

CONFEDERATION  
SENIORS' ASSOCIATION

Annual General Meeting  
Wednesday July 15, 2020

## **INDEX**

	<b>Page</b>
<b>I. Agenda</b>	<b>1</b>
<b>II. Minutes of previous AGM 2019</b>	<b>2-3</b>
<b>III. President's Report</b>	<b>4</b>
<b>IV. Centre Supervisor's Report</b>	<b>5</b>
<b>V. Treasurer's Report</b>	<b>6-12</b>
<b>VII. Group and Club Reports</b>	<b>13-19</b>
<b>VIII. Nominees for 2020 election</b>	<b>20-21</b>

## Confederation Seniors' Association – Annual General Meeting

Wednesday July 15, 2020 – 10:00 am

### **AGENDA**

1. Call to order and welcome
2. Introductions:
  - a. Board members
  - b. Guests
  - c. Staff
3. Approve Agenda
4. Approval of 2019 AGM Minutes
5. President's Report – Peter Kauhausen
6. Treasurer's Report – Nancy Vibert
7. Election of Directors – Bonnie Danielisz
8. Announcement of Election Results – Bonnie Danielisz
9. Adjournment and Thanks – Peter Kauhausen

CONFEDERATION SENIORS' ASSOCIATION

Minutes of the Annual General Meeting

Friday, March 15, 2019. 9:30 am

1. Bonnie Danielisz called the meeting to order at 9:30 am. She recognized a quorum. There were 42 members in attendance.
2. Bonnie introduced the current Board members. Ashley introduced the Office Staff and Guests:
  - i. Lori Cornwall and Carlo Dalupang—Recreation Leader 2
  - ii. Sandy Atwal—Recreation Clerk 2
  - iii. City Councillor—Paul McDonell
  - iv. Kathy Doebert – Northwest Complex Supervisor
  - v. Craig Collis—Assistant Director of Recreation
3. Bonnie asked for approval of the agenda. Moved/Evelyn Colter, 2<sup>nd</sup> Peter Kauhausen. Approved.
4. Bonnie asked for approval of the 2018 AGM minutes. Moved/Ann Kallweit, 2<sup>nd</sup>/Janice Sameshima. Approved.  
Linda Taylor noted an error on page 9 of the AGM Manual: The Cosy Corner contributed \$2,000 to the CSA in 2018, not \$1,500. Val announced the correction.
5. Bonnie read the President's Report.
6. Ashley read the Centre Supervisor's Report. She announced that Bonnie is stepping down as President, and thanked her for doing an excellent job.
7. Bonnie introduced Albert Wong, the CSA Treasurer. Albert reviewed the financial statements for 2018. Alex Smith asked Albert about the future of our bus. Albert replied that the future of the bus is uncertain at this time. Albert explained that the Group Fees Committee have done a commendable task in synchronizing group fees in the Centre. This was very difficult, due to the different natures of the groups. M/Peter Kauhausen, 2<sup>nd</sup>/Linda Taylor, to adopt Treasurer's report. Approved.  
\*\*\*\*Paul McDonell, Burnaby Councillor thanked the volunteers for their very valuable work in the community. He described many of the projected developments that are in the planning for Burnaby in the near future.
8. Bonnie explained the responsibilities of directors on the board.
9. RETURNING BOARD MEMBERS: Peter Kauhausen, Kamla Rattan, Cecilia Siu, Rosita Wan, Val Rozing, Edie Vessey, Toshi Haraguchi, Phyllis Grippo.
10. ELECTION: Bonnie invited Peter Kauhausen to run the election.
  - a. Board members stepping down: Albert Wong, Willi Stouten, Carol Wilks, Carolyn Innes.
  - b. Board members running for re-election: Bonnie Danielisz, Val Rozing, Phyllis Grippo, Edie Vessey, Cecilia Siu, Rosita Wan

- c. Candidates nominated by the nominating committee: Andrew Huang, Shirley Ripley, Shaku Ragnekar
  - d. You may vote for up to 9 nominees
  - e. Peter called for nominations from the floor.  
Evelyn Colter nominated Janice Sameshima. Janice accepted, and her name was added to the ballot.  
M/Linda Taylor to close nominations. 2<sup>nd</sup>/Janice Sameshima. Floor was closed.
  - f. Election concluded by acclamation.
11. Bonnie thanked the guests for attending. M/Peter Kauhausen,, 2<sup>nd</sup>/Joy McLean to adjourn.  
Meeting adjourned at 10:35 am.

.....  
CSA BOARD OF DIRECTORS MEETING—Post AGM—10:45 am

The purpose of this meeting is to welcome new Board members, and to elect the new Executive.

Bonnie explained the responsibilities and expectations of board members.

