

NUUs letter

Unitarian Universalist Congregation of
Lynchburg

A Welcoming Congregation

Sunday Services

August 6 10:30 am, "Our Sources and Future" Today we look at our 5th and 6th Sources as well as installing our new board and the goals our leadership has set for the coming year. Rev. Terre

August 13, 10:30 am, "Wisdom and Insights from the UU General Assembly". Kim Sinha, our delegate from the UU General Assembly will share her experience and insights gained from attending GA. Kim Sinha

August 20, 10:30 am, "Lessons from Gate A-4". The readings and meditations for this service were created by the Pacific Western Congregational Life Staff, based on the profound poem "Gate A-4" by Naomi Shihab Nye. This is also a Generosity Sunday.

August 27, 10:30 am, "Personal Reflections of the Aramaic Lord's Prayer". Members of the class on the Aramaic Translation of the Lord's Prayer will share their personal understanding of the Prayer of Jesus and its meaning for their lives. Rev. Terre and Friends

DISCUSSION GROUP

The discussion group will resume on
Sunday, September 10th



Friends,

Minister Column



It has been five years since the Parliament of the World's Religions was held in person. The Parliament is held in different cities around the world every 4 or 5 years and will be held in Chicago on August 14-18. I have been waiting since I registered for the Parliament a year and a half ago!

This gathering of over 100 religious communities from around the world seeks to promote interfaith dialogue to build interfaith harmony in the world. I am deeply committed to interfaith work. It feeds my soul to attend the Parliament where I can see people in religious garb from widely divergent religious groups walking and talking together, sharing ideas and support as we all work for peace and justice.

The focus for this gathering will address the importance of building a global ethic. The Board of Trustees of the Parliament of the World's Religions states:

"The Parliament's vision of, and commitment to, a just, peaceful, and sustainable world demands an address to the critical issues facing the human community and the earth. As stated in "A Call to Our Guiding Institutions":

The realities of the world situation set the critical issues of our time in stark relief: disintegrating community; declining resources; injustice; divisions into rich and poor; spiritual indirection. However, if we address these issues from the perspective of shared moral principles and a "global ethic," we find hope [in]...building community...commitment to sustainability...striving for justice...solidarity and service...seeking spiritual grounding.

The Parliament's role as a facilitator of interfaith encounter, dialogue, and cooperative common action puts it in a unique position to encourage and enable the religious and spiritual communities themselves to address the critical issues in meaningful and powerful ways."

So when I am away in the middle of August, be aware that I will be learning and being enriched by the wisdom of the religious and spiritual communities that make up the human family. I deeply appreciate the ability to participate in this incredible gathering. I promise to bring home stories and experiences to share with you.

Blessings, Terre

President's Corner

Betty Corbin

The July 11th brainstorming session to discuss ideas for our Sunday worship services was well attended with excellent participation. We will celebrate the congregation's 110th anniversary on **Sunday, October 15th**; be sure to save the date for a meaningful and fun-filled service.

On **Saturday, August 5th**, a leadership workshop will be held at the Yoders'. Please see event details in this newsletter. Committee and working group participants will reflect on past successes and challenges as well as set goals for the upcoming church year. The board and minister have noted the following areas we'd like the congregation to work on this coming year:

- Improve our web-site, social media, PR messaging and policies
- Integrate new members into congregational life with opportunities to develop and deepen adult spirituality
- Revamp a safe congregation policy
- Review facilities for sustainability and usability
- Increase participation in Sunday Services

Other ideas are welcomed.

On Sunday, August 6th, the day after the workshop, there will be a dedication of the church board.

Other Upcoming activities include:

- Social Media Presence Workshop (Sunday, September 24th)
- Workshop on Becoming Better Allies for Black Lives

We have lots of things in the works, despite it being the hazy, lazy days of summer. When I first joined the congregation, we did not meet over the summer months. This tradition started because many members and friends worked at local colleges and left the area during the summer. Today we are a much more diverse congregation with folks taking vacations throughout the year. Also, we have an air-conditioned sanctuary. Before that, we were quite ready to adjourn during the hottest months. With CoVid we learned we could stay connected by Zoom from our homes to reduce risk of members contracting the virus. This has led to our continued hybrid services to give persons unable to attend in person a way to participate in Sunday worship, meetings, support groups, and classes.

Blessed be,
Betty Corbin, President

Zoom

NOTE FROM ZOOM ADMINS

Here are the ways to connect with us on Zoom!

Weekly Sunday Service

Time: 10:00 AM Eastern Time (US and Canada).

Every week on Sunday.

