

# Rooted and Grounded

## In His Love

God's love  
roots and  
grounds  
us

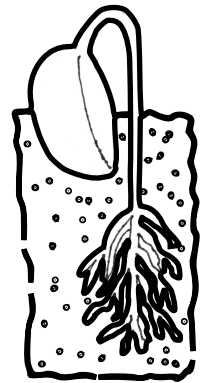
### Ephesians 3:17-19 KJV

*... That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,  
May be able to (understand how huge God's love is for you)  
comprehend with all saints what is the breadth, and length, and depth, and height;  
And to know the love of Christ, which passeth knowledge, that ye might be  
filled with all the fullness of God.*

## Prayer Point Focus

### Leader's Lesson Overview

- Remember to ask the Holy Spirit to help you teach the lesson.
- These materials will not fit in one hour. Choose what works for you.
- We need to understand that God is our Father. We are His children and He loves us very much.
- Being rooted and grounded in love means we will not be shaken or “blown over” when hard times come. Just like in the parable of the Sower. If we have fertile soil, the seed of His Spirit will grow deep and strong.
- We become grounded when we know that He is bigger than any trouble or problem we can face. Nothing is too hard for Him.



### Preparation

Read through the lesson and jot any notes you need to remember.

## Talking to the King - Rooted and Grounded

**This is a basic format. You can use these in any order or what works for you.**



### Come Into His Presence

#### MEMORY VERSE

• Ephesians 3:17-19 (shortened) *That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, May be able to (understand how huge God's love is for you)*

#### SONGS



- Come Into His Presence
- Love Love Love Round
- God's Love is Like a Circle

### Kingdom Kid Pledge

I'm a Kingdom Kid  
and I'm here to say,  
I'm living my life  
in a brand new way!



### Enter the Gates (opening prayers)

Prayers of thanksgiving and praise. What can we be thankful for today? Read John 3:16. Thank God for sending His Son, Jesus.

### Prayers for the Church

- If at church: Pray for the pastor and church service. Have the pastor or pastorate meet with the children. Maybe the pastor could share a few prayer requests. Ask them to say a few words of encouragement, letting the children know how important their prayers are to the church and beyond.
- If at home: pray for your church and the leaders. Pray for those involved.
- Encourage the children. Tell them that God is using children all over the world to change history and they could be one of them!

### Prayer Requests and Praise Reports

Spend some time asking children if they have needs to pray about or if they have some praise reports. (Testimonies of something awesome God has done in your life)

Notes:

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### Prayer Point: Rooted and Grounded

Did you know that Jesus taught the people to pray so they could talk to God?  
He used what we call the Lord's Prayer. Does anyone know how it begins?  
*Our Father who art in Heaven*

## Rooted and Grounded Skit

Characters

1. Child (seen)      2. GOD (unseen)

Stage Setting: Child could sit on a chair and lean on a table that has a Bible on it.

Prop: real or artificial plant.

**(CHILD: to audience - Shh! I'm trying to pray...)**

*bows head and folds hands*

**Child:** *Our Father, which art in Heaven...*

**GOD:** *Here I am.*

**Child:** *Huh? Who's that?*

**GOD:** *Your father. Didn't you call me?*

**Child:** *I didn't call you. I was just saying the Lord's Prayer.*

**GOD:** I know. And here I am. I love to hear your prayers.

**Child:** You do?

**GOD:** Yes, my child.

**Child:** What? I'm your child?

**GOD:** Didn't you call me Father? If I'm your father, then you are my child. And I love you very much. I try to tell you how much I love you all day, everyday!

**Child:** You do? You love me? How come I can't hear you?

**GOD:** I tell you I love you with the song of birds in the morning, beautiful dew drops on the grass, the warm sunshine on your shoulders. All of nature tells of my love.

**Child:** Wow! Nature tells me you love me?

**GOD:** Yes. I send angels to help you. I plant songs in your heart and bring scriptures to your mind when you are sad.

**Child:** That's you? You talk to me like that? Wow! The God of the whole universe loves me and talks to me? Why do you love me so much?

**GOD:** I made you. I formed you in your mother's womb. I gave you gifts and talents. You are fearfully and wonderfully made.

**Child:** Wow!

**GOD:** I love you every day, every moment, every second. Every breath you breathe, every beat of your heart is a gift from me. Every good thing in your life is a gift from me. And there is more.

**Child:** More?

**GOD:** There's always more.

**Child:** Wow!

**GOD:** I love you so much that I gave my son to die for you on a cross. It's through Jesus that you can come to me. My love for you is everywhere. Look for me in everything and you will see me.

**Child:** If your love is everywhere, it must be important.

**GOD:** It is important.

**Child:** Why? Why is your love so important?

**GOD:** Think of your heart as a garden. In order for the seed of my spirit to sprout and grow into a strong, healthy plant in you, it needs to put down roots. I want you to be "rooted and grounded" in my love.

**Child:** Like a plant?

**GOD:** Exactly. When hard times come; and they will, because life isn't always easy; if you are rooted and grounded in my love, you will not be tossed around by the winds of life. My love never stops.

**Child:** Thank you, Father! I don't want to be blown over. I want to be rooted and grounded.



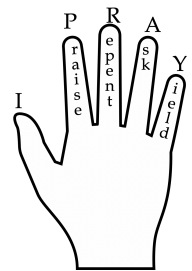
**GOD:** I'm glad to hear it. Ask my son Jesus to help you see my love. Listen and look for signs of my love all around you. When you see my love, tell me, "Thank you!" I love to hear "thank you's" from my children. The more we talk, your roots will grow stronger.

