 

11am Nogi Adult Comp Prep

5:30pm Kids Striking

Wrestling

2:00 pm

 **www.Themmacollective.com**

**The MMA Collective**  **Weekly schedule 2021**

6:30PM Adults Striking

5pm Kids Brazilian Jiu Jitsu

6:30pm Adults BJJ Fundamentals

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7:30pm Adult BJJ Blue belt & higher

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7pm Adult Nogi

6pm Kids comp Nogi

5pm Womens Fitness

4pm Comp Wrestling

5pm Kids Brazilian Jiu Jitsu

7:30pm Nogi sub grappling

Boxing 11:30

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Mini warriors 11am