

Troubles du Rythme post-opératoire

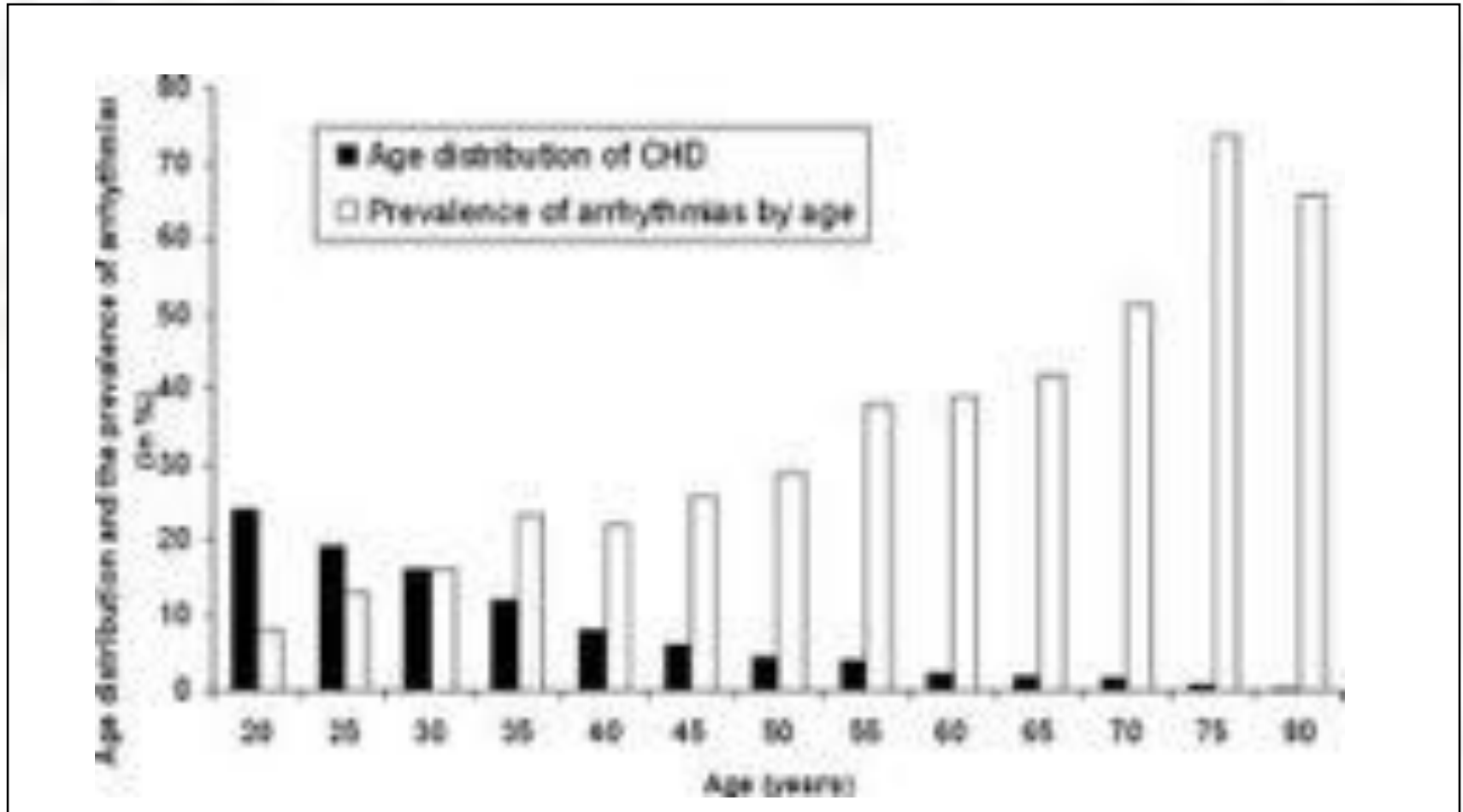
N Derval

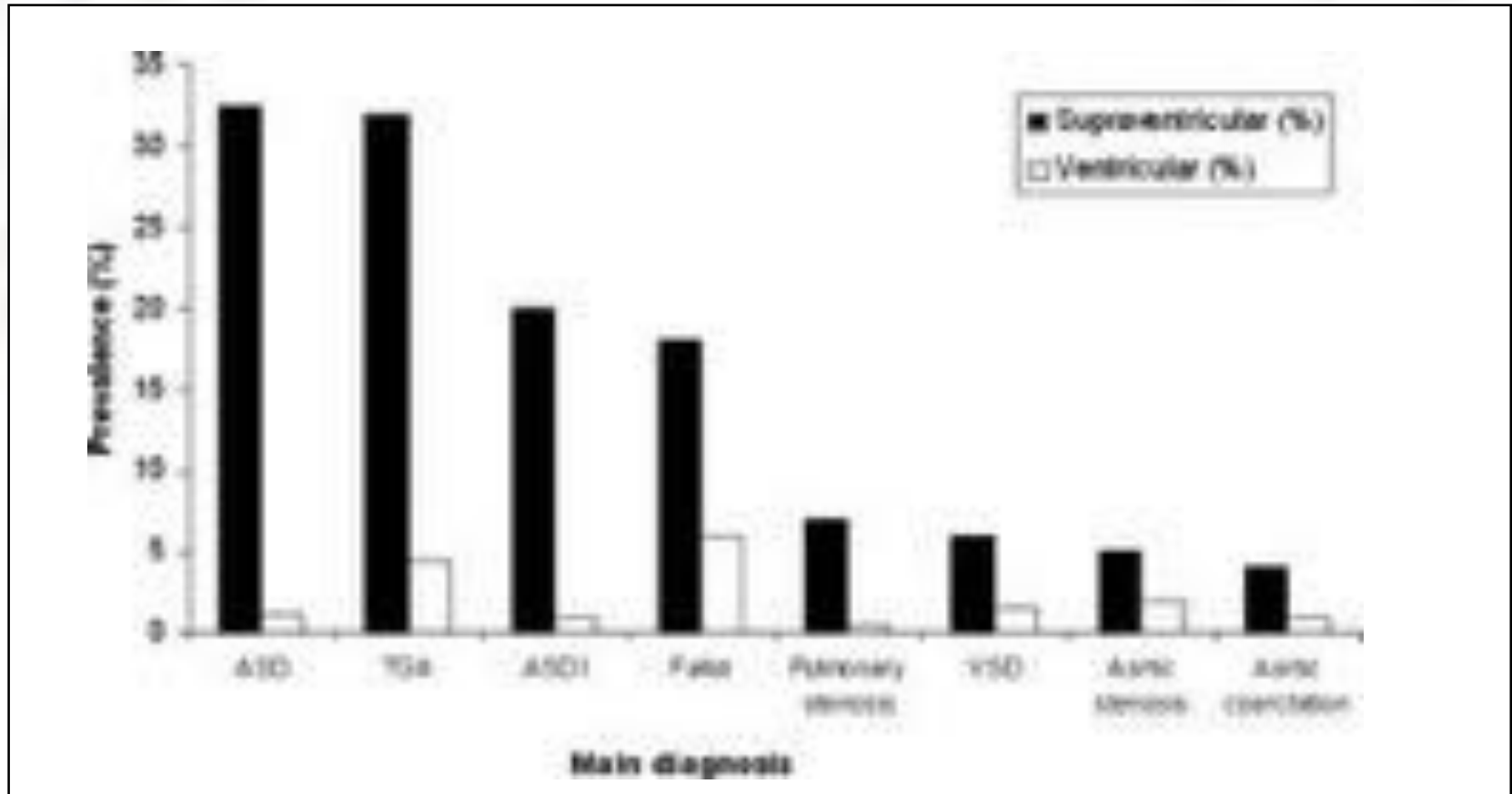
CHU Bordeaux

LIRYC



- Survie au-delà de la première année de vie est passée de 25% il y a environ 50 ans à >90% actuellement (atteinte de l'âge adulte).
- L'âge médian de décès des patients atteint de formes sévères de cardiopathie congénitale est passé de 2 à 23ans au cours de 30 dernières années.
- Apparition d'une **population de jeunes adultes** porteurs de cardiopathies congénitales complexes présentant des problèmes spécifiques dont des troubles du rythme.
- **troubles du rythme**: première cause d'hospitalisation et même de mortalité (en association avec l'insuffisance cardiaque) dans cette population ².
- Tous les troubles du rythme peuvent être rencontrés dans le suivi.
- **Plus de 50%** des patients porteurs d'une cardiopathie congénitale, âgés de 20 ans, vont développer une tachycardie atriale.





