# HORSHAM & NEWTON **ST.FAITHS JOURNAL**







# Elm Farm Country House

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# Winter Wedding Packages

On all available dates until 30th April 2020

New booking's only. T&C's apply

#### **Diamond Package**

WAS: Friday-Sunday £5000 Monday-Thursday £4500

NOW: Friday-Sunday £4000 Monday-Thursday £3600

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#### **ST FAITHS CENTRE MANAGEMENT COMMITTEE**

Mrs C QUINTON (Chairman)		01603 898120
Mr D RIVERS (Vice-Chairma	an) (	01603 890111
Mrs C CLAYSON (Secretary	) (	01603 897771
MR M WILSON (Treasurer)	(	01603 395862
Mrs D MATTHEWSON (Mem)	bership Secretary) (	01603 897183
Mr N HOWE	(	01603 898700
Mr D FISHER	(	01603 897098
Mr P CHAPMAN	(	01603 891115
MR B RIDGEWAY	(	01603 897771
MR J MATTHEWSON	(	01603 897183
MR R PATTON	(	07939 922258
MISS L THOMPSON	(	07503 172901
Mr K RODGERS	(	01603 387268
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HALL BOOKINGSAND		
MULTI DUDDOCE DOOM.		T-1.007107

MULTI-PURPOSE ROOM:	JAMES MATTHEWSON Tel: 897183	
	AFTER 6.00 P.M. PLEASE	
<b>BADMINTON BOOKINGS:</b>	DETAILS AT CENTRE	
<b>SNOOKER BOOKINGS:</b>	DETAILS AT CENTRE	
<b>SWIMMING BOOKINGS:</b>	CENTRE/WEDNESDAY 7.00 - 8.00 P.M.	
MEMBERSHIP:	DELLA MATTHEWSON Tel: 897183	
EDITED BY:	CHRISTINE QUINTON Tel: 898120	

#### 

#### **USEFUL TELEPHONE NUMBERS**

ST FAITHS SURGERY (General Enquiries) ST FAITHS SURGERY APPOINTMENTS ST FAITHS C of E PRIMARY SCHOOL HELLESDON HIGH SCHOOL CROWN GARAGE ST FAITHS PRE-SCHOOL STREET LIGHTING POLICE GOOD NEIGHBOUR SCHEME

#### JOURNAL E-MAIL: sfjournalmail@gmail.com

#### **CENTRE WEBSITE: www.sfcentre.co.uk**

#### JOURNAL ORIGINATED BY MARGARET RIVERS CENTRE CHAIRMAN 1978 TO DECEMBER 2000 COLIN QUINTON



#### ST FAITHS CENTRE CHARITY REGISTRATION NO 276225

Opening hours and availability of the Centre facilities is completely dependant on the Government Guidelines and can change at very short notice so for up to date information please visit the website

We will not be allowed to open the Bar until at the very earliest Monday 17th May

The bar has been made safe with hand sanitisers, barriers and screens and hand sanitisers are available in ALL public areas.

The pool table has been removed and tables and chairs reorganised to allow the necessary social distancing

Only contactless/debit card payments are accepted

#### PLEASE GO TO OUR WEBSITE AT

www.sfcentre.co.uk

#### FOR ALL THE LATEST INFORMATION OR CONTACT A COMMITTEE MEMBER

We hope to be able to offer the following facilities with effect from Monday 12th April

# SPORTS HALL

Badminton can be booked in the usual manner on the booking sheet in the hall

#### SNOOKER ROOM

Only one table is available to allow for social distancing and this can be booked using the diary in that room

## TOKENS

Please contact Della Matthewson on 01603 897183 who can only accept cash payments

## SWIMMING POOL

In accordance with Government guidelines it will not be possible to use the Sauna at present

For bookings or queries Bruce can be contacted on bruce@flickers.org.uk or TEXTS ONLY on 07732 227124

## PLEASE NOTE NEXT JOURNAL COPYDATE 20th MAY for June/July Issue

# MEMBERSHIP

#### Please contact Della Matthewson on 01603 897183

We would remind you that you MUST be a member if you wish to use any of the sports facilities on offer

The joining fee for new members and for those of you who have not renewed membership is  $\pounds 5$  for adults and  $\pounds 2.50$  for juniors (16 & 17 year olds)

In view of the present circumstances membership itself has been reduced to half-price and is £6 for adults and £3 for juniors

Thus membership for adults is £11 and that for juniors £5.50

Membership Forms are available for download on our Website www.sfcentre.co.uk and also on page opposite

# JOURNAL DELIVERER

Our sincere thanks to Julie for delivering the Journal to those who live on Manor Road, Newton St Faith. As she is now moving we do require someone to take her place so if you feel able to do this can you please contact Christine on 01603 898120

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**St Faiths Centre Membership Application Form - 2021 ONLY** 

Please note ALL Centre memberships expire on 31st December regardless of when you joined

Swimming access will be activated once you have booked the pool

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# <u>ST FAITHS PARISH CHURCH</u> <u>OF ST MARY AND ST ANDREW</u> The Church of England and the Methodist Church Worshipping & Working Together

After a whole year of being in and out of lockdown and living in strange circumstances, we can finally see the light at the end of the tunnel. With Spring all around us and the joy of Easter, as well as having lighter evenings to enjoy, we can look forward to regaining some sort of normal life before too much longer.