Ashley explained that a new president will be involved in Food Services and the SAIL program. He/She must attend advisory meetings and Burnaby Partners in Wellness meetings.

ELECTION OF NEW EXECUTIVE:

M/Bonnie Danielisz to elect Peter Kauhausen, as President, 2<sup>nd</sup>/Rosita Wan. Approved.

M/Peter Kauhausen to elect Rosita Wan and Cecilia Siu as co-Vice Presidents, 2<sup>nd</sup>/Phyllis Grippo. Approved.

M/Bonnie Danielisz to elect Val Rozing as Secretary, 2<sup>nd</sup> Phyllis. Approved.

We do not have a Treasurer at this time.

\*\*\*THE DIRECTOR'S MANUAL WILL BE ONLINE THIS YEAR.

Meeting adjourned at 11:00 am.

## **2019 PRESIDENT'S REPORT**

### **Peter Kauhausen**

Good morning everyone. Thank you all for coming today. I'm Peter Kauhausen, and it's my pleasure as your President to welcome you to our annual general meeting.

The first year of my tenure as President has been satisfying, challenging and at times frustrating, to say the least.

As I started my term as President our Treasurer had stepped down, and we were without someone with the accounting skills we needed. As a short term resolution we appointed one of our Board members, Phyllis Grippo, to do a bit of record keeping/chequing, etc., and in late August we were able to have Nancy Vibert come forward as our Treasurer, so we are now on the right track. We would like to thank Phyllis for taking on this position when she did.

In addition to the foregoing, it was a learning curve to work in a partnership with the City and the CSA as to the structure and policies regarding both parties, and how we could both be a benefit to our members in a smooth-running operation resulting in win-win situations.

On the bright side, the Board of Directors and I have been participants at various Special Lunches and of course the biggest lunch event, the Christmas Lunch, which had the largest turnout of the year. We were also very active participants at Confederation's first Pub Night, the Internal Confederation Complex Bocce Tournament, the Burnaby Seniors' Advisory Meetings, Individual Snooker and Bus Meetings, the Burnaby Planning Focus Group, Confed's All Groups' Meeting, our monthly Executive and Board meetings, and the Calendar Fundraising campaign.

In the Community, I was able to promote Confederation Seniors' Centre by attending the Local NDP MLA Janet Routledge's Open House, as food server at Giro di Burnaby's Volunteer Dinner, attend a Burnaby Council meeting at Confederation, attend the Volunteer Recognition Dinner, give a Food Services presentation to the Parks, Recreation and Culture Commission along with Beth MacLaren from Food Services, participated in Hats Off Day along with Board members and many dedicated Confederation Seniors' Centre members, and as Chairman to the BC Seniors' Games Society.

In conclusion, I would like to give special thanks to all members of the Board of Directors for their diligent work. (Even when we all may differ in opinions, we get the job done), to the City Staff for their continued support, to the many hard-working volunteers, and to YOU, the members for your support and encouragement. I am looking forward to the challenge coming our way next year.

## **Centre Supervisor's Report**

**Ashley James**

Confederation Community Centre thrives because of our dedicated and hard-working Board of Directors, group leaders, volunteers and staff who give of themselves to provide a fun and safe place for community members 55+ to gather, socialize, exercise, learn and laugh. Bus trips, special events, society groups, fitness, art, dance and yoga classes all continue to grow with participation from over 1480 Confederation members.

This year has been a fun year at Confederation, with lots of new programs, groups and clubs, including ballet, art programs, pub nights, ukulele group and our first summer send off car show. You were proud Confederation Members around the community at Hats Off Day, and warmed the community with our warmer Wednesday initiative – this year contributing hundreds of warm scarves, hats and sock AND over \$1000 to the food bank.

Several facility maintenance projects were completed. We received a new sound system in program room three, painting to freshen up the lobby and a brand new dishwasher was installed in the kitchen.

Our staff team here continues to grow and change, and I'd like to thank Carlo for his hard work here, and welcome back Traci and Colmar.

The CSA's Executive and Board have been very active and hard working. As always, it has been a productive and positive experience working with the Board and their commitment, care, and efforts should all be commended. This year was an especially active year for them as they took on fundraising with a CSA calendar – I hope you all purchased yours!

Last year we had 240 dedicated volunteers contributing 26317 hours at Confederation Centre. These volunteers who take on numerous responsibilities are integral to the running of the various groups, clubs, and programs offered here. It's easy to see why adults 55+ keep coming back when we have such helpful and caring volunteers providing leadership and support. I'd like to thank Lori Ann for leading our search for volunteers and keeping the positions filled.