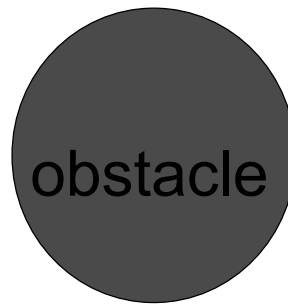
ASD: CIA; TGA: transposition des gros vaisseaux; ASDI: CIA Ostium primum, VSD: CIV



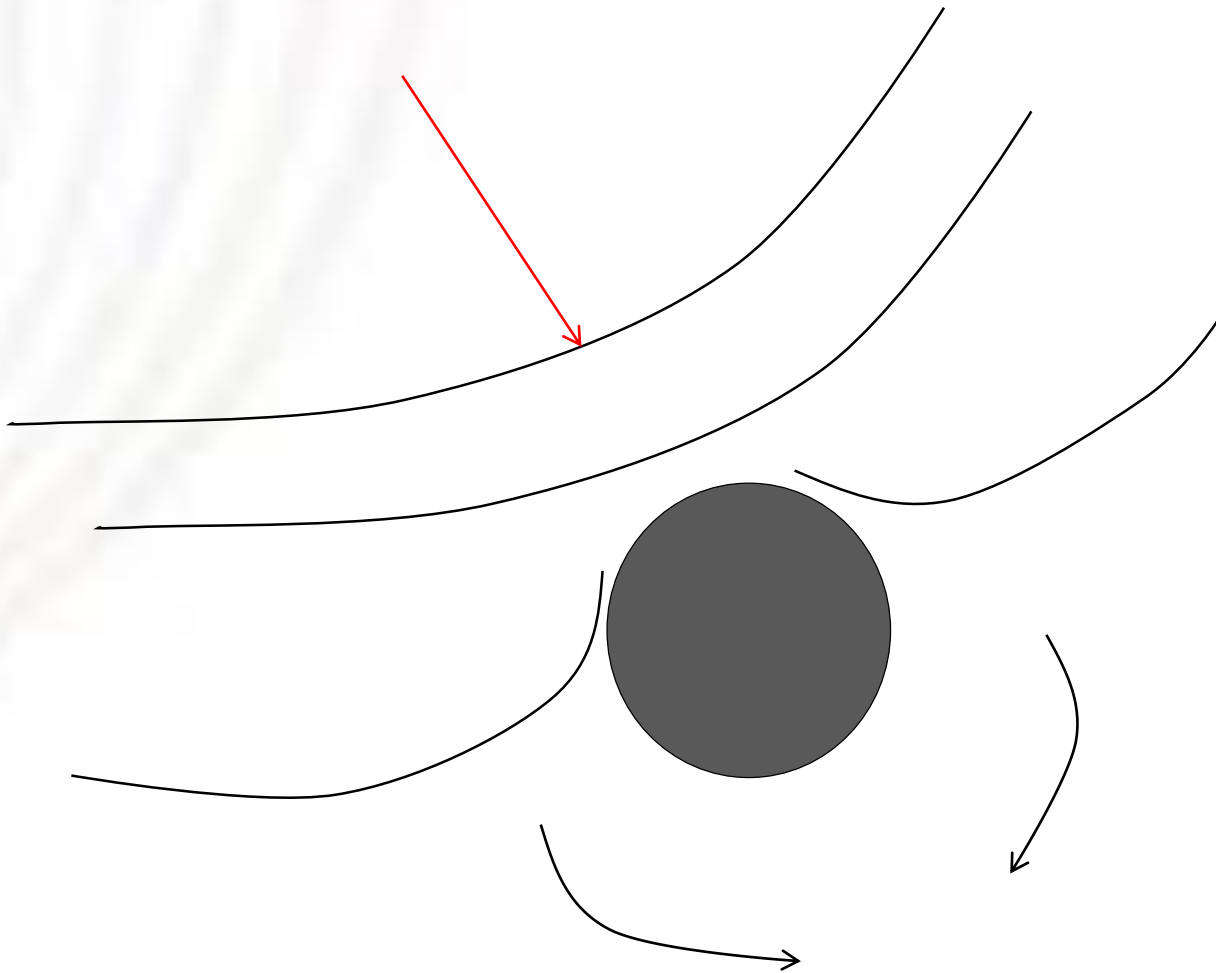
PHYSIOPATHOLOGIE

- ***la cardiopathie sous-jacente***: Elle entraîne la persistance pendant plusieurs décennies de conditions hémodynamiques défavorables, responsables d'une surcharge diastolique chronique atriale et ventriculaire, d'une dyssynchronie atrio-ventriculaire, d'altérations du couplage intercellulaire, de fibrose interstitielle etc... Ces différents phénomènes peuvent se conjuguer et aboutir à la constitution d'un substrat pro-arythmogène.
- ***La réparation chirurgicale***: pour réparer les anomalies cardiaques le chirurgien va devoir inciser une ou plusieurs cavités cardiaques. Ces incisions créent des lignes de bloc de conduction électrique et redéfinissent le mode d'activation de ces cavités pouvant ainsi aboutir à la création de circuits d'arythmies potentiels.





