ICAN provides training to meet a range of learning and development needs:

Foundation Knowledge - courses providing description and explanation, illustrated by practice examples.
Advanced Knowledge – gaining in-depth knowledge of creative ability through exploring theoretical and philosophical underpinnings of the VdTMoCA in relation to practice (see pages 6-8).

Online training

- ✓ Everything is in one place and easy to access 24/7 from a PC, laptops, tablets.
- ✓ Work at your own pace
- ✓ Track your progress
- ✓ Access the modules at any time as many times as you want over a four-week period
- ✓ Blend of teaching-learning approaches
- ✓ Collaborative and shared learning opportunities
- ✓ Narrated modules with examples from practice
- ✓ Workbook containing all essential information and space for note writing and doing course learning exercises. The workbook is also a post-training information resource containing templates and practice examples.
- ✓ Additional resources: quizzes to test knowledge; FAQs about the VdTMoCA; YouTube video on how to get started with the model post training; YouTube video overview of the VdTMoCA for all MDT staff and students
- ✓ Course completion certificate
- ✓ ICANcreativityBuzz emails providing news and updates on the VdTMoCA, events, resources

Full Vona du Toit Model of Creative Ability (VdTMoCA) training for Occupational Therapists (online)

£335 (no VAT to add) **or up to 45 staff in a 12-month period for £3300** (see p6)

This is a 3-day Foundation Knowledge level course. The objectives, and therefore the learning outcomes are:

- Describe and explain the Vona du Toit Model of Creative ability, its theoretical concepts and assumptions
- Explain how creative ability is assessed and how the overall level and phase of creative ability is concluded
- Explain how to select activities for intervention and apply the treatment principles
- Explain how VdTMoCA-informed occupational therapy can be measured, recorded & reported
- Describe how the application of the VdTMoCA / VdTMoCA-informed occupational therapy could be explained to others

Course Documents provided:

All documents are pdfs. If you require Adobe Acrobat Reader this is available at no cost from the Adobe Website: www.adobe.com

Course workbook –to print or edit as a pdf. This workbook is designed to provide course content and a place for keeping notes. For learners who prefer to learn with others rather than on their own and have colleagues undertaking the course in the same time period, learning exercises can facilitate **collaborative learning**, or **shared learning** can occur at certain stages during the course. Prompts are also provided for exploring and sharing learning in the workplace.

On completion of the course, this workbook serves as a manual for the application of the VdTMoCA to practice and a resource for teaching colleagues and students.

ICAN Levels Pack – download and print.

Creative Participation Assessment form – (watermarked). Form for clinical use is made available on completion of the training.

See general information and course content on page 3.

VdTMoCA for OT Support Workers (online)
£335 (no VAT to add) **or up to 45 staff in a 12-month period for £3300** (see p6)

This 2½-3 day course is suitable for Occupational Therapy Support Workers supervised by Occupational Therapists who are trained/competent in the use of the VdTMoCA in clinical practice.

The course objectives, and therefore the learning outcomes are:

- Describe and explain the Vona du Toit Model of Creative ability, its theoretical concepts and assumptions
- Explain essential aspects of the Occupational Therapy assessment of creative ability
- Describe how the overall level and phase of creative ability is concluded by Occupational Therapists
- Explain how to select activities for intervention and apply the treatment principles
- Explain how VdTMoCA-informed occupational therapy can be recorded
- Describe how the application of the VdTMoCA / VdTMoCA-informed occupational therapy could be explained to others

Course Documents provided:

All documents are pdfs. If you require Adobe Acrobat Reader this is available at no cost from the Adobe Website: www.adobe.com

Course workbook –to print or edit as a pdf. This workbook is designed to provide course content and a place for keeping notes. For learners who prefer to learn with others rather than on their own and have colleagues undertaking the course in the same time period, learning exercises can facilitate **collaborative learning**, or **shared learning** can occur at certain stages during the course. Prompts are also provided for exploring and sharing learning in the workplace.

On completion of the course, this workbook serves as a manual for the application of the VdTMoCA to practice and a resource for teaching colleagues and students.

ICAN Levels Pack – download and print.

Both of the above courses deliver exactly the same content with the exception of Chapter 4 on Assessment. The **Full VdTMoCA training for Occupational Therapists** is comprised of **21** taught content online modules requiring a minimum of 3 days of study, plus 2 modules of information provided in the pdf Workbook for post-training reference (how VdTMoCA-informed occupational therapy can be recorded; how the application of the VdTMoCA / VdTMoCA-informed occupational therapy could be explained to others).

The **VdTMoCA for OT support workers** course has content over **18** taught online modules requiring a minimum of 2½ days of study, plus 2 modules of information provided in the pdf Workbook for post-training reference (how VdTMoCA-informed occupational therapy can be

recorded; how the application of the VdTMoCA / VdTMoCA-informed occupational therapy could be explained to others).

