

# Special Edition

For the Summer Solstice June 21, 2020 Ordination

Sanctuary of the Universal Spiritual Circle



Your Universal Spiritual Circle:

A Step-By-Step Guide

Compiled by Rev Patricia Price for the  
Sanctuary of the Universal Spiritual Circle

An Interfaith Spiritual Organization

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For the  
Sanctuary of the Universal Spiritual Circle An Interfaith Spiritual  
Organization

[www.SanctuaryOfTheUniversalSpiritualCircle.com](http://www.SanctuaryOfTheUniversalSpiritualCircle.com)

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Dedication

I dedicate this book to the mission of the Sanctuary of the Universal Spiritual Circles: 33 the Master Number of the global communication of loving kindness on our planet Mother Earth.

Acknowledgements

I acknowledge all of you who have sat in the sacred circles of life with me and taught me non-judgment, unconditional love and non-attachment. I am still participating in circles and still learning. Thank you. This book would not be possible without you.

# Your Universal Spiritual Circle:

## A Step-By-Step Guide

### Part 1

“A circle is the reflection of eternity. It has no beginning and it has no end and if you put several circles over each other, then you get a spiral.”  
Maynard James Keenan

Indeed, it seems that for as far back as we are able to look into human history, the circle has been one of our most central visual metaphors for cycles of life. Humans have honored circles from our early maps of the cosmos to the ruins of ancient civilizations where we find circle of huge stones, sacred circular buildings and tall cylindrical towers.

The Universal Spiritual Circle is patterned after an ancient form of fellowship where humans gathers to fulfill their potential for spiritual expression. Human beings have met with others with similar hearts and minds for thousands of years. In some places on Earth this tradition remains unchanged and active, but in most civilized cultures, it has been almost forgotten. This very human activity of ‘the circle’ has come back to take us forward. The Universal Spiritual Circle is a modern way of meeting together that calls on this old tradition and helps people gather in small groups to fulfill their potential for spiritual expression, replenishment, personal development and wisdom-based evolution.

The Universal Spiritual Circle gathers people together of ‘like mind and heart’ to sit in the form of a circle, seated in chairs or on the floor or on the Earth. Group members in the circle are able to see each other and therefore be able to hear each other easily. The circle is formed as perfectly round as possible to contribute to this visibility for all who are seated. The circle is in itself very democratic. Everyone in the circle is an equal. All seats are a part of the circle and everyone has an equal part. All members have an opportunity to express, give their voice and contribute to the enlightenment of the group.

The process for sitting in the circle includes establishing who sits in the circle, the time allocation for each person to have the opportunity to talk within the circle, and a designated facilitator.

The use of agreements allows all members to have a free and profound exchange, to respect the diversity of members, and to share the responsibility to ensure the well-being of the group by keeping the process directed toward the 'highest and best' consciousness and the integrity of the circle's intent.

The following agreements may be part of your circle.

1. Set a specific time and place for the circle. Make an appointment with the Universe.
2. Prepare for the circle by taking good care of your physical, mental, and spiritual expressions of life. Get plenty of rest, eat using your common sense, cleanse your thoughts and words of negativity to the best of your ability. If it is possible, engage in a short period of meditation or prayer the day of the circle.
3. Bring a gift to the circle as an expression of gratitude for that which you will receive. The tradition of the circle is giving and receiving. If there is a donation of money for the circle, you may feel that is the gift you give. You may want to bring food or drink to share with others, incense, flowers, a candle. Your choice may be a small personal gift for the host or hostess. If there are pets you may want to bring healthy treats to share with them or seeds, grain, or nuts to be scattered over the earth for the birds and squirrels.
4. Sitting on straight chairs seems to be most popular in our culture. Put the chairs in a circle. Some may wish to sit on floor in a circle. Many of you will be sitting in a circle in a living room with a combination of soft furniture and straight chairs.

