### COVID-19 SAFEGUARDS

At Medical Pain and Spine Care, we are concerned about our patients and staff during this time of great uncertainty. To effectively maintain a healthy and viable practice, we have implemented and follow all State and Federal recommendations to help minimize the transmission of COVID-19 and all communicable diseases.

* Our staff, patients, and visitors all wear masks in public areas.
* We limit the number of people in the waiting room and ask that family members or drivers wait in their cars.
* We have reduced the number of patients seen in the office by offering telehealth visits to those who are immune compromised or are over the age of 65, upon request.
* Temperature checks are performed on all patients and staff. For anyone with a temperature over 100.4, patients are asked to reschedule, and staff are sent home.
* Anyone who tests positive for COVID will be required to bring in proof of a negative test before being seen in the office again.
* All surfaces in every room are sanitized between patients; exam rooms, procedure rooms, and restrooms are all cleaned with industrial strength disinfectant wipes.
* Patients and staff are encouraged to wash hands frequently or use hand sanitizer which is available throughout the facility.
* Staff and patients are encouraged to comply with the CDC recommendation by maintaining a six-foot distance whenever possible. Chairs in the waiting room are spaced at least six feet apart.
* Patients are expected to call the office and reschedule their appointment if they have any signs or symptoms of COVID. We will not charge a no-show fee if you call and cancel due to illness.

Have you experienced any of these symptoms?

* + Fever
  + Dry Cough
  + Shortness of breath
  + Mucus or phlegm
  + Chills, sometimes with shaking
  + Fatigue
  + Muscle pain
  + Headache
  + Sore throat
  + Loss of appetite, taste or smell

If you have any symptoms, please reschedule your appointment for two weeks after the onset of symptoms.

* Please stand back from the window when checking in and do not touch the counter or other surfaces