



ICANcreativity On Patreon—

Why a Patreon page? (see index of videos and resources on next pages)

The freely accessible video on my Patreon page will tell you more, but simply put, it's the best way to engage individuals who are passionate about learning the VdTMoCA and realising their own creative ability. My Patreon site is **NOT a place to learn the VdTMoCA from scratch**, but is for those with the foundation knowledge in the Model and who wish to gain the depth of knowledge that can only come with experience, and is not found in books.

Patreon enables me to share ideas, information and ideas via documents, text-based sharing and videos of practice-based supervision and tutorials, and for you to be able to have unlimited access to those 24/7 for the duration that you want. No more closing date deadlines or missed opportunities because there was too much else to take care of!

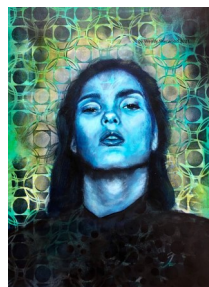
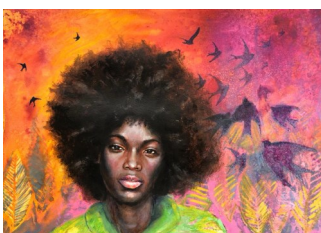
Importantly, it also means that there's more equal access - you don't have to get funded or get permission for study time from work, and you can access all the content from anywhere with internet.

If you become a patron, you are supporting me in what I do and supporting me in developing myself so that ultimately I can support you more/better. My first goal is to have enough patrons to be able to invest in technology and training in order to bring better quality videos and different resources to you.

Yes, being a patron means subscribing, but you can subscribe for as little as £10 and for only one month and then cancel if you've obtained all the information you need or want—it's up to you. If this isn't for you, you needn't worry. Being on Patreon is in addition to, not in place of the usual opportunities I provide which can be funded by your employer, so stay with those if you don't have a strong drive to direct your own CPD through being a patron. I'm a patron myself - of a page by an inspiring untrained artist on a journey of developing her own creativity for painting portraits. As she fumbles along, I fumble along next to her - producing some hell awful portraits but also some that illustrate my growth along the way. I pay my monthly patron subscription without a thought, because it's no money for what she provides, not just in terms of videos, inspiration and knowledge but for the days of time it takes to make videos and manage her page, and it's definitely worth the satisfaction I gain for myself. I'm hoping you will feel the same way about ICANcreativity.

In a very proud Imitative Participation way, here's some of my artistic products as a result of supporting this artist as a patron. Significant growth from where I started from, I promise you :-)

The wrapping paper background in the middle image will be recognisable in my Patreon video on Creating a Creative Journal (see list on next page)



www.patreon.com/icancreativity
www.ican-uk.com

INTERNATIONAL CREATIVE ABILITY NETWORK
Enabling growth to full potential through creative participation





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What to do now?

For now, if you want to hear about the ICANcreativity Patreon page, and also view freely accessible resources (see the list below), you can do so at www.patreon.com/icancreativity

I'm really excited by the possibilities Patreon offers. I hope you join me and enjoy the journey!

Index of current topics/postings available to patrons. More videos and postings are made each month. When you go to the icancreativity Patreon page, scroll through to start with the oldest postings first and work your way through to the newest.

What the ICANcreativity Patreon page is about—FREELY ACCESSIBLE

Creating a Creative Journal—FREELY ACCESSIBLE

This video provides some ideas for creating a Creative Journal for keeping notes, ideas and for recording your CPD. This is a really important resource which will prevent you from being overwhelmed by the amount of information on this Patreon page, and for enabling you to slow down and really engage in learning.

Where to start (with pdf) —FREELY ACCESSIBLE

Explorative activities — playing with dough. Part 1.

Take a look at this video of a young child - approx age 3-4? Listen to what he says and observe what he does.

Explorative activities—playing with dough. Part 2.

Notes on what aspects of creative ability are evident.

Covering a Creative Journal I relate to (with pdf including tips for levels of creative ability) —FREELY ACCESSIBLE

This video provides an idea for how you could cover a note book (your journal) to make it something that really inviting to use. This video will appeal to you if you enjoy making things with your hands, or want to learn how to - this example of covering/ decorating a book cover couldn't be any easier! It's also an activity that could be used therapeutically with clients.

