

**INSTRUCTIONS FOR**

**GROWING A SUNFLOWER SEED**

**YOUR SUNFLOWER PACK CONTAINS:**

1 small flower pot

Compost/soil

2 sunflower seeds

**STEPS:**

**1** Put some soil into the pot so that it almost reaches the top of the pot

**2** Using your finger or a pen, poke a hole in the soil (roughly 2cm deep)

**3** Drop a sunflower seed into the hole

**4** Cover the seed with a little soil and pat gently

**5** Sprinkle with a little water so the soil is moist

**6** Place the sunflower pot on a sunny windowsill

**7** Give a little water each day just enough to keep the soil moist

**8** It should take about 1-2 weeks before your sunflower seedling appears

**Enjoy growing your sunflower!**