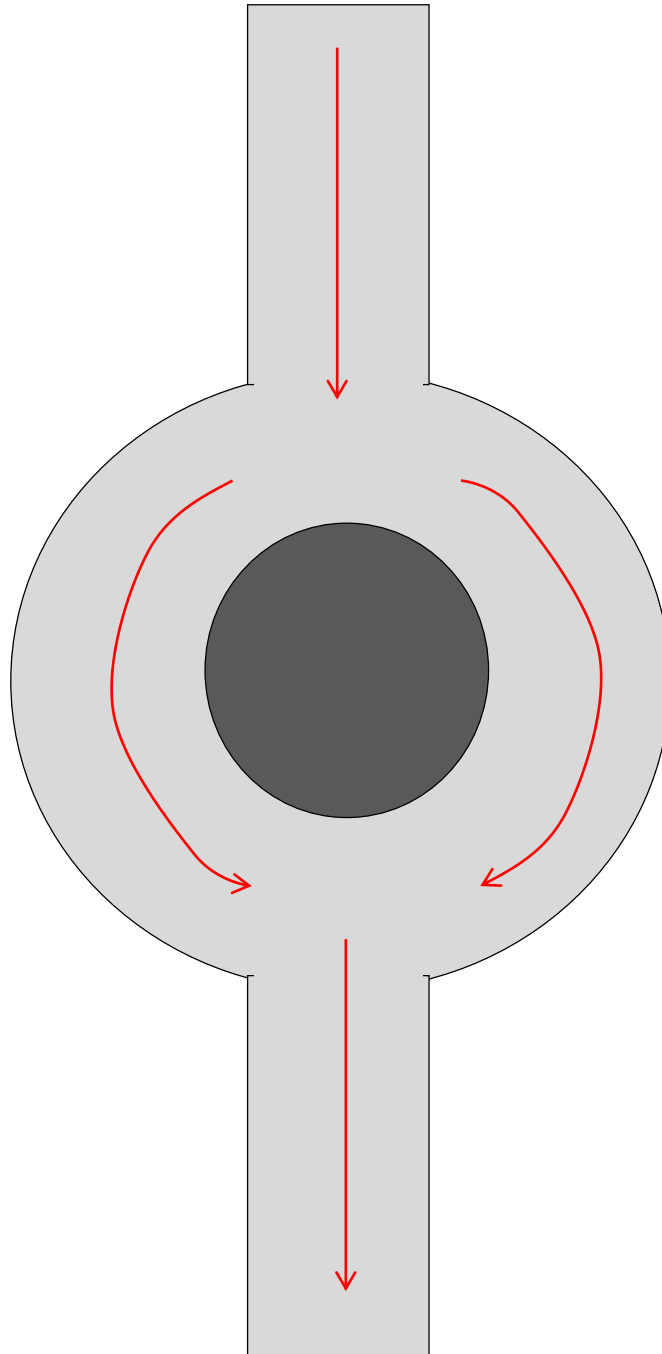
obstacle



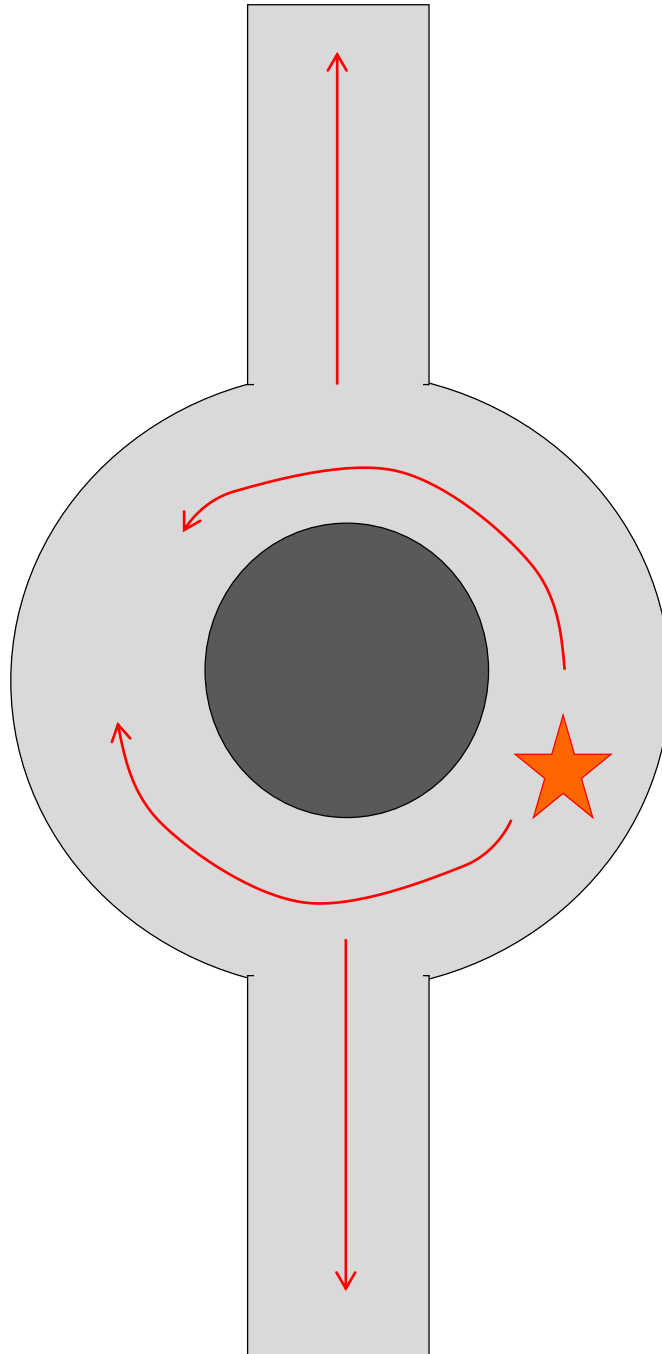
ICM

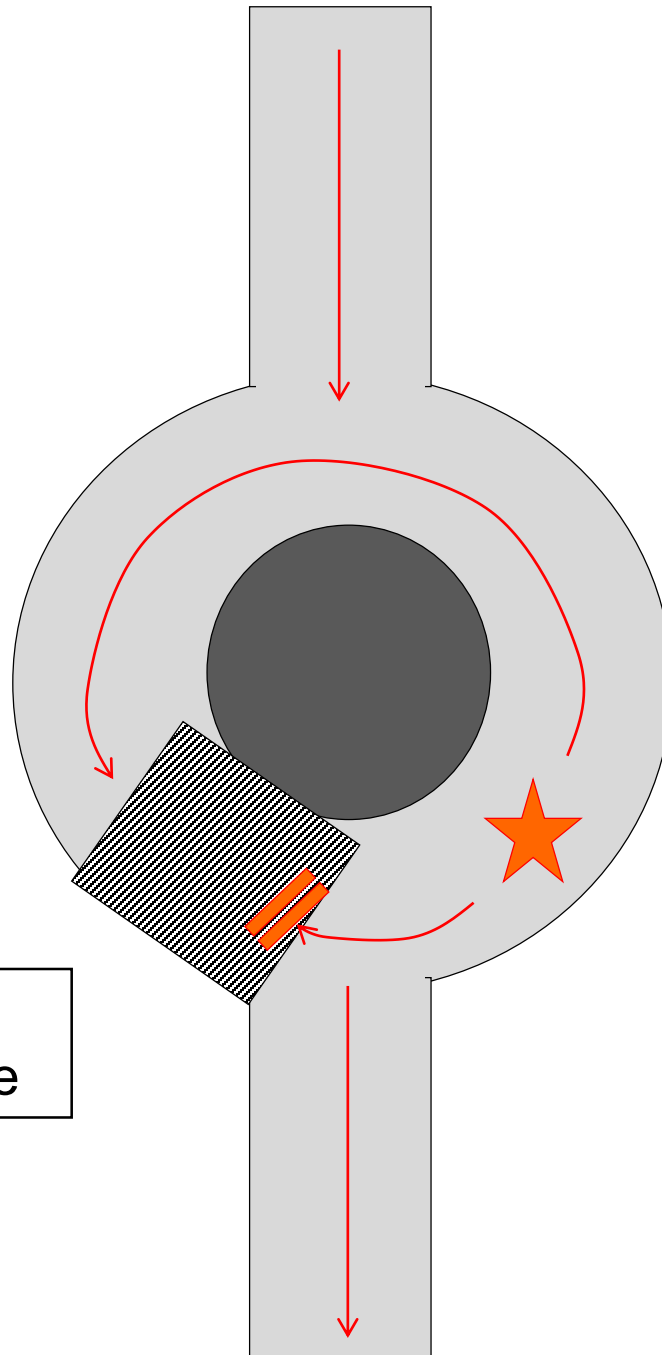
Simulation

Rythme sinusal

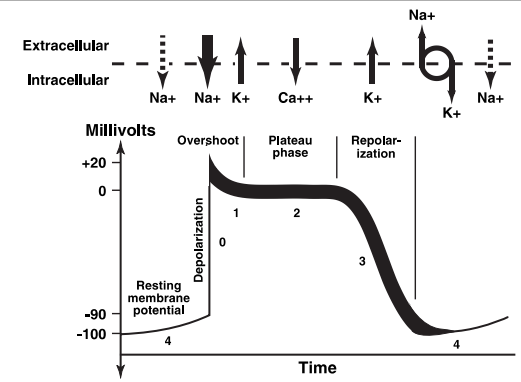


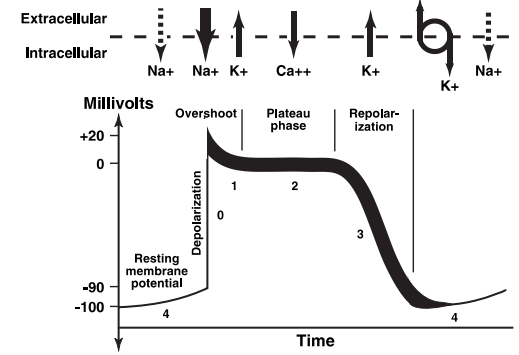
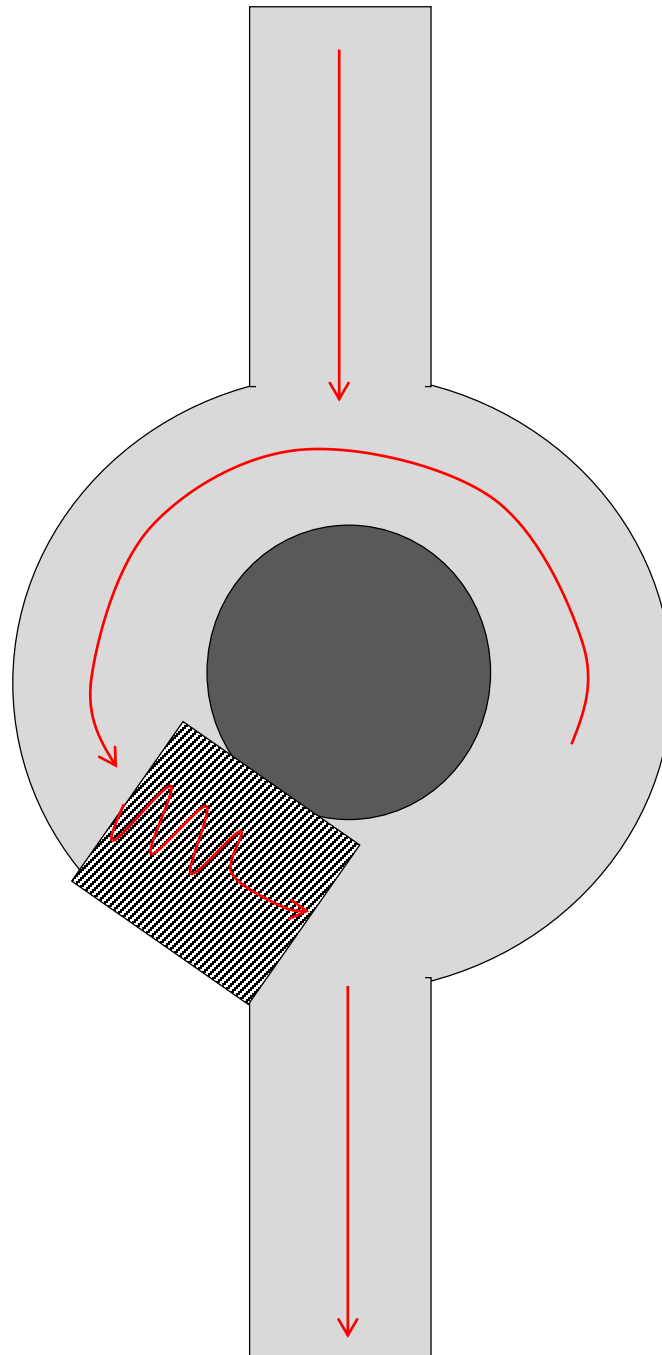
Extrasystole