Join Zoom Meeting:

<https://us02web.zoom.us/j/86315352706?pwd=S1M1eFZVd1ZBK0RjBlp2dnN5WEc1UT09>

Meeting ID: 863 1535 2706

Passcode: 318498

Discussion Group:

Link: [https://zoom.us/j/955583755?](https://zoom.us/j/955583755?pwd=YTFFbm01MlpYdjY1UkdCYU8yTOYyQT09)

[=YTFFbm01MlpYdjY1UkdCYU8yTOYyQT09](https://zoom.us/j/955583755?pwd=YTFFbm01MlpYdjY1UkdCYU8yTOYyQT09)

Dial-in: (301) 715-8592

Meeting ID: 955 583 755

Password: 040542

Alliance, BookwUUrms, and one time programming

Room: Rachel Carson Room

Link: <https://us02web.zoom.us/j/85658301039>

Dial in: +1 309 205 3325

Meeting ID: 856 5830 1039

Other meeting links:

Available from the relevant group upon request.



CARING & SHARING

In Our Thoughts



Our friend, Fumiko Radile, died on July 7th after a long illness.

Don't hesitate to contact the Care Coordinator of your Community Group if you need help or have a concern.

We continue to keep in our thoughts those people who are experiencing difficulties or challenges and wish to keep their concerns private.



Pat Bower, Generosity Sunday team

In June, our congregation contributed **\$947.98** to Interfaith Outreach Association (IOA). We thank everyone who provided a part of this generosity.

On **August 20, Liz Becker** and friends at **Humankind** will speak to us about that organization's many programs. Humankind was formed as Presbyterian Homes and Family Services 120 years ago and has 7 locations across Virginia. Their programs cover everything including Early Head Start for 0-3 year olds, financial education, mental health counseling, training for foster parents, support for young mothers, and services for adults with developmental disabilities.

We hope you will make a contribution in August to help support Humankind. You may:

- Place cash or a check in the offering basket anytime during August when you are with us in person for a service.
- Click the DONATE button on uulynchburg.org.
- Mail a check to the church at 818 Court St. 24504. The check may be made out to Humankind or to Unitarian Universalist Congregation of Lynchburg with Humankind in the memo line.

The Generosity Sunday team also includes Finis Southworth and Barbara LaFleur



MUUVies that Matter
Tuesday Aug 8 at 7:00 pm on Zoom
UUA GA 2023 Ware Lecturer
Dr. Imani Perry

In August, MUUVies that Matter will be showing a video of the 2023 Ware Lecture by **Dr. Imani Perry** at the UUA General Assembly this past June. Dr. Perry is an engaging, insightful, and powerful speaker who brought to her GA presentation historical stories of UUs whose action and courage in the face of oppression offer us vision and renewed energy for our times.

Imani Perry has been the Hughes Rogers Professor of African American Studies at Princeton University and a faculty associate with Gender and Sexuality Studies and Jazz Studies. This summer she will be joining the faculty at Harvard University as a Radcliffe Professor.


Perry is a contributing writer for The Atlantic. She is the author of seven books, most recently "South to America: A Journey Below the Mason-Dixon to Understand the Soul of a Nation" (Ecco Books, 2022), and "Breathe: A Letter to My Sons" (Beacon Press, 2019). Perry has written for numerous publications including The New York Times Magazine, The Progressive, New York Magazine, Harpers, and The Paris Review.

She is a scholar of law, literary, and cultural studies, and an author of creative nonfiction. Her writing and scholarship primarily focus on the history of Black thought, art, and imagination. She seeks to understand the processes of retrenchment after moments of social progress, and how freedom dreams are nevertheless sustained.


The Ware Lecture at General Assembly has a long history of inviting distinguished scholars, scientists, artists, civic leaders, and theologians to share their thoughts on current national and world challenges.

Dr. Perry's lecture is excellent and will offer us good food for thought in our time of discussion.

We hope you will join us on **Tuesday, August 8 at 7:00 pm on Zoom** for the video on the lecture and a conversation time following. Please e-mail us, Makanah and Bob Morriss, at revs2uu@aol.com for the Zoom link.



BookUUrms is taking a summer break in August. If you want to get an early start on September's selection, we'll be reading "The Yellow Wife", a novel by Sadeqa Johnson. It is described as "one woman's captivating tale of survival in the most notorious slave prison of the antebellum south". That was the Devil's Half Acre in Richmond.



Wondering About Kroger Community Rewards?



Look at a Kroger purchase receipt for the statement shown in the picture. If you don't see the statement or you want to see how much your purchases earned for the church last quarter, go to **Kroger.com** and sign in to your account. Then click on the bottom left box that says **Community Rewards**. If you are enrolled, it will then show your Donation Summary and say your rewards go to **Organization #FL228, Alliance of First Unitarian Church**. Our earnings from this program are not huge (\$200 last quarter), but every bit helps. If you're not enrolled, follow the instructions at **Kroger.com** to join the 40 households in our church which do participate.