As we conclude the 2019-2020 board year, I'd like to thank each member of the Confederation Seniors Association for your dedication to the society and to the Centre. I'd like to thank the board for continuing to be innovative and forward thinking as they face new challenges. I look forward to working with the new board for 2020-2021.

# **CSA AGM 2020**

## **CONFEDERATION SENIORS' ASSOCIATION**

### **FINANCIAL STATEMENTS**

**(UNAUDITED)**

**FOR THE YEAR ENDED DECEMBER 31, 2019**

**CSA General account balance sheet**

**CSA General account income statement**

**CSA Bus account balance sheet**

**CSA Bus account income statement**



## Confederation Seniors' Assn - General Comparative Balance Sheet

	As at 2019-12-31	As at 2018-12-31
<b>ASSET</b>		
<b>Bank</b>		
Vancity Chequing	51,995.88	46,509.03
Vancity Jumpstart	25,944.86	25,796.56
Vancity Shares	10.70	10.29
<b>Total Vancity</b>	<u>77,951.44</u>	<u>72,315.88</u>
<b>Accounts Receivable</b>		
Accounts Receivable	5,950.00	0.00
GST Receivable	212.91	118.16
<b>Total Accounts Receivable</b>	<u>6,162.91</u>	<u>118.16</u>
<b>TOTAL ASSET</b>	<u>84,114.35</u>	<u>72,434.04</u>
<b>LIABILITY</b>		
<b>Current Liabilities</b>		
Accounts Payable	2,085.67	0.00
<b>Total Current Liabilities</b>	<u>2,085.67</u>	<u>0.00</u>
<b>TOTAL LIABILITY</b>	<u>2,085.67</u>	<u>0.00</u>
<b>EQUITY</b>		
<b>Members' Equity</b>		
Members' Equity	72,434.04	72,511.01
Current Earnings	9,594.64	-76.97
<b>Total Members' Equity</b>	<u>82,028.68</u>	<u>72,434.04</u>
<b>TOTAL EQUITY</b>	<u>82,028.68</u>	<u>72,434.04</u>
<b>LIABILITIES AND EQUITY</b>	<u>84,114.35</u>	<u>72,434.04</u>

## Confederation Seniors' Assn - General Comparative Income Statement

	Actual 2019-01-01 to 2019-12-31	Actual 2018-01-01 to 2018-12-31	Difference
<b>REVENUE</b>			
<b>Group Fees</b>			
Bingo - Thurs	590.55	410.40	180.15
Book Club	49.50	34.00	15.50
Bridge - Friday	208.75	119.00	89.75
Bridge - Wed.	632.50	413.75	218.75
Computer Club	0.00	23.00	-23.00
Cribbage	109.00	96.00	13.00
Coffee Talk	174.25	206.90	-32.65
Discussion Group	11.50	0.00	11.50
Dominoes	51.90	40.30	11.60
Group 31	300.00	340.00	-40.00
Knitting	107.25	144.30	-37.05
Karaoke	882.50	277.00	605.50
Mah Jong	196.60	172.55	24.05
NBRS	2,112.45	1,266.45	846.00
Paper Tole	27.50	0.00	27.50
Poker	186.00	95.00	91.00
Quilters	311.65	206.00	105.65
Ukulele Group	48.70	0.00	48.70
Sakhi Group	200.00	0.00	200.00
Scrabble	135.50	108.80	26.70
Scala & Briscola	1,480.00	1,680.00	-200.00
Singers	250.00	0.00	250.00
Walkers	520.00	0.00	520.00
Whist	110.50	105.35	5.15
Woodcarvers	152.50	93.00	59.50
<b>Total Group Fees</b>	<b>8,849.10</b>	<b>5,831.80</b>	<b>3,017.30</b>
<b>Group Contributions</b>			
Computer Club	168.49	0.00	168.49
Cozy Corner	1,600.00	2,000.00	-400.00
Craft Group	2,500.00	0.00	2,500.00
Hostess Club	0.00	280.00	-280.00
Karaoke	139.50	100.00	39.50
Monday Nite Dance	2,326.00	4,250.00	-1,924.00
NBRS	0.00	500.00	-500.00
Quilters	520.00	0.00	520.00
S.A.I.L.	0.00	1,000.00	-1,000.00
Sakhi Group	0.00	250.00	-250.00
Snooker	750.00	0.00	750.00
Special Events	650.00	1,000.00	-350.00
Stroke Recovery	0.00	500.00	-500.00
<b>Total Group Contributions</b>	<b>8,653.99</b>	<b>9,880.00</b>	<b>-1,226.01</b>
<b>Other Income</b>			
Sponsorship Revenue	20,000.00	0.00	20,000.00
CHRISTMAS LUNCH GRANT	1,600.00	0.00	1,600.00
Donation-LAI YING CHAI	92.00	5,292.35	-5,200.35
Donation - Karen Kalyk	20.00	0.00	20.00
Donation: Anonymous	20.00	0.00	20.00
Donation: Wendy Laporte	100.00	0.00	100.00
Donation:Gregory Clark	78.00	0.00	78.00
Total Donations from individuals	0.00	3,890.00	-3,890.00
Interest	193.00	226.36	-33.36
CSA INCOME	6,577.01	723.00	5,854.01
Gaming Income	777.00	0.00	777.00
GAMING - 50/50 DRAW	200.00	0.00	200.00
T Shirts Sales	267.50	243.00	24.50
Calendar Ads	8,000.00	0.00	8,000.00
Calendars, sales of	1,083.00	0.00	1,083.00
United Way DD	80.00	0.00	80.00
<b>Total Other Income</b>	<b>39,087.51</b>	<b>10,374.71</b>	<b>28,712.80</b>
<b>TOTAL REVENUE</b>	<b>56,590.60</b>	<b>26,086.51</b>	<b>30,504.09</b>

