

Univentricular hearts

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Centre de Référence Maladies Rares

Malformations Cardiaques Congénitales Complexes-M3C

Centre de Référence Maladies Rares

Maladies Cardiaques Héréditaires- CARDIOGEN



Université de Paris



Filière nationale de santé
maladies cardiaques héréditaires



European
Reference
Network
for rare or low prevalence
complex diseases

Network
Respiratory Diseases
(ERN-LUNG)



European
Reference
Network
for rare or low prevalence
complex diseases

Network
Heart Diseases
(ERN GUARD-HEART)

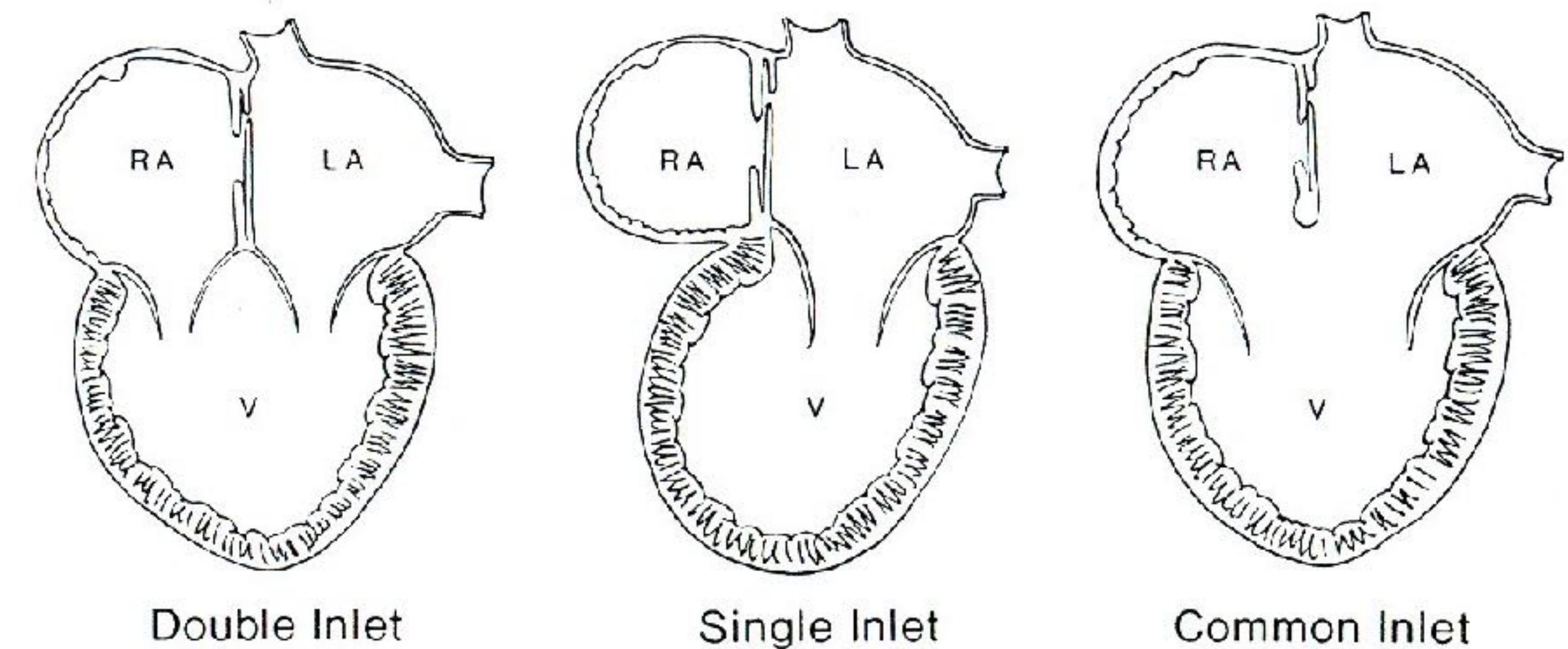


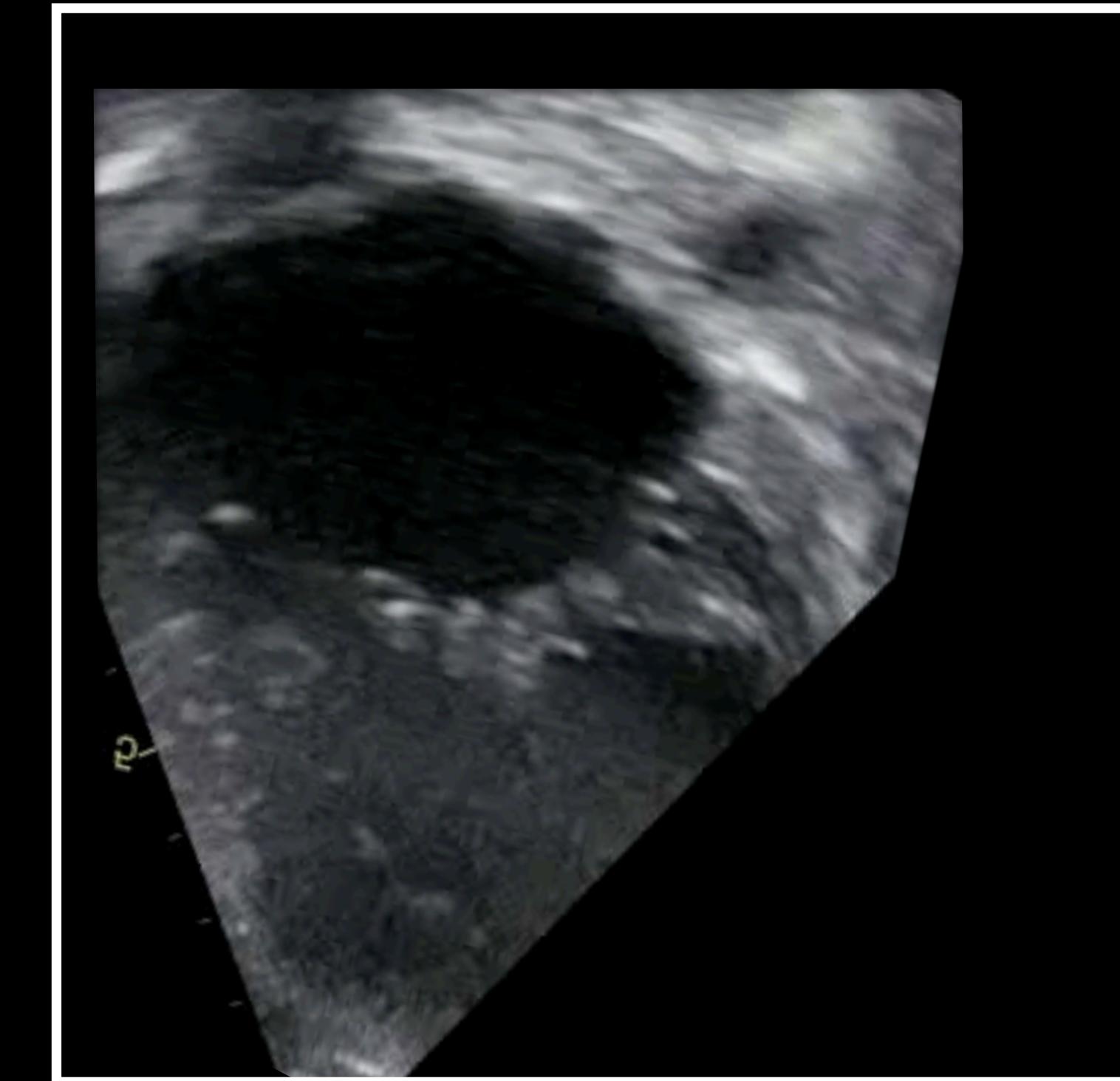
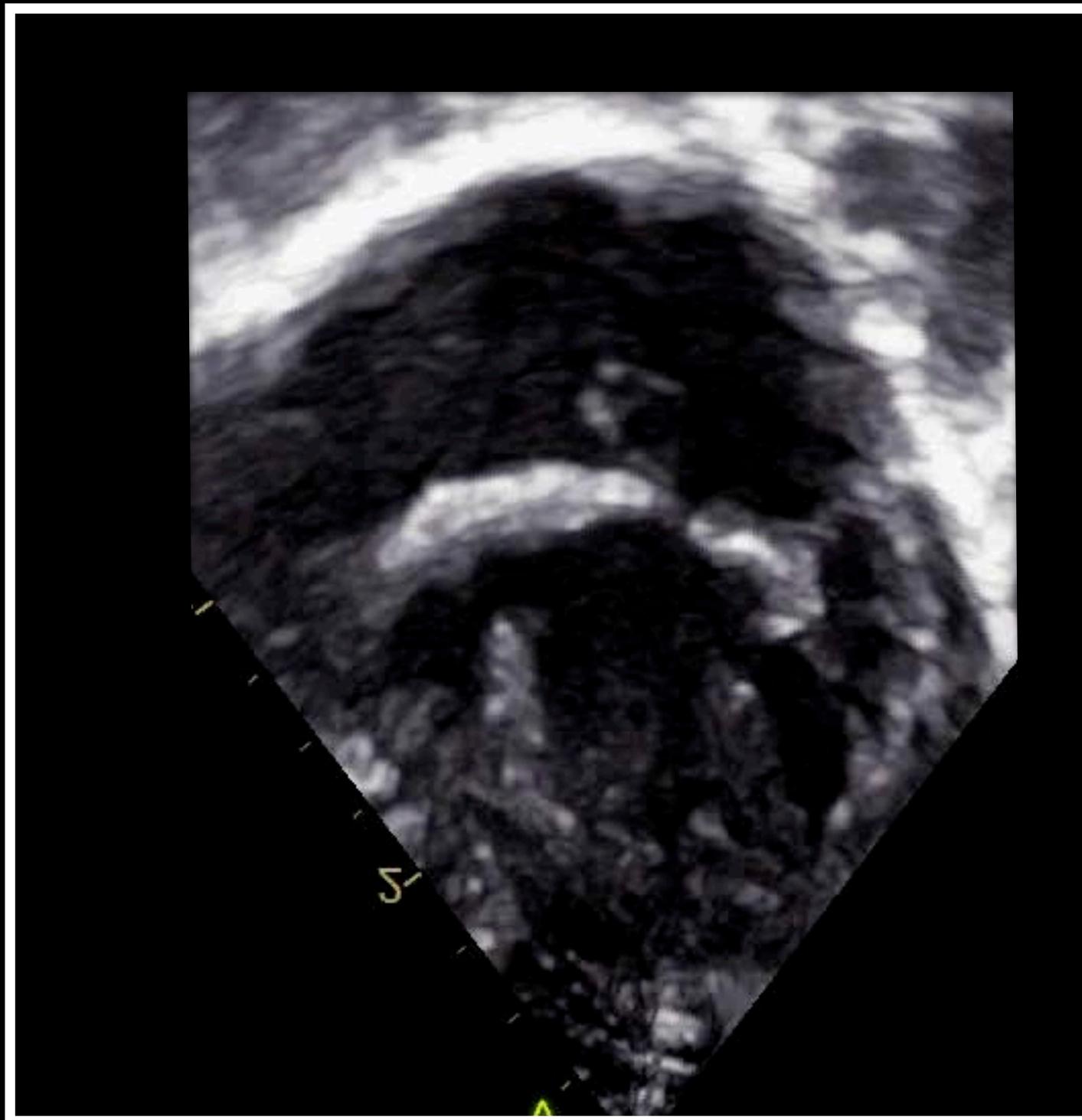
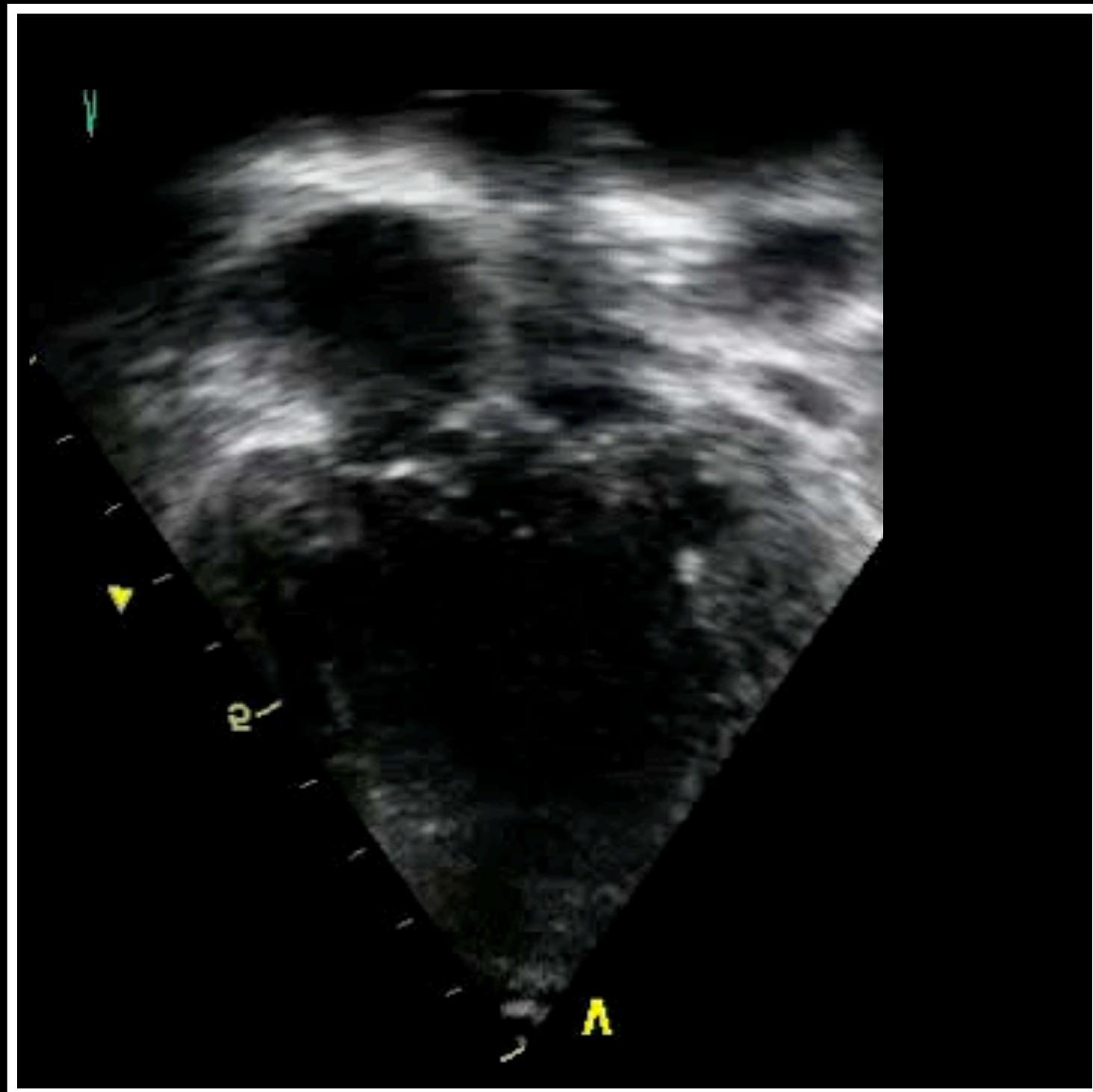
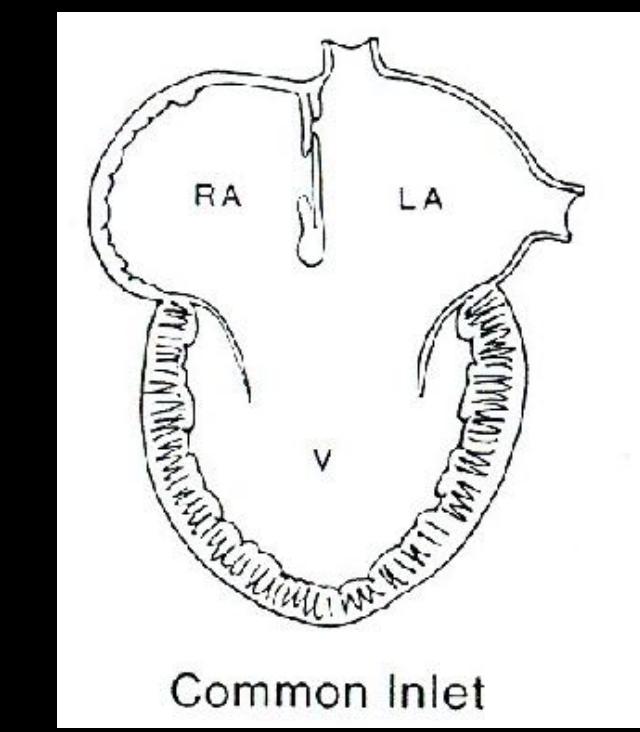
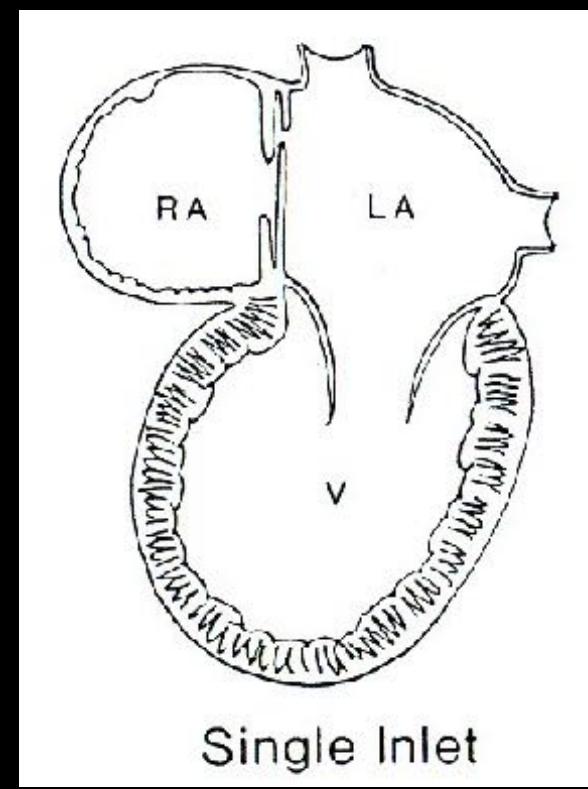
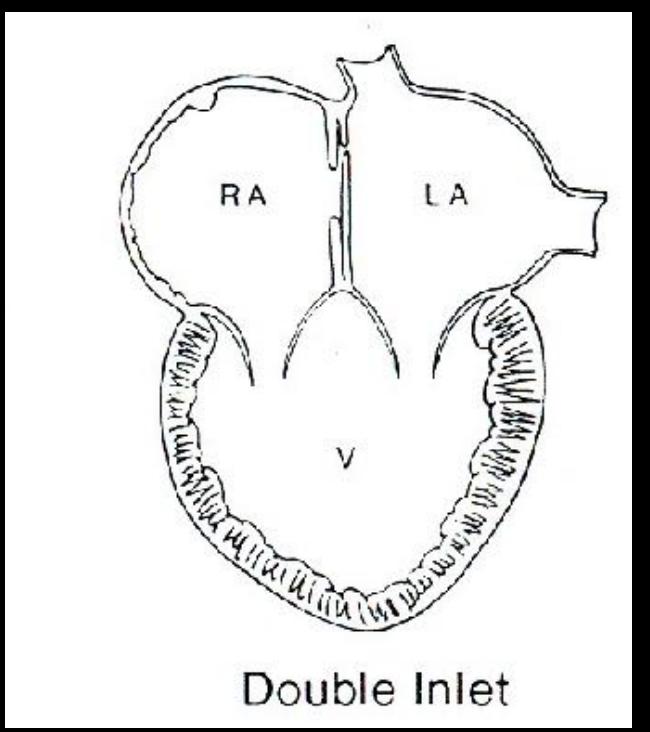
Association pour la Recherche en Cardiologie
du Fœtus à l'Adulte

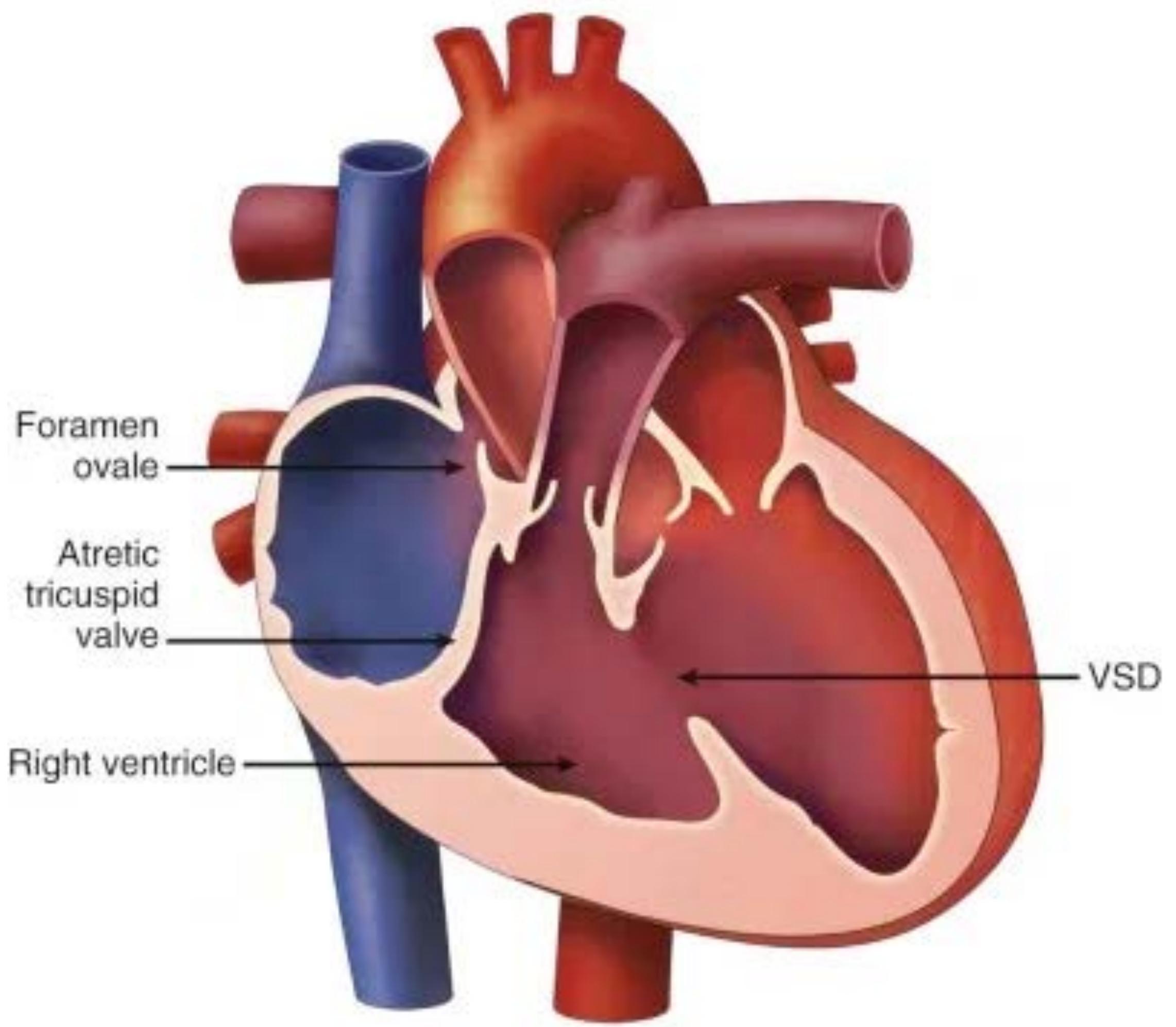
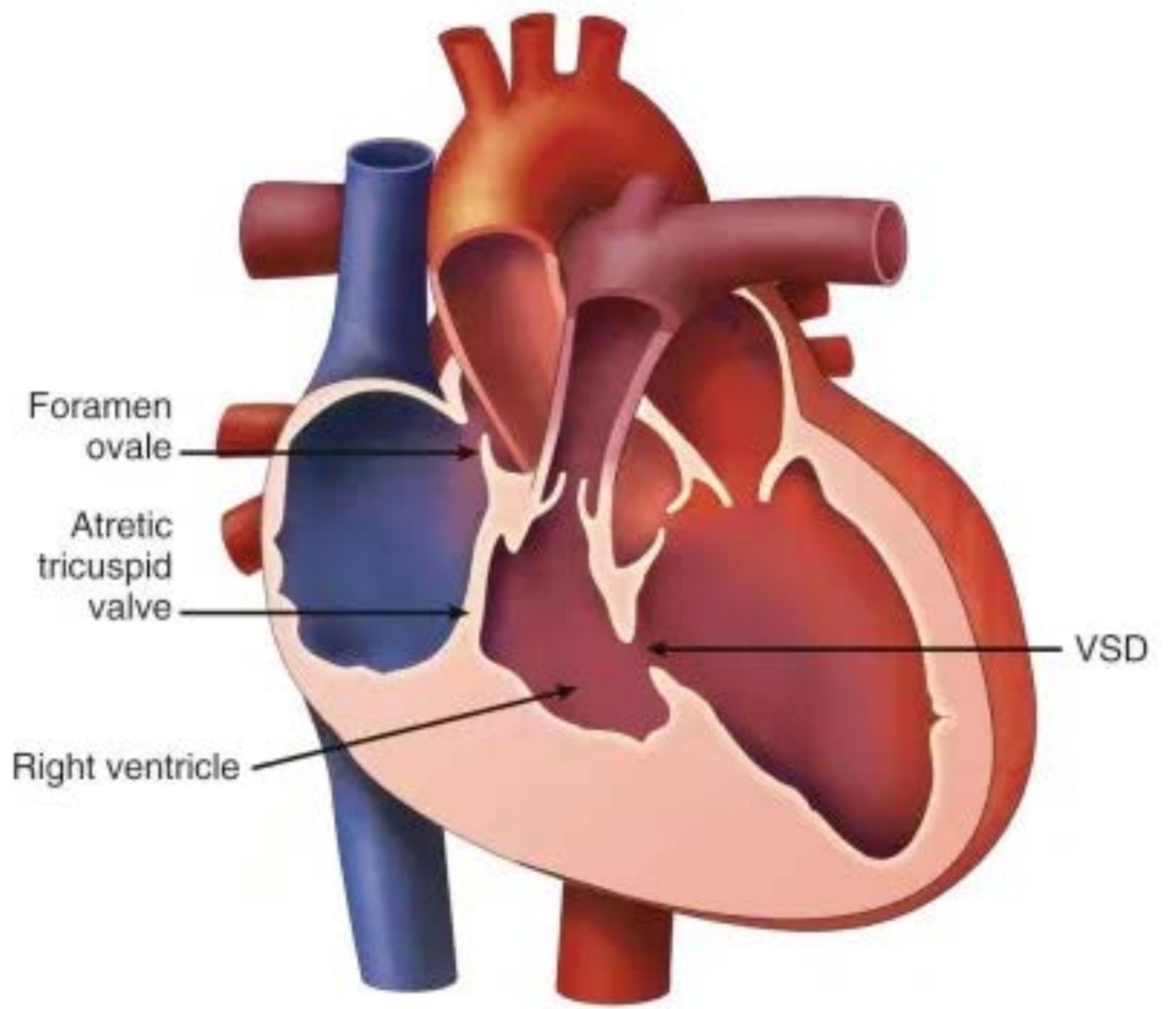


Anatomic definition of univentricular hearts

- Unique ventricle definition :
 - Double inlet ventricle
 - The two AV junctions are connected to a single ventricle
 - or the AV connection is unique
- AV valves
 - Both patent
 - One atretic
 - Common AV valve
- Accessory ventricle
 - does not have an inlet
 - Has an outlet
 - Hypoplastic apex

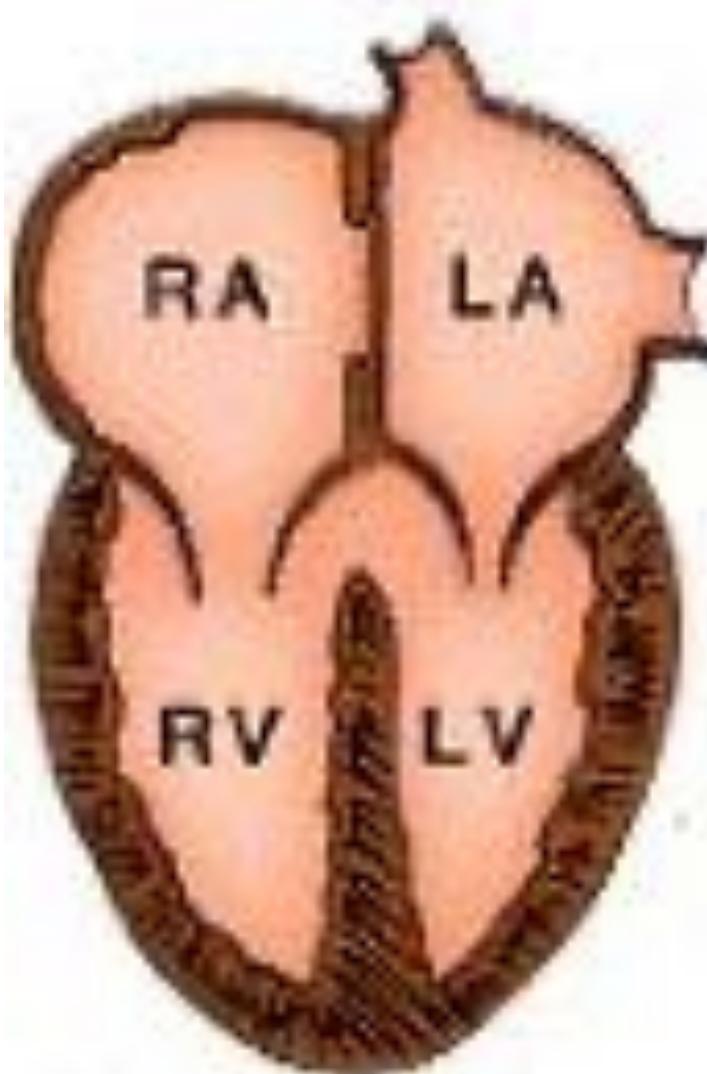




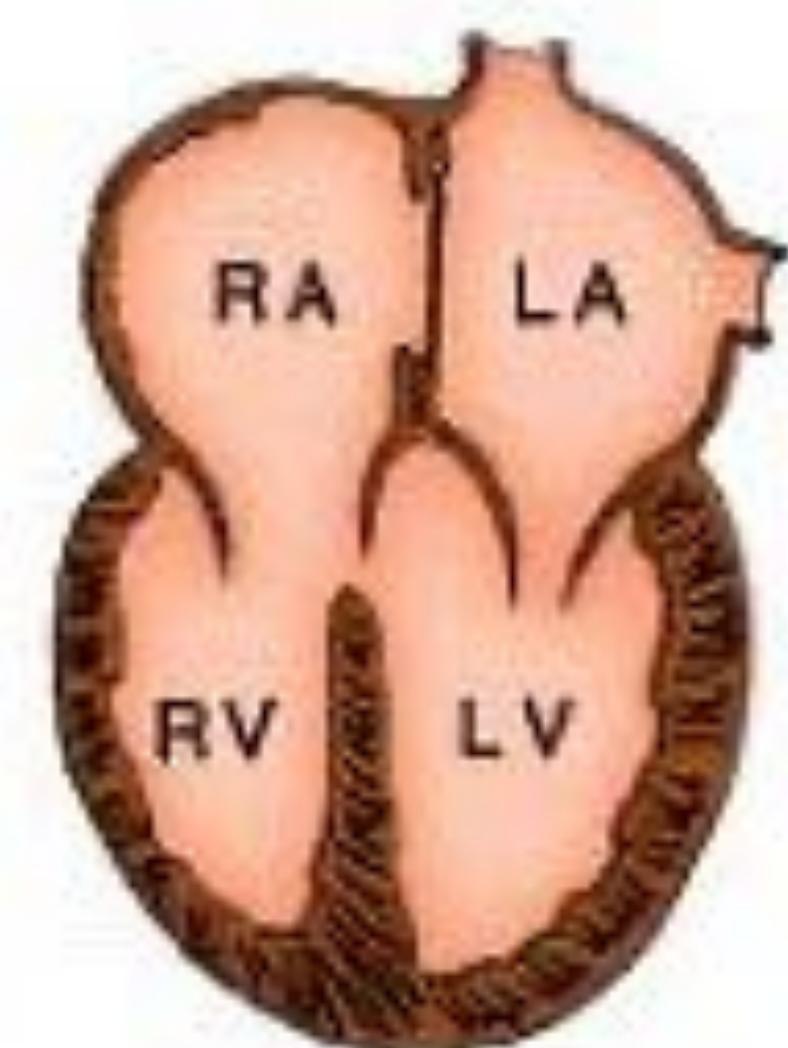


Physiological definition of univentricular hearts

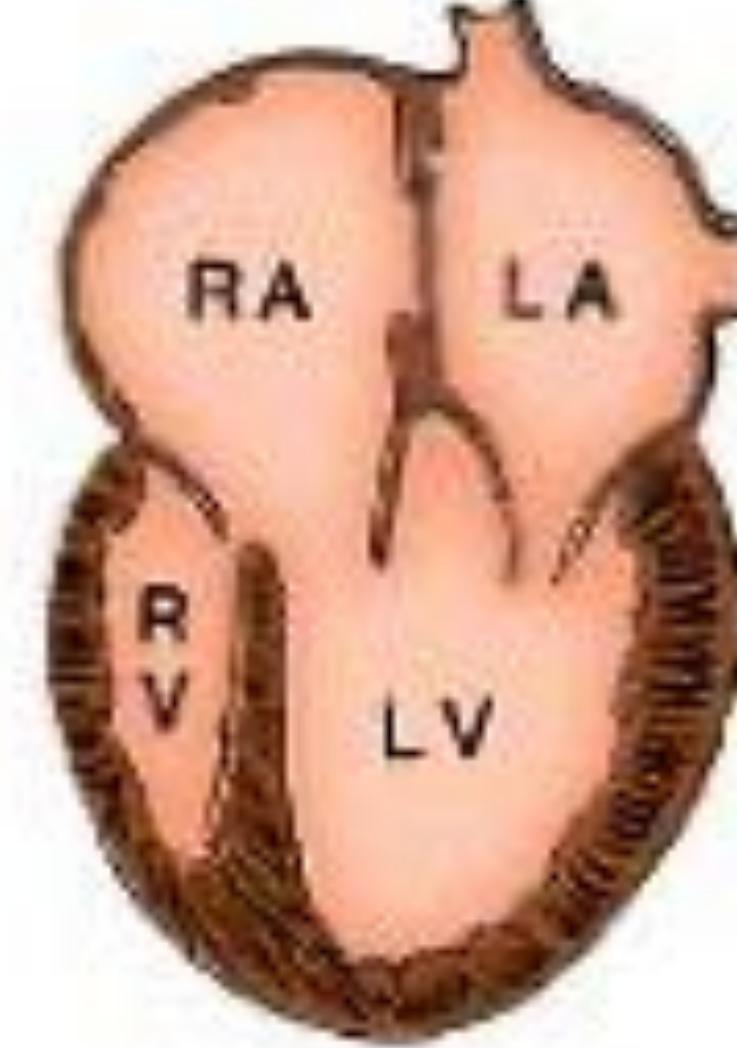
- All hearts for which biventricular repair is not possible
- 2 big categories
 - AV connection of the **univentricular type**
 - Double inlet ventricle
 - left, right, not defined
 - Absence of one AV connection
 - Tricuspid atresia, mitral atresia, imperforate valve
 - AV connection of the **biventricular type**
 - Very large or multiple VSDs
 - Hypoplastic left hearts
 - HLHS, small left ventricles with multiple obstructions, DORV with non committed VSD and small left ventricle
 - Hypoplastic right hearts
 - PA-IVS, hypoplastic right ventricle
 - Unbalanced AVSD
 - Straddling of one AV valve with hypoplasia of one ventricle



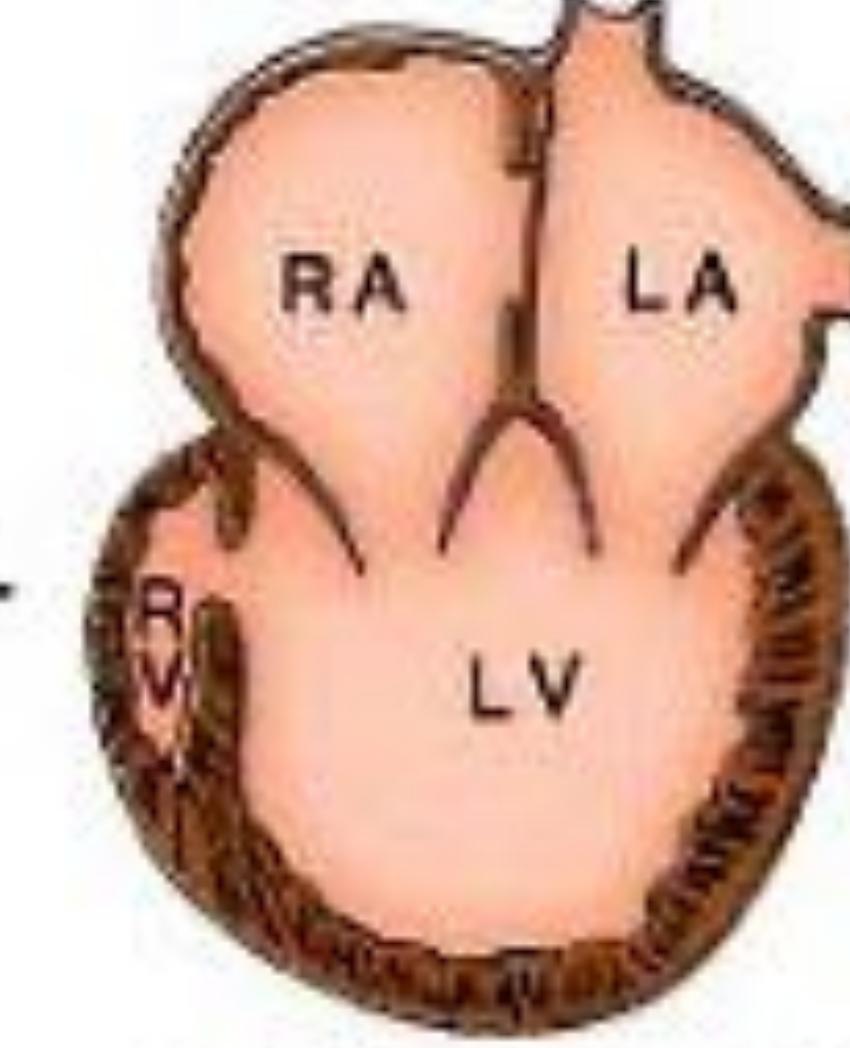
Concordance
without
overriding



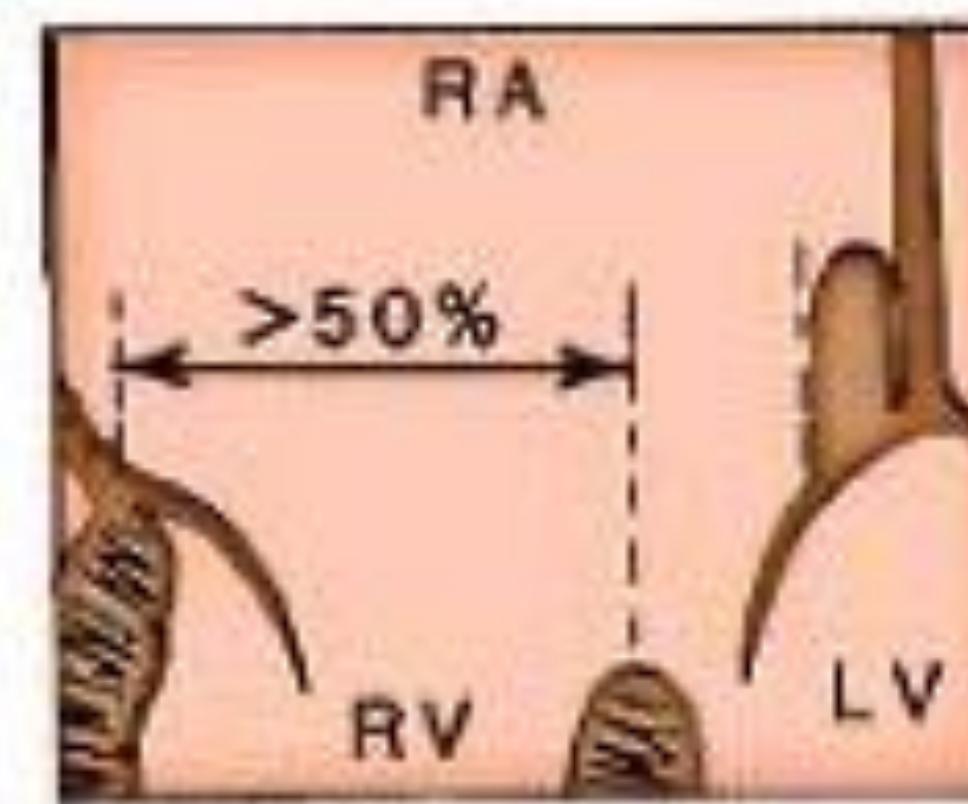
Concordance
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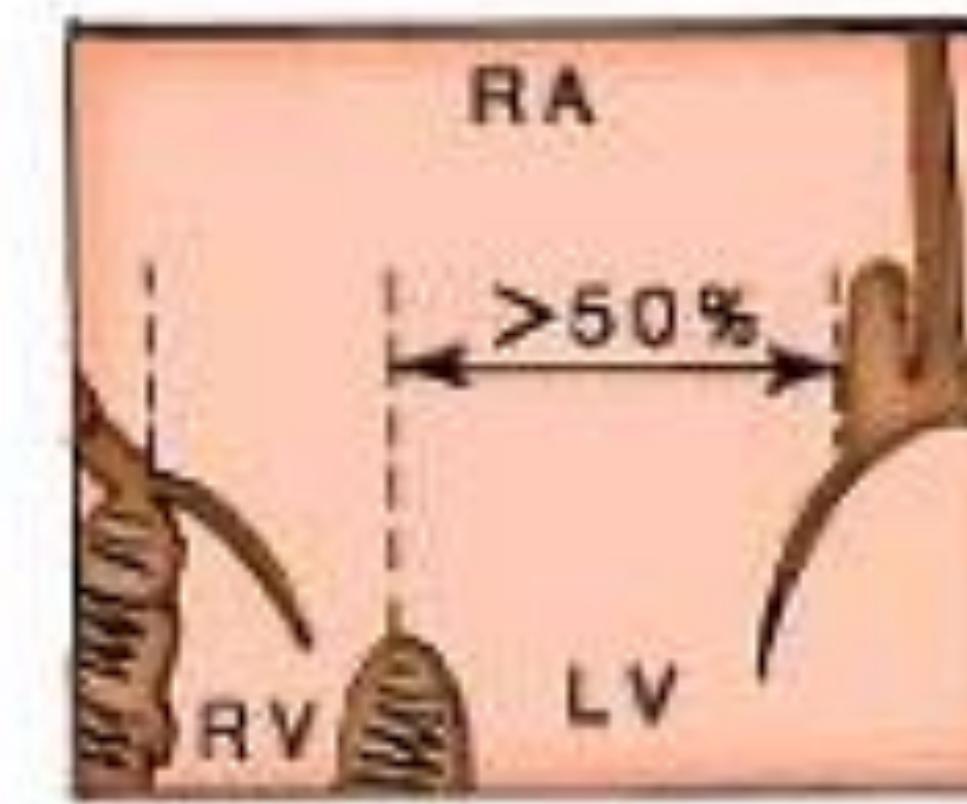
Double-inlet LV
with
overriding



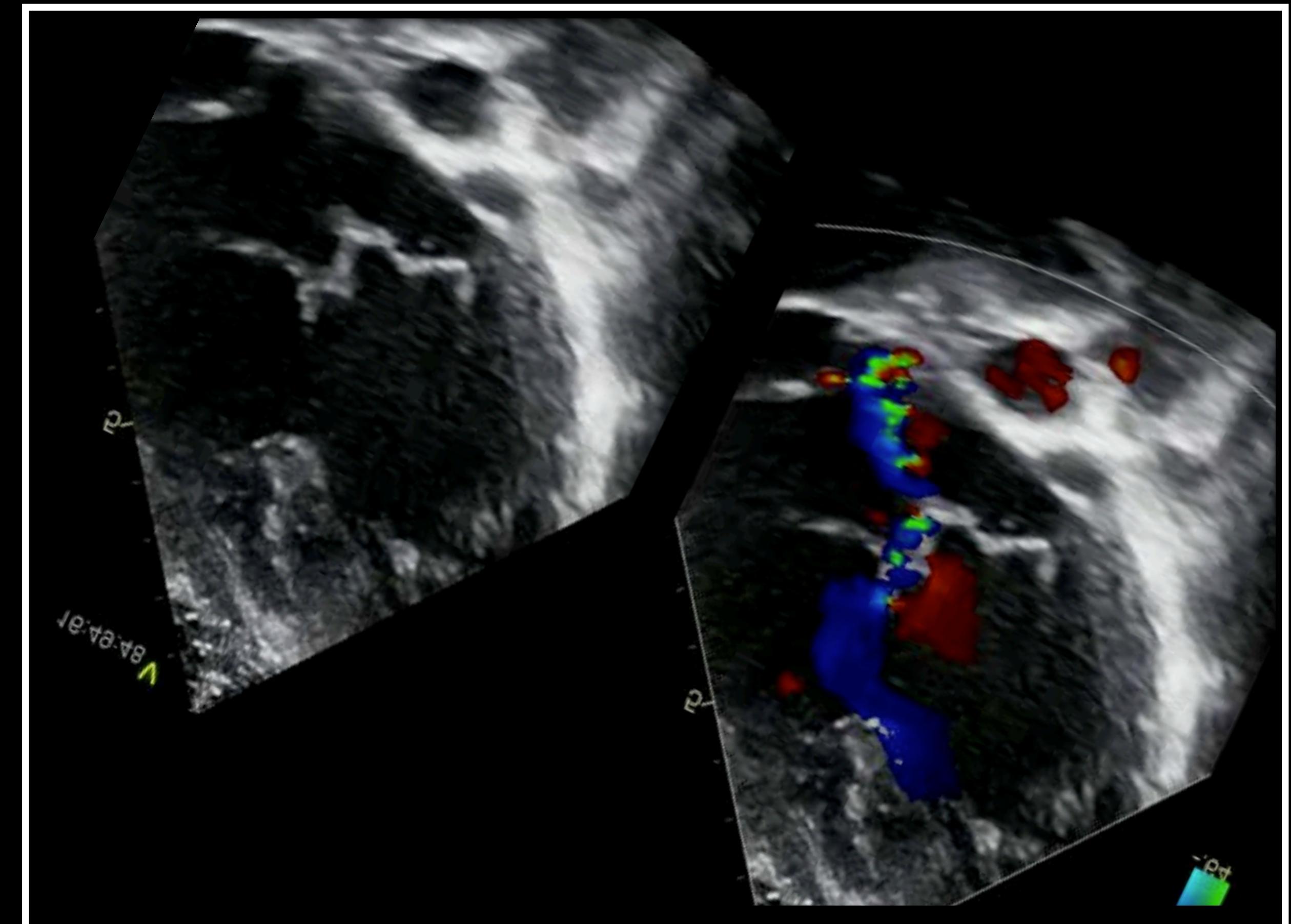
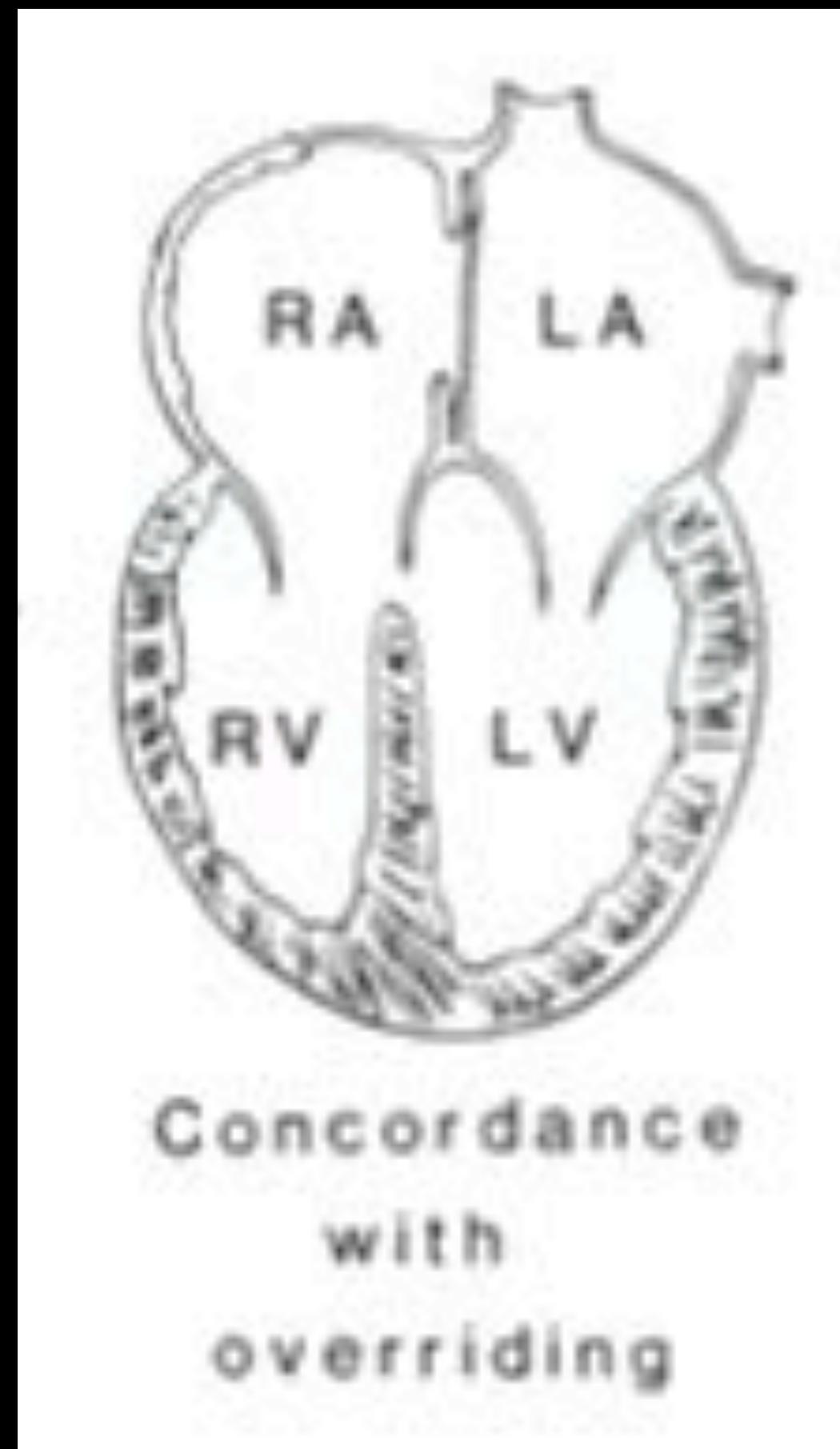
Double-inlet LV
without
overriding

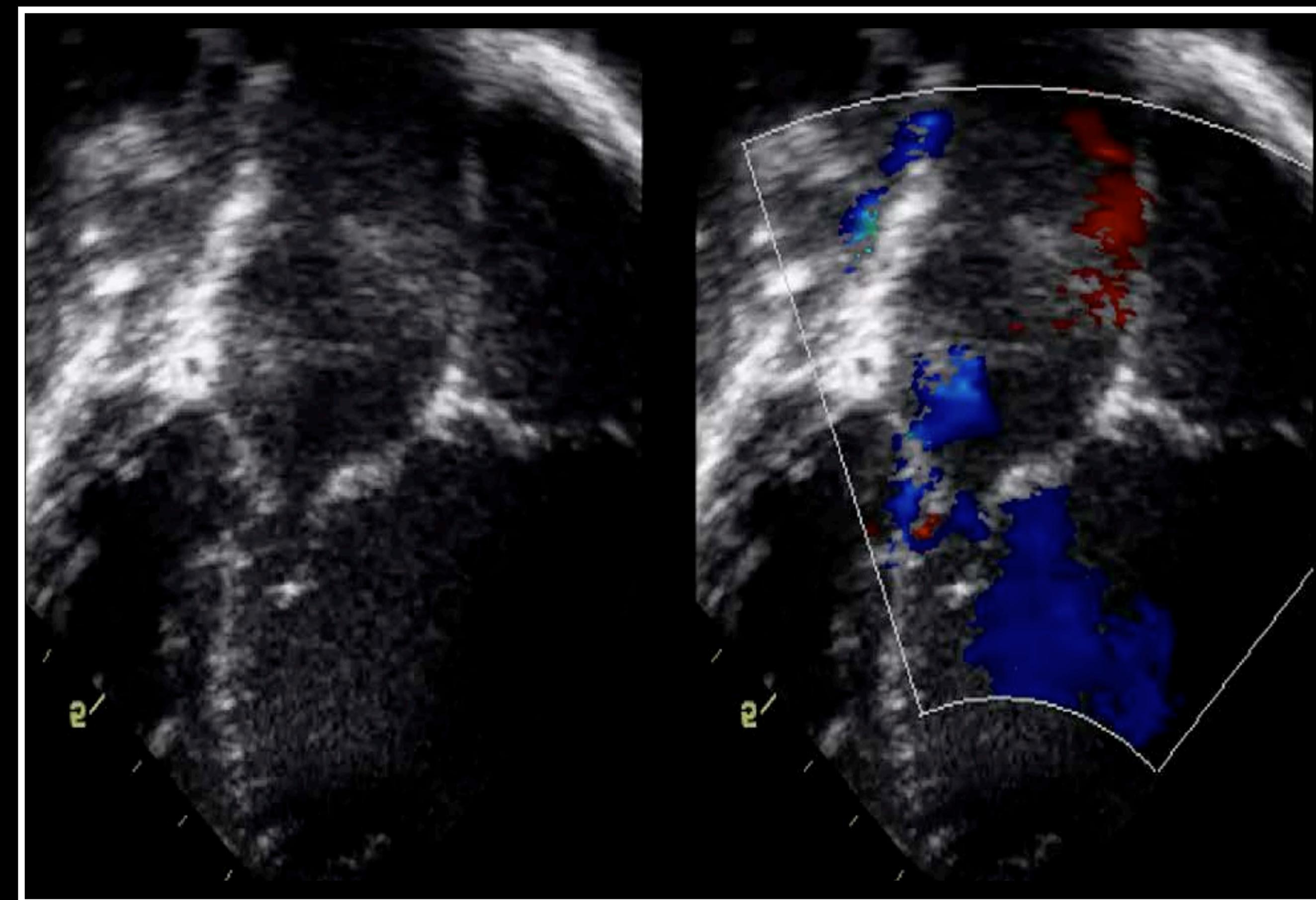
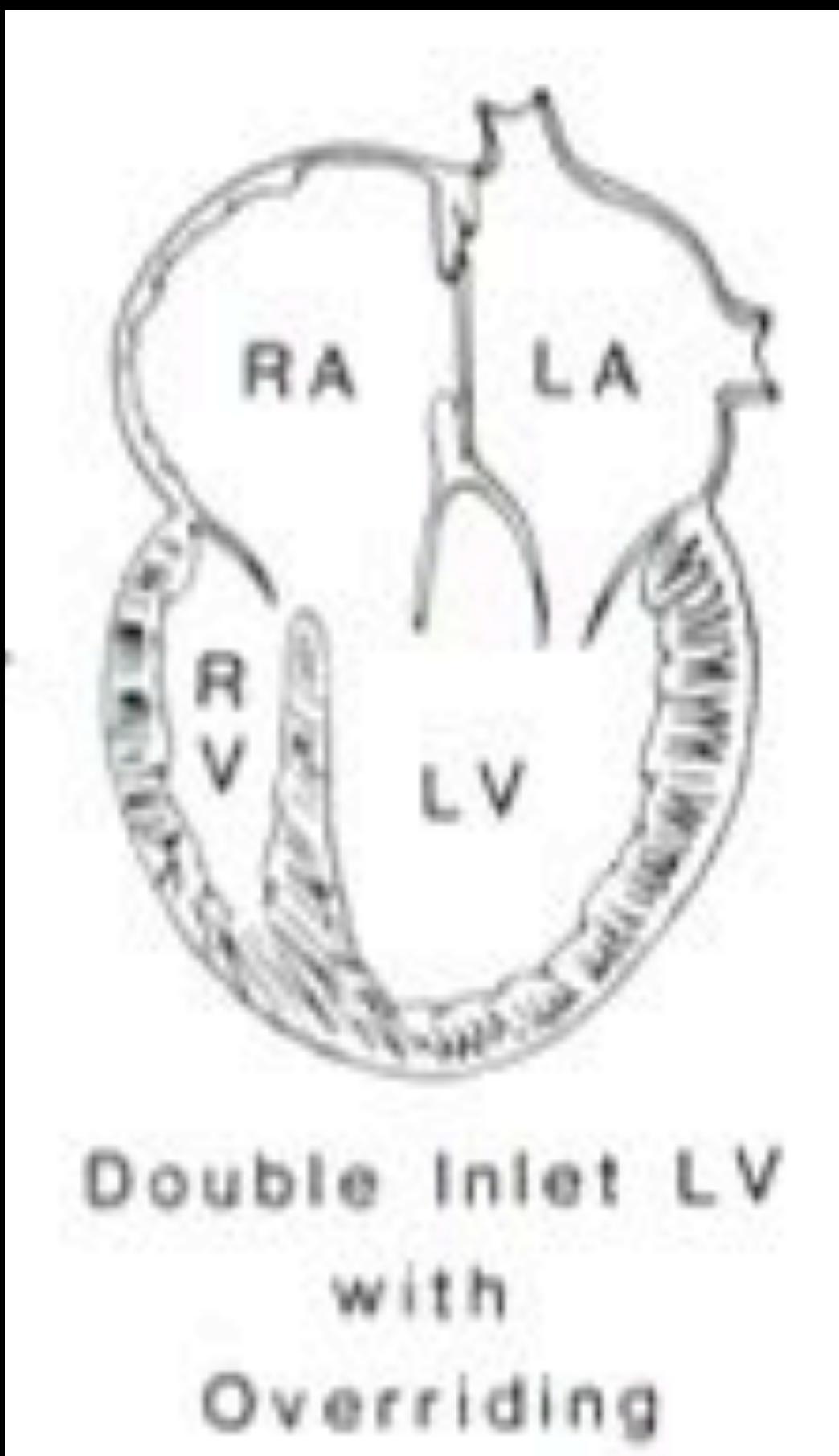


