Miami-Dade County Public Schools

**School Wellness/Healthy School Team Committee Action Plan**

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| School Name & Location Number: | Laura C. Saunders Elementary 2941 |
| Principal:  | Dr. Kamila Lillie-Johnson |
| Phone Number: | 305-247-3933 |
| School Wellness/Healthy School Team Leader: | Raquel Reinoso Ortega |
| School Wellness/Healthy School Team Committee Members:(please provide names for the following) | • Raquel Reinoso Ortega-Administrator• Gretza Adorno-Cafeteria Manager• Oscar Rizo-PE Coach• Lucia Herrera-Counselor• Sandra Lindner-Teacher |
| Committee Meeting Dates: | 10/5/2024, 01/18/2024, 04/11/2024 |
| **ACTION PLAN** |
| School Wellness/Healthy School Team Goal:(Select all that apply) | [x] Nutrition[ ] Physical Education[ ] Physical Activity[ ] Health and Nutrition Literacy[ ] Preventive Healthcare |
| Steps to Achieve School Wellness/Healthy School Team Goal: | **Nutrition:**Promote the free breakfast and good eating habits.**Physical Education:**Promote exercise for health through our physical education classes.**Physical Activity:**Promote physical activity through our school dances. **Health and Nutrition Literacy:**Offer after school activities that focus on healthy living. **Preventive Healthcare:**Provide vision, hearing, and BMI screening.  |
| Sustainability Practices: | **-**Routinely promoting free breakfast through our morning announcements.  |
| Community Engagement: | -Increase staff participation in Superintendent’s 5k.-Increase business partnerships in the local area.  |
| Monitoring and Evaluation: | -Meetings throughout the year to monitor effectiveness of action plan.-Complete School Health Index self-assessment.  |
| Other Activities:If applicable, attach supporting documentation (e.g. event flyer) | -After school activities: Dance, cheer, sports, and art through our TALENTS program.  |