# Confederation Seniors' Association - 2020 Annual General Meeting

## EXPENSE

### Disbursements

Board Meetings	1,065.97	375.98	689.99
BUS EXPENSE	3,094.74	0.00	3,094.74
Calendars	5,765.07	1,037.61	4,727.46
CHRISTMAS LUNCH	266.00	0.00	266.00
CORP ANNUAL REPORT	40.00	0.00	40.00
CSA - RETREAT	1,845.00	0.00	1,845.00
FOOD SERVICES	16.93	0.00	16.93
COMMUNITY NOV 11 WREATH	395.00	0.00	395.00
GIFTS	46.20	0.00	46.20
Hats Off	246.40	153.69	92.71
Insurance - Members' Liability	2,245.32	1,973.40	271.92
Insurance - Directors/officers	700.00	0.00	700.00
Insurance - CSA Assets	1,254.00	1,063.00	191.00
Legal	0.00	706.37	-706.37
MUSIC STANDS	295.56	0.00	295.56
Other Expenditures	804.44	4,547.55	-3,743.11
Postage	92.25	174.24	-81.99
Seniors Games Participants	225.37	150.00	75.37
Nonagenarian Tea	149.17	0.00	149.17
PIANO TUNING	142.35	0.00	142.35
REPAIRS	156.07	0.00	156.07
Stationery & Office	1,615.86	589.14	1,026.72
Gaming Licenses	336.81	0.00	336.81
Support to Food Services	0.00	4,272.46	-4,272.46
Television - Satellite	935.66	981.56	-45.90
Volunteer Lunch	809.79	1,866.92	-1,057.13
<b>Total Disbursement</b>	<b>22,543.96</b>	<b>17,891.92</b>	<b>4,652.04</b>

### Other Donations & Grants Rec...

Donations Received - CC Food ...	0.00	-155.00	155.00
Donations Received - Karaoke	0.00	-115.50	115.50
Donations Received - S.A.I.L.	0.00	-120.00	120.00
Grants Received - CC Food Serv...	0.00	-3,096.00	3,096.00
<b>Total Donations &amp; Grants Rece...</b>	<b>0.00</b>	<b>-3,486.50</b>	<b>3,486.50</b>

### Donations & Grants Paid/Tran...

Donations Paid - CC Food Servic...	0.00	615.00	-615.00
Donations Paid - Karaoke	92.00	115.50	-23.50
Donations Paid - S.A.I.L.	24,360.00	120.00	24,240.00
Grants Transferred - Food Servi...	0.00	8,907.56	-8,907.56
Grants Transferred - S.A.I.L.	0.00	2,000.00	-2,000.00
<b>Total Donations/Grants Paid/Tr...</b>	<b>24,452.00</b>	<b>11,758.06</b>	<b>12,693.94</b>

