

If you are doing this with a couple of people, responses in **bold type**. Psalms: take each line in turns - right \mathbb{R} & left \mathbb{L}

Hymn

Well.com

The Lord is here: His Spirit is with us

God of sky and sea of life and death: Still us
God of mind and heart of love and longing: Still us
God of gift and goodness, of change and stability: Still us
In our inner turmoil, in our outer restlessness
In our coming and our going: Still us, Lord.

AMEN

Psalm 130

I am still and at peace

R Lord, I have given up my pride and turned away from my arrogance.

L I am not concerned with great matters or with subjects too difficult for me.

R Instead, I am still and at peace.

L As a child lies quietly in its mother's arms, so my heart is quiet within me.

R Israel, trust in the Lord now and forever!

I am still and at peace



Scripture reading.

The Holy Spirit brings life to this scripture in ways that will surprise us, not just as we read it but as we move through each day. This scripture is happening as we go about our daily life, especially in these troubled times. What stands out for you. Let us know and let's continue to keep each other in prayer.

Gospel

Lk 9:46-50

An argument arose among the disciples about which of them was the greatest.

Jesus realized the intention of their hearts and took a child and placed it by his side and said to them,

"Whoever receives this child in my name receives me, and whoever receives me receives the one who sent me.

For the one who is least among all of you is the one who is the greatest."

Then John said in reply,

"Master, we saw someone casting out demons in your name
and we tried to prevent him
because he does not follow in our company."

Jesus said to him,

"Do not prevent him, for whoever is not against you is for you."



Lord, in the middle of this day, with all its ups and downs, we bring ourselves into the stillness of your presence and we pray

For a world affected by coronavirus Lord in your mercy, hear our prayer

For those struggling with mental health difficulties Lord in your mercy, hear our prayer

For those burdened by financial troubles Lord in your mercy, hear our prayer

For those who feel cut off and alone Lord in your mercy, hear our prayer

For those who constantly live with poverty and disease in so many parts of the world and for those who work hard to prevent it. Lord in your mercy, hear our prayer

For those who provide care for others, especially those caring for the sick in this pandemic **Lord in your mercy, hear our prayer**

We pray for wisdom for those in research and in leadership, Lord in your mercy, hear our prayer

We pray to trust your presence with us and to be open to what you are showing us at this time

Lord in your mercy, hear our prayer



Our Father....

Gentle Mother- Father God
Deep within
Holding us
In this lock-down
in loneliness
in laughter and in excitement
in tears and tension
Draw us into your stillness
open us to your quiet presence
Wrap us in the safety of your love.

May we rest
In the stillness of God
May we find acceptance
in the deep love of his Son
and in our coming and our going
may we experience
the freedom of the Spirit
day by day
calling us
to new life
together
in Christ

We live this day In the Name of the Father and of the Son and of the Holy Spirit Amen