5. It is traditional to put a glass of water near your chair in the circle and drink it after the circle. You may choose to put a bottle of drinking water near you. The positive nature of the meeting will charge the water for your health and well-being.
6. Time before the circle starts can be set aside for chatting and sharing.
7. Sitting in the circle alternating man-woman-man-woman balances the energy. Also, married couples, companions, partners, roommates and close friends are best sitting on opposite sides of the circle and seems to balance best. An experienced intuitive can help with balancing the circle's energy before it begins.
8. Sitting alternating man-woman-man-woman balances the energy. Also, married couples and companions, partners, roommates, close friends on opposite sides of the circle seems to balance best. An experienced intuitive can help with balancing the energy.
9. A good way to start the circle is sitting straight in whatever chair you are in, relax your mind and body, feet flat on the floor, hands with palms up or down on lap. If you are sitting on the floor, make sure that your back is straight.
10. Connect the energy in the circle by holding hands during an inter-faith prayer or asking each member to be aware of the unseen connection between each and every member. Be aware of the love that is present. Open with a prayer of gratitude for the opportunity of the meeting and those who are gathered. **Ask for only the 'highest and the best' to be present.** Close the prayer with the acknowledgement that Divine Order will prevail.
11. Singing uplifting songs, guided meditation, and silent meditation may follow. **Raise the frequency and vibration by doing this.**
12. The Seven-Step Process, explained in Part 2, may be shared or you may agree on a planned subject of discussion or lesson.

13. Sharing inspiring comments and/or inspirited messages can be spontaneous or a leader may ask in order around the circle if a member has something to share about the meditation or other part of the evening's activities. If members share in turn, then at the end, the leader can ask if anyone has anything additional to add.

14. When everyone has shared, someone may be asked to lead a brief peace and healing session. Healing can be both received and sent out during this session. Don't forget healing for our Mother the Earth and peace throughout the Universe, starting with peace in the hearts of each member present. Sending out forgiveness to self and others is often the best healing and peace enhancement.

15. Close with a prayer of gratitude for the benefits received from this circle and asking for blessings as each member continues his or her life.

16. Go in peace listening to that still small voice within you that is guiding you in the light on your path.

17. Although eating and socializing were often done after by religious groups, more ancient traditions ended the circle in silence with the high consciousness continuing for hours or even days after the circle.

18. When you feel it is in Divine Right Timing, start your own circle.

# The Universal Spiritual Circle

## Part 2

### The Seven-Step Process

#### Higher Consciousness Group

One person acts as the reader and reads the bold print for the group: ***Higher Consciousness is an Infinite Presence of Intelligence, all powerful and you are part of this presence and power. This presence and power responds to you in a loving and personal way through the Universal Law of Attraction. Ask and it shall be given. Let us read the "Statement of Natural Law" as follows.***

#### Statement of Natural Law

"My Higher Consciousness is aware of the Truth,  
The Universe is both Visible and Invisible,  
There is an Infinite Presence of Intelligence Within Me ,  
There is an Infinite Presence of Intelligence all around Me .  
I am an Individualized Expression of this  
One Presence, One Mind, One Power.  
Infinite Intelligence is All There Is,  
Perfect Life, Perfect Substance and Perfect Love.  
I am ever One with the Creator...  
Perfect Life, Substance and Love."

**Reader Reads “A higher Consciousness Group is not formed for members to solve each others problems, but rather, to transform challenging concerns, healing needs, and special projects in one’s life to a higher level of consciousness and frequency through awareness of Universal Law. The purpose of the group is to establish contact with your Higher Consciousness, which is within and all around you. The group uses the Universal Power working in it and through it.**

**A Higher Consciousness Group meets once a week or once a month. The meeting can be held in a work place, a restaurant, home, park, garden or any other suitable place. Meetings are kept to the short format outlined here and never should be lengthy. The ideal size of the group is between two and seven members, but a larger group can be organized.**

**There may be a short sharing time at the beginning of the meeting, to exchange the positive progress of the members. This helps establish an environment of success, excitement, enthusiasm, and positive expectancy.**

**The reader states the name of each step on the master page and everyone reads the steps together until the words “I ask...” in Step # 5. As the steps are read, the members speak directly to the Universe in the presence of the group.**

**Each person takes turns in asking the Universe. The person whose turn it is, asks for help or guidance in a challenging area, healing need or special project. The Universe is infinite and abundant. The Universe is our supply. Each person may ask for as much as they desire. This is an abundant Universe. Members of the group, one at a time, affirm out-loud for the person who has asked:**

***“I know that the Universe has heard you and you are receiving and experiencing everything that you have asked for, NOW.”***



**The members of the group give their full attention to the asking member and affirm silently before their turn to affirm verbally. (If the group is larger than seven, have only the next three members in the circle around the room affirm for asking members, until each person has had the opportunity to ask something from the Universe and to receive verbal affirmations from the next three members of the group.) When everyone has requested help and guidance, the reader goes to Step # 6 and everyone reads together. After Step # 7 is read, there is a moment of silence. “**

## **Master Page**

### **Seven Steps To Your Higher Consciousness**

**Step 1: Surrender:** "I admit that no one can do it for me. I am responsible for my own life. Free Will and Choice are my birthright."