We are so fortunate to have vaccines so readily available in this country and I am sure, that like me, you are glad to know you have that added protection against this dreadful virus. In the coming years we will, I don't doubt, learn to live with it, much in the same way as we do the 'flu virus. Meanwhile, please stay vigilant and be cautious as we begin the easing of what I hope will be the final lockdown.

This year Easter falls right at the beginning of April, bringing with it joy, hope and a renewed sense of life. In some ways, as we emerge from lockdown, I guess we are experiencing our own 'mini resurrection'. It feels as though we have been dormant over the past twelve months (although I am very aware that many people have been extremely busy keeping us all going and helping the community to survive). It is my hope that as we begin to emerge from our homes that we too will begin a 'new life'. It wouldn't be right to go back to how things were before, to return to 'normal', whatever that might be. If we have learned anything in this past year, it is that we need to build on our sense of community, to look out for one anotherand to be more aware of the world around us. An unbelievable number of telephone calls have been made to folks living alone, and to those who haven't been well, and so on, and the overwhelming sense of thankfulness for our villages and community has been amazing. Certainly, last year the number of people who said that they were thankful for their gardens and for the beauty of the nature surrounding them was incredible. It brought home just how much we can take things for granted when we are busy. Having time to stop and smell the roses, as it were, has given us all a greater appreciation of all we have. It is important that we continue to do that, especially when we start to get out and about more; that we take time to be still and enjoy the beauty and wonder of creation.

The Easter Season continues until May 23rd, when we celebrate the Day of Pentecost. By that stage we will still have some restrictions in place if the government's road map goes to plan. Let's make the most of these last few weeks to work out just what our 'new normal' might look like when it can eventually happen. What have you learned over the last twelve months that you might like to keep in your new schedule? What have you experienced that you would like to leave behind now? What new hobbies or interests would you like to develop?

It is all in your hands. Look ahead with that Easter joy and hope in your hearts, and be thankful.

With my prayers and good wishes

Rosemary Maskell

01603 898258 rhmaskell@gmail.com

## The Parish of Horsham, Spixworth & Crostwick Church Services ALL AT ST. FAITHS CHURCH

#### APRIL

Thurs. Fri	1st 2nd	7pm 2pm	Maundy Thursday Holy Communion Good Friday – Last Hour round the Cross
Sun	4th	10am	First Communion of Easter
Sun	11th	10am	Holy Communion
Sun	18th	10am	Holy Communion
Sun	25th	10am 11am	Methodist Service of Communion Election of Church Wardens (brief meeting)
Wed 2	28th	7pm v	ia Zoom Annual Parochial Church Meeting
MAY			
Sun	2nd	10am	Holy Communion
Sun	9th	10am 5pm	Holy Communion Evening Worship at Spixworth (TBC)
Thurs	13th	7pm	Deanery Ascension Day Service (at Sprowston)
Sun	16th	10am	Holy Communion
Sun	23rd	10am	Methodist Communion Service
Sun	30th	10am	All-Age Worship

Please note that once restrictions on social distancing are lifted, the service pattern will change, and the main Sunday Service will alternate between Spixworth and St Faiths. There will also be a monthly Evening Service offering different styles of worship. More information will be included in the next journal.

Please remember that social distancing must still be maintained in the building, and masks must be worn, and hand sanitising will take place on entering and when receiving communion.

Thank you for your continued support.





#### **ST FAITHS GOOD NEIGHBOURS SCHEME (SFGNS)** serving the villages of Horsham and Newton St Faith

First of all an apology for only being able to run a restricted Gppd Neighbpur Scheme during the last few months

As explained earlier we could not risk passing on this dreadful virus amongst ourselves. Many of the volunteers were designated as high risk and were therefore shielding which made it impossible to share a car with anybody else.

As most of us have now had at least one of the Covid vaccinations (hurrah!) it may be possible for us to do a bit of shopping and/or collection of prescriptions etc keeping to strict social distancing rules of course.

As already said it is still not possible for us to give lifts in our cars at the moment.

We do hope you are keeping safe and well. We still must be very careful even though the Corona Virus infection rates are dropping in this area we muat not be too complacent.

