



2nd Foot and Ankle International Congress

Meir Medical Center, Kfar Saba - ISRAEL

Welcome to the Second Foot and Ankle International Congress Meir Medical Center Israel

CONGRESS VENUE: The Sharon Hotel Ramat Yam St 4, Herzliya, 4685104

Program



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Dear friends,

It is my honor and pleasure to welcome you to the Second Meir Medical Center International Foot and Ankle conference. The meeting will cover the most cutting-edge subjects in foot and ankle surgery. For that purpose, we have invited distinguished friends from abroad who will share with us their experience. The program is loaded with interesting topics, some of which are controversial. I hope you all find the time to meet old friends and to make new connections. We expect to see you for a productive and interesting two days.

Sincerely,

Ezequiel Palmanovich, MD
Meir Medical Center



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Dear colleagues,

It is my pleasure to welcome you for the Second Meir international foot and ankle symposium.

Foot and ankle surgery in Meir medical center, is one of the excellence centers of the hospital. The symposium is a bright declaration of our commitment to further contribute in research and developing this aspect of orthopaedic surgery in Israel.

The conference's program, which was carefully built by Dr. Palmanovich, is aimed to cover the most important and some of the controversial issues in our profession. I am sure you find its educational value high and useful for your practice.

Here in Meir medical center, we expect a full attendance of the Israeli foot and ankle society members. This would be a perfect opportunity to catch-up with friends, teachers and students.

We hope that this conference will be the beginning of yearly educational events to come.

Yours,

Nissim Ohana, MD

Chairman, the department of Orthopaedic surgery

Meir Medical Center, kfar-Saba.



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Faculties:

International:

Dr Kris Buedts: Foot and Ankle Surgery at Gewrichtskliniek; Foot and Ankle Surgery (Associate Editor); President BFAS ; President Elect EFAS. Antwerpen Belgium

Prof. Thanos Badekas: Director in the Department of Orthopedic at the Henry Dunant Hospital, Athenes, Greece Past president Greek Foot and Ankle Society. President of HAAST Athenes Greece

Dr Yves Tourné: Past EFAS President, Past AFCP President. France

Prof Manuel Monteagudo: Director Orthopedic Foot and Ankle Surgery Unit. Hospital Universitario Quironsalud, Madrid, Spain

Prof Norman Espinosa: Past-President Swiss Foot and Ankle Society. Zürich Switzerland

Prof. Hans-Jörg Trnka: Head of Department Vienna Foot Center. Vienna, Austria

Prof. Keith Wapner: Clinical Professor, Orthopedic Surgery University of Pennsylvania Emeritus Chief, Division of Foot and Ankle Surgery Adjunct Professor, Orthopedic Surgery. Drexel College of Medicine Past President, American Orthopedic Foot and Ankle Society

Prof Eric Baskin: Associate Professor Hackensack Meridian Medical System Senior Member Southern Ocean Medical Center Foot and Ankle Service. New Jersey USA

Prof Alexandros Eleftheropoulos: Foot and Ankle Orthopaedic Consultant Head of Orthopaedic. Department Naousa's General Hospital President of Hellenic Foot & Ankle Society. Special Secretary of HAAST. Greece

Dr. Dimitrios Metaxiotis: Consultant orthopaedic surgeon in Papageorgiou hospital in Thessaloniki. Past President of the Greek paediatric orthopaedic society

Prof Niek van Dijk : Ankle Plataform Amsterdam, Netherlands

Dr Joel Vernois: UK Consultant Orthopaedic Surgeon at the Sussex Orthopaedic NHS treatment centre



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National:

Prof Meir Nyska: Past- Chairman, Department of Orthopaedics surgery, Meir Medical Center

Dr Amir Haze: Senior Lecturer Director of the Foot and Ankle Unit. Hadassah-Hebrew University
Medical Center

Dr Tali Portal Banker: Consultant in Foot and Ankle Unit, Rambam Medical Center, Haifa, Israel

Dr Alon Burg: Director of the Foot and Ankle Unit, Beilinson Medical Center. Israel

Dr Eliezer Sidon: Senior Lecturer. Foot and ankle service, pediatric orthopedic department.
Schneider children's hospital.



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Program:

September 22nd

8:00 Registration

8:45 Greetings:

Yaron Mushkat, MD. Medical Director, Meir Medical Center

Nissim Ohana, MD. Chairman, Department of Orthopedics Surgery, Meir Medical Center

Kris Buedts MD. Elected European Foot and Ankle Society 2022

Natan Bruck MD. President, the Israeli Foot and Ankle Society

Ezequiel Palmanovich, MD. Foot and Ankle Service, Meir Medical Center

Module 1 – Ankle Instability: Panel Coordinator – Alon Burg

9:10 – 9:30 Dr Yves Tourné: Strategy in ankle instability treatment

9:30-9:50 Prof Norman Espinosa: Lateral ligament reconstruction

9:50 – 10:10 Dr Yves Tourné: The extensor retinaculum flap: an alternative to Gould modification for ankle instability

10:10 – 10:30 Prof Norman Espinosa: Deltoid ligament reconstruction

10:30 – 10:50 Prof Meir Nyska: Why there is pain after ankle sprain - tendon injuries

