

HUNTER METHOD OF HEALING

The Neck Thing: TNT

Gently place both hands on the neck with your fingers on the upper spinal column.

Your palms should be on the side of the neck where the carotid artery is located.

Your thumbs should be on the temporomandibular joint. The jaw area.

Ask the person to slowly turn their face to the left and to the right and back and forth.

While they are doing this, command the muscles, tendons, ligaments, and nerve endings to be healed. Do the same for the spine, vertebrae, discs, pads, and cartilage.

Command healing to take place for the specific problem the person has asked prayer for, i.e. ruptured disk, neck pain, TMJ etc.

Use the following to command healing.

“I release healing into the muscles, tendons, ligaments, and nerve endings. Be adjusted and aligned in Jesus name.” Always ask the person to respond by saying, “Thank you Jesus”.

“I release healing into the spine, vertebrae, discs, pads, and cartilage. Be adjusted and aligned in Jesus name.” Have the person respond by saying, “Thank you Jesus”.

“I release healing into _____, (name the specific request for prayer i.e. ruptured disc, neck pain, TMJ etc.), in Jesus name.” Remind the person respond by saying, “Thank you Jesus”.

NOTE: It's easier to pray in sections rather than trying to pray for everything at once. By praying for each section and then asking the person to respond by saying thank you Jesus, you are requiring the person to activate their faith.

Always remember that you can repeat this process more than once if required.

The Arm Thing: TAT

Ask the person to stand up straight putting their feet together.

Have them stretch out their arms, bringing their hands together with the fingers lightly touching.

Check the fingertips to see if they are even.

If the length of the arms is uneven, then the fingers of the longer arm will come out farther than those on the shorter arm.

Begin to command healing in the following manner.

“Arm grow out. Stretch forth. Be of equal length. I release healing into the muscles, tendons, ligaments, and nerve endings. Be adjusted and aligned in Jesus name.” Have the person respond by saying, “Thank you Jesus”.

“I release healing into the spine, vertebrae, discs, pads, and cartilage. Be adjusted and aligned in Jesus name.” Have the person respond by saying, “Thank you Jesus”.

“I release healing into _____, (name the specific request for prayer i.e. back pain, arm pain, etc.), in Jesus name.” Remind the person to respond by saying, “Thank you Jesus”.

Always remember that you can repeat this process more than once if required.

The Pelvic Thing: TPT

Place your hands on top the pelvic bone or what is commonly referred to as hip bones.

NOTE: If you are ministering TPT to someone of the opposite sex, have someone on the team who is of the same sex lay their hands on the pelvic bones or ask the person to lay their own hands on the pelvic bones if no one is available.

Begin to command healing in the following manner.

“Pelvic bones rotate in and rotate out. Pelvic bones be the same height. Sacrum shift forward and shift backward.”

“I release healing into the muscles, tendons, ligaments, and nerve endings. Be adjusted and aligned in Jesus name.” Have the person respond by saying, “Thank you Jesus”.

“I release healing into the spine, vertebrae, discs, pads, and cartilage. Be adjusted and aligned in Jesus name.” Have the person respond by saying, “Thank you Jesus”.

“I release healing into the organs and be adjusted and aligned in Jesus name.” Have the person respond by saying, “Thank you Jesus”.

“I release healing into _____, (name the specific request for prayer i.e. bladder, kidneys, etc.), in Jesus name.” Remind the person to respond by saying, “Thank you Jesus”.

Always remember that you can repeat this process more than once if required.

The Leg Thing: TLT

Ask the person to sit erect in a straight chair.

Have the person extend their legs as straight forward as comfortably possible. Do not force legs when pain is present. Gentleness is what we are all about and we don't want to cause pain, we want to get rid of the pain.

Hold their feet so that your fingers support the legs from beneath. You can often see the adjustment needed by looking at the bottoms of the shoes, or by putting your thumbs on the ankle bones. The thumbs should be positioned so that the inside tip of the thumbs is exactly on top of the peak of the inside ankle bones on both legs. Thumbs should be held parallel and perpendicular, pointed straight at the floor.

Begin to command healing in the following manner.

“Leg grow out. Stretch forth. Be of equal length. I release healing into the muscles, tendons, ligaments, and nerve endings. Be adjusted and aligned in Jesus name.” Have the person respond by saying, “Thank you Jesus”.

“I release healing into the spine, vertebrae, discs, pads, and cartilage. Be adjusted and aligned in Jesus name.” Have the person respond by saying, “Thank you Jesus”.

“I release healing into _____, (name the specific request for prayer i.e. back pain, arm pain, etc.), in Jesus name.” Remind the person to respond by saying, “Thank you Jesus”.

Always remember that you can repeat this process more than once if required.