

# **NANAIMO PICKLEBALL CLUB**

## **MEDICAL FIRST AID AND REPORTING POLICY**

### **1. POLICY STATEMENT**

All medical incidents at or during a Nanaimo Pickleball Club event must be afforded appropriate and timely first aid and followed up with a report of the incident.

Concussions and concussion like symptoms put the individual at further risk of more serious complications.

Stroke outcomes can be significantly improved by quick recognition and timely response.

The effects of a heart attack can be significantly minimized by providing immediate care.

### **2. CONTEXT / BACKGROUND**

On and off court safety of pickleball players is of utmost importance. Immediate care of all injuries not only goes to player protection and safety but can serve as an initiation for follow-up prevention analysis.

### **3. APPLICATION**

This policy applies to all individuals in Nanaimo Pickleball Club programs, activities and events.

### **4. ROLES/RESPONSIBILITIES**

Everyone involved in Nanaimo Pickleball Club activities including athletes, parents, coaches, teachers, officials and licensed health care professionals are responsible for providing immediate first aid to any injured individual involved in such activities.

Individuals who are not health care workers shall strive to provide first aid and comfort to the best of their ability. Licensed health care workers may be required to provide additional care based on their scope of practice.

The prime objective in the onsite handling of any medical incident is to provide care for the injured so that they can either safely return to the activity or are delivered into the care of others. 'Care of others' could be at a minimum transport/escort to offsite care or being relieved by a paramedic team. You have done your best to make the injured whole or transferred them to others for follow-up.

Minor incidents (requiring a band aid or ice pack etc) that cause a cessation of activity are significant enough to 'report'.

Reporting medical incidents:

- Ensures that proper care has been given
- Details are recorded should follow up be required
- Creates the opportunity for preventative initiatives

All incidents from minor to complex are reported.

The report covers the onsite time period only and should be completed **onsite** as soon as possible after first aid has been provided.

Completed reports shall be given to any site host, person in charge or Club executive.

## **5. IMPLEMENTATION**

Individuals participating in Nanaimo Pickleball Club programs, activities and events are to familiarize themselves with this Policy. Clubs or others hosting events are to have forms and instructions available onsite.

## **6. RESULTS**

Injuries are managed onsite to the best ability of the bystanders until the injured parties are able to safely return to their activity or have been transferred to the care of others.

## **7. COMING INTO FORCE**

This policy shall come into force May xx 2023.

# Medical Incident Report Form

Time/Date \_\_\_\_\_

Location/Facility \_\_\_\_\_

Name of Injured Person \_\_\_\_\_

Name & Contact Info of Person  
Completing This Form \_\_\_\_\_

## Detail Injury Incident

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Witnesses (names & contact info)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## On Site Care Given

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Results

Safe return to play                      Ambulance attended                      Home with responsible adult

Additional info: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_