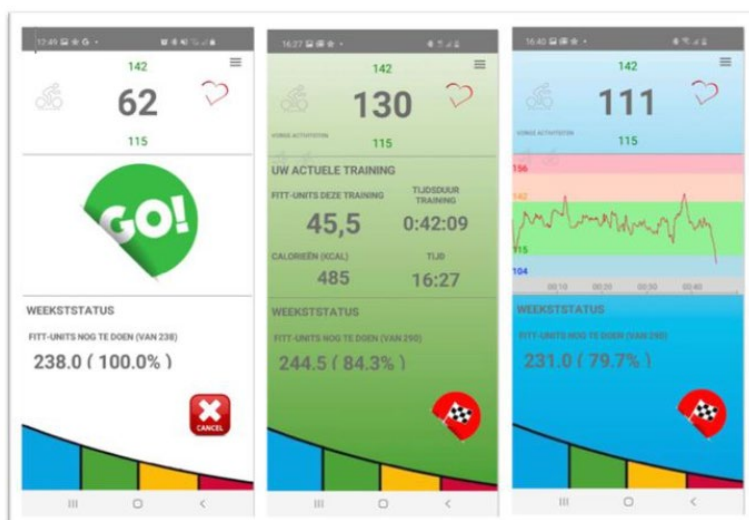
SPORTMED BORSTBAND BLEUROBIN

Not compatibel with the SPOL+ app



SCMC IN- AND OUTDOOR TRAINING

SPORTMED ONLINE TRAINING APP (SPOL+)



HEARTRATECOACH (HRC)



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**IN-HOUSE SCMC
SINGLE MACHINE CARDIO CORNER**

The Single Machine Cardio Corner can be built on any cardio device and gives feedback on the effort and results achieved during the training.



Special:



On Ergo-Fit 4000 devices, the surface-mounted console can also take over the control of the device so that the user is always automatically inside his training heart rate.

CARDIO CORNER – VOOR GROUP CALSSES (OF TRAINING AREAS) IN COMBINATION WITH THE CMC CHECK-IN

When visiting the training location, the consumerr recieves or chooses (depending on the formula) personal cardio corner screen for training feedback via the CMC Check-in Station.

By using the SportMed HR-strap (which the consumer purchases or rents in the training location), the consumer receives permanent feedback on his heart rate evolution during his cardio training and his cardio training is registered in detail via the Cardio Corner Application. The "Cardio Corner Screen" informs the consumer (anonymous) during his training.



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