

Friday Mid-day Prayer

In Christ

*If you are doing this with a couple of people, responses in **bold type**. Psalms: take each line in turns - right **R** & left **L***

Hymn

The Lord is here: **His Spirit is with us**

Christ with me - Christ before me - Christ behind me

In Christ always

Christ in me - Christ above and below - Christ on my right and left

In Christ always

Christ in my rising and my sitting - Christ in all I meet this day

In Christ always

Psalm 23

Remember, I am with you always (Matt 28:20)

R The Lord is my shepherd; I have all that I need.

He lets me rest in green meadows;

he leads me beside still waters.

L He renews my strength.

He guides me along right paths, bringing honour to his name.

R Even when I walk through the darkest valley,

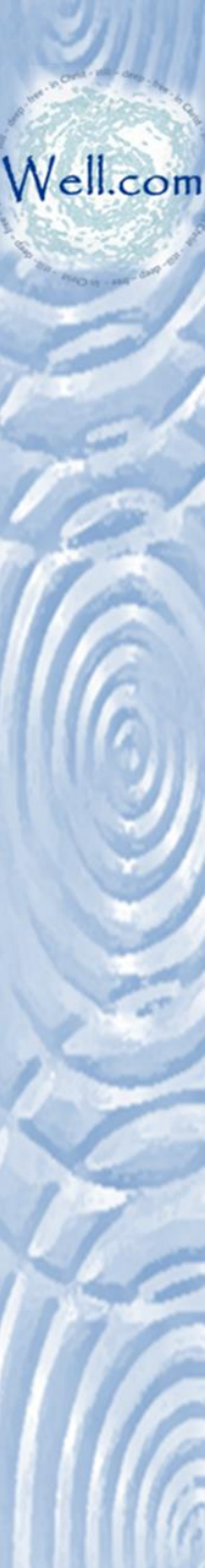
I will not be afraid, for you are close beside me.

Your rod and your staff protect and comfort me.

L You prepare a feast for me in the presence of my enemies.

You honour me by anointing my head with oil.

My cup overflows with blessings.



R Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.

Remember, I am with you always

Scripture reading.. *The Word is happening as we go about our daily life, especially in these troubled times. What stands out for you? Let us know and let's continue to keep each other in prayer.*

Some Christians today remember a young girl called Therese who died when she was only 24. She spent her short life in a convent, every little thing she did flowed from a passionate love of Jesus. She was innocent and child like and in her writings encouraged little acts of love, fostering the kind of attitude Jesus praised when he said that the kingdom belonged to children.

Jeremiah 1: 4-9

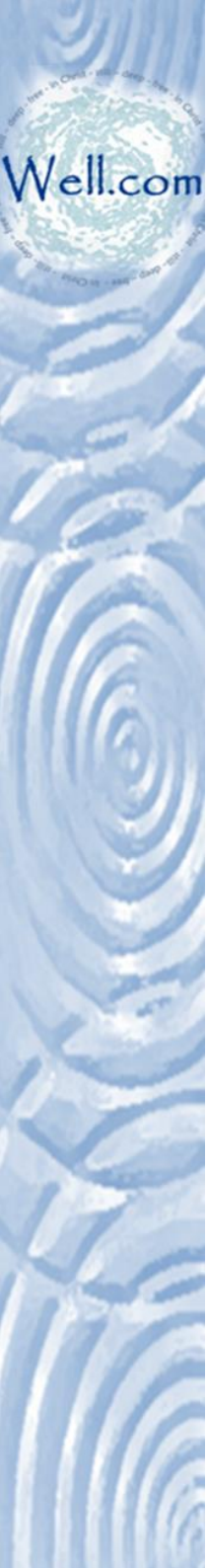
The word of the Lord came to me, saying,

⁵ "Before I formed you in the womb I knew^[a] you,
before you were born I set you apart;
I appointed you as a prophet to the nations."

⁶ "Alas, Sovereign Lord," I said, "I do not know how to speak; I am too young."

⁷ But the Lord said to me, "Do not say, 'I am too young.' You must go to everyone I send you to and say whatever I command you. ⁸ Do not be afraid of them, for I am with you and will rescue you," declares the Lord.

⁹ Then the Lord reached out his hand and touched my mouth and said to me, "I have put my words in your mouth. ¹⁰ See, today I appoint you



In Christ we pray

to remember that he is with us
in this crisis,
in our anxiety
in our distress

In Christ we pray

To accept our helplessness,
to feel his strength
to know his comfort

In Christ we pray

To be his care for others,
to show his love
to comfort those in need

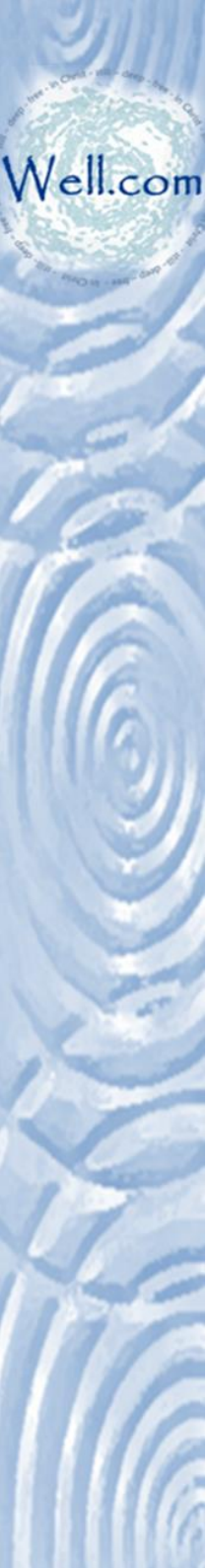
In Christ we pray

To live each day
to the full
in his company
with faith and hope

In Christ we pray

For those who are suffering
from the virus and those
who will care for them in the weeks to come.

Our Father....



Let us live these uncertain times
In Christ
Trusting in his presence
Secure in his love

AMEN

**May we rest
In the stillness of God
May we find acceptance
in the deep love of his Son
and in our coming and our going
may we experience
the freedom of the Spirit
day by day
calling us
to new life
together
in Christ**

We live each day:
**In the Name of the Father
and of the Son
and of the Holy Spirit Amen**