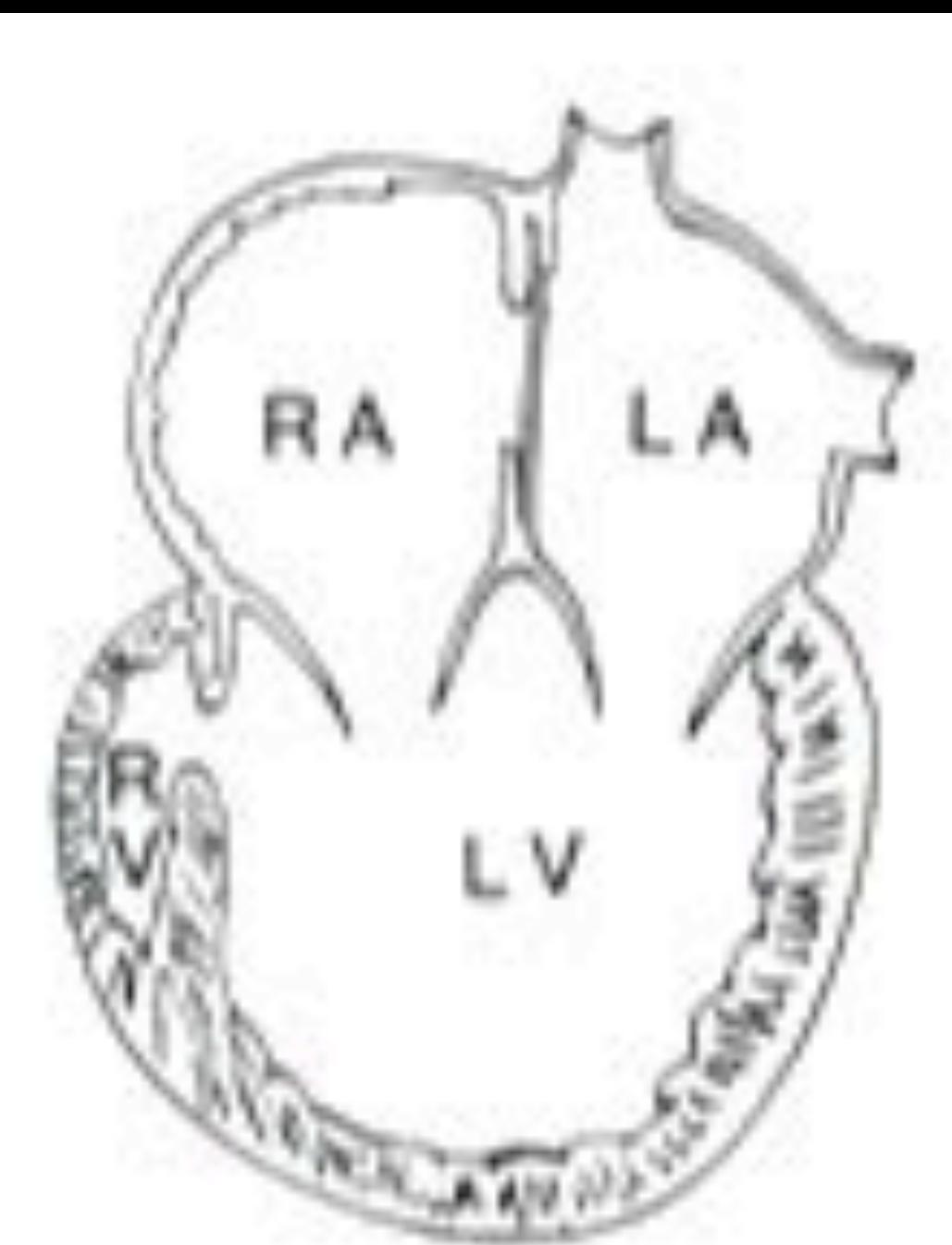
Predominant
RA-RV connection



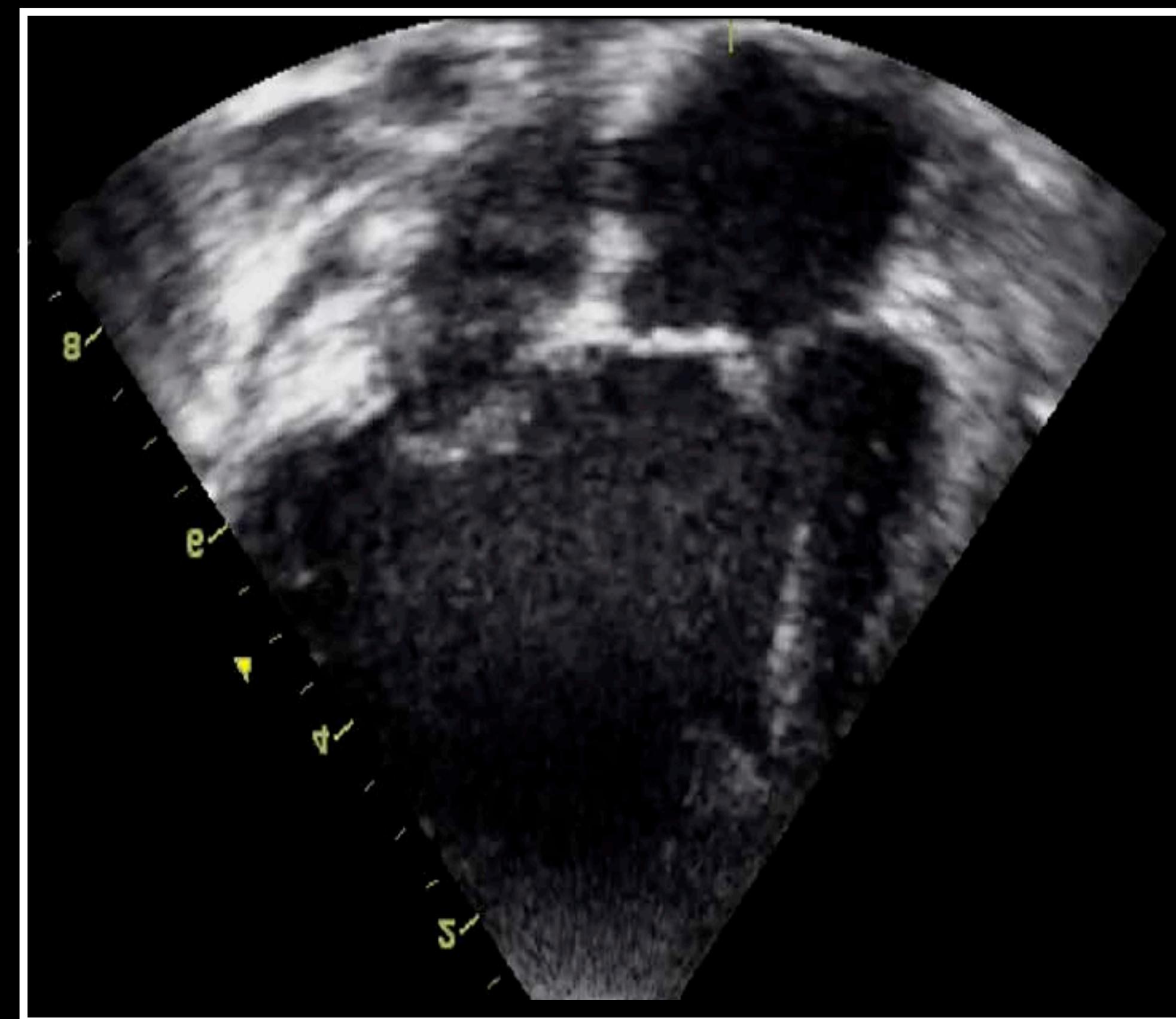
Predominant
RA-LV connection







Double Inlet LV
without
Overriding

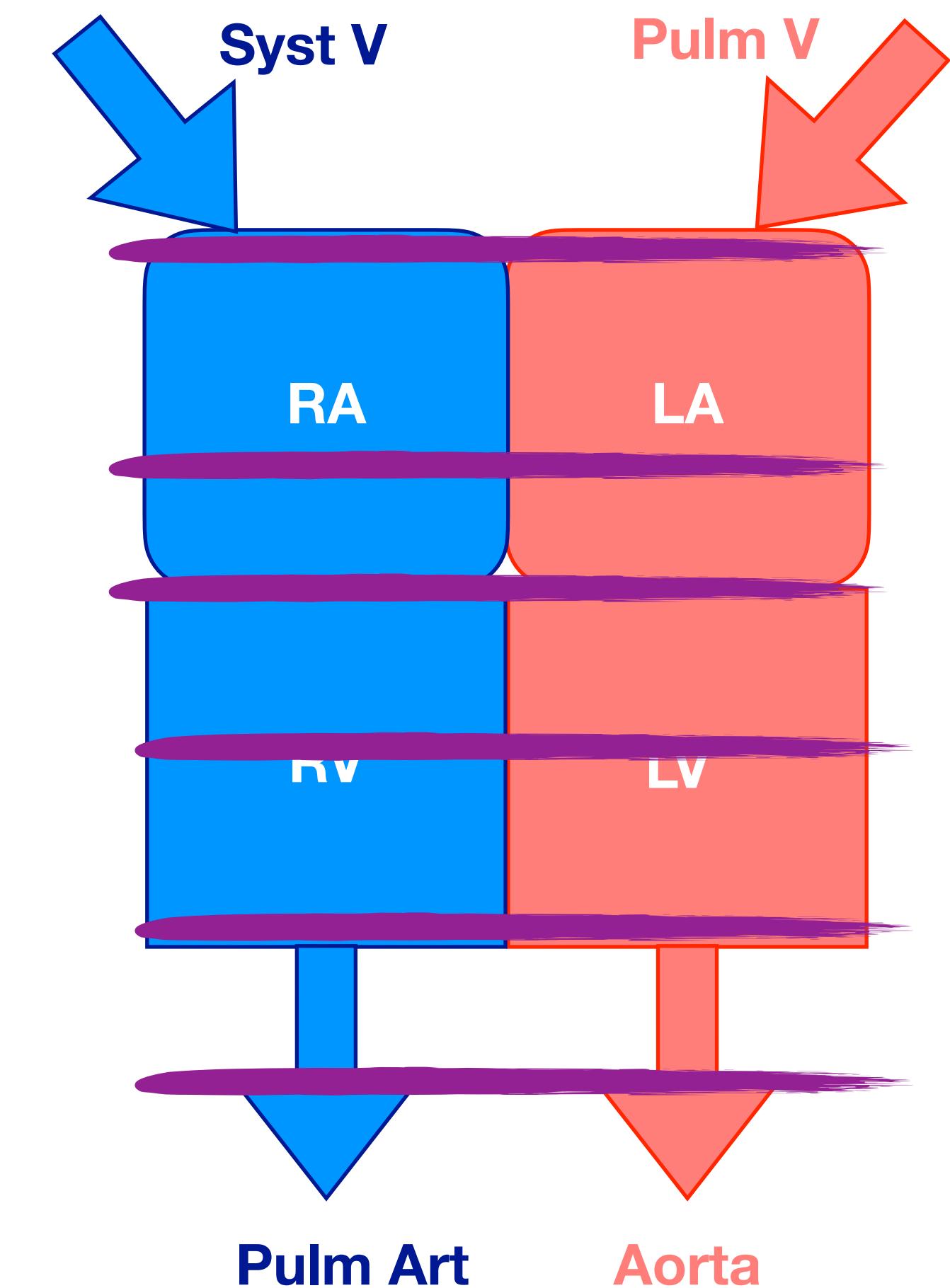


The EPICARD study

EPIdémiologie des enfants ou fœtus ayant une CARDiopathie congénitale

Anatomic and Clinical Classification of Congenital Heart Diseases ACC-CHD

ACC-CHD categories	Examples
Heterotaxy	Heterotaxy syndromes
Anomalies of venous connections	Total anomalous pulmonary venous return
Anomalies of atria	Atrial septal defect
Anomalies of AV junction and AV valves	Atrioventricular septal defect
Complex anomalies of AV junction	Double discordance
Functionally univentricular heart	Hypoplastic left heart syndrome
Ventricular septal defects	Perimembranous VSD
Anomalies of ventriculo-arterial connections	Transposition of the great arteries, DORV
Anomalies of extra pericardial trunks	Coarctation of the aorta
Congenital anomalies of coronary arteries	ALCAPA



Prevalence, pre- and post-natal diagnosis, and infant mortality of newborns with congenital heart defects:
A population-based study using the International Paediatric and Congenital Cardiac Code (IPCCC)
The EPICARD Study Group

Distribution of categories of CHD and associated anomalies

Total number of birth

= 317 538

Live births

= 314 022

**Total
2867 cases**

**2349
Live birth
82.0%**

**465 TOP
16.2%**

**53 IUFD
1.8%**

N = 2867

**1753 (61.1%)
Isolated CHD**

**393 (13.7%)
Chromosomal
anomalies**

**409 (14.3%)
Extracardiac
anomalies**



ACC-CHD categories	Total		Live births	
	% of chromosomal anomalies	% of extra cardiac anomalies	% of chromosomal anomalies	% of extra cardiac anomalies
Heterotaxy	0	24.3	0	25.0
Anomalies of venous connections	19.4	16.1	7.7	15.4
Anomalies of atria	9.9	19.8	7.5	19.0
Anomalies of AV junction and AV valves	57.3	12.7	43.1	13.8
Complex anomalies of AV junction	0	7.7	0	0
Functionally univentricular heart	15.8	19.6	8.3	20.8
Ventricular septal defects	9.3	11.1	3.9	11.0
Anomalies of ventriculo-arterial connections	10.7	18.8	4.5	14.1
Anomalies of extra pericardial trunks	15.9	31.2	3.2	26.4
Congenital anomalies of coronary arteries	0	0	0	0

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Proportion of prenatal diagnosis

All CHDs

ACC-CHD categories	% of prenatal diagnosis
All cases excluding chromosomal anomalies	25.6
All cases excluding chromosomal and other extra cardiac anomalies	23
All cases excluding chromosomal, other anomalies and simple VSD	40.2

In categories of CHDs

ACC-CHD categories	% of prenatal diagnosis (n)
Heterotaxy	89.2 (37)
Anomalies of venous connections	16.0 (25)
Anomalies of atria	4.3 (164)
Anomalies of AV junction and AV valves	67.0 (91)
Complex anomalies of AV junction	100.0 (13)
Functionally univentricular heart	92.5 (133)
Ventricular septal defects	9.6 (1353)
Anomalies of ventriculo-arterial connections	39.2 (503)
Anomalies of extra pericardial trunks	44.7 (143)
Congenital anomalies of coronary arteries	0 (9)

Specific CHDs

Type of CHD	% of prenatal diagnosis
Congenitally corrected transposition of the great vessels	100
Functionally univentricular heart	92.5
TGA	74
DORV	98

Prevalence, pre- and post-natal diagnosis, and infant mortality of newborns with congenital heart defects:
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Live birth - Termination of pregnancy

All CHDs

ACC-CHD categories	% TOP
All cases excluding chromosomal anomalies	9.8
All cases excluding chromosomal and other extra cardiac anomalies	6.4
All cases excluding chromosomal, other anomalies and simple VSD	14.0

In categories of CHDs

ACC-CHD categories	% TOP
Heterotaxy	75.7
Anomalies of venous connections	16.1
Anomalies of atria	4.4
Anomalies of AV junction and AV valves	42.7
Complex anomalies of AV junction	46.2
Functionally univentricular heart	62.7
Ventricular septal defects	5.7
Anomalies of ventriculo-arterial connections	18.5
Anomalies of extra pericardial trunks	23.5
Congenital anomalies of coronary arteries	0

Pre- and postnatal diagnosis in CHD without chromosomal anomalies

The EPICARD Study Group

ACC-CHD categories	%	Prenatal diagnosis	Postnatal diagnosis			
		<7days	8-28 days	29 days- 3 months	3 months -1 year	
Heterotaxy	89.2	8.1	0.0	2.7	0.0	
Anomalies of venous connections	16.0	32.0	16.0	28.0	4.0	
Anomalies of atria	4.3	29.3	26.8	26.8	11.6	
Anomalies of AV junction and AV valves	67.0	19.8	3.3	2.2	2.2	
Complex anomalies of AV junction	100.0	0.0	0.0	0.0	0.0	
Functionally univentricular heart	92.5	6.0	0.7	0.0	0.0	
Ventricular septal defects	9.6	67.4	9.0	9.8	3.8	
Anomalies of ventriculo-arterial connections	39.2	29.6	7.1	14.5	5.4	
Anomalies of extra pericardial trunks	44.7	28.7	9.8	10.5	2.1	
Congenital anomalies of coronary arteries	0	0	0	44.4	55.6	
All except chromosomal anomalies and /or anomalies of other systems	40.2	28.7	10.4	14.4	5.6	

Infant mortality in newborns with congenital heart defects

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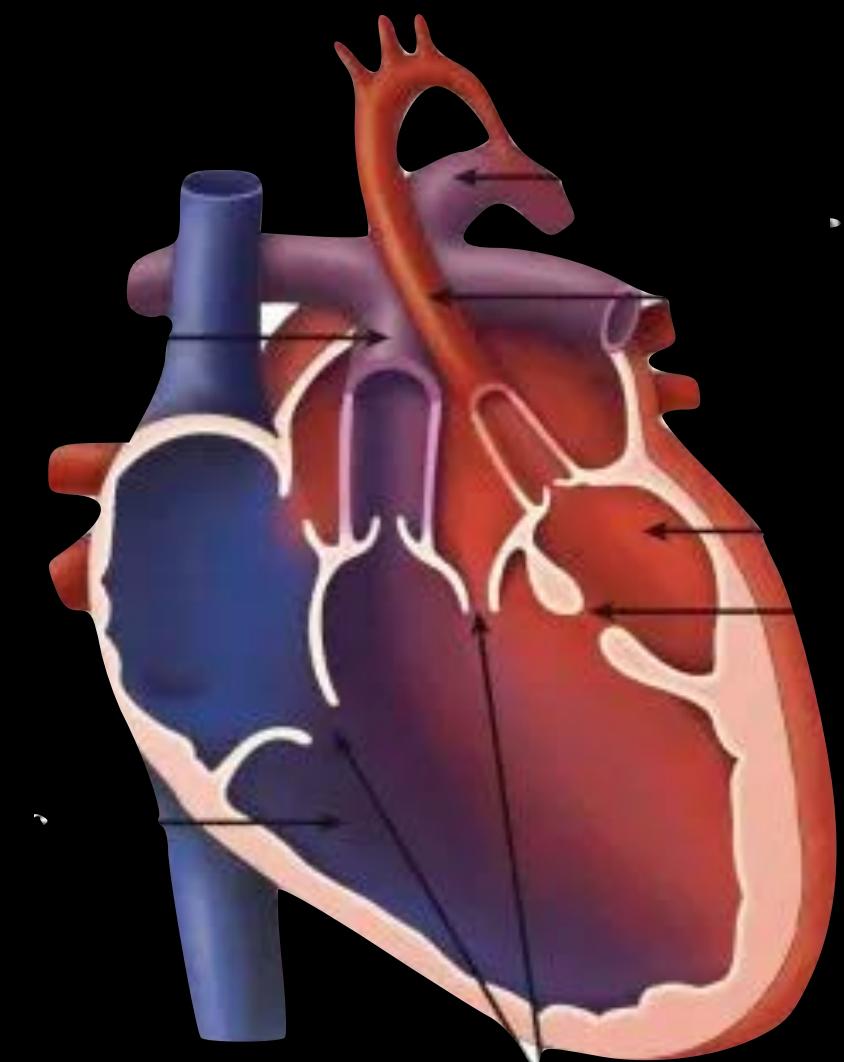
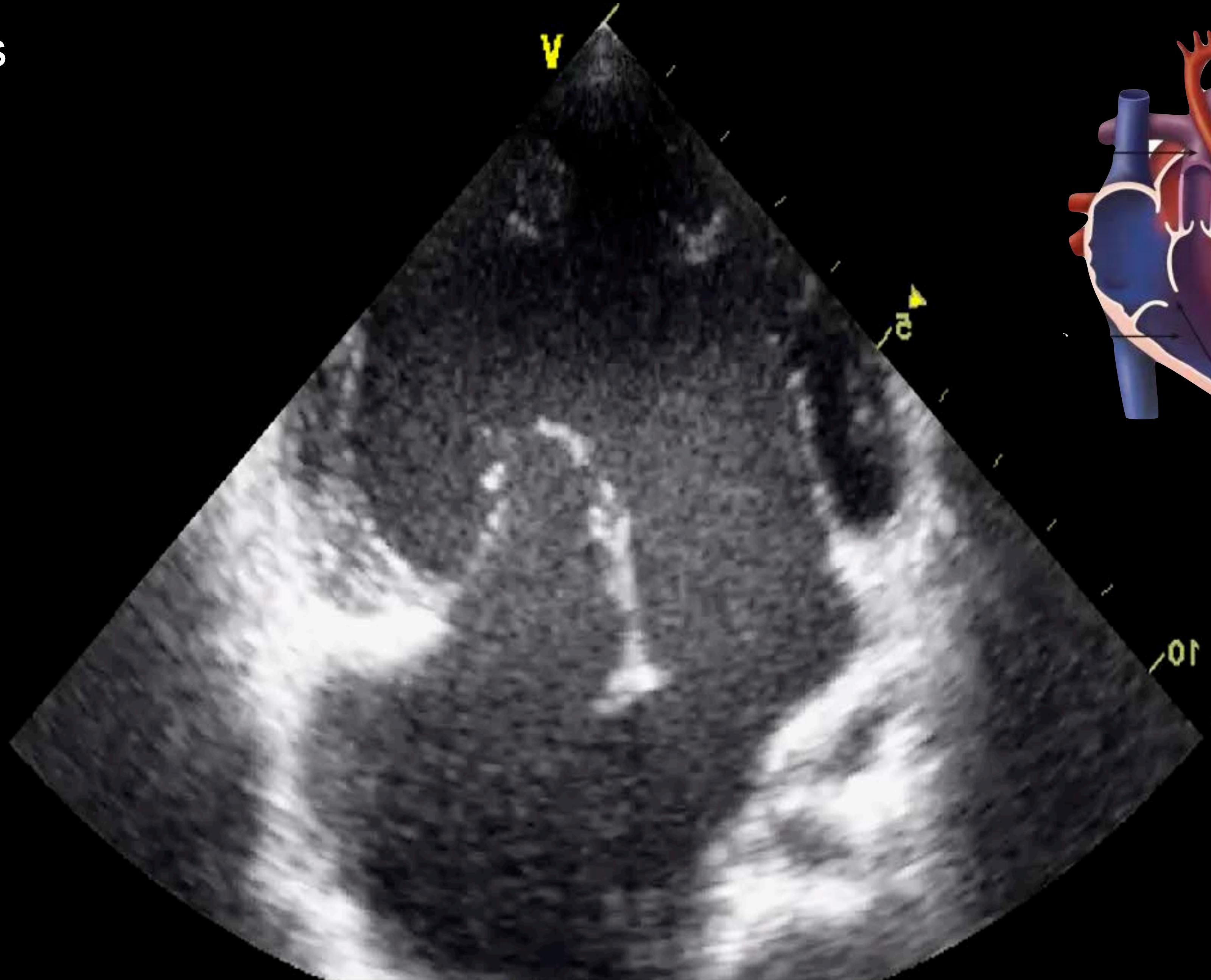
ACC-CHD categories	N	Prenatal diagnosis	Postnatal diagnosis		Infant mortality	
		<7days %	8-28 days %	29 days- 1 year %	%	95%CI
Heterotaxy	8	25.0	0.0	12.5	37.5	8.5-75.5
Anomalies of venous	26	3.9	11.5	11.5	26.9	11.6-47.8
Anomalies of atria	174	0.6	0.6	2.3	3.5	1.3-7.3
Anomalies of AV junction and AV valves	109	8.3	7.3	12.8	28.4	20.2-37.0
Complex anomalies of AV	7	0.0	0.0	14.3	14.3	0.4-57.9
Functionally univentricular	48	41.7	12.5	4.1	58.3	43.2-72.4
Ventricular septal defects	1396	0.2	0.5	0.9	1.6	1.0-2.4
Anomalies of ventriculo-arterial connections	447	2.3	2.0	4.0	8.3	5.9-11.2
Anomalies of extra pericardial trunks	124	3.2	6.5	2.4	12.1	6.9-19.2
Congenital anomalies of coronary arteries	9	0	0	11.1	11.1	0.3-48.2
All	2348	2.1	1.8	2.5	6.4	5.5-7.5
All except chromosomal anomalies and /or anomalies of other systems and IVSD	784	2.9	2.2	3.6	8.7	6.8-10.9

Résumé épidémiologie des cardiopathies univentriculaires

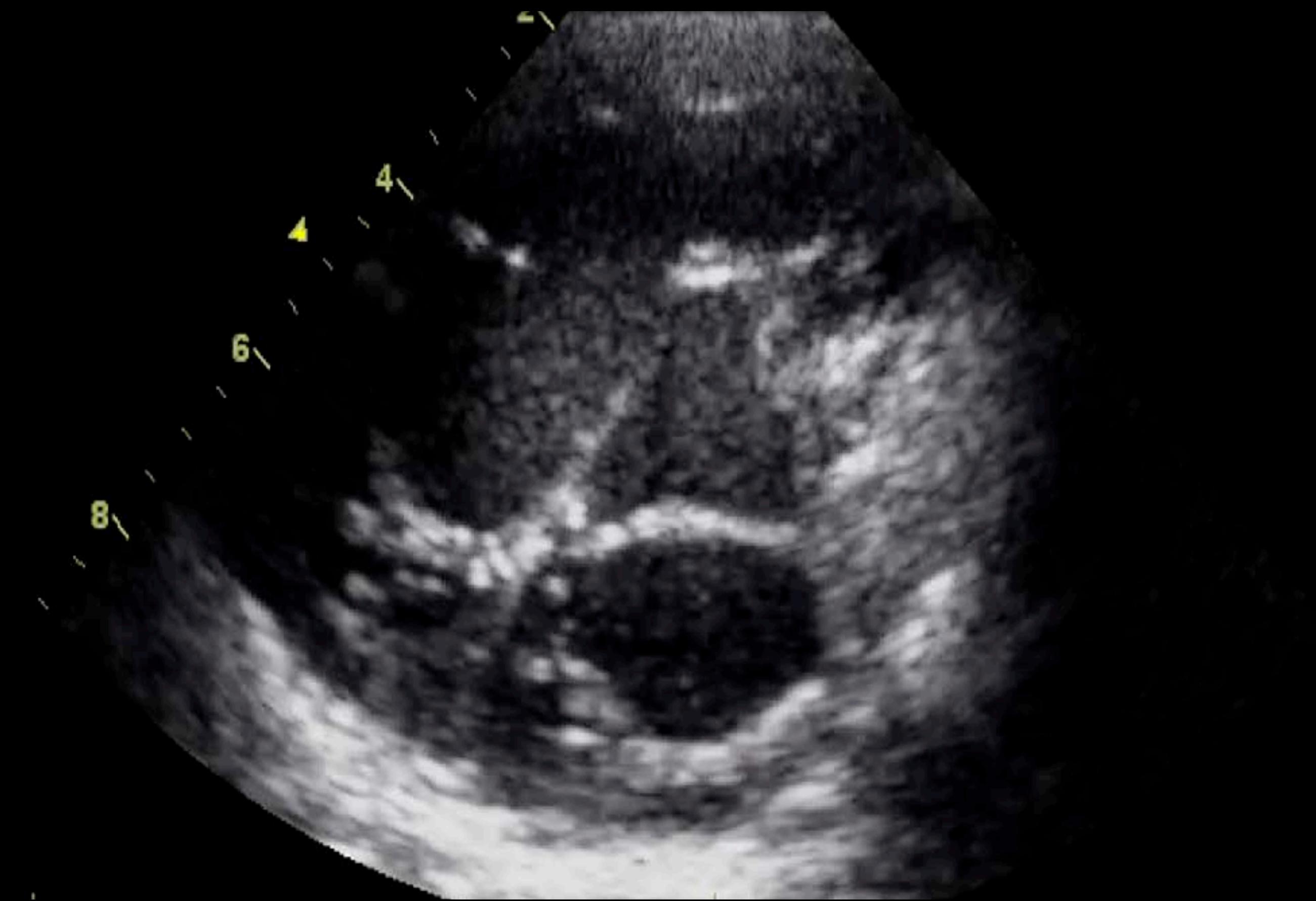
- Les cardiopathies univentriculaires représentent 5 à 7% de toutes les cardiopathies congénitales.
- *Le diagnostic est fait avant la naissance dans plus de 90% des cas depuis 20 ans.*
- Elle sont associées à des anomalies chromosomiques une fois sur 6 et à des anomalies extracardiaques une fois sur 5.
- *Elles représentent environ 20% des cardiopathies motivant un transfert in utero vers un centre tertiaire.*
- Dans 2/3 des cas ce transfert est justifié par la nécessité d'une intervention précoce.
- *Elle représentent avec le diagnostic précoce (<22 SA) et les anomalies extracardiaques, le principal facteur de décision d'interruption de grossesse.*
- Elle sont avec les atteintes extracardiaques majeures la principale cause de mortalité de la première année.
- *La survie à un an des nouveau-nés vivants est de 50% (4% pour les hypoplasies du cœur gauche).*

Echocardiography of univentricular hearts

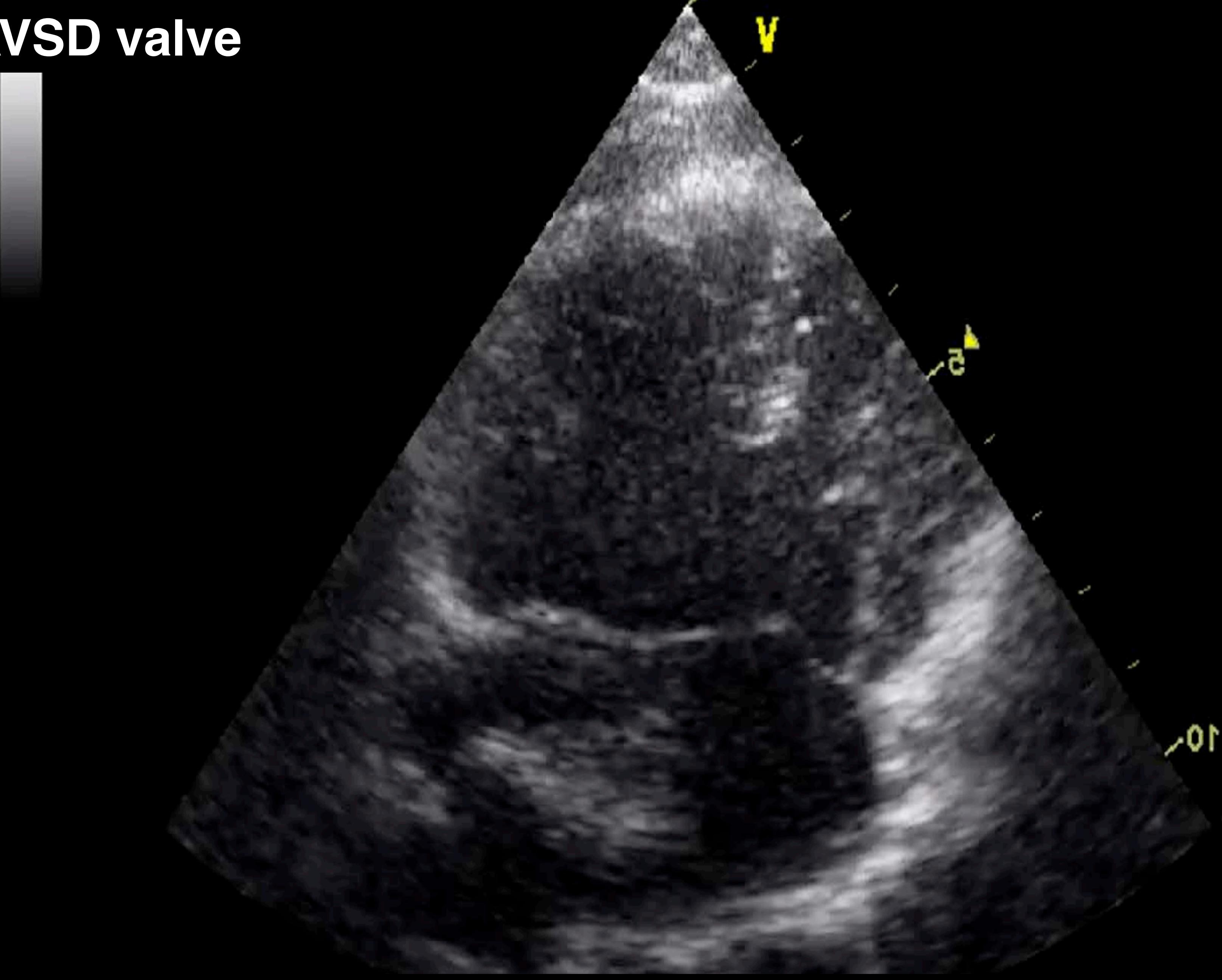
UVH 2 AV Valves
AV Discordance
L-Loop



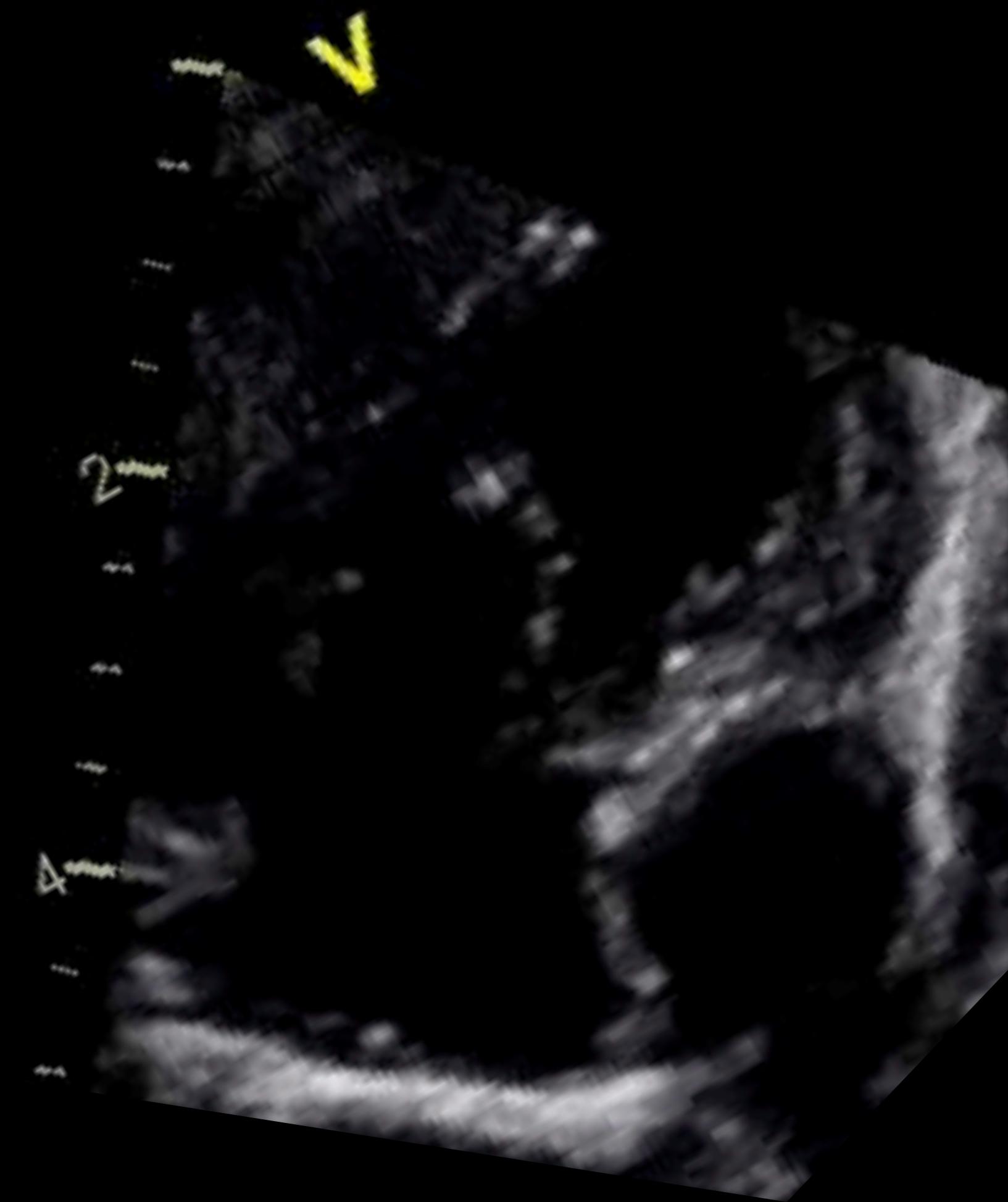
UVH 2 AV Valves



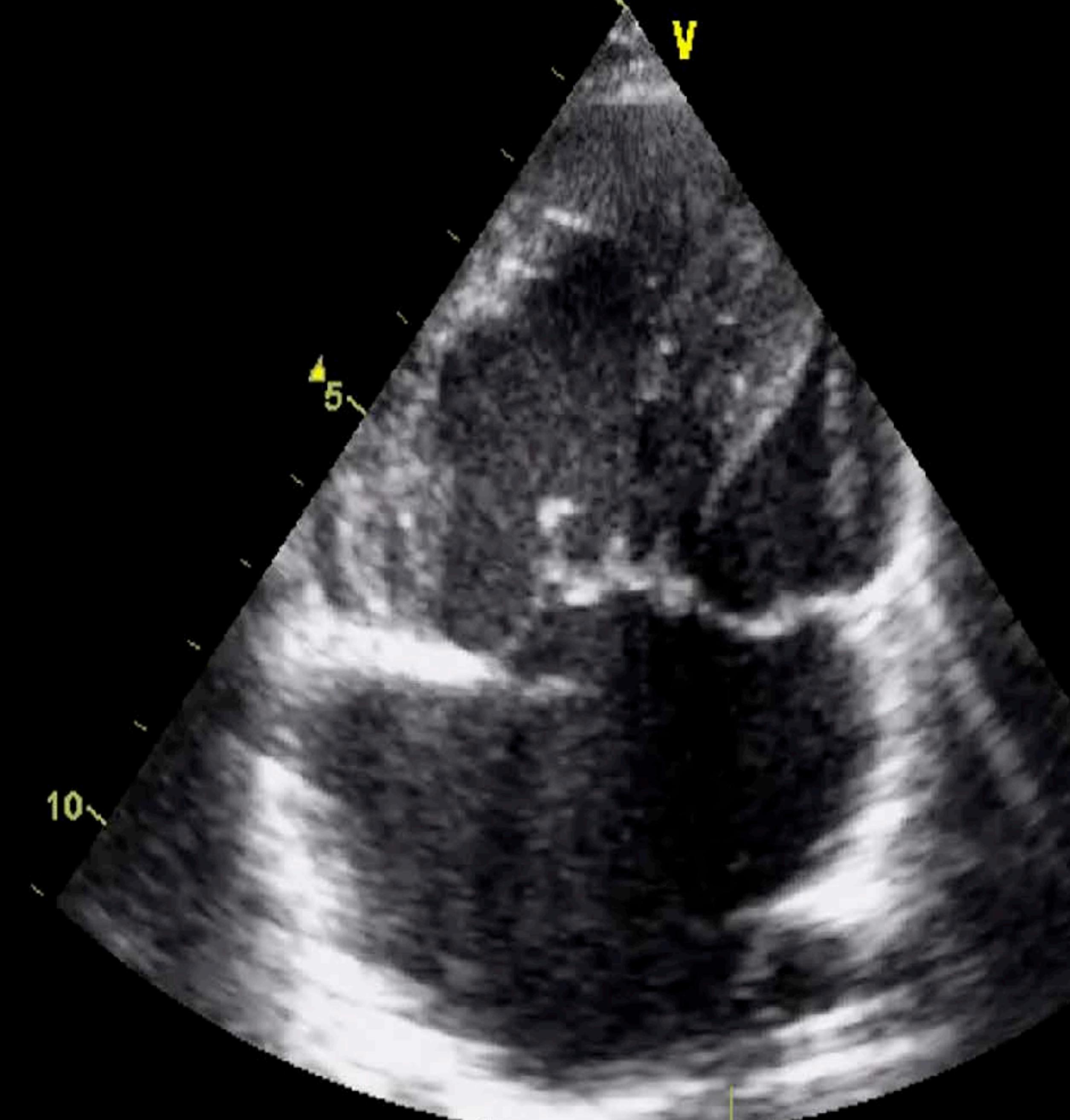
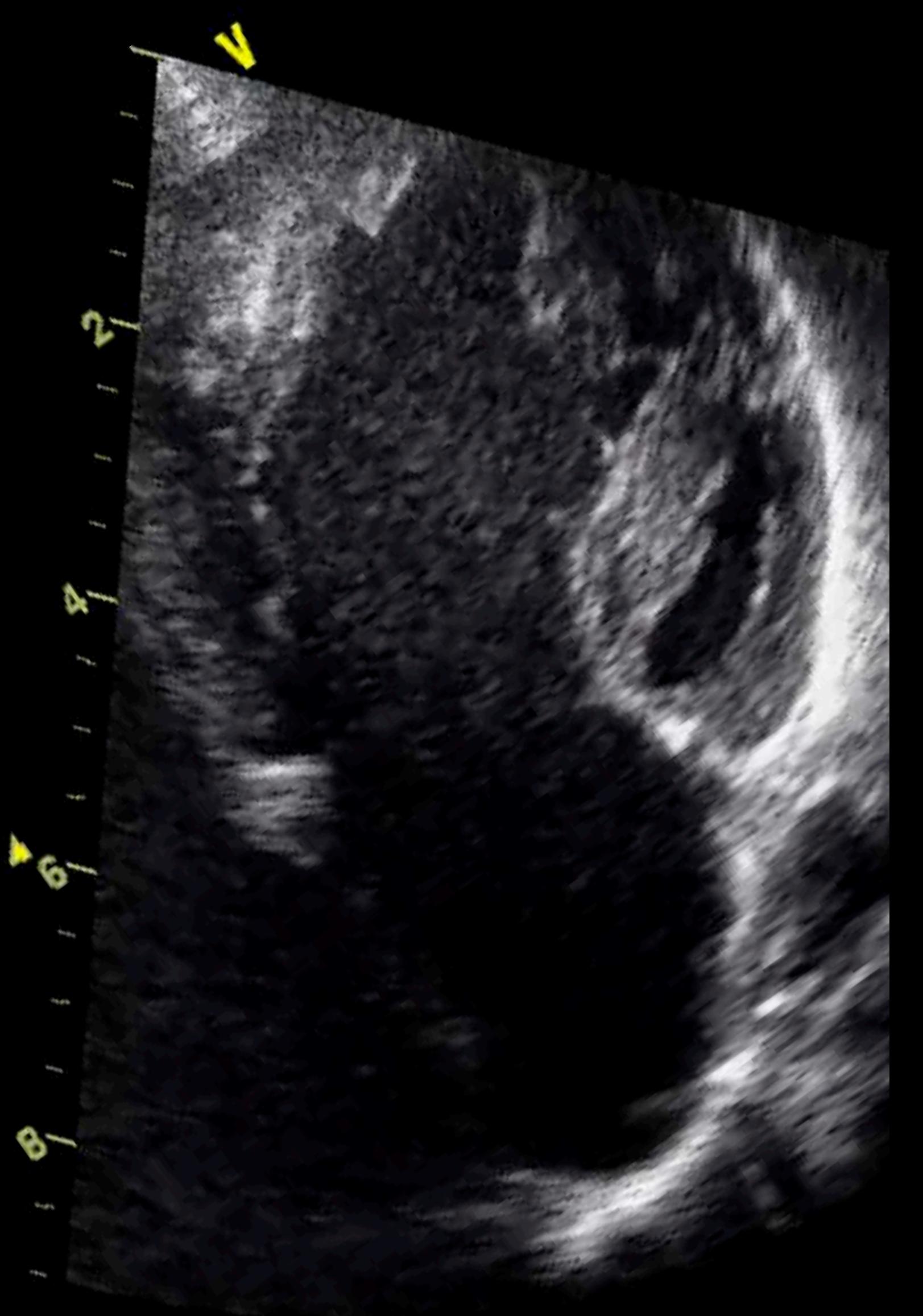
UVH with AVSD valve



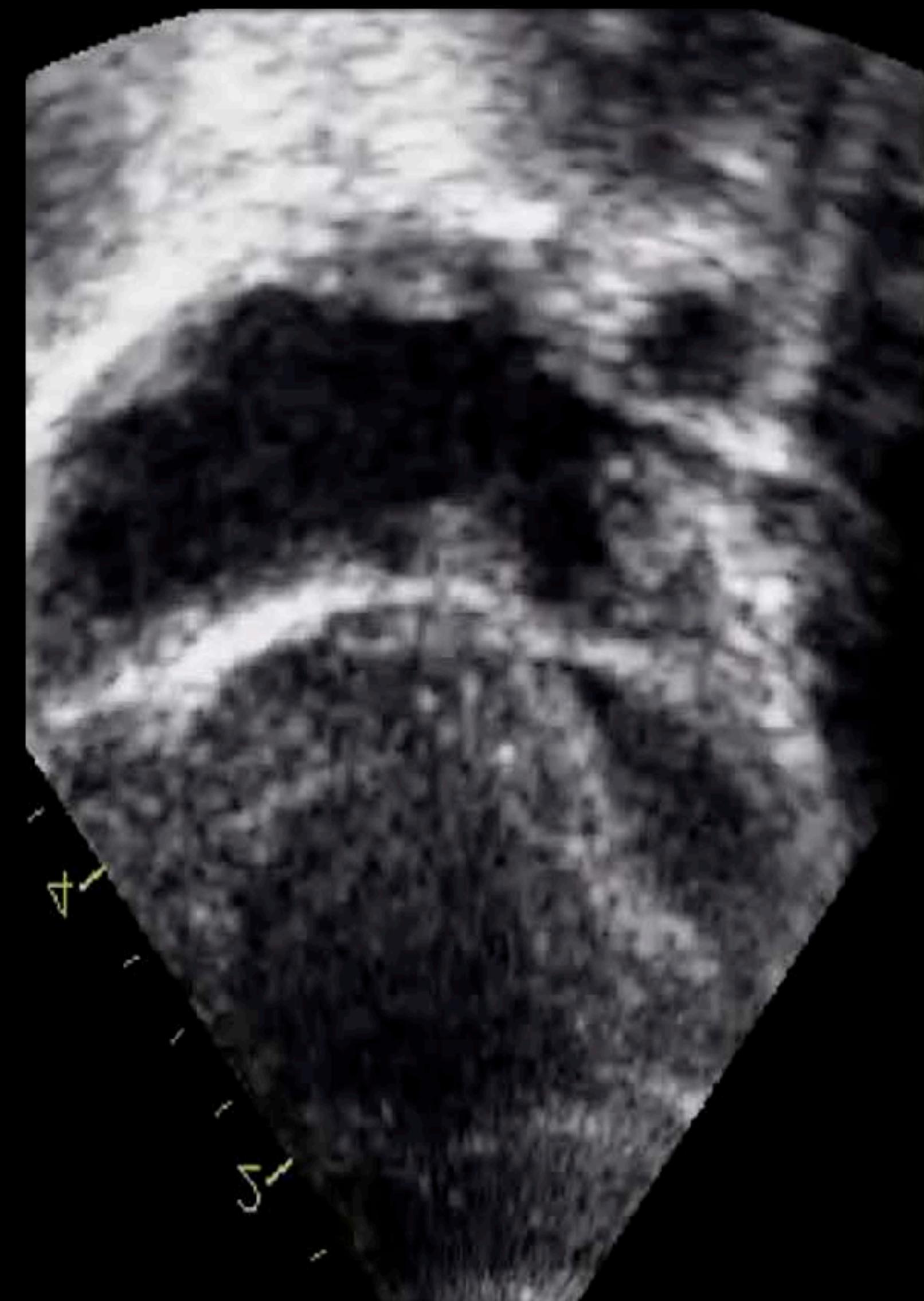
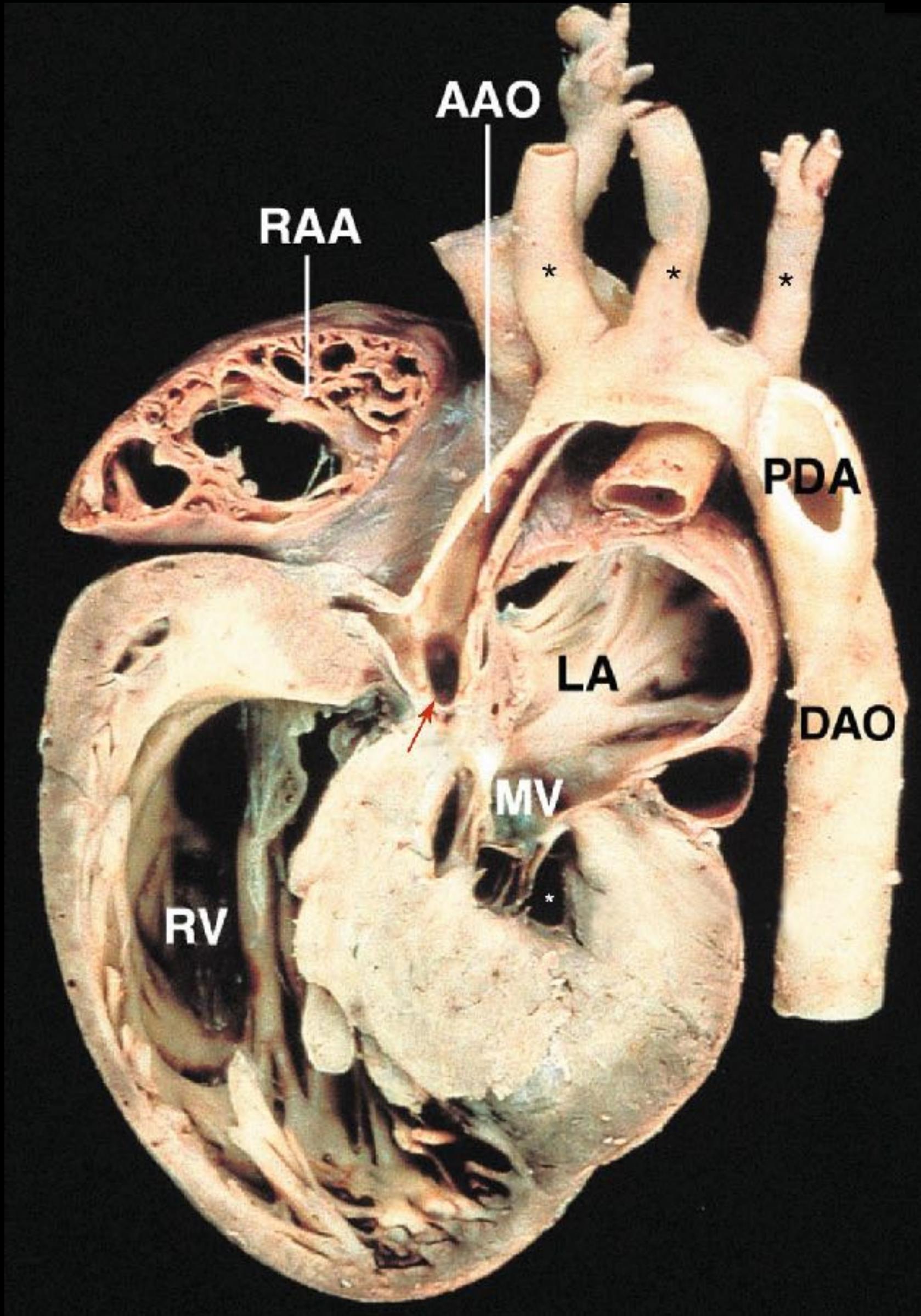
Mitral atresia



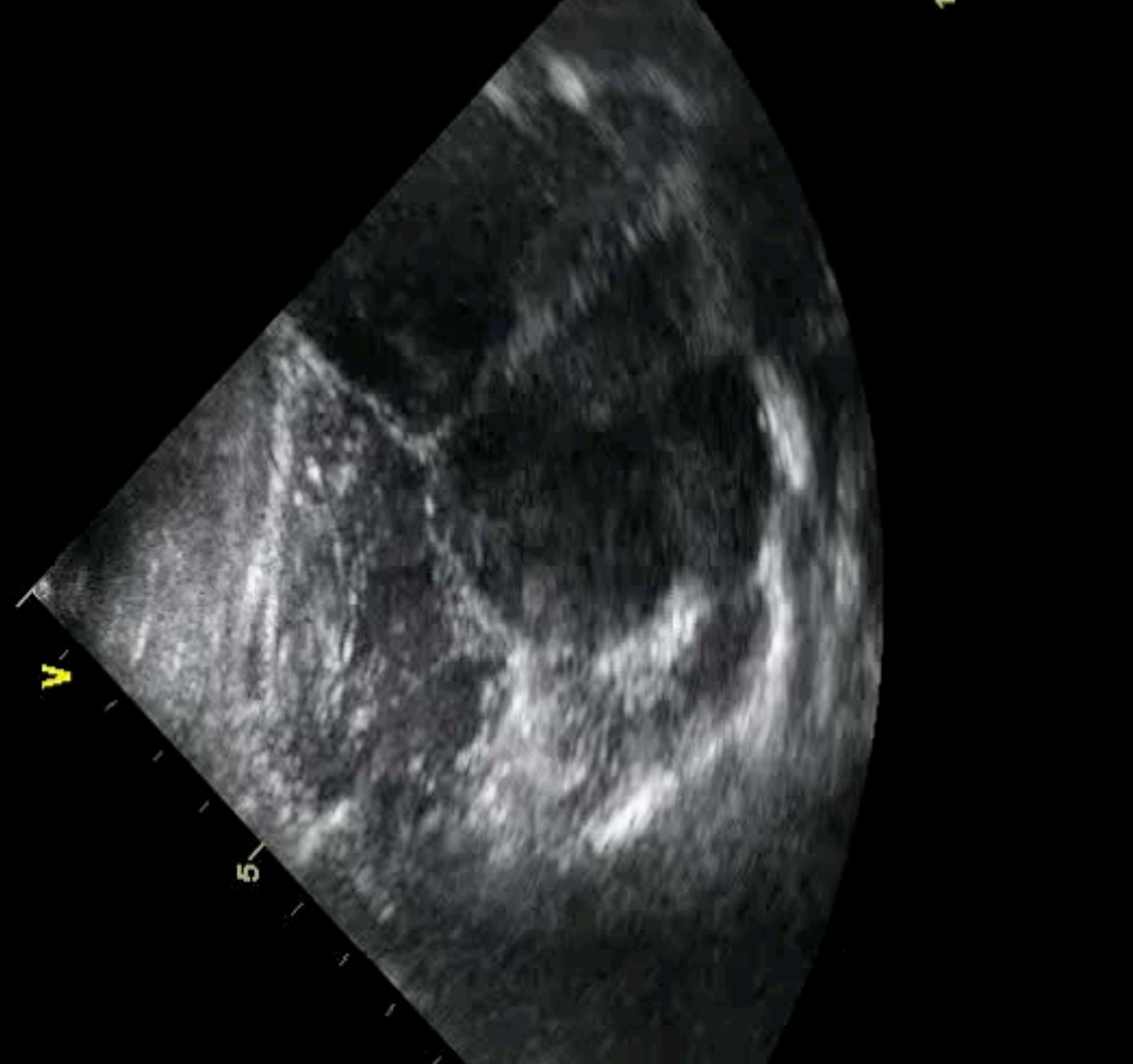
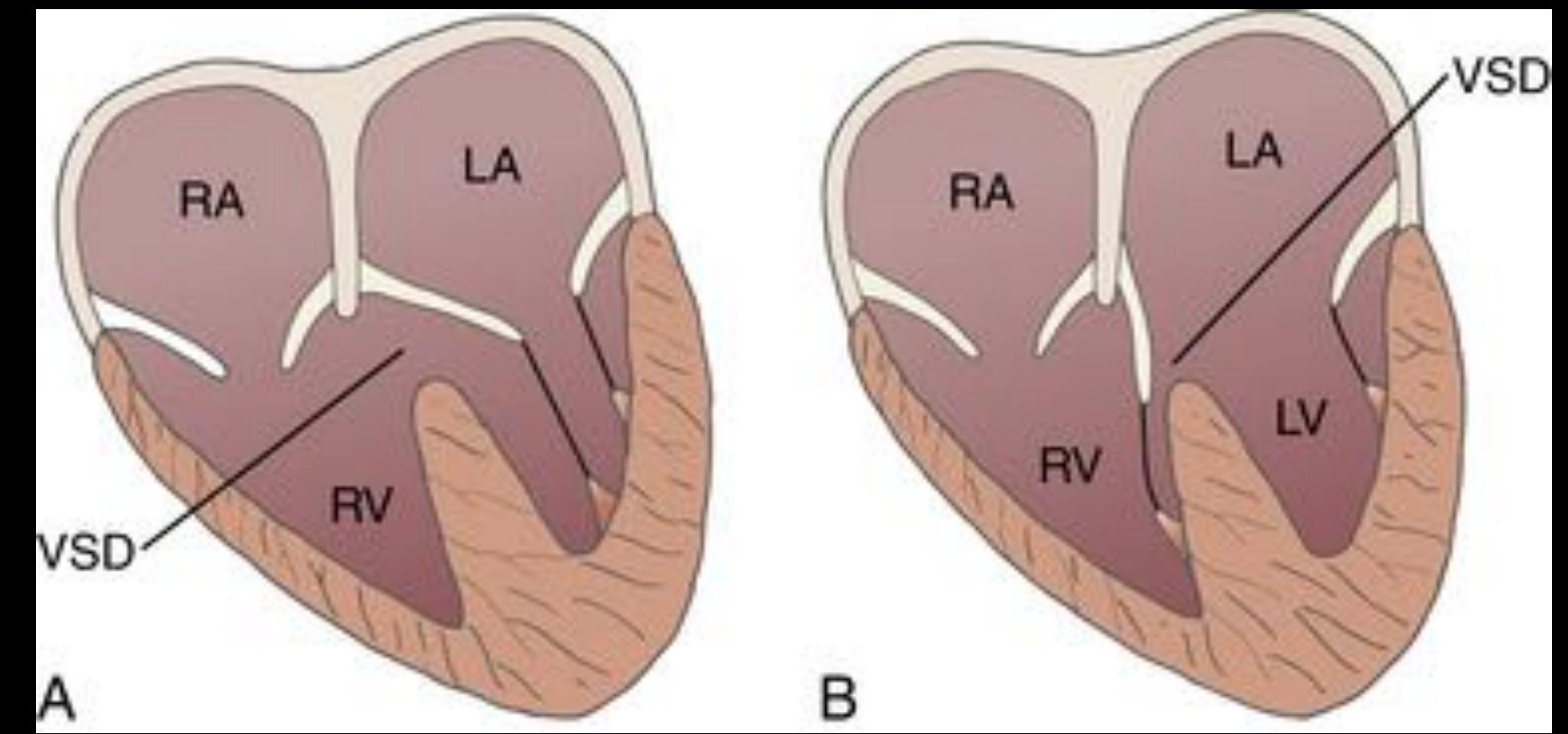
Mitral valve hypoplasia