If we can possible help we will and you may call us on

## 0750 696 7280

Stay safe and well

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# ST. FAITHS FENCING & GARDEN SERVICES

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#### St Faiths' Primary School

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Tel: 01603 898353

Senior Leadership Team: Mrs Jenni Porter and Miss Kat Wilson

Website: www.harnserfed.co.uk

Email: office@stfaithsprimary.norfolk.sch.uk

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#### Another return to the 'new normal'

As England entered another lockdown back in January, we were quickly thrown into a new way of learning – remotely. Our families and staff coped admirably with the quick change and spent the first two months of the year participating in online live lessons via Teams. Before the children all returned to school, we organsied for every family in the Nebula Federation to receive a copy of 'Sometimes I Feel...' by Sarah Maycock. This beautifully illustrated book explores feelings through poetic prose and animal imagery. It offered families a way in to talking about thoughts, feelings and worries before the children were welcomed back. The children all returned on March 8<sup>th</sup> and we are starting to settle back into our 'new normal'.

#### Welcome to St Faiths'

I'd like to extend a warm welcome to our new Elm Class teacher – Miss Cunningham. We are fortunate to have Miss Cunningham join our team. She is a well-known teacher across the Nebula schools and has brought a wealth of experience to our school. We have said goodbye to Mrs Landles who has moved on to pastures new.

#### A Village Thank You

Thank you to those from the community who answered Mrs Hopkins' call for bits and bobs. In the summer term, we are going to be building a bug hotel in our wooded area. I hope to be able to share pictures of its progress when I next write! If you have any free time and would like to help with some gardening work in the coming term, please get in touch via the school office. We greatly appreciate any time or skill you can offer!

#### Comic Relief

For Red Nose Day this year, the children were invited into school in non-uniform. As we are still working in bubbles and therefore cannot socialise all together, we held a virtual camel race! Children donated 50p to claim a camel and we linked up via Teams to watch the race together. It was an entertaining end to our week.

#### World Book Day

Every year, we look forward to celebrating World Book Day and this year was no exception. It was a little trickier than usual because some of our friends were learning from home but we made the best of it by making Potato Pals and playing The Masked Reader, with the children guessing which staff member was sharing each part of a story! On their return to school, each child was given a book and a WBD voucher to add to their home reading collections.

# We wish you a very happy Easter and look forward to sharing more with you next time!

Miss Wilson Head of School

#### HORSHAM & NEWTON ST FAITHS PARISH COUNCIL



Chairman	Mr Rodney Cushing	Tel:07850 756490
Vice Chairman	Mrs Melanie Rodgers	Tel:01603 893512
Clerk	Mr Jim Graves	Tel:01603 898621
	e-mail: parishcouncil@	jimgravesltd.co.uk

The Parish Council continues to meet "virtually" via Zoom on the usual third Monday at 7.30 p.m. The meetings are public and any resident can attend. Joining details for Zoom are published with the agenda on the website www.stfaithspc.norfolkparishes.gov.uk or can be obtained from the Clerk 898621 stfaithpc@gmail.com

The conversion of all the Parish Council footway lighting to the latest LED lanterns has been completed. This will have a long term benefit of reduced energy and maintenance costs. This project has been funded entirely from Community Infrastructure Levy paid to the Council in respect of the Lovell development off Manor Road and has not been taken from the annual Council Tax which the Parish Council decided to leave unchanged for the 2021/22 financial year.

The problems with the surface of the cemetery drive are ongoing and samples of the materials used have been sent for independent analysis and an engineering consultant will be asked to provide the Council with a report.

The Council undertook clearance of ivy from the rear of the Churchyard wall and will keep this under review.

The latest draft of the Greater Norwich Local Plan under consideration shows an area of land off West Lane designated for up to 50 dwellings which is an increase from that previously put forward. The Council has objected to this increase.

The Council has received reports of large quantities of suspicious compost being dumped on the verges of Hog Bog Lane. The authorities have been alerted as this could be drug related.

The Annual Parish Meeting will be on April 19th. at 7.30 p.m. via Zoom

Yours current Parish Council is :-

- Raymond Browne (Chairman) Rodney Cushing Melanie Rodgers (Vice–Chair) Barry Coe James Matthewson Malcolm McDonnell Rachel Scarff Raymond Wilks Stan Cutts Gail Hegarty
- 24 Waterloo Close
  154 Manor Road
  5 Norwich Road
  9 Abbey Road
  29 Waterloo Close
  13 Beck Lane
  19 Beck Lane
  19 Beck Lane
  The Moyse, Mill Street
  8 Blind Lane
  1 Blind Lane

Jim Graves – Clerk Tel: 01603 898621 3 Lawn Close Horsford Norwich NR10 3DJ stfaithpc@gmail.com

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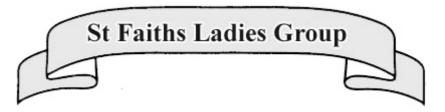
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Meetings are normally held in the Mission Room on the third Thursday in each month at 7.45 p.m.

