

CAMP ALL-STARS 2023



Dates: Friday, August 11 leaving Attleboro High School, 1 Blue Pride Way Attleboro, MA 02703 parking lot at 10:00 AM, please be there by 9:00 for check-in. Returning on Friday, August 18 at 1:00 PM at AHS.

Watertown Campers: Be at Watertown Middle School by 10:30 AM to pick-up the bus.

Medical Form: Each camper **must** have a signed medical information and agreements as well as a latest physical form before he or she arrives at camp. No camper will be able to participate in any camp activity without a medical release. Please email or text the forms as soon as they are completed. In case of an emergency, we use Northern Light Inland Hospital in Waterville, Maine.

Camp Schedule: Breakfast at 8:00, lunch at 12:15 and dinner at 5:30. There is a session in the morning, one in the afternoon and games after dinner; also, an evening program will take place at 8:45. Everyone must be in their bunks by 10:00 and lights out at 10:30. Camp will be very demanding therefore it is important that everyone be in good shape before arriving at camp in order to avoid injuries.

Clothing: Bring as many shorts, socks and T-shirts as you have, you will need them. During mid-week you will have your laundry done. Make sure you mark your clothes. Bring soccer shoes if you are doing the soccer camp and indoors or sneakers. You will not need a lot of extra clothing such as dress-up clothing. You should have a sweatshirt or a jacket; the evenings tend to get a bit cool in Maine in late August. Also bring a bathing suit and rain gear. Make sure your clothing is labeled with your name.

Bring a pillow and a blanket; camp will supply sheets, a pillowcase and a daily clean towel. **MUST** bring a mesh laundry bag. Laundry is done in individual bags. The whole bunk laundry is done together.

Food: You don't need to bring any food; the food at camp is excellent. Bring snacks in case you get hungry between meals (Nut-Free). Don't need to bring water. Camp water is fresh Maine well water. Please notify us with any food allergies or dietary concerns.

If anyone is caught with cigarettes, vaping, drugs or alcohol, he or she will be sent home immediately. Parents will drive up to pick up their child if this happens.

Ball: Everyone should have a good ball if doing the soccer or volleyball camp (make sure your name is on it).

Questions: Parents or campers should contact Peter Pereira with any questions or concerns at peterpereira@comcast.net or at 1-508-212-4419. Please check the website regularly to see camp photos and for any changes or updates: www.peterapereira.com. During camp all activities, rosters and schedules will be online and parents will be able to check out daily photos.

Please email or text medical and physical forms. Forms must be sent digitally, please do not mail them.

Camp Manitou
47 Camp Manitou Cove
Oakland, ME 04963
(1-508-212-4419 Peter Pereira)

Camp Somerset
11 Somerset Lane
Smithfield, ME 04978
(1-508-397-3843 Karen Pereira)