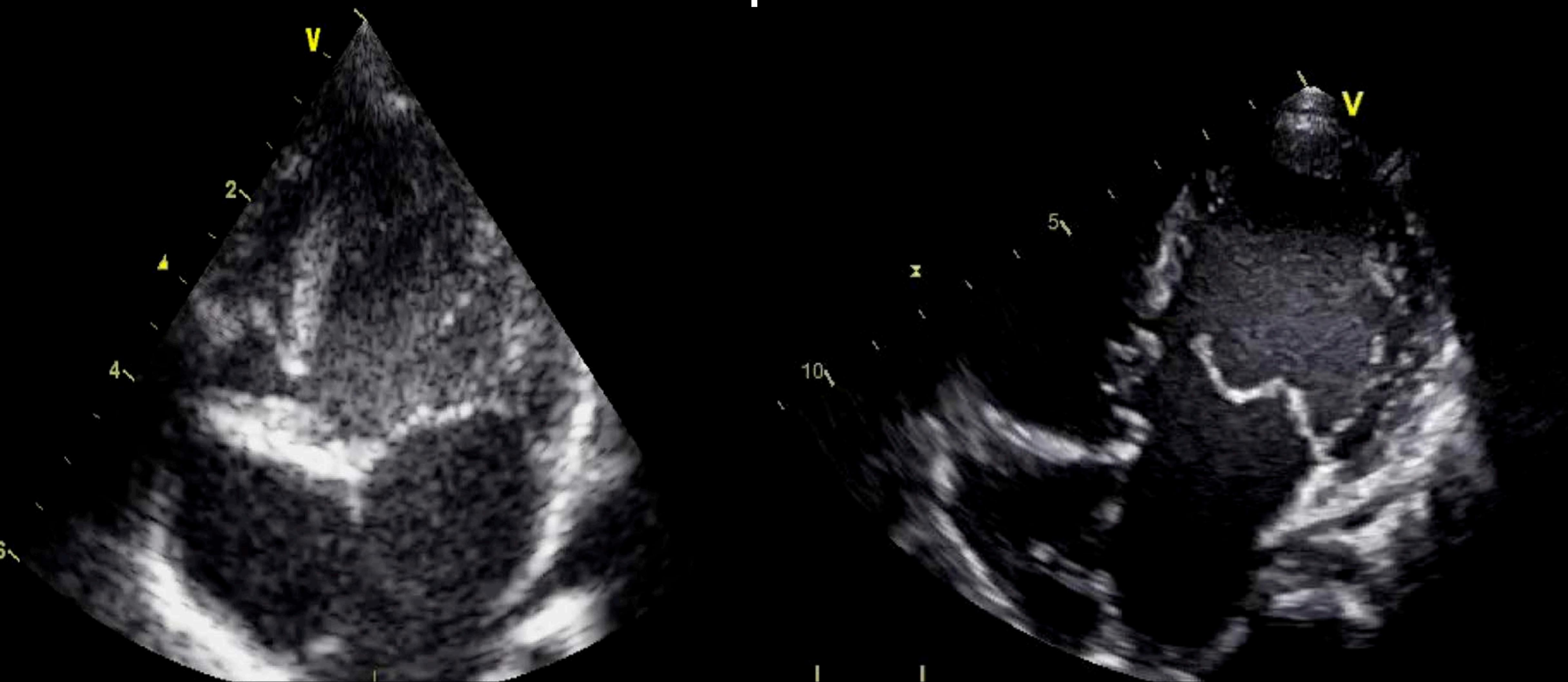
Hypoplastic left heart syndrome



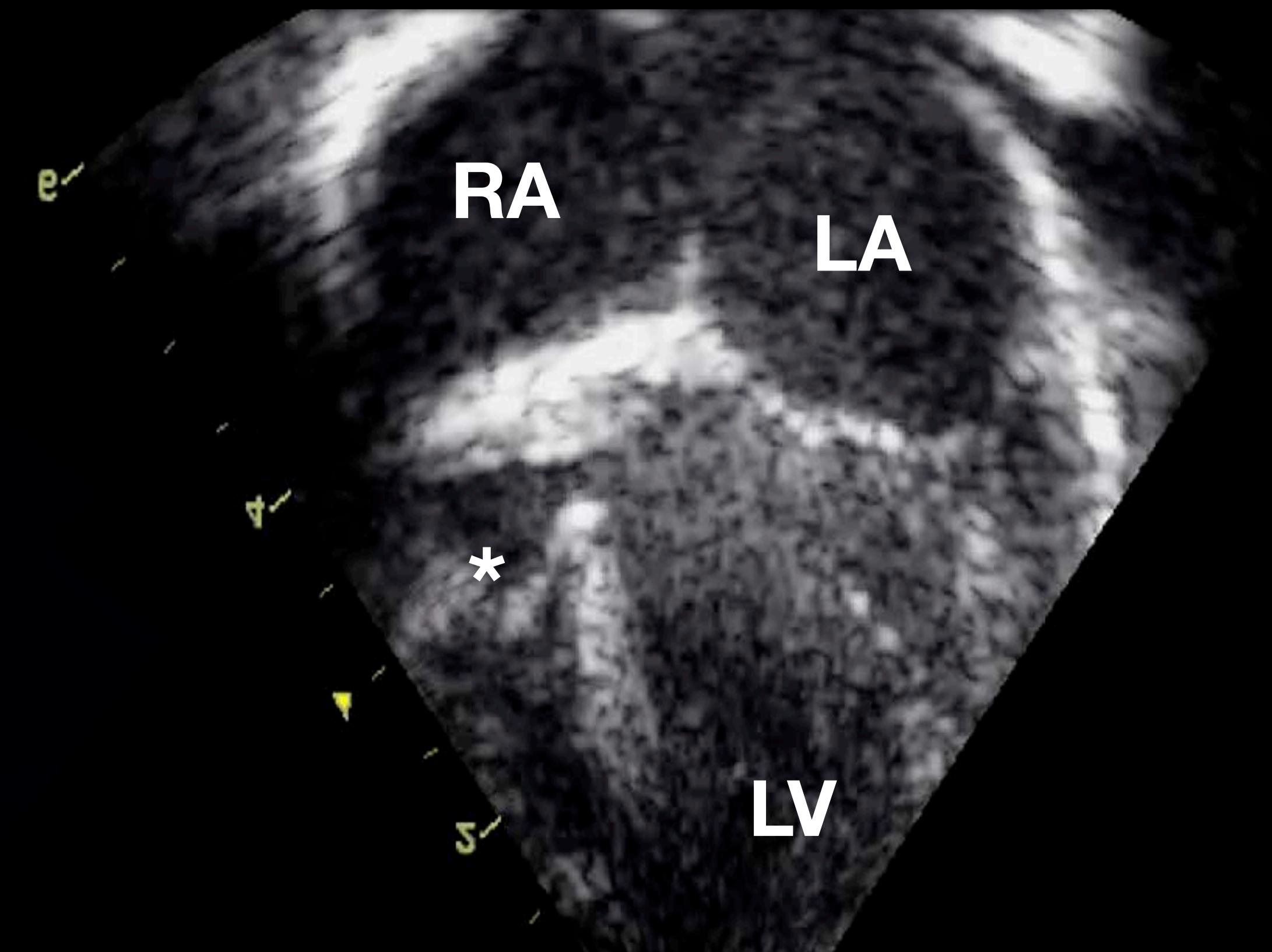
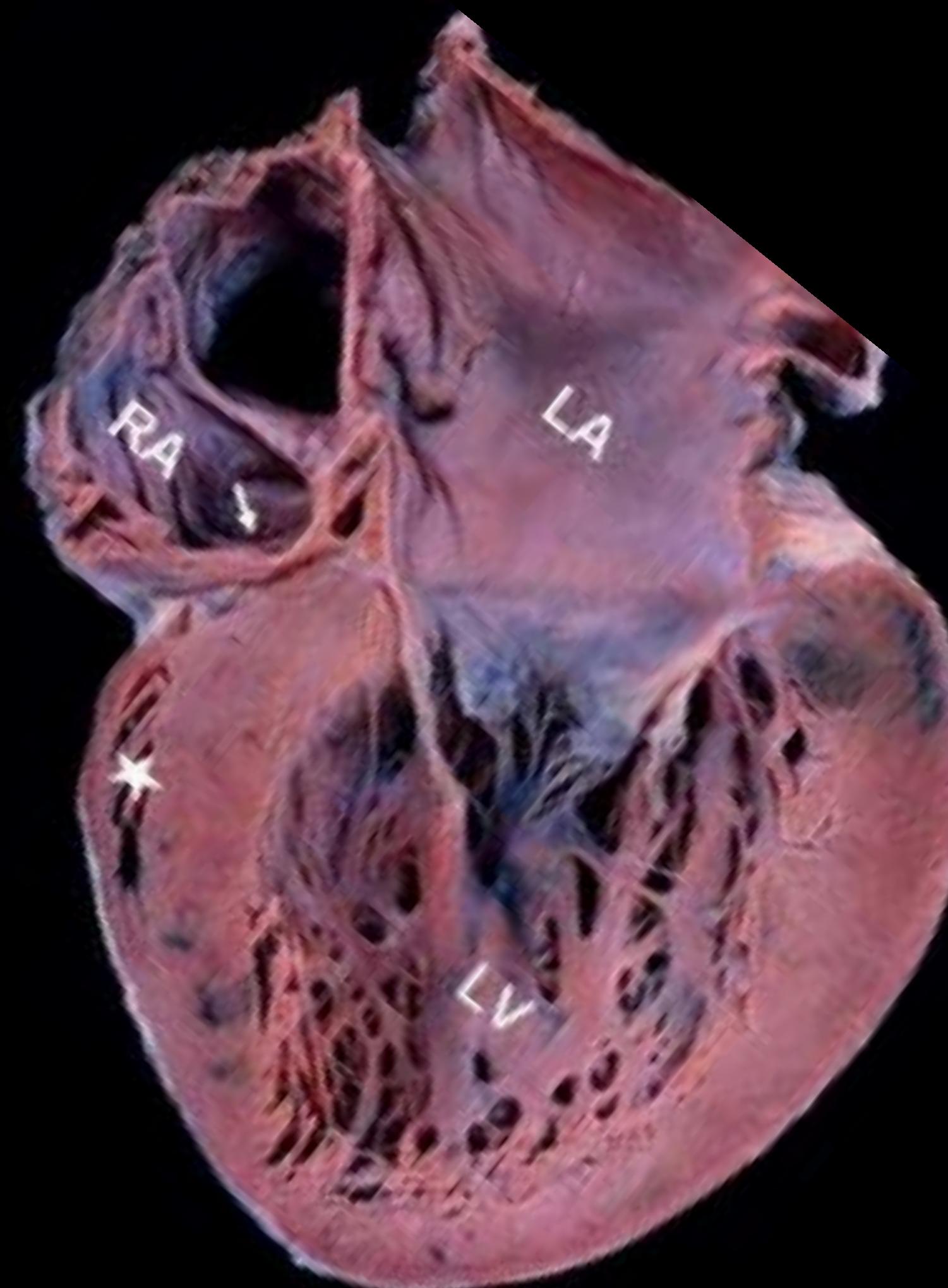
Straddling of the mitral valve



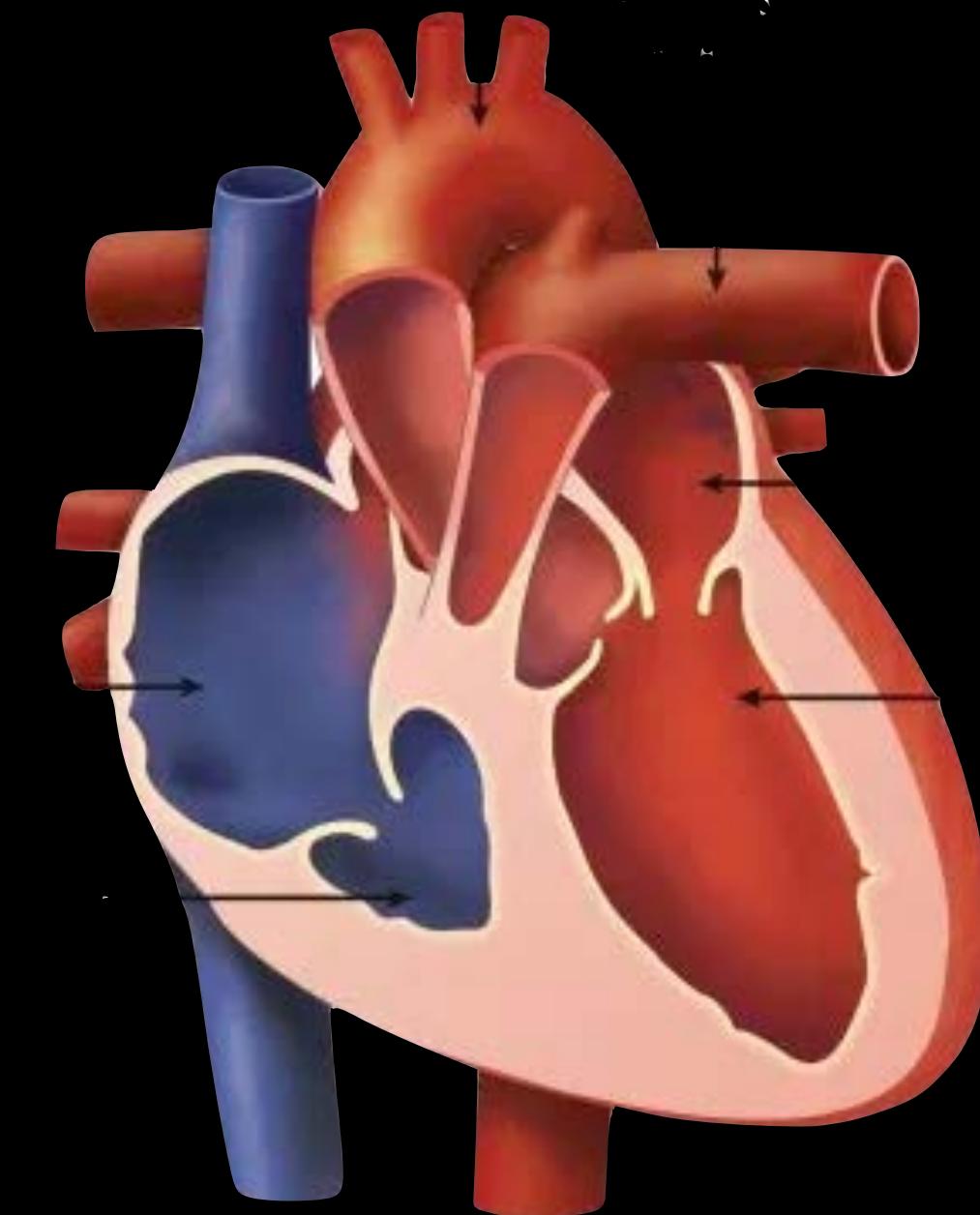
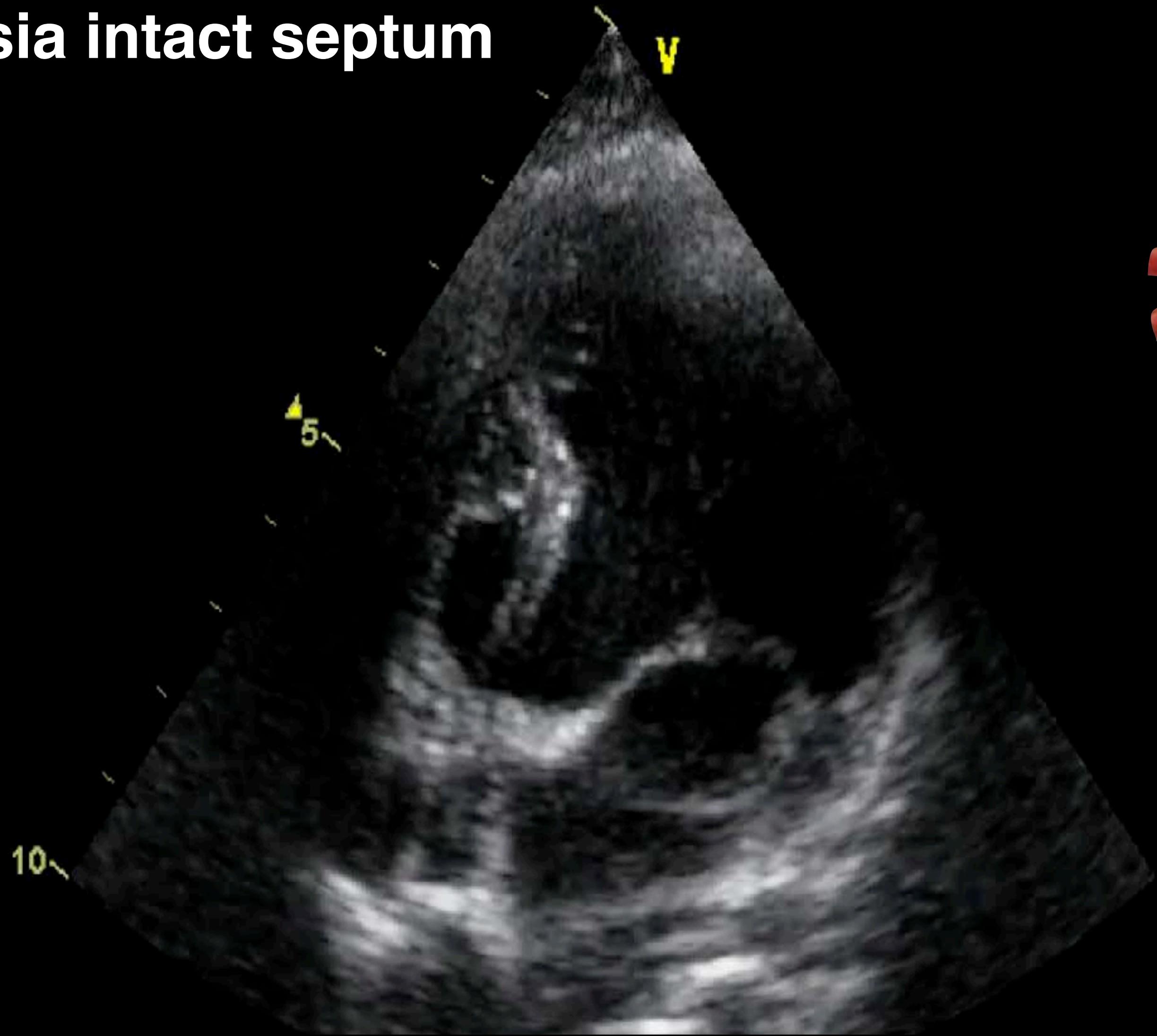
Tricuspid atresia



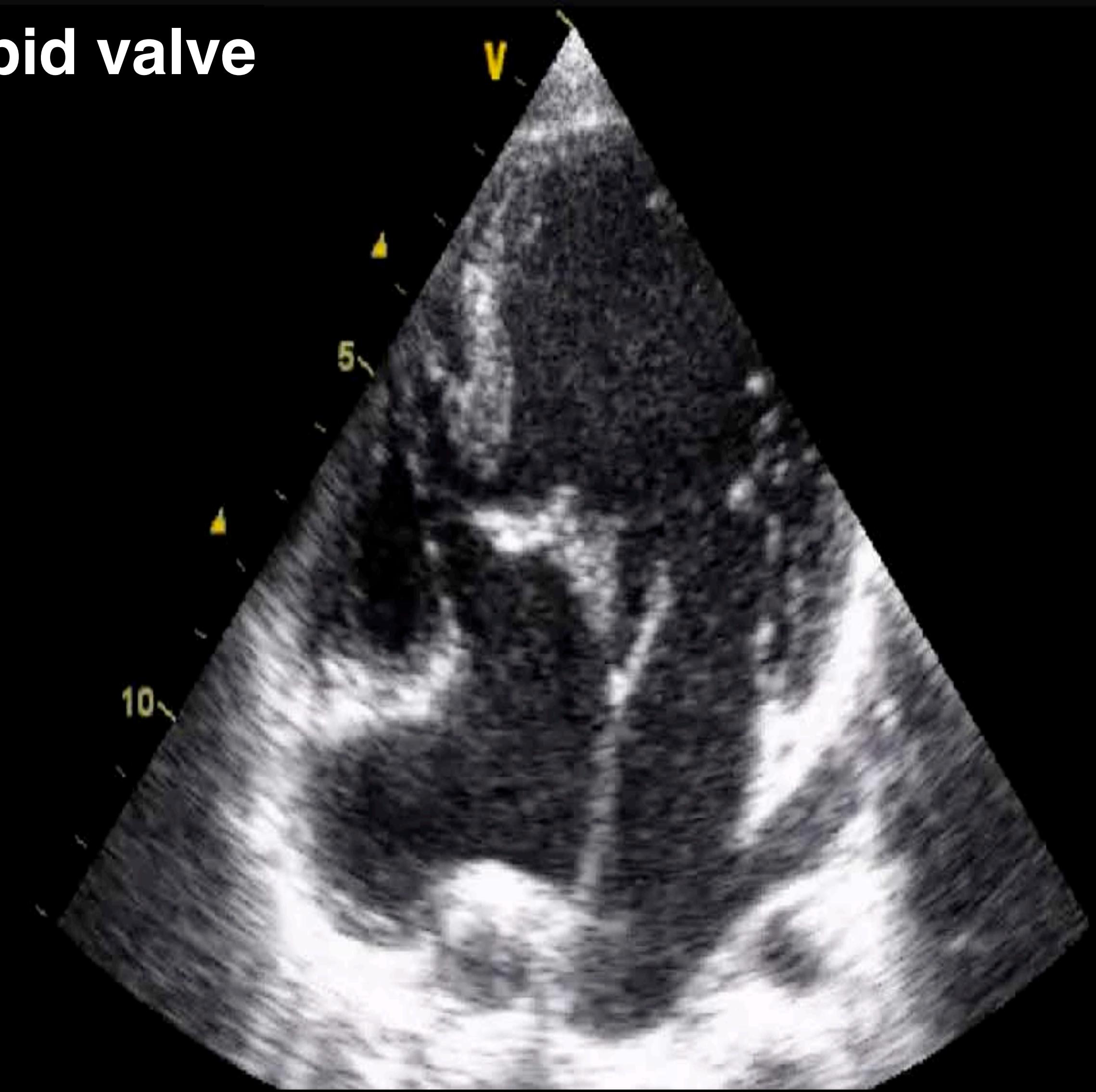
Tricuspid atresia



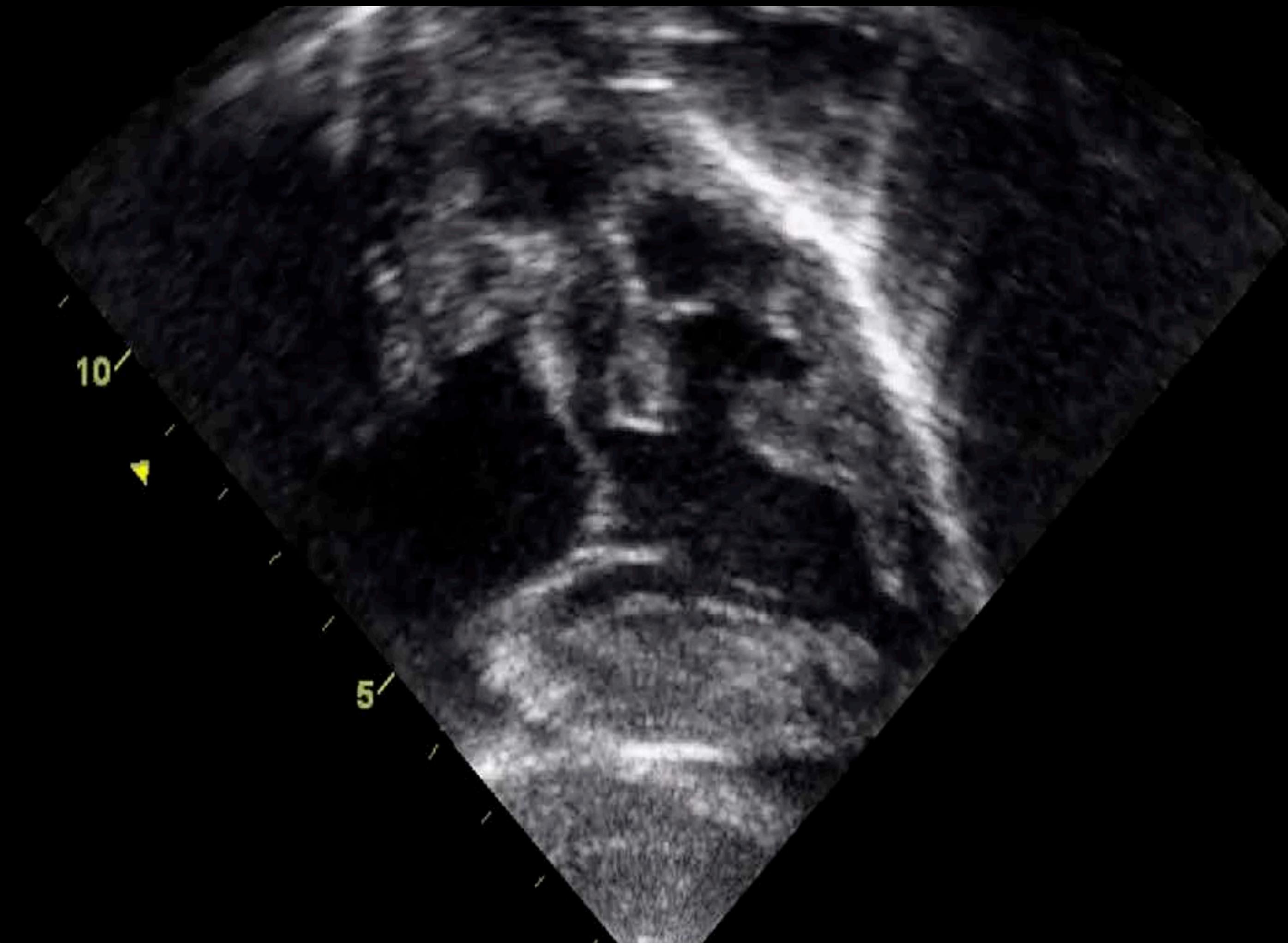
Pulmonary atresia intact septum



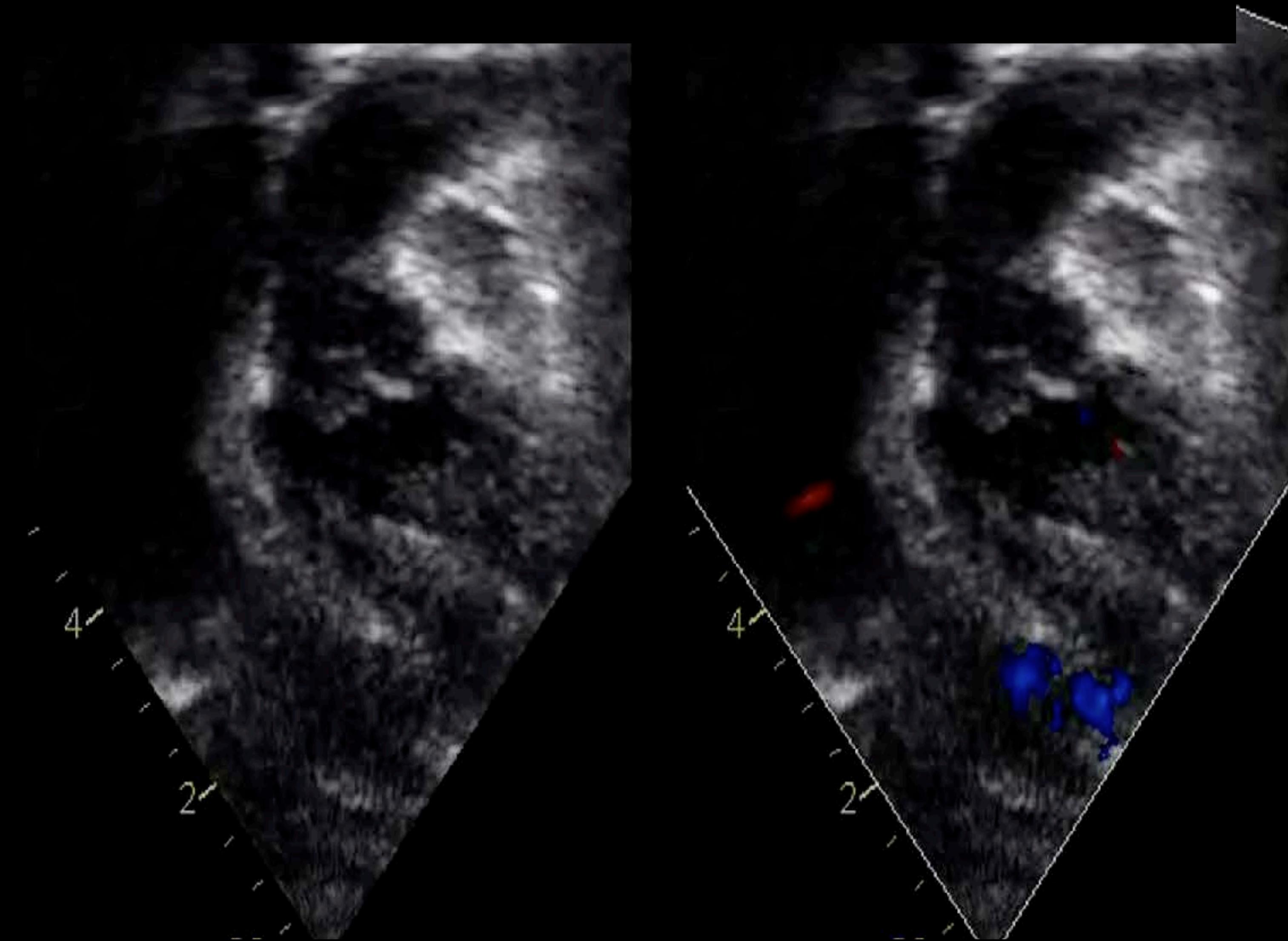
Straddling of tricuspid valve



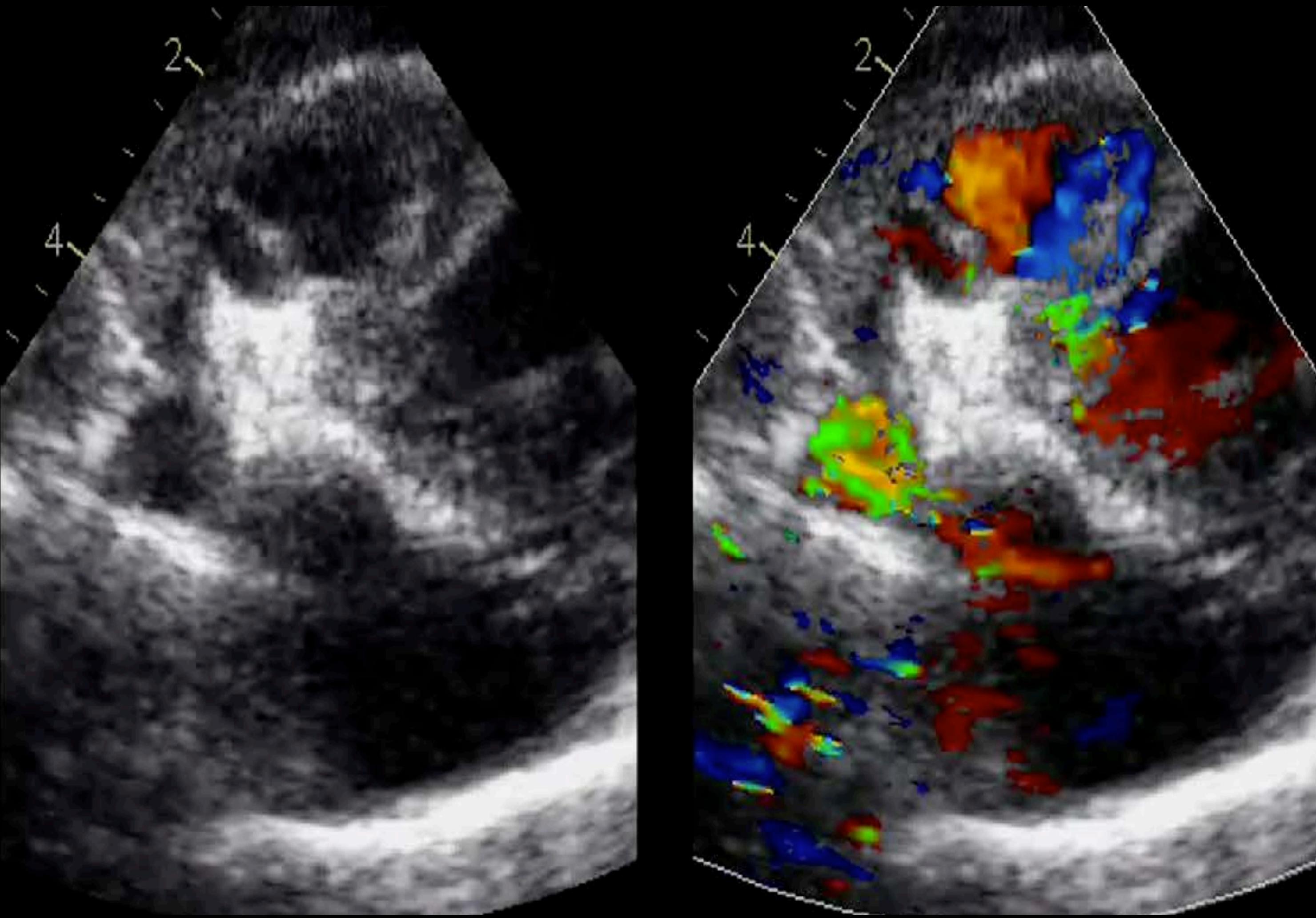
Outflow tracts in univentricular heart: accessory ventricle



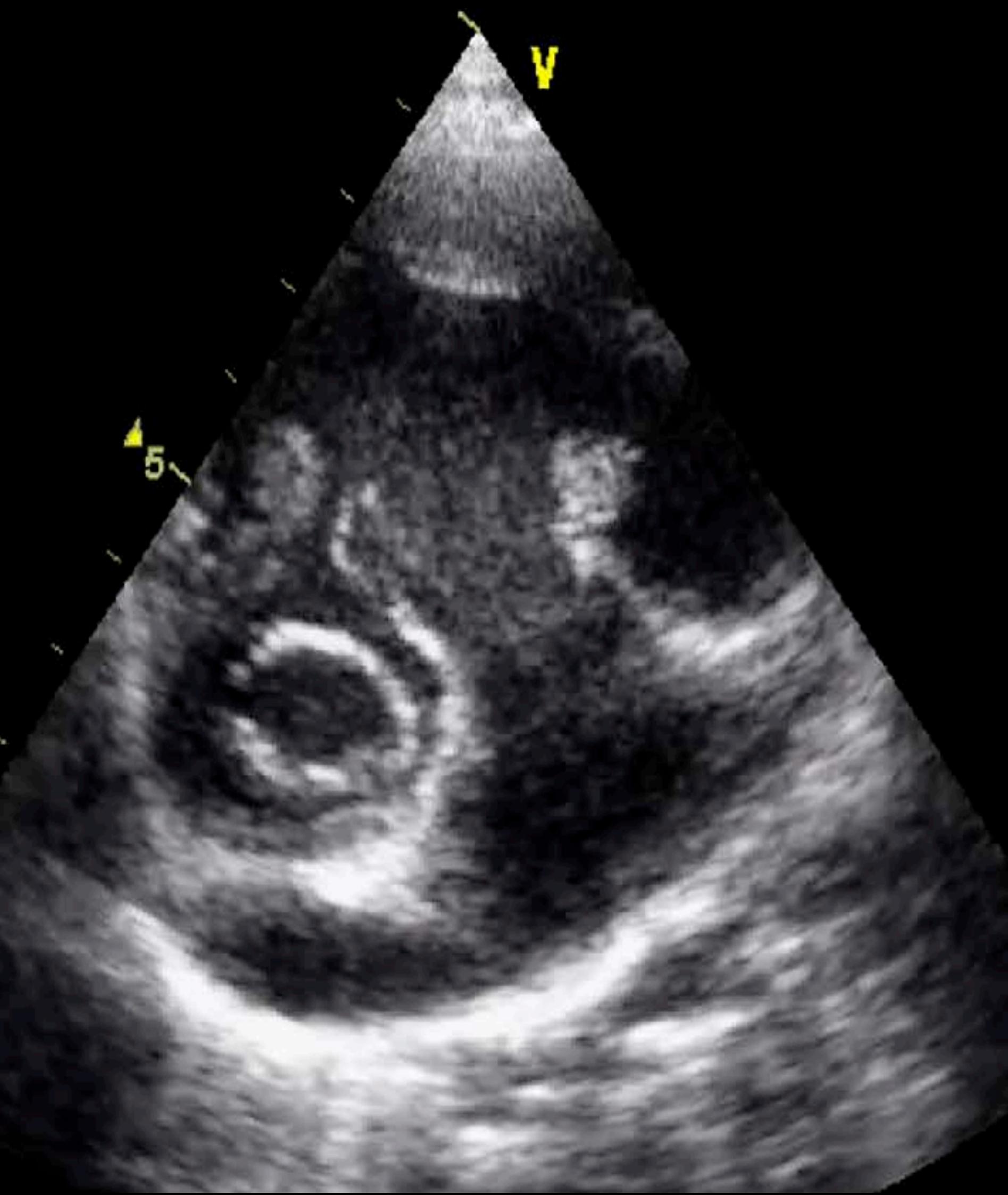
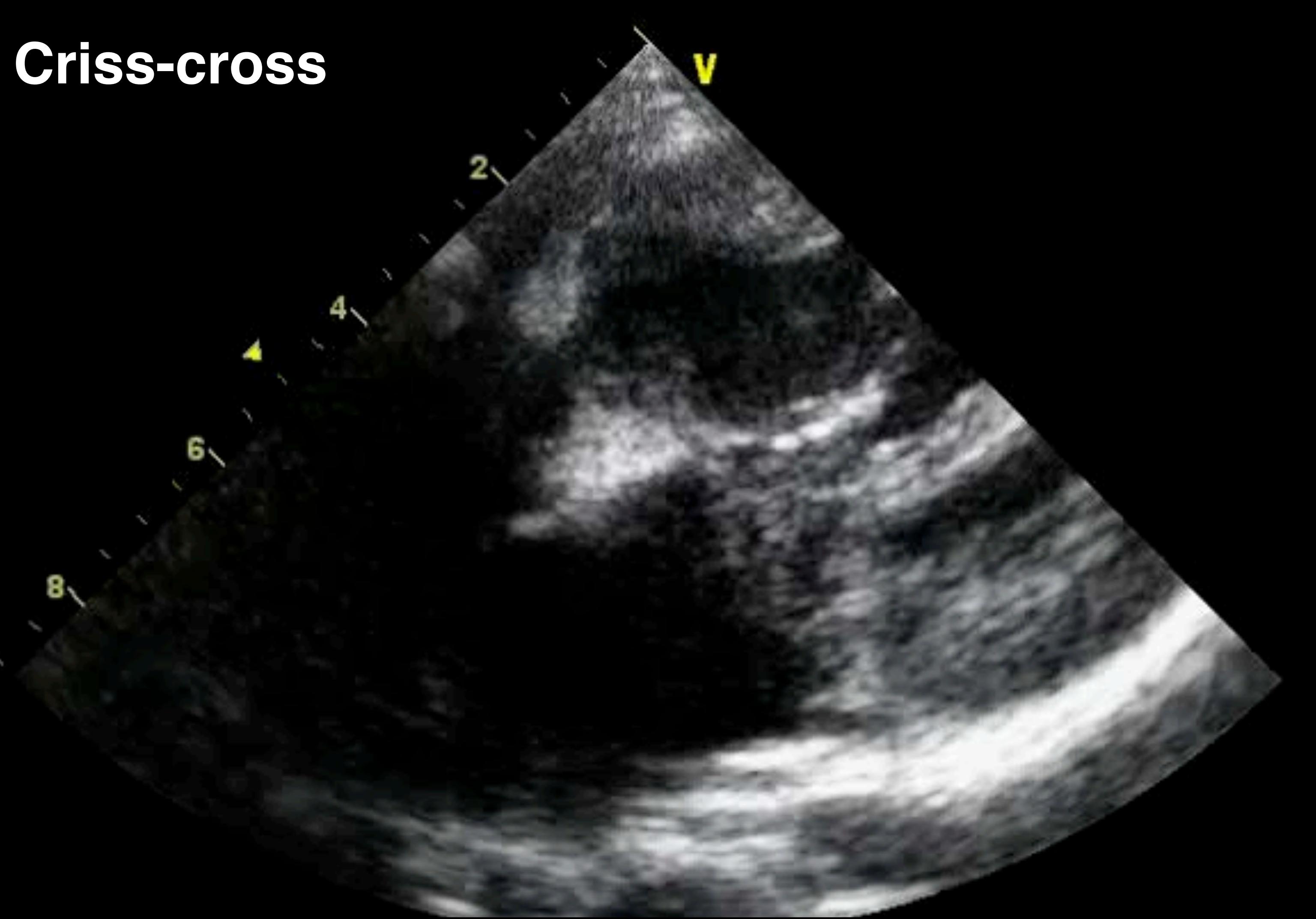
Outflow tracts in univentricular heart: accessory ventricle



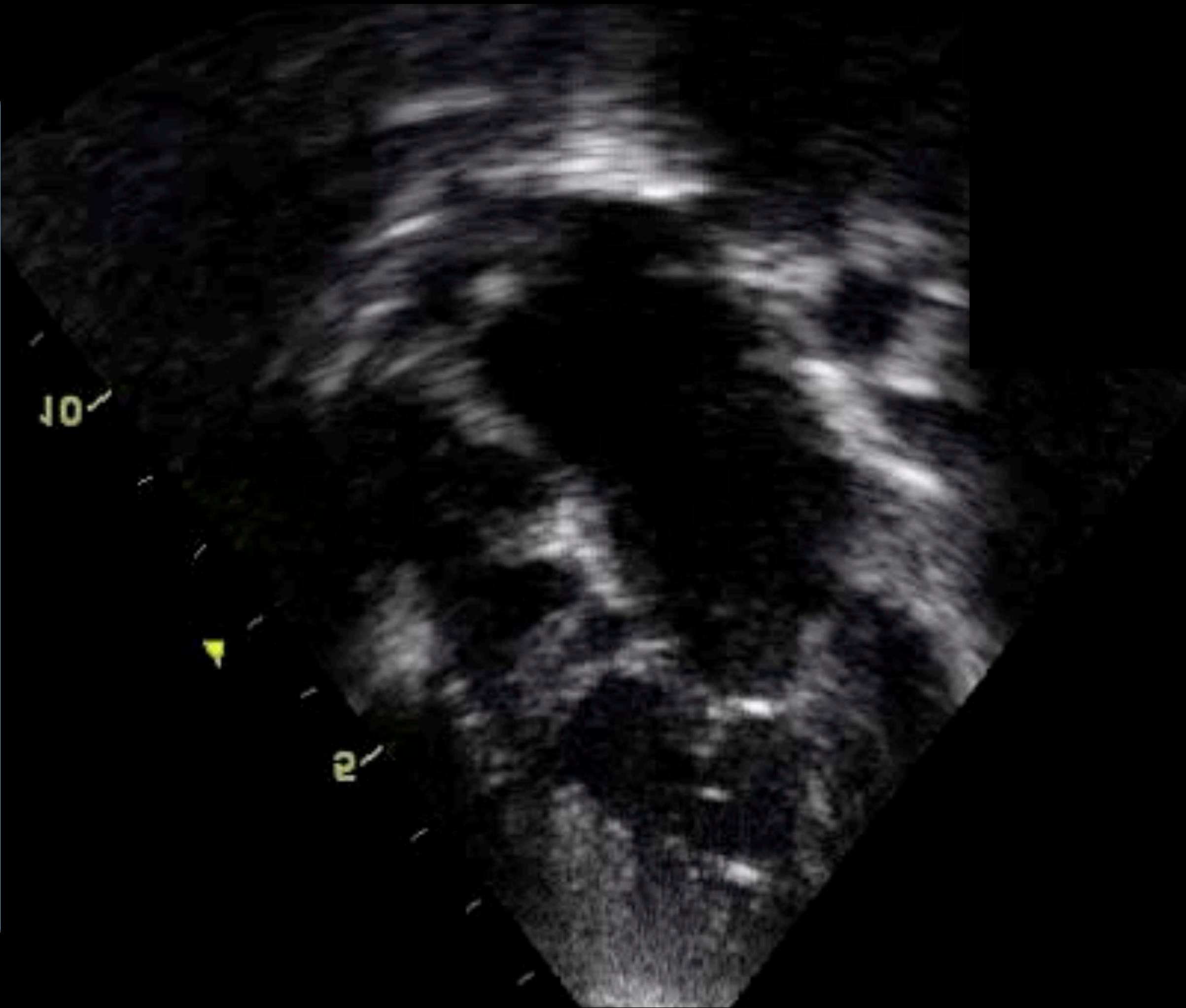
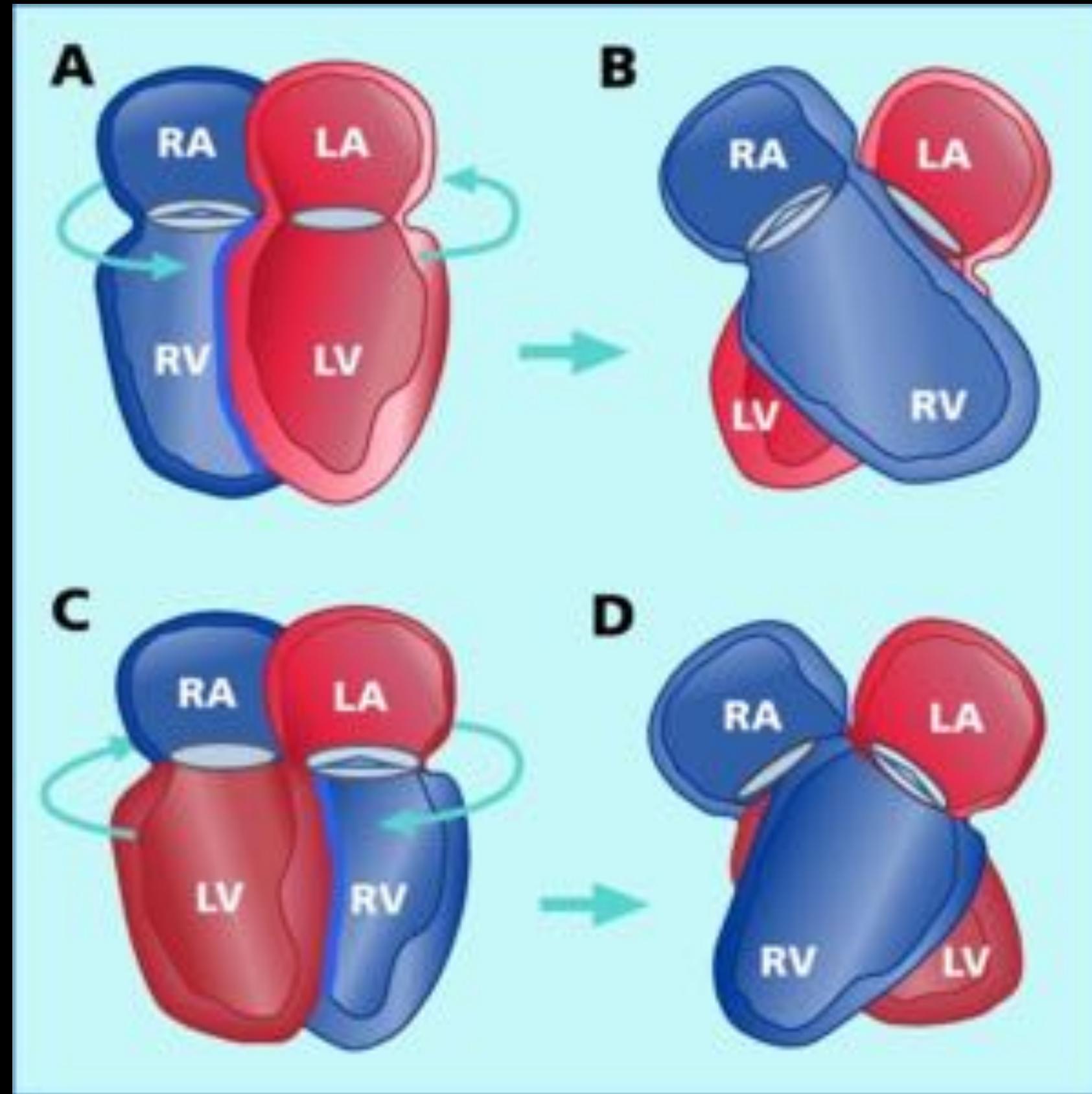
Outflow tracts in univentricular heart: accessory ventricle



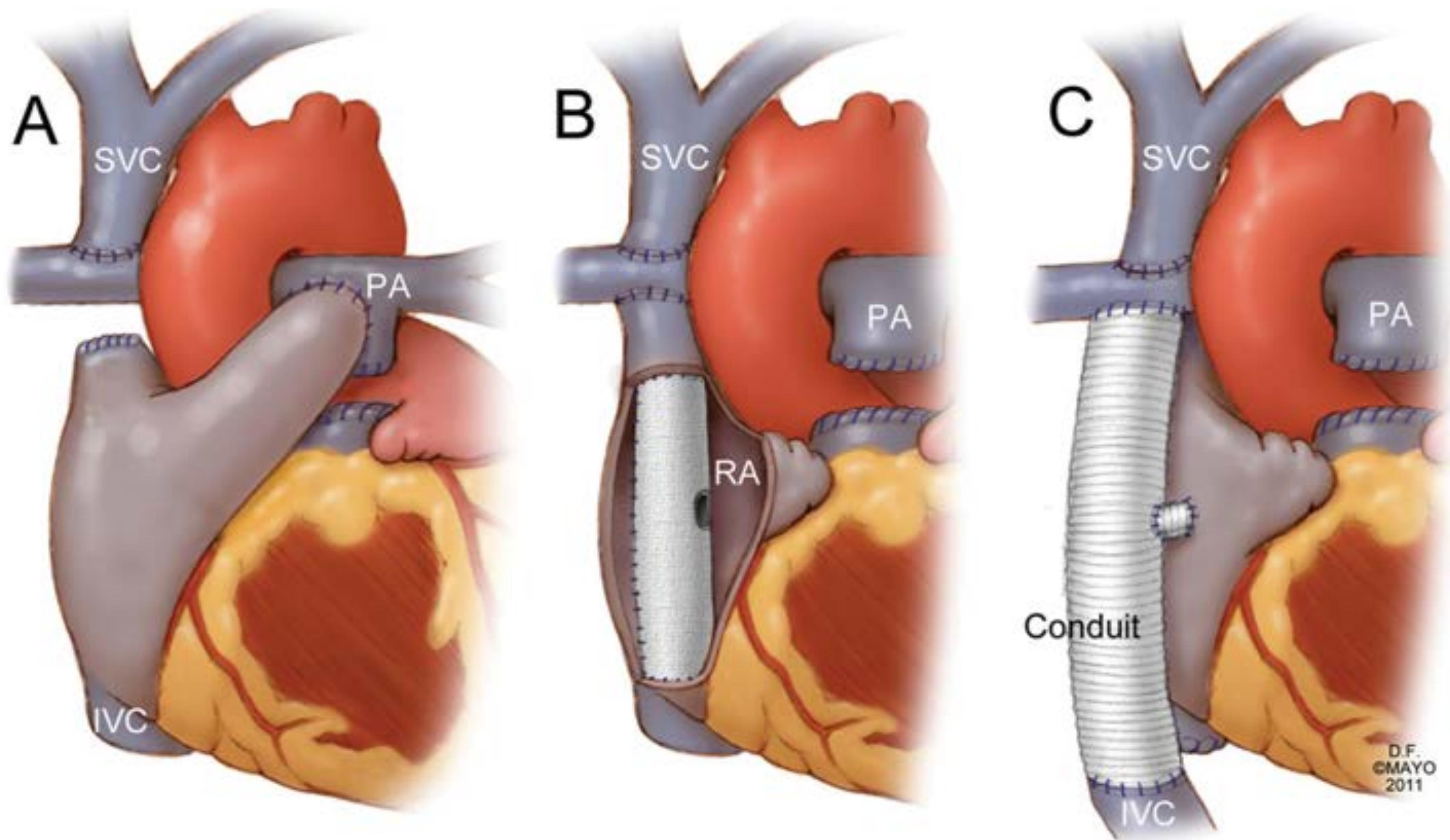
Criss-cross



Criss-cross

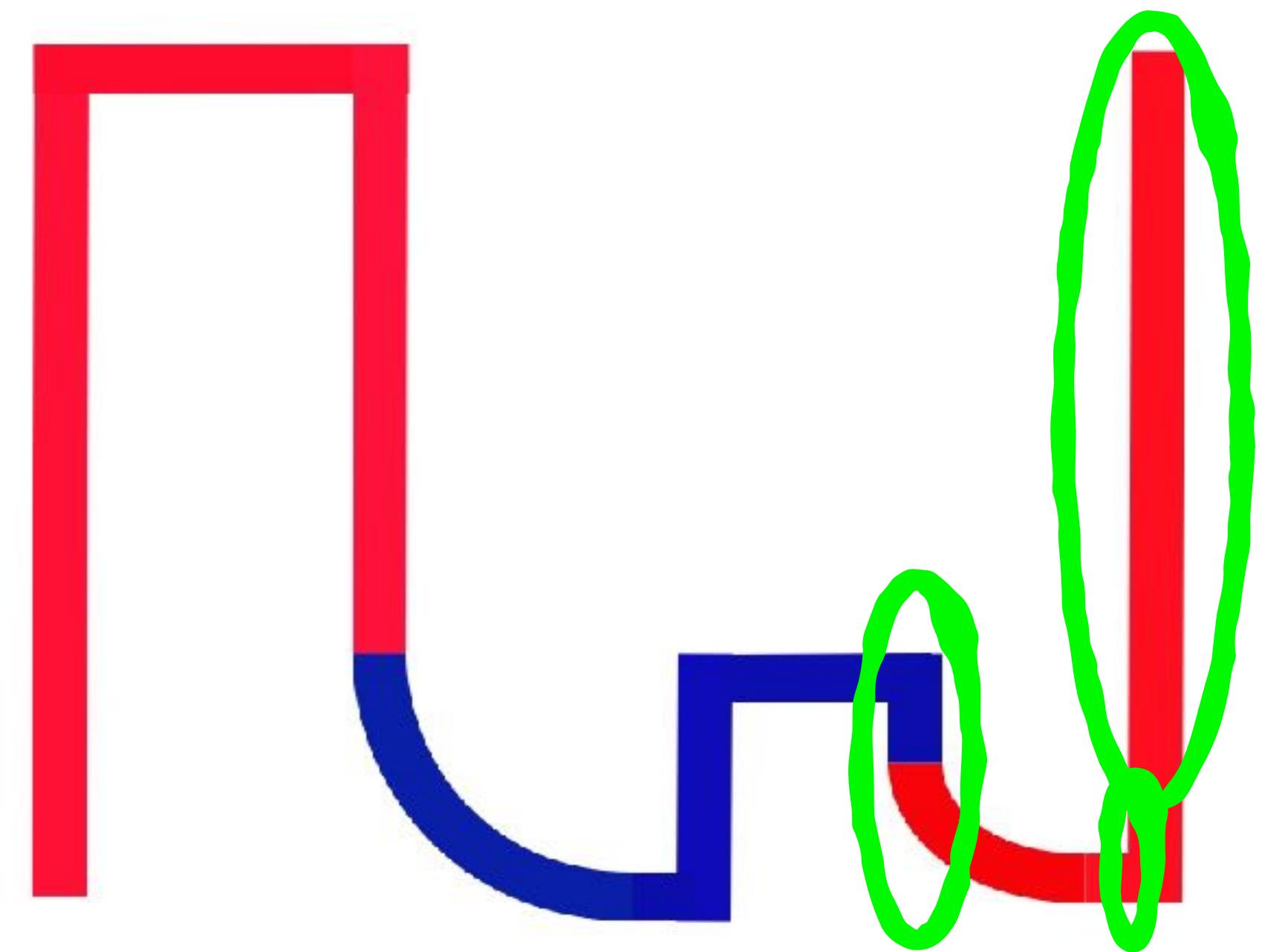


TCPC program

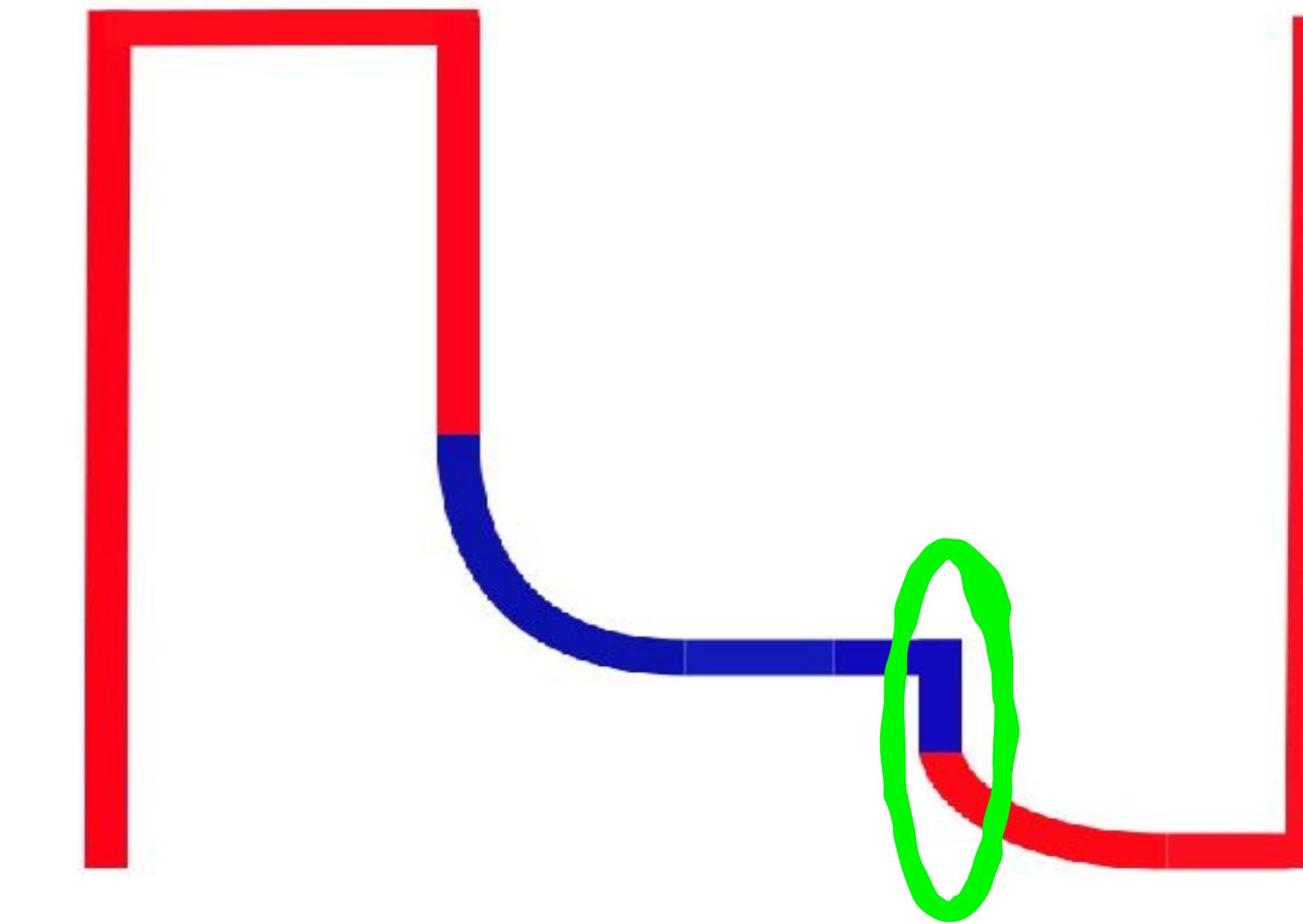


Critical bottlenecks in various circulations

The Fontan circulation - a new portal system



Cardiomyopathies
Pulmonary hypertension
Mitral stenosis



Fontan TCPC

Quels sont les objectifs du traitement des VU ?