**Step 2: Believing:** "I now come to believe that there is a Creative Intelligence and Power within me, responding to me and of which all things are possible... It is not I, ego personality, but the spirit within me, Innate Individuality, who does the work of Higher Consciousness."

**Step 3: Deciding:** "I make a decision to place myself completely under the influence and direction of the Universe. I ask my Higher Consciousness to take complete charge of my life, and to guide me forward in my Progression here in this life now."

**Step 4: Releasing:** "To establish my Conscious Contact, I get honest with myself as never before, willingly admitting and releasing all mistaken judgments and negative emotions that I have directed toward myself and others."

**Step 5: Asking:** "I speak directly to the group and the Universe about my challenging area, healing need, or special project important to my life, asking for Help and Guidance."

'I ask\_\_\_\_\_.'

(Others affirm for you: 'I know the Universe has heard you and you are receiving and experiencing everything that you have asked for, NOW.')

**Step 6: Gratefully Receiving:** "I give thanks that the Universe has responded to my every need and that my life has been Divinely Guided to a Higher Consciousness."

**Step 7: Dedication and Covenant:** "I now have a Covenant with my Higher Consciousness and I go out into my life with a spirit of Enthusiasm, Excitement, and Expectancy. It is agreed that the Universe supplies me with an Abundance of all things necessary to fulfill my every need, without me making any of these things the object of my existence. I am at Peace."

Note: You and your Higher Consciousness Group may want to substitute the word(s) Holy Mother, God, Allah, Krishna, Buddha, Divine Mother, Goddess, Jesus, Great Spirit, Universe, Cosmos, Infinite Intelligence, Creator or more familiar word(s) for any of the word(s) in the process. This process is not about a belief system it is about Natural Universal Law. It is an Inter-faith process. Enjoy every step of the way as you progress and manifest ... **Heaven on Earth.**

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### *Using This Journal*

Use the numbered meeting pages of this journal to record your progress, awareness and feelings. Every meeting keep track of the highlights of your Seven-Step meeting. Throughout the time between meetings write down thoughts as they come to you. Occasionally, look back over what you have written. The numbered meeting pages follow to record 12 meetings and then you can use a separate notebook or journal.

Above all, enjoy the process as it unfolds your Higher Consciousness and manifest your **Fondest Dreams.**

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### Meeting 1

Meeting 2

Meeting 3

Meeting 4

Meeting 5

Meeting 6

Meeting 7

Meeting 8

Meeting 9

x

Meeting 10

Meeting 11



## Meeting 12

Your Universal Spiritual Circle :

Part 3

Songs for Your Universal Spiritual Circle

**I'm Looking Over A Four Leaf Clover**

[Emmy Rossum](#)

I'm looking over a four-leaf clover that  
I overlooked before

One leaf is sunshine, the second is rain  
Third is the roses that grow in the lane  
No need explaining, the one remaining  
It's somebody I adore

I'm looking over a four-leaf clover  
That I overlooked before

I'm looking over a four-leaf clover  
That I overlooked before

One leaf is sunshine, the second is rain  
Third is the roses that grow in the lane  
No need explaining, the one remaining  
It's somebody I adore

I'm looking over a four-leaf clover  
I overlooked before

I'm looking over a four-leaf clover  
That I overlooked before

One leaf is sunshine, the second is rain  
Third is the roses that grow in the lane  
No need explaining, the one remaining  
It's somebody I adore

I'm looking over a four-leaf clover  
I overlooked before

I overlooked before

I overlooked before.

### **Row, Row, Row Your Boat**

(The world's most spiritual song)

Row, row, Row your Boat

Gently Down The stream.

Merrily, merrily, Merrily, merrily,

Life is but a dream.

### **Land of the Silver Birch**

My paddle's keen and bright

Flashing like silver

Swift as the wild goose flight

Dip, dip and swing

Dip, dip and swing her back

Flashing like silver

Swift as the wild goose flight

Dip, dip and swing, Dip, dip and swing, Dip, dip and swing.