This is a friendly, sociable group and new members are always welcome

Mary Hewitt on 01603 867140 can answer any queries you may have.

All meetings remain **CANCELLED** until the current Covid 19 threat restrictions change to allow it to restart



# Meetings are held on the 2nd and 4th Wednesday in the month at the Mission Room and start at 2.00 p.m.

Unfortunately we are still unable to hold meetings due to the current Government restrictions but will contact members as soon as any plans can be made to re-open our Club



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#### What is the history of the hot cross bun?

Some believe the hot cross bun originates from St Albans, where Brother Thomas Rocliffe, a 14th Century monk at St Albans Abbey, developed a similar recipe called an 'Alban Bun' and distributed the bun to the local poor on Good Friday, starting in 1361.

In 1592, during the reign of Elizabeth I, it was forbidden to sell hot cross buns and other spiced breads, except at burials, on Good Friday, or at Christmas.

If you broke the decree then you had to give all of your buns to the poor. As a result, hot cross buns were primarily made in home kitchens. Further attempts to suppress the sale of these items took place during the reign of James I of England/James VI of Scotland (1603-1625).

The first definite record of hot cross buns comes from a London street cry: "Good Friday comes this month, the old woman runs. With one or two a penny hot cross buns", which appeared in Poor Robin's Almanack for 1733.

#### What are the traditions around hot cross buns?

English folklore includes many superstitions surrounding hot cross buns.

One of them says that buns baked and served on Good Friday will not spoil or grow mouldy during the subsequent year. If hung in the kitchen, they are said to protect against fires and ensure that all breads turn out perfectly. The hanging bun is replaced each year.

Another tradition encourages keeping a bun for medicinal purposes. A piece of it given to someone who is ill is said to help them recover. If taken on a sea voyage, hot cross buns are said to protect against shipwreck.



A hot cross bun is a spiced sweet bun made with currants or raisins, marked with a cross on the top, and traditionally eaten on Good Friday. The eating of hot cross buns marks the end of Lent because they are made with dairy products which are forbidden during this period. Plain buns are traditionally eaten hot or toasted during Lent, beginning on Shrove Tuesday and through to Good Friday.

Different parts of the hot cross bun have a certain meaning. The cross represents the crucifixion of Jesus, and the spices inside signify the spices used to embalm him at his burial.

#### How are hot cross buns made?

The standard hot cross bun recipe consists of strong bread flour, full fat milk, butter and yeast. Sultanas or raisins are then added to the mixture with eggs, cinnamon and even orange zest.

Crosses are traditionally cut into the surface of the bun, however a simple way to make them is to use a paste of water and flour. The buns are then baked in a hot oven for 20 minutes till golden brown and then brushed with a coat of glaze.

They can then be served hot or cold, buttered or dry on Good Friday and throughout Easter.

#### HOT CROSS BUNS RECIPE

2 sachets dried yeast 1 oz caster sugar 0.5 pts handhot water 2 oz lard 1.5 lb plain flour 3 oz currents 2 level teasps mixed spice 1 oz chopped peel 0.5 level teasp cinnamon 0.25 warm milk 0.5 level teasp nutmeg 3 oz shortcrust pastry 1 level teasp salt Beaten egg or milk

GLAZE: 6 level tablesps granulated sugar 8 tablesps water

Sifi flour, spices and salt together and then add sugar. Rub in lard.

Stir in fruit and peel.

Add dried yeast with water and milk and mix well.

Knead for 10 minutes.

Leave to rise for 45 minutes in a warm place.

Knead for a further 2 or 3 minutes.

Divide into 18 (3 oz each) and shape into buns.

Leave for a further 20 -30 minutes to rise in a warm place.

Meanwhile make pastry crosses to place on buns.

Brush with beaten egg or milk.

Bake on Gas Mark 7 for 10 - 12 minutes.

For Glaze:

Put sugar and water into a saucepan and stir over a low heat until sugar has dissolved then boil for 2 minutes.

When buns are cool, brush with glaze.

#### 'Miles for Momo' Mandy's New Year of Fundraising for the Sheep.

Hello everyone, I have started a whole new year of fundraising to help the wonderful small animal sanctuary "The Mirkwood Rest Home for Retired Sheep".

The last 12 months have been extremely tough for the whole world (I lost both my parents during this time). It has also been incredibly hard for small, good causes who do not have big fundraising sets ups or people employed to help them. I have always chosen to support these smaller places where the money goes directly to the animals and I am extremely proud to be dedicating another year of fundraising to help this fantastic place.

