





- 1-2 tbsp Vegetable oil
- 2 tsp Mixed dried herbs
- 3 pinches of salt
- 2 X Carrots
- 2 X Parsnips

- 1. Pre heat the oven to 180 degrees
- 2. Wash and scrub carrots and parsnips & trim ends
- 3. Peel strips of each and place them into large bowl.
- 4. Add seasoning and mix
- 5. Add oil
- 6. Mix to coat the veg strips well.
- 7. Line each baking tray with baking paper, and place veg strips side by side with no overlap.
- 8. Place in the oven- cook untilthey have started to brown, parsnips a golden colour, carrots a deep orange colour.
- 9. Remove any that cook quicker and place on a wire rack to cool and dry whilst others finish.
- 10. The timing can take between 10-20 mins, so it is important to watch them.
- 11. Place all on a wire rack to dry and crisp up.
- 12. Serve

HERBY VEG CRISPS





- 2 packs of ready roll puff pastry (room temp)
- 4-6 slices of cooked smoked ham
- 150g grated cheese of choice
- 2 -3 tbsp Wholegrain Mustard or Cranberry Sauce
- 1. Preheat oven to 180 degrees
- 2. Grate cheese or use ready grated
- 3. Unroll pastry sheets
- 4. Top one sheet with mustard, then ham, and then cheese
- 5. Place second pastry sheet on top and press down lightly.
- 6. Using sharp knife cut stripes 2-3cm wide lengthways
- 7. According fold pastry over and back on itself, closing inward to create a Christmas tree effect.
- 8. Run skewer from base, through layer to top
- 9. Bake in preheated oven for 10-12 minutes
- 10. Remove and allow to cool slightly
- 11. Serve with a side dip or plain and enjoy.

SAVOURY PASTRY CHRISTMAS TREES





- 8-10 Medium Potatoes
- Salt
- 50--70g Grated parmesan (or hard cheese like pecorino)
- Paprika- Approx 1 tsp per 2 potatoes
- 3-4 tbsp Vegetable oil

- 1. PRE-HEAT Oven to 200 degrees
- 2. Peel potatoes, rinse and cut into quarters
- 3. Add to pan and fill with water to cover
- 4. Add large pinch of salt and bring to the boil. Add large pinch of salt to water.
- 5.One boiling, turn down heat and simmer for 7 mins approx
- 6. Over sink pour potatoes into colander, removing all the water and shake to roughen edges.
- 7. Put them back into the pan, add oil. Hold lid on pan and shake to coat
- 8. Transfer to roasting tin and put on top shelf in oven.
- 9.These will need to cook for approx 45 mins- until golden brown and crispy on the outside
- 10. After 40 mins add grated parmesan and paprika to potatoes and shake gently to cover.
- 11. Reduce over to 150 degrees and put back in 5 mins

CRISPY PARMESAN PAPRIKA POTATOES





- 2-3 Medium Sweet Potatoes
- 15-20 Brussels Sprouts
- 2 Handfuls of Dried Cranberries
- 2 tbsp Olive Oil
- Black Pepper
- Salt

For Dressing

- 2 tsp Dijon Mustard
- Salt
- Black Pepper
- 2 tbsp Olive Oil
- 1 tbsp rice wine vinegar/balsamic vinegar

- 1. Preheat oven to 200 degrees C
- 2. Halve the brussels sprouts and chop sweet potatoes to a similar size.
- 3. Add to a bowl, pour over oil and season.
- 4. Mix well to coat
- 5. Spread onto baking tray (aim for brussels to be cut side down)
- 6. Roast for 20-30 mins. Check regularly and toss 1-2 times throughout cooking.
- 7. Scatter cranberries onto tray for last 5 minutes of cooking time.
- 8. In a bowl, whisk the dijon mustard and vinegar together, then slowly pour in the olive oil whisking continuously. Season to taste
- 9. Coat the vegetables with the dressing
- 10. Can be served hot, warm or cold!

BETTER BRUSSELS





INGREDIENTS

- 8 fresh sausages
- 8-16 rashers of streaky bacon
- Cranberry Sauce
- Brie wedge
- Black Pepper

DIRECTIONS

- 1. Slice brie to 1/2cm thick slices
- 2. Using tongs and a sharp knife, slide sausages lengthways. Cut through 3/4 of the way to create a pocket.
- 3. Spoon 1-2 tsp of cranberry sauce in to pocket
- 4. Lay brie slices into pocket.
- 5. Repeat with all sausages
- 6. Set aside
- 7. Lay bacon slices out
- 8. Wrap each sausage in 1-2 bacon slices
- 9. Season with black pepper
- 10. Cook sausages according to packet directions. Put the seam/join of the bacon down first or secure with a cocktail stick

PIGS IN DUVETS