Land of the silver birch

Home of the beaver

Where still the mighty moose

Wanders at will

Blue sky and rocky shore

I will return once more

Boom-diddy-a-da, Boom-diddy-a-da, Boom-diddy-a-da, bo-oo-oom

High on a rocky ledge, I'll build my wigwam  
Close to the water's edge, Silent and still  
Blue lake and rocky shore, I will return once more  
Boom-diddy-a-da, Boom-diddy-a-da, Boom-diddy-a-da, bo-oo-oom

My heart grows sick for thee, Here in the lowlands  
I will return to thee, hills of the north  
Blue sky and rocky shore  
I will return once more  
Boom-diddy-a-da, Boom-diddy-a-da, Boom-diddy-a-da, bo-oo-oom

Swift as a silver fish , Canoe of birch bark  
By mighty waterways, Carry me forth  
Blue sky and rocky shore  
I will return once more  
Boom-diddy-ah-da, Boom-diddy-ah-da, Boom-diddy-ah-da, bo-oo-oom

High as an eagle soars  
Over the mountains  
My spirit rises up, free as a bird  
Blue sky and rocky shore  
I will return once more  
Boom-diddy-ah-da, Boom-diddy-ah-da, Boom-diddy-ah-da, bo-oo-oom

Land of the silver birch  
Home of the beaver  
Where still the mighty moose  
Wanders at will  
Blue sky and rocky shore  
I will return once more  
Boom-diddy-ah-da, Boom-diddy-ah-da, Boom-diddy-ah-da, bo-oo-oom

## **There's a Long Long Trail Winding**

Nights are growing lonely,  
Days are very long;  
I'm a-growing weary  
Only list'ning for your song.  
Old remembrances are thronging  
Thro' my memory, Thronging till it seems  
The world is full of dreams, Just to call you back to me.

There's a long, long trail a-winding  
Into the land of my dreams,  
Where nightingales are singing  
And a white moon beams:  
There's a long, long night of waiting  
Until my dreams all come true;  
Till the day when I'll be going down  
That long, long trail with you.

All night long I hear you calling,  
Calling sweet and low;  
Seem to hear your footsteps falling  
Ev'ry where I go.  
Tho' the road between us stretches  
Many a weary mile,  
Somehow I forget  
That you're not with me yet  
When I think I see you smile.

There's a long, long trail a-winding  
Into the land of my dreams,  
Where nightingales are singing  
And a white moon beams:  
There's a long, long night of waiting  
Until my dreams all come true;  
Till the day when I'll be going down That long, long trail with you.

## **Home on the Range**

Oh, give me a home where the buffalo roam  
Where the deer and the antelope play  
Where seldom is heard a discouraging word  
And the skies are not cloudy all day  
Home, home on the range  
Where the deer and the antelope play  
Where seldom is heard a discouraging word  
And the skies are not cloudy all day

How often at night where the heavens are bright  
With the light of the glittering stars  
Have I stood there amazed and asked as I gazed  
If their glory exceeds that of ours  
Home, home on the range  
Where the deer and the antelope play  
Where seldom is heard a discouraging word  
And the skies are not cloudy all day

Then give me a land where the bright diamond sand  
Flows leisurely down to the stream  
Where the graceful white swan goes gliding along  
Like a maid in a heavenly dream  
Oh I would not exchange my old home on the range  
Where the deer and the antelope play  
Where there seldom is heard a discouraging word  
And the skies are not cloudy all day.

## **In the Garden**

(First verse for the Divine Masculine: He, Second Divine Feminine: She and the last for the Arc Angels: They)

I come to the garden alone  
While the dew is still on the roses  
And the voice I hear, falling on my ear  
The Son of God discloses  
And He walks with me  
And He talks with me  
And He tells me I am His own  
And the joy we share as we tarry there  
None other has ever known.

She speaks and the sound of Her voice  
Is so sweet the birds hush their singing  
And the melody that She gives to me  
Within my heart is ringing  
And She walks with me  
And She talks with me  
And She tells me I am Her own  
And the joy we share as we tarry there  
None other has ever known.

I'd stay in the garden with them  
Though the night around me be falling  
But they bid me go through the voice of woe  
Their voices to me are calling  
And They walk with me and They talk with me  
And they tell me I am Their own  
And the joy we share as we tarry there  
None other has ever known.