During January I completed a virtual running event called 'The Frozen Accumulator'. This involved running the same number of miles for the date of the month from home. So, on 1st January I ran one mile, on 2nd I ran two miles, 3rd three miles, 4th four miles and so on right up to the 31st January. It got harder as the month went on, but I completed it all and managed to run it all too, no walking. In total my January running mileage was 507 miles, I was a bit tired afterwards! That was the first event in my fundraising year, although I could not publicise it via this Journal due to lockdown.

All my Spring Races have been cancelled, and my big target race The Tunnel Ultra has been postponed until September. The Tunnel Ultra involves running 200 miles in darkness through the Coomb cycle tunnel in Somerset. It is a mile long tunnel, so we run up & down 200 times! To date only 10 people have ever finished the event and no women. It has an extremely tough time limit of only 55 hours which will allow no time for sleeping or even a short nap. I am going to give it my absolute best shot and any other events I do in the late spring or early summer will all be part of my training plan.

Momo was a lovely gentle sheep who passed away last December at the sheep sanctuary. I witnessed the last 4 months of her life and the incredibly kind care she received via a daily video. It is for Momo and other sheep like her that I am inspired to raise funds for the Mirkwood sanctuary.

I have a Justgivingpage https://www.justgiving.com/crowdfunding/ mandysheepyfoyster for anyone who may like to donate online. Otherwise, any kinddonations can be posted through our letterbox at 17, Abbey Road, Horsham St Faith, all contributions will be passed directly onto the sanctuary.

The gentleman who runs it, Andy Bailey, does everything voluntarily so every penny raised will go directly towards paying for feed and essential veterinary care for the sheep.

There is a Facebook page for anyone who would like to see more of what goes on: search for the Mirkwood Rest Home for Retired Sheep.

Thank you everyone for your lovely support and encouragement and I will let you know how my training is going in the next Journal

Mandy Foyster

The pupils were studying ancient history and the teacher asked them what each civilisation signified. "What were the Phoenicians famous for?" she asked one of the class After a moments thought they answered "Blinds?"



# GARDENING SERVICES

**Gardening ~ Grass Cutting** 

**Hedge Cutting ~ Fencing** 

# **Tree Maintenance**

Telephone: 07804770969



We have been trying hard to keep the St Faiths Terrain in good condition while we have been waiting for us being allowed to use it again. Hedges have been trimmed, grass has been cut and timber surrounds have been pressure hosed.

We have also been following the government's road map and so, as things stand, we are planning to restart the Norfolk Pétanque County Association League on Thursday 20<sup>th</sup> May 2021.

The season will be sightly shorter than in previous years but we are looking forward to getting going again after such a long shut down

If you have any questions about the game of Pétanque or the Wanderers Club, please call Michael on Norwich 890710

#### Please be Careful and Courteous on your Bike

During these difficult weeks of lockdown, we can at least get some exercise outdoors in the form of walking, jogging or cycling near to home around St. Faiths, where we are privileged to have many country lanes and cycle tracks.

My wife and I are members of the Ramblers Association, so we take regular short walks on most days and we are very familiar with the most popular routes, including for example, Bullock Hill and Quaker Lane.

These lanes are only about the width of a car, so when family groups of two or three are walking together, I'm happy to say that social distancing is always in evidence; the vast majority of people walk or jog in single file when passing others going in the opposite direction.

So what about our friends on bikes? Sorry to say, it is only the minority of cyclists who think to give walkers any warning that they will be overtaken from behind. To be fair, most will slow down, but there are some cyclists on racing bikes who overtake the pedestrians at high speed with no warning. This is totally irresponsible and unnecessary. We've witnessed several "near misses" so far and I feel it is only a matter of time before an avoidable accident takes place.

This appeal to cyclists is clear: Please slow down when pedestrians are ahead; remember they can neither see you nor hear you if they are walking ahead in the same direction. Always ring your bell if you have one and if you don't have a bell, then why not (in good time) sound a friendly "Hi, coming through on your left (or right)" and take special care when small chidren or dogs are part of any walk group. Nobody wants an accident, and just a little courtesy costs nothing.

Thank you, and stay safe.

Cllr. Stan Cutts











# Day Trips & Excursions with IC Travel!

#### Pick-ups including Taverham, Costessey, Thickthorn & Wymondham

Fully escorted trips – Fast, friendly direct service! Refreshments served on board! - Over 20 years' experience - Fully insured