## TOTAL EXPENSE

46,995.96      26,163.48      20,832.48

## NET INCOME

9,594.64      -76.97      9,671.61

## CONFEDERATION BUS ACCOUNT Comparative Balance Sheet

	As at 2019-12-31	As at 2018-12-31
<b>ASSET</b>		
<b>CURRENT ASSETS</b>		
Vancity Chequing	16,049.61	14,378.09
Vancity Jumpstart Savings	16,153.16	16,070.20
Vancity Shares	10.95	10.53
Vancity Term Deposit	12,012.95	11,752.51
<b>Total Bank</b>	<u>44,226.67</u>	<u>42,211.33</u>
<b>Accounts Receivable</b>		
Accounts Receivable 2018	672.80	551.36
<b>Total Accounts Receivable</b>	<u>672.80</u>	<u>551.36</u>
<b>Other Current Assets</b>		
GST Refund	105.26	0.00
Prepaid Insurance	1,560.00	1,522.50
<b>Total Other   Current Assets</b>	<u>1,665.26</u>	<u>1,522.50</u>
<b>Property Plant &amp; Equipment</b>		
CSA Bus	84,457.52	84,457.52
Accum. Depreciation - CSA Bus	-84,457.52	-82,982.92
<b>Net Value CSA Bus</b>	<u>0.00</u>	<u>1,474.60</u>
<b>TOTAL ASSET</b>	<u>46,564.73</u>	<u>45,759.79</u>
<b>LIABILITY</b>		
<b>TOTAL LIABILITY</b>	<u>0.00</u>	<u>0.00</u>
<b>EQUITY</b>		
<b>Members' Equity</b>		
Beginning Balance Members' Eq...	45,759.79	53,274.96
Current Earnings	804.94	-7,515.17
<b>Total Members' Equity</b>	<u>46,564.73</u>	<u>45,759.79</u>
<b>TOTAL EQUITY</b>	<u>46,564.73</u>	<u>45,759.79</u>
<b>LIABILITIES AND EQUITY</b>	<u>46,564.73</u>	<u>45,759.79</u>

## CONFEDERATION BUS ACCOUNT Comparative Income Statement

	Actual 2019-01-01 to 2019-12-31	Actual 2018-01-01 to 2018-12-31
<b>REVENUE</b>		
<b>Income</b>		
Travel Income - Burnaby	6,107.30	4,110.44
Travel Income - Singers	1,901.70	1,911.60
Travel Income - Walkers	3,036.00	3,428.00
Travel Income - Other	1,943.38	2,290.66
Other Income	694.39	0.00
Interest Earned	339.47	291.46
<b>Total Income</b>	<u>14,022.24</u>	<u>12,032.16</u>
<b>TOTAL REVENUE</b>	<u>14,022.24</u>	<u>12,032.16</u>
<b>EXPENSE</b>		
<b>Operating Expenses</b>		
Fuel	1,470.12	3,104.78
Insurance	6,199.50	6,726.00
Training	175.00	0.00
Maintenance & Repairs	2,942.06	3,636.05
Drivers' Fees	852.00	450.00
Telephone	104.02	0.00
<b>Total Bus Expenses</b>	<u>11,742.70</u>	<u>13,916.83</u>
<b>Depreciation Expense</b>		
Depreciation - Bus	1,474.60	5,630.50
<b>Total Depreciation</b>	<u>1,474.60</u>	<u>5,630.50</u>
<b>TOTAL EXPENSE</b>	<u>13,217.30</u>	<u>19,547.33</u>
<b>NET INCOME</b>	<u><u>804.94</u></u>	<u><u>-7,515.17</u></u>

**NOTES ON FINANCIALS: 2019 AGM**

The following is a list of donations received. Please be aware that this is an un-audited list. If you have been missed I'm sorry. I tried my best to include everyone who made a donation to our society as we are truly grateful. Several of these are listed in the financials. My apologies to those missed.

Blue Shore Financial, \$1000.00	Jan 2019		Victor Jones	June 2019	\$100.00
			Wendy Laporte	Aug 2019	\$50.00
Source unknown	Feb 2019	\$20.00	Karen Kalyk	Oct 2019	\$20.00
Roslyn Slater	April 2019	\$96.00	Lai Ying Chui	Dec 2019	\$92.00
Costco	April 2019	\$25.00	Gregory Clark /United way		\$78.00
Karen Pigott \$185.69- product (instapot)	May 2019				

**Adjustment to bottom line on each of the Comparative Income Statements:**

Bus expense \$3094.74 should be removed from CSA Comparative Income Statement

Making the Net Income \$12689.38

That same \$3094.74 should be added to CSA Bus Comparative Income Statement

Making the Net Income (\$2289.80). These were expenses paid by CSA for the Bus.

**Calendars**

For further clarification we received \$8000.00 for calendar ads for the fundraising calendar.

The fundraising calendar cost \$4892.38 to print, that amount is part of CSA Expenses that also includes \$872.69 for the blue calendar planners.

Income from sale of calendars was \$1083.00

**Under Other Income-Sponsorship Revenue**, there were 2 10K grants, one of them from 2018, the other for 2019.

## **REPORTS FOR ALL C.S.A. GROUPS AND CLUBS**

**2019 - 2020**

<b>CONFEDERATION SENIORS CENTRE C.S.A. GROUPS AND CLUBS 2020</b>		
Bingo	Knitters	Seniors Active in Living
Book Club	Group 31	Scrabble
Briscola/Scala	Ladies Snooker	Singers
Coffee Talk	Mahjong	Snooker
Cozy Corner Craft Store	Monday Night Dance	Social Bridge
Crafters	N.B.R.S.	Special Events Committee
Cribbage	Partnership Bridge	Stroke Recovery Club
Dominos	Poker	Walking Club
Food Services	Quilters	Woodcarving
Karaoke	SAKHI	Ukulele

### **BINGO**

**Evelyn Colter**

Come out on Thursday afternoon from 1:00 to 4:00 and enjoy a game of Bingo! We have approximately 20-30 players, and welcome everyone!