11:00 – 11:20 Questions

Coffee Break: 11:00 – 11:20

Module 2 – Hindfoot : Panel Coordinator – Nuny Bruck

11:20 – 11:40. Dr Kris Buedts: Pes Cavo-Varus, biomechanics and surgery reconstruction

11:40 – 12:00. Prof. Keith L. Wapner: Vascularized Osteocutaneous Flap for Salvage of Complex Foot and Ankle Deformity, Bone Loss and AVN



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12:00 – 12:20 Prof Norman Espinosa: Hindfoot reconstruction: Patient specific guides

12:20 – 12:40 Prof. Hans-Jörg Trnka: Impact of ankle arthrodesis on the adjacent joints 15 year FU study

12:40 – 12:50 Questions

Lunch Break 12:50 14:00

Module 3 – Forefoot: Panel Coordinator – Meir Nyska

14:00 – 14:20 Prof Eric Baskin: Metadductus- MIS

14:20 –14:40 Dr Alon Burg: Metatarsus adducts MIS concepts.

14:40 – 15:00 Prof Eric Baskin: Revision forefoot surgery: MIS can be a powerful tool.

15:00 – 15:20 Prof. Hans-Jörg Trnka: When is MIS DMMO an option?

15:20 – 15:40 Dr Tali Portal Banker: The Intrinsic muscles of the foot - have we forgotten the role they play in toe deformities?

15:40 – 16:00 Dr Joel Vernois: What is the alternative, when MICA is not the solution

16:00 -16:10: Questions

Coffee Break: 16:10 – 16:30

Module 4 – Trauma: Panel Coordinator – Dr Amir Haze

16:30 – 16:45 Prof Manuel Monteagudo: New ways to understand old classics: Lisfranc primary arthritis and functional hallux limitus

16:45 – 17:00 Prof. Alexandros Eleftheropoulos: Os Calcis reconstruction after failed management of calcaneal fractures

17:00 – 17:15 Dr Joel Vernois: Lisfranc MIS arthroplasty or MIS subtalar arthrodesis

17:15 – 17:30 Questions



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19:00 Congress Cocktail. Meet the faculties

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September 23rd

Module 5 – Achilles tendon: Panel Coordinator – Dr Tali Portal Banker

8:00 – 8:15 Prof Norman Espinosa Achilles tendon and muscle biology

8:15 - 8:30 Prof Keith L. Wapner: Developing Solutions to Chronic Achilles and Peroneal Tendon Injuries: What to do When the Old Ways Didn't Seem Sufficient

8:30 – 8:45 Prof Alexandros Eleftheropoulos: Arthroscopic transfer of Flexor Hallucis Longus for Achilles tendon rupture”.

8:45 – 9:00 Dr Yves Tourne: Haglund' syndromes : a surgical portfolio techniques for decision making

9:00 – 9:10 Questions

Module 6 – Pediatrics: Panel Coordinator – Dr Elhan Eliev

9:10 – 9:25 Dr Dimitrios Metaxiotis: Pediatric Flat foot – My approach

9:25 – 9:40 Dr Eliezer Sidon: Management of tarsal coalition in the pediatric population

9:40 – 9:55 Dr Dimitrios Metaxiotis: Clubfoot management

9:55 – 10:00 Questions

Coffee Break: 10:00 – 10:30



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Module 7 – Ankle Osteoarthritis: Panel Coordinator Dr Gonen Haba

10:30 – 10:45 **Dr Kris Buedts:** Osteotomies. Multilevel corrections

10:45 – 11:00 **Prof Norman Espinosa:** Total ankle replacement: Primary and Revision cases

11:00 – 11:15 **Prof Manuel Monteagudo:** Persistent flatfoot deformity after flatfoot reconstruction. Why and what next?

11:15 – 11:30: **Prof Thanos Badekas:** Osteochondral lesions of the talus the single incision technique.

11:30 – 11:40 Questions

Module 8 - Special Lecture Prof Niek van Dijk

11:40-12:10 Special Lecture Symposium By Niek van Dijk
Twenty years of innovation and advancements in ankle arthroscopy

Module 6 – New Technologies: Panel Coordinator Dr Shlomo Elias

12:20 – 12:35 **Dr Amir Haze:** Application of recombinant human amelogenin protein for ligaments and cartilage regeneration, the long track from the lab to the clinic.

12:35 – 12:50 **Dr Kris Buedts:** Joint sparing treatment ankle OA (supra malleolar /infra malleolar osteotomies , 3D guides dome osteotomies, PSI)

12:50 – 13:00 Questions



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Module 7 – Free paper presentation: Panel Coordinator Dr Amir Haze

7 minutes per presentation

1 - Diagnostic reliability of 3-dimensional (3D) model reconstruction computed tomography (CT) compared to the traditional two-dimensional (2D) CT when evaluating Lisfranc (LF) injuries. Dr Ahmad Essa. - ISRAEL

2 - Is the “Too Long Anterior Process” of the Calcaneus Really Too long?. Dr Ahmad Essa. ISRAEL

3 - Outcome of MICA procedure with distal osteotomy and first metatarsal head translation of more than 50% for correction of various Hallux Valgus severity grades - Dr Michlin ISRAEL

4 - Percutaneous repair technique of acute traumatic tendo-Achilles rupture - Dr Surdarsana. INDIA

5 - Arthroscopic decompression in Haglund Syndrome - Dr Arora. INDIA

Questions

13:30 Closure