#### May 2021

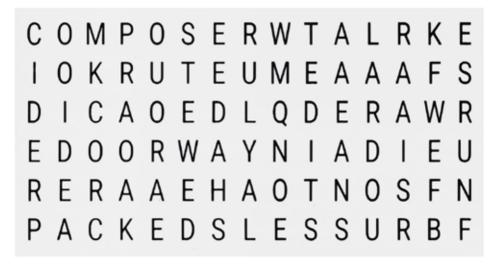
Wed 19 <sup>th</sup> May	Newmarket Stud Show & Dinner	<b>9</b> am	£48
Fri 21st May To Sun 23 <sup>rd</sup> May	Harrogate Flower Show and 7am NY Railway/Whitby	from £2	230
Thurs 27th May	Colchester Zoo	8.30am	£45
Fri 28 <sup>th</sup> May	Springfields Shopping & Quilt Show	8am	£21/£26
Sat 29 <sup>th</sup> May	Aled Jones – Ely Cathedral	2pm	£60
Sun 30 <sup>th</sup> May	Helmingham Hall Craft & Plant Fair	9.30am	£35
June 2021			
Wed 2 <sup>nd</sup> June	Lavenham & Constable Country	8am	£30
Thurs 3 <sup>rd</sup> June	Tina The Musical	8am	£80
Thurs 3 <sup>rd</sup> June	Newark Antiques Fayre	7.30am	£37
Fri 4 <sup>th</sup> June	Music of Bond - Albert Hall	1.30pm	£70
Sat 5 <sup>th</sup> June	Dover Castle 7.30am	£52 (EF	l £31)
Tues 8 <sup>th</sup> June	Kew Gardens & Kew Palace	8am	£45
Wed 9 <sup>th</sup> June	Bury St Edmunds & Market	<b>9</b> am	£20
Thurs 10 <sup>th</sup> June	North Norfolk & East Ruston Old Vicarage Gardens	<b>9</b> am	£35
Fri II <sup>th</sup> June	Jimmy's Farm & Wildlife Park	8.30am	£38
Sun 13th June	Carousel & Lunch – Kilworth House	<b>9</b> am	£102
Mon 14 <sup>th</sup> June To Fri 18 <sup>th</sup> June	Devon & Cornwall 5 Day Break 7am	from £4	195

IC Travel— Unit 4, Beech Avenue, Taverham, Norwich NR8 6HW 01603 868680 See a full list of trips at <u>www.ictravel.co.uk</u>

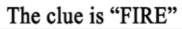
Coach Hire at www.ictcoaches.co.uk Request our latest brochure!

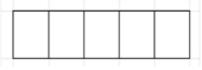


Find the following words in the grid below. They could be Up down, bacwards forwards or diagonal. Once you have found the words, using the "un-used" letters find the answer to the clue at the bottom of the page. "Good Luck"



# You should be left with 5 letters





# **SUDOKU**

There is just one simple rule to Sudoku. Each row, each column and each 3 x 3 box must contain the numbers 1 to 9.

		3	4				7	
4	9				1	3		
8		2		7				5
7			1	3	2			
	3		8		9		1	
			7	4	6			9
1				9	~	6		8
		6	2				9	7
	2				7	5		

#### EASY

#### **FIENDISH**

		5	7					
8				9			6	
1	9	4		3	~			
9		8			×	8 8	1	
6					о С			2
	1					9		5
				5		2	7	3
	3	2		1	×	0.00		6
	8				4	1		

Answers on Page 46

# **M.G.D.Tree & Conifer Surgery**

# CAN'T SEE THE WOODS FOR THE TREES ? CALL MARTIN TODAY !

Mobile 07751 890519

Tree & Conifer Surgery Felling Crown Reduction Trimming Ground Clearance Chipper Hire Free Estimates Competitive Rates Fully Insured N.P.T.C. Certificates

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#### J C Pest Control A local company serving local people

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Tel: 07444113719 johncrouchwildlife@yahoo.co.uk

# **THANK YOU**

#### **BILLY HOWE**

A very bid thank you to everyone who sent me all the lovely cards, flowers, gifts and telephone calls these last few weeks and for all the support given to me from all friends and neighbours. Special thanks to all on the organised rota taking me to see Billy every day. He did appreciate it as well. Also to Rosemary and Ivan for Billy's funeral arrangements, support and advice - people said it was typical Billy. The total donations for Cancer Research is £718.75. Thank you again and God bless you all. Keep safe. Maureen and family

#### ABDUL

I would like to say a big thank you to James, Della and all my family, neighbours and friends for all the lovely cards, flowers and kind wishes that I received after the very sad loss of my husband Abdul.

This was very much appreciated.

Jenny





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### ST FAITHS SHORT MAT BOWLS CLUB

We normally play on Friday evenings and Tuesday afternoons in the Sports Hall at the Centre but are unable to do so at present For more information contact us at stfbowling@btinternet.com

### **ICENI ARCHERS**

We meet every Sunday morning at St Faiths Centre, indoors in the Winter and outdoors in the Summer. For information about times of shooting and beginners courses please contact either: Dave Back our Club Chairperson on 07720 670735 email: davedack2201@yahoo.co.uk or Philip Legood on 07880 703935 or visit our website: https://iceniarchers.co.uk

All enquiries welcome.