Self-differentiation, transitional phase. PART 1

I have watched this video several times over — so much learning about Self-differentiation and the transition into the Self-presentation level of creative ability, and so beautifully explained. In my Creative Journal, the stand-out learning point for me is: Self-differentiation is the birthplace of courage

Self-differentiation, transitional phase PART 2

Wow, what a fascinating insight into the possible process and experience of transitioning from Self-differentiation into Self-presentation, and what you might see in relation to a person's presentation. In my Creative Journal, a couple of my stand-out learning points (but there were many!) are: · Know your activity and know which components are for destructive action and which are for incidentally constructive action; · Sometimes, when transitioning, the person disappears

What does it take to know the VdTMoCA? - blog —FREELY ACCESSIBLE

Continued on next page....





I Can Creativity On Patreon

Heart Art

This video is of a collage and art activity. In its current format, it's discussed in relation to the level of Passive Participation and can easily be graded upwards, but would need to be changed significantly for Self-presentation and Self-differentiation. This activity meets so many of the activity requirements, including doable within one session (for task concept), allows for flow of action without interruption (stage of applying white pen), not flop proof but can still be successful, enables gaining of knowledge and skills, good quality end-product (with the "I can!" moment.)

Ying Yang collage art

Wow, following on from doing the Heart Art, I take back what I said about you can easily adapt the activity for different interests.

Certainly, creating a new design like this is NOT for Passive Participation!

However, I thought I would share this with you (I'll spare you the video!) in order to prompt you to carefully select activities - on Passive Participation it MUST be successful as a good quality end product.

Seeing creative ability in an interview PART 1

Many people ask to see videos of clients in order to see the application of the VdTMoCA, but this is obviously difficult to do.

However, this video is a very good alternative (a role play).

Put yourself in the shoes of the interviewing occupational therapist. What else could you ask to gain more insight into her creative ability? Would/could you do any type of pen and paper activity/cognitive test too? Could you do a quick activity with her in this session?

Seeing creative ability in an interview PART 2

Here are a few suggestions for how one might gain more useful information on the interviewed lady's creative ability, and thoughts on her level of creative ability

Characteristics of Self-presentation

South African occupational therapist, Juanita Swanepoel provides a fabulous explanation and illustration of the key characteristics of the Self-presentation level of creative ability. Provided as part of supervision for CAMHS occupational therapists, participating therapists contribute client examples which add to illustrating the level as described in the literature, seen in practice

Purpose of Self-differentiating, and Tilly

This video is a master class in understanding the purpose of self-differentiating, inspired by an adolescent client case of Tilly (pseudonym). The importance of understanding sensory development and needs, and how self-differentiating should be expected in adolescence is explained informed by a developmental perspective. Other client examples are also included.

Seeing the difference, responding to the difference

This Zoom-based presentation was given to consultant psychiatrists and psychologists in November 2021.

The key message is to change one's service to meet the needs of the patient/client - the individual. This is illustrated through a brief case example of a man on the level of Tone who improved quickly to Self-differentiation with incidentally constructive action with the right intervention. The use of a food-based activity is illustrated and clinically reasoned.

New literature on the VdTMoCA

Information on new OTNews article featuring the VdTMoCA and most recent research studies undertaken.

Grading activity for destructive to incidentally constructive action

Have you worked out the link between destructive action and incidentally constructive action, and how you can facilitate incidental product making out of destructive action?

This video will help you to recognise which is which - destructive and incidentally constructive, enabling you to recognise the potential for destructive action leading to incidental construction in many activities around you/us in our daily lives.

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Requiring an OT team wide use of the VdTMoCA—FREELY ACCESSIBLE

Over the last year, I have had a few occupational therapy lecturers raise questions about the approach commonly taken in practice, to require all occupational therapy staff in a service to use the VdTMoCA, or have adequate knowledge of the VdTMoCA in order to use it, if suitable.

The questions that have arisen are:

1. Occupational therapists are autonomous, in a position of making autonomous decisions about what theories/models to use in their practice. If they are employed into a service where they are required to learn and use the VdTMoCA, does this undermine their autonomy?
2. By having to use the model, does it prevent therapists from using or considering other theories/models that may be a better choice for particular clients?

This posting provides a summary of the response to these questions.

Levelling volition or action?

This is another excellent supervision session by two South African experts in the VdTMoCA, discussing a client called Tilly, with a focus on how do you determine the person's level of creative ability when you see different actions?

For me, a take away moment is the teaching about what to feed

Finding accurate VdTMoCA information—FREELY ACCESSIBLE

Links to accurate information including a freely accessible book chapter on the Creative Participation Assessment

More information and videos added every month

[FIND OUT MORE](#)

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