

# NUUs letter



First Unitarian Church of Lynchburg

A Welcoming Congregation

## Sunday Services



## Minister's Column

Reverend Terre Balof

**September 4, 9:30 am, Our Traditional "Church Work Day!"** Come, help us care for one another by caring for our buildings! Fun and work and conversation and laughter! Come in your work clothes.

**September 11, 10:30 am, "Ingathering Sunday"** Ingathering after our swirling around over the Summer! This Sunday we will honor our summer adventures and our gratitude to see one another. We will honor the waters that nurture us and the waters whose vulnerability cause us worry. We will welcome back Emily Yap Chua and the Rost-Martin Family. We will officially welcome Courtney Sinha as our Director of Lifespan Education. Come Join us! Rev. Terre

**September 18, 10:30 am, "The Evolution of the Language of Welcoming Community: from Tolerance, to Acceptance, to Belonging"**. As language in our culture shifts, we find more inclusive ways of talking about the importance of our inclusive community. Rev. Terre

**September 25, 10:30 am, "Speaking Truth to Power"**. This morning, we will learn about the important work of the Virginia Center for Public Policy. For 40 years the VCPP has spoken on behalf of vulnerable Virginia residents who have been vulnerable to unfair policies. Learn how we can help influence politicians to support more just laws and policies. VCPP Staff.

### DISCUSSION GROUP

Meeting via Zoom at 9:30 am  
September 11th, 18th, and 25th.



Friends,

Our theme for September is **Belonging**, a perfect theme for a month when we have our Ingathering on September 11. But first, we begin the month with our Sunday Workday! I love that our congregation has, for years, worked together on the first Sunday in September to prepare the buildings for the coming church year. Physically working together on one's church is an aspect of caring for one another that we don't think about often. We all enjoy the labor of volunteers who plant and tend the flowers, who get the tech up and running, who teach our young people and us, and who do the scores of tasks behind the scenes. We can't thank each other enough. So join us on **September 4** and enjoy being with other folks to help spiff everything up for our Ingathering on **September 11**.

For our Ingathering our wonderful pianist, Emily Yap Chua, will be back in person. We are so grateful for her dedication to us despite the neck and pinched nerves these last months that have hampered her playing in person. Additionally, for our Ingathering the Rost-Martin family will be visiting from Michigan. While they have been present on Zoom, developed a curriculum, and taught it this summer to our older students, it will be such a joy to have them with us in person!!!! We hope that many of you will be able to be with us in person (as you feel comfortable and able).

As our month progresses, we will explore the maturing of UU communities from speaking of Tolerance, to Acceptance, to Belonging, on **September 18**. Language changes over time. Where the word "tolerance" once denoted openness, we now consider tolerance to be limited in how truly accepting it is to the wide diversity of beliefs and people we welcome into our community. As we continue to explore "belonging", we look at deeper ways to enrich the lives of those within our community.

I'm so glad to be here for a third year and to feel that I "belong" here. Many thanks to each of you for being you!

Blessings,

Terre



**Zoom**

**NOTE FROM ZOOM ADMINS**

Here are the ways to connect with us on Zoom!

Sunday Service:

Here is the link to register. You only need to register ONCE.

<https://us02web.zoom.us/meeting/register/tZMtduCuqjIpHNdzs0TlrfcGncN3Dqu782Wn>

Discussion Group:

Link: <https://zoom.us/j/955583755?u=YTFFbm01MlpYdjY1UkdCYU8yT0YyQT09>

Dial-in: (301) 715-8592

Meeting ID: 955 583 755

Password: 040542

Religious Education:

Our DRE, Katrina Castanes, will email the link to RE families. If you are not on the RE mailing list but would like to be, please email Katrina at

[re.director@uulynchburg.org](mailto:re.director@uulynchburg.org) so she can add you and send the registration link.

Other meeting links:

Available from the relevant group upon request.

**SMALL GROUPS**

Want to Get to Know Yourself and Others Better? Join a Small Group!