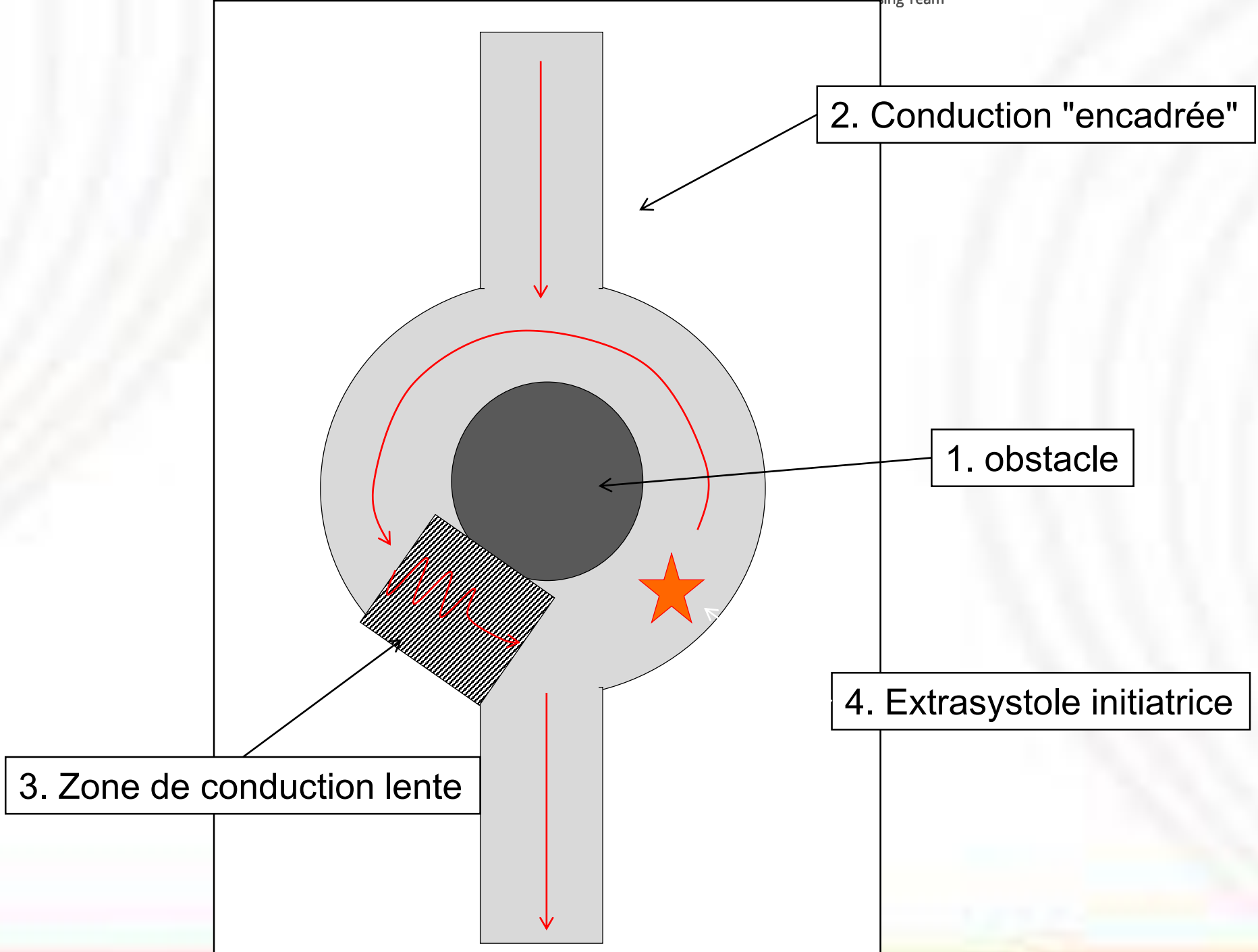


Zone de
conduction lente

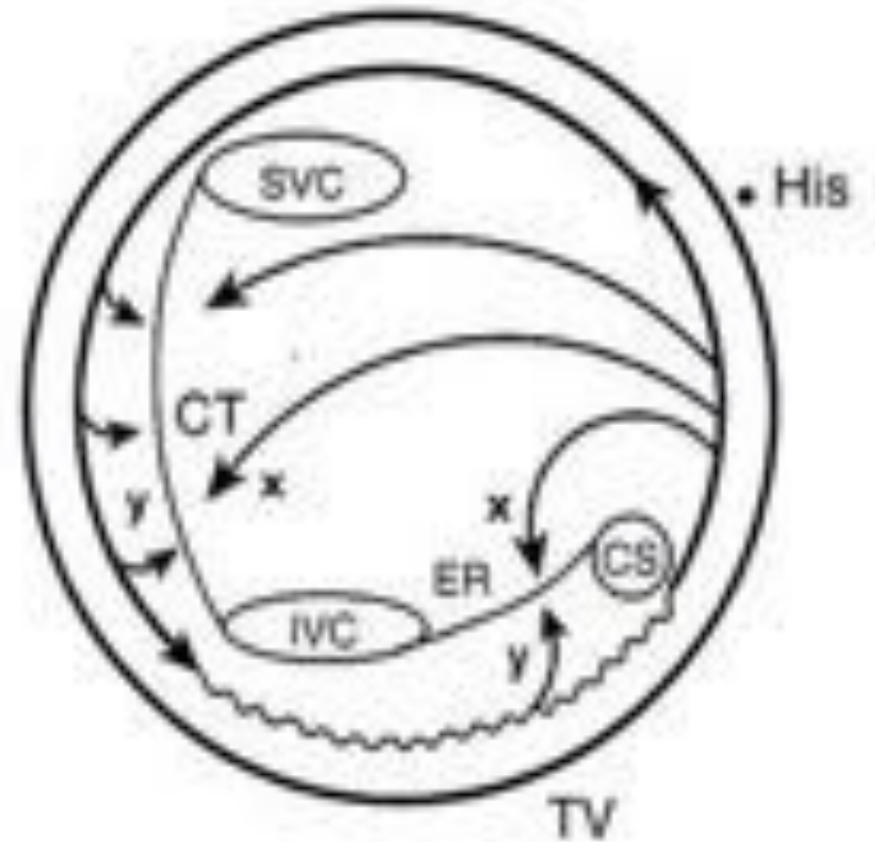
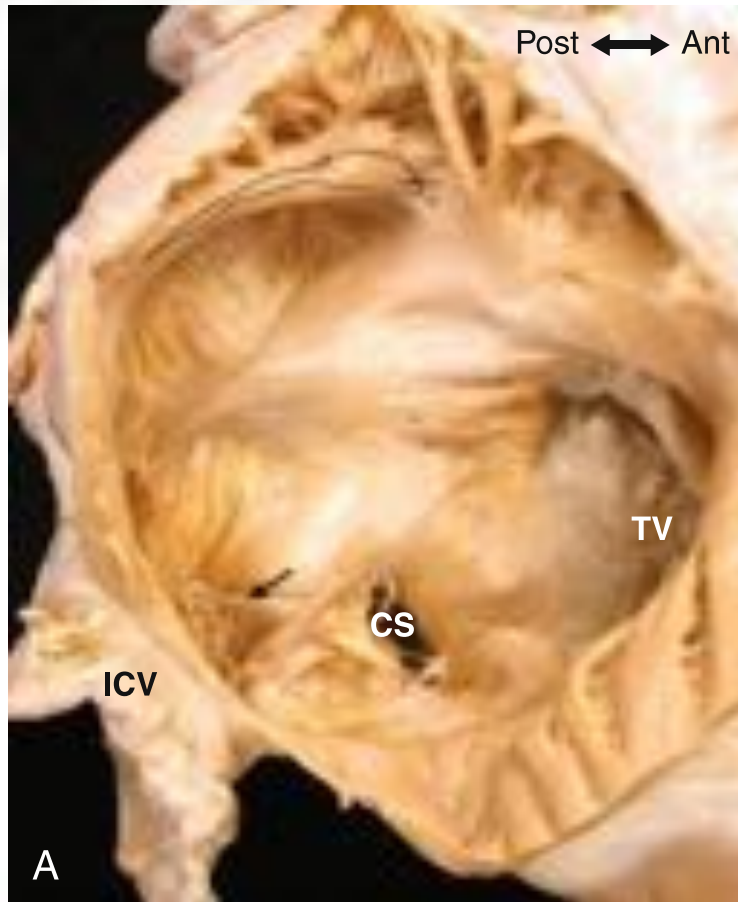


