



U.S. NAVAL SEA CADET CORPS

LONE SAILOR DIVISION



The Plan of the Day is an official document of the Lone Sailor Division. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules. Officers and Squad Leaders are expected to carry the POD at all times.

COMMAND STAFF

Commanding Officer

ENS Larry Reinhart
571.451.5010

co_lonesailor_division@hotmail.com

Executive Officer

INST Michelle Schwab
402.540.4623

schwabmichelle@rocketmail.com

Chief Petty Officer

CPO Olivia Schwab

Lead Petty Officer

CPO Jared Fairchild

Asst Lead Petty Officer

PO2 Ian Raut

Phrase of the Day

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."
Quincy Adams

John

Drill Location

OFFSITE

American Legion Post 63 Winter Garden
2501 General Rees Ave
Orlando, FL 32814

Friday - 13 MAY 22**Drill Hours: 1730-2100**

Uniform of the Day

Cadets : Summer Dress Whites

New Cadets : N/A

Officers & Staff : Officers - Summer Dress Whites // Staff - Official Alternates

Drill Schedule

1730 - All Cadets & Guests Arrive

2100 - Dismissed

Ready List

CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION

Cadets shall have properly groomed nails, hair cuts, shaved faces, and hair in bun



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Phrase of the Day

All in, all the time. ~ US Navy SEALs

Drill Location

OFFSITE

Jetty Park

9035 Campground Circle

Cape Canaveral, Florida 32920

Saturday - 14 MAY 22**Drill Hours: 0800-1500**

Uniform of the Day

Cadets : Arrive - USNSCC PT Uniform w/ Yellow PT Shirt // Switch Into - Civilian Clothes

New Cadets : N/A

Officers & Staff : Blue Unit T-Shirts

Drill Schedule

0800 - Staff Officers and Cadets Arrive
0815 - Cadets Report to Quarterdeck
0830 - Official PRT
0930 - Beach Activity
1030 - Switch into Civilian Clothing
1100 - Begin Grilling
1130 - Chow
1500 - Dismissed

Ready List

CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION

Cadets shall have properly groomed nails, hair cuts, shaved faces, and hair in bun

Cadets shall properly hydrate the evening prior to drill and bring a hydration pack filled with water