### **BOOK CLUB**

**Annemiek Stoodley**

The Book Club has 15-16 members, who meet on the 3<sup>rd</sup> Tuesday of each month from 1:00-2:30 pm. They select their books of choice, and discuss them at their meetings, along with enjoying refreshments.

### **BRISCOLA /SCALA**

**Emilio Pesa**

This card group has 40 members. They meet each evening, Monday through Friday from 12:00-4:00 pm and from 6:30 to 9:00 pm. Three of these evenings are in the Defense Building. They play Italian card games.

**COFFEE TALK**

**Fay Izatt**

This group is made up of 16 members, who meet on Sundays from 1:30-3:00 to sit and chat about various topics over a cup of coffee and treats. Just a happy Sunday get-together!

**COSY CORNER CRAFT SHOP**

**Ann Kallweit**

The Cosy Corner is a consignment shop, run by a small group of volunteers. All items sold in the shop are handcrafted by members of the Centre, and many are one of a kind. (knitting, sewing, jewellery, crocheting, quilting, etc.)

We are open from Monday-Thursday from 10:00-2:00. All proceeds go to the CSA, to support the Centre. In 2019 Cosy Corner donated \$1,600.00 to the CSA.

**CRAFTERS**

**Phyllis Grippo**

The Craft Group meets every Monday from 10:00 am--2:00 pm. We usually have 8 members in attendance, and we would welcome new members.

We do all kinds of crafts—knitting, crocheting, plastic canvas, sewing, embroidery, bead work, needlepoint, etc. Beautiful and unique handcrafted items that we are proud to make, and you'll be proud to own.

We gratefully accept all donations of yarn, material and craft supplies, as most of our items are made from donated materials.

Everything we make is sold at the Craft Fairs which are held 3 or 4 times a year at the Easter Lunch, Thanksgiving Lunch, Christmas Lunch and sometimes at the flu shot clinic.

All proceeds from these sales go to the C.S.A. to benefit Confederation Centre.

We want to thank the Confederation members, their families and friends, for their continuing support of our Craft Fairs. Due to this support, we are able to contribute \$3,100.00 to the C.S.A. from our 2019 craft sales.

**CRIBBAGE**

**Des Burke**

If you enjoy playing crib, come out on Monday evening from 6:45-8:45 and join in on the fun! This is a drop-in group and we have lots of fun! Everyone welcome!

**DOMINOS**



This is a group of 6 friendly ladies who meet on Mondays. They are looking for new members, and if you don't know how to play this fun game, they will teach you.

**KARAOKE GROUP**

**Cecilia Siu**

The Karaoke Group uses Program Room 3 every Thursday from 5:00 pm to 9:00 pm. Volunteers need time to set up equipment before hand and store equipment afterward. Therefore, participants take turns singing to karaoke music from 5:15 to 8:45 pm. We do not have group members because we operate on a drop-in basis. The number of drop-ins varies each week, but we usually have 20 to 25 (maximum) drop-ins. Each one can sing 2-3 songs. In September 2019, we had the 5<sup>th</sup> anniversary party in the big hall. It was attended by 60 guests. In December 2019 & January 2020, we had potluck parties in Room 3 to celebrate Christmas & New Year respectively. They were also well-attended.

50/50 tickets were sold in the 5<sup>th</sup> anniversary party & New Year potluck party. The results were very good. We paid group fees, and made a donation to the CSA.

**GROUP 31**

**Maria Pesa**

This ladies' card group has about 16 members who play Thursday, Friday, Saturday and Sunday from 1:00-4:00.

**LADIES' SNOOKER CLUB**

**Audrey Weeks**

We have a group of fun ladies who enjoy playing snooker every Tuesday from 9:00 am to noon. We usually have 4 full tables playing. Come and join us, we have fun! Talk to Audrey Weeks for more information.

**MAHJONG GROUP**

This is a drop-in group of 16 – 20 people who get together to play Mahjong on Friday afternoons. We pay a drop-in fee. Come and join us! It's a fun game!

**MONDAY NIGHT DANCE**

**Kathy Krewenchuk**

This group gets together every Monday night from 6:30-9:00 pm for social dancing. The attendance varies between 45 and 50. They have 5 members who volunteer to help.