**Jingle Bells** ( This was a song in the Home Circles in Lily Dale 50 years ago and especially the full trance mediums of that time used it. )

Dashing through the snow  
In a one horse open sleigh  
O'er the fields we go  
Laughing all the way  
Bells on bob tails ring  
Making spirits bright  
What fun it is to laugh and sing  
A sleighing song tonight  
Oh, jingle bells, jingle bells, Jingle all the way  
Oh, what fun it is to ride  
In a one horse open sleigh  
Jingle bells, jingle bells, Jingle all the way  
Oh, what fun it is to ride  
In a one horse open sleigh.

**Every Little Cell of My Body Is Healthy**(We meet Tuesdays at the home of Jenny in California. Our friend, Ann, there showed us how to sing and dance to this song. We danced by pointing to our bodies, bending at the waist and rolling our hands while moving up the body and then reaching for the sky. She called it the 'Happy Dance".)

Every little cell of my body is happy,  
Every little cell of my body is well.

I am so happy, I am so glad,  
Every little cell of my body is well.

Every little cell of my body is healthy,  
Every little cell of my body is well.

I am so healthy, I am so glad,  
Every little cell of my body is well.



## Raise Up

♩ = 80

TJ Hopkins



We come here to-day to hear see and feel love from be- yond in- spire lift and heal  
 We gath -er a- round we greet each by name start to raise up be- gin with a flame  
 There are a few things for us to get start'd we can raise up to dearly de- par- 'd

4. Wait for the teachers  
 Whose wisdom abounds  
 Guide us up  
 To sing out these sounds

5. Soul shines from within  
 Shows which is the way  
 To raise up  
 More with each day

6. Listen for a steady beat  
 Breath in deep and long  
 We raise up  
 Let's ring out our song

7. Earth's beat in our chest  
 Will stop when we're done  
 Raising up  
 Along with the sun

8. Four winds from afar  
 Come into our lungs  
 Let's raise up  
 Sweet song from our tongues

9. These bodies passed down  
 From eons of kin  
 Humans raise up  
 It's time to begin

10. To all those who've helped  
 We bring our high praise  
 Raise you up  
 For the rest of our days

11. We came here today  
 To hear see and feel  
 Love from beyond  
 Inspire, lift and heal

A song written in 2019 by Tiffany Hopkins from Lily Dale, NY

In your Universal Spiritual Circle have fun and create lots of outrageous joy as a spiritual family.

**Rev Patricia L. Price** is an author, teacher and spiritual leader. She has been a registered medium in Lily Dale for over 35 years. Her formal education includes a Masters Degree from SUNY at Fredonia. Rev Patricia is an Ordained Minister and certified healer. Lily Dale has been Patricia's Spiritual home for 50 years and she has owned her house in the Dale for 40 years. She founded the Inter-Faith Organization called The Sanctuary of the Universal Spiritual Circle to reach out into the global community for the purpose of creating spiritual families and communities everywhere that promoted love. Patricia is Director of the Trilogy Institute where she teaches Mediumship, Spiritual Healing and Ministerial Training. She has books and CDs available in the Lily Dale bookstore and on Amazon.com. She offers home study courses, teaches in-person and on-line. Patricia is an international lecturer and teacher. In the last thirty years she has taught metaphysical topics in Canada, Egypt, Greece, Ireland, Peru, Italy and England. Patricia is well known for her warmth and clarity as a teacher and spiritual leader.

## Appendix – The Sanctuary of the Universal Spiritual Circle

### Sanctuary of the Universal Spiritual Circle

Legally incorporated and chartered by the State of New York in 1998

[www.SanctuaryoftheUniversalSpiritualCircle.com](http://www.SanctuaryoftheUniversalSpiritualCircle.com)

### A Religious Organization Is Its People

We are a group of spiritually minded people meeting in Interfaith Spiritual Circles around the world. We usually meet in homes. The size of our circle groups is small and we welcome everyone who wants to be a part of a Spiritual family. **We are inclusive, not exclusive. We welcome everyone.** Many of us have birth families that are on the same spiritual path that we are on, so all of us sit in our Spiritual Circle together. Others of us find that our birth families are not on the same spiritual path and so we sit in a circle with those who are like-minded with us.

All Spiritual paths lead to The Source of Love, Light and Healing in this Universe, so we send blessings to all and affirm our gratitude for freedom of religion and free speech. We come together in our Spiritual Circles to be a family to each other, celebrate together and to share our sorrows and joys.

