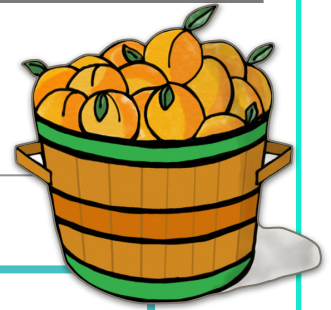


F.R.U.I.T.



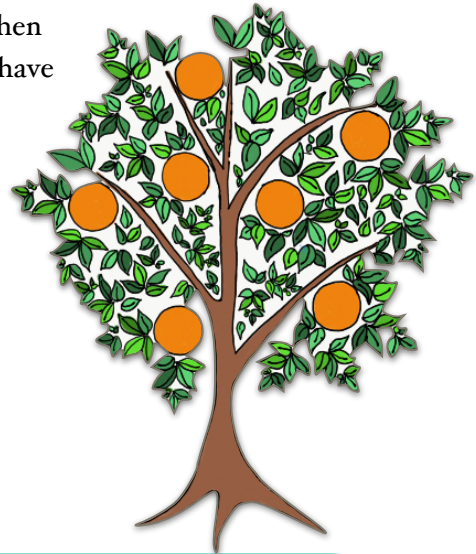
Galatians 5:22-23 IV

But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance; against such there is no law.

Prayer Point Focus

Leader's Lesson Overview

- The purpose of a plant is to produce fruit. It cannot produce fruit without having fertile soil, water, and sunshine.
- We do not produce fruit. Spiritual fruit are gifts when we have allowed God's spirit to work in us and we have repented and forgiven others. (John 15:5-8)
- Fruit is produced to be a blessing to others. (James 5:16)
- Without fruit, we can do nothing worthwhile. (I Cor 13:1)
- Without fruit, we cannot be partakers and builders of the Kingdom. (Moroni 10:15)
- We are known by our fruit. (Matt 7:29)



Preparation

F.R.U.I.T.



Come Into His Presence (You might have an older child help with this)

MEMORY VERSE

Galatians 5:22-23 *But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, Meekness, temperance; against such there is no law.*

SONGS



- Fruit of the Spirit Song

<https://www.youtube.com/watch?v=8j2PUWQa7fs>

- They Will Know We Are Christians

Kingdom Kid Pledge

3rd verse

He sent His Holy Spirit
and He's helping me to stay
in His peaceful kingdom
and in the narrow way.



Enter the Gates (opening prayers)

You could say the Lord's Prayer together to begin your prayer time or Popcorn Praise.

Prayers for the Body

Ask the children to offer prayers for your pastor and those involved in the service. Pray for the congregation, that anyone with unforgiveness would have their heart softened that they might forgive. Pray that rocky hearts may be removed. Ezekiel 32:26

"Forgive us our trespasses as we forgive those who trespass against us."

Prayer Requests and Praise Reports

Spend as much time in prayer as needed. The children need to understand that prayer is one of the most important things they can do. Don't forget to have some Private Prayer Time, too.



5. Prayer Point: Talking to the King - F.R.U.I.T.

Review the Lord's Prayer and the first part of the Hand of Prayer

Remember that your heart is like a garden. What does repentance and forgiveness do for plant of the Holy Spirit in you?

In the Kingdom Kid Pledge it says:

I repented of my sin and asked Jesus in my heart
He's living here inside and His love is off the charts!

He sent His Holy Spirit and He's helping me to stay
In His peaceful kingdom and in the narrow way.

What do you think that means?

FRUIT Skit

Characters

1. Child (seen)
2. GOD (unseen)

Props: White board and markers or large poster board a Book of Mormon and Bible

This skit would be good with audience participation reading the scriptures. Or have a small group praying together and taking turns reading the child's part.

Child: "Our Father, who art in heaven. Hallowed be thy name." Thank you God for taking care of me and loving me. Praise you Lord!

GOD: You're welcome.