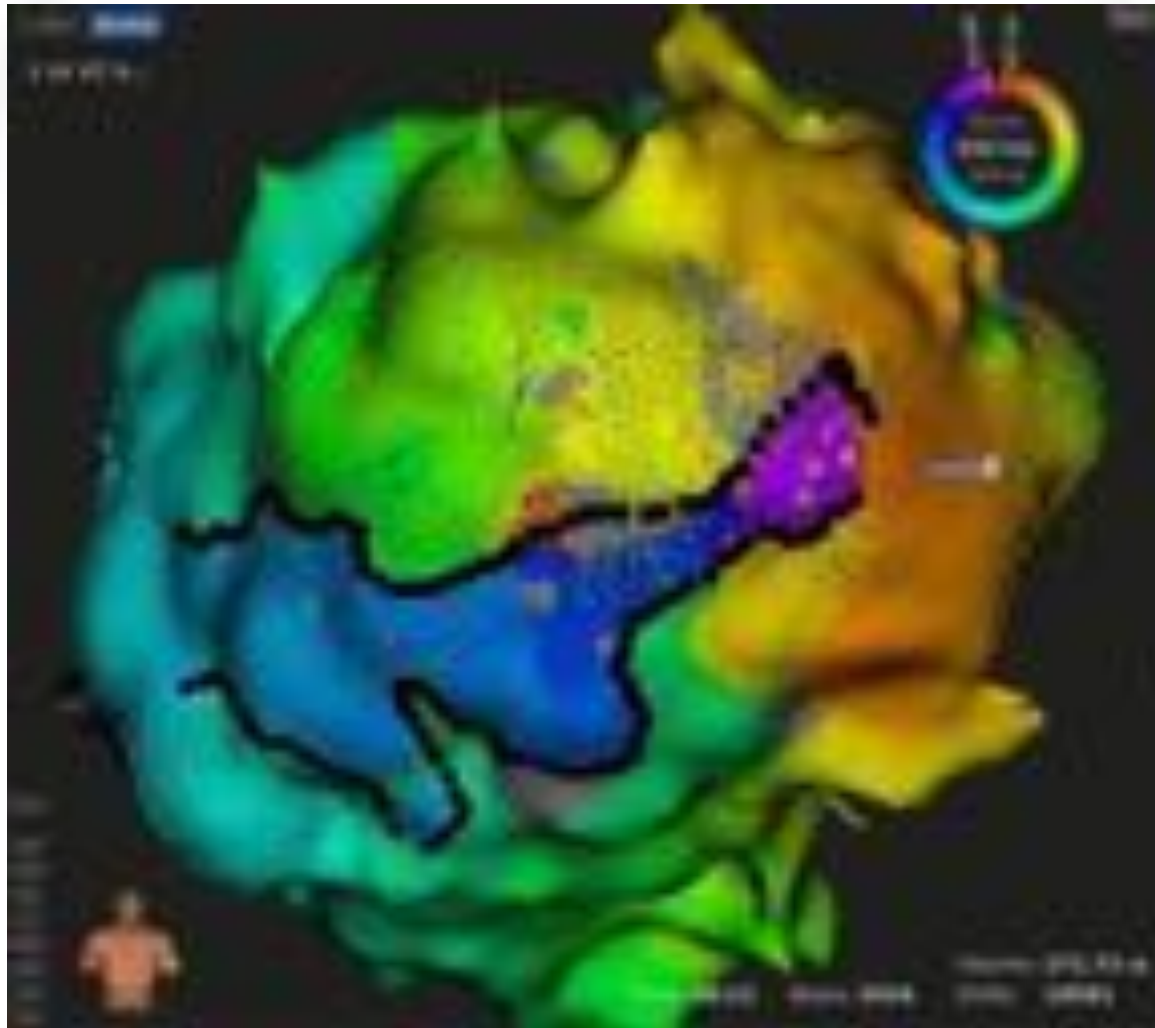


Déclenchement de la tachycardie par réentrée

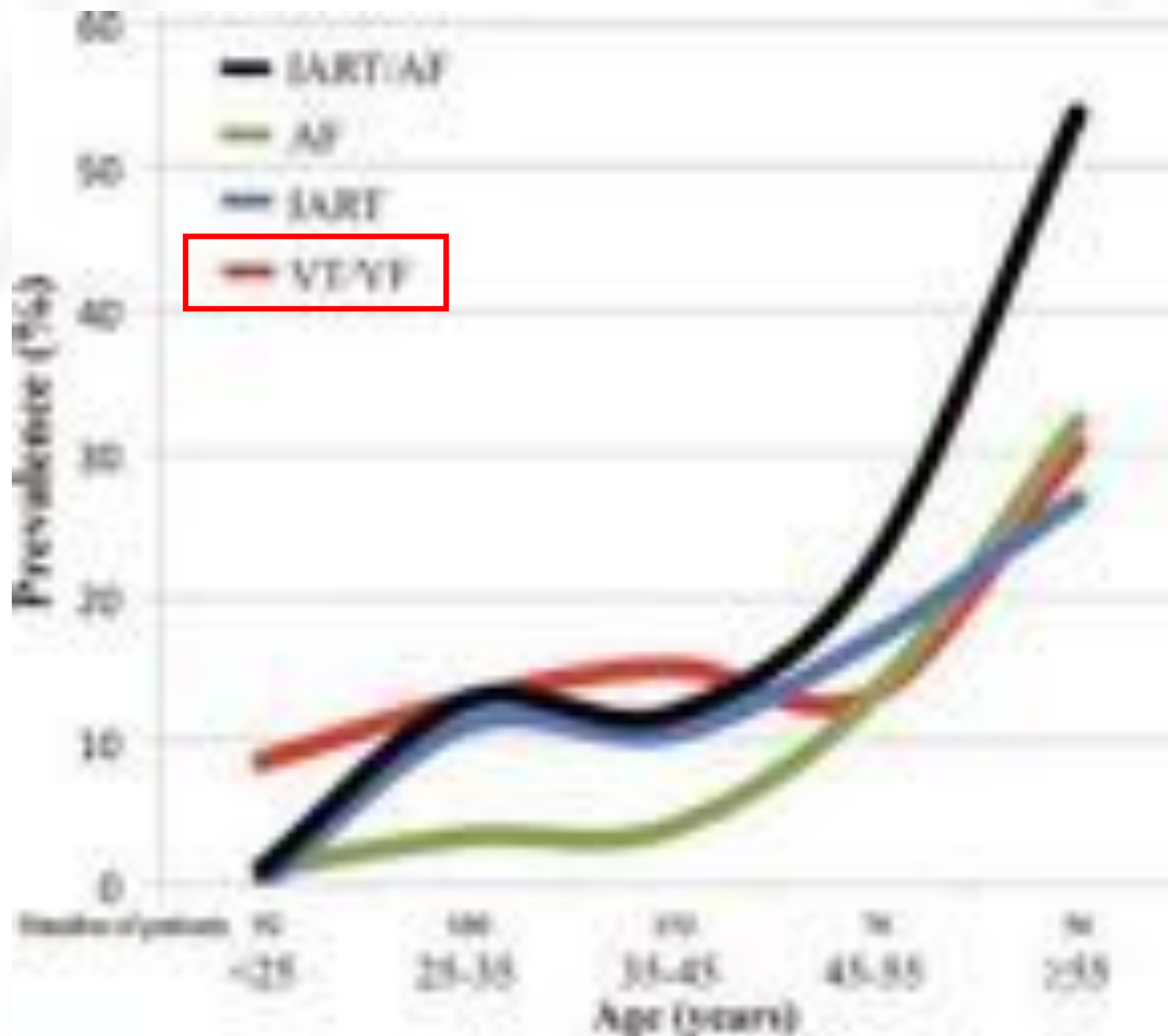


RÉENTRÉE : FLUTTER COMMUN



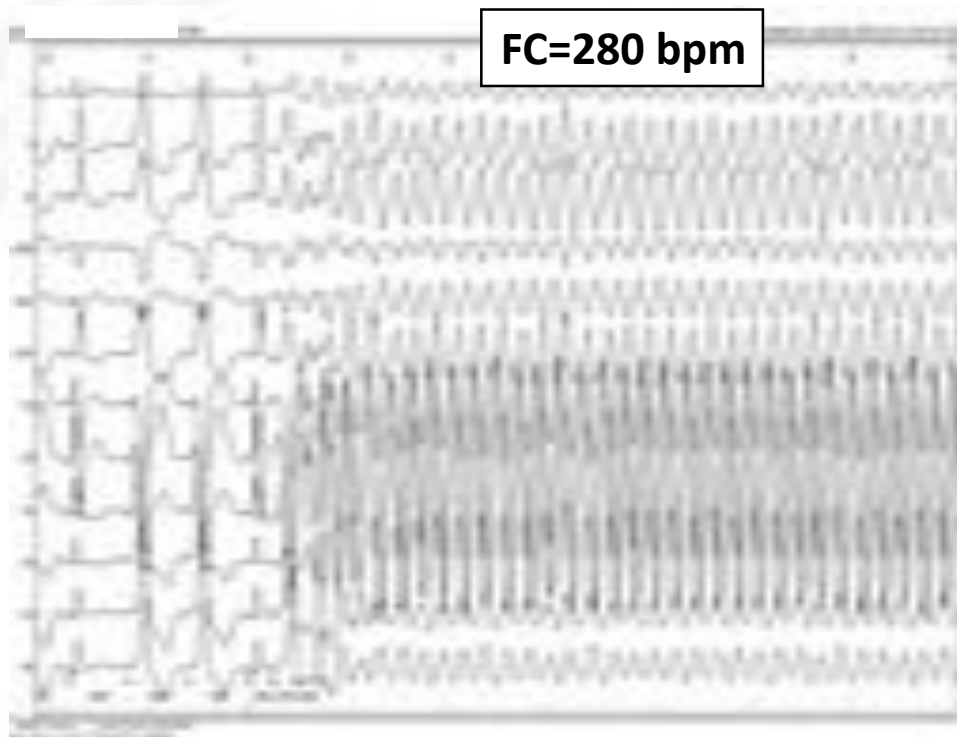


ARYTHMIES VENTRICULAIRES: TdF



ARRHYTHMIA IN ToF

Authors	patients	Mean follow-up	SCD	SCD incidence per decade
Murphy et al. ²	163	30years	6%	2.0%
Nollert et al. ³	490	25years	3%	1.2%
Silka et al. ⁷	445	22years	2.6%	1.8%
Norrgaard et al. ⁴	125	25years	5.6%	2.2%
Gatzoulis et al. ⁸	793	21years	6%	3.0%



