



# CHRIS HARRIS

## MOTIVATIONAL SPEAKER

*"Specializing in Mindset"*

### MINDSET CATEGORIES

- *Attitude & Perspective*
- *Purpose & Motivation*
- *Obstacles & Adversity*
- *Habits & Self-Discipline*
- *Resilience & Perseverance*
- *Relationships & Boundaries*
- *Mental Fitness & Well-Being*
- *Letting Go & Moving On*
- *Fear & Intuition*
- *Goals & Success*

### CONTACT DETAILS



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# PROFESSIONAL BIO

## CLOSE-QUARTERS COMBAT EXPERT

Chris Harris is the founder of Roku Jutsu, which is an elite system of close-quarters combat he created in 1993 for the purpose of training federal agencies, the military, and special forces. Before retiring his black belt, Harris devoted 25 years to teaching combatives as a private contractor. He is a U.S. military veteran and the inventor of several U.S. patented products related to personal safety.

## SALES PERFORMANCE TRAINER

After retiring his black belt as an elite combatives instructor, Harris transitioned into a full-time sales career. As a sales professional, he took the same mindset principles he had taught to mentally tough warriors around the world and applied them to selling, elevating him to the ranks of the sales elite in just a few short years. He now teaches these same time-honored and battle-tested pivotal mindsets to those who want to win the mental game and conquer their quota.

## PUBLISHED AUTHOR OF SIX BOOKS

Chris Harris is the author of six books, including *The Complete Idiot's Guide to Self-Defense*, *I Go Thru*, and *Phase Selling for Additive Manufacturing*.

Harris's seventh book is titled *Attitude Isn't Enough* and will be released in December '21. In it, Harris teaches people how to improve their quality of life and work performance by consistently applying the same resilient mindset principles he taught to warriors as an elite combatives instructor.