

CRICKET THE SOUTHS WAY KEYS TO SUCCESS 2022-23



Souths Success...The Cap

What does it stand for.....

- ENJOYMENT

- MATESHIP

- RESPECT

- COURAGE

- BELIEF

- PRIDE

- DETERMINATION

- DESIRE TO WIN

The Values.....

- LEARNING

- ADAPTABILITY

- RESILIENCE

- DISCIPLINE

PROFESSIONALISM
 IN PERFORMANCE

The Demands.....

- TIME

- COMMITMENT

- HONESTY



- ACCOUNTABILITY

- ACCOUNTABILITY

- ACCOUNTABILITY



Souths Success...Our Charter



- To restore the performance levels that define the Souths Cap.
- Respecting those before & those after & upholding the traditions standards & efforts that define the Souths Cap.
- Produce & develop the best player we can be.
 Souths Juniors to play for Souths Seniors
 6th Grade improves to 3rd Grade
 2nd Grade improves to 1st Grade
 1st Grade improves to 1st Class.
- MAKE OUR PLAYERS & COACHES ACCOUNTABLE.



Souths Success...... Leadership & Social

- Leadership Off Field
- Leadership On Field
- Team Meetings
- Identify Team leadership group.
 Establish Team regulations
- All involved
- Individual Ownership of Team
 It is your team, you have a say.
- ACCOUNTABILITY



- SHORT CUTS

- THIS IS THE NUMBER 1 ISSUE THAT HAMPERS CLUB PLAYERS AT THE MOMENT.
- PLAYERS EASE OF MISSING TRAINING.
- EXCUSES TO NOT TRAIN INSTEAD OF EXCUSES TO TRAIN.
- WHEN WE TRAIN WE FOCUS ON MAIN SKILLS, BATTING & BOWLING. NOT ENOUGH WORK IN BEING DONE BY OUR DEDICATED SLIPS FIELDSMAN TO ENSURE THEY DO ALL THEY CAN TO NOT MAKE ERRORS ON WEEKEND.
- INDIVIDUALS NEED TO PLAN THEIR SESSIONS BETTER. IE SLIPS FIELDERS NEEDS TO FIELD, SLIPS CATCH, BAT & BOWL......NOT JUST BAT & BOWL.
- WHETHER BATTING OR BOWLING, SUPPLY REQUIRED DETERMINATION & FOCUS ON THE "NEXT BALL". LEARN OFF THE PREVIOUS BUT FOCUS ON THE NEXT, THAT IS THE ONE THAT HAS THE OUTCOME RESTING ON YOUR ABILITY TO FOCUS ON IT.

- OUR PLAYERS LOOK ELSEWHERE FOR REASONS OF FAILURE.

- "THAT WAS A GOOD BALL"
- WHY IS HE PLAYING THERE.....WHY IS HE IN THAT GRADE & I AM NOT TAKE MATTERS OUT OF SELECTORS HANDS....BY PERFORMING.
- TAKE OWNERSHIP OF YOUR GAME & THE EFFORT YOU ARE PUTTING IN. TAKE OWNERSHIP OF YOUR OWN PERFORMANCES & FAILURES, & WORK TO FIX THEM
- HONESTY & INTEGRITY WITHIN OUR PLAYERS.
- FINISH TRAINING EARLY. MUST ENSURE TRAINING IS ADHERED TO 5.30pm TO 7.30pm.

- THINK ABOUT CRICKET AT THE RIGHT TIMES...

- FRIDAY NIGHTS
- BEFORE TAKING FIELD
- MUST IMPLEMENT TEAM MEETINGS
- BEFORE BATTING
- LIMIT DISTRACTION AROUND OUR PLAYERS THAT ARE TO PERFORM NEXT. WE NEED TO REASSESS THIS AREA OF OUR CRICKET.
- MATES & RELATIVES IN DRESSING ROOM OR SITTING AREA.





- TRAINING

- Must attend all sessions.



- DON'T TRAIN.....DON'T PLAY !!!!!

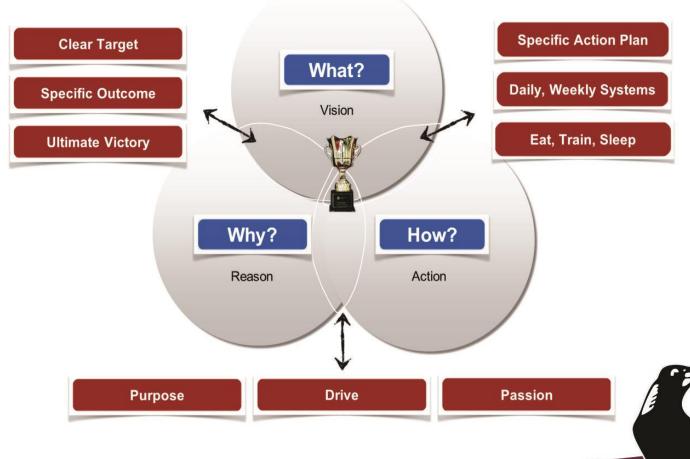
 Teams require & demand commitment. Success requires commitment. To play & improve to a level to get the best out of yourself, you are required to commit to this club & to this team.
- EACH PLAYER IN EACH TEAM MUST BE ACCOUNTABLE FOR EFFORT, ATTITUDE, PERFORMANCE & ETHIC.
- PLAYER ACCOUNTABILITY BRINGS SUCCESS.
- PLAYER COMMITMENT IS VITAL
 COMMITMENT TO CLUB
 COMMITMENT TO TEAM
 COMMIT TO SELF IMPROVEMENT OF GAME & SKILLS
 COMMITMENT TO SELF.....BE THE BEST YOU CAN BE.

- CONDITIONING TRAINING: CODY FULLARTON

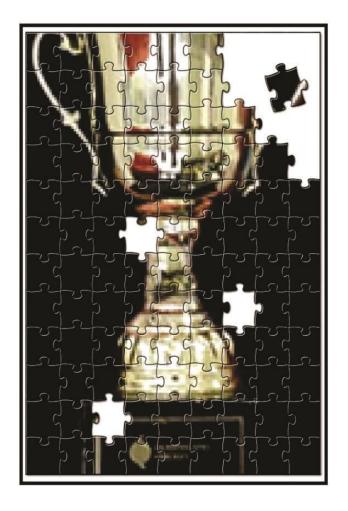
- Must attend all sessions.
- DON'T ATTEND THESE SESSIONS.....DON'T PLAY
- These sessions are vital for more than just conditioning.
- These session develop teamwork, discipline, mateship,
 & fitness. All vital in outcome of results.











TEAM / CLUB

Like pieces in a puzzle,
each individual is
connected and plays an
integral role

in creating the big picture.

ONE CLUB



"I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed."

~ Michael Jordan





Talent wins games, but teamwork and intelligence wins championships.