- SCD is reported in 1–6% of cases
 - in most instances due to **VT**/VF
 - 1/3 to 50% of late deaths

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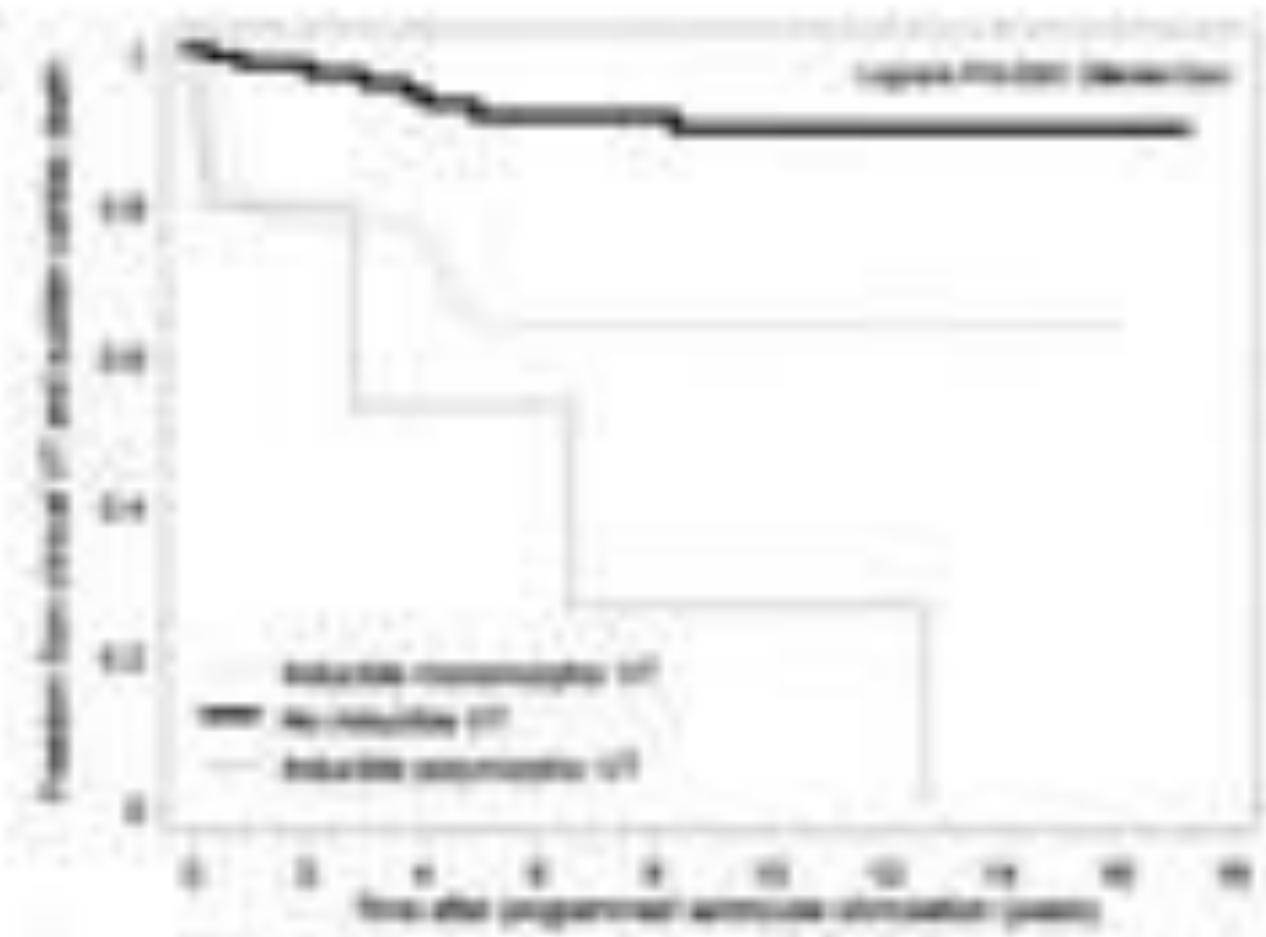
FC=280 bpm

- SCD is reported in 1–6% of cases
 - in most instances due to VT/VF

Related to progressive haemodynamic problems and/or surgical scarring

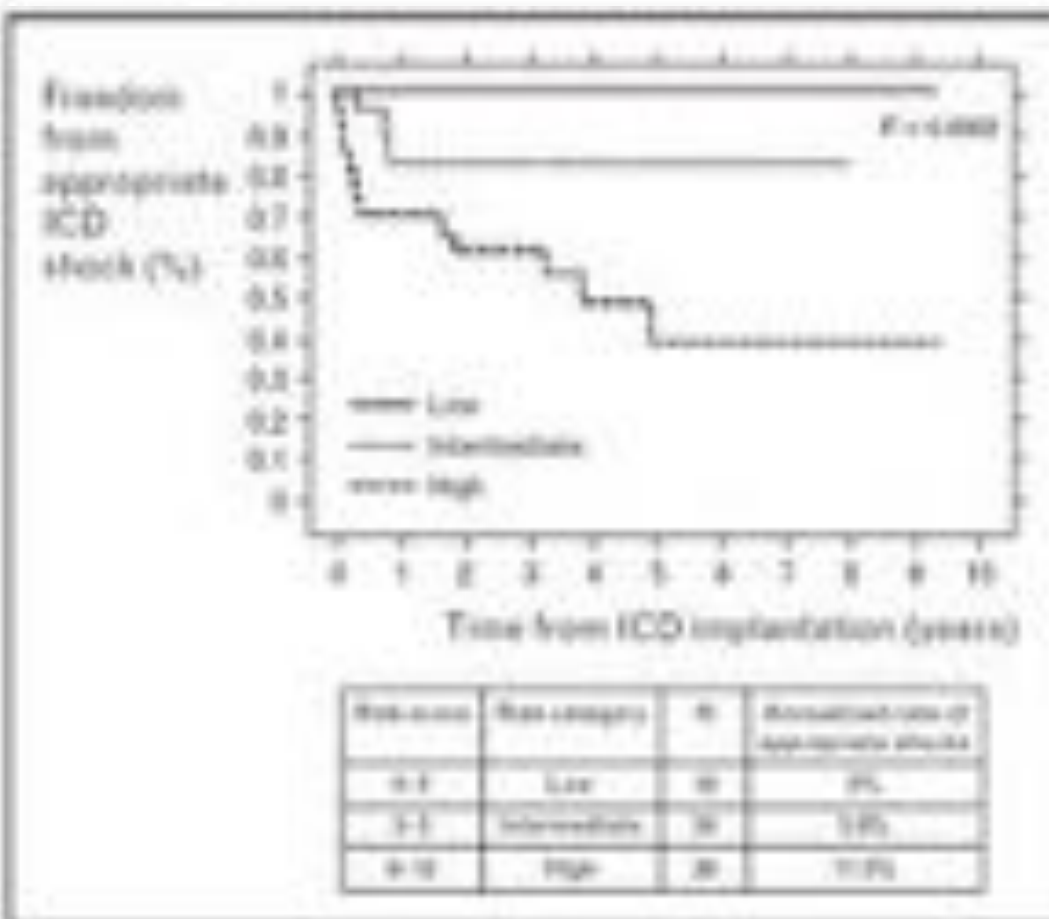
- Risk factor of arrhythmia remains controversial
 - Right and/or left ventricular dysfunction
 - Extensive ventricular fibrosis (on CMR)
 - QRS ≥ 180 ms
 - Significant PR
 - Non-sustained VT on Holter monitoring
 - Inducible VT at EP testing
 - Long-lasting palliative shunts
 - Older age at time of repair.