Child: Create in me a clean heart, so I won't sin against you. Please show me bugs and weeds in the garden of my heart so I can repent.

GOD: I will.

Child: And, thank you for helping me to remove the rocks of unforgiveness in my heart.

GOD: You are welcome. Do you have fruit?

Child: What? Fruit? Like apples and bananas?

GOD: Not quite. Fruit in the scriptures is a little bit different. Can you spell it?

Child: I. T. — it. (laughs at his own joke) Oh, you mean spell fruit? Let's see, I think it's tricky.

F.
R.
U.
I.
T.

GOD: Good! Now, there's a word that goes with each letter. Do you know the first two?

Child: Well, we've been talking about forgiveness and repentance, so I'm guessing those come first. (Write on board next to F. and R.)

F orgiveness

R epentance

GOD: Good! You are on the right track. The next word is what you have to do to open something that is locked.

Child: Unlock!!

GOD: Yes!

Child: Oooh. Forgiveness and Repentance Unlock... This is like a treasure hunt!
(Write Unlock on board next to U.)

But, Unlock what?

GOD: Here's your next clue. Look up Alma 19:13. Look for a word starting with "I" close to the end of the verse.

Child: Hmmm. (Picks up scripture) It says "I would that ye should repent...ooh, repent, we've been talking about that! (continues on) and forsake your sins...or ye can in no wise **inherit** the kingdom of God.

GOD: Did you catch the word?

Child: Inherit! We inherit the Kingdom because you are the King and we are your children, right? (Writes "Inherited" on board or has a helper write it)

GOD: Right!

Child: Okay, so... We have (have audience help read what is up there so far)

Forgiveness and Repentance Unlock Inherited, what?

GOD: One more clue. Proverbs 15:6, the first part of the verse.

Child: Hmmm. Here it is, "In the house of the righteous— wait, righteous means repented and forgiven, right?

GOD: Right.

Child: Ok. "In the house of the righteous is much **treasure**" TREASURE! Ohhh! How exciting! (Write Treasure. Read list again) Wow! Wait. What is the treasure?

GOD: The first one is in the scripture we read. It said IF YOU DON'T repent, you won't inherit it.

Child: Ohhh! The Kingdom of God!

GOD: Yes! That is life with me and others who love me.

Child: Wow! What else?

GOD: Ephesians 5:9 says the Fruit of the Spirit is in all what?

Child: Ummm. Let's see...goodness, righteousness and truth! But what is fruit? I still don't get it.

GOD: Look up Galatians 5:22

Child: Okay. Let's see. "But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance; against such there is no law."

Wow!! 1,2,3,4,5,6,7,8,9! That's a lot of fruit!!

GOD: That's right! You are known by your fruit. If people see these fruits in you, they know that you are my child and that I am your King!

Child: So, after I forgive someone and I feel so much joy way down deep that bubbles up, that's a Fruit of the Spirit?

GOD: Yes! That's it!

Child: And when I love people so much I want to share or be kind to them, that's a Fruit?

GOD: Absolutely! You've got it. Fruit is for sharing. It doesn't do any good just staying on the plant.

Child: But, I don't feel that way all of the time. I don't always have fruit. Sometimes, I'm selfish and grumpy.

GOD: Yes, all of my children are like that sometimes. But when you don't have fruit, you know what to do, right?

Child: I guess I do. Forgiveness and Repentance Unlock Inherited Treasures. I need to spend time with you, pray, repent and forgive all over again.

GOD: That's right! Just like a plant that needs to be watered and taken care of, you have to tend the garden of your heart. A healthy plant produces fruit. A healthy heart produces fruit. Fruit is for sharing and living in my Kingdom.

Child: Wow! I want to share your fruit!

GOD: Great! Just remember, the fruit comes from My Spirit inside of the garden of your heart. I grow it in you.

Child: Okay. Thanks for the treasure and the fruit!

GOD: You're welcome. There's more treasure to discover, but we will save it for another time.