General information

The amount of study time required depends on each individual's learning style and on the amount of additional reading s/he wants to do. Some information on the VdTMoCA-informed occupational therapy process is delivered in the course workbook, but is not part of an online narrated module. This information is designed to be useful post training, therefore, time taken to read this material is not included in the approximated study days. Participants should also allow some time for downloading and printing the course materials before starting the online modules.

The modules can be accessed at any time within a **4-week period (see Terms & Conditions)**. The course can be worked through at one's own pace, but learning will be most effective if it is completed within a week or over a couple of weeks, rather than leaving long gaps between modules. This is a comprehensive course, therefore it is advisable to study where it is possible to focus fully and take regular breaks. **It is advisable to regard the online course in the same way as a face-to-face course, i.e. one would be absent from work in order to attend a face-to-face course, therefore book study leave if possible in order to complete the course outside of the work environment.**

The courses are organised in **chapters**. Learning exercises which may be done individually or used for **collaborative/shared learning** are indicated in purple.

CHAPTER 1 – course materials to download and print
CHAPTER 2 – THEORETICAL ASSUMPTIONS AND CONCEPTS
Modules: Overview & Theoretical Assumptions
                 Theoretical concepts – COMPONENTS OF CREATIVE ABILITY
                 Theoretical concepts – CONCEPT FORMATION
                 Theoretical concepts – NORM AWARENESS
                 Theoretical concepts – TASK CONCEPT
                 Occupational performance areas
CHAPTER 3 – THE LEVELS AND PHASES OF CREATIVE ABILITY
Modules: Seeing the level in action
                 Phases of creative ability
                 The levels of creative ability – examples from practice
CHAPTER 4 – ASSESSMENT OF CREATIVE ABILITY
Modules: Overview and assessment form (module differs for OT support workers)
                 Observation
                 Interview
                 Task assessment leading to experiential session
                 General tips and examples
                 Completing the assessment form and analysis (not available to OTA training)
                 Wilbur's assessment form (not available to OTA training)
                 Using the assessment form for measurement (not available to OTA training)

CHAPTER 5 - OCCUPATIONAL THERAPY TREATMENT & INTERVENTION
Modules: Occupational therapy treatment
                 Treatment group programmes
CHAPTER 6 – RECORDING AND REPORTING* (*workbook content only)
CHAPTER 7 – COMMUNICATING VdTMoCA-INFORMED OT TO CLIENTS AND OTHERS*
(*workbook content only)

The VdTMoCA - a model and framework for engaging and enabling patients (online)

£45 (no VAT to add)

Suitable for nurses working in inpatient settings with occupational therapists who are using the VdTMoCA.
This is a 2-hour course comprised of 6 short online modules for those requiring a basic understanding and practical examples of application to practice.

The course objectives, and therefore the learning outcomes are:
- Explain the basic principles of the Vona du Toit Model of Creative Ability
- Describe the first five levels of creative ability
- Relate levels of creative ability to patients/service users/clients
- Describe the basic processes involved in occupational therapists' assessment of a person's level and phase of creative ability, and how other disciplines can contribute to the assessment process
- Explain how the VdTMoCA guides staff in engaging and enabling patients/service users/clients, related to ward-based practice
- Explain how key aspects of patients' action/performance/behaviour can be recorded and communicated in the multidisciplinary team

Course Documents provided:

All documents are pdfs. If you require Adobe Acrobat Reader this is available at no cost from the Adobe Website: www.adobe.com

Course slide handouts.

ICAN Levels Guide for nurses.

On completion of training, the trainee will receive a CPD certificate.

Mode of course delivery

Training is comprised of a blend of teaching-learning approaches including narrated and read-only power point presentations, hard copy reading material, workbooks, practice-based templates, videos, learning exercises. The training for occupational therapists also includes a practical experiential session. Optional quizzes are also available for all trainees. The larger the course, the greater the range of teaching-learning approaches.

All courses include narrated presentations which are particularly appreciated by participants with dyslexia, but valued by all. Many practice-based examples are provided, which are valued for bringing VdTMoCA theory and the levels of creative ability alive.

Online learning courses are valid from the 10th of one month until the 8th of the next month. Learners can revisit modules as many times as they want, 24/7 over a 4-week period until course completion. Any courses that remain unused after the agreed end date will expire and shall be deemed used (see Terms & Conditions). On completion of the course, each individual learner will receive a CPD certificate and the link to the course will expire.

