

Put on Your Armor

Getting Dressed for Battle



Ephesians 6:10-11

Finally my brethren, be strong in the Lord and in the power of His might.
Put on the whole armor of God that ye may be able to stand against the
wiles of the devil.

Prayer Point Focus

Leader's Lesson Overview

- This lesson focuses on the armor of God. The armor is not something we put on by ourselves. It is through our relationship with Jesus that He arms us with the armor.
- An important concept to understand is that our battle is not with other people. "We wrestle not against flesh and blood." Our enemy is evil in the world.
- Looking at the Armor of God described in Ephesians 6, there are parts that are for protection and parts that are weapons. It's important to know which is which.

Preparation

Put On Your Armor

This is the basic format of meetings. You can use whatever works for you.



1. Come Into His Presence

MEMORY VERSE

Ephesians 6:10-11

Finally my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God that ye may be able to stand against the wiles of the devil.

• SONGS

- Put on the Armor <https://www.youtube.com/watch?v=dITBAdCdOVU> 
- I P.R.A.Y. Rap



2. Enter the Gates (opening prayers)

Open with prayer. Ask a quieter child to open your time together. You can lead him/her word by word if needed.



3. Prayers for the Body

Pray specifically for things your pastor has asked the children to pray about. Also, pray that anyone who is in the church that doesn't know Jesus as their Lord and Savior will meet Jesus today.

At some point, you may want to have the children gather early with the presiding elder and speaker to join you for prayer before the service.



4. Prayer Requests and Praise Reports

- Allow kids time to pray for each other and give praise reports (answered prayers).
- Ask the kids if they heard the Lord speak to them this last week.
- Ask if anyone asked Jesus into their hearts for the first time. Celebrate with them.
- Ask if they have practiced interceding for anyone during the week.



6. Put on Your Armor

Talk about the clothes we put on each day.

What do we wear for school? To go bike riding?

To play soccer?

To play in the snow?

Read together the scripture about the armor we need to put on each day:

As Ephesian 10 - 18 is a read, ask children to count and try to remember the pieces of armor listed. How many did you count? (6)

Ephesians 6:10-18

Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all to stand. Stand therefore, having your **loins girt about with truth**, and having on the **breastplate of righteousness**; And your **feet shod with the preparation of the gospel of peace**; Above all, taking the **shield of faith**, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the **helmet of salvation**, and the **sword of the Spirit**, which is the word of God. Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Which pieces of armor are for protection?

Which ones are weapons?

Notes: _____

Why do we need armor? - Activity

Use plastic cups and a small ball or paper rolled up into a ball for this demonstration.

Line up the cups or stack them on a table. Let each child throw the ball and try to knock them down. It should be very easy.

Then, give a child a “shield” It could be a coat or piece of cardboard. Anything that they can use to shield the cups from getting knocked down. Let a child throw the ball now and see if he can hit any of the cups with them shielded. This is to demonstrate that when we don’t have armor on, we can get knocked around by the enemy and things in life.



Identify and name each piece of armor.

Dress someone up in armor as each piece is discussed. Or use a bulletin board example. Or even better, you could have a soldier / police officer/ security guard come to discuss each piece of gear they have that is like the Armor of God. **DON’T ALLOW THEM TO BRING A REAL WEAPON!!**

Watch: <https://youtu.be/mawXrwFJZN4>



Discuss each piece and its purpose:

Helmet of Salvation - a gift of God’s grace.

Breastplate of Righteousness - to guard your heart from wickedness

Belt of Truth - Don’t believe Satan’s lies

Shield of Faith - trust in God’s Word

Sandals of Peace - be ready to go tell others about Jesus

Sword of the Spirit - the Word of God

Fight With All Your Might

<https://www.kingdomkidsontheirknees.com/lessons/stories?c=extras>

Read the story about Camden and his struggle with video game addiction.

Options:

- Read as a reader's theater. Read as a group.
- Use youth or adults to act out the story as it is read.
- Bring props to use in the stories. Have the kids help you decide what props are needed after the first read through.
- Read / present it to the congregation during morning worship.
- Make a video presentation of the story.



Stand Up

Read the continuation of the story of Camden and how he stands up for what is right. Use some of the options above.