Child: There's more?

GOD: Of course. There's always more!

Testimony of F.R.U.I.T.

One morning I had a dream. It was very much like the skit only I didn't hear God's voice. I just saw the word FRUIT in my dream and knew that words were supposed to be added to it. Before I woke up, I realized that Forgiveness and Repentance were first. But the Lord led me on a scriptural treasure hunt to find the rest. I was so excited! It was so much fun to find spiritual treasures and begin to peel back the layers and discover so much treasure within. I love the way this illustration it is so simple for children and yet so deep and multifaceted when you begin to delve into it. -Becky S

Brainstorm

Brainstorm with the kids how to share God's fruit with others. This will look different in each group.

Scripture Stories

Tree of Life in 1 Nephi 3:59-65

The fruit of the Tree of Life was the Love of God which was most precious. When Lehi had the vision, he saw the tree and when he tasted the fruit, he looked around for his family because he wanted to share the fruit with them, also. You can liken this to the love that you feel for others when you are close to the Lord.

Activities

We found out about a youth home that was in Africa. It had many children that were no sponsored. We discussed what we could do for them. That has been a project for quite a few months, now.

Your Ideas and Notes



Songs and Scriptures for FRUIT

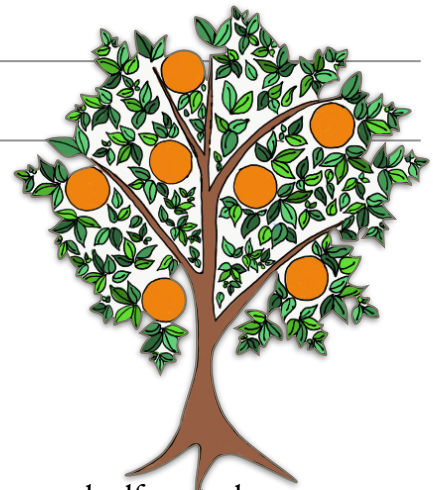
Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance; against such there is no law.

The Fruit of the Spirit Song

The Fruit of the Spirit's not a *coconut
 The Fruit of the Spirit's not a coconut
 If you want to be a coconut
 You might as well hear it:
 You can't be a fruit of the Spirit

Cause the fruit is
 Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control
 Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control!



* Keep singing with a different fruit each time. Kids really love funny sounding fruit like kiwi, kumquat,

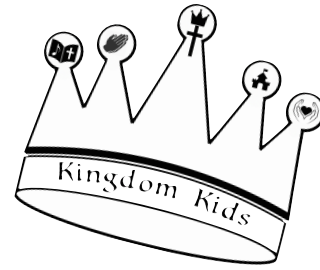
<https://www.youtube.com/watch?v=8j2PUWQa7fs>

They Will Know We Are Christians By Our Love

We are one in the Spirit, we are one in the Lord
 We are one in the Spirit, we are one in the Lord
 And we pray that our unity will one day be restored
 And they'll know we are Christians by our love, by our love
 Yeah they'll know we are Christians by our love

We will work with each other, we will work side by side
 We will work with each other, we will work side by side
 And we'll guard each man's dignity and save each man's pride
 And they'll know we are Christians by our love, by our love
 Yeah, they'll know we are Christians by our love.

Prayer Points for Parents



Hello Parents!

Today we talked about FRUIT!

- The purpose of a plant is to produce fruit. It cannot produce fruit without having fertile soil, water, and sunshine.
- We do not produce fruit. Spiritual fruit are gifts when we have allowed God's spirit to work in us and we have repented and forgiven others. (John 15:5-8)
- Fruit is produced to be a blessing to others. (James 5:16)
- Without fruit, we can do nothing worthwhile. (I Cor 13:1)
- Without fruit, we cannot be partakers in the Kingdom of God. (Moroni 10:15)
- We are known by our fruit. (Matt 7:29)

Scripture

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, Meekness, temperance; against such there is no law.

Challenge