INDUCIBILITY

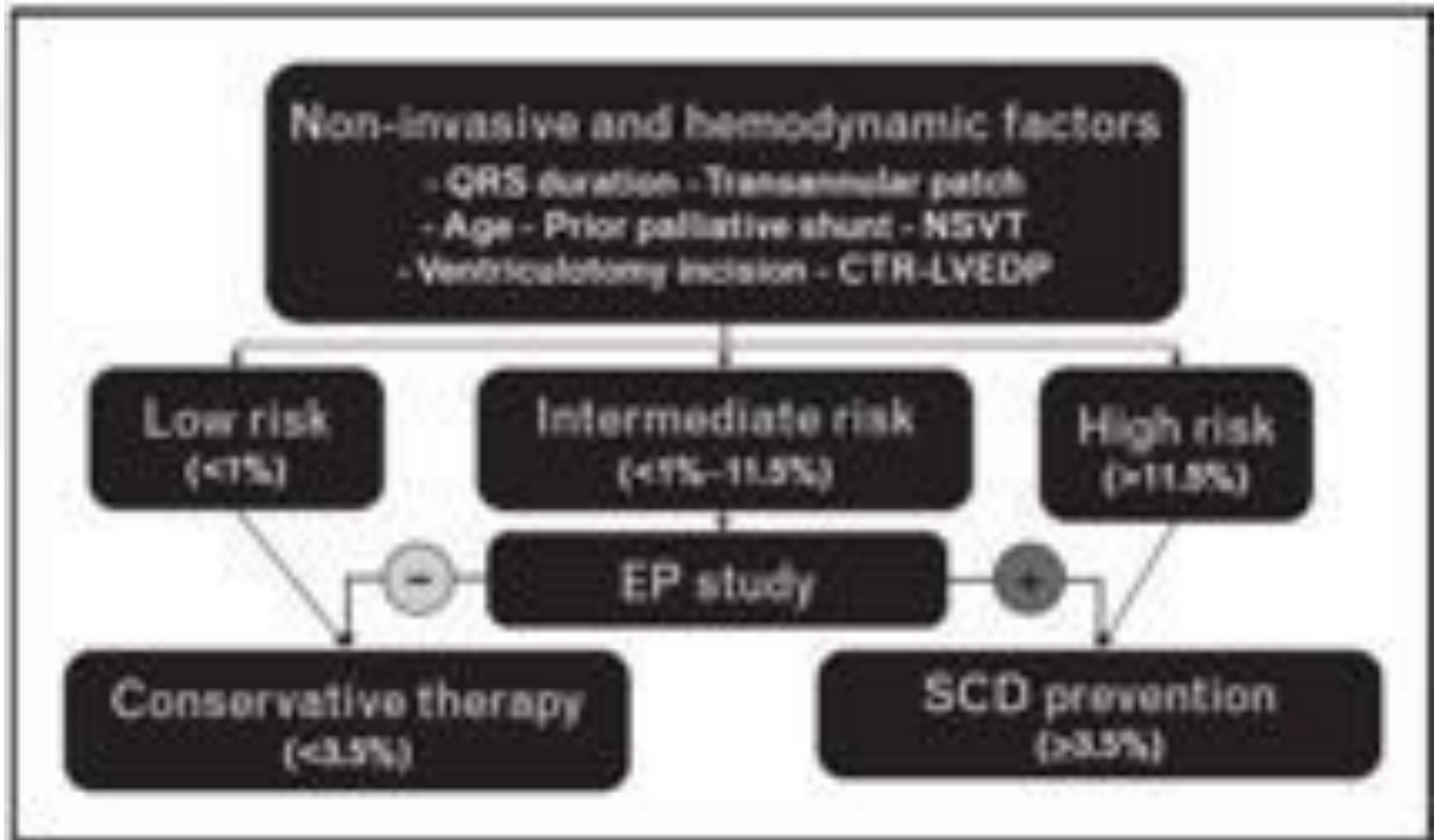


- 252 patients
- Median corrective surgery: 4.5 years
- f/u after EP study: 6.5+/- 4.5 years

Variable	Exp(β)	Points attributed
Prior palliative shunt	3.2	2
Inducible sustained ventricular tachycardia	2.6	2
QRS ≥ 180 ms	1.4	1
Ventriculotomy incision	3.4	2
Nonsustained ventricular tachycardia	3.7	2
Left ventricular end-diastolic pressure ≥ 12 mmHg	4.9	3
TOTAL POINTS		0–12

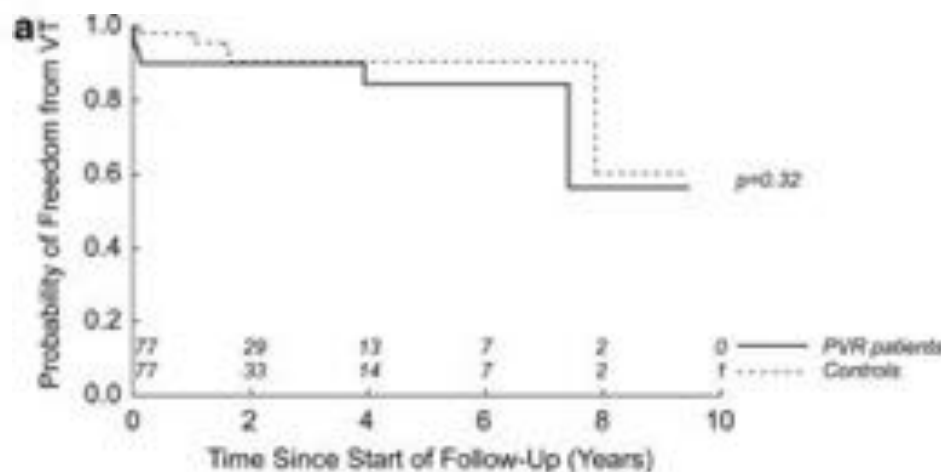
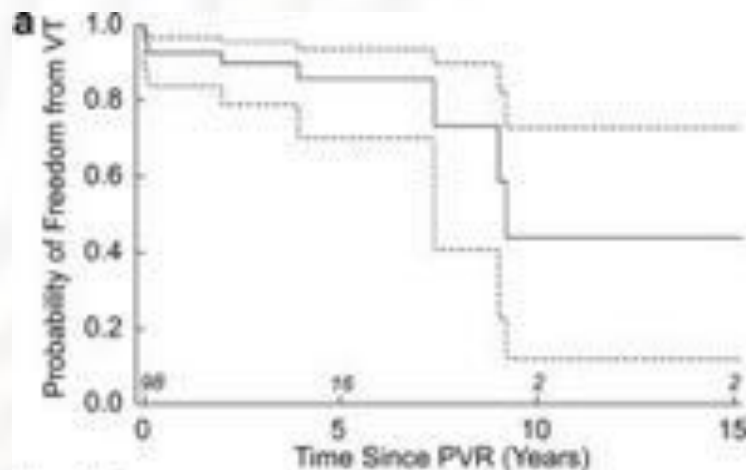


Variable	Exp(β)	Points attributed
Prior palliative shunt	3.2	2
Ischemic structural cardiomyopathy	2.0	1



Study score	Risk category	n	Annualized rate of appropriate shocks
0-1	Low	40	0%
2-3	Intermediate	30	13%
4-10	High	30	11.3%

PULMONARY VALVE REPLACEMENT



- 98 patients with TOF and late pulmonary valve replacement for RV dilation
- 77 matched control patients (no PVR)
- Conclusion:

"...incidence of death or sustained VT after PVR is **considerable** at 1 event per 20 patient-years. QRS duration did not change significantly after PVR over the course of the study. Compared with a group of similar control subjects, **PVR did not result in improved survival or decreased incidence of VT...**"

WHAT ABOUT TREATMENT?

Current guidelines for the prevention of SCD

- *Class I indication*

- ICD therapy is indicated in adults with CHD who are survivors of cardiac arrest due to VF or hemodynamically unstable VT after evaluation to define the cause of the event and exclude any completely reversible etiology (Level of evidence: B).
- ICD therapy is indicated in adults with CHD and spontaneous sustained ventricular tachycardia who have undergone hemodynamic and electrophysiologic evaluation (Level of evidence: B). **Catheter ablation or surgery** may offer a reasonable alternative or adjunct to ICD therapy in carefully selected patients (Level of evidence: C).
- ICD therapy is indicated in adults with CHD and a systemic left ventricular ejection fraction $\geq 35\%$, biventricular physiology, and New York Heart Association (NYHA) class II or III symptoms (Level of evidence: B).