They dance to the band music of G7-Johnny Hsu. Each year they have a Christmas Dinner-Dance, and a number of special theme dance nights. Each year, they make a generous contribution to the CSA.

The cost is \$5.00 for members, \$7.00 for non-members.

Everyone is welcome to come out on Monday night and have fun!

**NBRS REPORT (North Burnaby Retired Society)**      **Cathy Ma**

Last year (2019) the NBRS grew in membership to 110 members. There is a real sense of community within the group as we met throughout the week. On Wednesdays we meet for Tai Chi and Chinese Folk Dance. On Thursday night we have Ballroom Dance, and on Saturdays we have Tai Chi, Choir and Line Dance. The participants on Saturday are around 35-40. We also celebrate members' birthdays in combination with our 4 Special Events, such as our Christmas Party, Chinese New Year, Mid-Autumn Festival and one Social Gathering.

With the growth in membership, five new members have been added to our Dancing Group, who go to dance at different seniors' homes and long term care hospitals. The group is often requested to perform months in advance.

NBRS is important for seniors in the Community to stay active, share good friendship, and most importantly to have good health.

We are grateful for the continued support from CSA and the City of Burnaby, so that NBRS can run our programs smoothly.

**PARTNERSHIP BRIDGE**      **Wendy Thompson**

This group has 34 members, who play bridge every Wednesday afternoon from 1:00-3:30.

**POKER CLUB**      **Martin Brautigam**

The Poker Club consists of 8-9 members who play on Tuesdays from 6:00-9:00, and on Saturdays from 12:00-4:00. They pay a yearly fee of \$20.00.

**QUILTERS**      **Marilyn Sims**

The Quilters are a group of 15 ladies who enjoy quilting and other forms of handwork.

They meet on Mondays from 1:00 – 4:30. In 2019 they made and donated 90 quilts to the Royal Columbian Hospital for premature babies. They are planning to have a Quilt Raffle for the CSA in the fall of 2020.

### **SAIL**

### **Shirley Harrison and Pat Dennis**

2019 was another extraordinary year for our program. The momentum that we have created over the years is flourishing. We met for 43 Tuesdays during last year. We are looking forward to 2020 anticipating another successful year.

- 1,479 hours donated by 21 keen volunteers
- 1,534 participants attended our weekly presentations
- 634 blood pressure readings
- 615 services, including massage therapy, back, feet and hand massage, light therapy, reflexology, therapeutic touch, energy healing, foot care, housing information, improving the quality of life of our participants
- 105 foot care services by a foot care nurse specialist and her team including assessment, diabetic foot care, infection and fungus control, corn and callus treatment and orthotic referral
- 506 participants attended our mobility and relaxations segment
- SAIL receives financial support from Mulberry Parc who continues to be our official sponsor. We also received support from other donors.

We extend special appreciation and gratitude to our executive for their visionary minds and dedication to our program and to our volunteers whose skills, experience and time are the backbone on which our program functions.

### **SAKHI GROUP**

### **Vinita Mathur/Baljeet Malli**

This group has 15 members, who meet every Tuesday from 10:00-12:00.

The word “Sakhi” means “Women Friends”. All of their members are from different provinces in India. They meet to enjoy each other’s company, with discussions on various topics, shopping, lunching together, and celebrating birthdays.

In 2019 they had a colourful Sari workshop for the SAIL program, where they displayed their beautiful sari fashions, and explained their meaning. They celebrated Diwali with a pot luck luncheon.

They enjoy their Tuesday meetings very much!

**CONFEDERATION SENIORS' CHOIR**

**Jean Peterson**

The Senior Choir consists of 28 members, who meet on Saturdays from 10:00-11:30 am to practise. On Tuesdays they go out to sing at various Seniors' facilities and Hospitals. In 2019 they performed at Lougheed Mall during the Christmas season.

**SNOOKER CLUB**

**Jindy Gill**

We have 57 members, and we meet every day from noon to 5:00. We play snooker, and some crib and other cards. The cost is \$50.00/year.

We currently have a "B TEAM" who play on Wednesdays from September to March against other Seniors' Centres in the Lower Mainland.

We are always looking for new league players!

**SOCIAL BRIDGE**

**Paul Kirkpatrick**

This group plays drop-in bridge every Friday from 12:45—3:45. They have 20 members.

They have a lot of fun, and welcome new players.

**SCRABBLE CLUB**

**Linda Dawson**

The Scrabble Club has 9 members who play Scrabble on Thursdays from 9:30-11:30. They play Scrabble, and have small treats for multicultural occasions. They stress having friendly fun rather than serious competition. Thanks to Patricia and Honora, who donated their deluxe game boards. New members are welcome!

