

# Membership Meeting May 5, 2023

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### Thank You….

Todd Brinkley for providing our meeting space at [Chesapeake Regional’s Lifestyle Center](https://chesapeakeregional.com/locations/lifestyle-health-fitness-center) and

Kate Powell from [Tidewater Arts Outreach](https://tidewaterartsoutreach.org/) for sponsoring the breakfast.

Guest Speaker:

Joann Mancuso, [NAMI](https://www.nami.org/Home) (National Alliance on Mental Health)

### Unfinished Business

2023 Stuffed Animal Drive Ended with 305 bears! Special thank you to the Zeta’s for helping us exceed our goal of 300.

### Reminders:

* Let Jennifer know if you would like to speak at, or sponsor a breakfast for, an upcoming meeting. There are only 2 months left in this calendar year to fill up.
* If you wish to attend more than 2 meetings, we request that you become a member.

### NEXT MEETING

Friday, June 2, 2023
Guest Speaker: Michelle Morgan-Jackson, CIBH (Coping Skills)

Breakfast Sponsor: Commonwealth Senior Living

Location: [Chesapeake Regional’s Lifestyle Center](https://chesapeakeregional.com/locations/lifestyle-health-fitness-center)