### **GOLDEN STARS LINE DANCING**

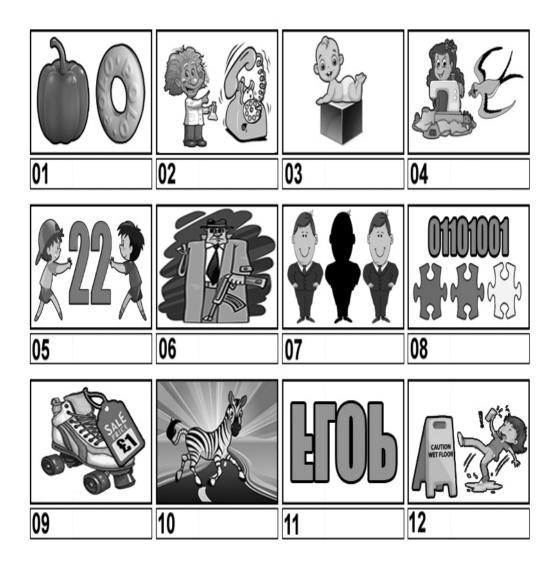
**St Faiths Centre Function Room** 

Cancelled at present but please ring for updates Glenda 01603 890708 Sheila 01603 710778

### **CARDIO DANCE & BODY CONDITIONING CLASS**

St Faiths Centre Function Room Thursday 6.45 p.m. Fun and energetic full body workout - high calorie burner Do come and give it a go! Tel: Denise on 01603 898615 for more details





## **ANSWERS ON PAGE 46**

"LOAD & GO" REMOVALS **HOUSE CLEARANCE OLD KITCHENS & BATHROOMS TAKEN AWAY GARAGE CLEARANCE GARDEN CLEARANCE** SHEDS DISMANTLED & REMOVED **TREE WORK & HEDGING** FENCING PRICES FROM £20 Cheaper than a skip and we do ALL the work **DW Waste Collections** 07737 206507 / 01603 754150

# BURROWS HAIRCUTTERS

@ Waytes House, Church Street, Horsham St Faiths.

\*Small, friendly, professional unisex hairdressers \*Free consultation

\*Paul Mitchell hair products available

\*Trading from Horsham St Faiths for 20 years

## Strictly by appointment Contact Phillip 01603 897899

## PLS BUILDING & GARDEN MAINTENANCE SERVICES

DECORATING AND GARDEN MAINTENANCE

### LAWNS & HEDGES CUT

### PATIOS

GARDEN CLEARANCE AND LANDSCAPE

Tel: 01603 893505

Mobile:07050 129822

## **ST FAITHS CENTRE HIRE**

**FUNCTION ROOM WITH BAR** - Tel: James Matthewson on 01603 897183 after 6pm please Available for Weddings, Parties, etc

MULTI-PURPOSE ROOM - Tel: James Matthewson on 897183 NO BAR – Tea & Coffee making facilities Available for Christenings, Birthday Parties, Funerals, etc £10 per hour but minimum payment of £30

#### **MARGARET'S COMMITTEE MEETING ROOM**

Available to members' non-profit making organisations free-of-charge

#### BADMINTON

Available to MEMBERS ONLY at a cost of £8.00 per hour **SNOOKER ROOM** 

Available to MEMBERS ONLY at a cost of  $\pounds4.00$  per hour

Use of the Sports Hall and Snooker Room is by 'Tokens' available from the Bar For regular users larger amounts of 'Tokens' can be purchased from Della Matthewson Tel:897183 Entry before 7.00 p.m. is by 'Membership Card' To have your mambership card activated for the front door Contact David Rivers Tel: 890111

Bookings are to be made in the Diaries provided in the respective Sports Hall/Snooker Room

#### LEISURE POOL WITH JACUZZI AND SAUNA

Private hire for MEMBERS ONLY at a cost of £12 per hour ALL users must be members and there has to be a minimum of two adults to comply with Health & Safety regulations Reductions available for long-term bookings Bookings to be made at St Faiths Centre Wednesday evenings 7.00 p.m. - 8.00 p.m

## **SALES & SERVICES**

#### SMALL ADS/ANNOUNCEMENTS COST 5p PER WORD TEL: 01603 898120

### ST FAITHS OUTDOOR BOWLS CLUB Blind Lane

Experienced or novice - all are very welcome If you are interested please telephone Janet on 01603 898419

#### **DRAYTON RACING PIGEON CLUB**

This Pigeon Club normally meets at the Centre on Friday evenings and can be contacted as follows: Chairman: David Waller Tel: 01603 427732 Secretary: Stephen Fountain Tel: 01603 891689

A baby had been given the Christian names Alfred Homer When making the entry in the register the minister paused thoughtfully as he came to the second name and asked the proud father if Homer was his favourite Greek poet "Poet, sir?" said the man, bemused "Lord no - I keep pigeons."