The eLearning environment allows for easy access to all courses and core learning materials, indicating how many courses are to be completed and have been completed.
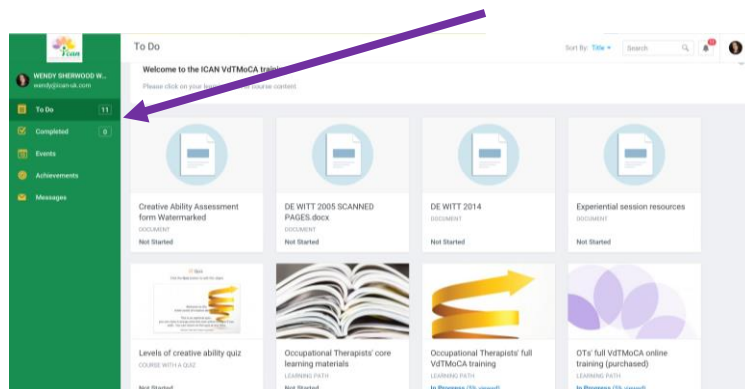
Having selected your course, all modules are listed in the order for completion.

Feedback

Occupational Therapists' feedback:

Thoroughly enjoyed this training! Informative and hugely beneficial to my practice. I feel I have gained a better insight into my service users and will explore ways to change my approach using the knowledge and understanding from this training. I feel I can adapt and improve the service provision to meet the needs of service users, and feel I am now equipped to better support service users especially those who present on the Self-differentiation/Self-presentation levels when before I felt stumped with how to engage them."

The slides were presented very clearly, and I really appreciate the narration and explanation. It gives the slides more 'context'. I also appreciated the photos/pictures/video- they certainly help me to visualise much better.

I enjoyed the training; the narration helps to bring life to the learning. It also gives me some time to mull over the information taught- a pause button away :)

I feel I have a much greater understanding of the VdTMoCA and know it will be supportive to me within practice. I have already reflected and noted an improvement in my ability to observe, assess and record information, thank you!"

Information was concise, not too lengthy. Content broken down to chapters made things more manageable. I enjoyed the specific case examples. It's like listening to client stories. Was also great to see the actual products that clients completed.

Super appreciative for the course. Enlightens me on new treatment approaches with some clients that I had previously felt stuck or lost with.

Overall, it was a great course not only for therapist who have not used this model, but also for those who may have had some experience trying this model out. It provides a comprehensive overview of the VdTMoCA from its fundamental theoretical assumptions and concepts all the way to using this model to guide us in practice, which I feel is very helpful.

I really enjoyed the online course, due to the way I take in information and learn it was very helpful to have the slides and the workbook to note take. I also liked the content and felt it went into enough detail. I am feeling confident to now place this into a new service!

12-month training contract - £3300

Online VdTMoCA training for up to 45 trainees:
1) Occupational Therapists' Full VdTMoCA training
2) VdTMoCA for OT Support Workers

In order to register trainees online, the following information is required at least one month in advance of the preferred course start date: name, email address; whether the trainee is an OT, OT Support Worker (OTA) or nurse (this determines which course is provided), and the 1 week training period preferred.
On completion of training, the trainee will receive a CPD certificate.

System requirements

The courses do not support Internet Explorer versions 6-10. If you are using any of these versions, please consider switching to Internet Explorer 11 or another browser. It is recommended that you upgrade to the latest versions of Chrome, Firefox, Safari, or Edge.
Some courses include videos viewed on www.vimeo.com therefore ability to access to this site is required.
Many modules are narrated and contain images or video footage, and large in size. Therefore, it is probably best to view modules via a PC internet connection rather than on a mobile phone.

Bookings

To book any course, complete the relevant booking form available in the Training, Events, Resources section of https://www.ican-uk.com/
For further information contact wendy@ican-uk.com

Advanced Knowledge

Applying the VdTMoCA to occupational therapy for people with a personality disorder

Face-to-face training, September each year - 2 day training.

Northampton Marriott Hotel | Eagle Drive, Northampton, NN4 7HW
£300 (No VAT to add) Including a pre-course 2.5 hour online, this course consists of 14.5 total study hours.

The training is provided by Louise Jeffries, Occupational Therapist at St Andrew's Healthcare, Northampton. Completion of the ICAN 2.5 hour online module *The influence of personality disorder on creative ability* **is a pre-requisite to doing the two-day training, and is included in the price of this course. The learning outcomes sought from the online module are:**

To increase understanding of:
- **Key features of personality disorder explored within a developmental frame of reference.**
- **The development and possible causes of personality disorder.**
- **Impact of personality disorder on activity/occupational participation.**
- **Impact of personality disorder on the creative response and creative participation, therefore creative ability.**

Course pre-requisites:
- ✓ Level 1 training by ICAN or equivalent, whether formal training or learning through practice with an experienced VdTMoCA practitioner, plus experience of applying the model to practice.
- ✓ Good knowledge of the levels and phases of creative ability and the creative ability assessment.

✓ Completion of the ICAN 2 hour online module *The influence of personality disorder on creative ability (see below)* is a pre-requisite to doing the two-day training, and is included in the price of this course.