In September, we will be organizing new **Small Groups**. A Small Group is a monthly gathering of around 8 folks who meet to explore our theme for the month. For instance, September's theme is Belonging, while October's is Courage. If you are new(ish) to First Unitarian Church of Lynchburg, joining a small group is a good way to develop friendships with a core group of folks. If you have been around for a while, it is a good way to explore your inner self while deepening friendships. Want to know more? Contact Rev. Terre at [tbalof@gmail.com](mailto:tbalof@gmail.com) or Courtney Sinha at [courtney.sinha@gmail.com](mailto:courtney.sinha@gmail.com).

Hear more about the Small Group experience at our Sept. 18 service.

**Let the World Know UU's Are Here!**

Here's an easy way to get the word out that we UUs are active in the Central Virginia area: channel your donation to the **local public radio station, WVTF / Radio IQ**, through First Unitarian Church of Lynchburg.

Your **tax-deductible gift to public radio** supports quality news and entertainment—programming aimed at folks who like to dig a little deeper. Making the payment through First Unitarian Universalist Church of Lynchburg also provides for sponsorship announcements that tell folks where to find us. Fun fact: an audience of nearly 200,000 weekly listeners hears these announcements. This is the largest coverage area of any radio station in Virginia. We combine our fundraising efforts with Charlottesville, Roanoke, and Blacksburg UU Churches to purchase rotating announcements.

It's easy-peasy: 1) on our **website**, hit the orange button under "**Online Donation**", then type the amount you want to give on the "Other" line. Or 2) write a **check** with "NPR Fund" on the memo line.

Questions? Check with **Briana Valone** or **Betty Corbin**. You'll hear more about this as the station's fall fund drive starts up—but it's never too early to get that donation done and off your To Do list.

Let's make some **good** noise!



Pat Bower,  
Generosity Sunday team

Pat Bower

We did not have a Generosity Sunday in July, but we will report next month on the August generosity total for Miriam's House.

On **September 11** we will hear from Kelli **Diaz, Recruitment and Development Coordinator for CASA** (Court Appointed Special Advocates) of Central Virginia. Whatever their age, a child removed from their home due to abuse or neglect or the loss of their parent faces a frightening, profound unknown. Trained volunteers (our own Briana Valone among them) serve as court-appointed special advocates for these vulnerable children, getting to know them and their situation. They then assist the judges in seeking out the most appropriate help and placements for these children.

To make a contribution to CASA, you may:

- Place cash or check in the offering basket if you are with us in person
- Click the DONATE button on the web page [uu-lynchburg.org](http://uu-lynchburg.org)
- Mail a check to the church at 818 Court St., Lynchburg, VA 24504. The check may be made out to CASA of Central Virginia or to First Unitarian Church with CASA of Central Virginia in the memo line.

*The Generosity Sunday team includes Barbara LaFleur, Finis Southworth and Pat Bower.*



**MUUVies That Matter**  
**Tuesday, September 13 at 7:00 pm**  
**"Fighting Alzheimer's"**

Our September MUUVies will be via Zoom, at 7:00 pm on Tuesday, September 13. We'll be watching the PBS NOVA documentary, "*Determined: Fighting Alzheimer's*". Three women at risk of developing Alzheimer's join a groundbreaking study to prevent the disease while sharing their ups and downs, anxiously watching for symptoms, and hoping they can make a difference. Barb, Sigrid, and Karen all had mothers with Alzheimer's and witnessed firsthand the devastation wrought by the disease, not only on the mind and body but on patients' families.

You can join us to watch it together via Zoom or you can watch it on your own via PBS NOVA and join us on Zoom for our discussion and sharing time following.

Let us know if you can join us and we will send you the Zoom link. Makaanah and Bob Morriss, [revs2uu@aol.com](mailto:revs2uu@aol.com)

# Alliance News

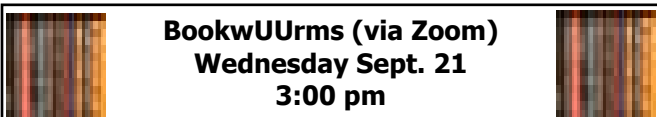
**Thursday, September 8, 2022 at 11:30 am**  
**Fauber room at Westminster Canterbury**

You can buy your lunch in the cafeteria there or bring it with you.