**SPECIAL EVENTS COMMITTEE**

**Carolyn Innes/Cheryl Grant**

The Special Events Committee has 17 members. The Committee Meeting is on the 3<sup>rd</sup> Friday of the month from 10:00 -11:30 am. The Planning Committee Meeting is on the 2<sup>nd</sup> Wednesday at 1:30 pm.

The Committee plans 4 regular events annually, all of which are sold out. Each event is unique and carefully crafted to present new ideas and to entertain a very appreciative audience. Our decorator/designer, Cheryl Grant, always amazes us with her beautiful table and stage displays, which enhance the room and help to make the experience so enjoyable! Participation is encouraged and even those who are reluctant to get up manage a few moves on the dance floor!

A Christmas basket draw in late November was an excellent fundraiser, the committee again donating to the CSA. Feedback from participants has been positive and rewarding. We look forward to continuing celebrations in 2020 that are both spectacular and innovative.

### **WALKING CLUB**

**Willi Stouten**

This group has 50 active members, who meet every Friday at 9:00 am. In 2019 they walked (rain or shine) around different lakes and trails in the Lower Mainland, averaging 10 km. They also have shorter walks 5-6 km for those who walk more slowly. They have walked almost 240,000 km since 1992, and are very proud of it! They use the Confederation bus or public transit or carpool.

They pay a yearly fee of \$10 per person to the CSA.

Wilson Law is their sole bus driver and keeps a log book of the trips. Dave Dalby prepares walking schedules and keeps track of the km walked by every member, and Willi Stouten is the group leader who signs up new walkers

### **WOODCARVERS**

We are a fun-loving dedicated group of seniors with a common love of wood and the processes of carving or burning to create artwork while enhancing its natural beauty.

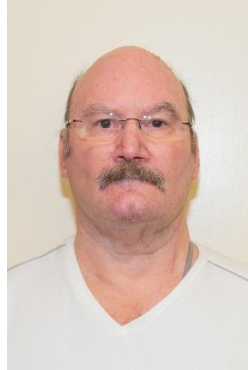
We meet every Friday morning at Confederation Seniors centre to learn, share and encourage each other in a motivated and relaxed atmosphere.

### **UKULELE CIRCLE**

**Stan Matthews**

This group has 16 members, and the average attendance is 8. They meet every Monday from 10:00 am-12:00 noon. They love to strum and sing! The group had its inaugural meeting on Sept. 9, 2019. The group focus is to have fun strumming and singing using the ukulele in a friendly, relaxed environment. (We are not instruction focused, but assistance may be provided if needed.) We started with a 70 song book, and try to add new songs at least every other week. As of January 31, 2020 there are 108 songs in the book. The format is to play from a set list for the first hour (12 songs), then after a short break, allow for individual performance, new song introduction/play, and to then run out the time with songs by request from the group. We have a dedicated core group of members, but would like very much to see a bit of expansion!

## CSA Nominees – 2020



### **Rod Clark**

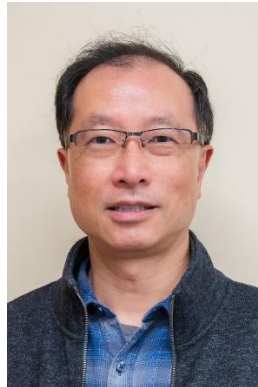
Rod has been a member of Confederation since 2014 and very involved in the Snooker Club. He also participates in the Get Up and Go fitness class. Outside of Confed, Rod enjoys playing poker, and attending BC Lions games. Prior to retirement, Rod was member of his local union executive where he held various positions including president.



### **Pamela Park**

Pam has been a member of Confederation Seniors' Association since 2016, and has been actively involved in the SAIL program as secretary and treasurer. Prior to retirement, Pam was a primary school teacher, both in Canada and overseas. Pam has previous experience with functioning boards and dealing with the public. In her spare time, she enjoys puzzles, cooking, baking, lawn bowling and spending time with her family.

## CSA Nominees – 2020



### **Ronald Leung**

Ronald has recently joined the Confederation Seniors' Association following his retirement. He belongs to the NBRS, and also attends lunch. Ronald served as a volunteer on the board of Seton Villa, and in the electoral district association. He has an interest in fitness, music, skiing and skating.



### **Peter Kauhausen**

Peter has been a member of Confederation since 2014 and has certainly had an impact in that time. Peter started his volunteering at Confed with the SAIL Program and coffee bar, and in the last year has taken on the role of CSA President. During his presidency, he has been involved in bringing issues to parks commission, working with the other centre's societies and helping the Lunch Program at Confed. In his spare time, Peter is spotted around the community on the soccer field and on the BC 55+ games board of directors