

### **OROT** project

## Rescue teams training Life saving first response units

90% of mega disaster event survivors where saved ordinary people that just happened to be at the scene before the emergency teams arrived.

These lives were saved thanks to individuals that were thinking clear and proactive in chaotic times. While possessed enough skills and confidence to act correctly.

#### **Mission Concept**

It is our mission is to create and equip **semi-professional first responders' teams** with solid, practical tools aimed at saving their community friend's lives and minimize casualties during a catastrophic event or crisis.

#### Goal:

- The Communal First Responder teams will acquire basic skills of:
  - search and rescue,
  - o crisis management,
  - o emotional and physical first aid
  - all based on the IDF vast knowledge and experience.
- The Communal First Responder teams will provide the initial response and take control over the event, with the goal of saving lives and stabilizing the situation until the arrival of professional first responders.
- The Communal First Responder will learn how to collect critical information and deliver it to the FD commander as it arrives.
- The Communal First Responder teams will be able to join and assist the professional teams on sight.
- The Communal First Responder teams will increase the community's sense of resiliency, and with that, the sense of efficacy of its individuals.
- The Communal First Responder teams will increase the community's sense of safety.

**Ophir Akiva**, IDF Lt. Colonel in the Homefront unit. An expert in search & rescue and crisis management, with tremendous experience. He is devoted to spread the knowledge with the vision of saving lives by being proactive and well prepared at times of crisis

#### The training:

The program consists of a series of theoretical and practical sessions, which combine knowledge, drills, and necessary certification for the attendees.



Israeli rescue team head at Florida building collaps



### Rescue training - level 1 Basic Program Structure - 3 days seminar

#### Session 1 - Introduction

- Program Review
- · Presentation of the staff
- Mission definition
- ODT drills through exercises and challenging tasks.

#### Session 2 - Search and Rescue + fire fighting

- Review the different scenarios of emergencies (earthquakes, missiles, etc.)
- Actions that save lives: learning to prevent fire outbreaks using extinguishers.
- Assisting forces during an event.
- · The practice of basic elements.

#### Session 3 - First aid

- Basic CPR
- Treatment of injuries.
- · Practical exercises with participants.

#### Session 4 - Psychological First Aid

- · Basic guidelines of PFA
- Intervention Models
- Scenarios and triage
- Hands on, practical experience.

#### Session 5 - communication skills

- · Communication during crisis
- Dealing with resistance.

#### **Session 6- Civilian aid (policing and combat)**

- Public security and police work.
- Krav Maga basic knowledge of how to defend and handle violence.
- Integration of practice area with local law enforcement units.
- The use of civilian intelligence.

#### Session 7 - emergency drill

- overcoming various scenarios that the team might face.
- · Crowd control in stressful situations.
- Effective crisis management practice scenarios.

#### Session 8 – team dynamics and protocols

- · Self-care.
- Teams' check-ins.
- Shared reality and Secondhand traumatization.









#### Costs:

The cost of the program 20,000\$ per team. up to 20 people. 900\$ per each extra person, maximum 30 trainees.

The cost covers: instructors, insurance, training gear, uniforms and other needs. Traveling and hospitality of trainers would be discussed separately, case by case.

#### In-depth training

This program is also offered in a 12 session format, over 5 days, for a more in-depth and professional training.

# LIFE SAVING MISSION Together we make this world safer