This is a great opportunity to meet with some of our friends that we don't often get to see.

**Thursday, September 22, 2022 at 11:30 am**  
**First Unitarian Church of Lynchburg**  
**Drysdale Hall**

Please bring your lunch and beverage!



**BookwUUrms (via Zoom)**  
**Wednesday Sept. 21**  
**3:00 pm**

BookwUUrms will meet via Zoom at 3:00 pm on September 21. We will discuss "Out of Darkness" by Ashley Hope Perez. This book presents a range of human nature, from kindness and love to acts of racial and sexual violence. The work resonates with fear, hope, love, and the importance of memory....Set against the backdrop of an actual historical event, Pérez...gives voice to many long-omitted facets of U.S. history."  
—starred, School Library Journal

This was one of the books banned in Texas. All are welcome to join us. If you need more information, contact Becky Piatt at (434) 922-0186.

## CARING & SHARING



### In Our Thoughts

Longtime members and friends, **Kathryn and Don Manning**, are now living in an assisted living center in Richmond and adjusting to their new situation. Their address is: Beth Shalom Senior Living, 1550 John Rolfe Parkway, Parkside 318, Richmond, VA 23238. I'm sure that cards would be much appreciated.

We continue to keep in our thoughts those people who are experiencing difficulties or challenges and wish to keep their concerns private.



**Join the Young Adult Group!  
Tuesday Sept. 13 & 27  
7:00 pm at Unitarian House**

The Young Adult Group will meet September 13 and 27 at Unitarian House at 7:00 pm. Join us for conversation, board games and who knows what else!



**Social Justice Task Force Meeting  
Tuesday, Sept. 6 at 7:00 pm on Zoom**

Bob Morse will convene the meeting and Jim Barton will be the recorder. Please join us as we seek ways to involve our congregation in justice issues and seek to make a difference in the world.

We need your ideas! To be added to the email list

### **ATTENTION! ALL MEETING LEADERS!**

If you would like your meeting listed in the monthly nUUsletter calendar, please submit a **nUUsletter entry** on **Breeze** before the 20th of the prior month, letting us know when and where the meeting is.

If you would like assistance with Breeze, please contact Candice Ferguson at **cfergusonuu@gmail.com**



## RELIGIOUS EDUCATION



### September 2022 Schedule for Religious Education

The RE Classes are now hybrid and they're on Sundays during the service!

September 11th, 18th, and 25th  
Summer Sundays for Children and Youth 2022



### 3 FUUn Possibilities!

- Children under 8 years old are invited to join **Candice** and **Kailey** in the **RE Room** at **10:30 am** for "*Summer Magic*", including UU stories, games and activities
- Children and youth 8 years old and over are invited to go at **10:30 am** to the **Pete Seeger Room** on the ground floor of Unitarian House for "*U.U-niverse*", a UU version of Minecraft, created by Zahna Rost-Martin
- Children and youth may instead choose to go with their family to the Sunday Service at **10:30 am**. Activity packets are available if desired.



## FALL PARENT GROUP

\*Fall Start Date: **Monday, September 19 7:00 pm**

\*Meetings every 3<sup>rd</sup> Monday

\*Virtual Meetings: Email DLE Courtney Sinha at [Courtney.Sinha@gmail.com](mailto:Courtney.Sinha@gmail.com) for link

\*Come for Support and Fellowship with like-minded parents and caregivers

\*First Unitarian Universalist Church is a LGBTQI+-affirming congregation



RANDOLPH COLLEGE PRESENTS  
GUEST ARTIST

# ANDREW FINN MAGILL

FIDDLE

WEDNESDAY  
AUGUST 31  
7:30 P.M.  
SMITH HALL THEATRE

ADMISSION IS FREE

Violinist/fiddler Andrew Finn Magill is a Fulbright fellow, South Arts Emerging Traditional Artist and has been featured on MTV, PBS, TEDx, and multiple times on NPR. In 2019 he was awarded a North Carolina Arts Council Fellowship in jazz composition for his album of "original music "The Polaris Project," which features bassist Ethan Jodziewicz, drummer Mark Raudabaugh, and keyboardist Tommy Knoles, who all join him for this family-friendly concert featuring musical traditions from around the world.

