A close up of a sign

Description automatically generatedMiami-Dade County Public Schools

**School Wellness/Healthy School Team Committee Action Plan**

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| School Name & Location Number: | Laura C. Saunders Elementary 2941 |
| Principal: | Dr. Kamila Lillie-Johnson |
| Phone Number: | 305-247-3933 |
| School Wellness/Healthy School Team Leader: | Raquel Reinoso Ortega |
| School Wellness/Healthy School Team Committee Members:  (please provide names for the following) | • Raquel Reinoso Ortega-Administrator  • Gretza Adorno-Cafeteria Manager  • Oscar Rizo-PE Coach  • Lucia Herrera-Counselor  • Sandra Lindner-Teacher |
| Committee Meeting Dates: | 10/5/2024, 01/18/2024, 04/11/2024 |
| **ACTION PLAN** | |
| School Wellness/Healthy School Team Goal:  (Select all that apply) | Nutrition  Physical Education  Physical Activity  Health and Nutrition Literacy  Preventive Healthcare |
| Steps to Achieve School Wellness/Healthy School Team Goal: | **Nutrition:**  Promote the free breakfast and good eating habits.  **Physical Education:**  Promote exercise for health through our physical education classes.  **Physical Activity:**  Promote physical activity through our school dances.  **Health and Nutrition Literacy:**  Offer after school activities that focus on healthy living.  **Preventive Healthcare:**  Provide vision, hearing, and BMI screening. |
| Sustainability Practices: | **-**Routinely promoting free breakfast through our morning announcements. |
| Community Engagement: | -Increase staff participation in Superintendent’s 5k.  -Increase business partnerships in the local area. |
| Monitoring and Evaluation: | -Meetings throughout the year to monitor effectiveness of action plan.  -Complete School Health Index self-assessment. |
| Other Activities:  If applicable, attach supporting documentation (e.g. event flyer) | -After school activities: Dance, cheer, sports, and art through our TALENTS program. |