- Protéger la circulation pulmonaire
 - Cerclage
 - Lever les obstacles au retour veineux: CIA – RVPA bloqués
- Calibrer le débit pulmonaire
 - Blalock, conduit VU-AP
- Préserver la fonction du ventricule et des VAV
 - Réduire la post-charge
 - Coarctation, sténose sous aortique
 - Limiter la surcharge diastolique
 - Calibrer le débit pulmonaire
 - Essayer de limiter la durée de clampage aortique pendant la chirurgie
- Préserver les artères pulmonaires et les veines systémiques
- Limiter les cicatrices atriales et ventriculaires

Le décalogue : 10 commandements (Choussat-Fontan)

1. situs solitus
2. connection veineuse, systémique et pulmonaire, normale
3. hypertrophie oreillette droite
4. fonction ventriculaire normale
5. fonction normale des valves auriculo-ventriculaires
6. rythme sinusal
7. artères pulmonaires de taille normale
8. pression pulmonaire basse (< 15 mmHg)
9. résistances vasculaires pulmonaires basses
10. âge > 4 ans

Critères actuels

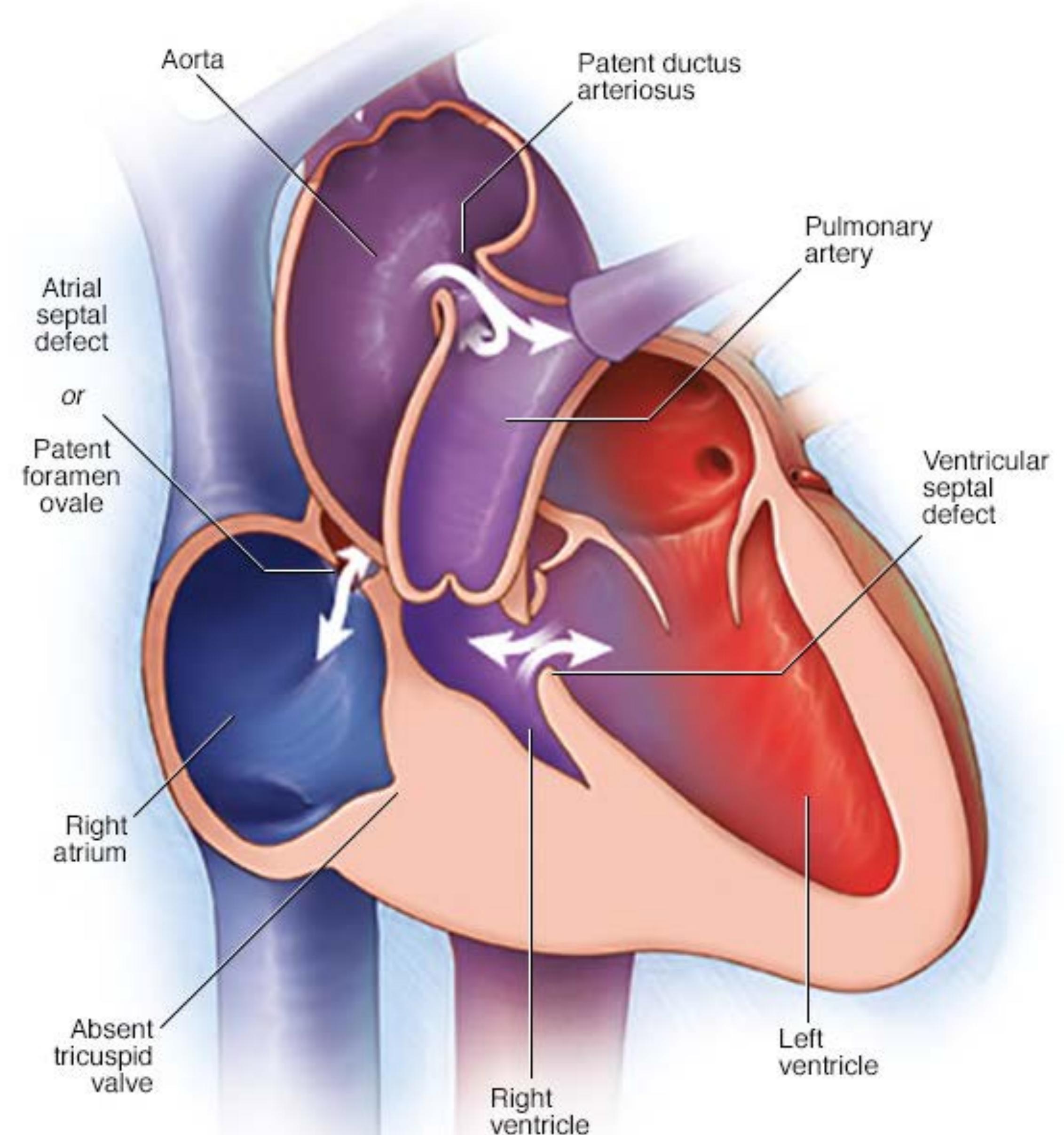
- "bon" lit vasculaire pulmonaire
 - . absence d'hypoplasie diffuse
 - . absence de sténose localisée (native ou iatrogène)
 - . résistances vasculaires pulmonaires basses
 - . gradient transpulmonaire bas
- "bon" ventricule
 - . fonction normale (systolique and diastolique)
 - . valve AV normale (au moins une)
 - . voie de sortie sans obstacle
 - . rythme sinusal stable
 - . pression auriculaire gauche basse

Good and evil

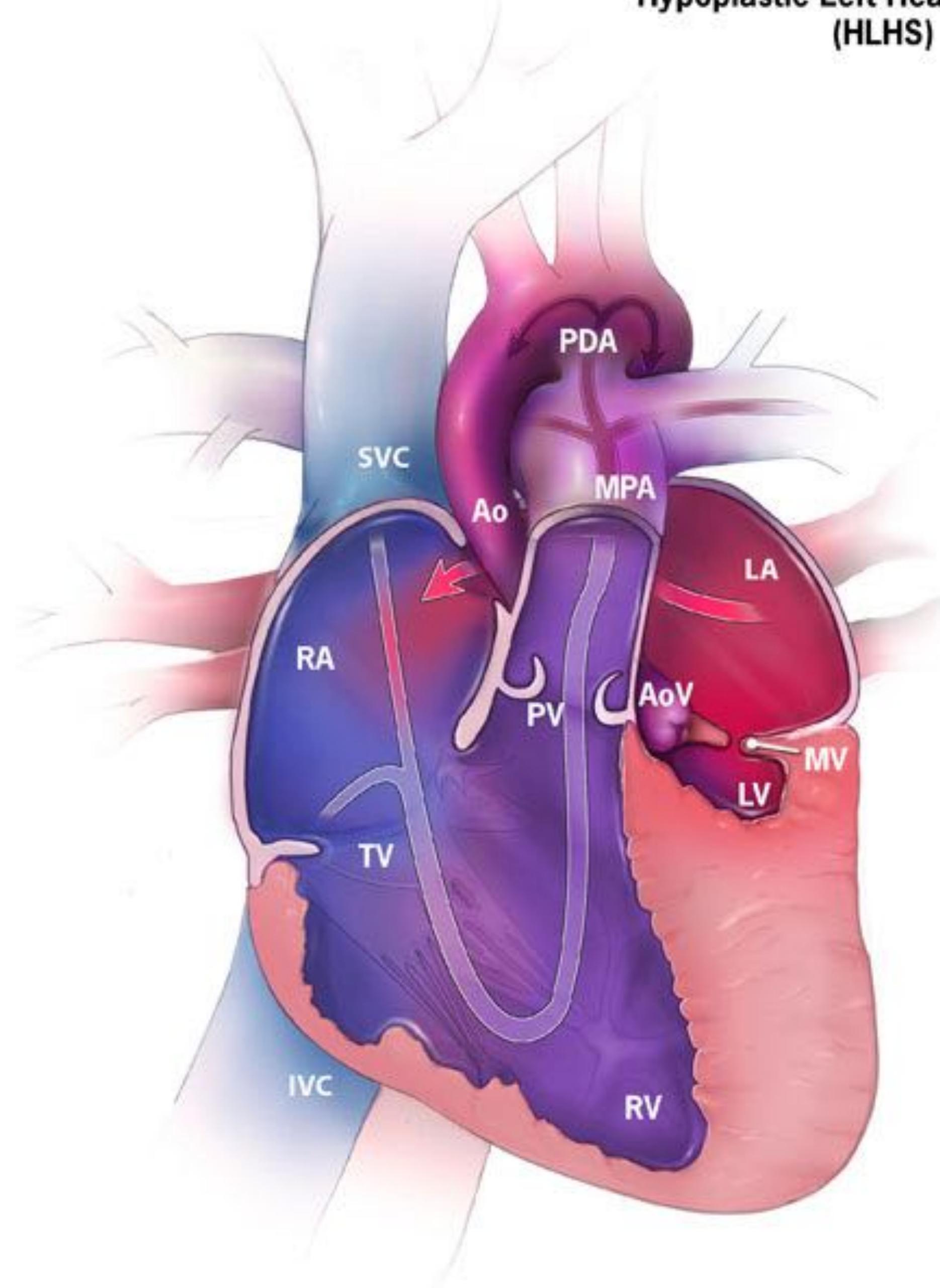
- VG versus VD versus Vx
- Mitrale vs tricuspide vs CAV
- Obstacle aortique
- Absence de protection pulmonaire
- Anatomie artérielle pulmonaire
- RVPAT ou PFO restrictif (atrésie mitrale)

Situations néonatales

- Ducto-dépendance pour la circulation pulmonaire
 - PGE1 puis Blalock
- Ducto-dépendance pour la circulation systémique
 - Norwood
- Hypertension pulmonaire
 - Cerclage



Hypoplastic Left Heart Syndrome (HLHS)

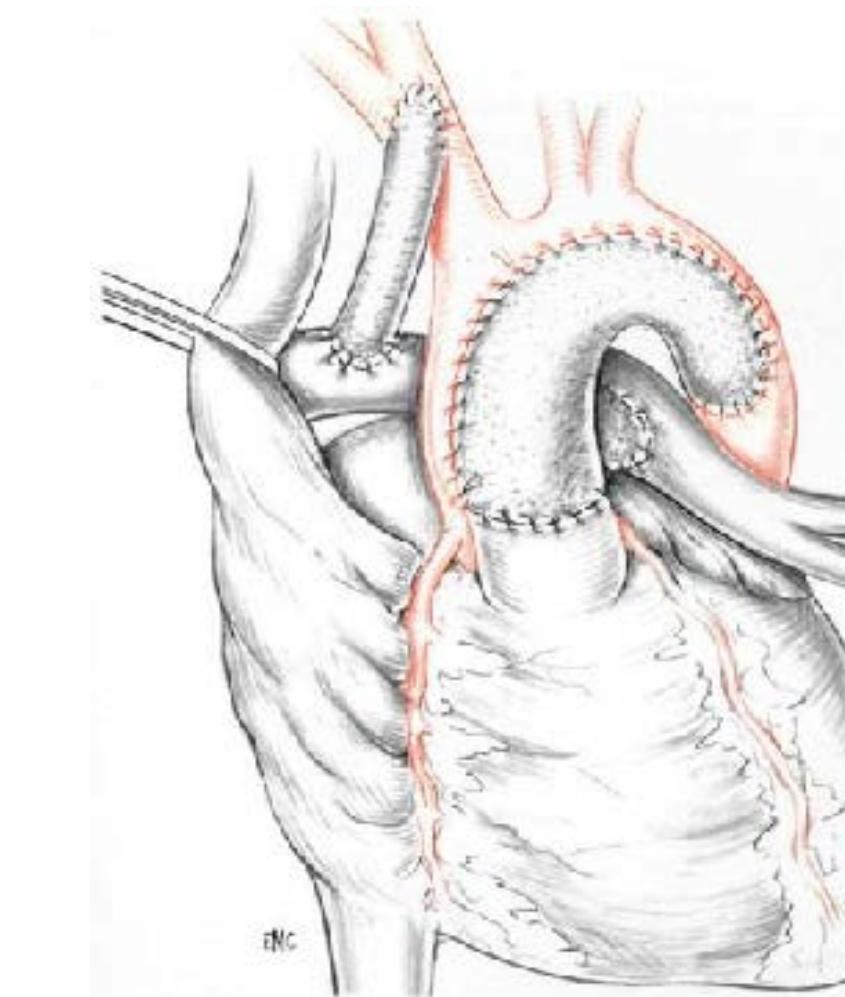
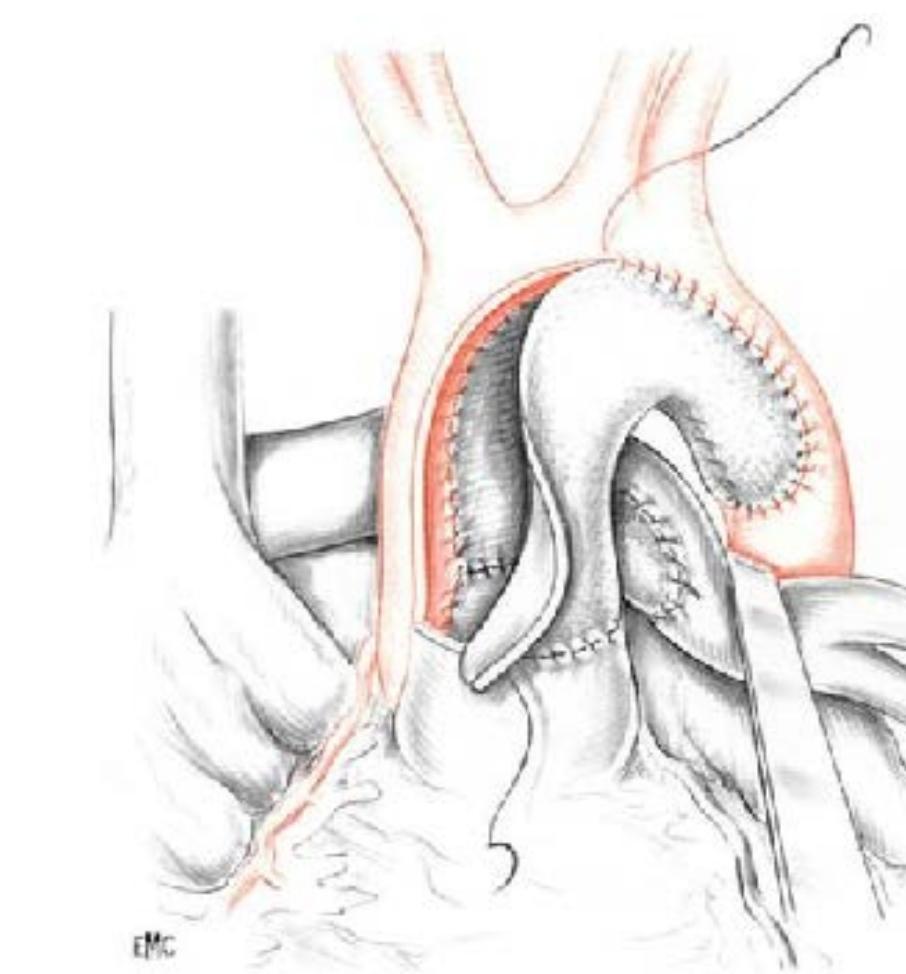
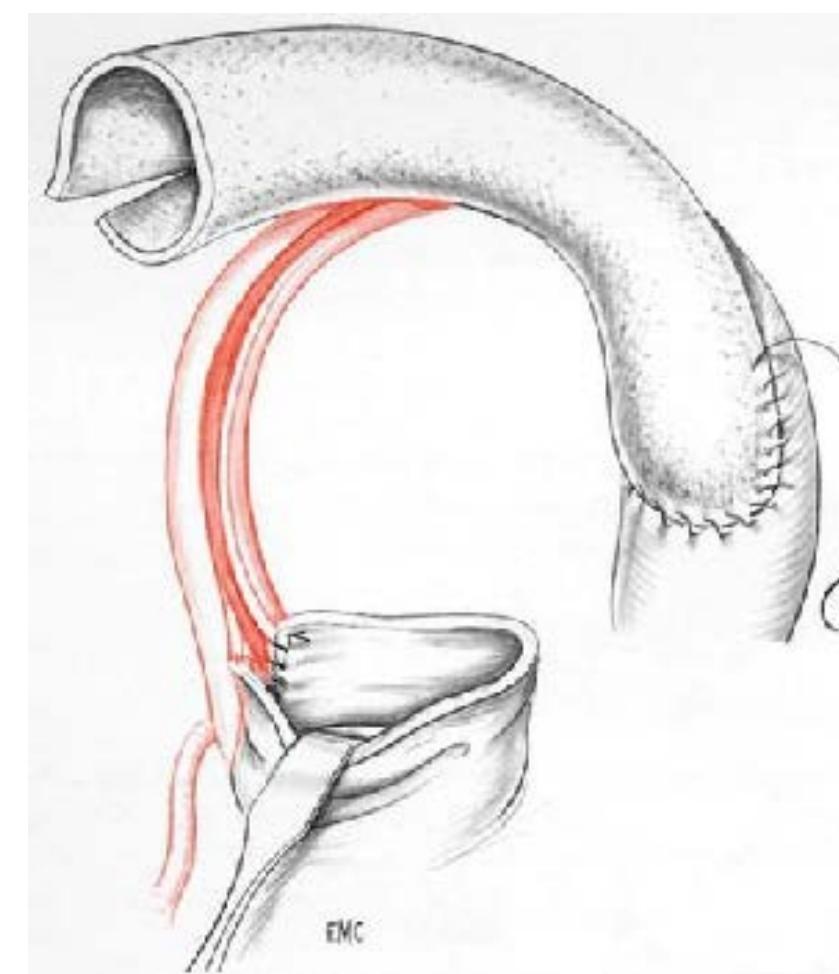
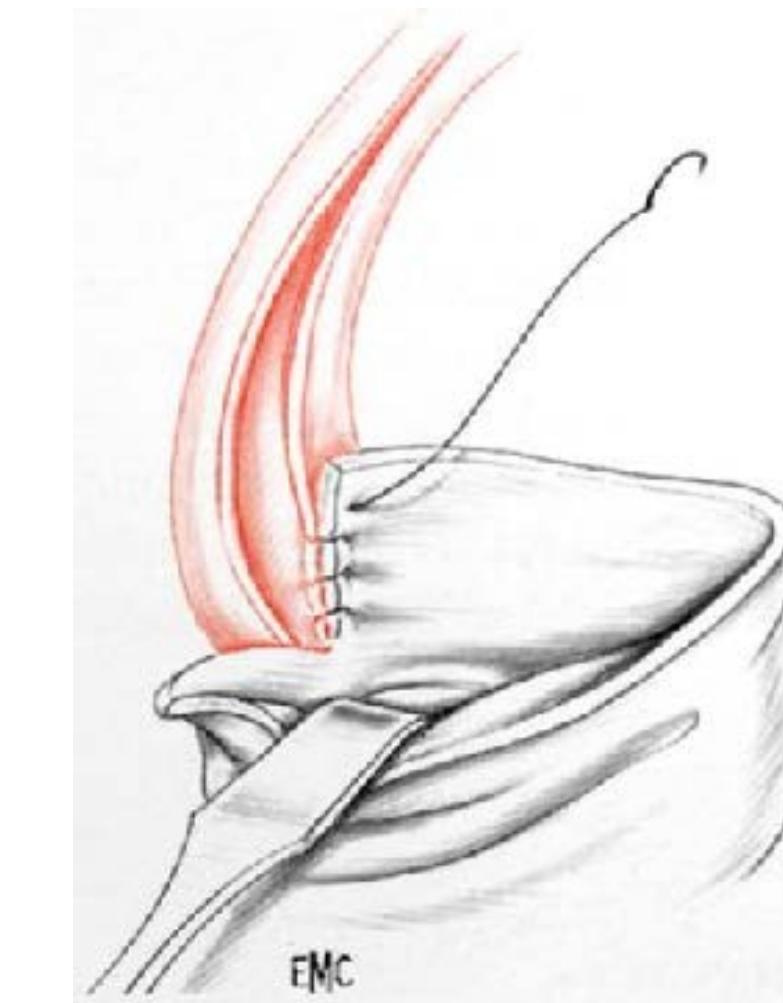
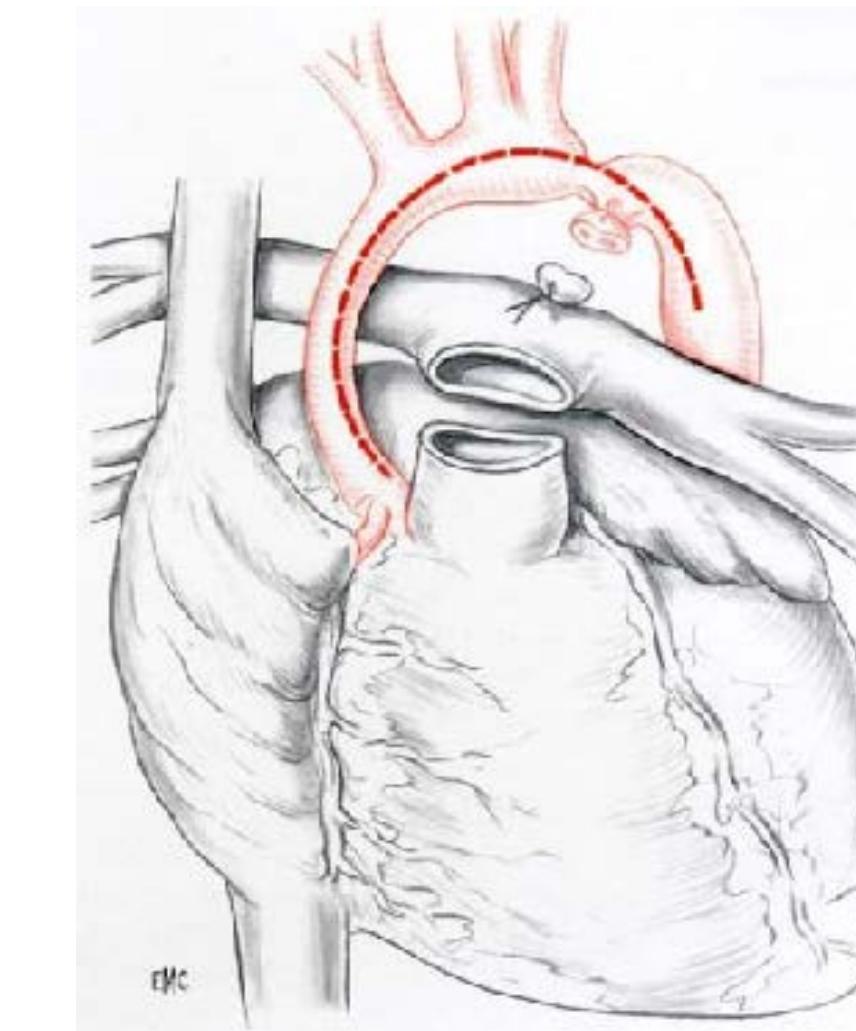
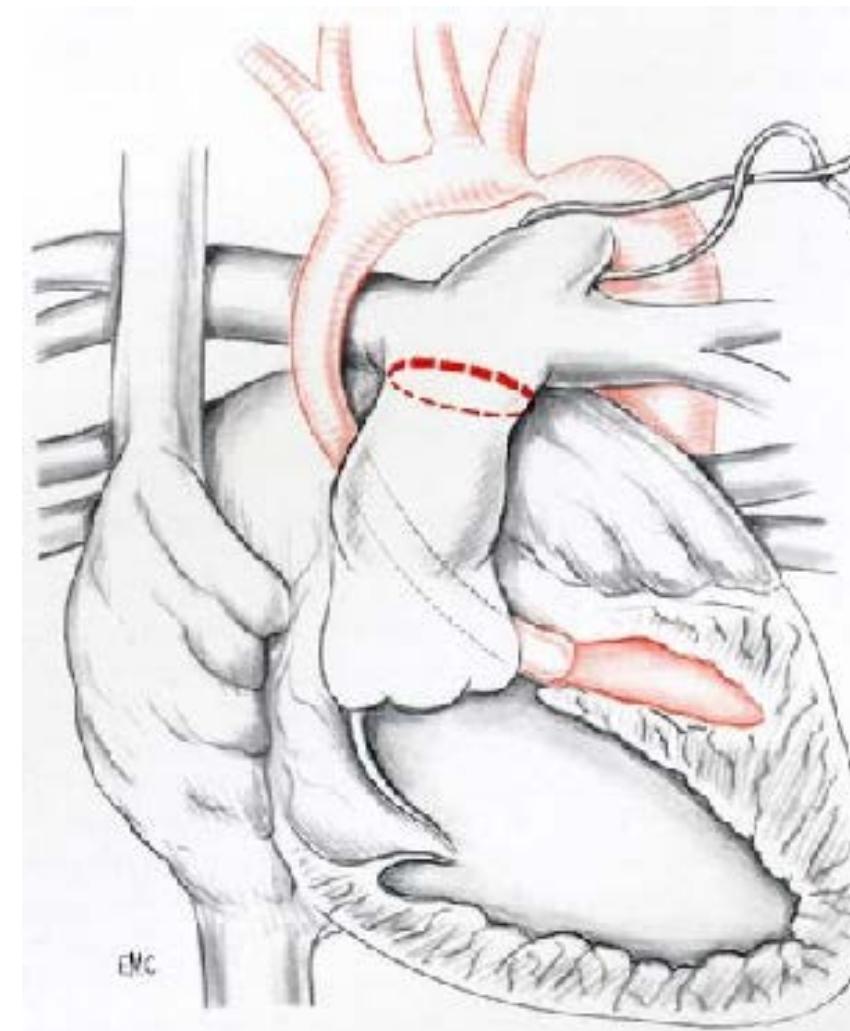


RA. Right Atrium
RV. Right Ventricle
LA. Left Atrium
LV. Left Ventricle

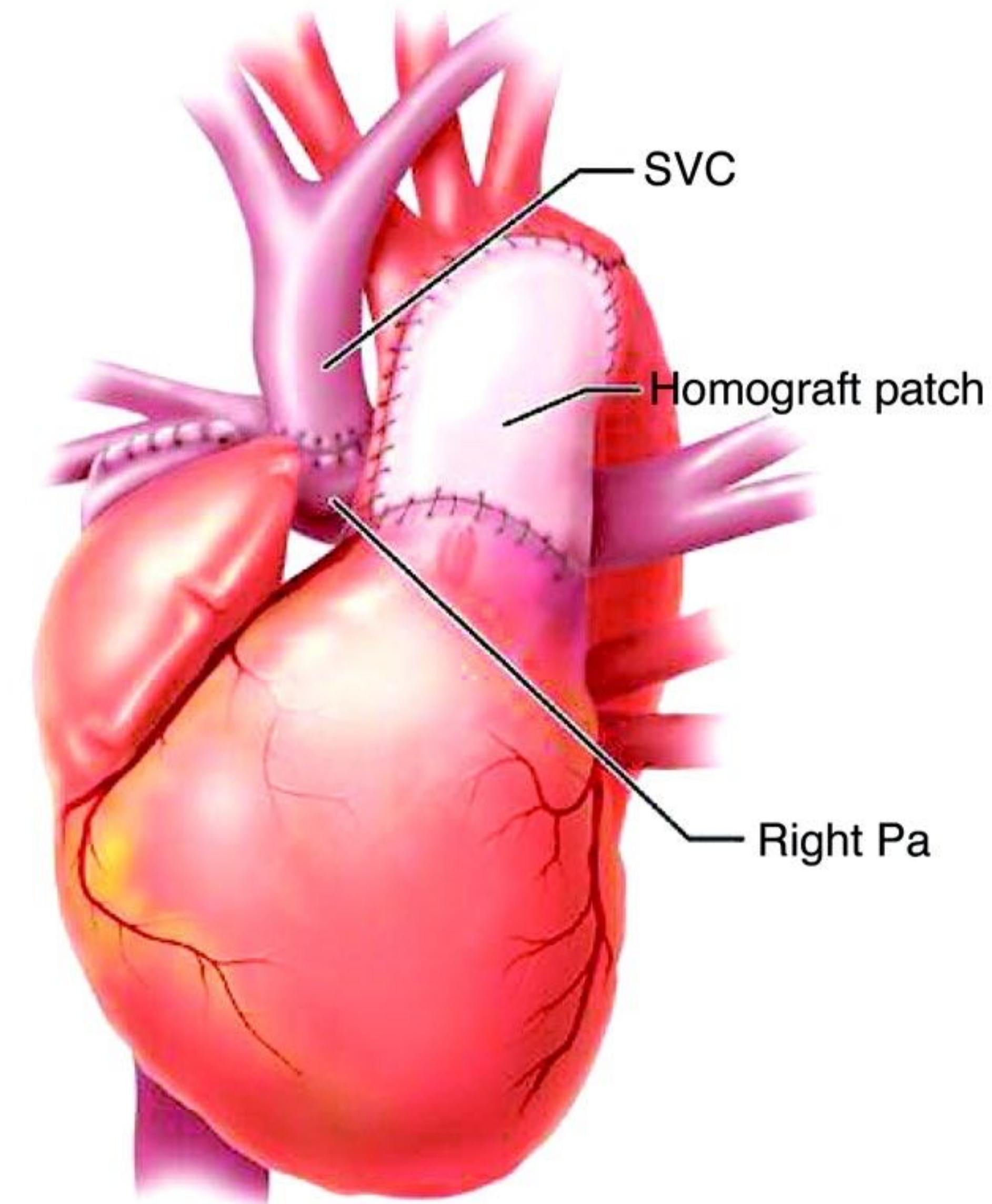
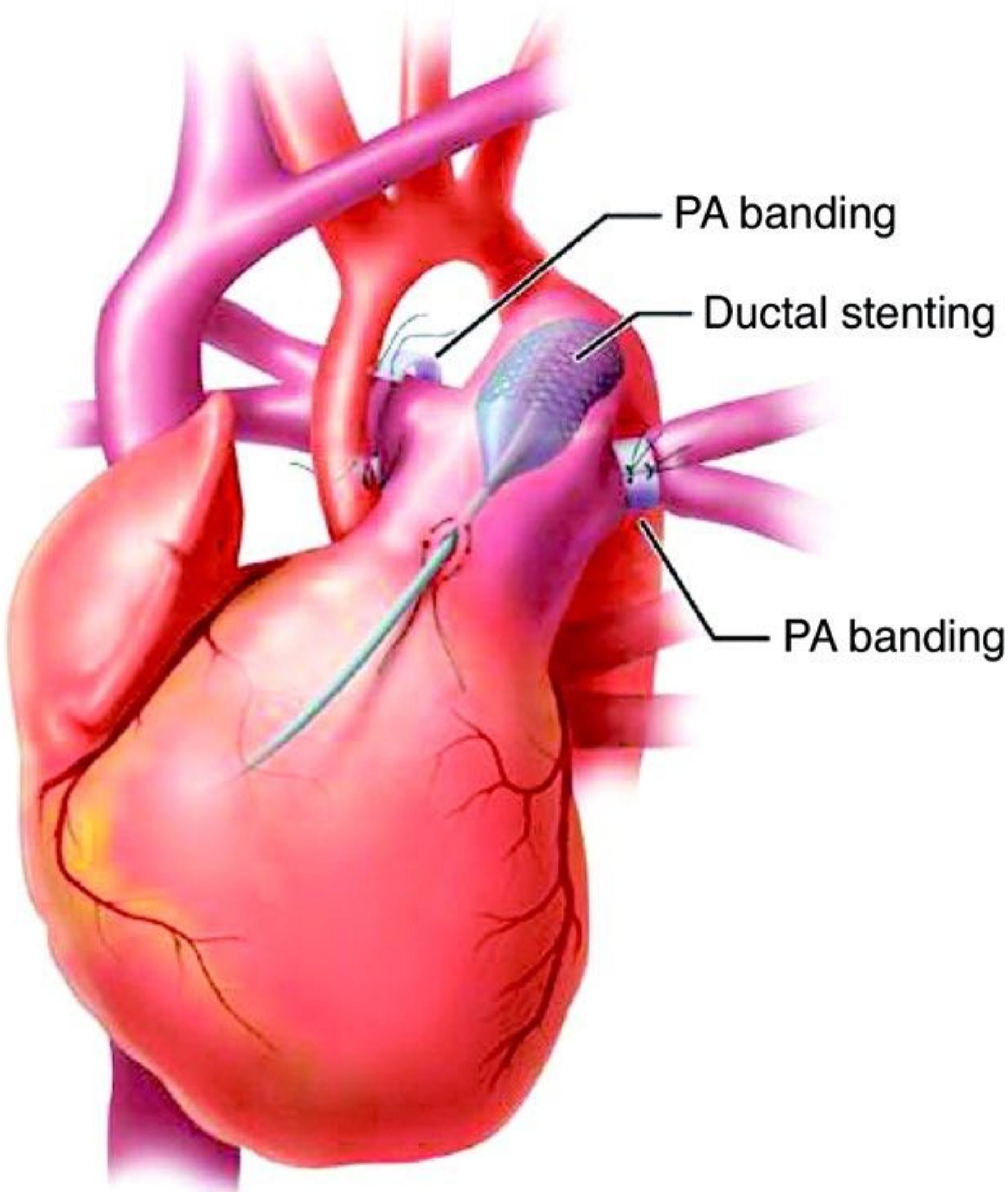
SVC. Superior Vena Cava
IVC. Inferior Vena Cava
MPA. Main Pulmonary Artery
Ao. Aorta
PDA. Patent Ductus Arteriosus

TV. Tricuspid Valve
MV. Mitral Valve
PV. Pulmonary Valve
AoV. Aortic Valve

Norwood procedure

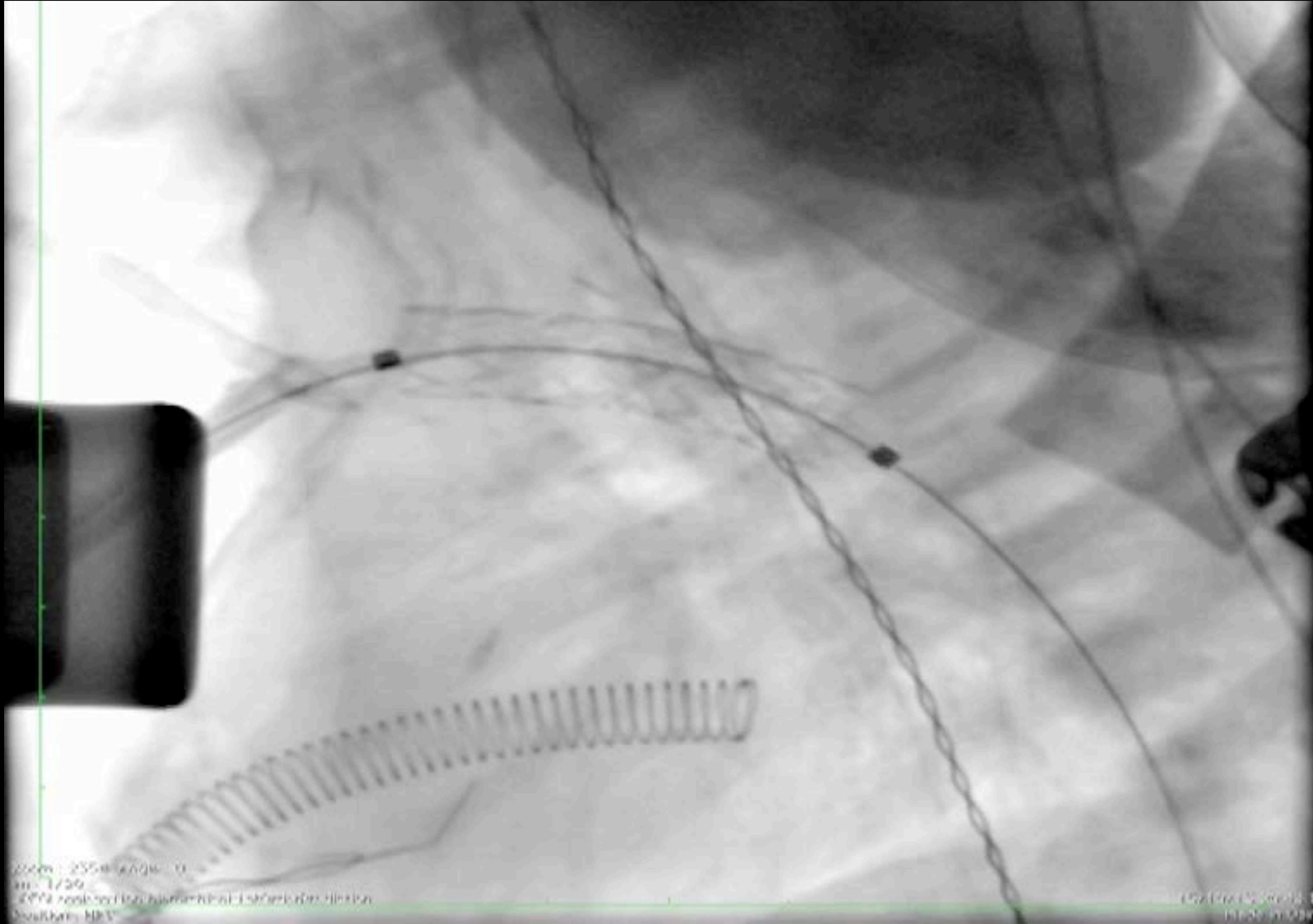


Percutaneous procedures in UVH



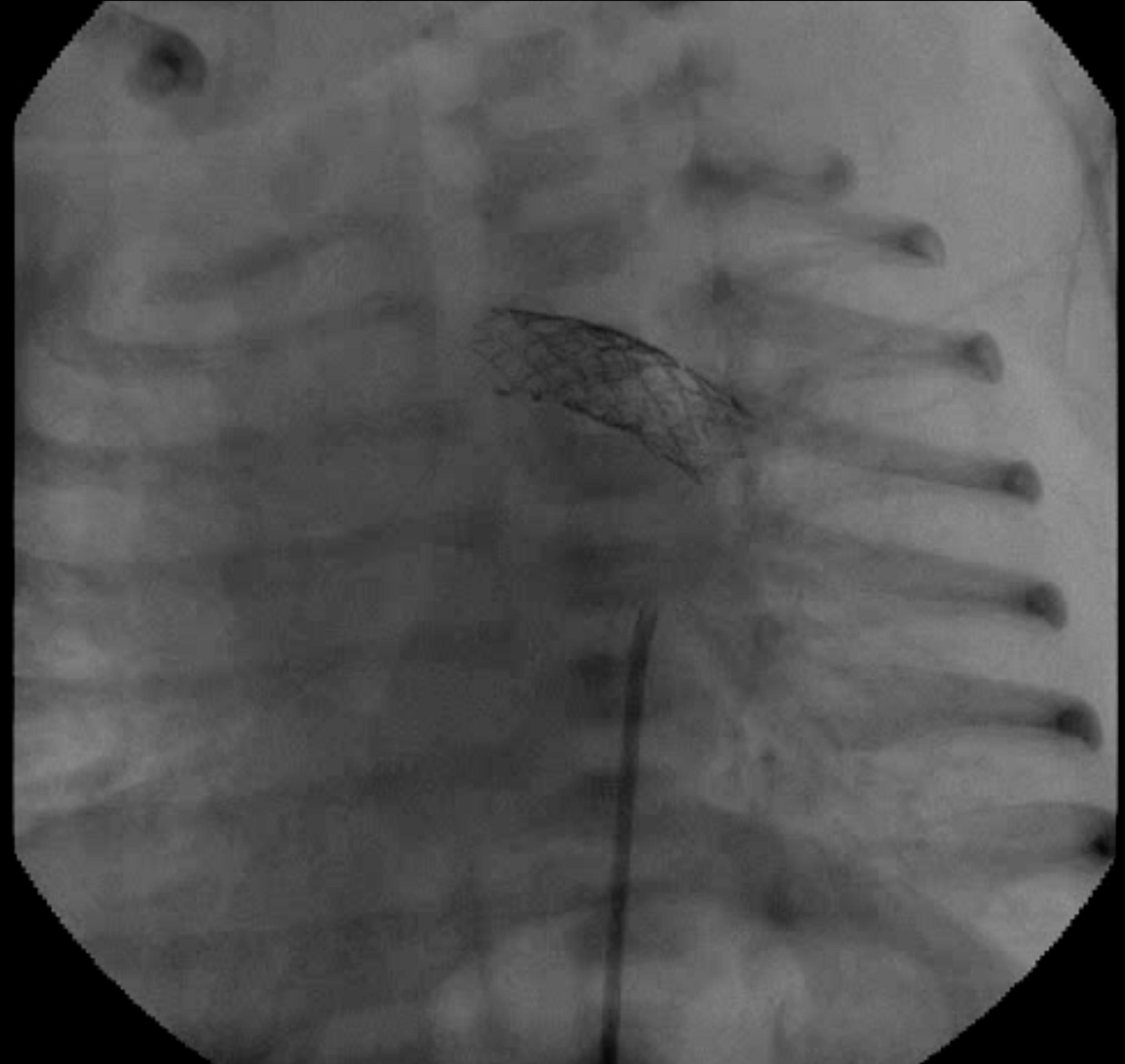
Hypoplasie du cœur gauche

1er temps de l'opération de Norwood-Hybride

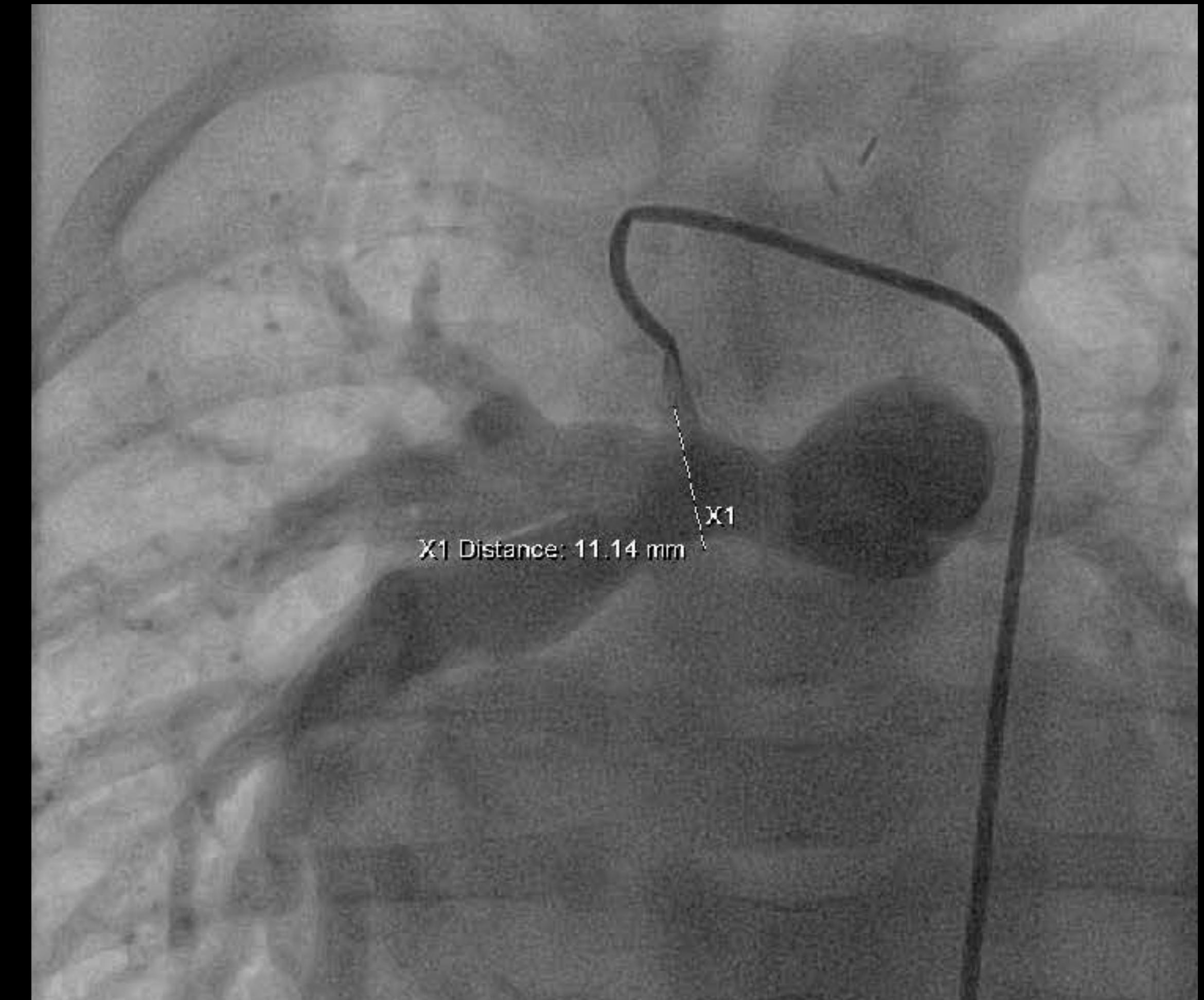


Hypoplasie du cœur gauche

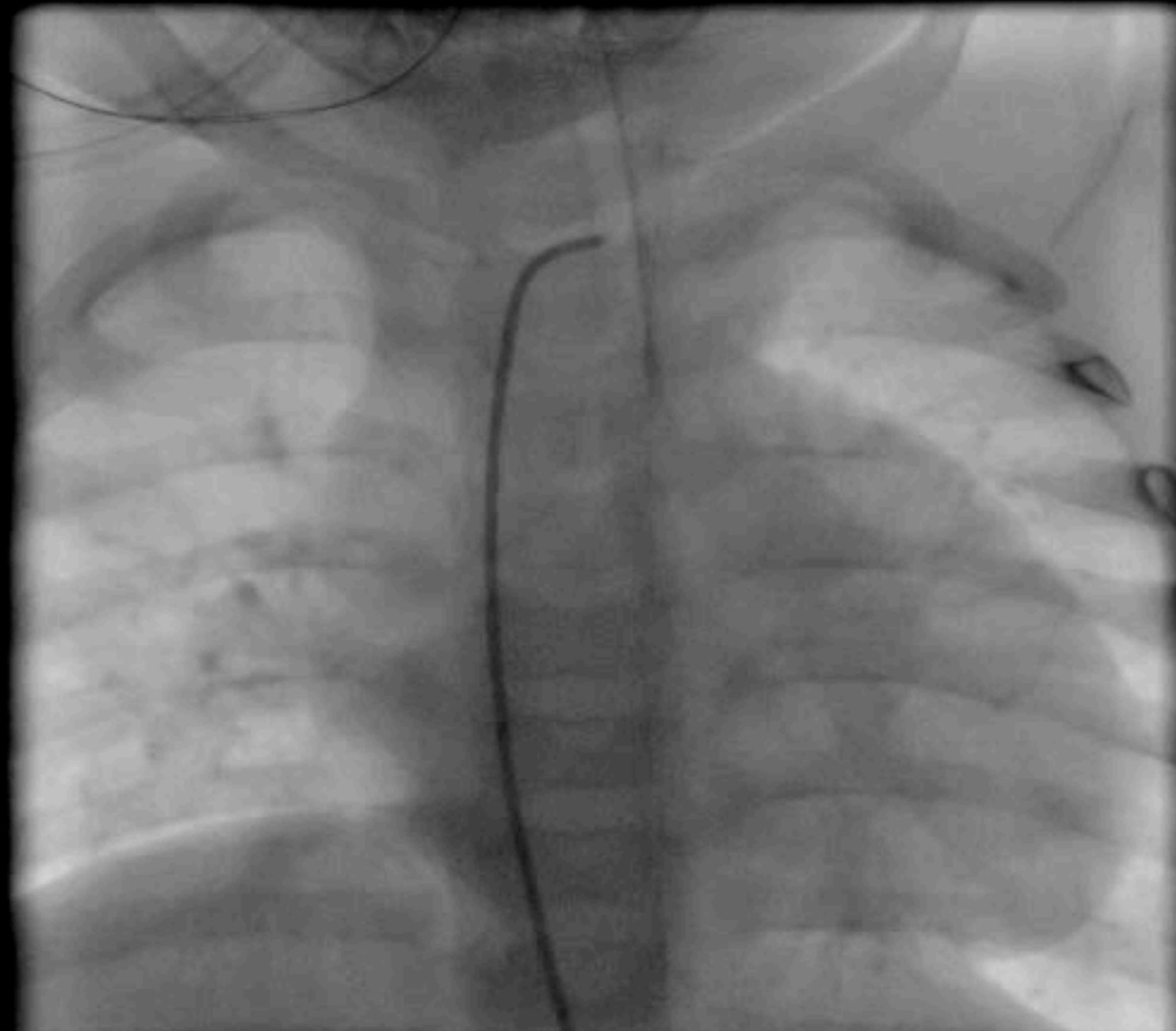
1er temps de l'opération de Norwood-Hybride

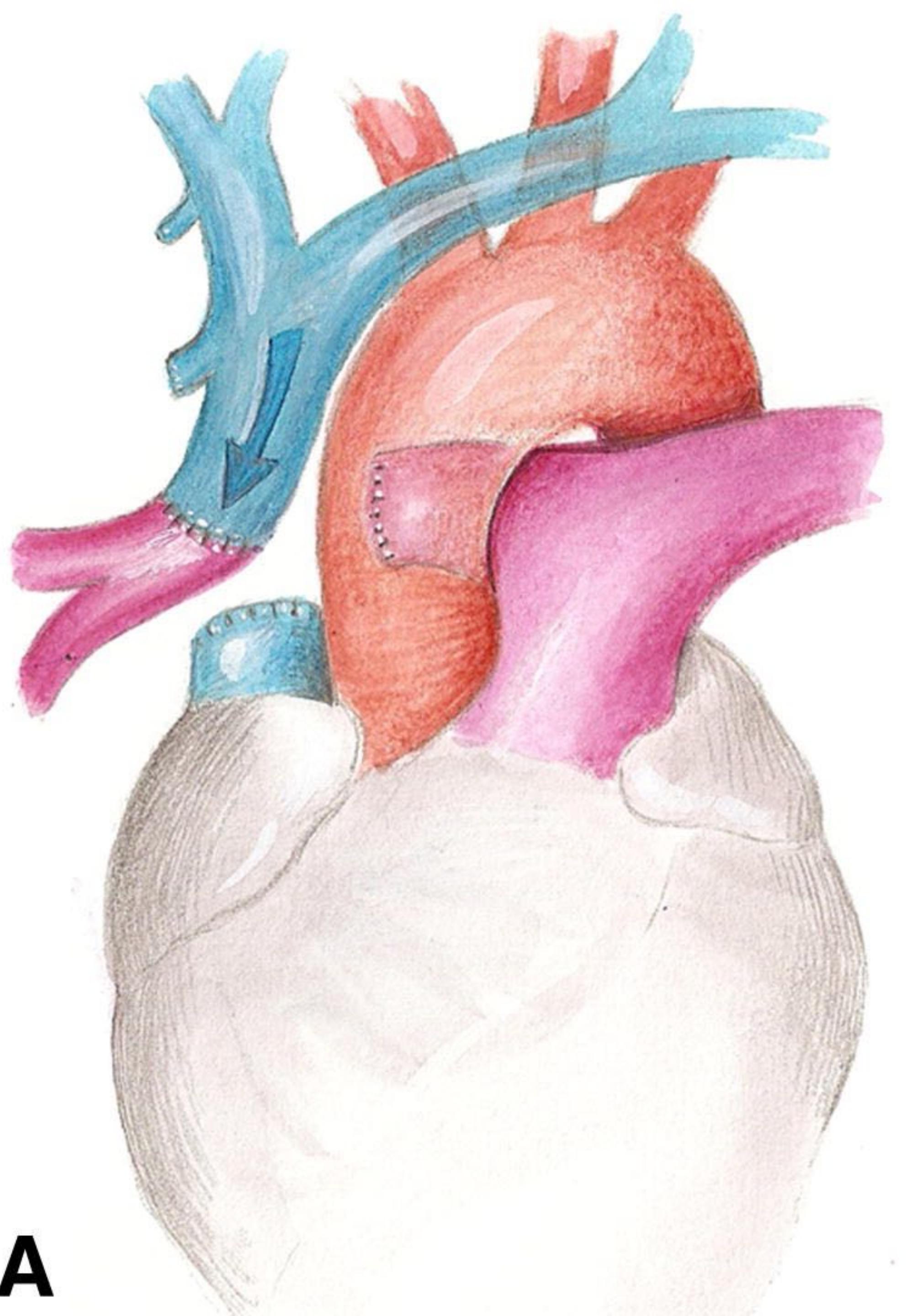


Evaluation pré DCPP

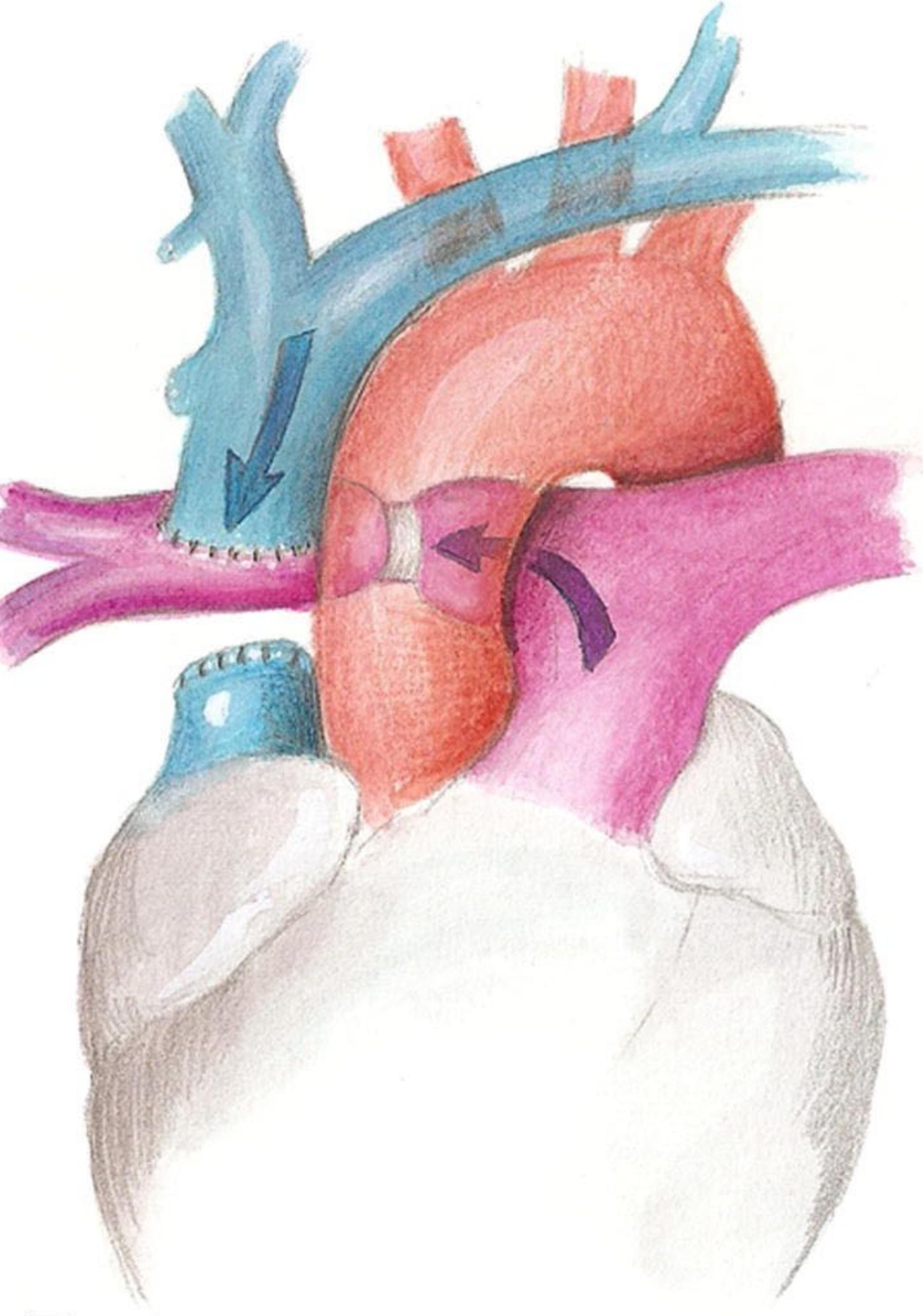


Evaluation pré DCPP

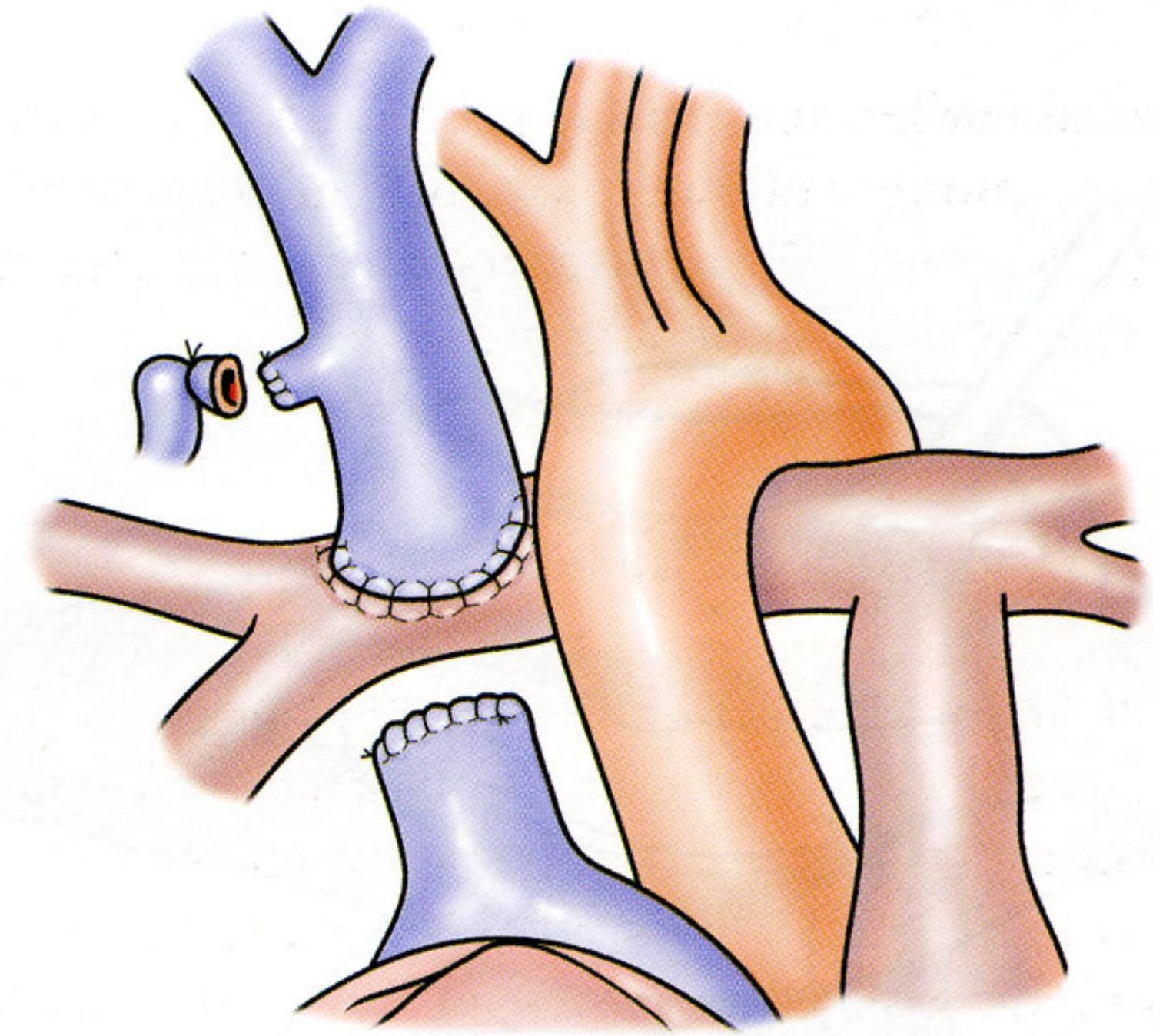
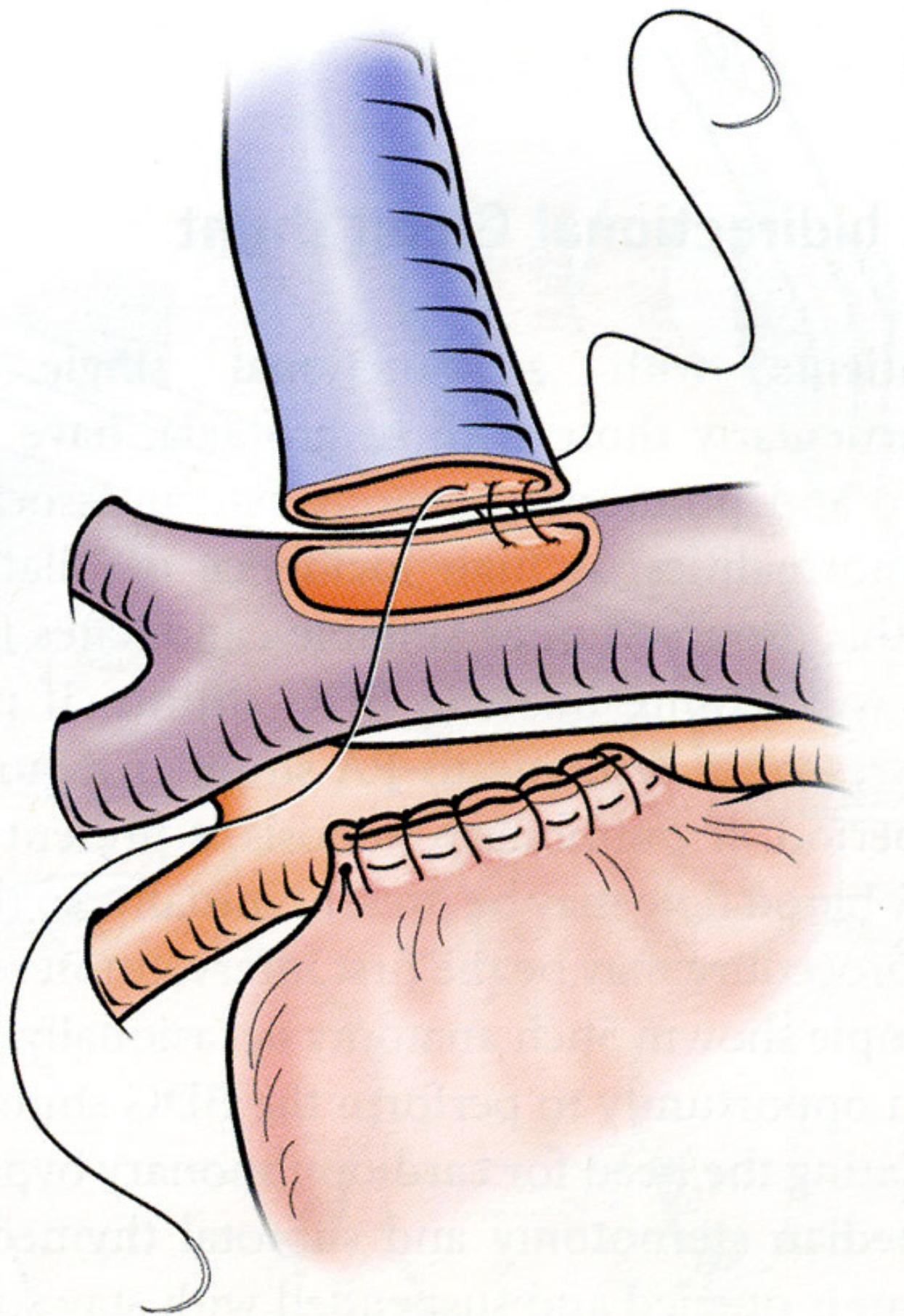
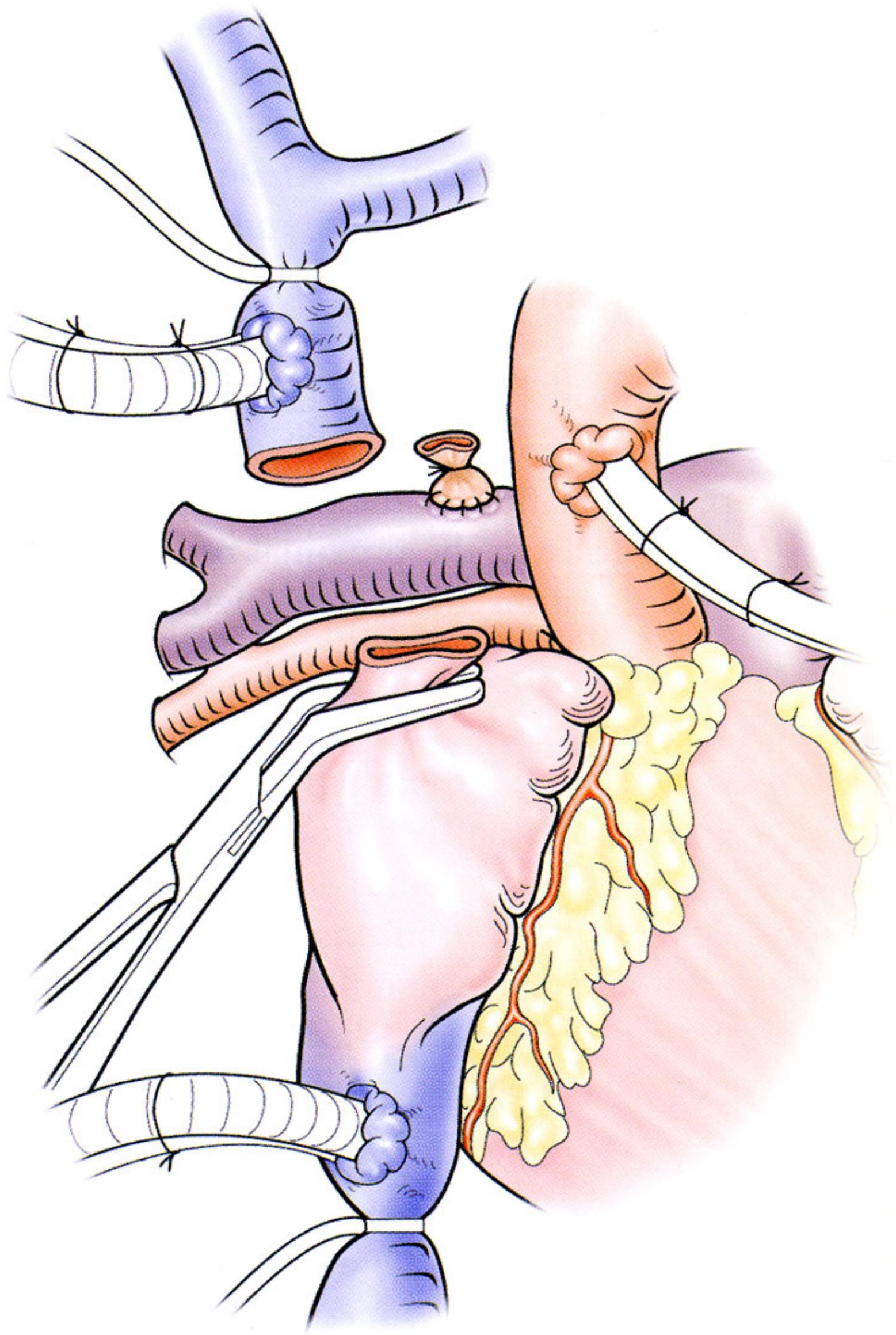




