



## **ICAN Zoom VdTMoCA teaching & learning for occupational therapists, September-December 2021**

**£6.25 per session, 8 sessions**

These sessions provided by **Juanita Swanepoel** aim to meet the continuing professional development needs of occupational therapists in order to gain and increase confidence in their knowledge and use of the Vona du Toit Model of Creative Ability in practice.

Participants should be VdTMoCA trained either through ICAN or a work-based programme but are not expected to have advanced knowledge of the VdTMoCA.

The use of the Model is related to occupational therapy in adult mental health services, but the sessions will be useful for any occupational therapist using the VdTMoCA in clinical practice as the main focus is on understanding the VdTMoCA, the levels of creative ability and how to assess and treat. NB, CAMHS sessions are being offered separately.

Sessions are structured to allow for teaching on the core concepts in the VdTMoCA, the levels of creative ability, and the assessment and treatment process, with the opportunity to relate learning to participants' client cases. It is not necessary to attend every session, but obviously knowledge and understanding develops over the course of the sessions and therefore participation in as many sessions as possible is best for individuals and the group.

The sessions are recorded via Zoom as material that can be offered as chargeable ICAN training material in the future. Therefore, there is the potential to view missed sessions at a later date at a cost. By booking and logging into the session, the participant grants permission for the session to be recorded and for recordings to be made available for future training via the ICAN online training package.

### **Suitable for:**

- occupational therapists who have been trained in the VdTMoCA (university lectures or introductions to the Model are not sufficient), or have learned the Model through experiential practice-based learning with knowledgeable clinicians
- are currently undergoing formal VdTMoCA training
- occupational therapy leads/managers of paediatric and/or CAMHS in which occupational therapists are applying the VdTMoCA

### **Learning outcomes sought are to understand:**

- The main concepts of the VdTMoCA
- The hierarchical nature of creative ability
- The difference between development and recovery of creative ability
- Key changes in the levels of creative ability from Tone to Passive Participation
- Assessment of clients on the Tone, Self-differentiation, Self-presentation and Passive Participation levels of creative ability - clinical features and how to use the Creative Participation Assessment form.

**INTERNATIONAL CREATIVE ABILITY NETWORK**  
Enabling growth to full potential through creative participation

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- Why occupational therapists sometimes conclude the level of creative ability inaccurately
- How to identify the Tone level of creative ability
- The effects of medication at the level of Tone
- Clinical features of the Self-differentiation level of creative ability
- What is destructive action and what is its purpose
- At the level of Self-differentiation: identity and the origins of courage
- The transition from Tone to Self-differentiation
- The clinical features of Self-presentation in adults
- At the level of Self-differentiation, the tension between acceptance and rejection, and the role of modelling
- The clinical features of Passive Participation in adults
- At the level of Passive Participation, flow and the “do not interrupt” feature
- The transition from Self-presentation to Passive Participation
- Treatment on Self-differentiation, Self-presentation and Passive Participation levels of creative ability

## Teaching-learning programme via Zoom

### **21 September, 15.45-17.00**

Reviewing the main concepts of the VdTMoCA including the nature and intent of volition and action.  
Tracking the movement from Tone to Passive Participation - what changes at each level.  
The difference between development and recovery

### **12 October, 15.45-17.00**

The assessment process, rules for formal assessment, using the assessment form, understanding why we sometimes get the level wrong, understanding the main indicators of creative ability

### **19 October, 15.45-17.00**

Assessment for Tone and Self-differentiation; how to identify Tone, what is destructive action and its purpose, learning who I am; the origins of courage

### **26 October, 15.45-17.00**

Assessment for Self-presentation and Passive Participation; the tension between acceptance and rejection, role of modelling, flow and the "do not interrupt" feature

### **2 & 16 November, 15.30-16.45 NOTE SLIGHT TIME CHANGE**

Treatment on Self-differentiation (including transition to Self-presentation) - applied to trainee client case.

### **30 November & 14 December, 15.30-16.45**

Treatment on Self-presentation and Passive Participation - applied to trainee client case.

Key learning points are provided in easy to refer to format for each taught session. A CPD certificate is provided for completed sessions.

**Bookings can be made for all 8 sessions or individual sessions.**

Complete the [ICAN ZOOM TEACHING & LEARNING SEPT-DEC BOOKING FORM](#) available on the training, Events, Resources page of the [ICAN website](#) **Select TRAINING Occupational Therapists and Occupational Therapy Support Workers**

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