

Resources for Citizen Activism 101– Making Change Happen [Oregon]

Strategies and Tactics

Becoming a Citizen Activist: Stories, Strategies & Advice for Changing Our World. Licata. Sasquatch Books. 2016

How We Win: A Guide to Nonviolent Direct Action Campaigning. George Lakey. 2018.

You're More Powerful than You Think: A Citizen's Guide to Making Change Happen. Eric Liu. 2017.

Community Tool Box <http://ctb.ku.edu/en>

All, but, especially, Conducting a Direct Action Campaign <https://ctb.ku.edu/en/table-of-contents/advocacy/direct-action>

New Rules for Radicals: 10 Ways to Spark Change in a Post-Occupy World. Robinson. Feb 1, 2012. Useful as general advice for any serious social change endeavor. <http://www.truth-out.org/opinion/item/6482:new-rules-for-radicals-ten-ways-to-spark-change-in-a-postoccupy-world>

What's It Like to Be the Target of A Book Banning Effort? School Librarian Martha Hickson Tells Her Story.

Hickson. School Library Journal. Feb 03, 2022

https://www.slj.com/?detailStory=from-the-breaking-point-to-fighting-anew-school-librarian-martha-hickson-shares-her-story-of-battling-book-banning-censorship&fbclid=IwAR3WLVd_ULY0t0h9okAFI4PJAQg6oj-oWSkS_2RslxLpFlsZhC6bEt5n0U

Civil Disobedience and Non-Violence

198 Methods of Nonviolent Action Albert Einstein Inst. <http://www.aeinstein.org/nonviolentaction/198-methods-of-nonviolent-action/>

Nonviolent resistance proves potent weapon. Nicholasen. Harvard Gazette. Feb 4, 2019

<https://news.harvard.edu/gazette/story/2019/02/why-nonviolent-resistance-beats-violent-force-in-effecting-social-political-change/#:~:text=Recent%20research%20suggests%20that%20nonviolent,with%20a%20story%20behind%20it> .

New Study Shows Riots Make America Conservative. Chait. 5/21/2015.

<https://nymag.com/intelligencer/2015/05/new-study-shows-riots-make-america-conservative.html>

Opinion: Mass civil disobedience is our best tool for climate fight. Zuckerman. 3/11/20.

<https://www.oregonlive.com/opinion/2020/03/opinion-mass-civil-disobedience-is-our-best-tool-for-climate-fight.html>

Want to Have an Effective Protest? Disrupt, Expert Says Sicorsky 11/1/2016.

<http://www.wupr.org/2016/11/01/want-to-have-an-effective-protest-disrupt-expert-says/>

A Guide to Effective Non-Violent Struggle. Centre for Applied Nonviolent Action and Strategies (CANVAS). 2007.

https://www.nonviolent-conflict.org/wp-content/uploads/2016/04/CANVAS-Core-Curriculum_EN4.pdf
[CANVAS-Core-Curriculum_EN4.pdf \(nonviolent-conflict.org\)](https://www.nonviolent-conflict.org/wp-content/uploads/2016/04/CANVAS-Core-Curriculum_EN4.pdf)

How Violent Protests Change Politics. Chotiner. New Yorker. 5/29/20.

https://www.newyorker.com/news/q-and-a/how-violent-protests-change-politics?utm_source=facebook&utm_medium=social&utm_campaign=onsite-share&utm_brand=the-new-yorker&utm_social-type=earned&fbclid=IwAR16O6-aHknQfWwFD6N2ImEIXGqOVh_veOWFV6TTQRzSLavtxGwKeb-Vn68

Know Your Rights. ACLU.

<https://www.aclu.org/know-your-rights/>

Lobbying Advice / Communication with Legislators

Former Georgia House Minority Leader, Representative Stacey Abrams, on Effective Advocacy. 2011.

This is quite good.

<https://www.youtube.com/watch?v=r1-np2iYxOY>

How to Effectively Lobby Your Congressperson. Ellsworth. Nov. 15, 2016.

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www.civichinker.info <https://www.facebook.com/Civics-for-Adults-1490728887922036/> 1/2023

<http://theslot.jezebel.com/how-to-effectively-lobby-your-congressperson-1788958124>

How to Petition Lawmakers, From a Former Congressional Staffer. Dwyer. Teen Vogues. 11/14/2015.
<https://www.teenvogue.com/story/how-to-petition-lawmakers-state-local-congressional-staffer-advice>
<https://www.teenvogue.com/story/how-to-petition-lawmakers-state-local-congressional-staffer-advice>

How to Most Effectively Contact Your Representative. Kal. Daily Kos. Nov. 14, 2016
<http://www.dailykos.com/story/2007/11/14/410611/->

What Calling Congress Achieves. Schulz. New Yorker. March 6, 2017
<http://www.newyorker.com/magazine/2017/03/06/what-calling-congress-achieves>

A Guide to Working with Members of Congress. American Hospital Association. 2019.
<https://www.aha.org/system/files/media/file/2019/12/Guide-working-with-congress.pdf>

“Making a Difference” A Citizen’s Guide on How to Testify Remotely. Video from Oregon State Legislature. This video is good instruction for testifying at any government hearing, although some will be less formal than this.
https://www.oregonlegislature.gov/citizen_engagement/Pages/How-to-Testify.aspx

Oregon State Legislature Citizen Engagement Page. https://www.oregonlegislature.gov/citizen_engagement

Government - Federal

Congress.gov Find and track bills, legislators, committees <https://www.congress.gov/>

The Legislative Process. Videos of 9 areas of how Congress works. “Overview” gives a nice, well, overview!
<https://www.congress.gov/legislative-process>

USA.gov Basic citizen-oriented federal government site <https://www.usa.gov/>

LLSDC Legislative Sourcebook [Law Librarians’ Society of Washington, DC]. Research guides
<http://www.llsdc.org/sourcebook>

My Congressional District – from the Census Bureau. Quick and easy way to find demographic and economic stats about your district. <https://www.census.gov/mycd/>

Government - State

Oregon State Legislature Main Page <https://www.oregonlegislature.gov/> [Feature to find your legislators, too.]