Feel That?

By [Gwen Matthews](#)

Feel that?

Each breath, every inhale, exhale

We are living, breathing, connected.

We are the whole, complete, beautiful selves

that we were born to be.

Feel that?

In your bones, in your muscles

In your heart and your blood

That is the extraordinary you.

The you who was born

for this time, this place, this moment.

Feel that?

The struggle, the worry,

The pain, the loss, the grief,

It is still you.

You are still whole, complete, beautiful, extraordinary

Feel that.

Alliance News

Second Thursday, August 10

11:30 am

Lunch at Westminster Canterbury

We will meet for lunch with our friends
at Westminster Canterbury.

For the second Alliance activity in August,
we are keeping our options open!
Suggestions are welcome!

Join us! All are welcome.

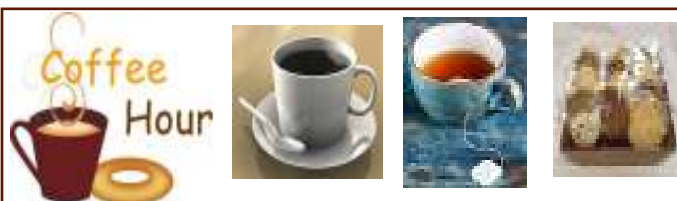
JART

Justice Action and
Resource Team

NO JART MEETING IN AUGUST

**The next meeting of JART will be on Tuesday,
September 5 at 7:00 PM on Zoom**

Put it on your calendar **now!**



Thanks to everyone who helps to make coffee hour possible this year by bringing healthy snacks and especially by helping with clean-up!

How do you know who shares "your" Sunday? Or another Sunday, in case you are looking for someone to trade with?

Check the online **Directory of Members and Friends**. It is available via the email you receive each month which announces that the new nUUsletter is available, with a link to past nUUsletters and to the directory. Usually they both are in the second line of text. Just click on the link!

This month's volunteers are:

August 6 A-C
August 13 D-M
August 20 N-Z
August 27 A-C

Our weekly Sunday Services nourish our minds, souls, and spirits. Our Coffee Hours provide connections, conversations, and fellowship. Our Coffee Hour is a ministry of hospitality that we all offer and share with each other.

Thank you for participating.

Please label snacks that contain any form of nuts, or other allergens, for those with nut sensitivities / allergies.

Unitarian Universalist Congregation of Lynchburg
Religious Education Updates

It feels to me as though summer has just gotten started and now we are talking about the kids going back to school. It sure flew by for me! I hope you have found some meaningful time to spend with your families in this season. We have had a wonderful time learning more about our animal friends in Religious Education this summer. We are fortunate to have had so many wonderful guests speak with us. We will wrap up our summer of Animal Adventures by learning about: toads and snakes, guinea pigs, opossums, and then a final field trip to Possum Hollow to visit a donkey, a mule, and any other critters who might be around. We have also been invited to enjoy the labyrinth on the property. So pack your picnic baskets and make plans to join us on August 27th. Many thanks to Briana Valone for hosting us on her beautiful property.

Looking ahead to the fall term, which kicks off September 17, we have some wonderful plans for all ages. On Sunday mornings, our Preschool-4th grade students will be using the Soul Matters curriculum again, as we do a deep dive into the Values proposed by the Article II committee. Our 5th-8th graders will be trying out a brand new curriculum that seems very exciting and fun! It is called Building a Better World, and it is a gamer based curriculum, looking at exploring a world built on UU values and principles, from a RPG perspective. If you have a youth 9th grade+, let's chat about options for them.

We are currently looking for RE teachers - both volunteers and paid staff. If you are interested in learning more about what either of these options would look like (for either Lower or Upper RE), please reach out to DLE Courtney Sinha to discuss this further.

There will be new programming for Adults this fall as well. A new Soul Matters cohort will be starting in September for in-person gatherings. Soul Matters Small Groups meet once per month. If you are interested in joining the in-person cohort, reach out to DLE Courtney Sinha for more information. There is also likely to be openings in one or more of the online cohorts as well, if that format works better for you. Reach out and we can talk about it further! There may be other adult offerings coming up as well - watch for more information moving forward.

Finally, an all-ages Growing UU Families will start in October. This is an opportunity to learn more about what UU in the home can look like - we will touch on UU in the media, rituals, family activities, and more. Children are welcome and invited to participate alongside their adults.

Blessings,
Courtney

Director of Lifespan Engagement Contact Info

courtney.sinha@gmail.com

434-509-5821 text or call

Office Hours: By appointment only this month!