This two-day training consists of a combination of teaching, pair and group work and case studies. The cohort size is usually small and the room size will enable learning while social distancing if required. You will have the opportunity to apply your learning to one of your own client cases. Bring copies of any creative ability assessment information (remove patient identifiers), including Creative Participation Assessment forms.

Learning outcomes sought:

- How to assess the creative ability of people with a personality disorder; reasons behind the challenges of assessment and how to overcome them.
- Clinically reason the level of creative ability of a client.
- Formulate client-centred targeted intervention for areas of life that are problematic and important for these persons, clinically reasoning how the treatment principles may be applied for the person and identifying treatment priorities.
- Understand and respond therapeutically to a person when s/he appears to present at differing levels of creative ability within a short period of time.

The influence of personality disorder on creative ability. **Online module.** Approx 1.5 hours. **£40** (No VAT to add).

This module has been developed to support occupational therapists with foundation knowledge of the Vona du Toit Model of Creative Ability to increase understanding of:
- **Key features of personality disorder explored within a developmental frame of reference.**
- **The development and possible causes of personality disorder.**
- **Impact of personality disorder on activity/occupational participation.**
- **Impact of personality disorder on the creative response and creative participation, therefore creative ability.**

This is a narrated module supported by a handout pdf of key information and a Creative ability theoretical framework pdf. On completion of the module, there is an optional quiz to test and consolidate knowledge.
The narrated duration of the module is 59 minutes, but the module is advertised as a 1.5 hour module to allow for repeated viewing of complex content and breaks.

System requirements

The module does not support Internet Explorer versions 6-10. If you are using any of these versions, please consider switching to Internet Explorer 11 or another browser. It is recommended that you upgrade to the latest versions of Chrome, Firefox, Safari, or Edge.

Feedback:
"I really enjoyed the module, it has encouraged me to think more deeply about my clients with personality disorder and how they can present in occupational therapy, and now I can start to see why that might be. The narration was excellent. This module has also made me want to do the two-day course!"

This is a stand-alone online module, but can also be undertaken as the pre-requisite module to the face-to-face course for occupational therapists: **Applying the VdTMoCA to occupational therapy for people with a personality disorder (see above).**

Applying the VdTMoCA to team intervention for people with an eating disorder

Online module   **£40.00** (No VAT to add)

Although this module focuses on eating disorders, the demonstrated approach to understanding clients and challenging behaviours is extremely useful for application to any client, but especially those with a personality disorder or other 'disorders' such as OCD, due its attention to complexity.

Training pre-requisites:
This online module is suitable for occupational therapists who are trained and experienced in the Vona du Toit Model of Creative ability

- ✓ Foundation level training in the VdTMoCA by ICAN or equivalent, whether formal training or learning through practice with an experienced VdTMoCA practitioner, plus experience of applying the model to practice.
- ✓ Good knowledge of the levels of creative ability

Training description
Through the lens of the theory of creative ability, complexity theory and eating disorder pathology, this one hour 20-minute online module is an in-depth exploration of why the rule within an inpatient adolescent unit that all young people must stay in the dining room until meals are finished (including individuals with an eating disorder), results in behaviour that challenges.
The module is a video recording of an online teaching session inspired by a team of occupational therapists who wished to address this issue together with their MDT in order to make the mealtime experiences less distressing and more successful experiences for clients and staff.

Learning outcomes sought:

- Identify demands placed on an individual in terms of task/activity, situation and people
- Relate demands to the needs and abilities of people on Self-differentiation, Self-presentation and Passive Participation levels of creative ability in order to recognise when team approaches are likely and unlikely to be successful
- Consider possible causes of behaviours that challenge staff
- Explain the importance of understanding pathology before applying the theory of creative ability to treatment: problem formulation
- Explain the relevance of complex systems and complexity to people with conditions of 'disorder'
- Explain the importance of analysing clients' narratives to identifying levels of creative ability and volitional needs
- Describe possible interventions that could be applied to the dining room situation by an MDT for improved outcomes for clients and staff

Training module delivery
On an agreed date, the trainee will either receive a link to the module video on www.vimeo.com or receive a link to register for the module via the usual online platform for ICAN training, i.e. https://trial-1147.ispringlearn.eu/. Trainees must ensure that they can access these URLs on their PC.
The training link is valid for 24 hours, during which the module video can be viewed multiple times. Due to the complexity of the module topic and ensuing discussions, trainees are advised to plan to view the video more than once and make detailed notes. A downloadable pdf of key module content is provided.

System requirements

The courses do not support Internet Explorer versions 6-10. If you are using any of these versions, please consider switching to Internet Explorer 11 or another browser. It is recommended that you upgrade to the latest versions of Chrome, Firefox, Safari, or Edge.

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For further information contact wendy@ican-uk.com