Role Play

Have the children help create some situations that need the Armor of God.

Examples:

- Someone tells you that there is no God. That it's just your imagination.

What armor do you need? What should you do?

- You are very tempted to take something that doesn't belong to you.

What armor do you need? What should you do?

Bring it back to prayer.

How do you use the armor in your prayers?



Pray On Your Armor

Jesus, today I put on the

Helmet of Salvation.

Please protect my mind from bad thoughts and help me focus on things that are good.

Breastplate of Righteousness

Guard my heart, make everything that comes in or out of my heart good to you. Help my heart be open to you and led by the Holy Spirit.

Belt of Truth

Help me love the truth and tell the truth. Let the truth of your scriptures keep me from mistakes.

Gospel Shoes of Peace

Everywhere I go, let me bring peace and tell others about you.

I put on the Shield of Faith

Build a strong faith in me. Protect me from the attacks of the enemy.

I pick up the Sword of the Spirit

Put your word in my heart. Lead me and guide me to do what is right. Give me boldness and knowledge to love and defend others.



Songs and Scriptures for Prayer Point

• Ephesians 6:10-11

Finally my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God that ye may be able to stand against the wiles of the devil.

Armor of God Song <https://youtu.be/Q5sconbko84>

We are the soldiers of our Lord Jesus Christ
We stand against the enemy AND ALL OF HIS LIES!

Put on the armor, the armor, the armor of God! (4x)

Buckle your belt of truth, God chose you.
Tie your boots, always ready to tell the good news.
Shield of faith, trust God's word and don't believe those lies.
Breastplate of righteousness, you're perfect in God's eyes.

Put on the armor, the armor, the armor of God! (4x)

Helmet of salvation, a gift of God's grace.
Sword of the Spirit, God's Word! What does it say?

Put on the armor, the armor, the armor of God! (4x)

We are the soldiers of our Lord Jesus Christ
We stand against the enemy AND ALL OF HIS LIES!
Put on the armor!

Put on the:
Belt of truth,
gospel boots, breastplate of righteousness!
Shield of faith,
Sword of the spirit
Helmet of salvation! (4x)

Other versions of Armor of God song

<https://youtu.be/rxPa2dsgDcg>

<https://youtu.be/M3FqKD98FiQ>

I P.R.A.Y. Rap

I P.R.A.Y. pray!

I P.R.A.Y. pray!

I

Praise,

Repent,

Ask and

Yield.

This is the way I put on my shield.

I P.R.A.Y. pray!

I'm ready for the day.

(Have the kids help you come up with motions for this)

God's Story: Armor of God

A great 3:44 minute video explaining the Armor of God in a simple form.

https://youtu.be/o7eC-W_XNyw



A great object lesson using oranges can be found here: <https://www.youtube.com/watch?v=HR9xno-muvs>

Swords and Shields

What is the Sword of the Spirit? *The Word of God*

What is it for? *It protects us from the enemy.*

How do we use it? *Know the scriptures and use them to stand up to attacks.*

What is the Shield for? *To shield our hearts from lies of Satan.*

How can we use the Shield of Faith? *Hold on to what you know about God and His Son to guard your heart.*

Game:

Make card game with 3x5 cards cut in half in 4 different colors: Make enough cards for your group to play, at least 3 or 4 of each category per person. Have kids help you make the game. Add cards to it each time.

Fiery Dart - a lie (Example: God doesn't love you)

Temptation - (Example: You are tempted to eat your sister's candy bar when she's not looking.)

Sword - a scripture (Example: Thou shalt not steal)

Armor of God - a reaction to a lie or attack (Example: Belt of Truth, Helmet of Salvation, Shield of Faith)



You could use these together as a class to match them up. Play like Go Fish or matching memory game.

The kids could probably come up with some other ideas.

Here are some ideas to get you started:

Dart: I know I'm supposed to love everyone, but I CAN'T love her/him.

Sword: "I can do all things through Christ who strengthens me."

Temptation: You saved money for tithing, but now you want to use it on candy.

Armor of God: Breast Plate of Righteousness

Prayer Points for Parents

Hello Parents!

Today at Kingdom Kids we talked about