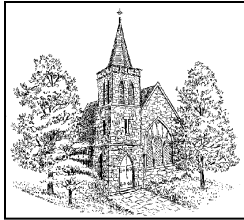
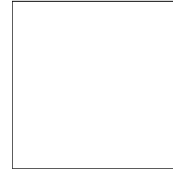


[www.randolphcollege.edu/guestartists](http://www.randolphcollege.edu/guestartists)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<b>10:30 am</b> Service "Church Work Day" [see p.1]	5	<b>7:00 pm</b> Social Justice Task Force [see p. 4]	7	<b>11:30 am</b> Alliance [see p. 3]	9	10
<b>10:30 am</b> Service "Ingathering Sunday" Rev. Terre [see p.1] Generosity Sunday Religious Education <b>12:00 pm</b> Sunday Service Committee meeting	12	<b>7:00 pm</b> Muuvies that Matter [see p. 3] <b>7:00 pm</b> Young Adult Group [see p. 4]	14	15	16	17
<b>10:30 am</b> Service "The Evolution of the Language of Welcoming Community" Rev. Terre [see p.1] Religious Education	19	<b>NUUSLETTER DEADLINE</b>	21	<b>11:30 am</b> Alliance [see p. 3]	23	24
<b>10:30 am</b> Service "Speaking Truth to Power" VCPP Staff [see p.1]	26	<b>7:00 pm</b> Fall Parent Group [see p. 5]	28	29	30	

**First Unitarian Church of Lynchburg**  
**Unitarian Universalist**  
**818 Court Street**  
**Lynchburg, VA 24504**  
RETURN SERVICES REQUESTED



**THIS MONTH:** • Sunday Services; p.1 • Young Adult Group  
• Social Justice Task Force; p.4

**Church Staff**

Rev. Terre Balof.....Minister  
Candice Ferguson .....Administrative Assistant  
Office Hours .....Mon, Wed, & Fri  
Courtney Sinha ..... Director of Lifespan Education

Ernest Berry ..... Sexton

**Church Officers**

Stef Nichovich.....President  
Betty Corbin .....President Elect  
David Wilson.....Secretary  
Finis Southworth ..... Treasurer  
Courtney Sinha .....Past President

**Trustees**

Hanna Symonds (2023)  
Audrey DeJarnette (2024)  
Jim Barton (2025)

**Nominating Committee**

Joan Lewis-Yoder (2023)  
Makanah Morriss (2024)

**Committee on Ministry**

Briana Valone

**Endowment Committee**

Joan Lewis-Yoder (2023)

**Office Phone:**  
**(434) 528-0744**

**Email:**  
**office@uulynchburg.org**  
**Website:**  
**www.uulynchburg.org**

**Content Deadline**  
**for the October nUUletter:**

**Tuesday September 20th**

**Submit Info at:**

<https://uulynchburg.breezechms.com/form/20746f>

**Jane Pianowski, Editor**

**Directions:** The Church and Sanctuary may be accessed from the top of Monument Terrace steps. Unitarian House is at 818 Court Street. If the steps are a problem, handicapped parking spaces can be reached by driveways on either side of the Unitarian House. Once on the lower level, enter the Addition, where there is an elevator to access the Sanctuary level.

**Notes:** For files, please submit as Word document. Submissions prepared on Apple computers should be submitted as text within the body of the Breeze message.

If you would like your name to be removed from the NUUletter mailing list, please leave a message at (434) 528-0744 or email office@uulynchburg.org.