Monday Mid-day Prayer   Still

If you are doing this with a couple of people, responses in **bold type**. *Psalms: take each line in turns - right* ℝ *& left* ∟

Hymn

The Lord is here: **His Spirit is with us**

God of sky and sea of life and death: **Still us**
God of mind and heart of love and longing: **Still us**
God of gift and goodness, of change and stability: **Still us**
In our inner turmoil, in our outer restlessness
In our coming and our going : **Still us, Lord.**

AMEN

Psalm 130   **I am still and at peace**

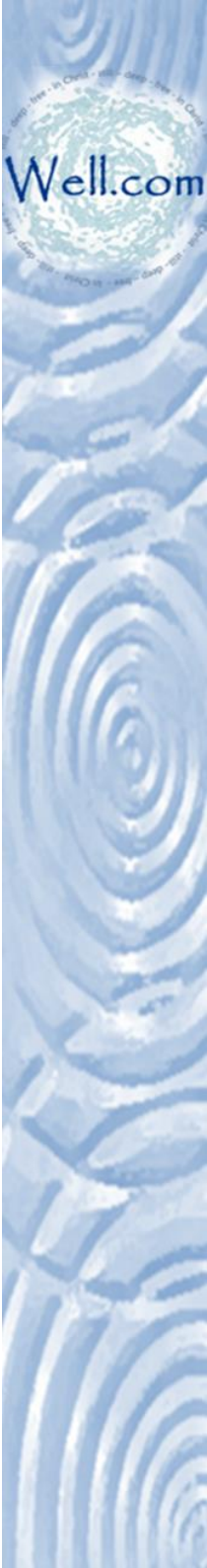ℝ Lord, I have given up my pride
and turned away from my arrogance.

∟ I am not concerned with great matters
or with subjects too difficult for me.

ℝ Instead, I am still and at peace.

∟ As a child lies quietly in its mother's arms,
so my heart is quiet within me.

 ℝ Israel, trust in the Lord now and forever!

I am still and at peace

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Scripture reading. *We're in "Ordinary Time" in the Church calendar, no high days or holidays...a chance to see God at work, Jesus with you in the very ordinary events of daily life. His presence with you making every moment, every breath with you. We continue to pray for each other, that we might know his presence with us.*

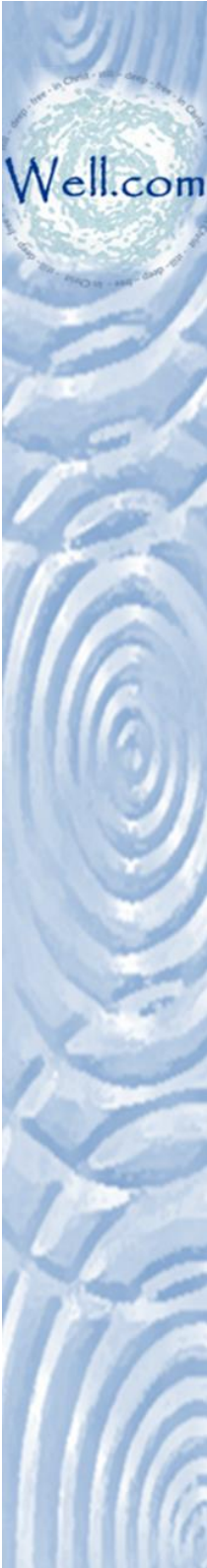This is one of two gospels suggested for today

John 15:9-17   The Passion Translation

9 "I love each of you with the same love that the Father loves me. You must continually let my love nourish your hearts. **10** If you keep my commands, you will live in my love, just as I have kept my Father's commands, for I continually live nourished and empowered by his love. **11** My purpose for telling you these things is so that the joy that I experience will fill your hearts with overflowing gladness!

12 "So this is my command: Love each other deeply, as much as I have loved you. **13** For the greatest love of all is a love that sacrifices all. And this great love is demonstrated when a person sacrifices his life for his friends.

14 "You show that you are my intimate friends when you obey all that I command you. **15** I have never called you 'servants,' because a master doesn't confide in his servants, and servants don't always understand what the master is doing. But I call you my most intimate and cherished friends,[f] for I reveal to you everything that I've heard from my Father. **16** You didn't choose me, but I've chosen and commissioned you to go into the world to bear fruit. And your fruit will last, because whatever you ask of my Father, for my sake, he will give it to you! **17** So this is my parting command: Love one another deeply!"

Lord, in the middle of this day, with all its ups and downs, we bring ourselves into the stillness of your presence and we pray

For a world affected by coronavirus
Lord in your mercy, hear our prayer

For those struggling with mental health difficulties
Lord in your mercy, hear our prayer

For those burdened by financial troubles
Lord in your mercy, hear our prayer

For those who feel cut off and alone
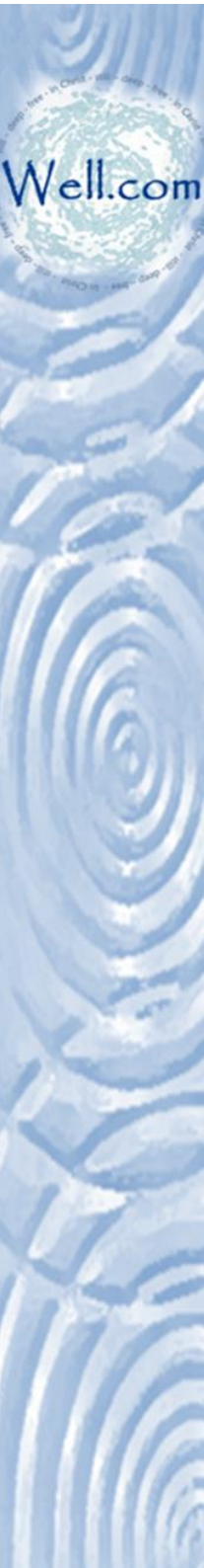**Lord in your mercy, hear our prayer**

For those who constantly live with poverty and disease in so many parts of the world and for those who work hard to prevent it.   **Lord in your mercy, hear our prayer**

For those who provide care for others, especially those caring for the sick in this pandemic   **Lord in your mercy, hear our prayer**

We pray for wisdom for those in research and in leadership,
Lord in your mercy, hear our prayer

We pray to trust your presence with us and to be open to what you are showing us at this time
Lord in your mercy, hear our prayer

Our Father….

Gentle Mother- Father God
Deep within
Holding us
in loneliness
in laughter and in excitement
in tears and tension
Draw us into your stillness
open us to your quiet presence
Wrap us in the safety of your love.

May we rest
In the stillness of God
May we find acceptance
in the deep love of his Son
and in our coming and our going
may we experience
the freedom of the Spirit
day by day
calling us
to new life
together
in Christ

We live this day **In the Name of the Father**
and of the Son and of the Holy Spirit Amen