

## Friday Mid-day Prayer

## In Christ

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*If you are doing this with a couple of people, responses in bold type. Psalms: take each line in turns - right R & left L*

### Hymn

The Lord is here: **His Spirit is with us**

Christ with me - Christ before me - Christ behind me

**In Christ always**

Christ in me - Christ above and below - Christ on my right and left

**In Christ always**

Christ in my rising and my sitting - Christ in all I meet this day

**In Christ always**

### Psalm 23

**Remember, I am with you always** (Matt 28:20)

R The Lord is my shepherd; I have all that I need.

He lets me rest in green meadows;

he leads me beside still waters.

L He renews my strength.

He guides me along right paths, bringing honour to his name.

R Even when I walk through the darkest valley,

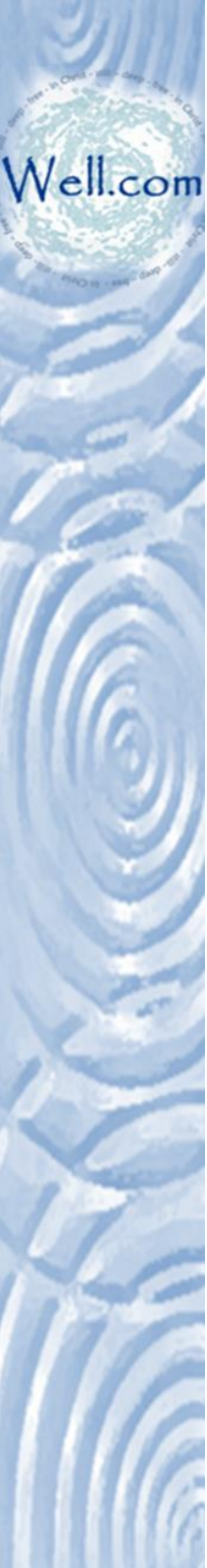
I will not be afraid, for you are close beside me.

Your rod and your staff protect and comfort me.

L You prepare a feast for me in the presence of my enemies.

You honour me by anointing my head with oil.

My cup overflows with blessings.



**R** Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.

**Remember, I am with you always**

### **Scripture reading.**

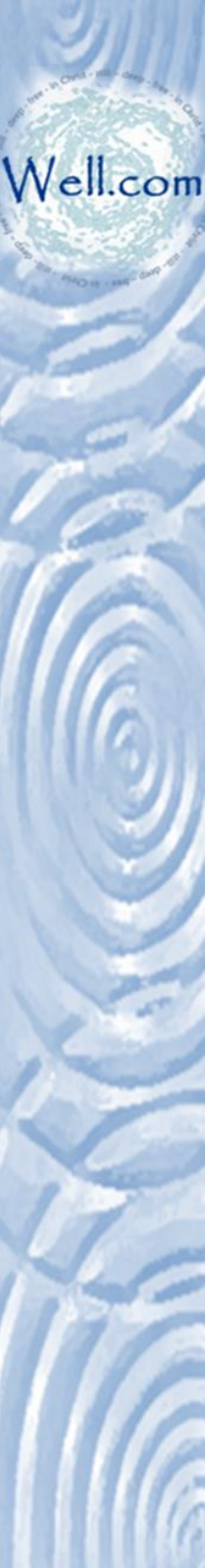
*. The Word is happening as we go about our daily life, especially in these troubled times. What stands out for you?*

2 Corinthians 11:18, 21--30 New Living Translation

And since others boast about their human achievements, I will, too. But whatever they dare to boast about—I'm talking like a fool again—I dare to boast about it, too. Are they Hebrews? So am I. Are they Israelites? So am I. Are they descendants of Abraham? So am I. Are they servants of Christ? I know I sound like a madman, but I have served him far more! I have worked harder, been put in prison more often, been whipped times without number, and faced death again and again. Five different times the Jewish leaders gave me thirty-nine lashes. Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked. Once I spent a whole night and a day adrift at sea. I travelled on many long journeys. I faced danger from rivers and from robbers. I faced danger from my own people, the Jews, as well as from the Gentiles, in the cities, in the deserts, and on the seas, and from men who claim to be believers but are not. I worked hard and long, enduring many sleepless nights. I have been hungry and thirsty and have often gone without food. I have shivered in the cold, without enough clothing to keep me warm.

Then, besides all this, I have the daily burden of my concern for all the churches. Who is weak without my feeling that weakness? Who is led astray, and I do not burn with anger?

If I must boast, I would rather boast about the things that show how weak I am.



### **In Christ we pray**

to remember that he is with us  
in this crisis,  
in our anxiety  
in our distress

### **In Christ we pray**

To accept our helplessness,  
to feel his strength  
to know his comfort

### **In Christ we pray**

To be his care for others,  
to show his love  
to comfort those in need

### **In Christ we pray**

To live each day  
to the full  
in his company  
with faith and hope

### **In Christ we pray**

For those who are suffering  
from the virus and those  
who will care for them in the weeks to come.

### **Our Father....**

Let us live these uncertain times  
In Christ  
Trusting in his presence  
Secure in his love

**AMEN**

**May we rest  
In the stillness of God  
May we find acceptance  
in the deep love of his Son  
and in our coming and our going  
may we experience  
the freedom of the Spirit  
day by day  
calling us  
to new life  
together  
in Christ**

We live each day:  
**In the Name of the Father  
and of the Son  
and of the Holy Spirit Amen**