### Our Spiritual Leaders

Our Spiritual Leaders may be called Ministers, Priests, Priestesses, Clergy, Reverends, Pastors, Mother, Father, Brother, Sister, Rabbi, Teacher, or other appropriate titles; they are ordained in this Spiritual Organization each year on a Sunday on or before or after the Summer Solstice. There is no judgment associated with this ordination.

The person who wishes to be ordained is attracted to living Love and teaching Love. Those being ordained are allowed to legally marry couples and must check with the government office that issued the marriage license of the couple to be married. The wedding location will determine if they need to register in that city, county or state. The government office that issues marriage license will let you know if you need to do additional authorizations.

All ceremonies, except weddings, do not need ordination or legal status. You are free to do other spiritual and religious ceremonies of any kind.

The Divine Male, Divine Female and Divine Child are represented in our Ordination. We are called to our ministry in the Sanctuary of the Universal Spiritual Circle. We are called to live Love and teach Love, while creating Spiritual Families to support each other in this life, now.

Our Religious Organization, like many traditional religious bodies today, uses the Order of Melchizedek as a principle for our ordination, representing the Divine Masculine. The Ancient Order of Melchizedek refers to the clergy being called to service rather than being born into the appropriate family lineage. We also use the Ancient Order of Goddess and the Order of the Aeon for the New Era.

Our Religious Organization uses the Ancient Order of Goddess to represent the Divine Feminine as a principle for our ordinations. This Order teaches that beauty and truth are sacred and that one enhances the other. As one finds awareness in beauty, one is given awareness in truth and as one finds awareness in truth one is given awareness of beauty. This was taught through thousands of years of history throughout Egypt and Mesopotamia and into Greece. Even on the North American continent the principles of truth and beauty are linked and taught by the ancient Pueblo Peoples such as the Hopi Peoples and also the Navajo Peoples. We correlate truth and beauty.

Our Religious Organization uses the New Era Order of the Aeon to represent the Divine Child. This order teaches us to use the child-like (not childish) principles of creativity and openness to loving kindness that is now the gateway to this New Era of 2000 years of peace and prosperity for all of us on our Planet, the Earth, our Home as a Spiritual Family.

### **Our By-Laws**

One of our most important by-laws is that we will never be organized. Organized religions tend to drift away from being tolerant and compassionate. We choose to be tolerant, compassionate and loving.

### **The Master Number 33**

We resonate with the master number 33. The master number 33 is the number that vibrates with the energy of world communication, global messages. We will communicate important messages to the world in our ministries. These messages will be communications of love that will facilitate the world being a better place to live for all beings. **We affirm 2000 years of peace and plenty** for the earth and all creation. **Let us walk in this beauty and truth.**

### **KISS Motto**

Keep it simple and spiritual is our motto.

**SOTUSC Officers**

Rev. Patricia Price

Rev. Kathy Doerflinger    Rev. Kurt Doerflinger

Rev. Jacqueline Lunger    Rev. Tony Kozlowski

Ursula Schmirl    Rev. Brian Allman

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**SOTUSC Website**

[www.sanctuaryoftheuniversalspiritualcircle.com](http://www.sanctuaryoftheuniversalspiritualcircle.com)

## **Principles of the Sanctuary of the Universal Spiritual Circle**

We are a interfaith, intergalactic spiritual organization and we use these principles as guidelines.

1. We all have a God of our own understanding.
2. We believe that God is love.
3. We believe that God is all there is.
4. We affirm the divine right of individuals to seek the truth within their own hearts.
5. We declare ourselves to be free-thinkers acknowledging the unfolding nature of the truth for ourselves and those around us.
6. We affirm that life is eternal.
7. We believe that spiritual progression is eternal and infinite , therefore the gateway to reformation is never closed to any soul here or hereafter.
8. We believe that there is communication between all planes of existence.
9. We affirm that the ultimate expression of loving God is to act and think with loving kindness.
10. We believe in personal responsibility and that individuals create their own reality of happiness or unhappiness according to Universal Natural Law.

**We encourage our ministers to create there own home circle and spiritual family of 15 people or less. The book, *Your Universal Spiritual Circle : A Step by Step Guide*, outlines how to start your own circle.**

Our purpose and intent is to create spiritual families for all those who desire to be a part of a supportive group of people practicing loving kindness.