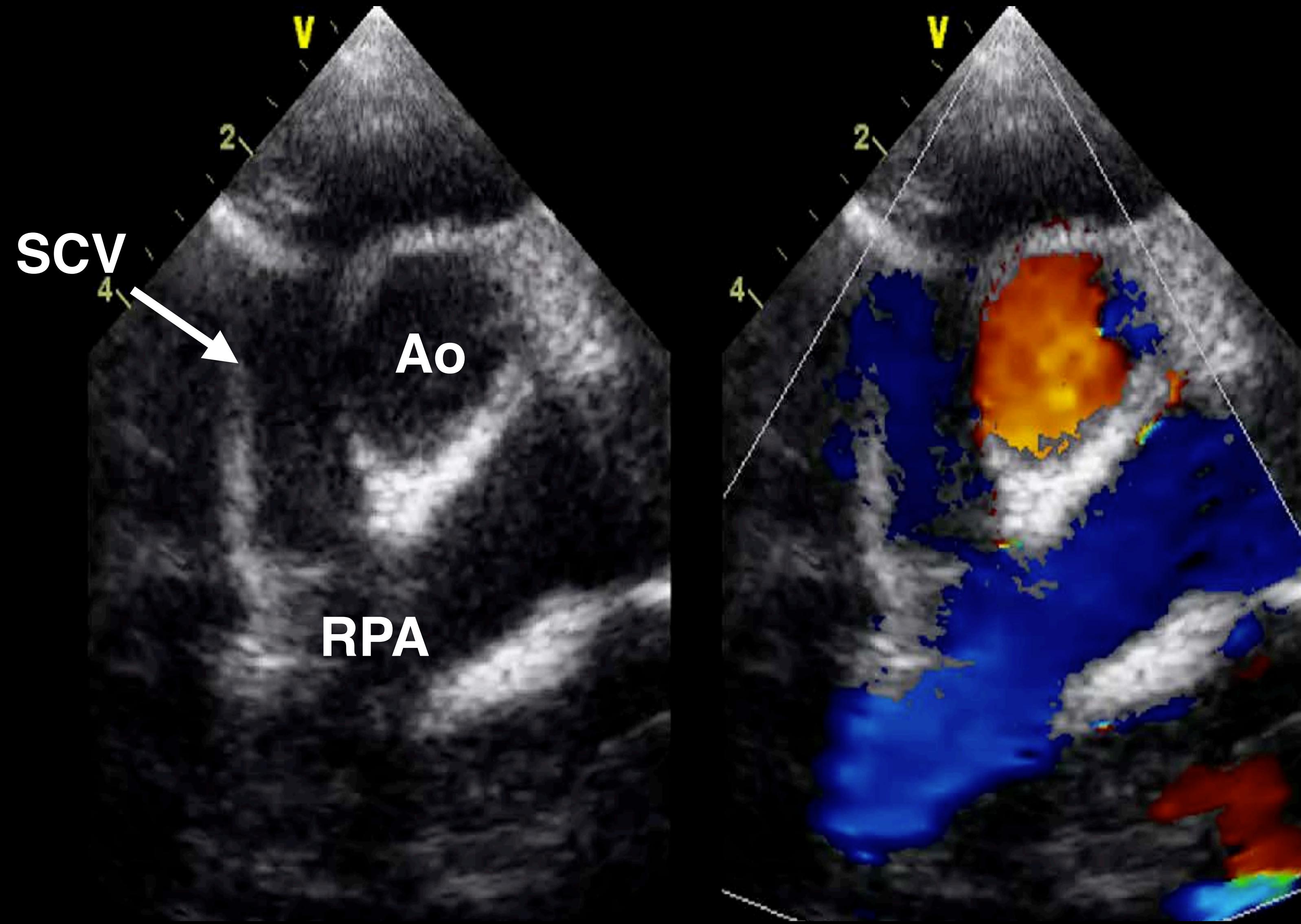
A



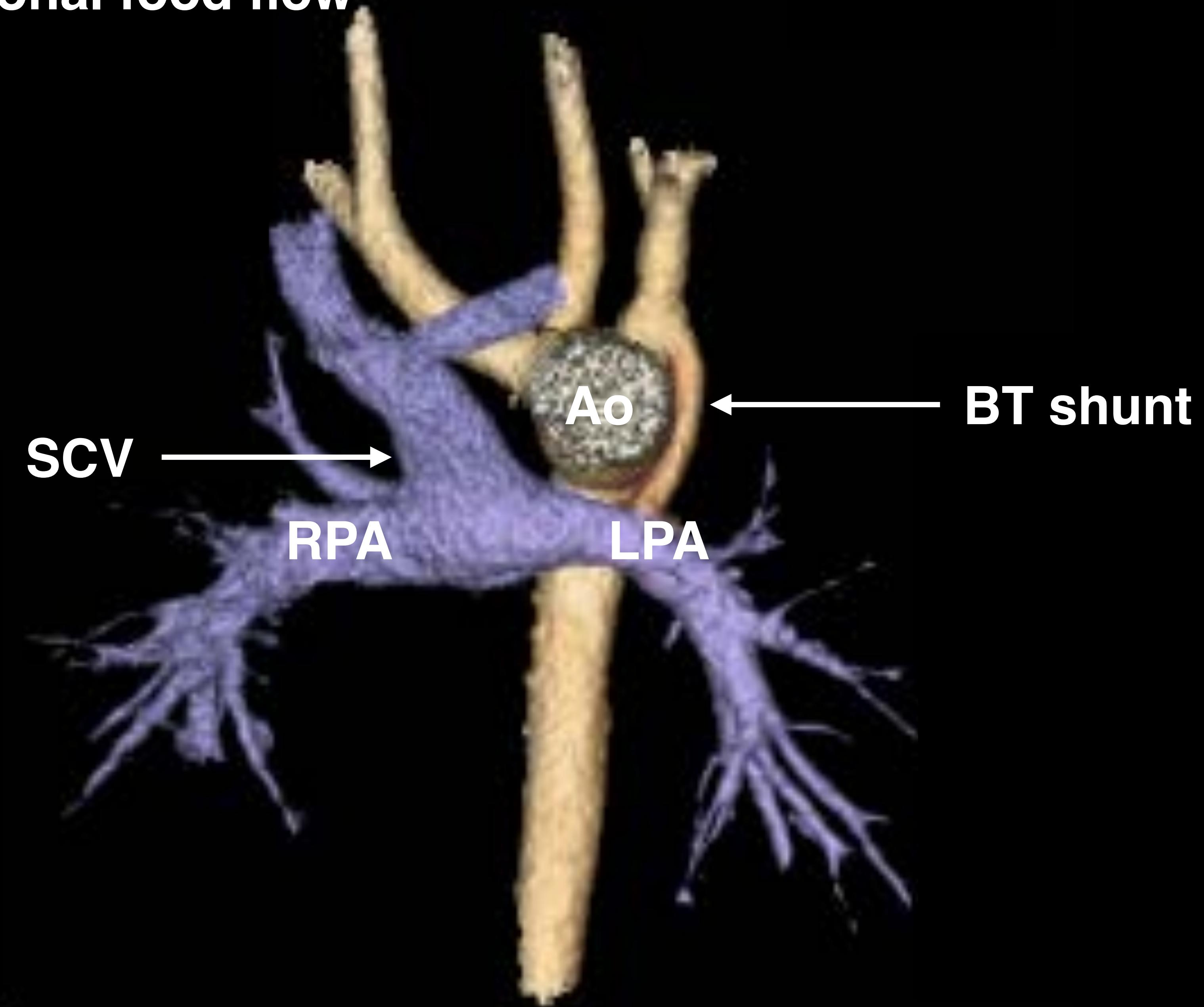
B



Partial cavopulmonary connection



Partial CPC with additional food flow

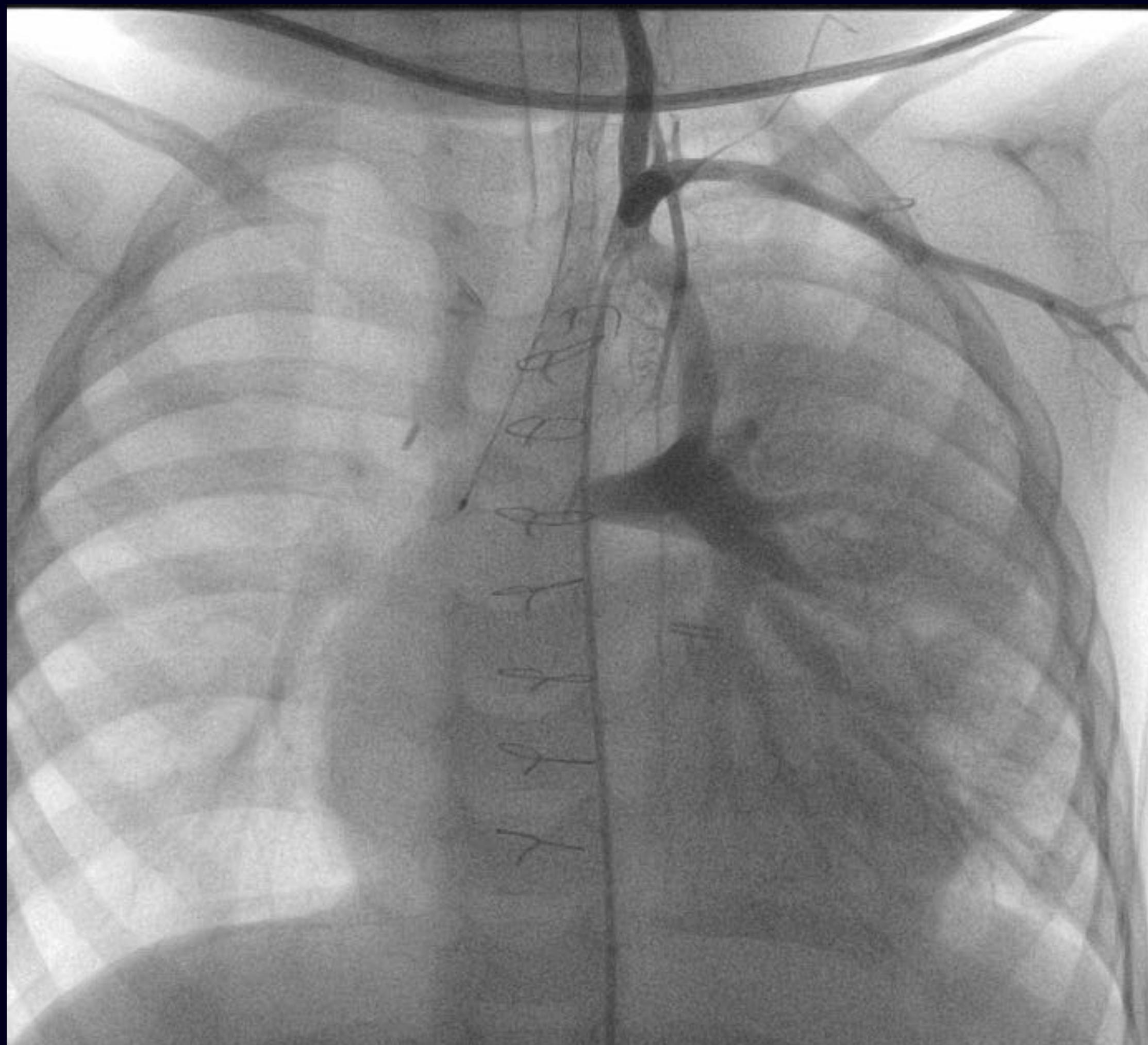


HLHS, 3 years pre-Fontan



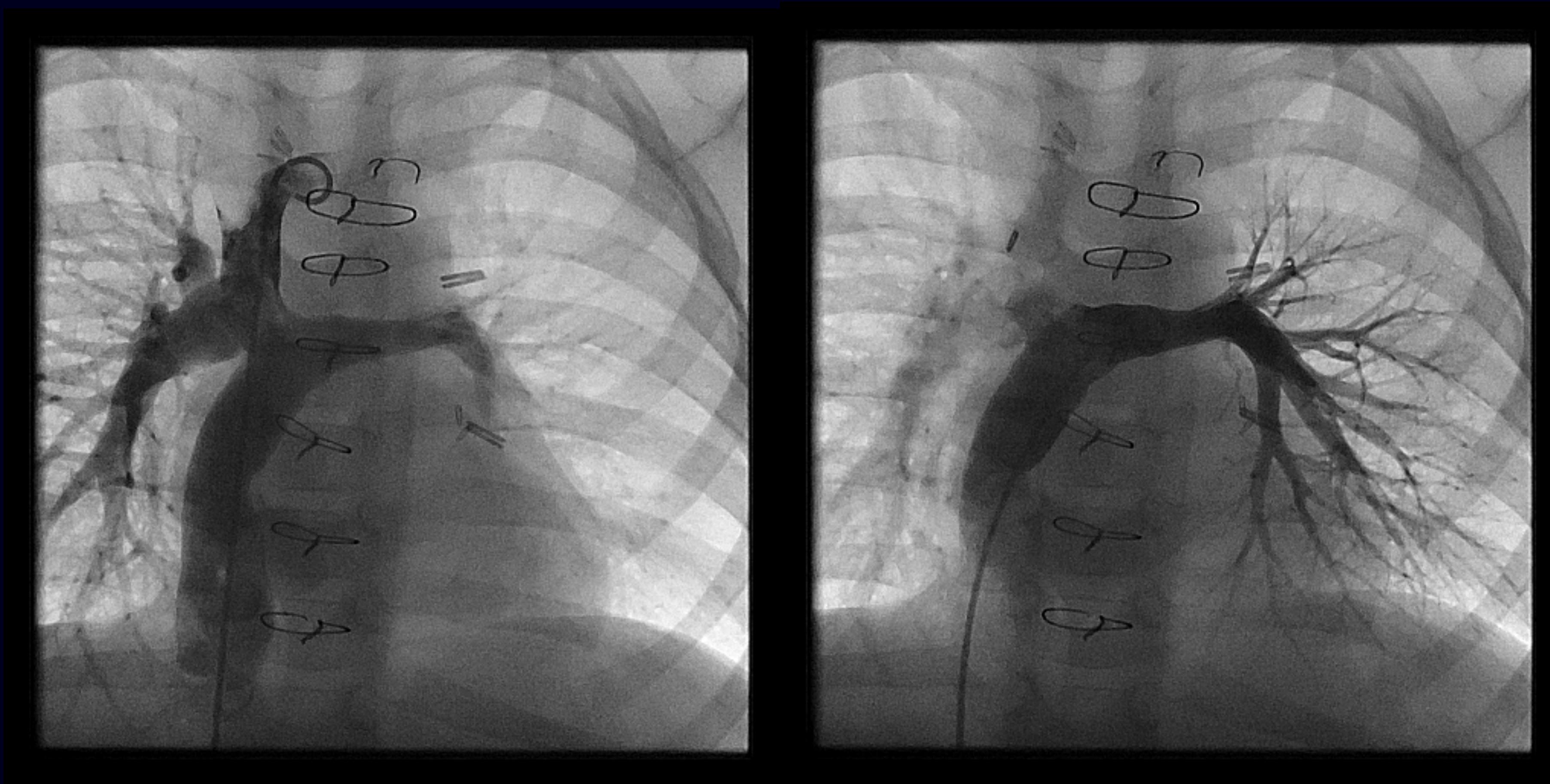
Status PO Norwood 3.0 central shunt; PO Glenn

HLHS, 3 years pre-Fontan



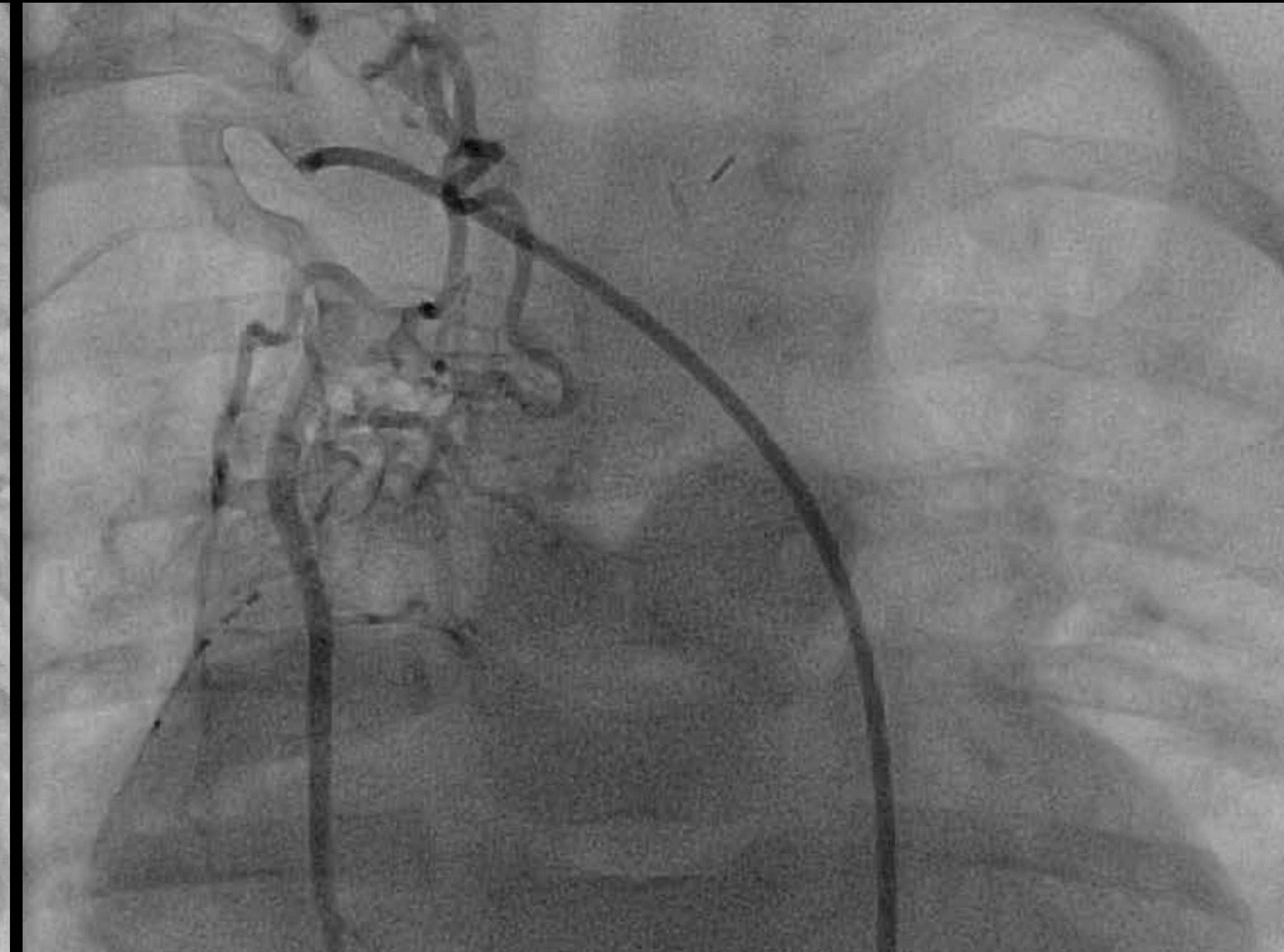
6 mm GT mBT shunt , clip on central PA

HLHS, 1 year post-Fontan



Le PA reconstructed with 12 GT

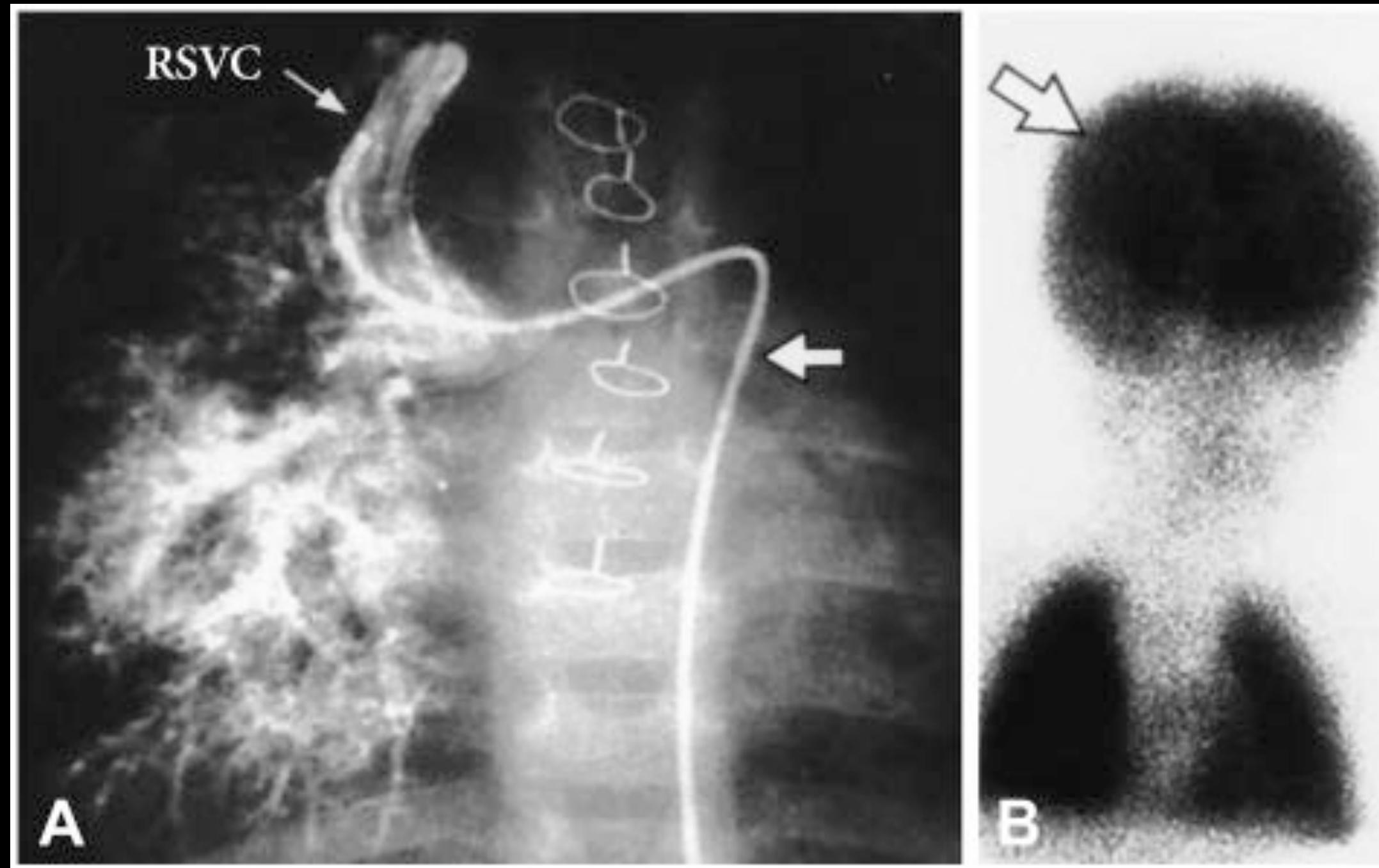
Evaluation pre-TCPC

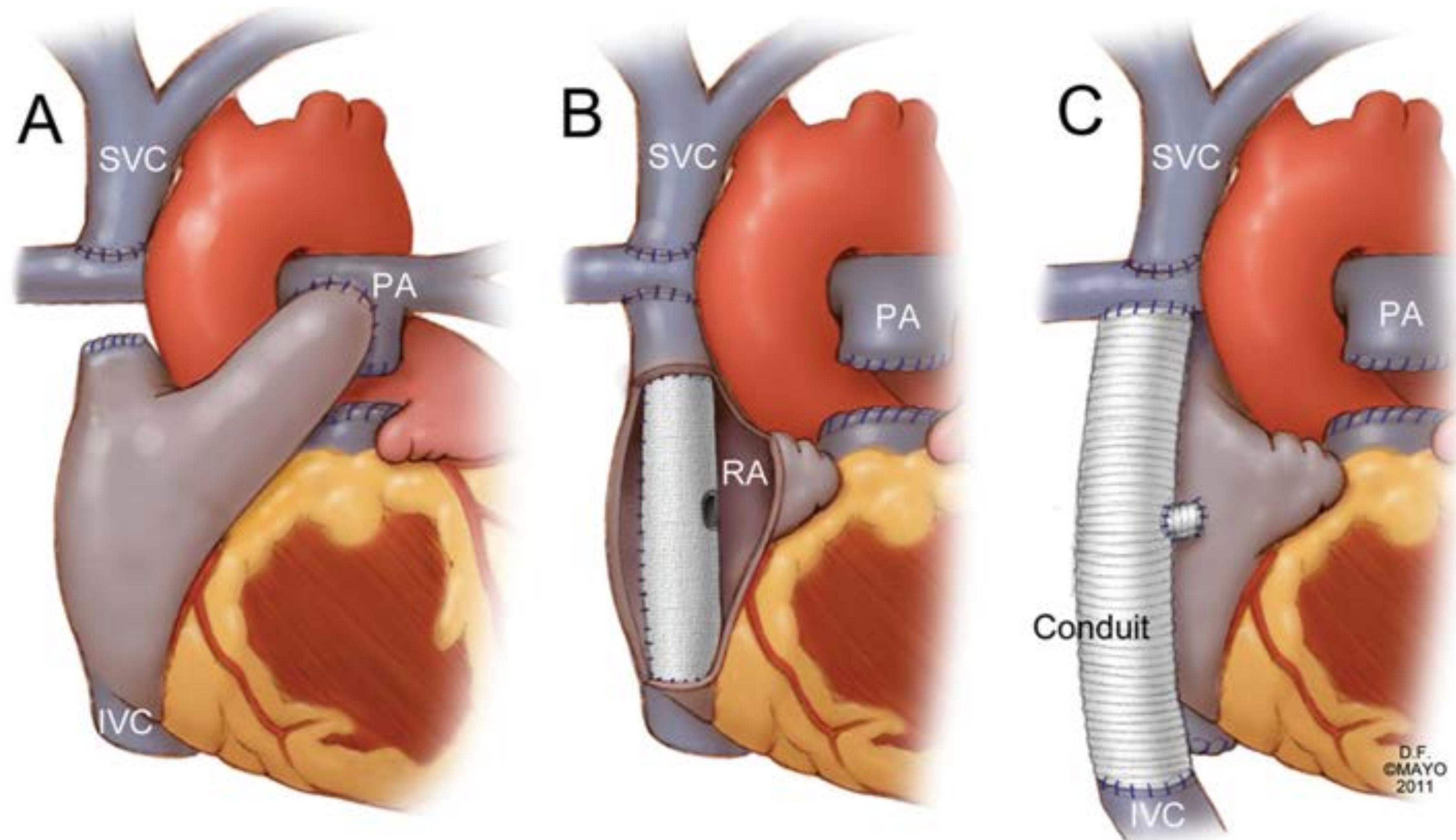


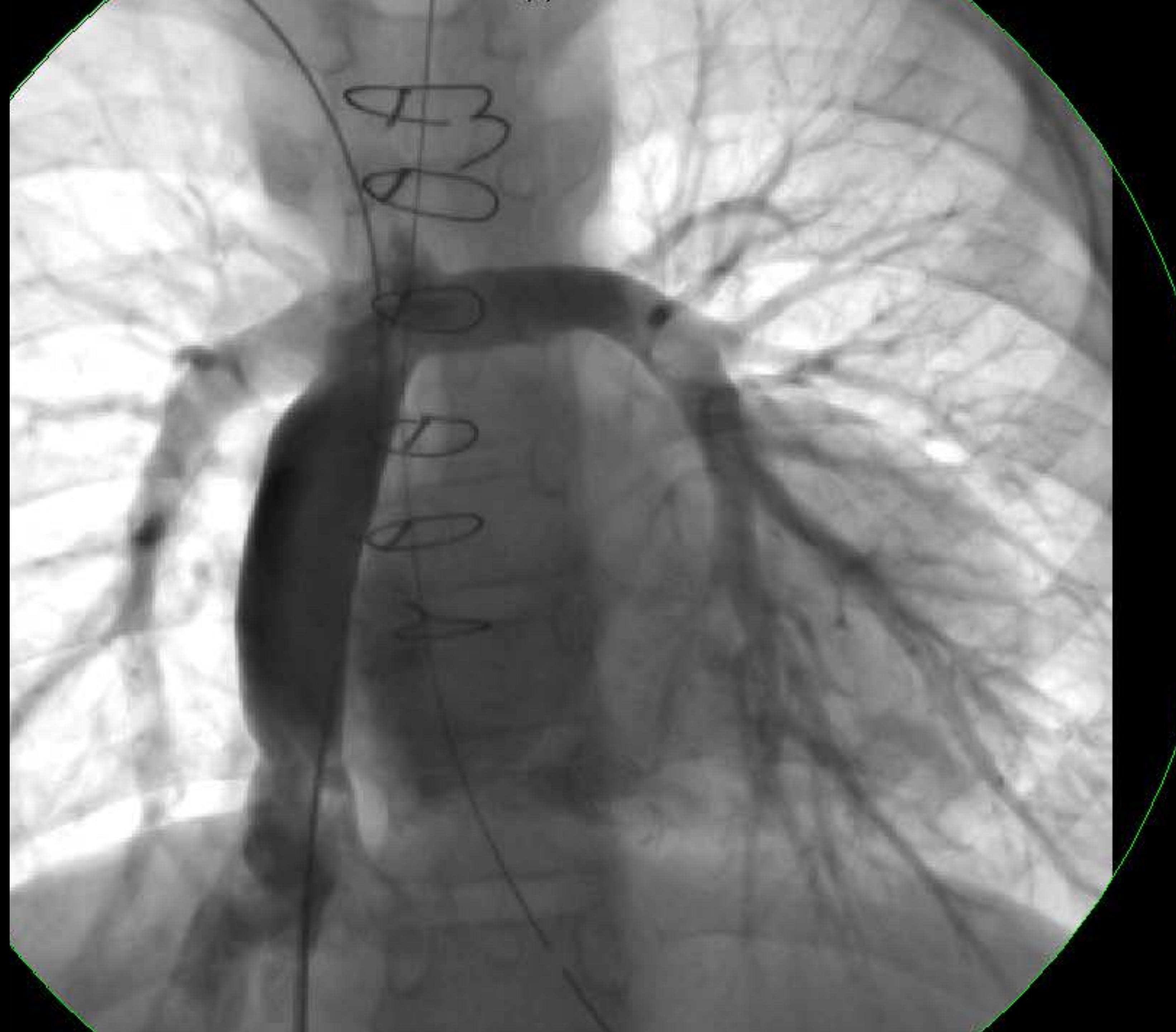
Veno-venous fistulae

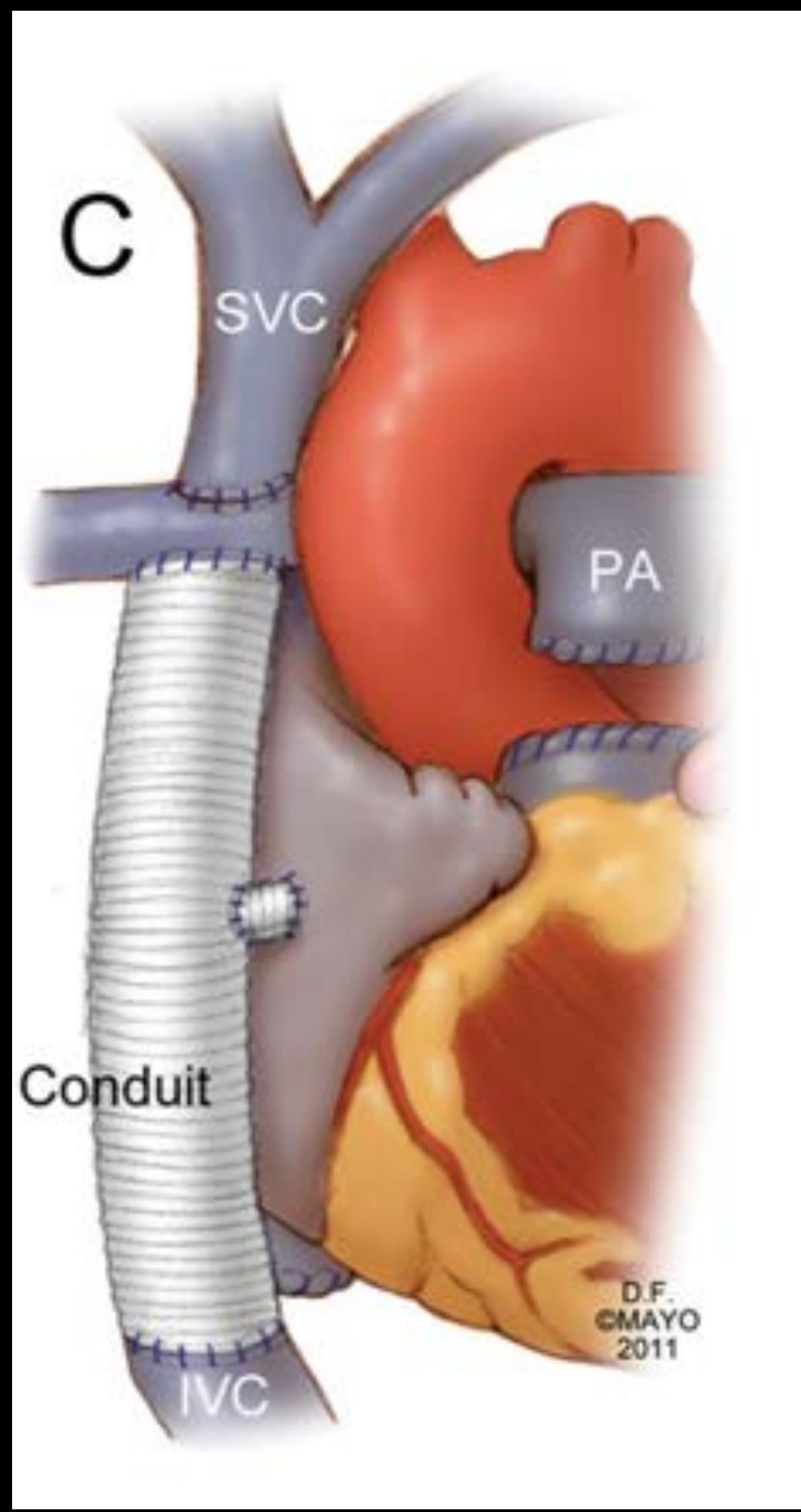


Arterio-venous lung fistulae

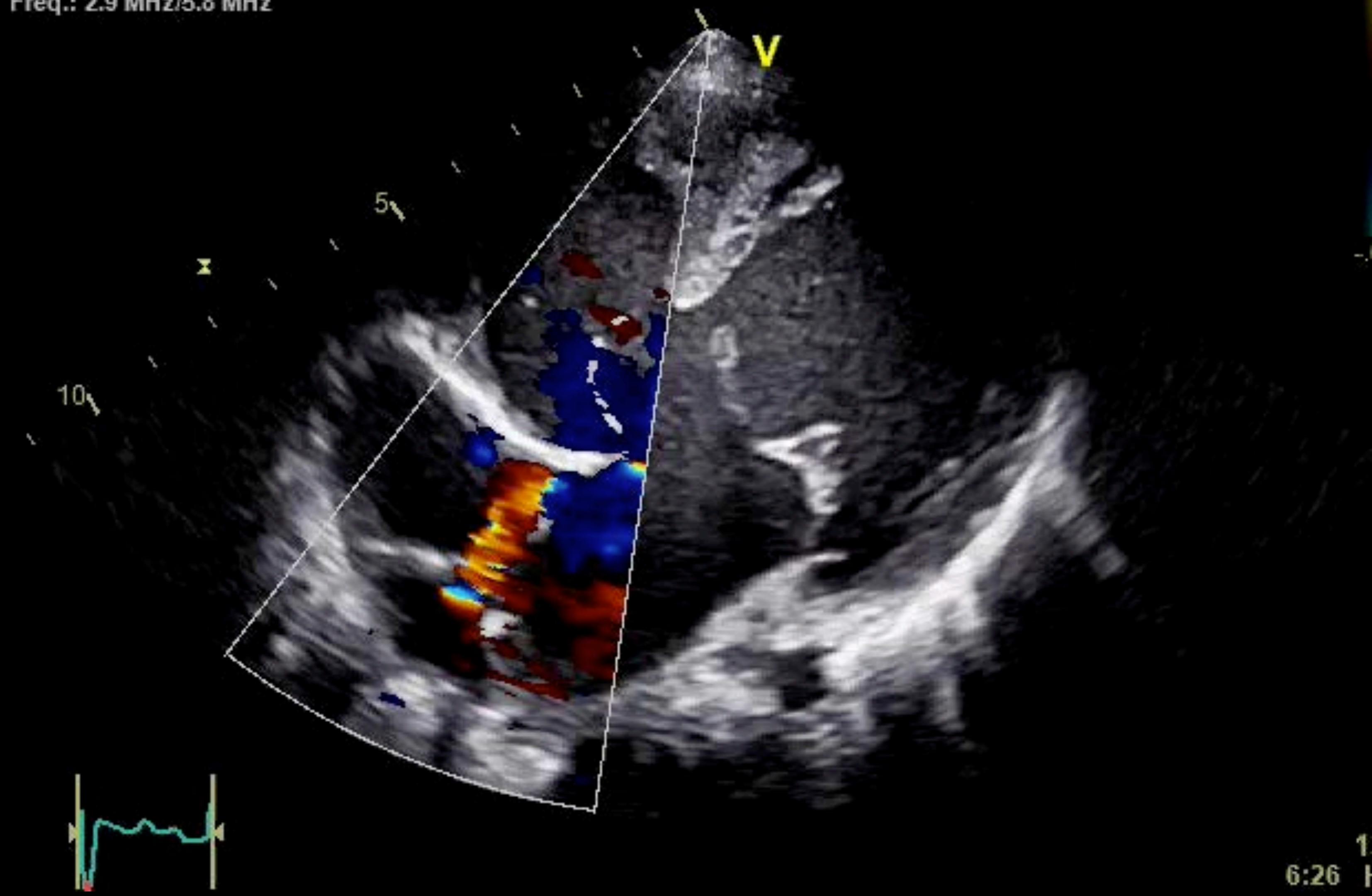




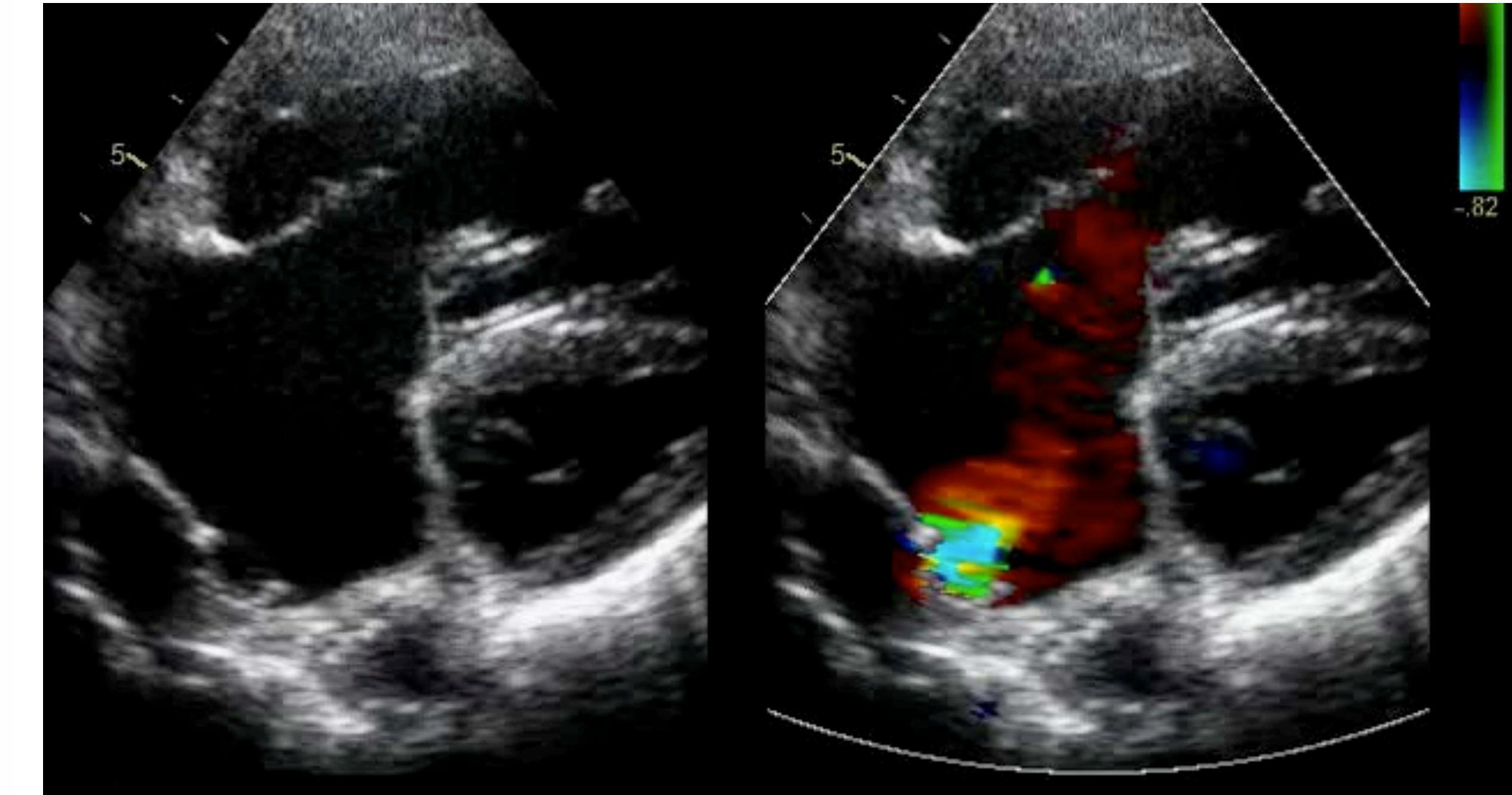
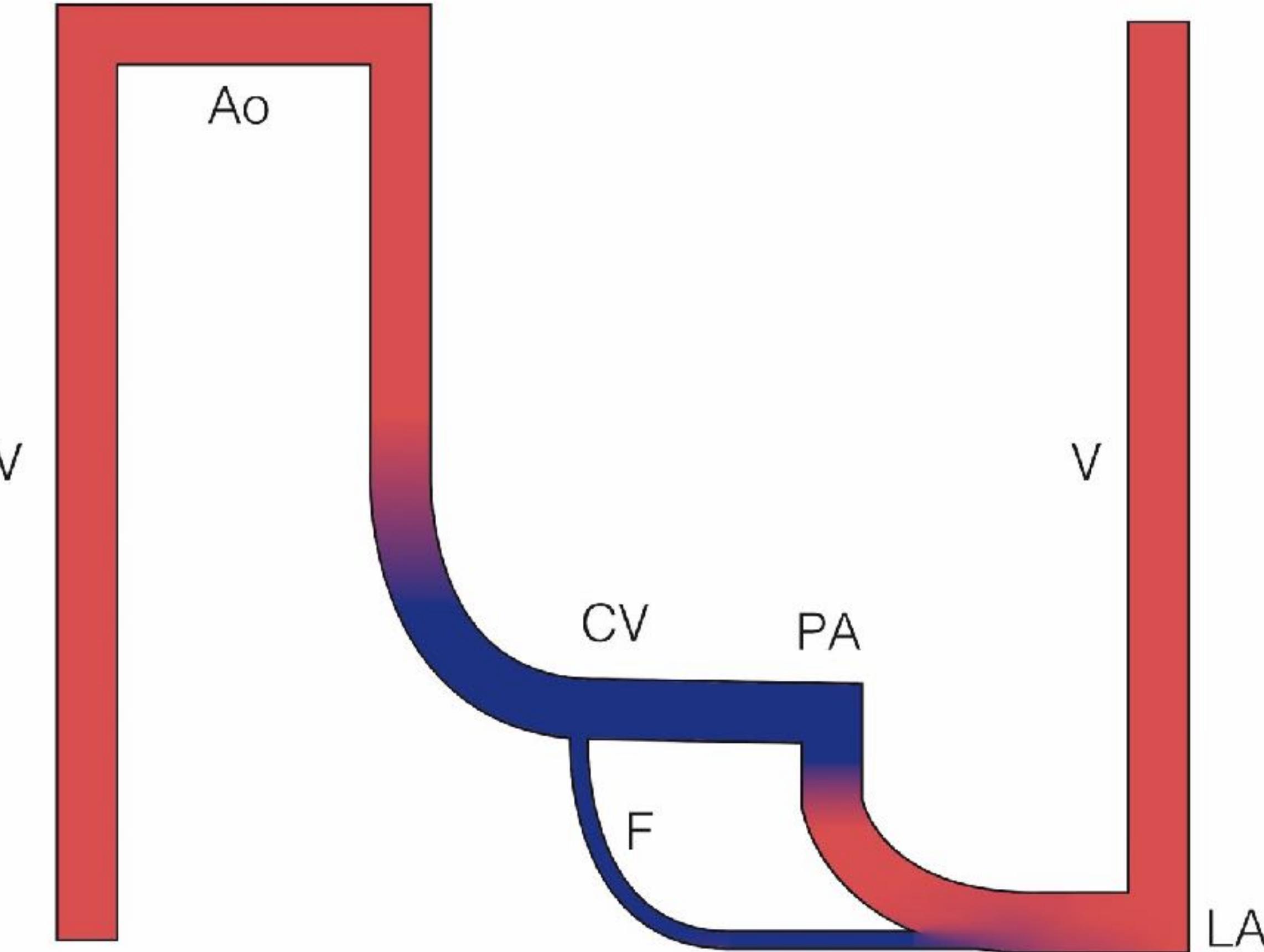




07/10/2015 09:13:33
Freq.: 2.9 MHz/5.8 MHz



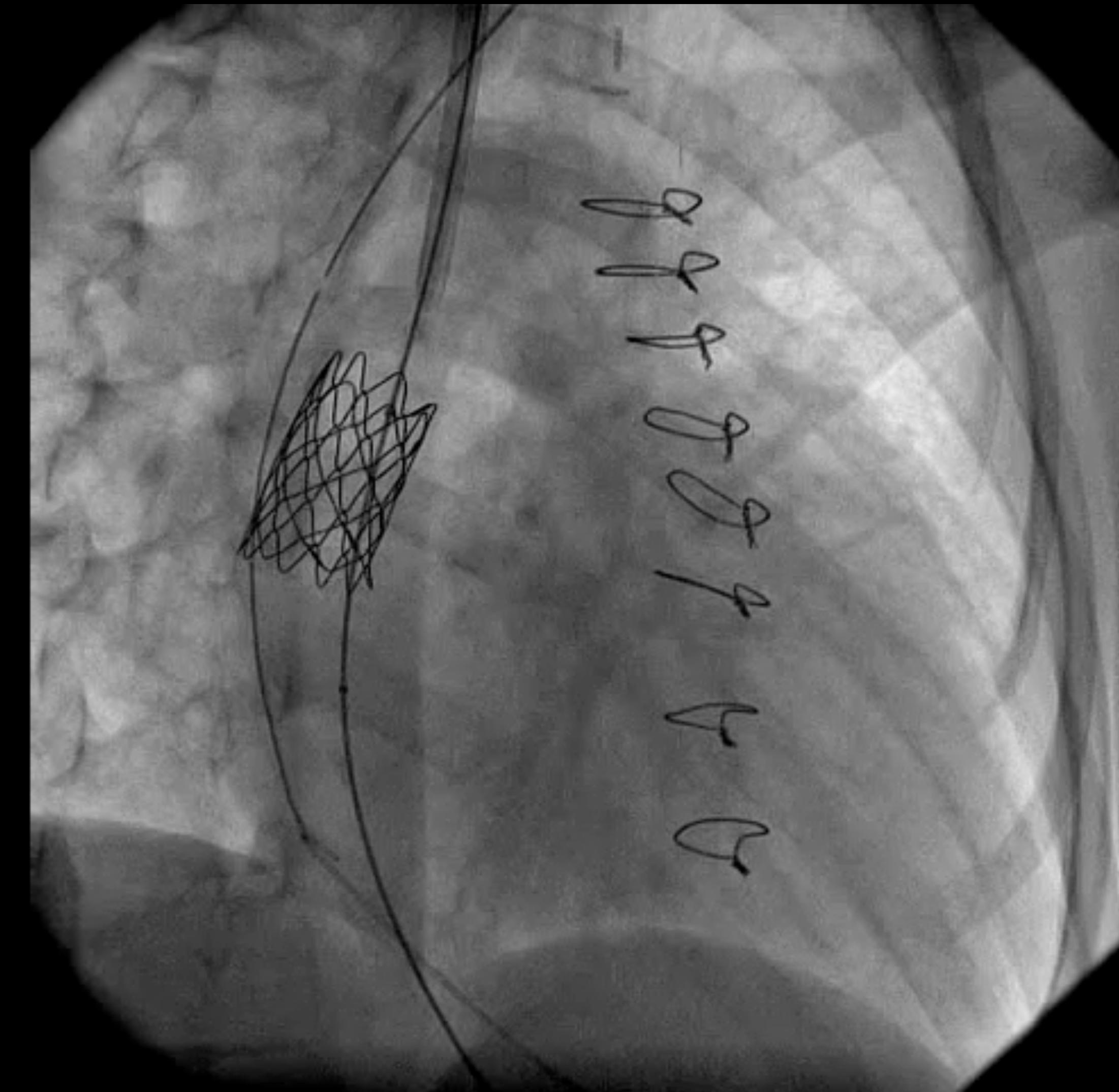
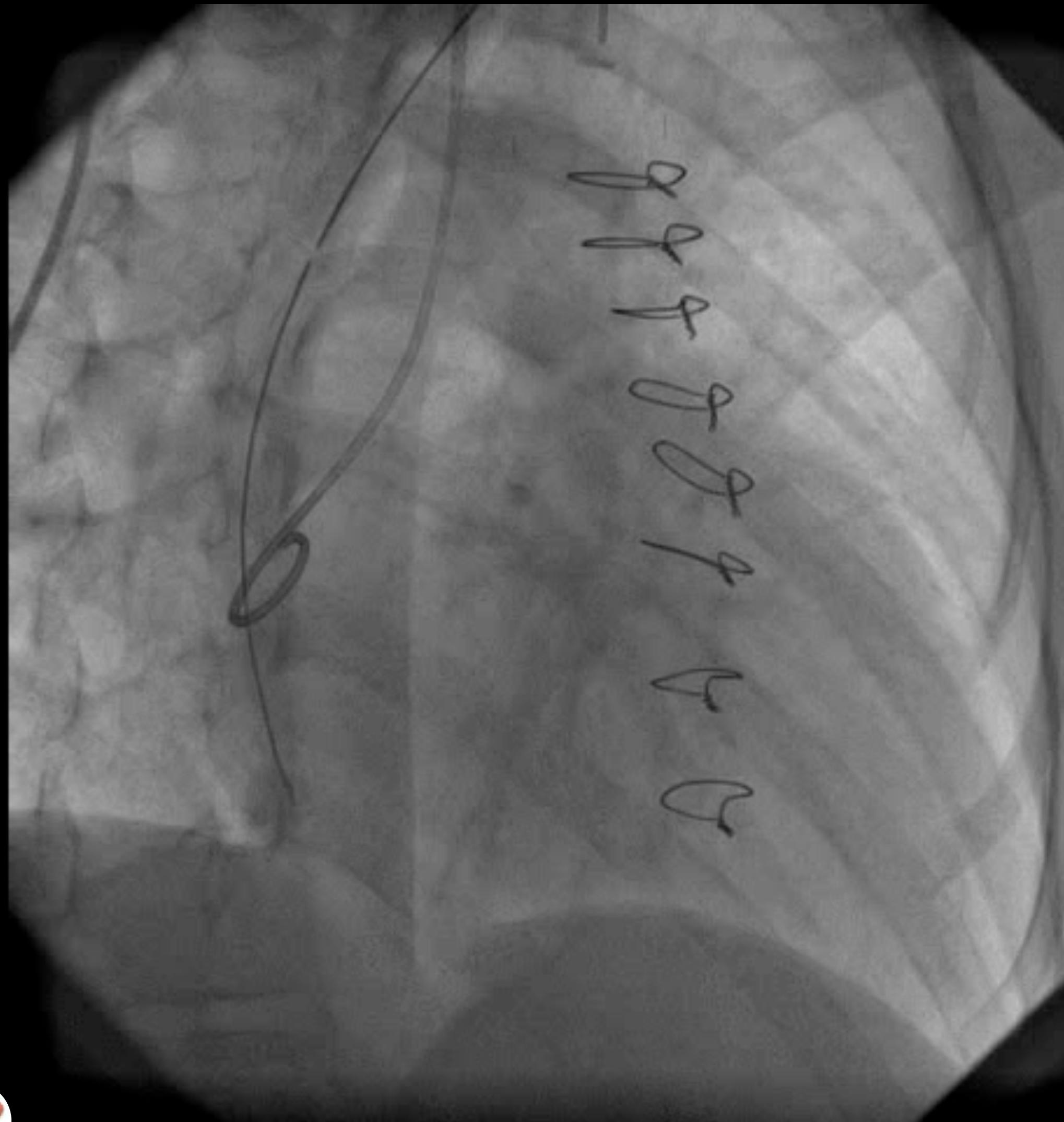
Should we close fenestrations to prevent stroke ? or leave them open to improve cardiac output ?