**Child:** I will! I can't wait! I'm going to start listening and watching for your love right now!



### Put it into Practice

- Connect this concept to the Hand of Prayer - Knowing the King and being rooted and grounded is the seed of God's spirit in you. As you pray and draw closer to God, that seed puts down roots in your heart.
- What are ways that God tells you that he loves you? Review the ways from the skit.
- Maybe go outside and notice all that God has created. Breathe in the air that He provides. Notice the tallest trees and yet the tiniest details.
- Encourage the children to look for His love everywhere so they will be rooted and grounded, so they will begin to "*...comprehend with all saints what is the breadth, and length, and depth, and height, and to know the love of Christ...*" (Ephesians 3:16-19)
- Spend some time thanking God for His love and His creation.
- Help the children write, draw, video or audio record any rooting and grounding testimonies they may have.



### Project

Part of being Rooted and Grounded, is knowing who you are in Christ and that He loves you. The first part of the Kingdom Kid Pledge is a declaration. "I'm a Kingdom Kid..."

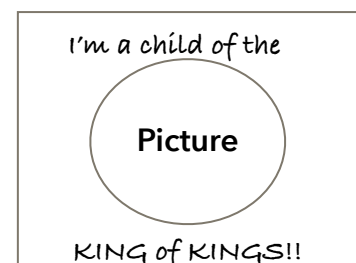
You belong to the King of Kings.

"If someone asks you who you are in Christ the King, what could you tell them?"

Help them craft a declaration similar to this:

"I am name, child of the King of Kings."

Make a picture frame from paper or cardboard, or get some at a craft store. They can either put their name in the middle, or a picture.





### Other Possible Activities

**Decorate clay pots** with cheerful pictures or sayings. Plant a flower to give to someone who needs some love or cheering up. Discuss being rooted and grounded as you plant them.

Have the kids think of someone in their neighborhood, family or congregation who is going through a tough time.

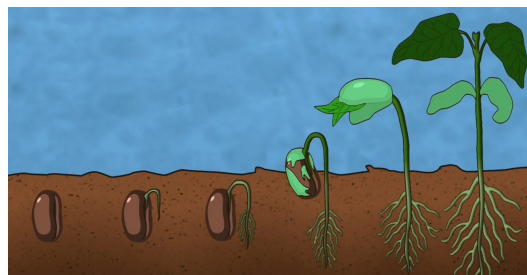
Be sure to say a prayer for the person. You could even offer to pray WITH the person as you deliver the flower.



**Plant bean seeds** and discuss being rooted and grounded. After planting, the seeds need to be watered. It might be best to plant a few at once just to get them started. Contender Bush Beans are a good choice.

It will put down roots first and you will not be able to tell that anything is happening. This can be an on going project.

If it is the right time of year and you have some space, plant a garden outside. Care for it and eventually reap the harvest! All of the following lessons will correspond with your gardening experience.



### Penny the Pug Testimony

<https://www.kingdomkidsontheirknees.com/blog/penny-the-pug-testimony>

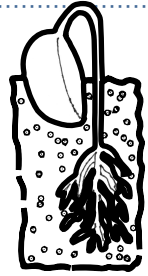
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## Rooted and Grounded in Love

### Ephesians 3:17-19

☐ That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, May be able to (understand how huge God's love is for you.) comprehend with all saints what is the breadth, and length, and depth, and height; And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fullness of God.



### Come Into His Presence

Come into His presence singing Alleluia, Alleluia, alleluia.

Come into His presence singing, Jesus is Lord...

<https://hymnary.org/page/fetch/GG2013/544/low>

### Love Love Love Round

Love, love, love, love

The gospel in one word is love.

Love your neighbor as your brother.

Love, love, love, love

God's love  
roots and  
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us

### God's Love is Like a Circle

1.

God's love is like a circle, a circle big and round (2x)

Big and round, a circle big and round. (2x)

So, when you see a circle, remember God is love. (2x)

God is love, remember God is love, (2x)

2.

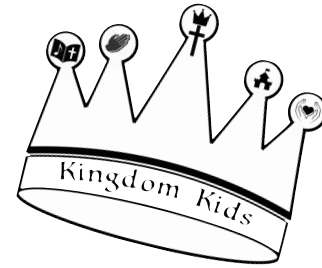
God's love is like a mountain, a mountain high and strong

3.

God's love is like an ocean, an ocean deep and wide

<https://www.youtube.com/watch?v=9KEzvXCcYGE>

### Prayer Points for Parents



Hello Parents!

Today at Kingdom Kids we talked about being Rooted and Grounded in God's love.

- We need to understand that God is our Father. We are His children and He loves us very much.
- Being rooted and grounded in love means we will not be shaken or “blown over” when hard times come. Just like in the parable of the Sower. If we have fertile soil, the seed of His Spirit will grow deep and strong.
- We become grounded when we know that He is bigger than any trouble or problem we can face. Nothing is too hard for Him.
- Look up [www.kingdomkidsontheirknees.com](http://www.kingdomkidsontheirknees.com) For Parents

#### *Scripture Memory*

Ephesians 3:17-19 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, May be able to (understand how huge God's love is for you!) comprehend with all saints what is the breadth, and length, and depth, and height; And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fullness of God.

#### *K Kid Challenge*

Look for God's love all around you. Maybe you will see it in people. Maybe you will see it in nature. Look in the scriptures, look in the hymn book for signs of His love. Maybe you will find a song or scripture to hang onto when you are scared or lonely.

Look at [kingdomkidsontheirknees.com](http://kingdomkidsontheirknees.com) on the Kids' Page for more!