OLIS [Oregon Legislative Information Service]. The best way to: find bills, track bills, provide testimony.
<https://olis.oregonlegislature.gov/liz/202111>

Subscribe to emails from the state legislature. About bills, committee meetings and legislators.
https://www.oregonlegislature.gov/citizen_engagement/Pages/e-Subscribe.aspx

State of Oregon Boards List <https://www.oregon.gov/gov/pages/board-list.aspx>

How an Idea Becomes Law. Oregon State Legislatures. [Classic cartoon showing the process.]
https://www.oregonlegislature.gov/citizen_engagement/Documents/idea2LawEnglish.pdf

Oregon Government Ethics Commission also has a database of lobbyists
<https://apps.oregon.gov/OGEC/EFS/Records> **State of Oregon** also has a manual on lobbying for lobbyists.

Open States. [Non-governmental source] Because of its graphical nature, a nice way to get a quick snapshot of the state’s legislature by chamber, including recently introduced legislation. <https://openstates.org/or/>

Initiative and Referendum Process

State of Oregon has manuals on the I&R process for those planning to do this.

For state I&R: <http://sos.oregon.gov/elections/Documents/stateIR.pdf>

For City, County and District I&Rs: <http://sos.oregon.gov/elections/Documents/countycitydistrictir.pdf>

Metro Elected Officials <http://www.oregonmetro.gov/regional-leadership/metro-council>

Metro Advisory Committees <http://www.oregonmetro.gov/regional-leadership/metro-advisory-committees>

Government – Local Example

Washington County Board of Commissioners <http://www.co.washington.or.us/BOC/>

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www.civictinker.info <https://www.facebook.com/Civics-for-Adults-1490728887922036/> 1/2023

Washington County Code and Charter <http://www.co.washington.or.us/CAO/CharterCode/index.cfm>

Public Policy Guides

Oregon Policy Directory Find analysis and advocacy from all perspectives on Oregon public policy. [For Oregon government agencies, see the [Oregon Blue Book.](#)] <https://researchguides.uoregon.edu/oregon-policy-directory>

American Policy Directory Find analysis and advocacy from all perspectives on US national public policy. <https://researchguides.uoregon.edu/american-policy-directory>

Resources on Racial Equity

Community Tool Box Justice Action Toolkit

<https://ctb.ku.edu/en/justice-action-toolkit>

Merriam-Webster to Revise The Definition Of Racism After Receiving Recent Graduate's Letter. Mosley. 6/20/20 <https://www.wbur.org/hereandnow/2020/06/12/merriam-webster-racism-definition>

Equitable Development as a Tool to Advance Racial Equity

<https://www.racialequityalliance.org/resources/equitable-development-tool-advance-racial-equity/>

Racial Equity Toolkit: An Opportunity to Operationalize Equity. Goal: to integrate explicit consideration of racial equity in decisions, including policies, practices, programs, and budgets. Local and Regional Government Alliance on Race & Equity. <https://www.racialequityalliance.org/resources/racial-equity-toolkit-opportunity-operationalize-equity/>

Equal Justice Initiative. Goal: committed to ending mass incarceration and excessive punishment in the United States <https://eji.org/>

Historical Perspective

The 28th Amendment to Restore the American Promise. Referenced in the workshop. Created to support an Amendment against Citizens United, the first part is a wonderful, succinct narrative of all the Amendments passed in the 20th Century. 2016.

<https://www.youtube.com/watch?v=K6iqolnTvqA>

The Woman Who Took on the Tycoon. King. Smithsonian. July 5, 2012. [About Ida Tarbell taking on Standard Oil] <http://www.smithsonianmag.com/history/the-woman-who-took-on-the-tycoon-651396/>

Jacob Riis: Revealing “How the Other Half Lives” co-presentation of the Library of Congress and the Museum of the City of New York. <https://www.loc.gov/exhibits/jacob-riis/riis-and-reform.html>

His Photos helped abolish child labor. Jessica Contrera. Washington Post. Sept 3, 2018. About Lewis Hine, another documentarian of conditions during the Gilded Age. [Access via library database.]

Theodore Roosevelt, Health Care Progressive. Patricia O’Toole. NY Times. Jan 6, 2019.

A good review of Roosevelt’s policies in the first decade of the 20th Century. [Access via library database.]

[Note: Articles not available on the web can often be acquired via your public library’s free research databases.]

Histories of Work and Working Peoples. National Park Service.

<https://www.nps.gov/subjects/labor/index.htm?fbclid=IwAR1AqilMBy8QmoXdoalRimyM1c3Fa266WuEH1Rgyxubv8diFHSYQ435mwqo>