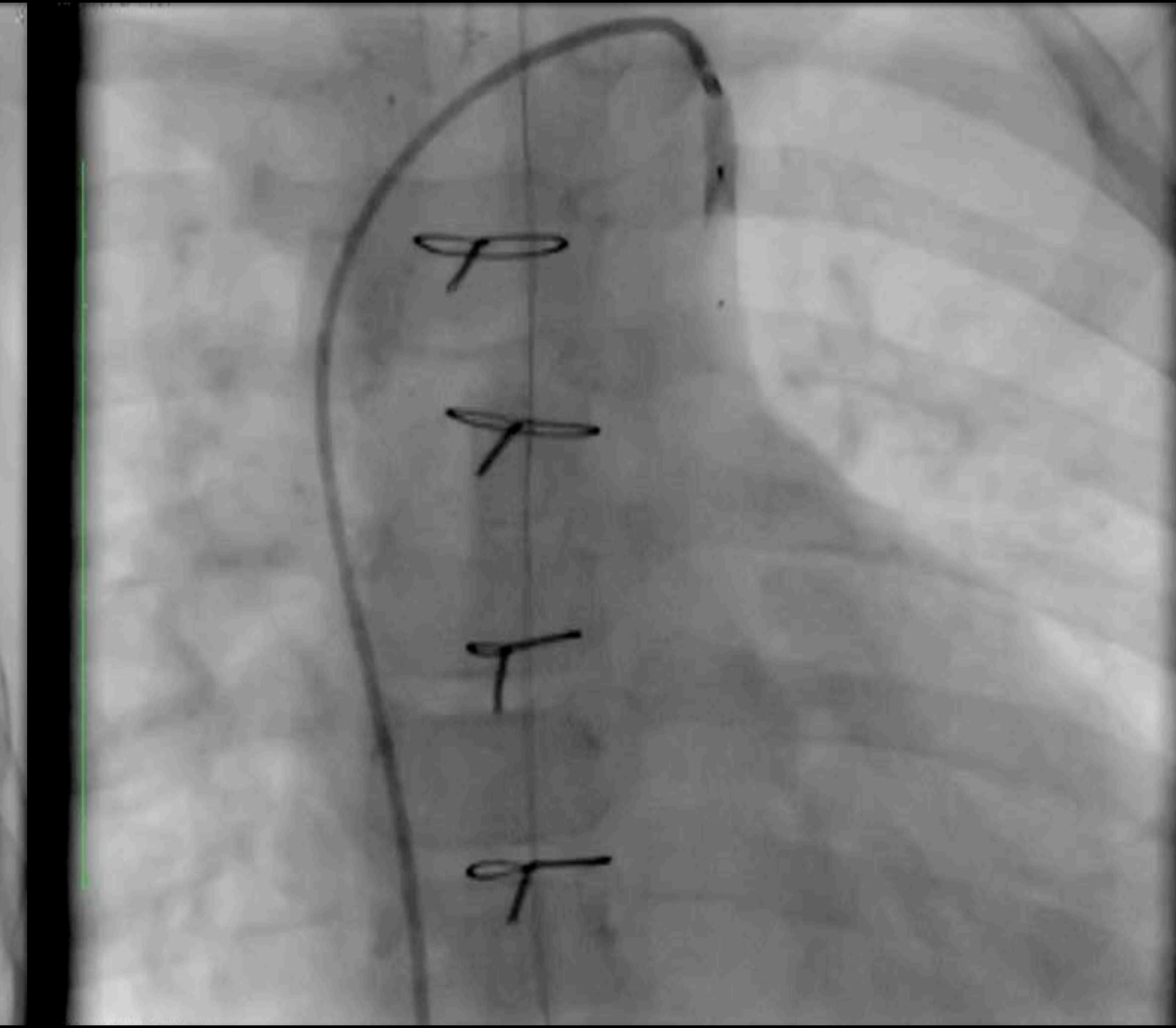
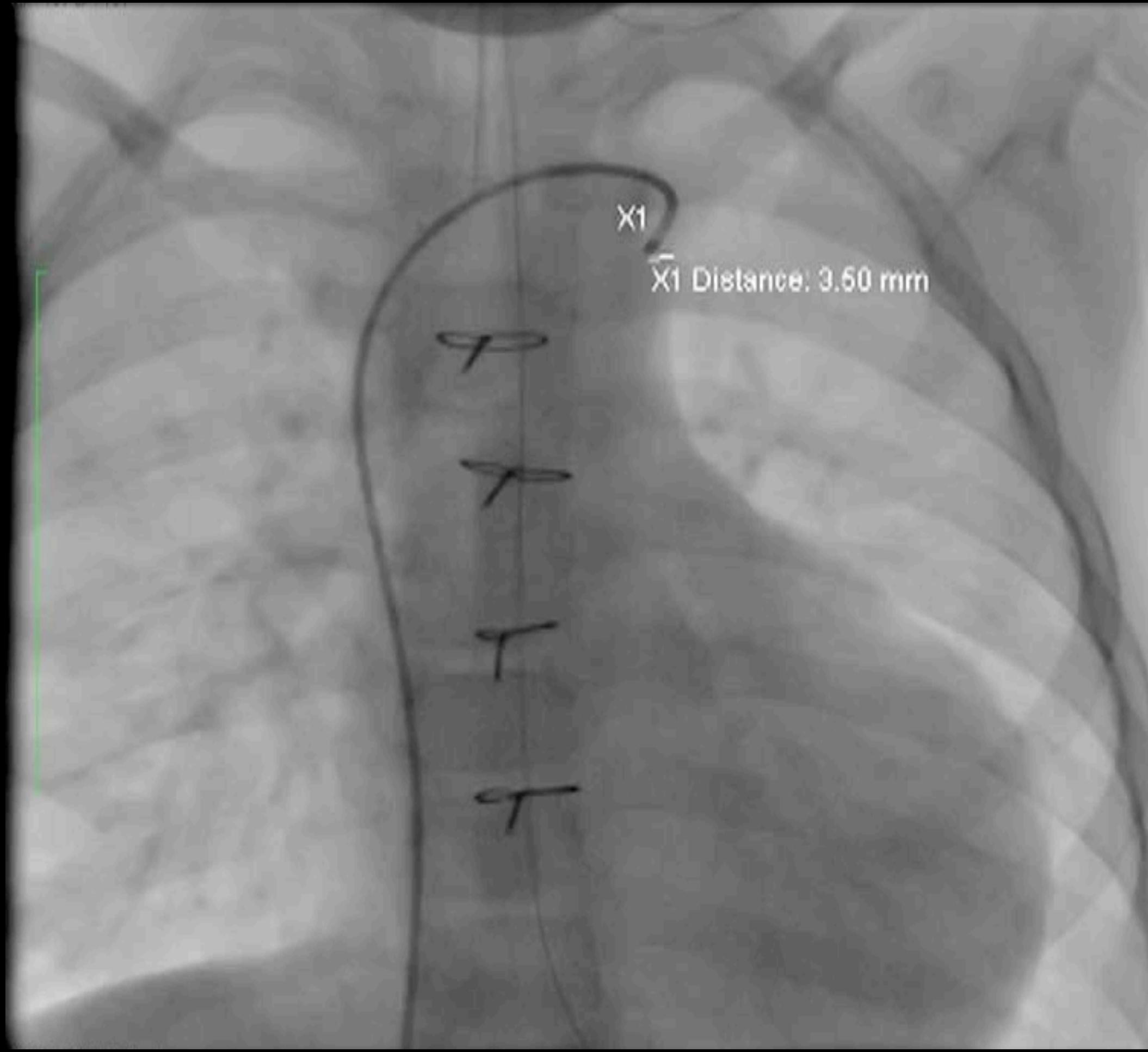
Fenestration device closure



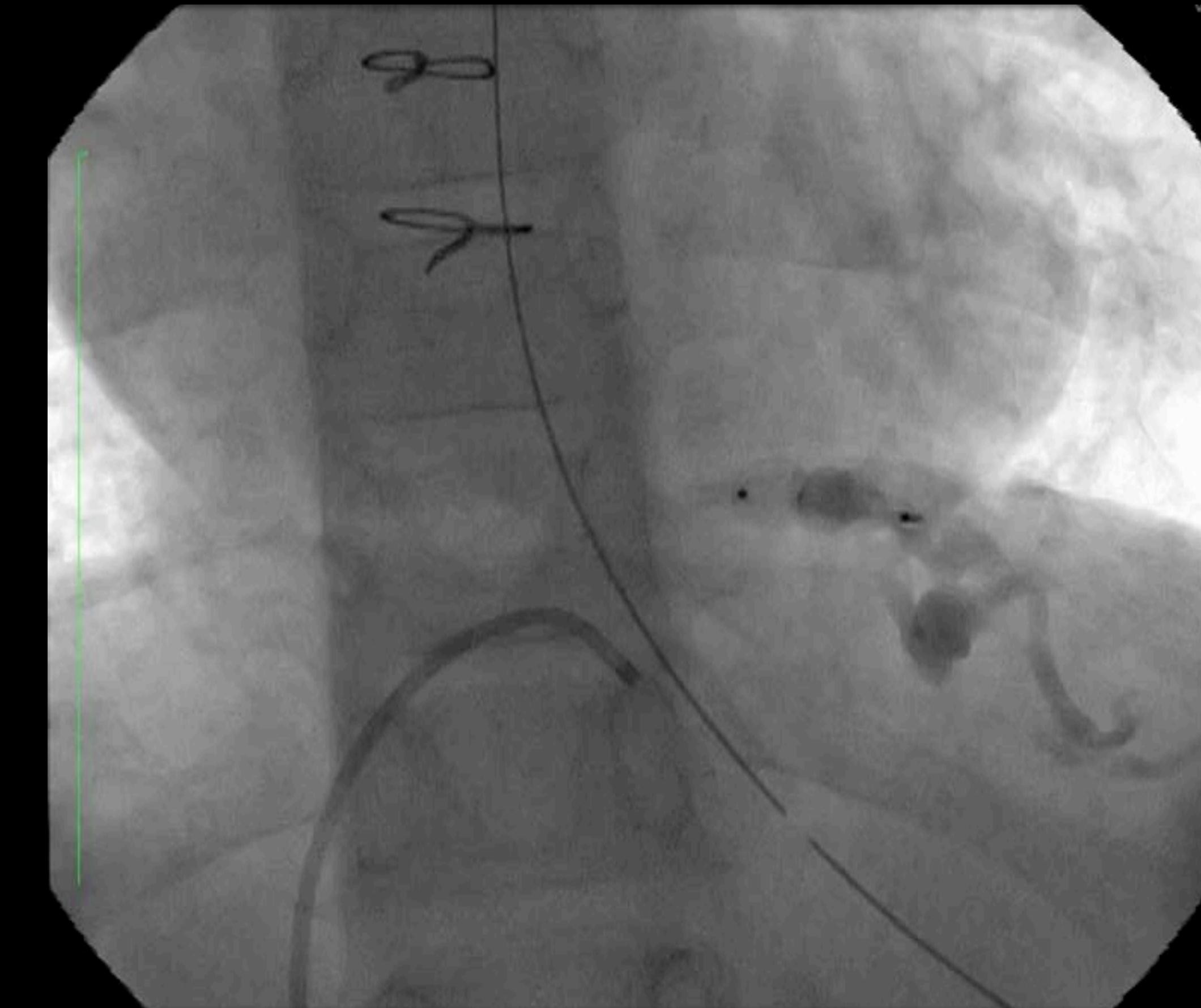
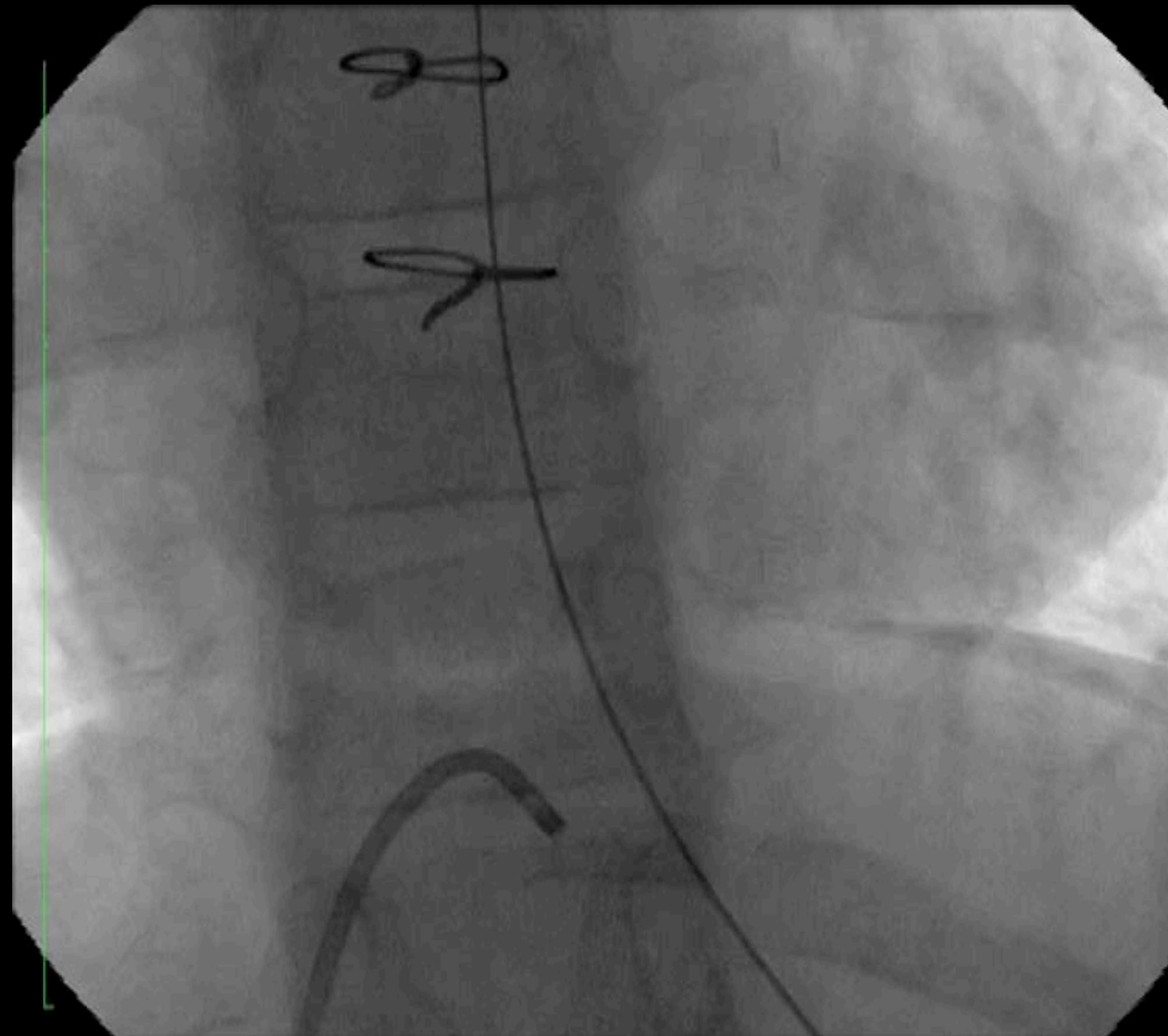
Fenestration covered stent closure

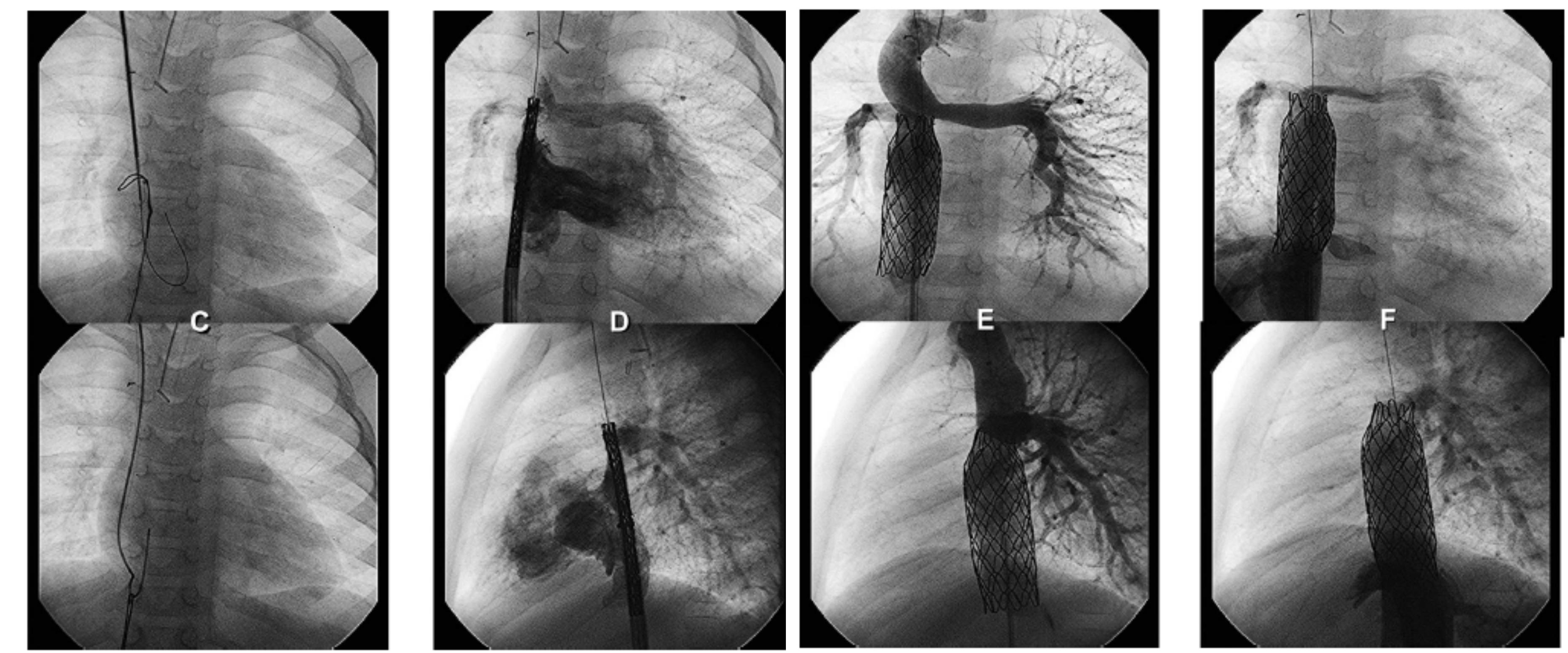


Venous fistulae in coronary sinus in TCPC



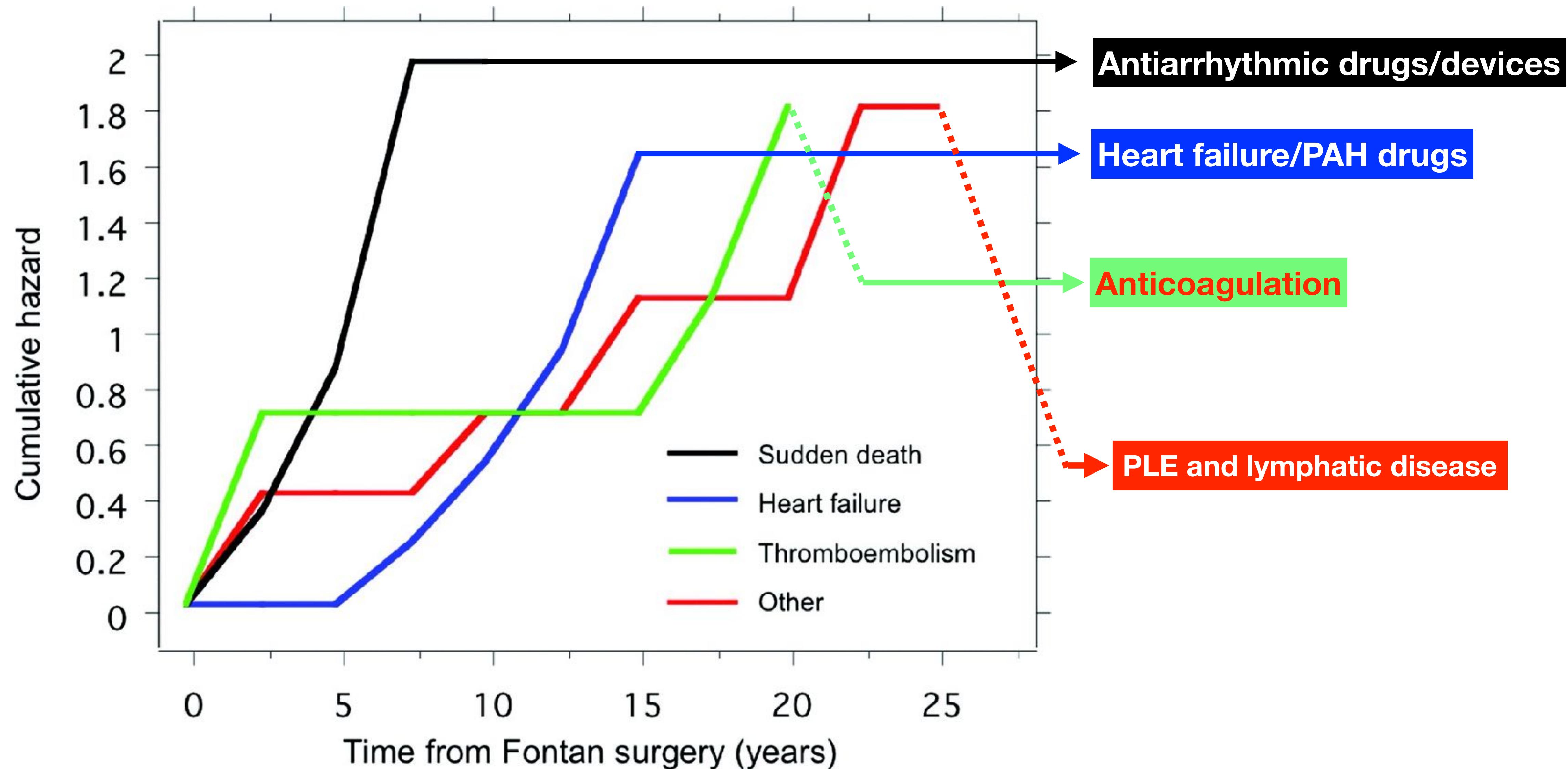
Venous fistulae in TCPC





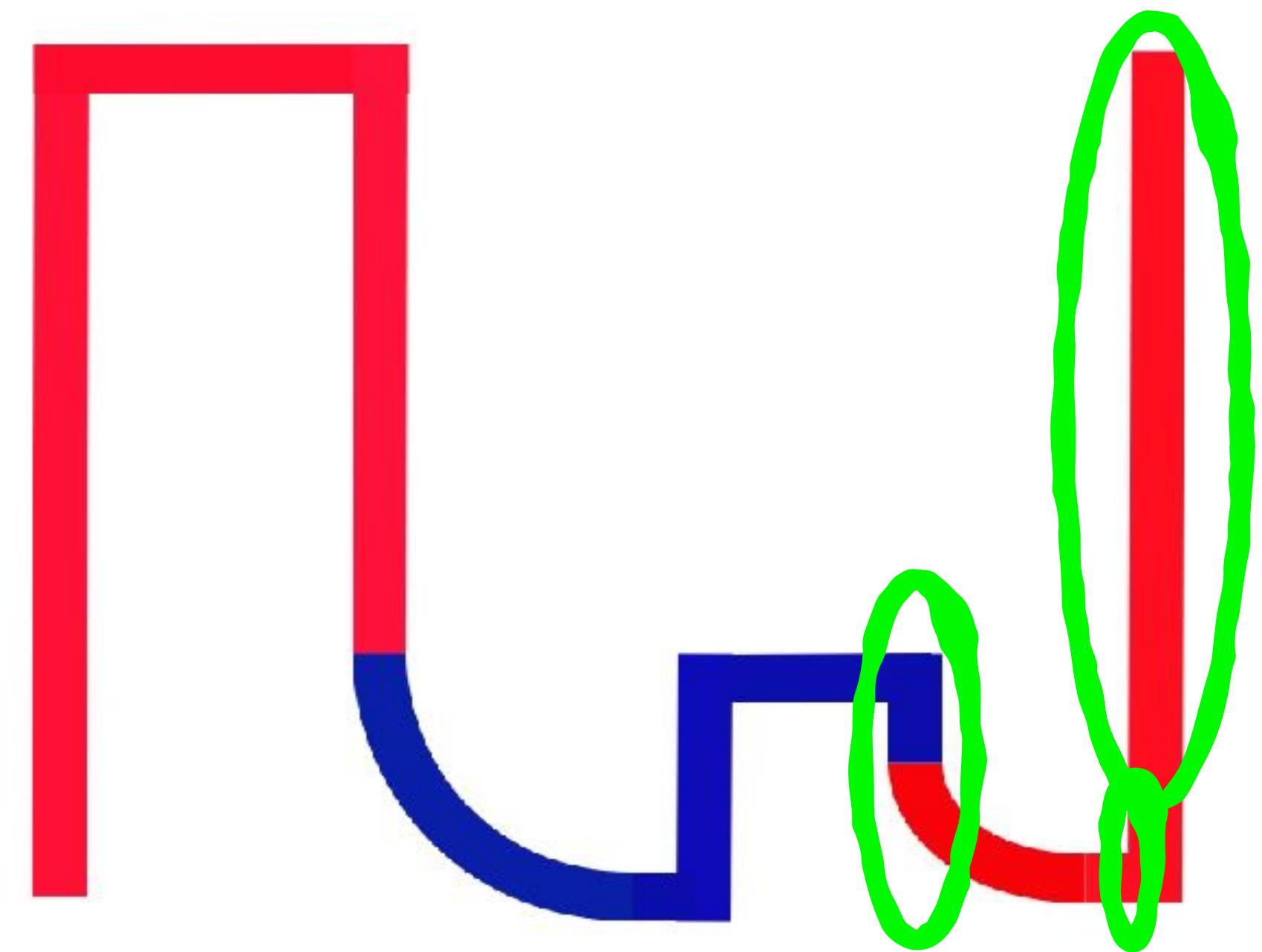
Follow-up of patients with TCPC

Cumulative hazard by mode of death

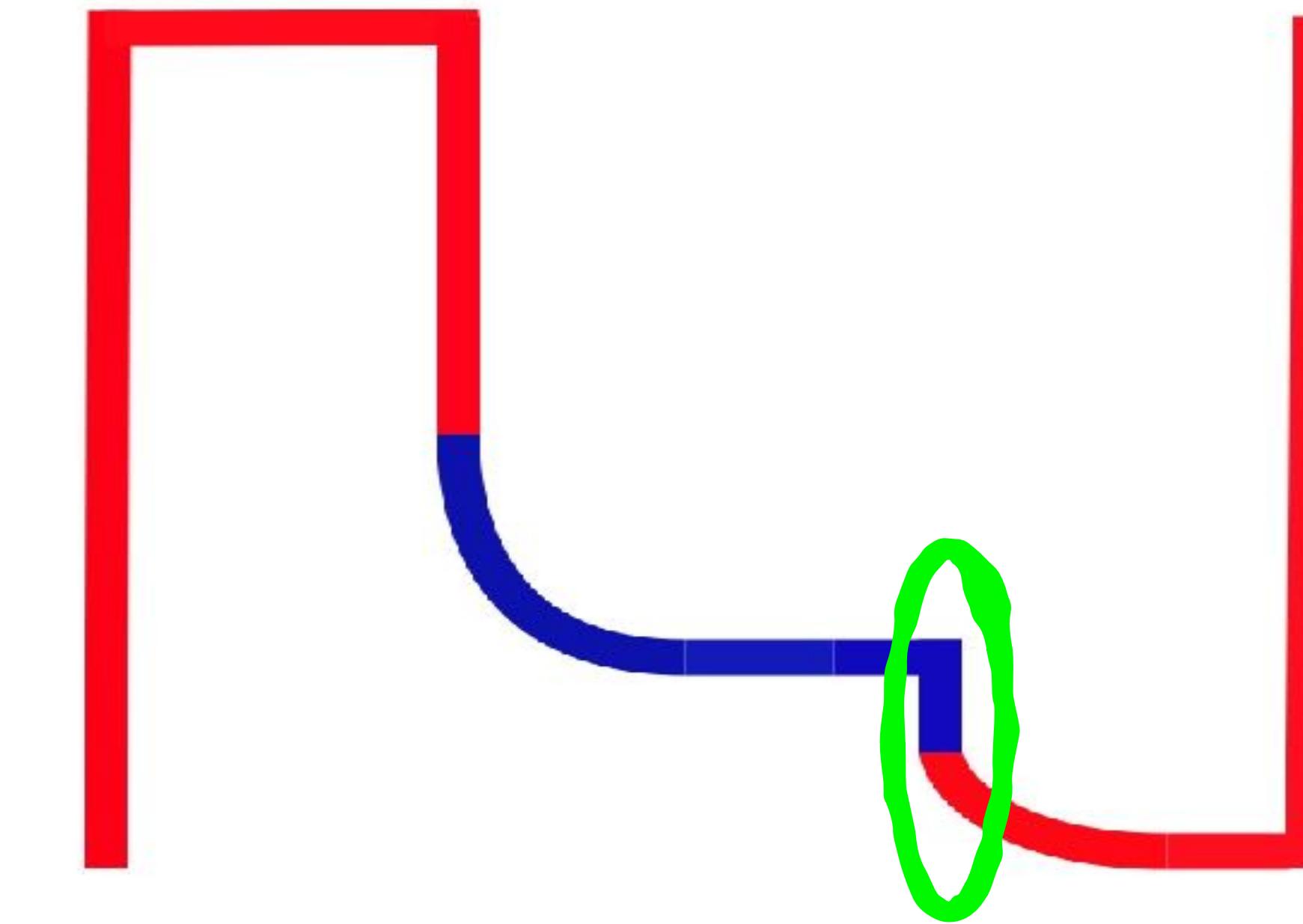


Critical bottlenecks in various circulations

The Fontan circulation - a new portal system



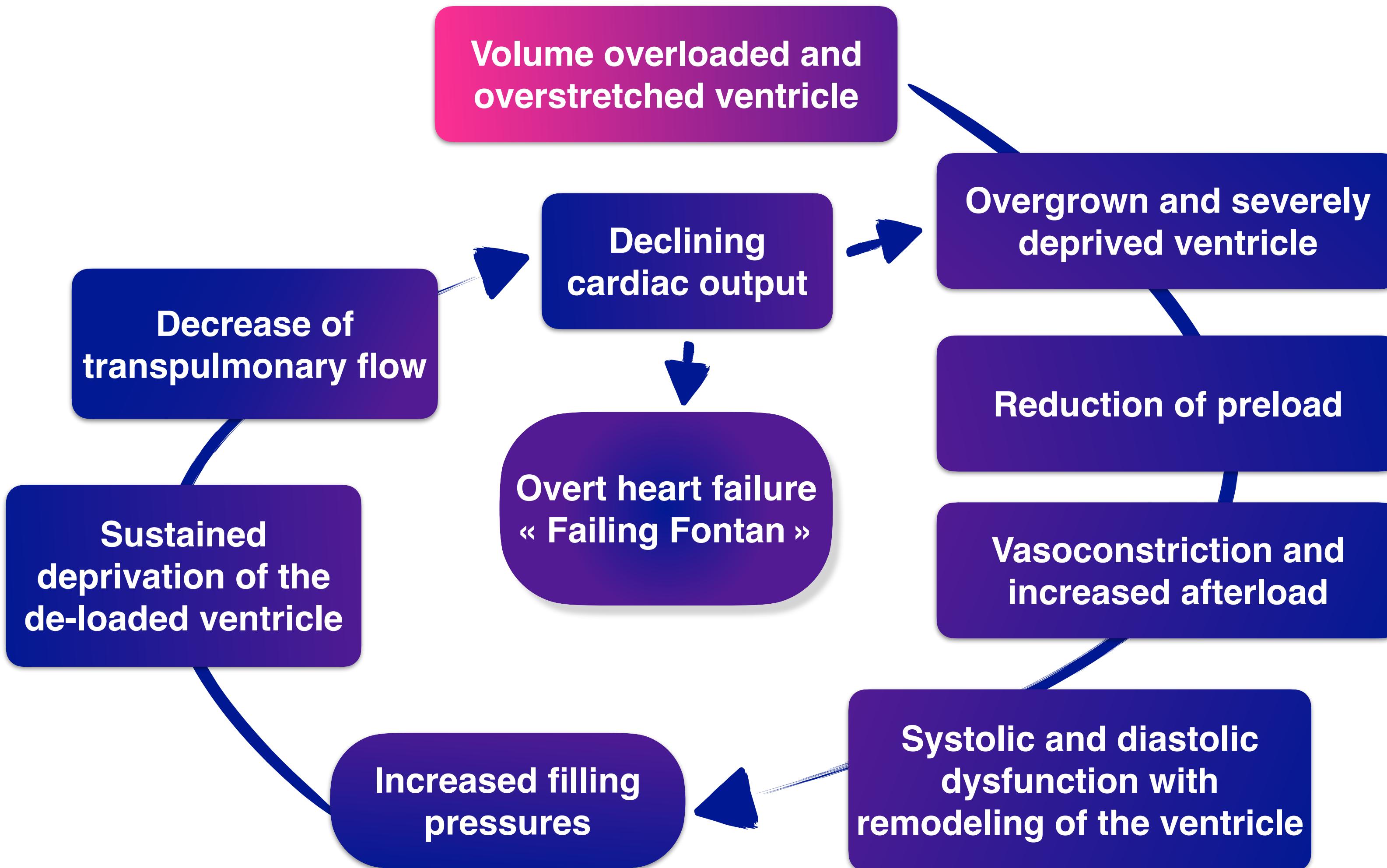
Cardiomyopathies
Pulmonary hypertension
Mitral stenosis

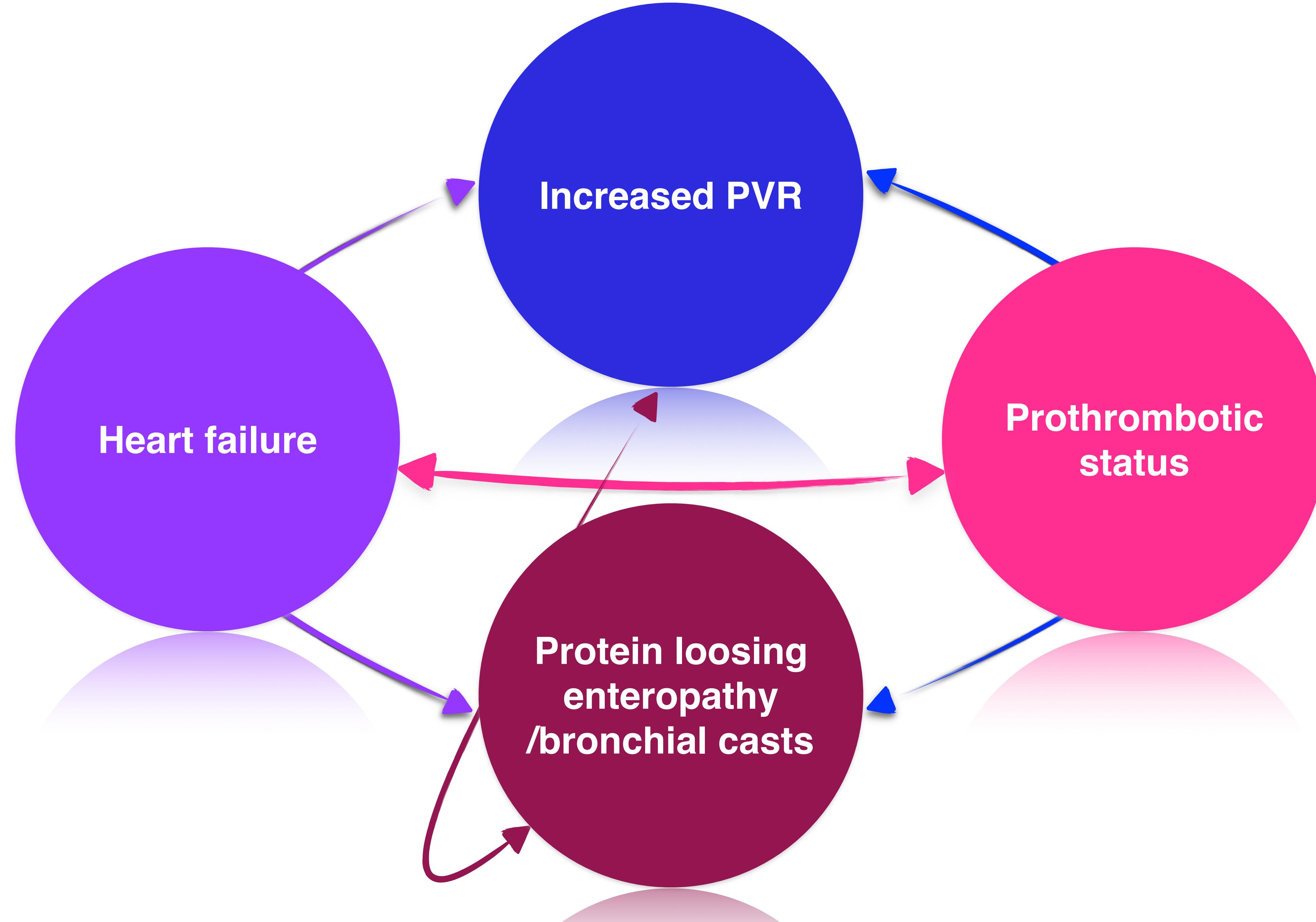


Fontan TCPC

The Fontan circulation - a new portal system

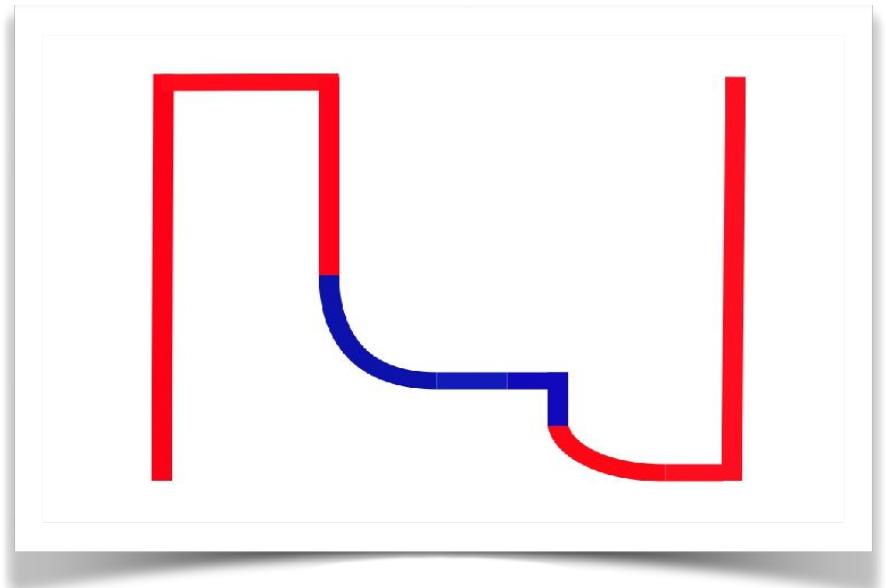
The vicious circle to failing Fontan





Optimization of the Neo-portal Fontan system

- **Connection**
 - No gradient
 - Minimal turbulence & flow collision; hepatic X-factor to both lungs



- **Lungs**
 - **Total PVR as low as possible**
 - ✓ capacitance
 - ✓ recruitment
 - **Reasons increased PVR**
 - ✓ Hypoplasia, stenosis, kink, loss of segments
 - ✓ Collateral flow

- **Ventricular succion**
- **Pulmonary vascular disease**
 - ✓ (micro)Thrombi

Anatomical solutions

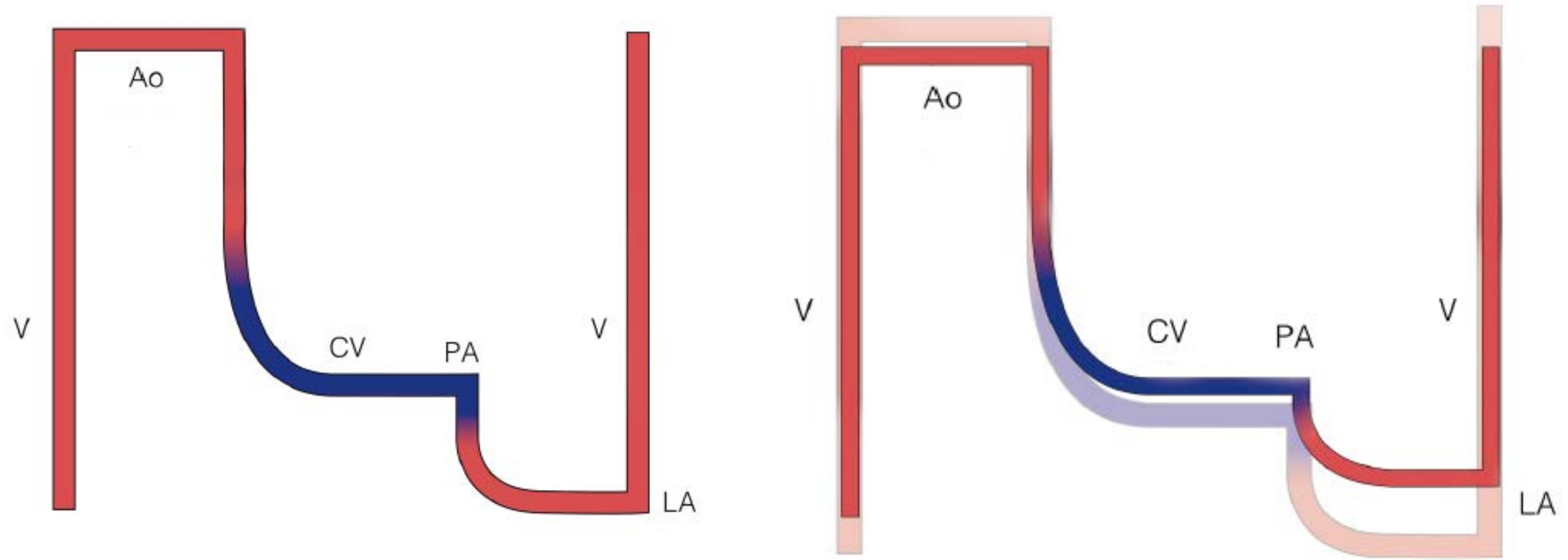
PAH drugs

Anticoagulants

Lusitropic drugs

The Fontan circulation - a new portal system

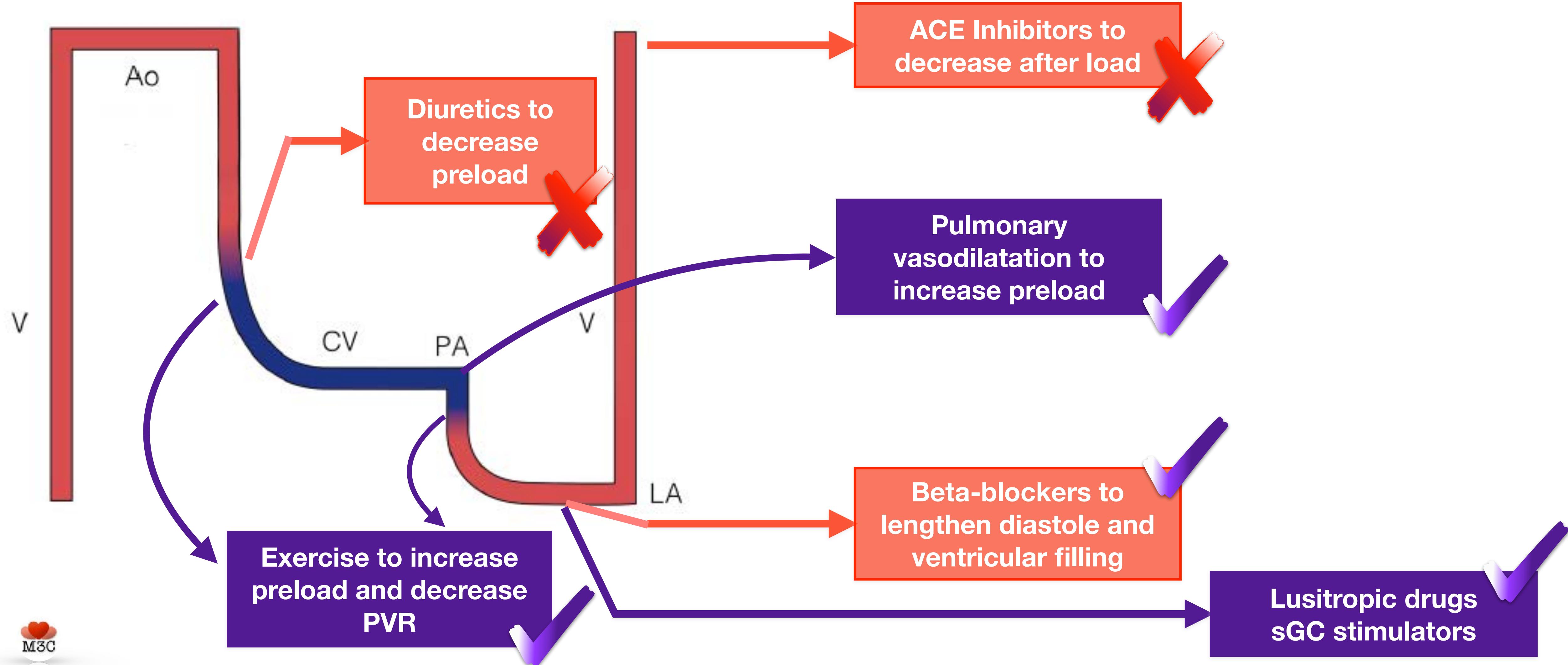
Changes with aging - Preventing strategies



**The lack of a robust definition of Fontan failure has contributed
to the limited understanding of the prevalence of HF in Fontan-palliated SVs**

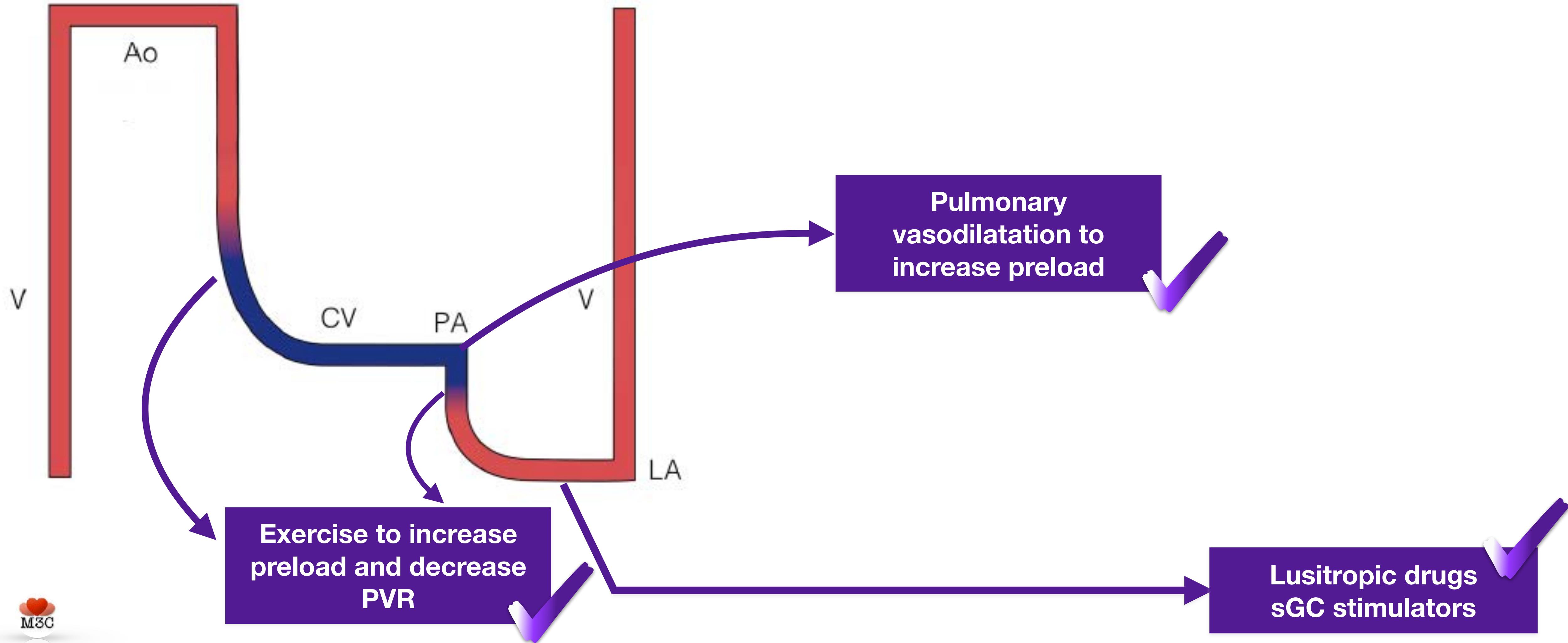
Heart failure drugs in Fontan circulation

Potentially a wrong reasoning and a predictable minimal effect



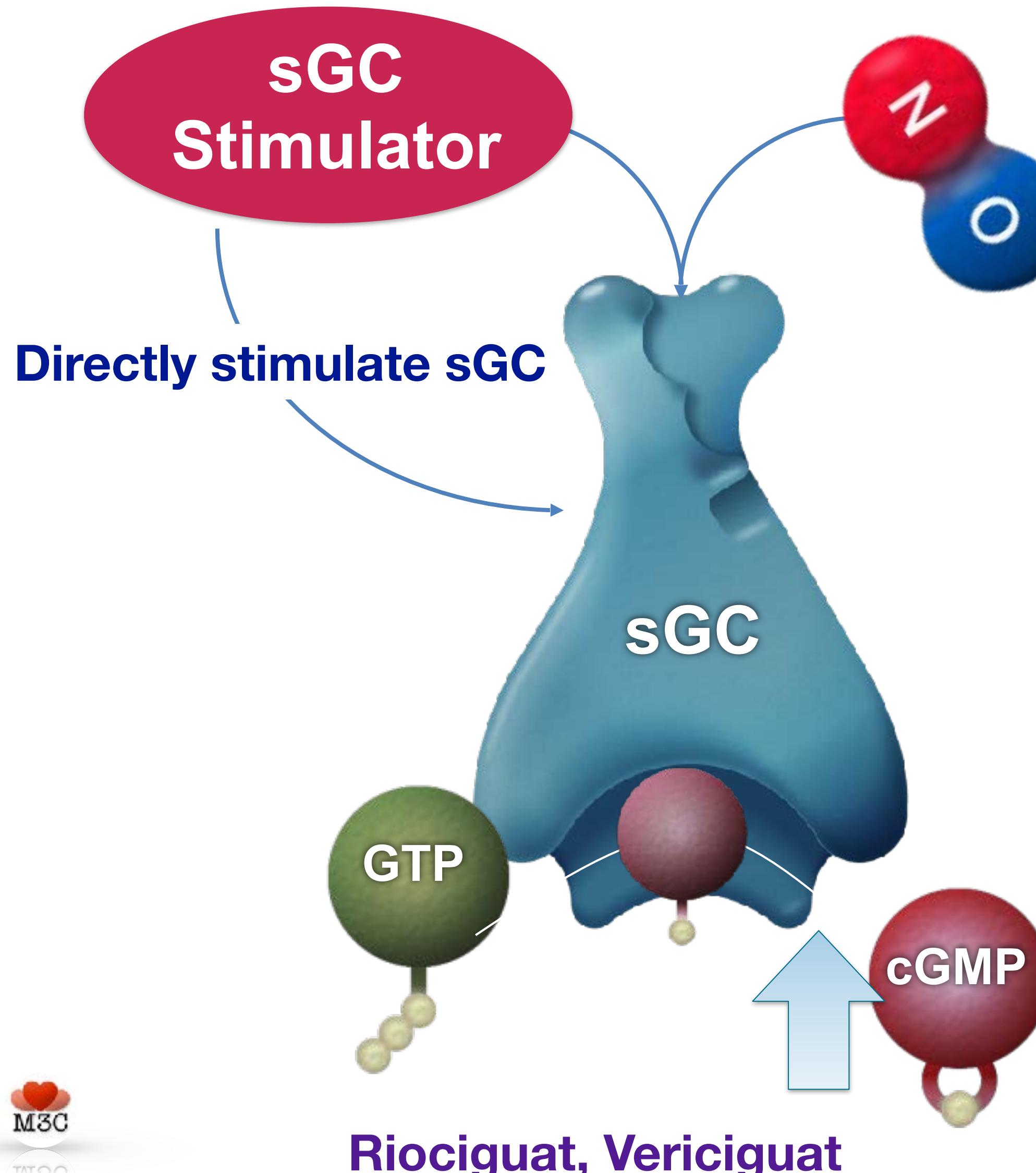
Heart failure drugs in Fontan circulation

Potentially efficient therapies

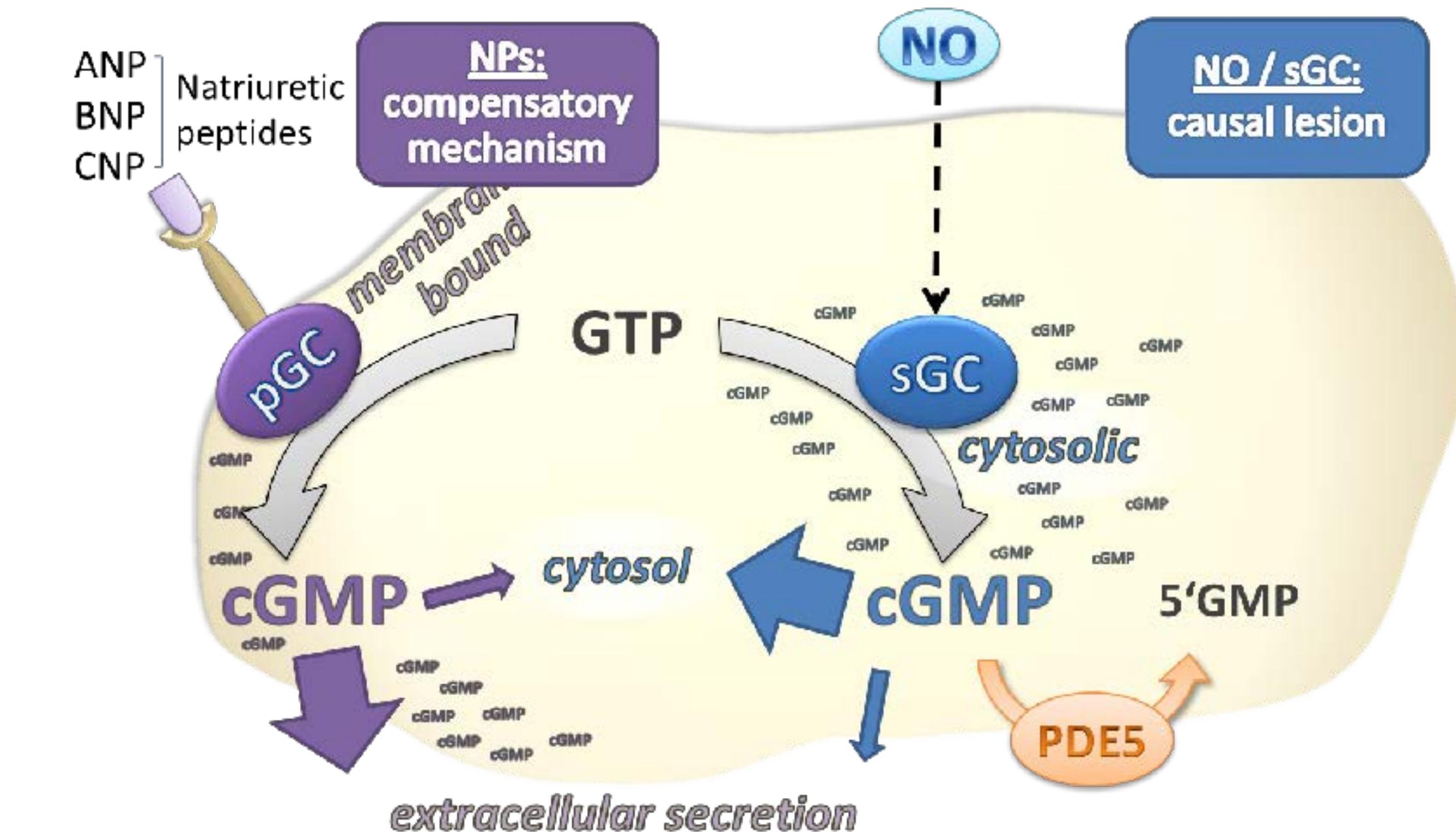


Lusitropic drugs in univentricular hearts

Enhances sensitivity of sGC to NO



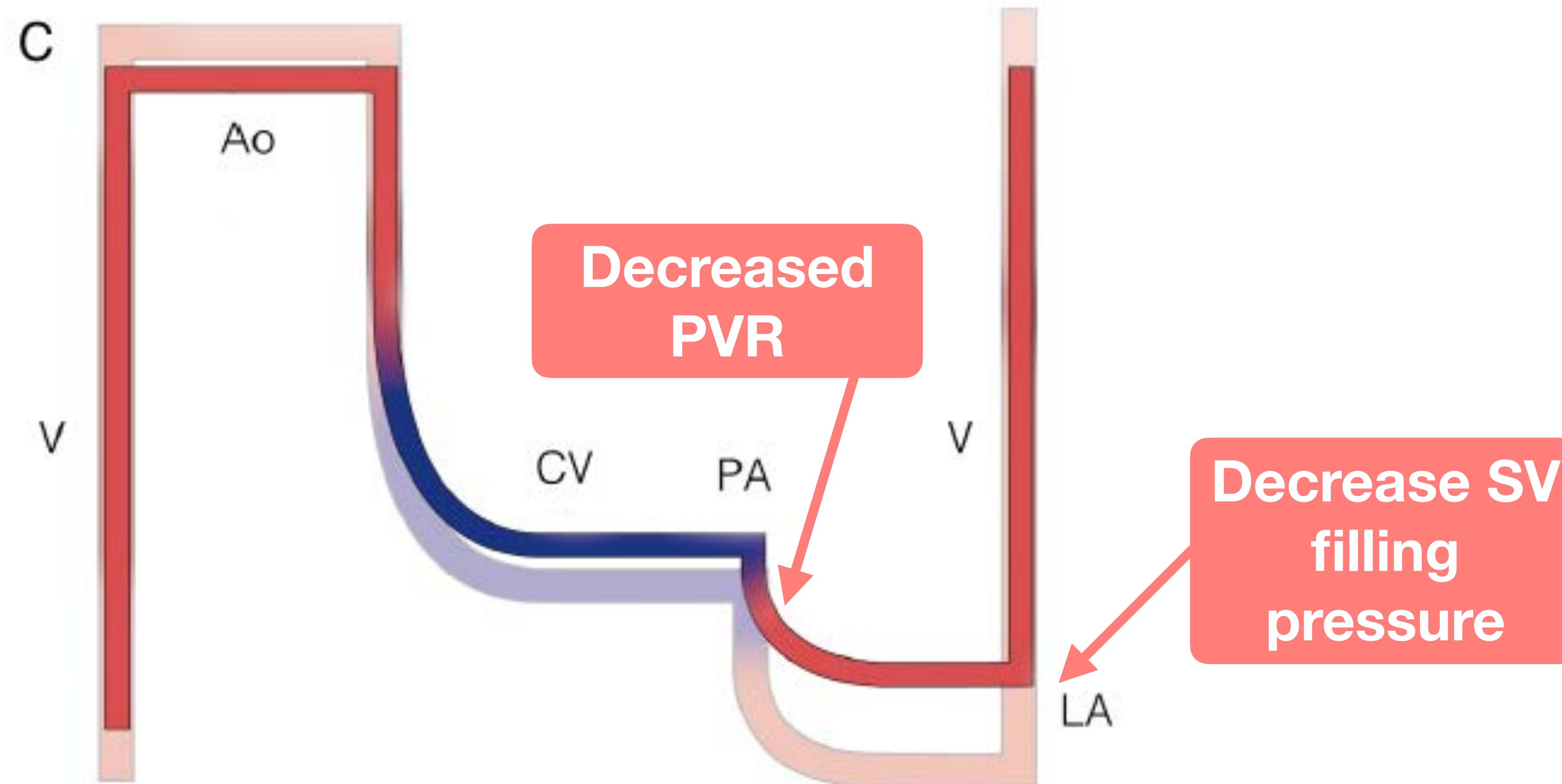
Different cGMP-augmenting pathways targeted in clinical trials



sGC stimulators, PDE-5 inhibitors,
Neprilysin inhibitors (LCZ)