#### Hainford Pre-School Learning Alliance

#### Hainford Village Hall, Hall Road, Hainford

Is your child ready for pre-school?

Are you looking for a happy and stimulating environment?

Week days term time 9.15pm- 12.15pm Mondays and Wednesday 9:15pm-3:15pm For children aged 2 to school age Only £9.50 per session until Government funded

We can offer:

- A safe, secure and friendly environment
- Qualified, friendly and dedicated staff
- Play-based learning linked to the Early Years Foundation Stage (EYFS)
- Support with toilet training
- Free no obligation introductory session
- OFSTED rating of 'Good'
- Good links with Hainford Primary Partnership School

For more information please call Pre-School Supervisor, Becky, on **07896202657** or email us at hainfordpreschool1@gmail.com

Take a look at our website www.hainfordpreschool.co.uk or find us on Facebook





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## **St. Faiths Centre**



Manor Road, Horsham St. Faith, NR10 3LF

Comfortable lounge bar available for private, daytime hire Situated next to the Crematorium Gardens of Remembrance We are happy to tailor our menus to suit your individual requirements

#### Menu 1 £8.00 per head

Tea, filter coffee (including refills) and biscuits

Selection of sandwiches (ham, beef, tuna mayo, egg mayo, cheese etc)

Sausage rolls, selection of pickles, cheese straws and crisps

Selection of homemade cakes - or scones served with clotted cream and conserves.

#### Menu 2 £9.00 per head

As menu 1 plus:

Assortment of Meat and Vegetarian Quiche slices

Scotch eggs

#### Menu 3 £10.00 per head

As menu 2 plus:

Chicken satays with Thai sweet chilli dip.

Locally sourced pork chipolatas with Chipotle sauce

#### Additional Menu choices – prices extra per person

Vegetable Samosas 80p Cheese and Pineapple on sticks 80p Pizza Slices 80p

Gala or Ascot Pork pie £1 Vegetarian Sausage Rolls 80p

Vegetable spring rolls 80p Cheese board £2

#### Supplied by Pottergate Pantry

Tel: 01603 630807 Monday – Friday 8am – 3pm, or Saturday 9am -12.30pm ask for Carl Or email: <u>order@pottergatepantry.co.uk</u>

Please Note: We cannot cater for any wakes on Friday mornings. The room hire is included in the above prices for 2 hours from arrival, bar service is included for wakes over 40 guests, smaller parties incur a small surcharge

Please inform us of any dietary requirements at the time of booking

## SIR RICHARDS OWN SCOUT GROUP



#### **SCOUTS, CUBS & BEAVERS**

For information please contact the Group Scout Leader Mike Gleeson at gsl@hsfscouts.org







Monday. Tuesday, Thursday & Friday 9 am - 12 noon & 12 noon - 3 pm £14.50 per session until nursery funded Breakfast Club: Monday & Thursday 8 - 9 am (£4 a session includes breakfast and drink) After School Club: Monday & Thursday 3 - 3.30 pm £2 a session includes snack and drink) Good links to St Faiths C of E Primary School Safe, secure and exciting environment in well equipped room Qualified, experienced and friendly staff. Strong links with parents Personalised learning, development and care to help children to get the best possible start in life A broad and balanced curriculum of the Early Years Foundation Stage Employee Childcare Contributions accepted For further information and to book a place please contact Mandy Clarke (Manager) 07763 178190

#### ~ ~ ANSWERS TO DINGBATS ~ ~

- 1 Peppermint
- 2. Smart Phone
- 3. New kid on the block
- 4. Taylor Swift
- 5. Put two and two together
- 6. One arm bandit

- 7. Cut out the middle man
- 8. Bits and pieces
- 9. Cheap skate
- 10. Zebra crossing
- 11. .Flip Flop
- 12. Slippery when wet

#### ~~ ANSWERS TO SUDOKU ~~

EASY

6	5	3	4	2	8	9	7	1
4	9	7	5	6	1	3	8	2
8	1	2	9	7	3	4	6	5
7	6	9	1	3	2	8	5	4
2	3	4	8	5	9	7	1	6
5	8	1	7	4	6	2	3	9
1	7	5	3	9	4	6	2	8
3	4	6	2	8	5	1	9	7
9	2	8	6	1	7	5	4	3

#### FIENDISH

2	6	5	7	8	1	3	9	4
8	7	3	4	9	2	5	6	1
1	9	4	6	3	5	7	2	8
9	4	8	5	2	3	6	1	7
6	5	7	1	4	9	8	3	2
3	1	2	8	6	7	9	4	5
4	8	1	9	5	6	2	7	3
7	3	9	2	1	8	4	5	6
5	2	6	3	7	4	1	8	9





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