



Do you look after a relative or friend?

Ever thought about what would happen if you had an accident or were delayed on your return home?

Register with us and we will provide free short-term support for the person you care for until alternative arrangements can be made.

24 hours a day, 7 days a week.

If you or someone else you know, could benefit from this service, call **0191 2737961** or email **Carerscard_Northeast@redcross.org.uk**

redcross.org.uk

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The power of kindness