ANP, atrial natriuretic peptide; BNP, brain natriuretic peptide; CNP, c-type natriuretic peptide; NO, nitric oxide; PDE5, phosphodiesterase-5; pGC, particulate guanylyl cyclase; sGC, soluble guanylyl cyclase. modified after Senni et al., Eur Heart J. 2014 Oct 21;35(40):2797-815;
Stasch JP et al. Nature 2001;410:212-15;
Greene SJ et al. J Am Heart Assoc 2013;2:e000536;

The RioFontan study : riociguat in patients with Fontan circulation

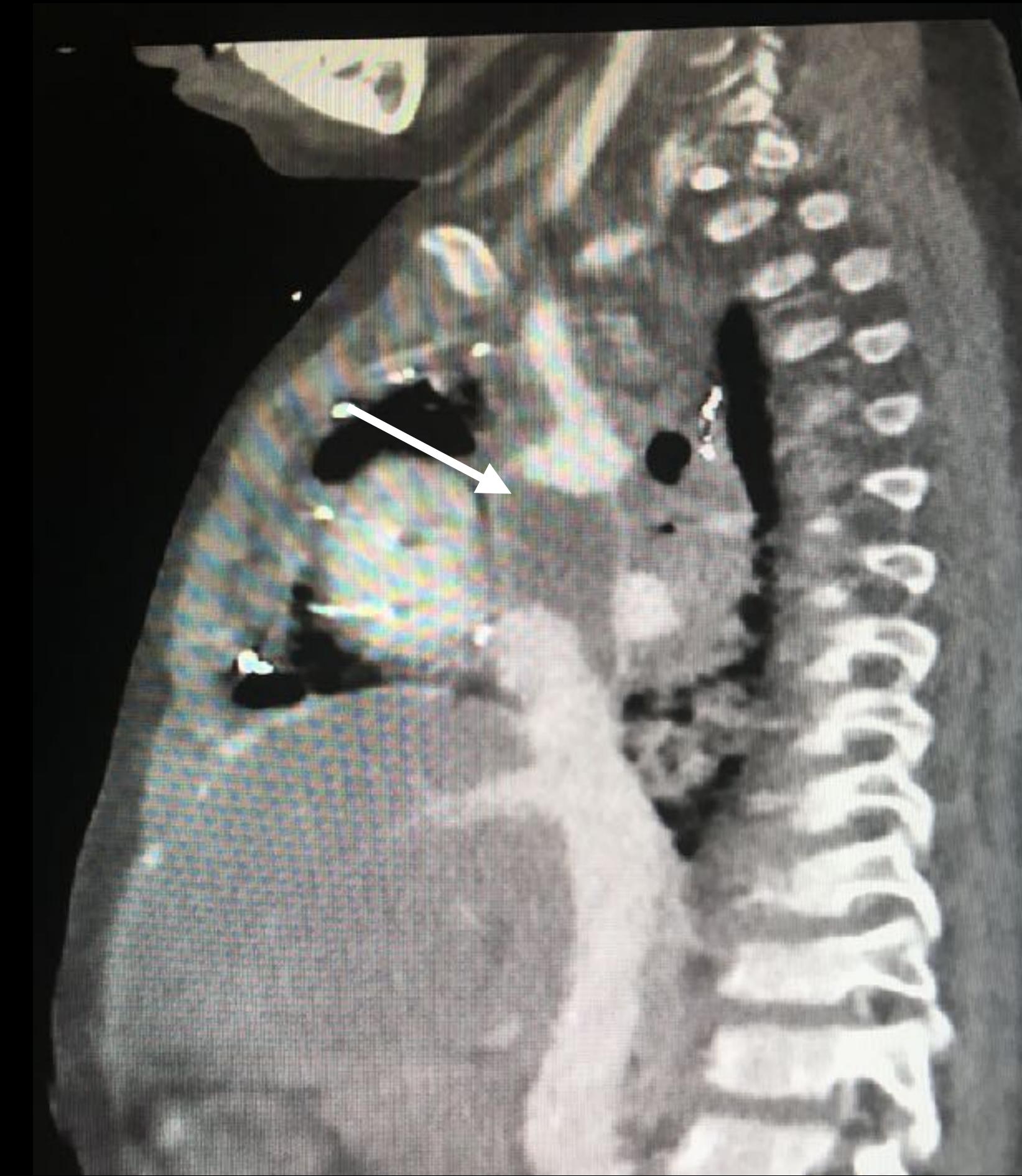
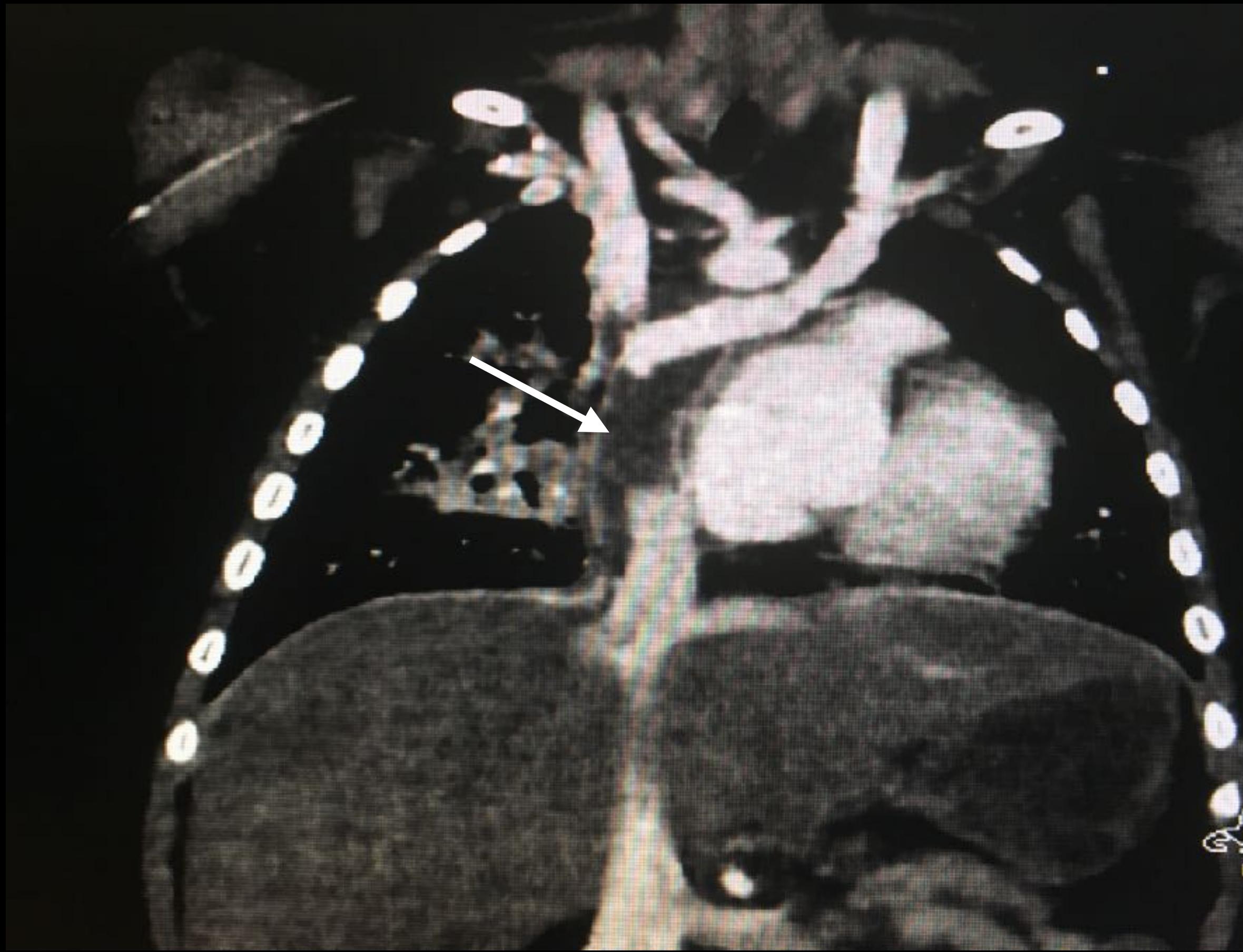


The antithrombotic treatment in Fontan circulation

www300e



The antithrombotic treatment in Fontan circulation



Extracardiac tube
Fontan Clot

Predictors of thrombo-embolic deaths in survivors

Characteristic	Hazard ratio	95%CI	P
Univariate			
Atrial fibrillation	5.4	1.0-29.4	0.0529
Lack of aspirin or warfarin therapy	5.7	1.0-32.3	0.0515
RA pressure on follow-up, mmHg	1.26	1.03-1.53	0.0247
Thrombus within Fontan	4.9	2.1-11.6	0.0002
Multivariate			
Thrombus within Fontan	22.7	4.3-120.0	0.0002
Lack of aspirin or warfarin therapy	91.6	4.2-2004.8	0.0041

All but nothing

Effect of aspirin and warfarin therapy on TE events in patients with Fontan palliation

Meta-analysis

10 studies with 1200 patients, average F/U 7.1 yrs

Incidence of TE

OR 0.43 (0.19-0.93) for some vs. none

OR 0.36 (0.18-0.74) for ASA vs. none

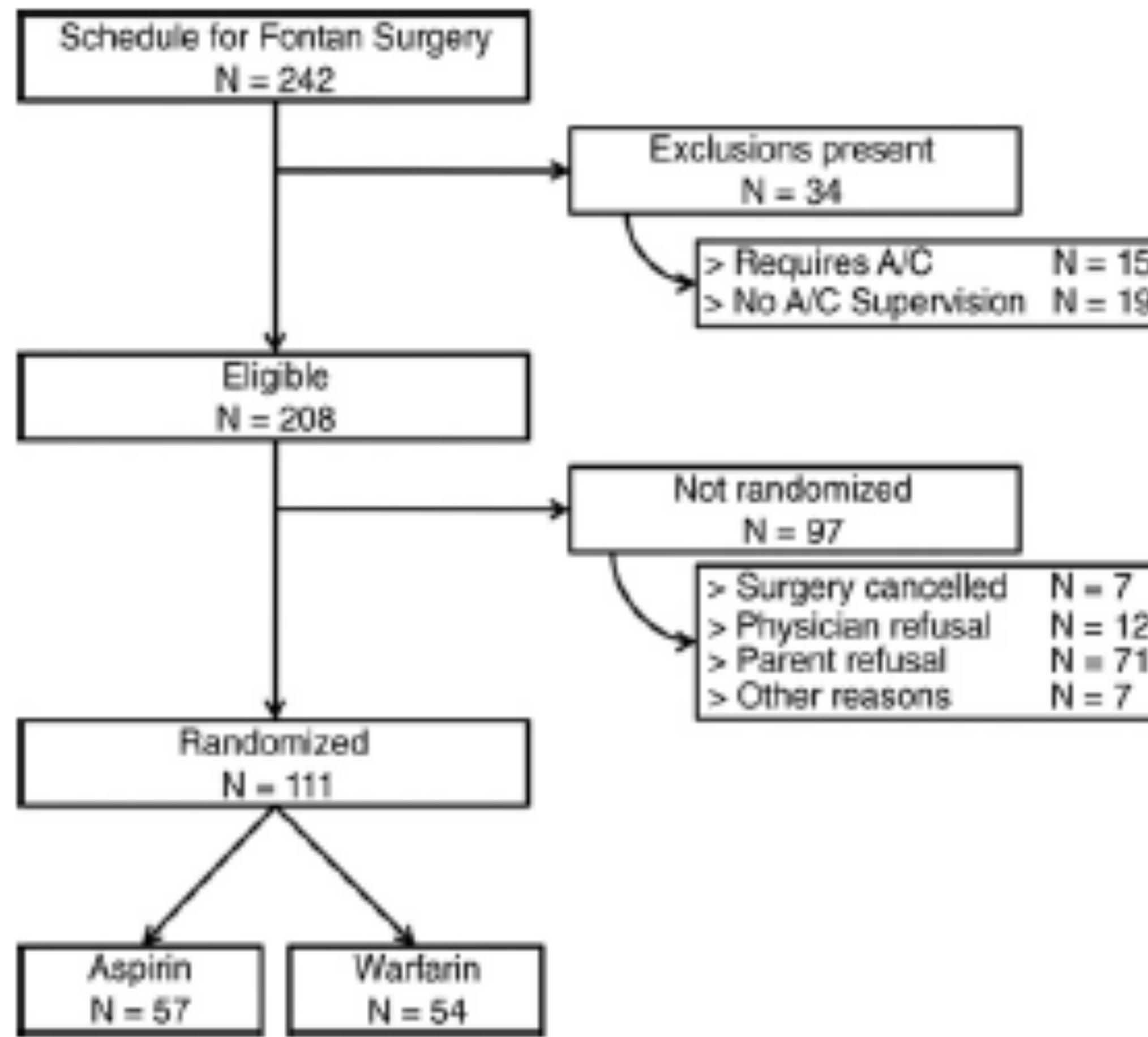
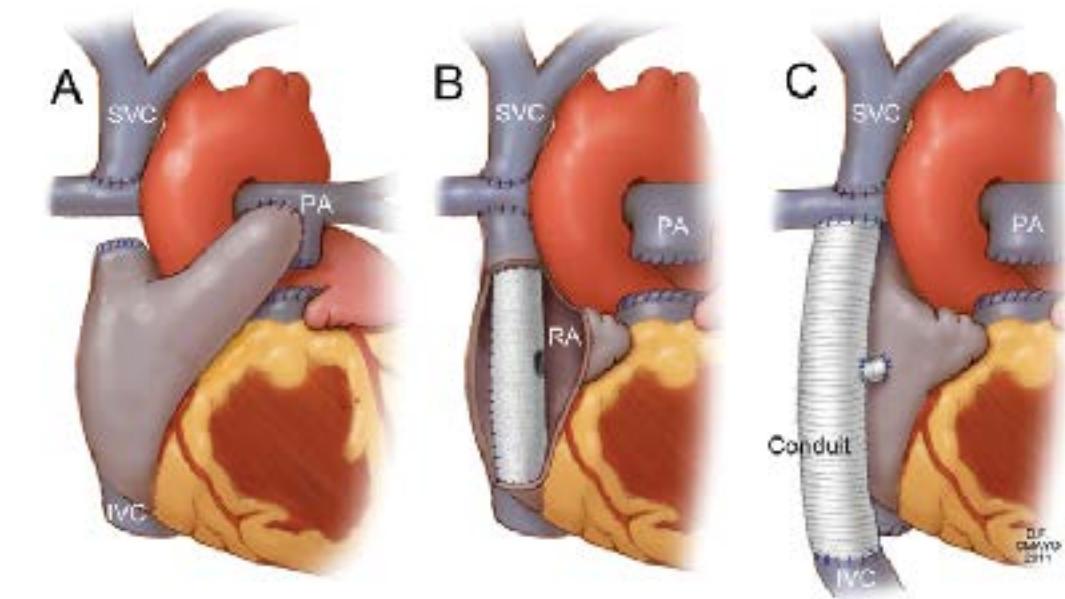
OR 0.33 (0.17-0.63) for warfarin vs. none

OR 0.94 (0.61-1.44) for warfarin vs. ASA

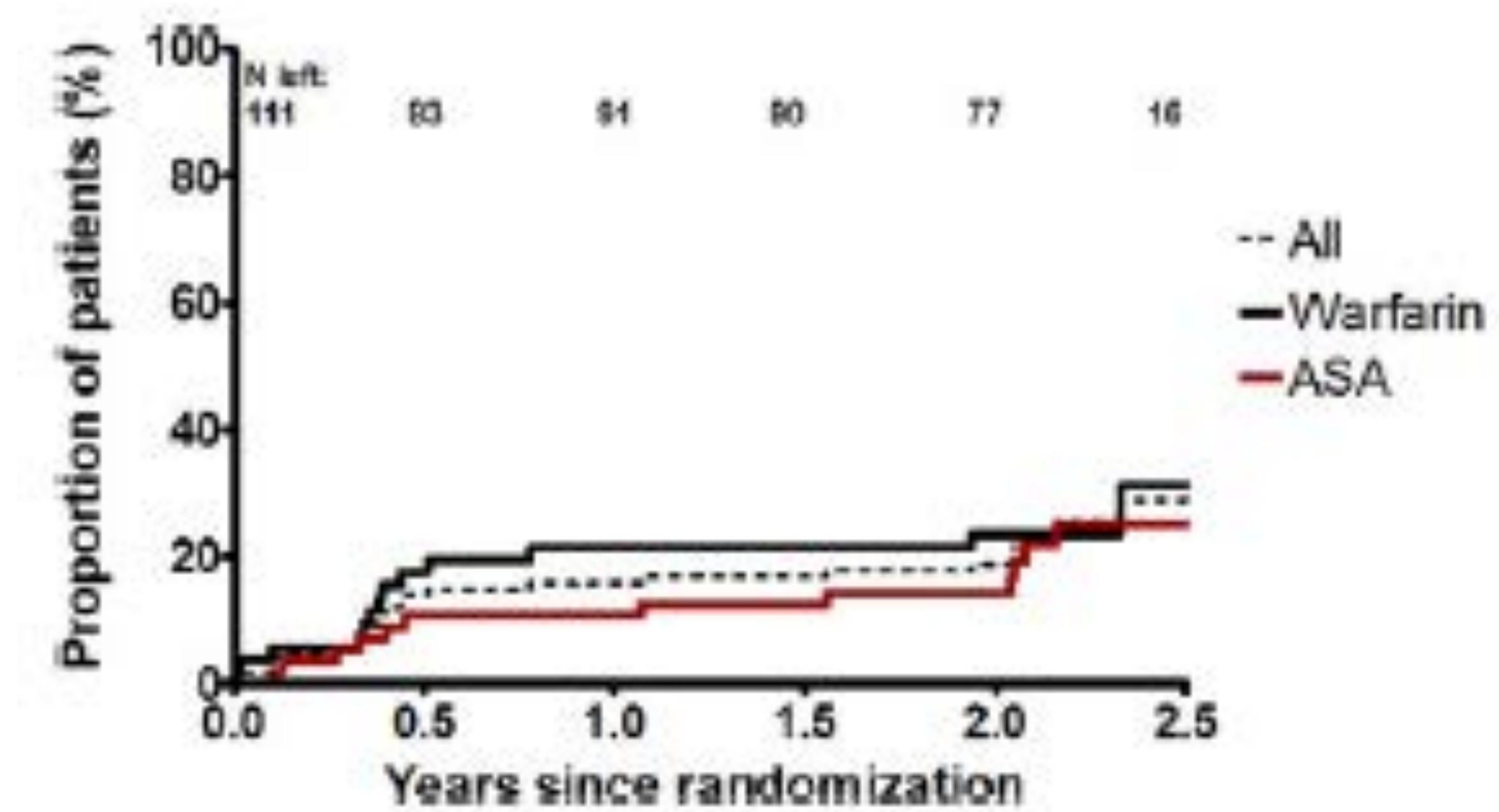
No difference for early or late TE

No difference for Fontan connection type

A Multicenter, Randomized Trial Comparing Heparin/Warfarin and Acetylsalicylic Acid as Primary Thromboprophylaxis for 2 Years After the Fontan Procedure in Children



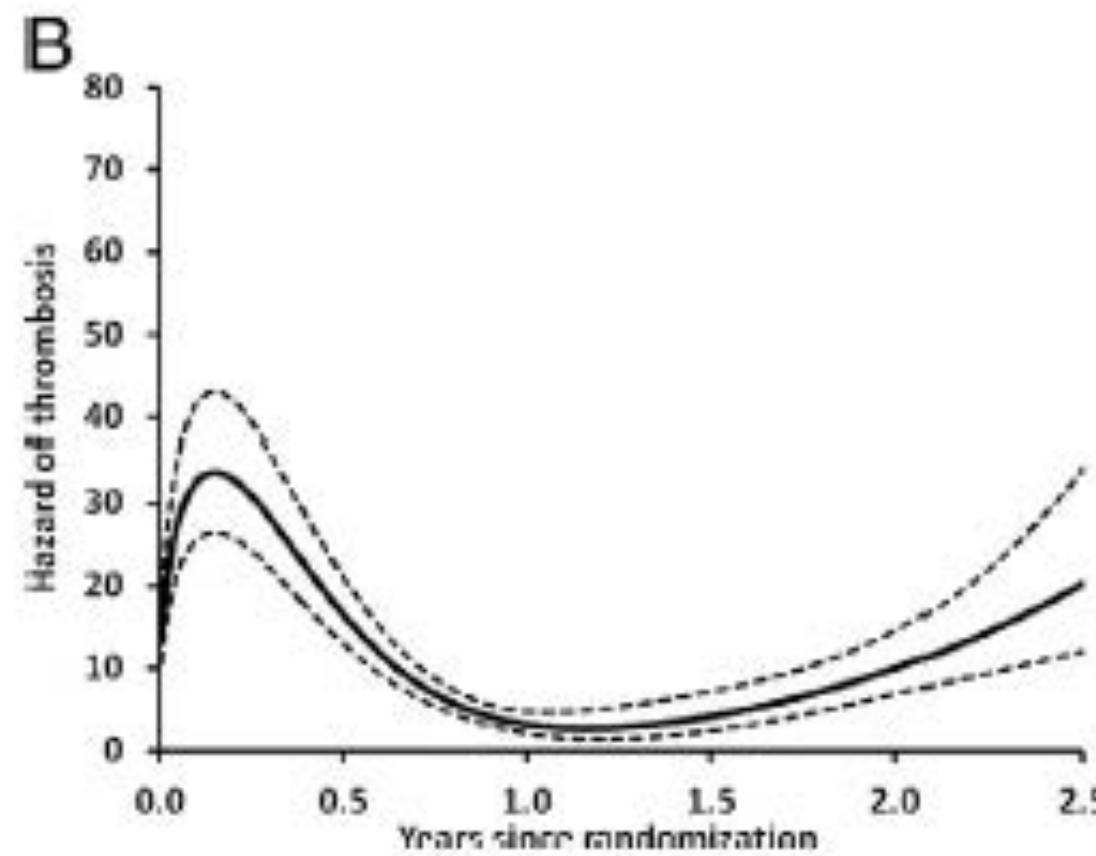
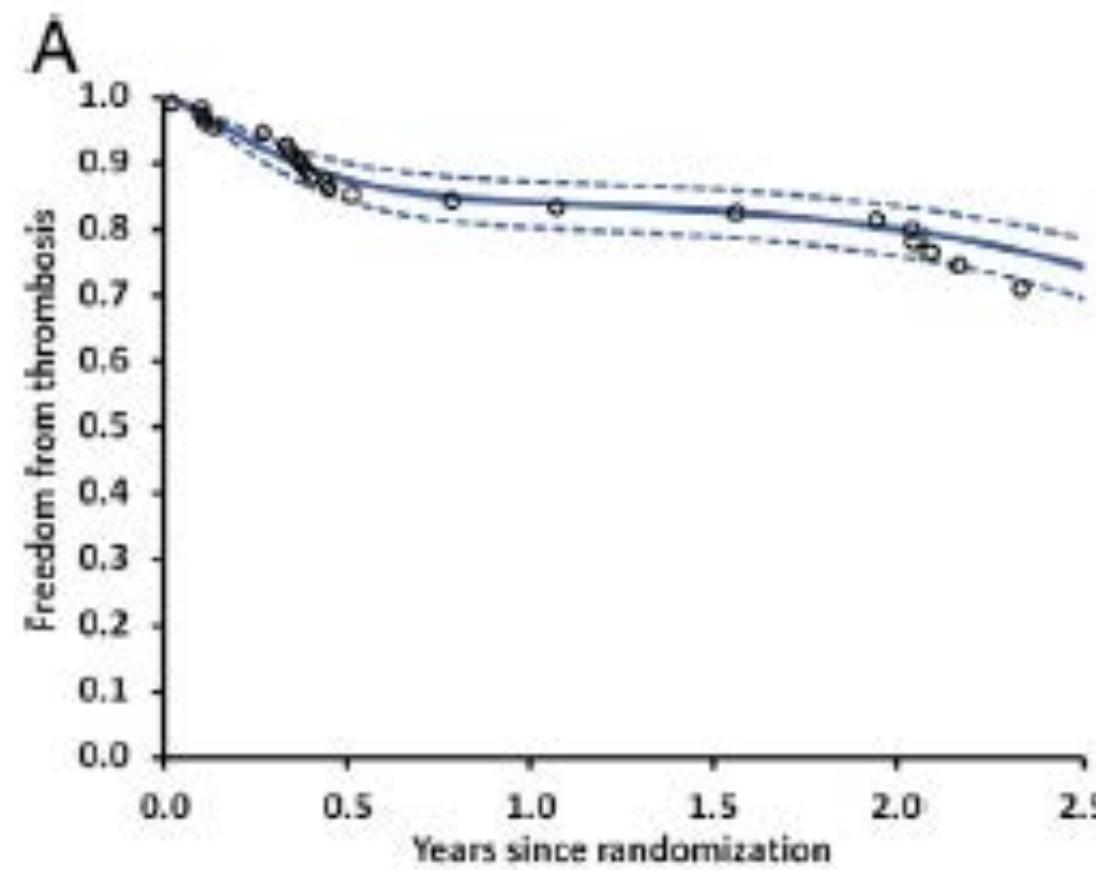
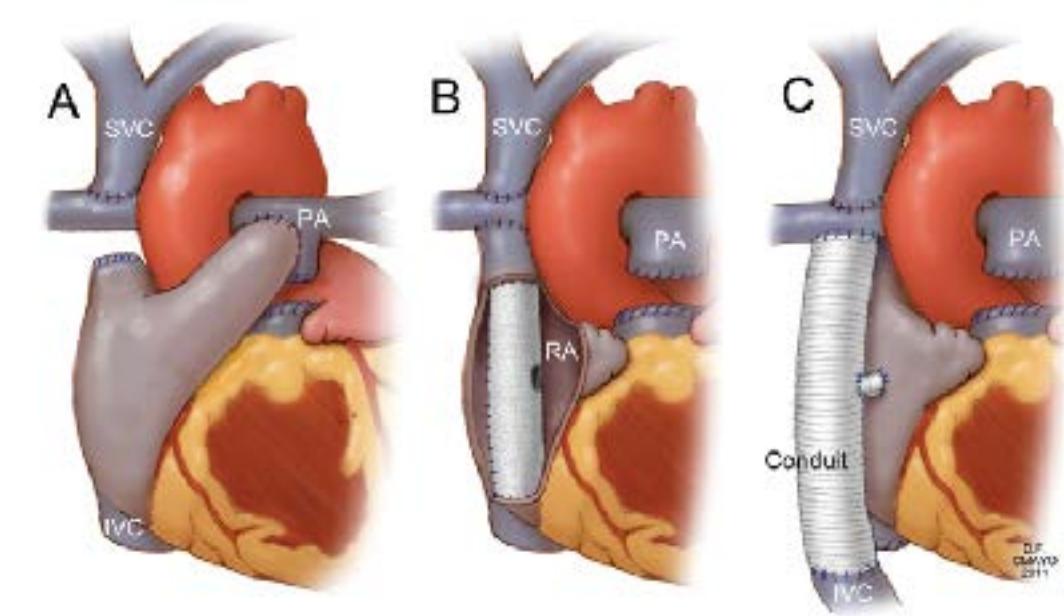
Thrombosis after randomization



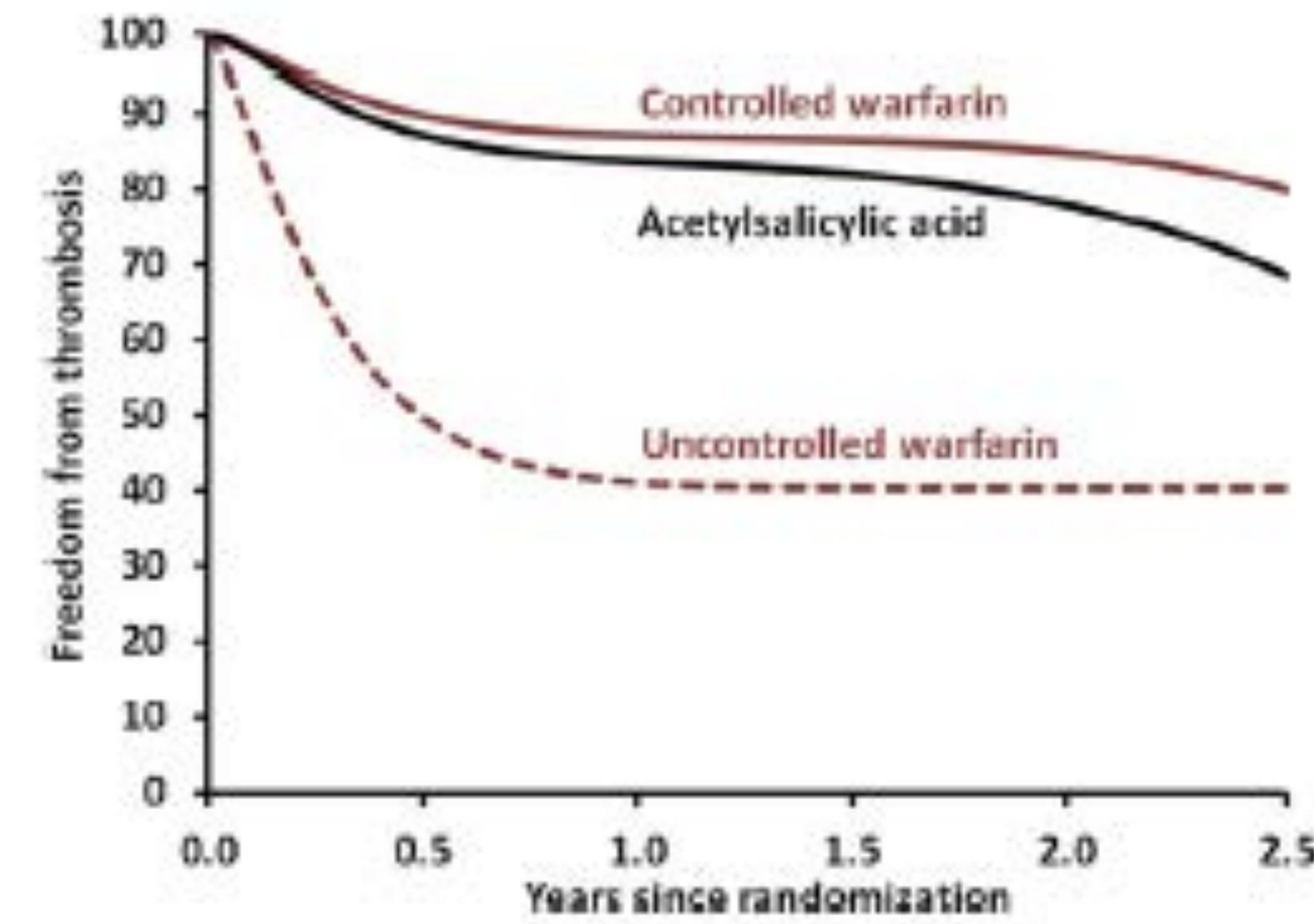
Kaplan-Meier estimate for the proportion of patients with thrombosis 2 years after randomization was 19% (24% in patients randomized to warfarin vs. 14% in patients randomized to aspirin). Hazard ratio for thrombosis for patients randomized to warfarin vs. acetylsalicylic acid (ASA) was 1.35 (95% confidence interval: 0.62 to 3.00), p = 0.45.

Factors Associated With Thrombotic Complications After the Fontan Procedure

A Secondary Analysis of a Multicenter, Randomized Trial of Primary Thromboprophylaxis for 2 Years After the Fontan Procedure



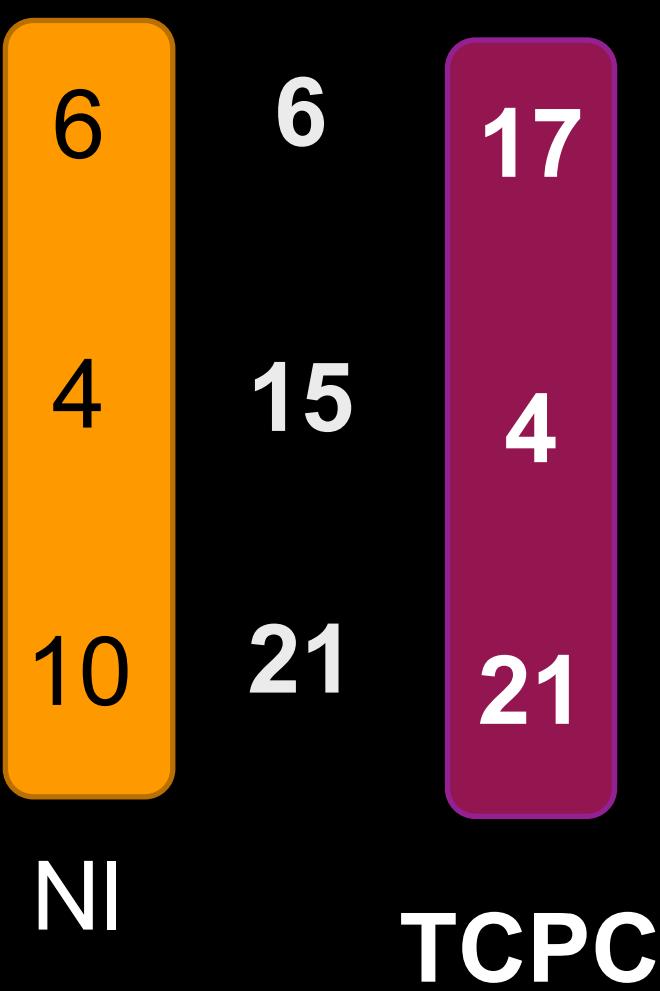
Time-related freedom from thrombosis was 69% (all venous, no arterial events), with 28% of thrombosis presenting with clinical signs or events



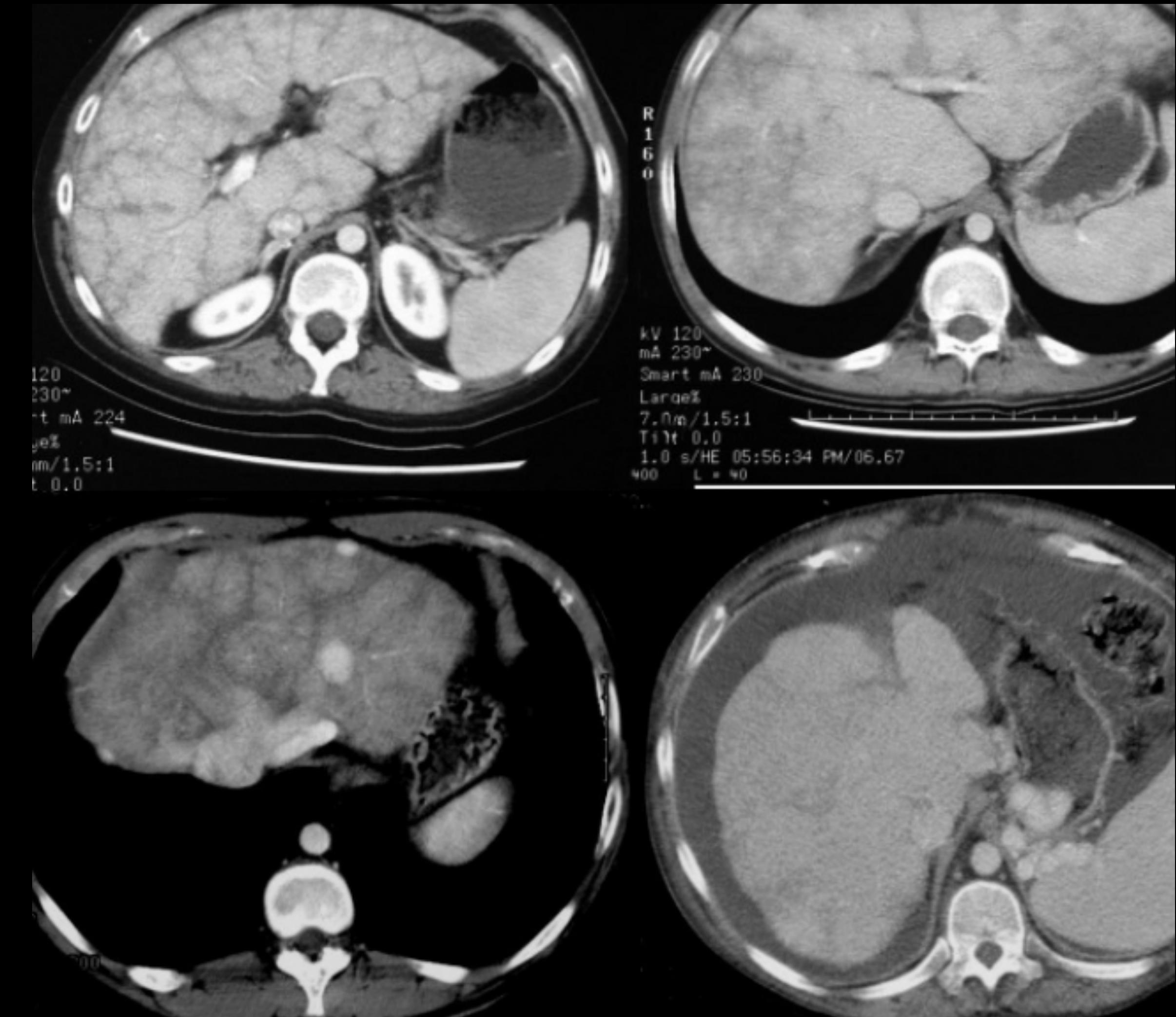
Freedom From and Hazard of Thrombosis Over Time in Patients After Fontan Surgery

Freedom From Thrombosis Over Time Stratified by Thromboprophylaxis Choice and Effectiveness

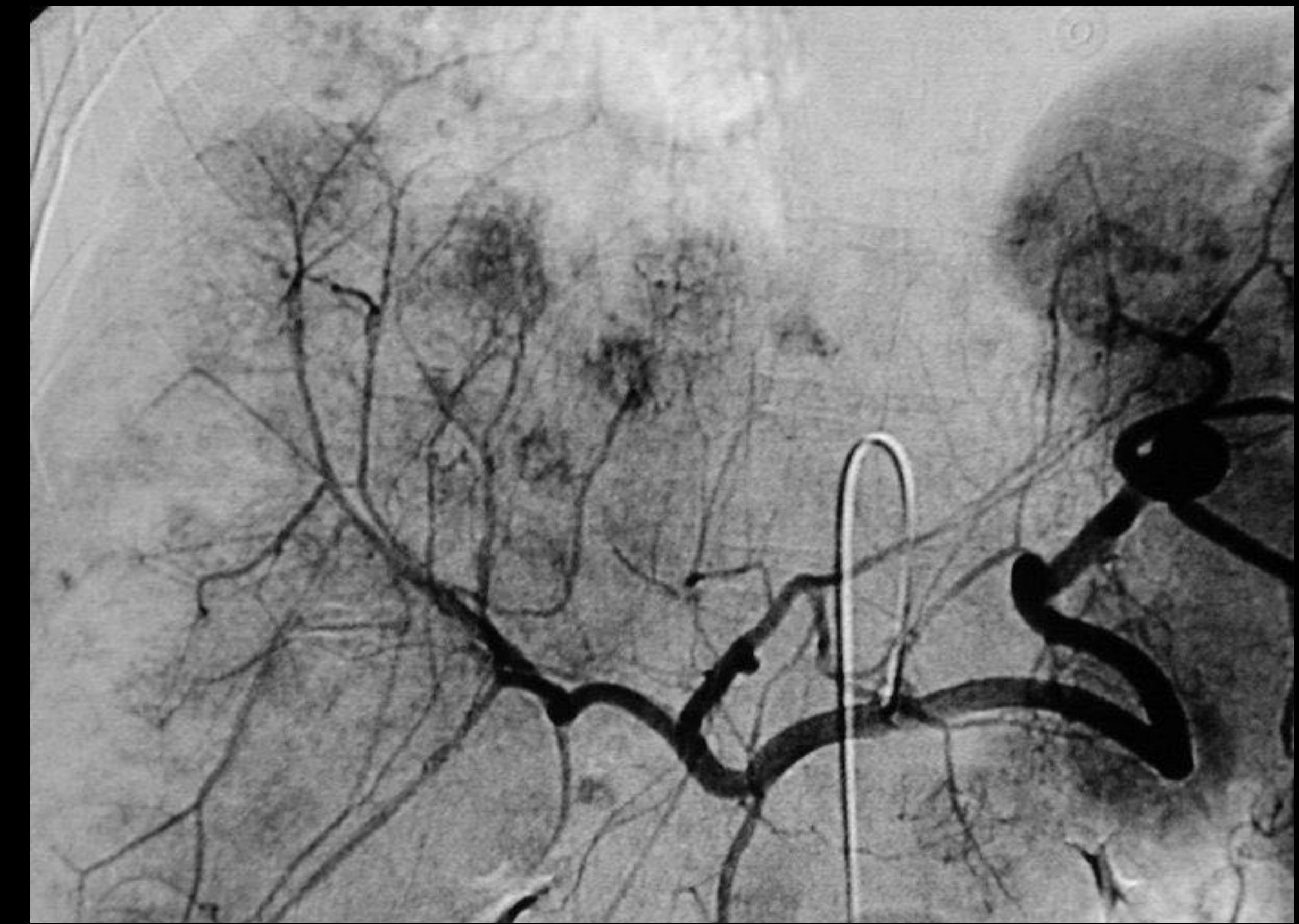
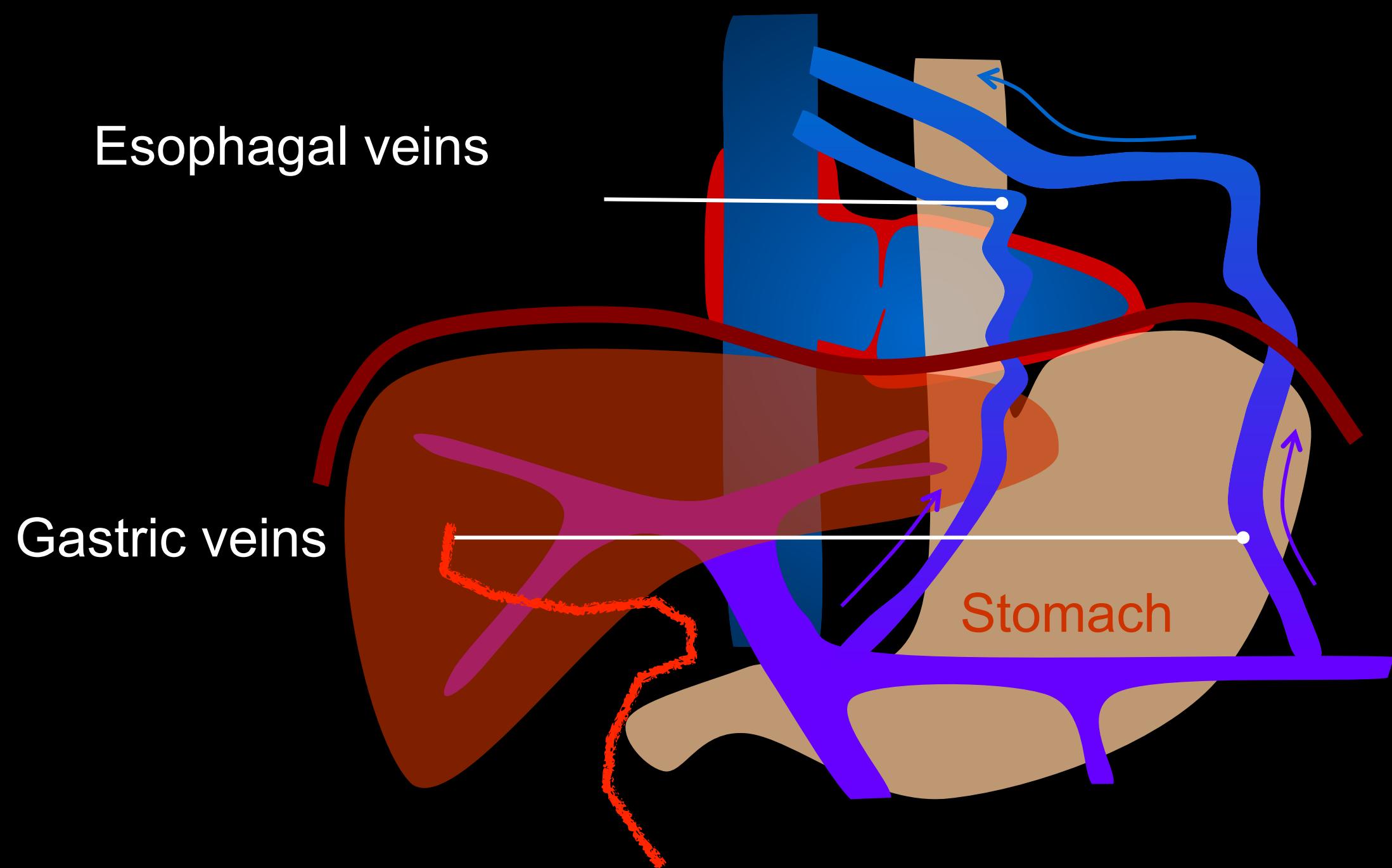
Liver and Fontan



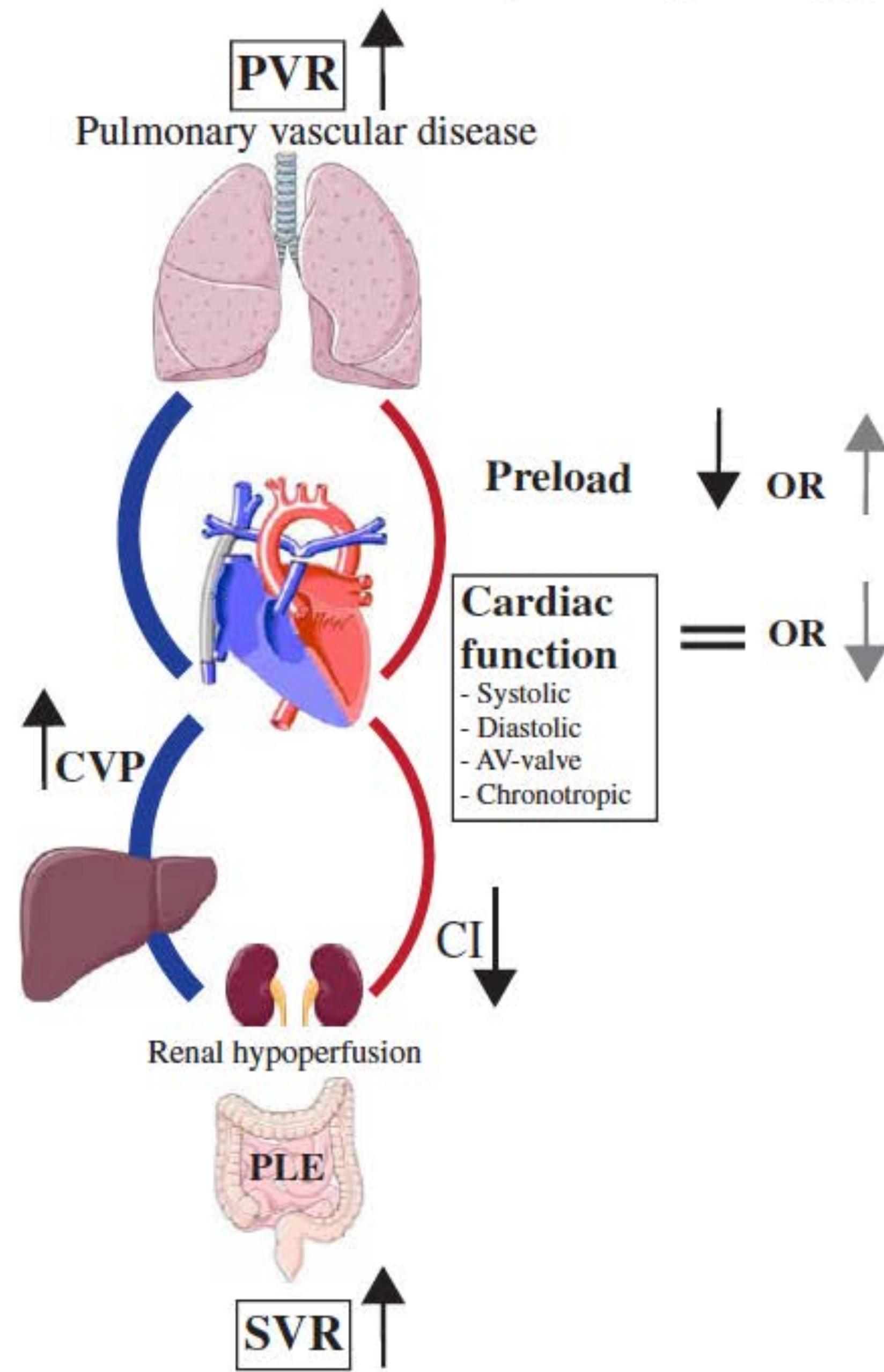
Portal
Hypertension



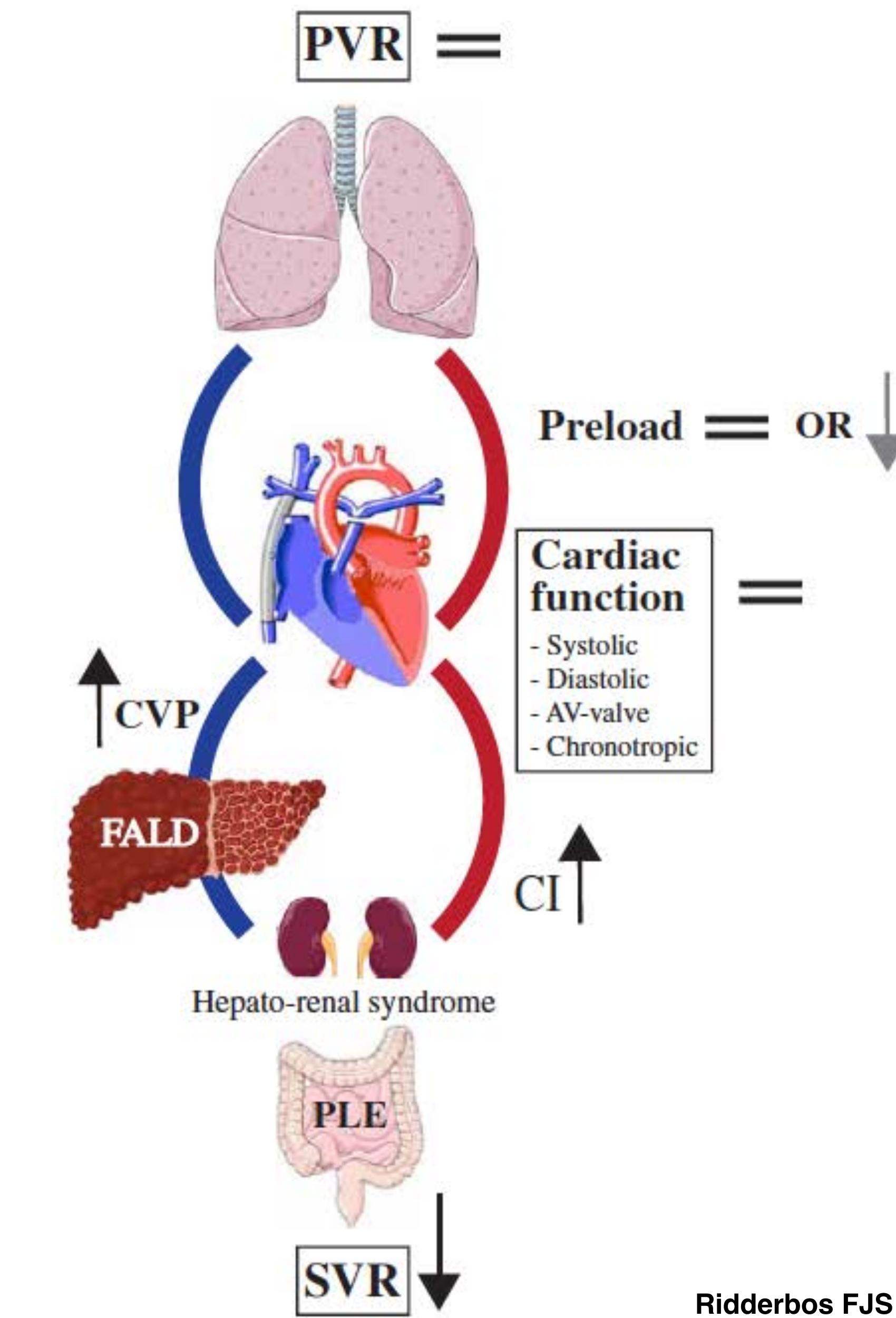
Liver and Fontan



A Low cardiac index hemodynamic phenotype



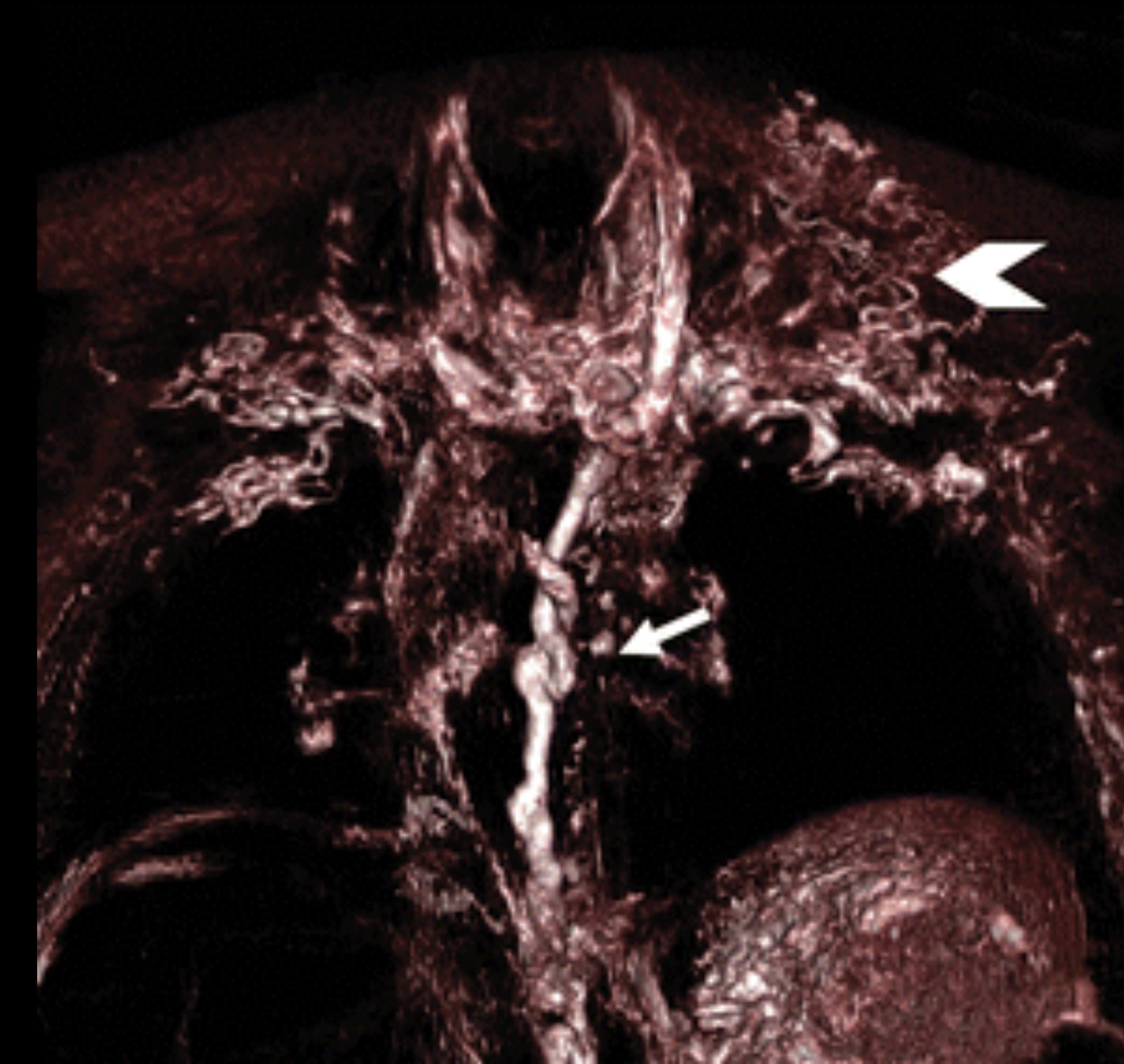
B Normal/high cardiac index hemodynamic phenotype