Adult Religious Education Offerings in August

- Adult RE Committee does not meet this month. We will see you in October! Please reach out to DLE Courtney Sinha if you are interested in learning more about this committee.
- The Young Adults will meet on August 8 at 7 pm.
- The Alliance meets on August 10 at 11:30 am at Westminster Canterbury for lunch.
- MUUvies that Matter will meet on August 8 at 7 pm.
- Discussion Group is on summer hiatus.

Children and Youth Religious Education Offerings in August

- The Children and Youth RE Committee meets on August 14 at 7:00 pm, via Zoom. If you are interested in joining this committee, please let me know!
- Animal Adventures all month long on Sunday mornings in Religious Education! These classes are best for preschool-8th grade. We also offer an infant nursery.
- Field trip to Possum Hollow on August 27th!
- Parent Group is on summer hiatus. It will return in some format in September.



Multigenerational Offerings in August

- Dog Days of Summer All-Church Social on August 26. Watch your email and Facebook for more information coming soon!

What's Happening in Your Community Group?

- Magenta group met in July for an in-person Build Your Own Sundae Ice Cream Social. The group facilitator brought vanilla ice cream (regular and dairy free), cones, and a couple of toppings. Everyone else brought another flavor of ice cream, cookies, or a favorite topping to share. (See below for a couple of fun creations!)
- Drop me a line to let me know what's happening in your group so we can feature it here next month!

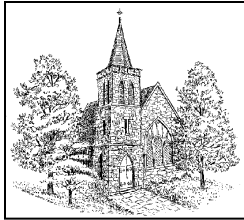
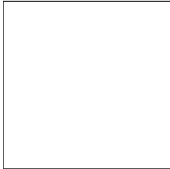


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>10:30 am Service "Our Sources and Future" Rev. Terre [see p.1] Religious Education</p> <p>11:30 am COFFEE HOUR</p>	<p>7:00 pm Committee on Ministry</p>	<p>7:00 pm Young Adult Group</p> <p>7:00 pm mUUVies that Matter [see p. 3]</p>	<p>6:30 pm Board Meeting</p>	<p>11:30 am Alliance [see p. 4]</p>		
<p>10:30 am Service "Wisdom and Insights from the UU GA" Kim Sinha [see p.1] Religious Education</p> <p>11:30 am COFFEE HOUR</p> <p>12:00 pm Sunday Services Committee</p>	<p>7:00 pm RE Committee</p>					
<p>10:30 am Service "Lessons from Gate A-4" Naami Shihab Nye [see p.1] Generosity Sunday Religious Education</p> <p>11:30 am COFFEE HOUR</p>	<p>7:00 pm Parent Group</p>					
<p>10:30 am Service "Personal Reflections of the Aramaic Lord's Prayer" Rev. Terre [see p.1] Religious Education</p> <p>11:30 am COFFEE HOUR</p>			<p>6:30 pm Brianda's Soul Matters Group</p>			

Unitarian Universalist Congregation of Lynchburg

818 Court Street
Lynchburg, VA 24504

RETURN SERVICES REQUESTED



THIS MONTH: • mUUvies that Matter, 8/9; p.3
• Sunday Services; p.1 • Alliance, 8/10; p.4

Church Staff

Rev. Terre Balof.....Minister
Candice FergusonAdministrative Assistant
Office HoursMon, Wed, & Fri
Courtney Sinha Director of Lifespan Education

Ernest Berry Sexton

Church Officers

Betty CorbinPresident
Stacy YoderPresident Elect
Matt CanningSecretary
Finis Southworth Treasurer
Stef Nichovich.....Past President

Trustees

Audrey DeJarnette (2024)
Jim Barton (2025)
Miles Dolihite (2026)

Nominating Committee

Joan Lewis-Yoder (2023)
Makanah Morriss (2024)

Committee on Ministry

Briana Valone

Endowment Committee

Joan Lewis-Yoder (2023)

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**Content Deadline
for the September nUUletter:**

Sunday August 20th

Submit Info at:

<https://uulynchburg.breezechms.com/form/20746f>

Jane Pianowski, Editor

Directions: The Church and Sanctuary may be accessed from the top of Monument Terrace steps. Unitarian House is at 818 Court Street. If the steps are a problem, handicapped parking spaces can be reached by driveways on either side of the Unitarian House. Once on the lower level, enter the Addition, where there is an elevator to access the Sanctuary level.

Notes: For files, please submit as Word document. Submissions prepared on Apple computers should be submitted as text within the body of the Breeze message.

If you would like your name to be removed from the nUUletter mailing list, please leave a message at (434) 528-0744 or email office@uulynchburg.org.