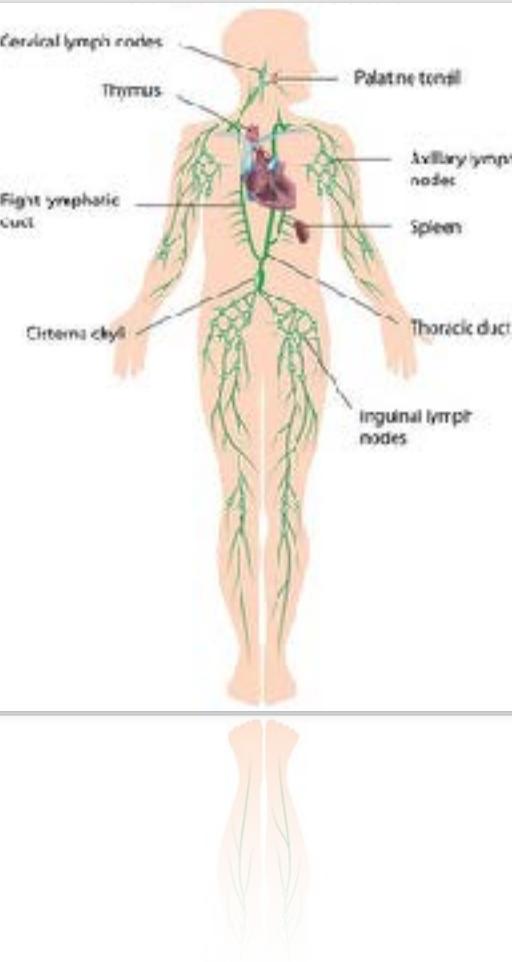
The lymphatics in Fontan circulation



Bronchial casts

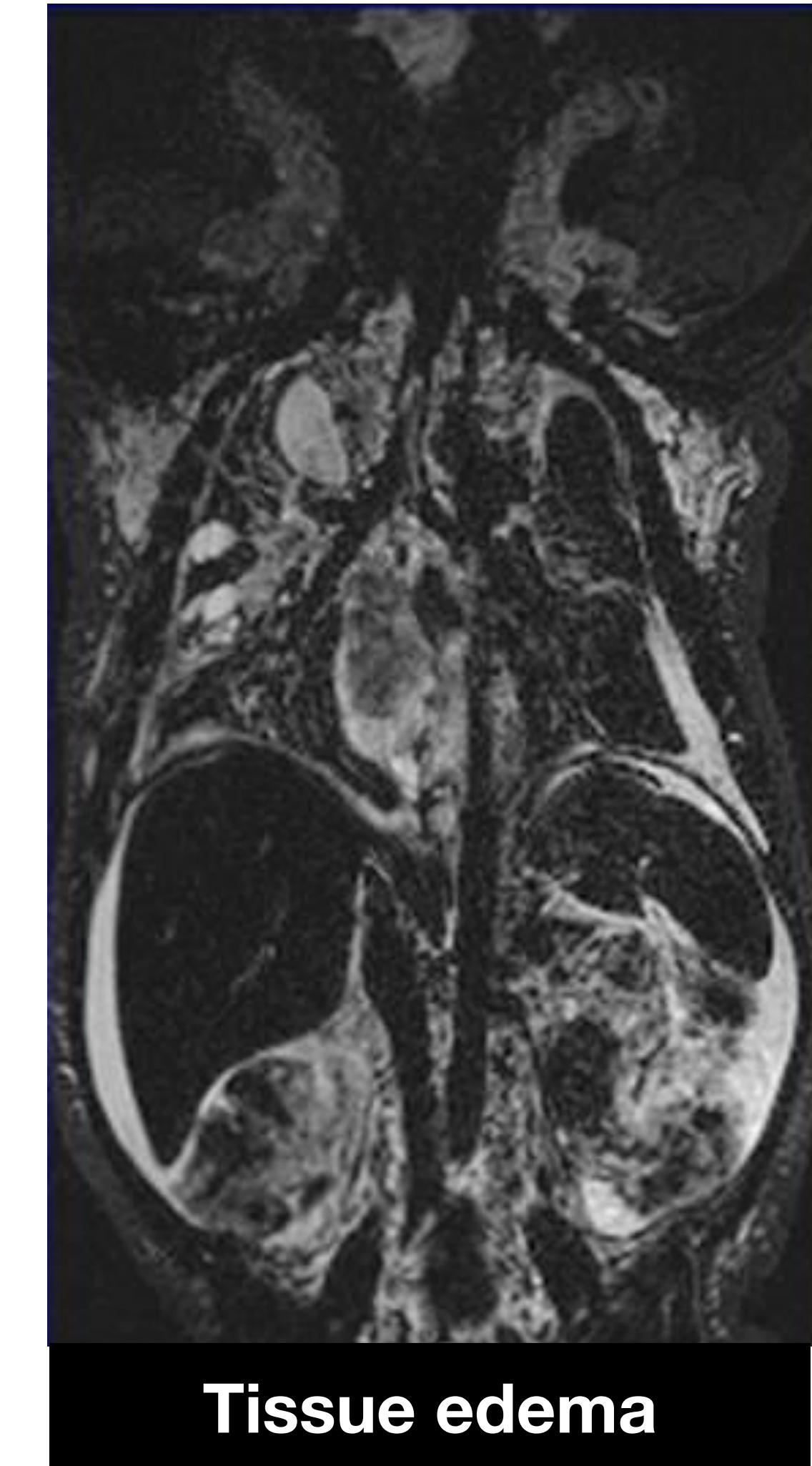
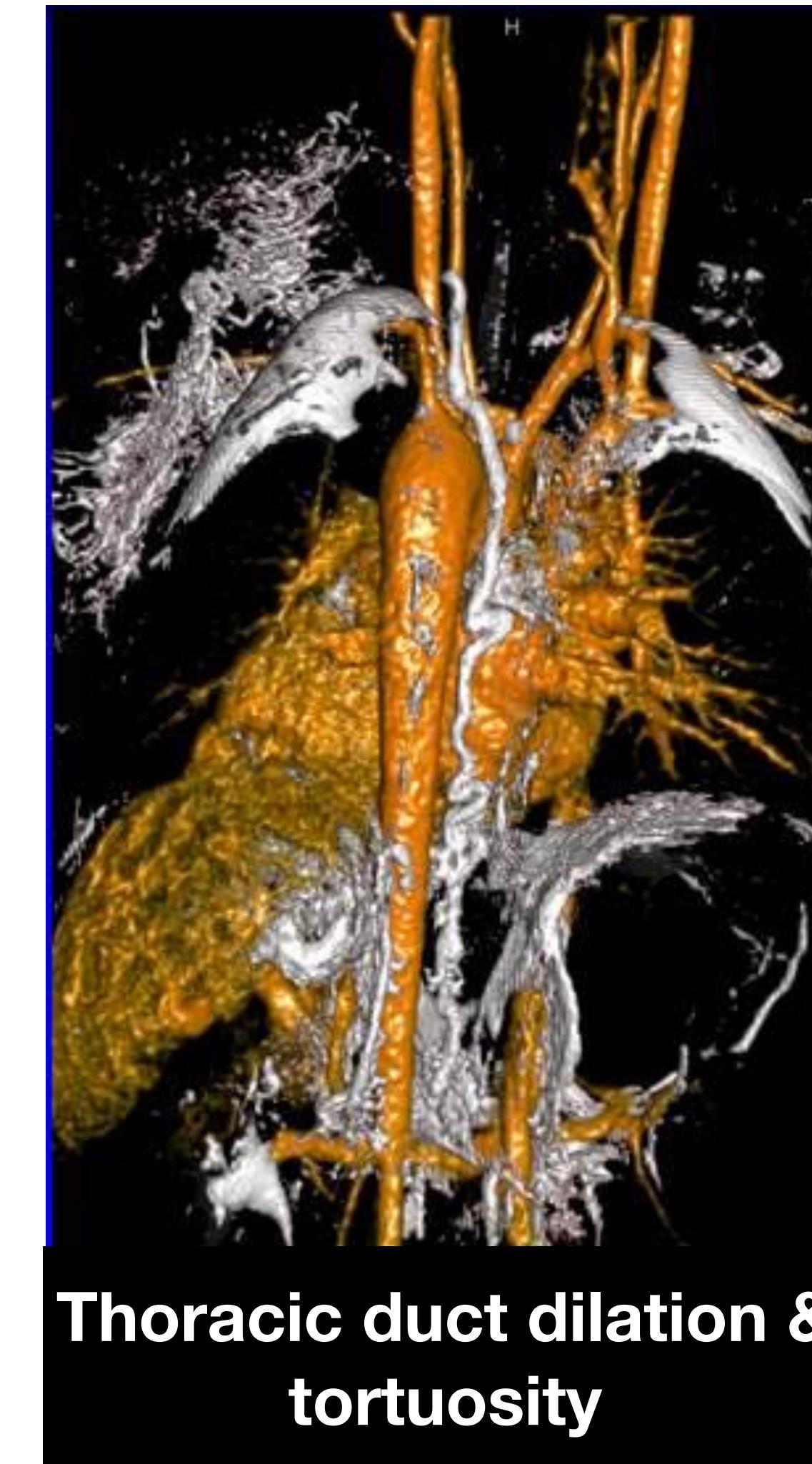


Lymphatics



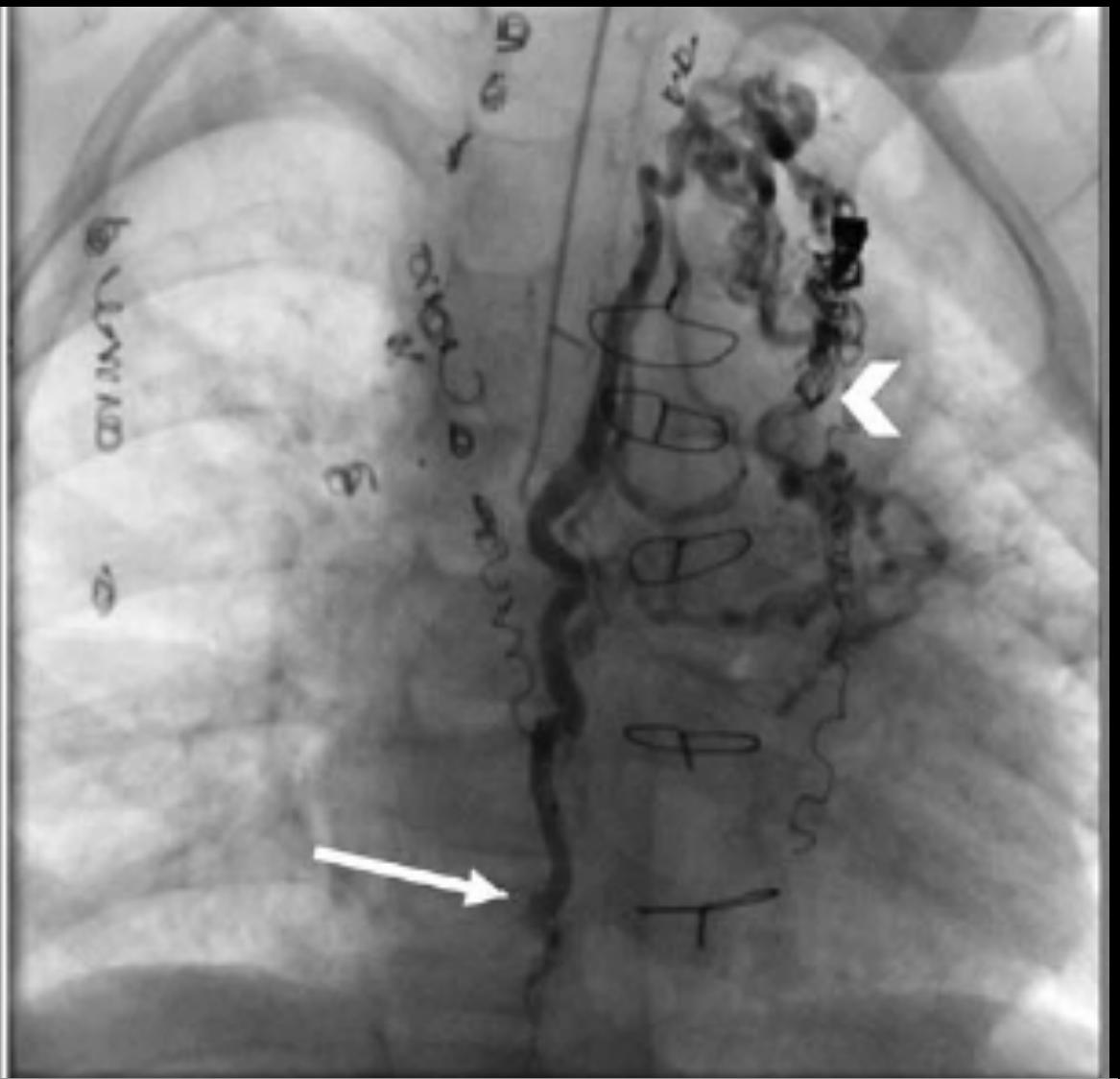
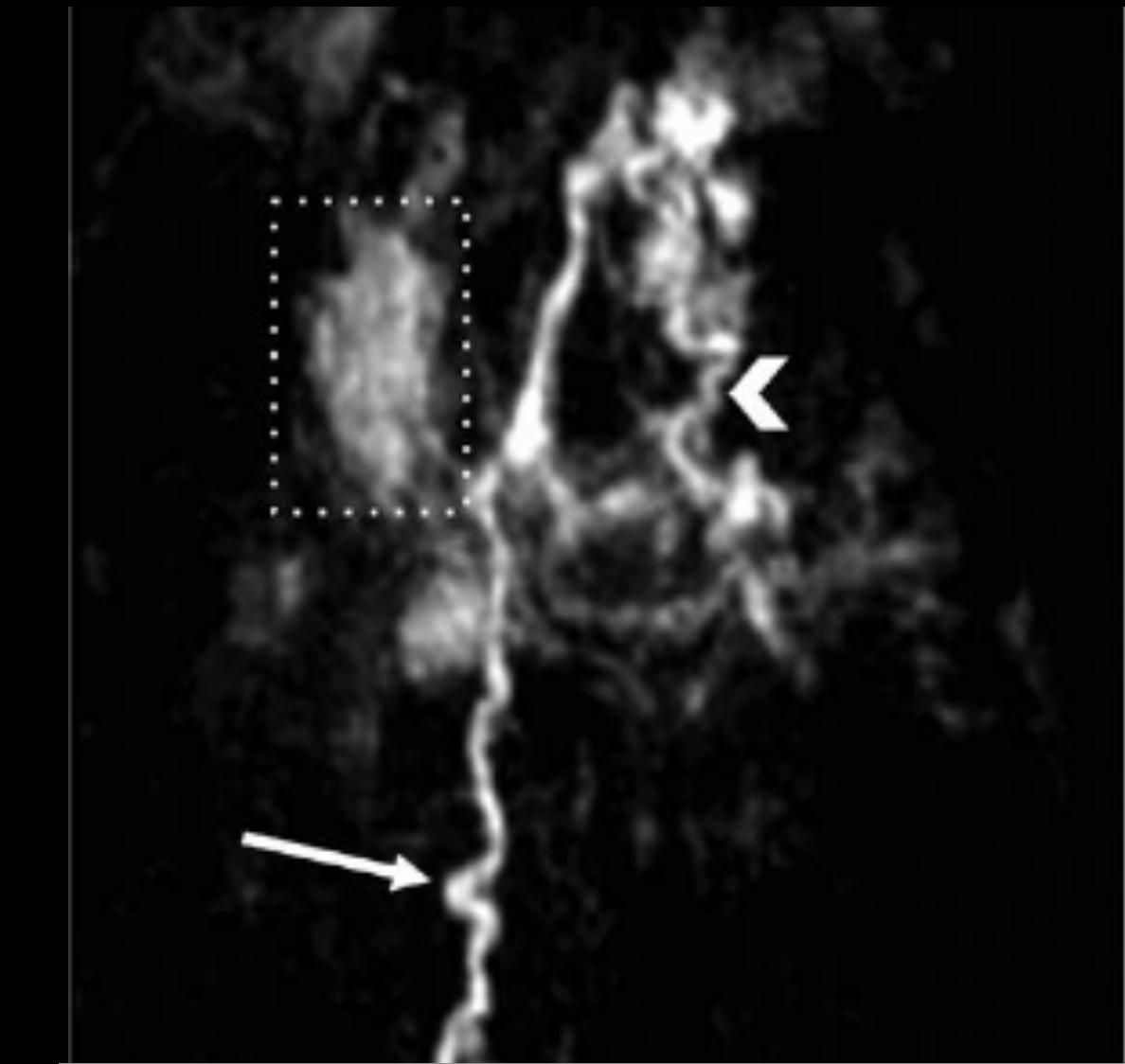
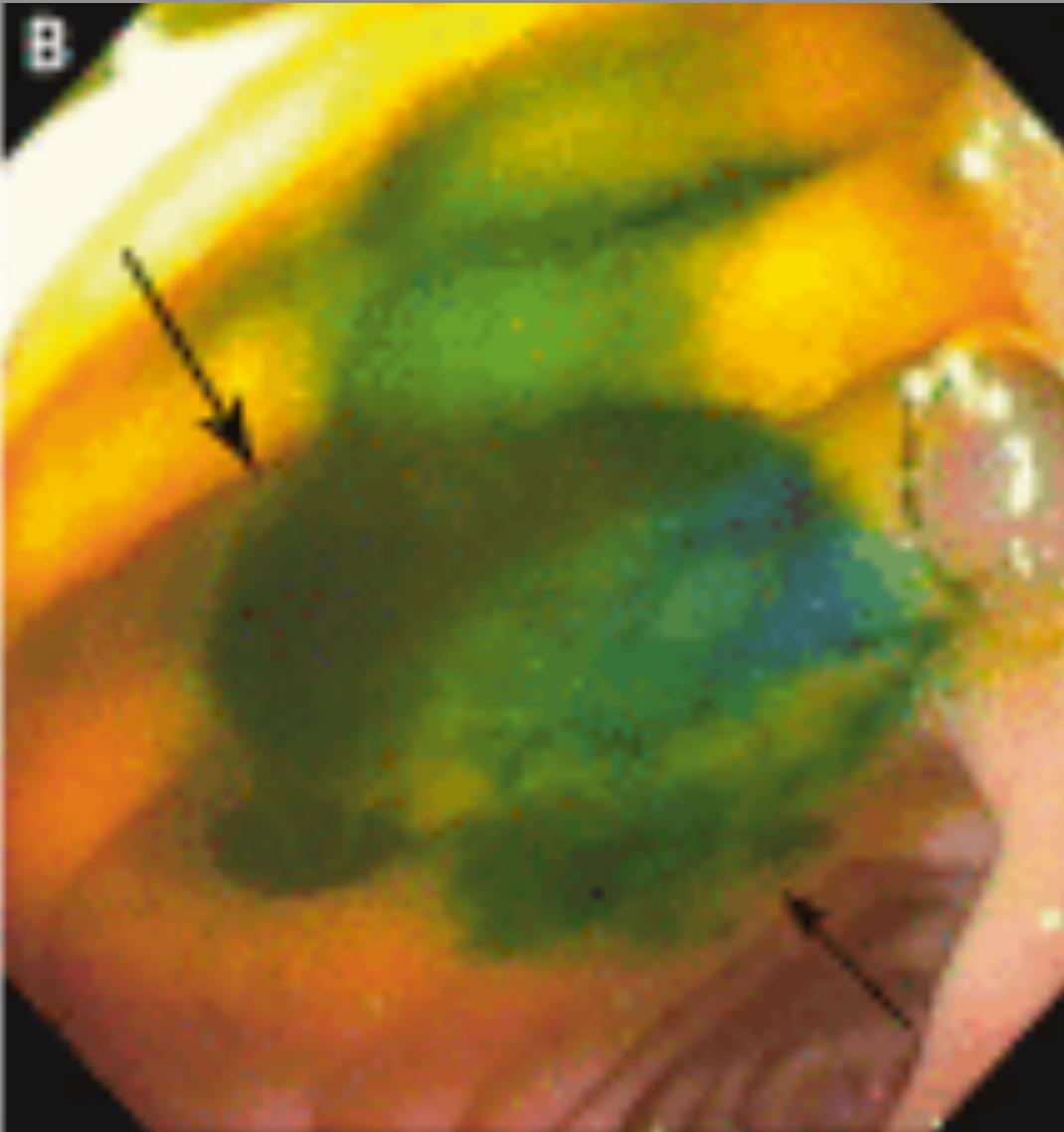
T2 imaging of lymphatic circulation

The new horizon for the treatment of PLE/bronchial casts

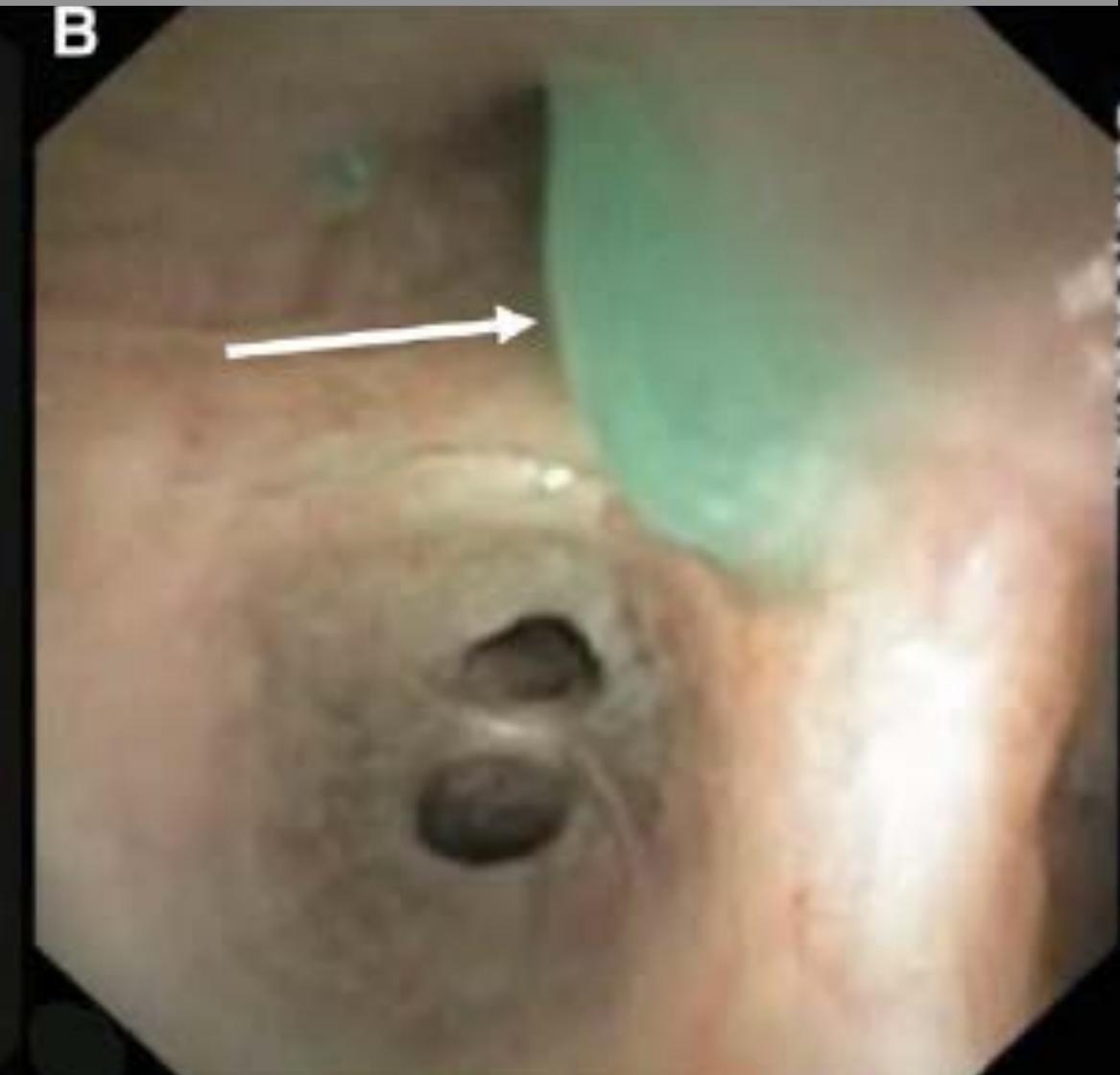




PLE Hepatic lymphogram & endoscopy

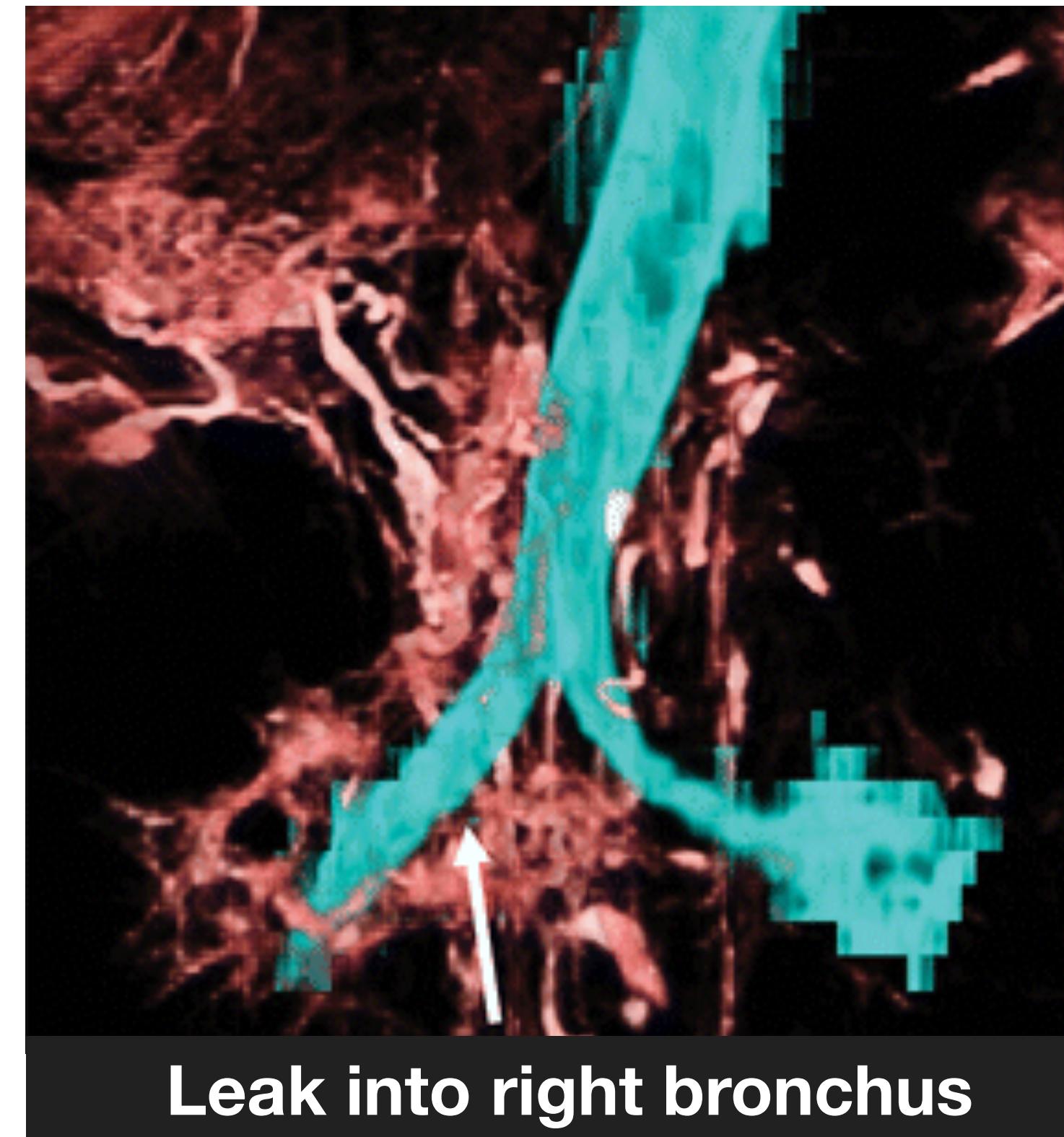


Plastic bronchitis lymphogram & bronchoscopy

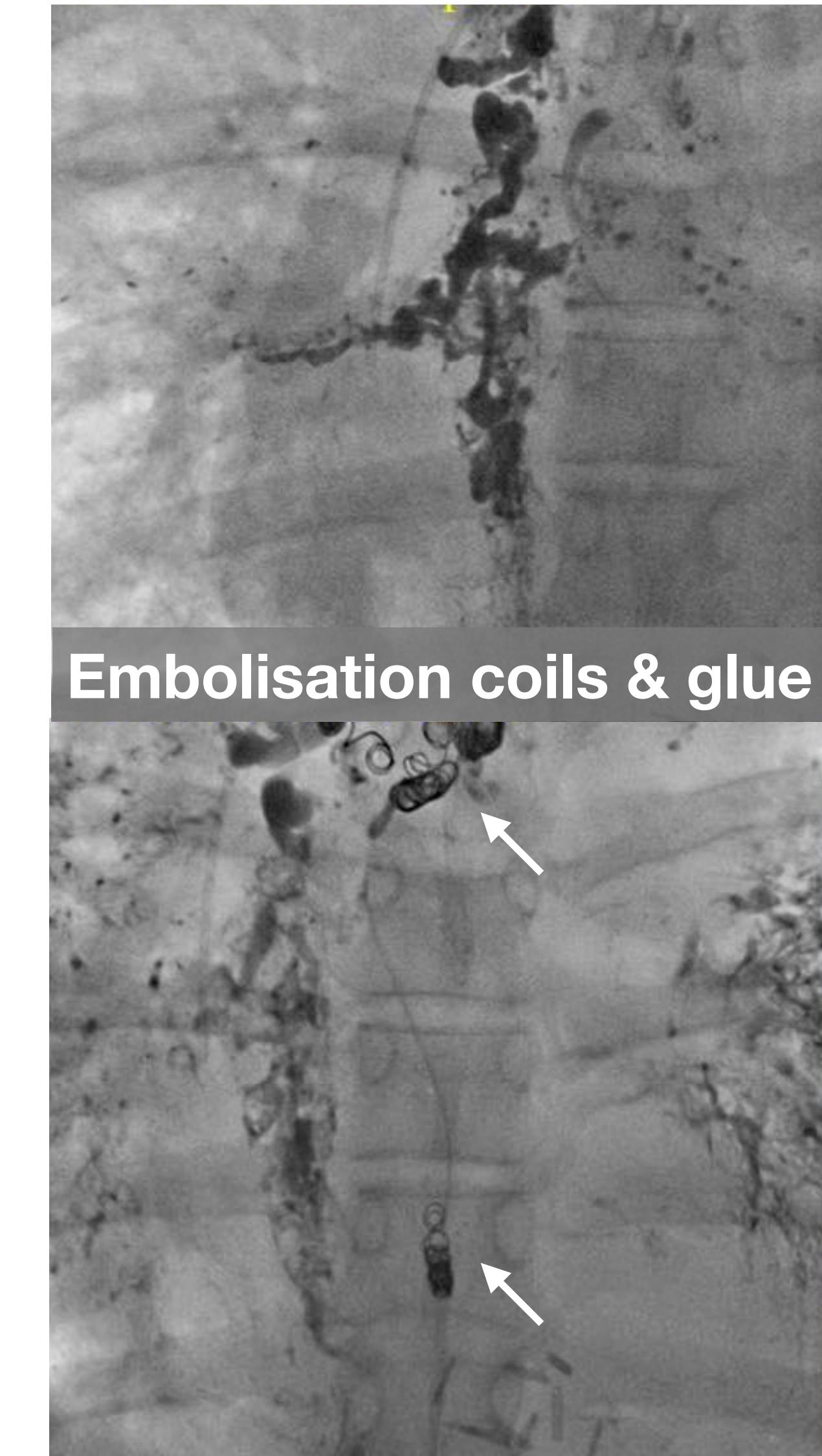


Lymphatic interventional catheterization

The new horizon for the treatment of PLE/bronchial casts

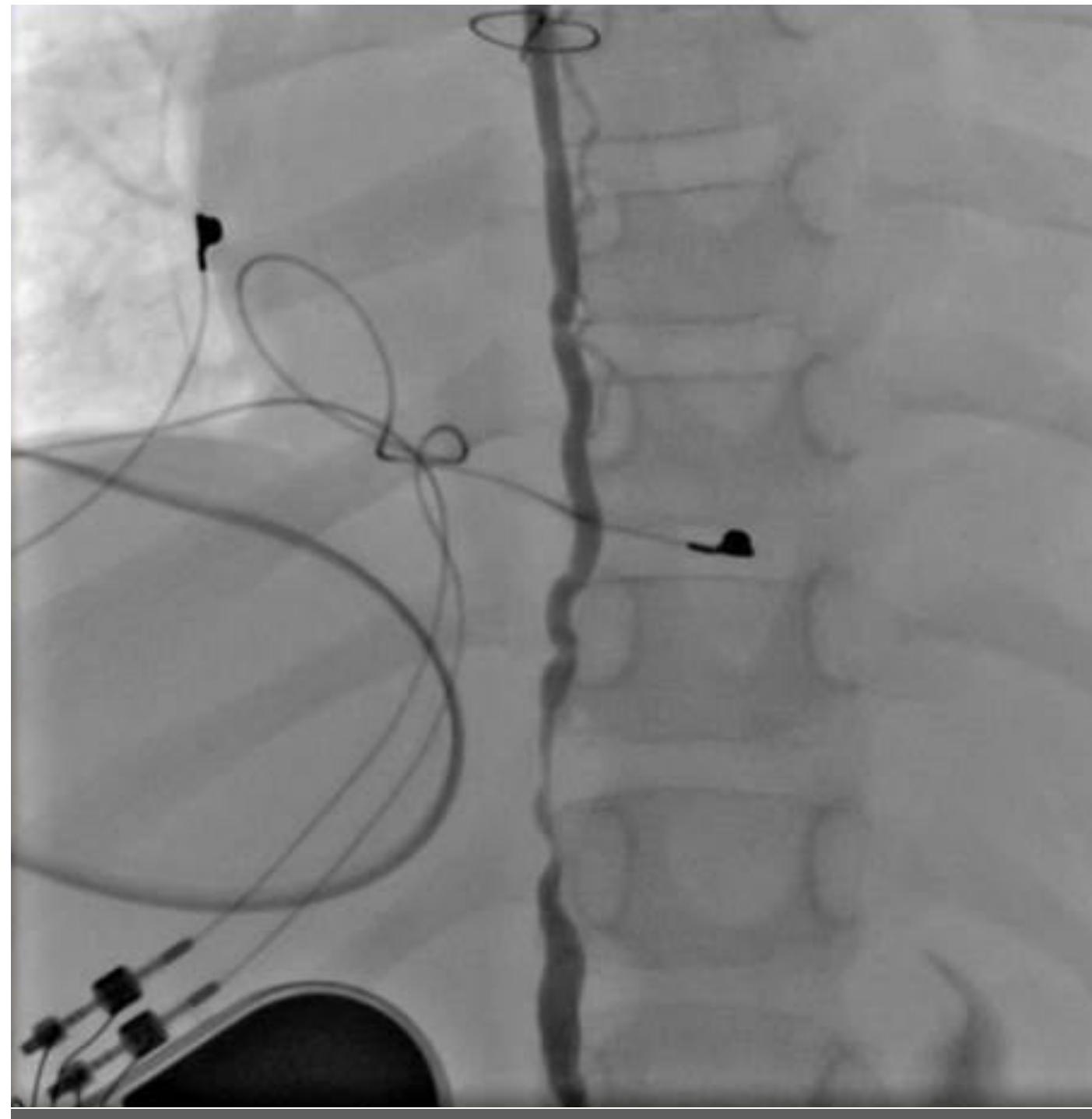


15 years TCPC, plastic bronchitis

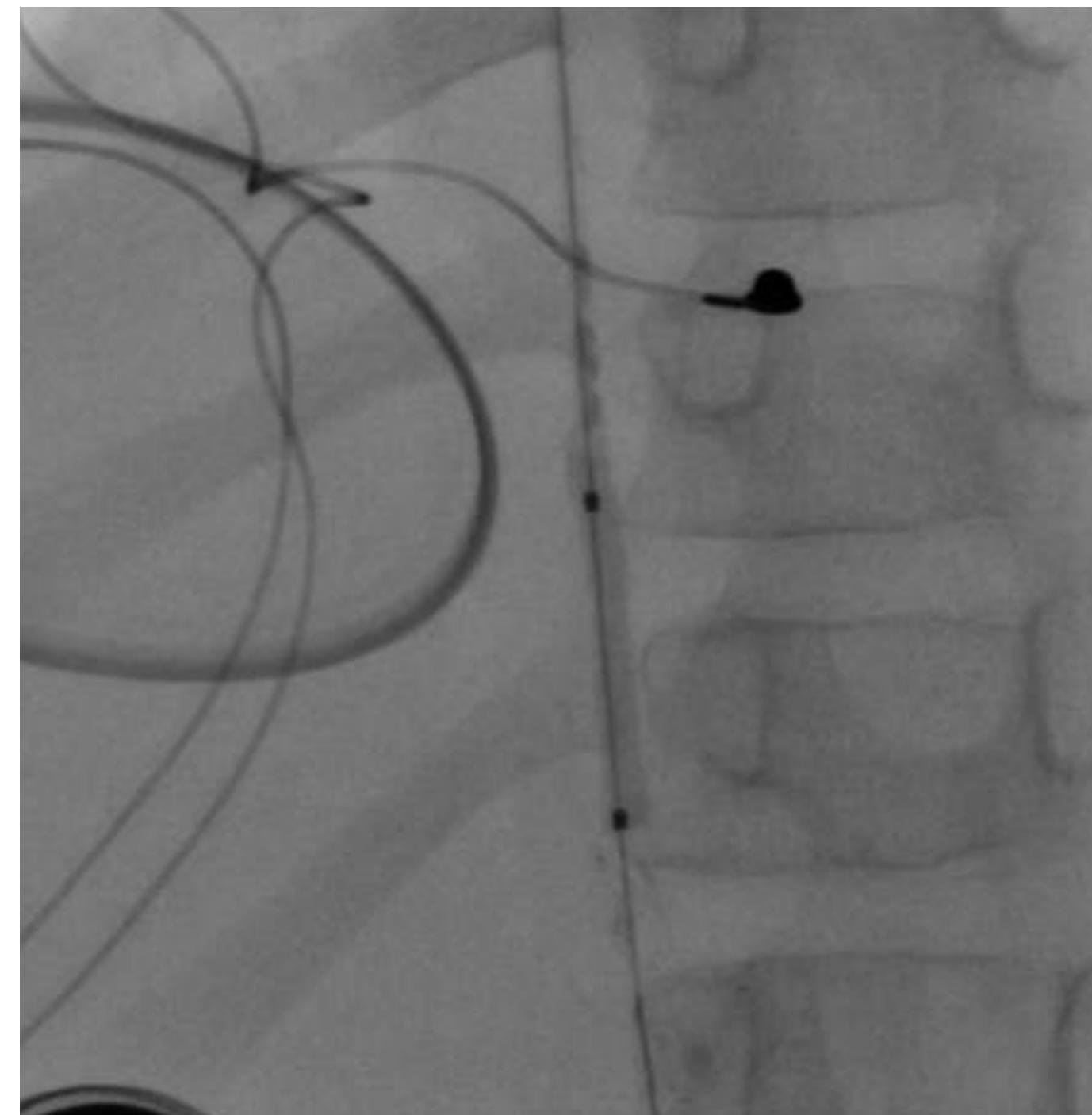


Lymphatic interventional catheterization

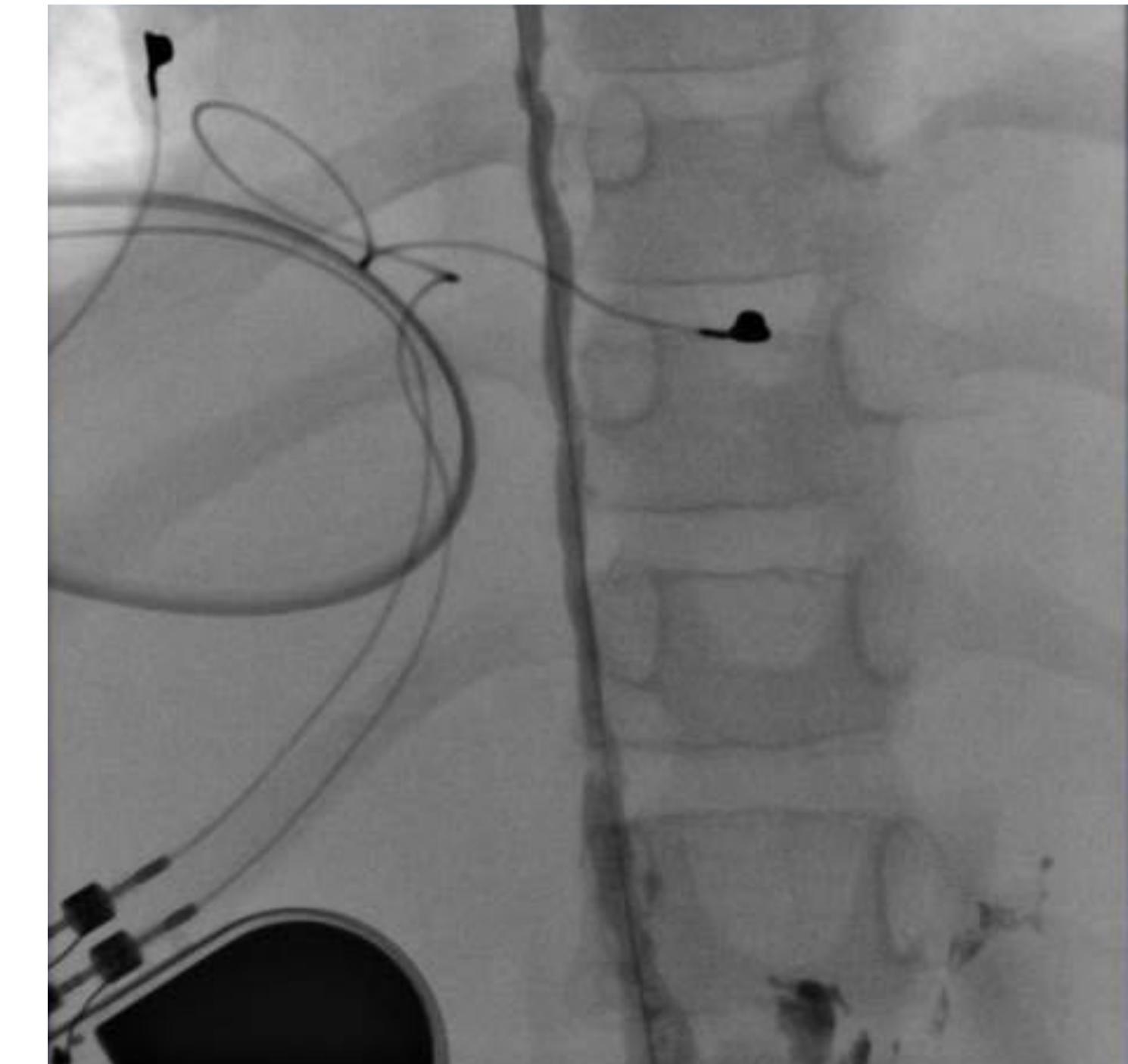
The new horizon for the treatment of PLE/bronchial casts



Stenosis of the thoracic duct



Balloon dilatation
of the thoracic duct



Control after dilatation
of the thoracic duct

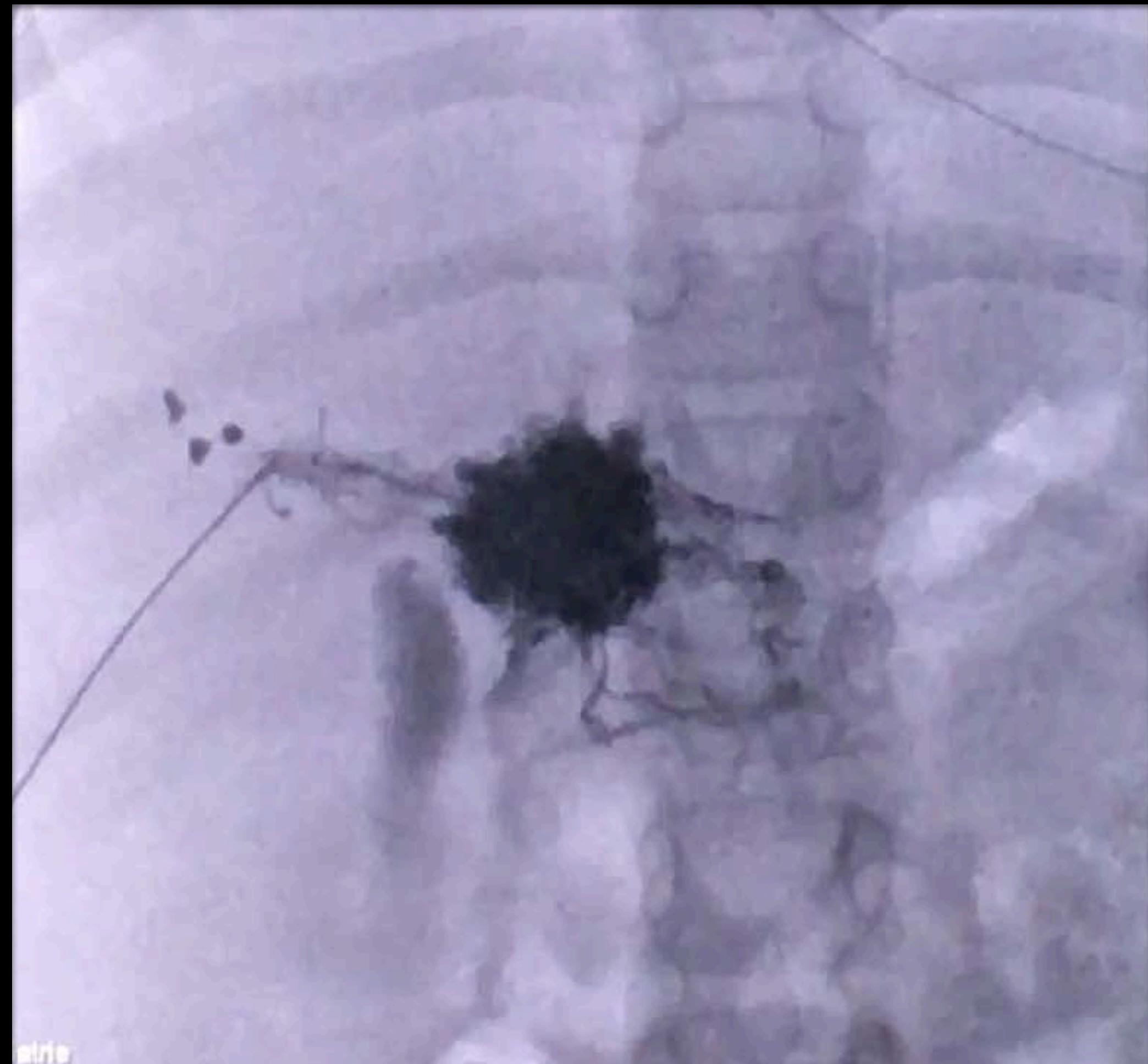
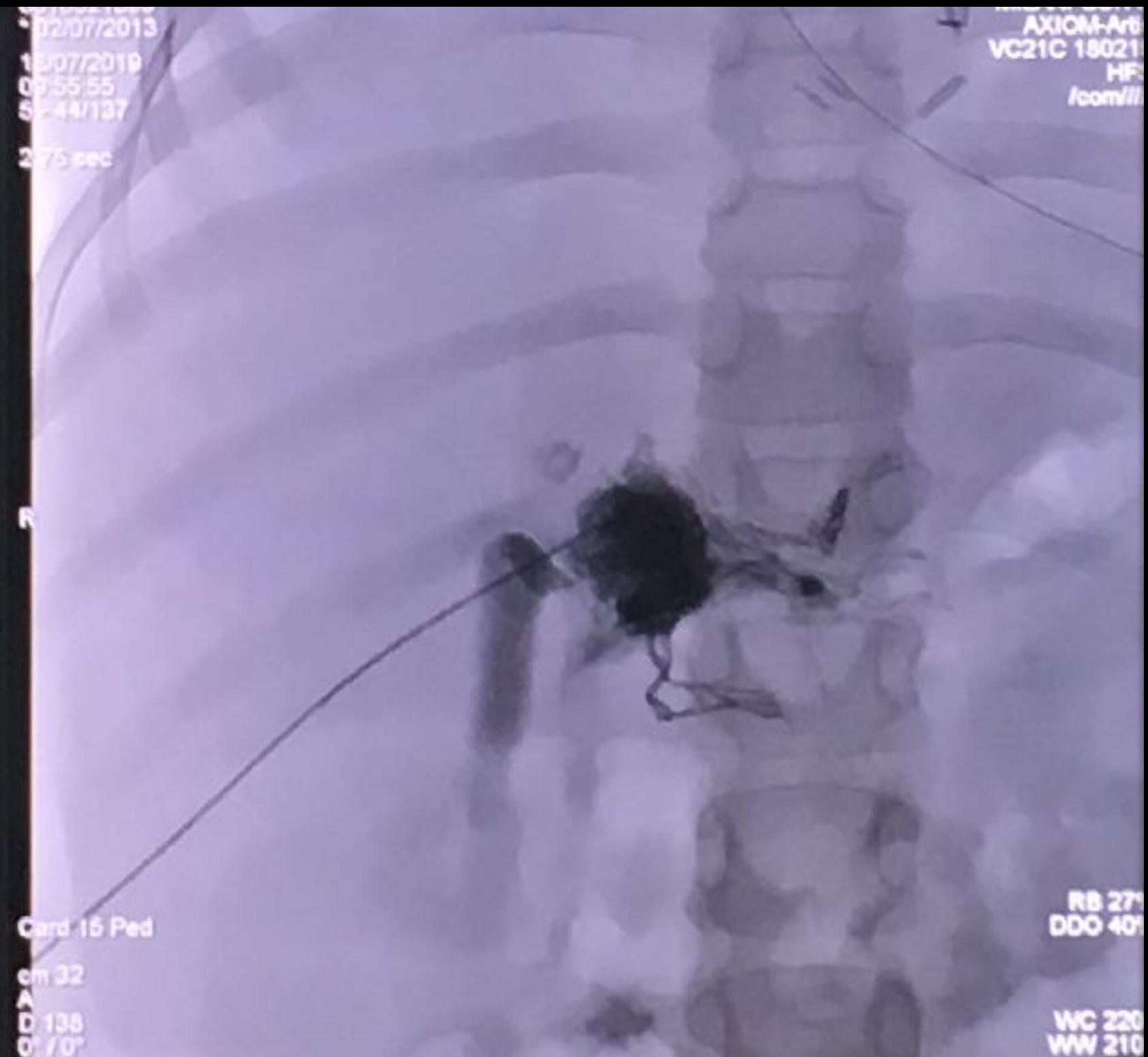
23 years TCPC, PLE

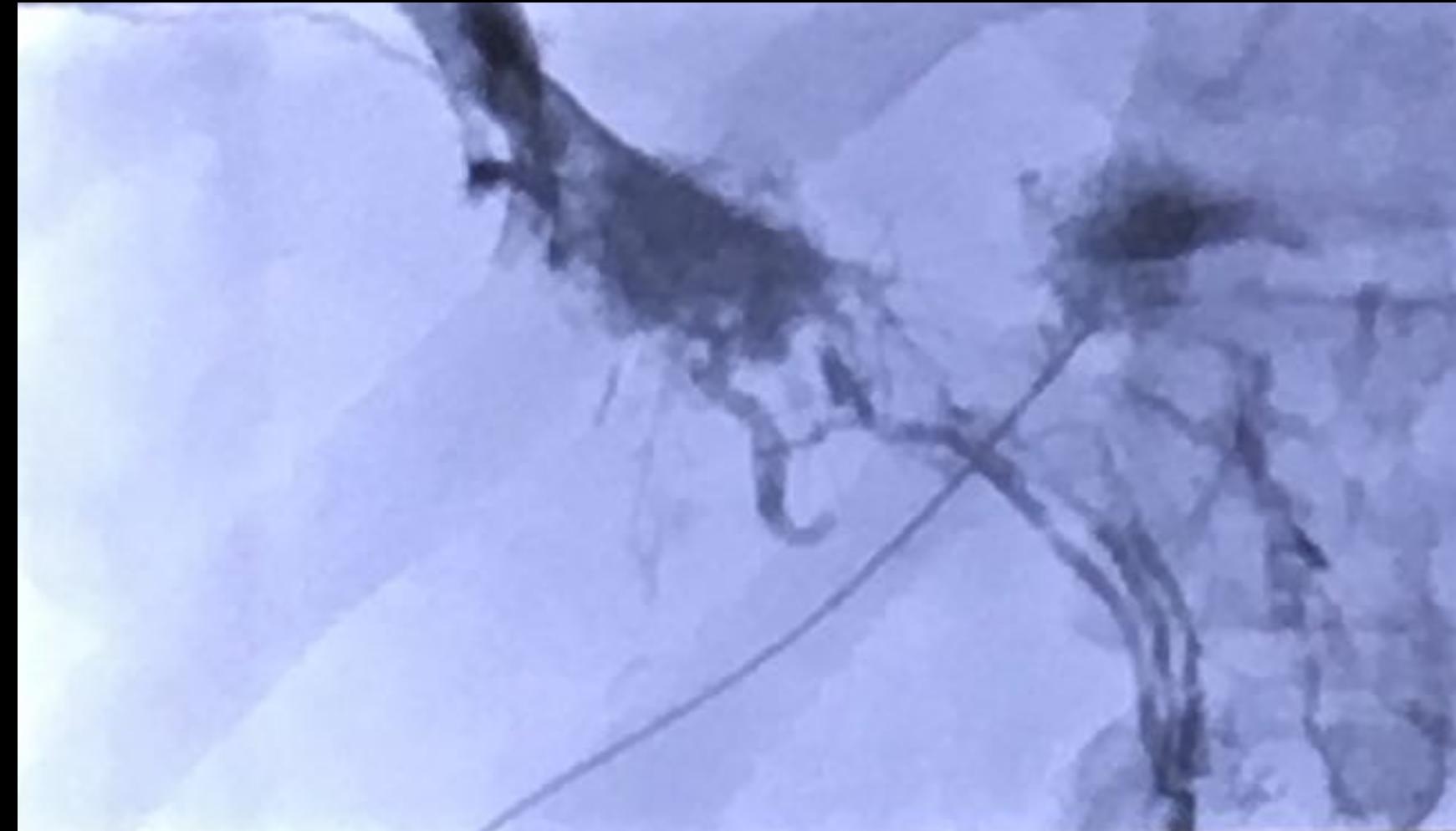
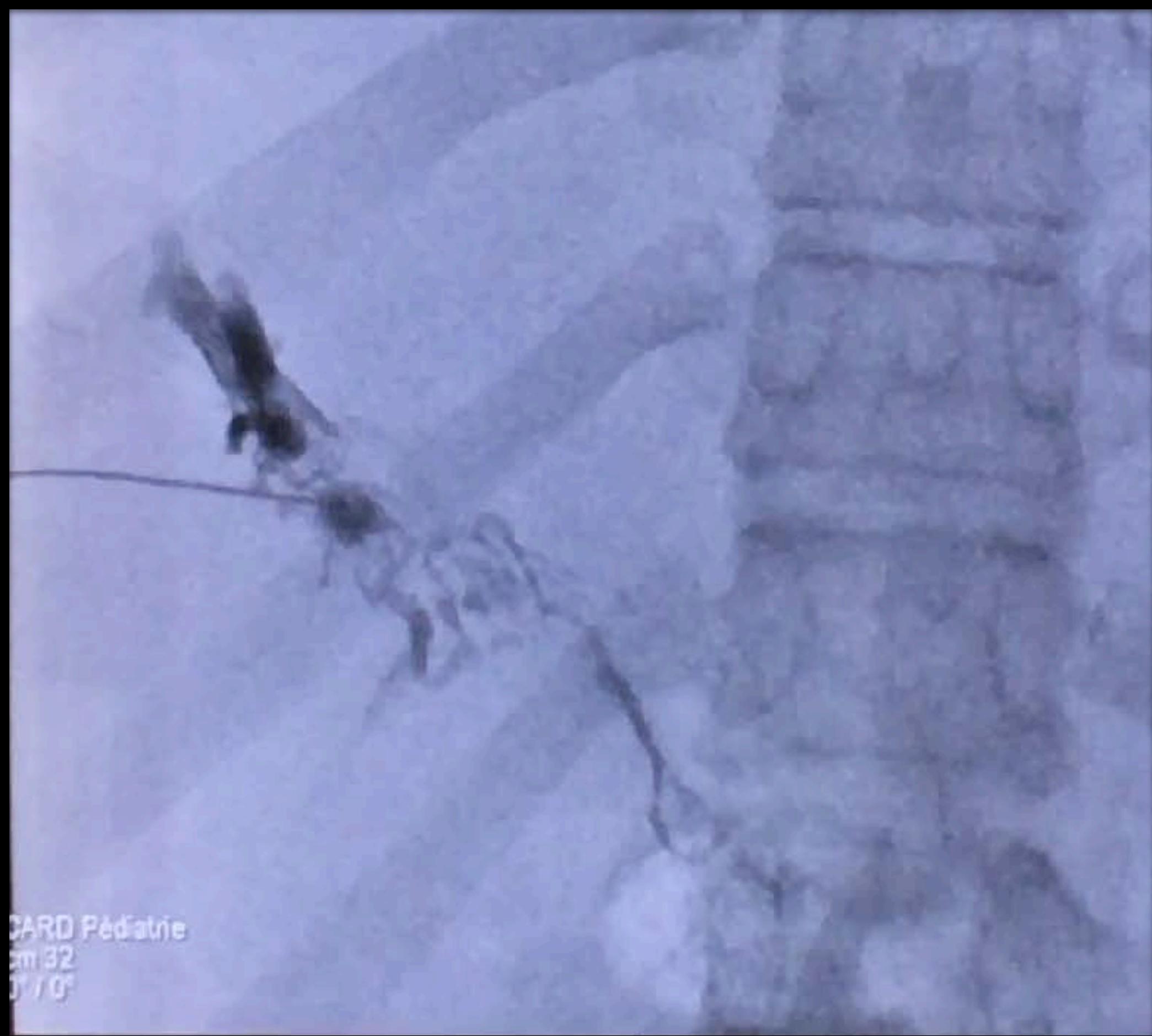


Ponction échoguidée de l'espace périportal



Préparation du matériel
d'embolisation





1-Sequentially phenotyping patients is the key to define the baseline and follow-up predictors of outcome

2-Phenotyping patients and building large registries are the keys to identify real surrogates (therapeutic targets)

3-Treatment of heart failure in Fontan circulation uses different paradigms than for HF with reduced EF

4-Thromboprophylaxis should be given to ALL patients and if given appropriately monitored

5-The « lympho-cardiology imaging/intervention » is the new horizon to improve PLE/bronchial casts

Collective ignorance is the motivation
Curiosity is the strength
Research is the path

Individual experience is the brake
Indifference is the weakness
Authority argument is the threat



Thank you

A wide-angle photograph of the Paris skyline at sunset. The sky is filled with large, billowing clouds illuminated by the warm light of the setting sun. In the foreground, the dark silhouette of a modern building with a grid-patterned facade is visible. In the middle ground, the Eiffel Tower stands prominently against the sky. The overall atmosphere is dramatic and scenic.

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