PACES/HRS expert consensus arrhythmia and GUCH. Heart Rhythm. 2014

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PACES/HRS expert consensus arrhythmia and GUCH. Heart Rhythm. 2014

- ***Class IIa***

- ICD therapy is reasonable in selected adults with tetralogy of Fallot and multiple risk factors for sudden cardiac death, such as
 - Left ventricular systolic or diastolic dysfunction,
 - Nonsustained ventricular tachycardia,
 - QRS duration >180 ms,
 - Extensive right ventricular scarring, or
 - Inducible sustained ventricular tachycardia at electrophysiologic study

- ***Class IIb***

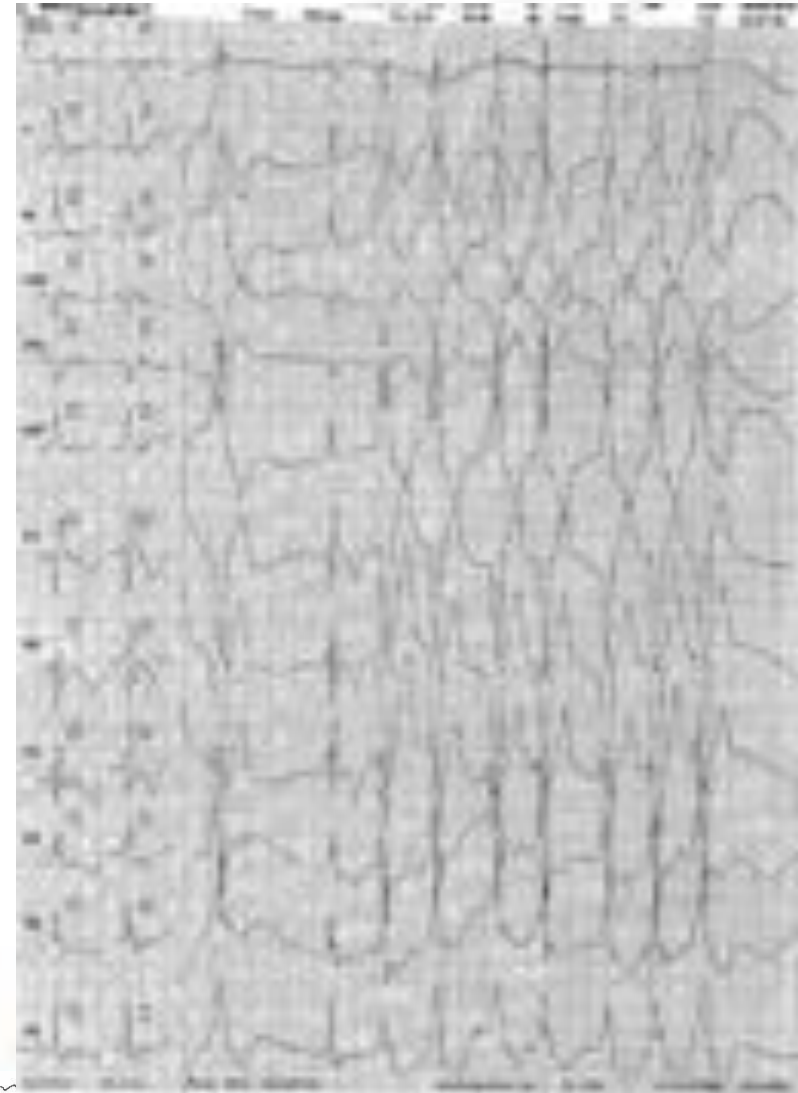
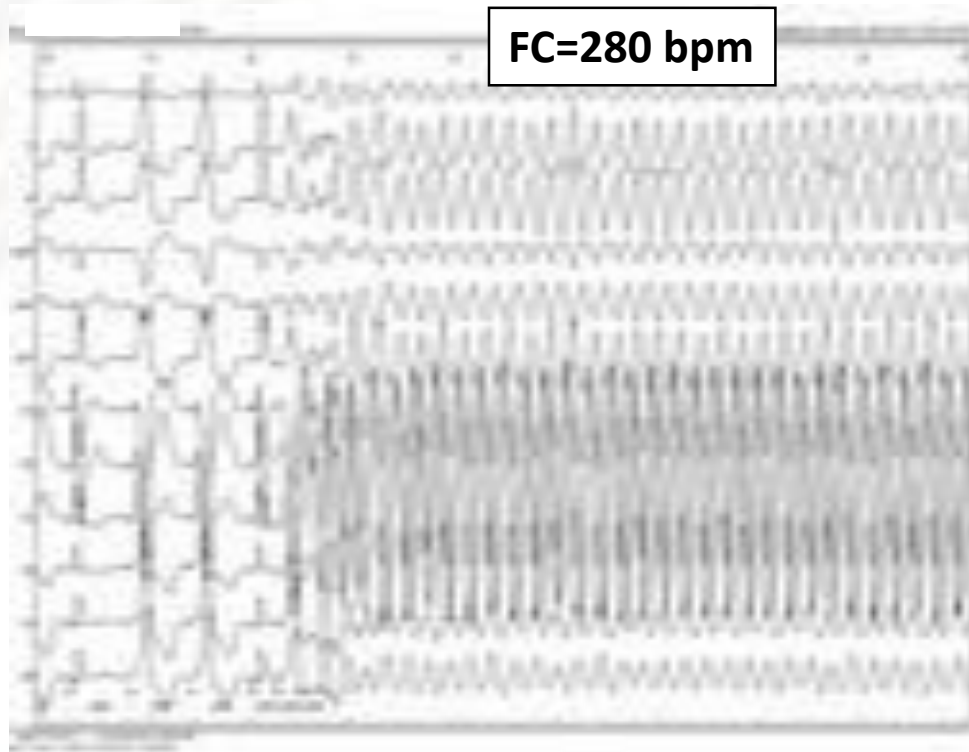
- ICD therapy may be considered in adults with CHD and a systemic ventricular ejection fraction of 35% in the absence of overt symptoms (NYHA class I) or other known risk factors (Level of evidence of: C).
- ICD therapy may be considered in adults with CHD and syncope of unknown origin with hemodynamically significant sustained ventricular tachycardia or fibrillation inducible at electrophysiologic study (Level of evidence: B)

- ***Prophylactic antiarrhythmic therapy*** is not indicated for asymptomatic patients with isolated premature ventricular beats (IIIC)

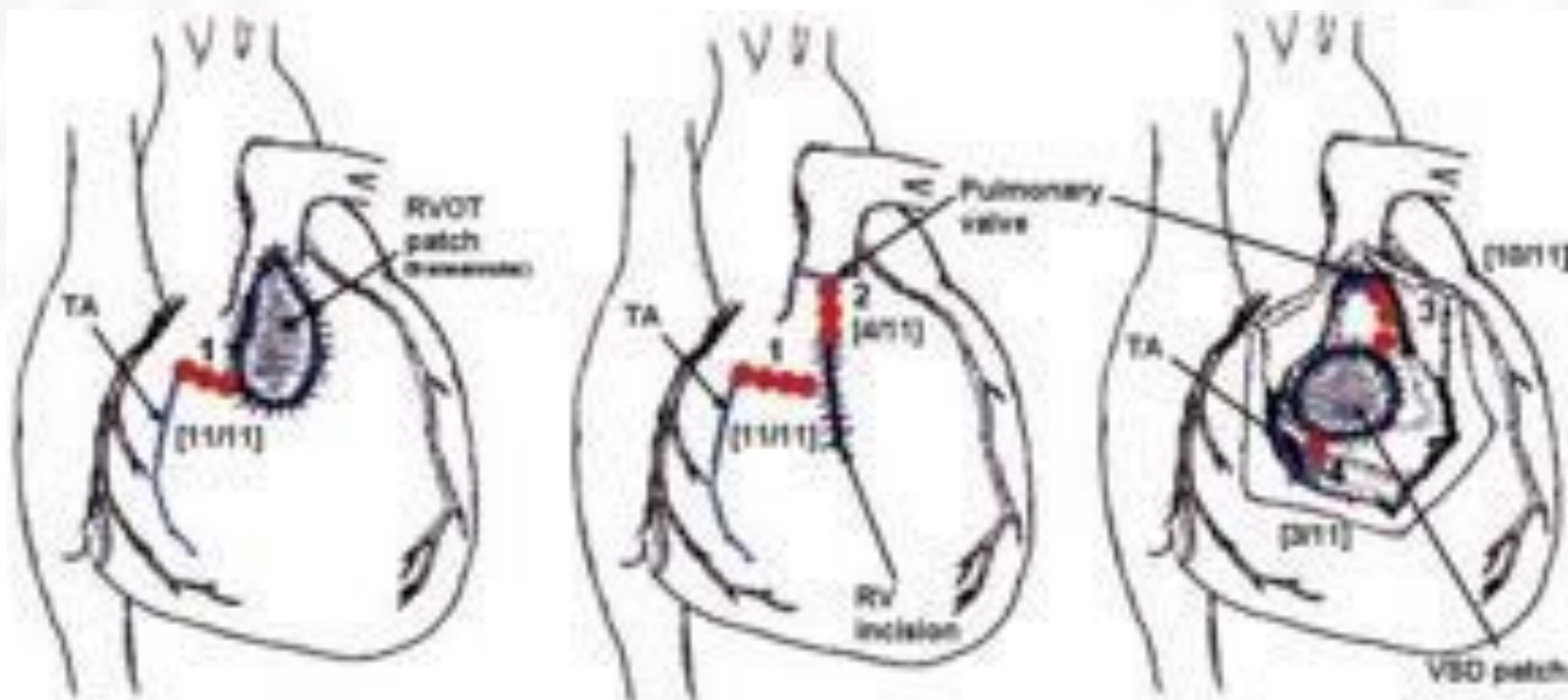


VENTRICULAR TACHYCARDIA

Are all VT the same ?

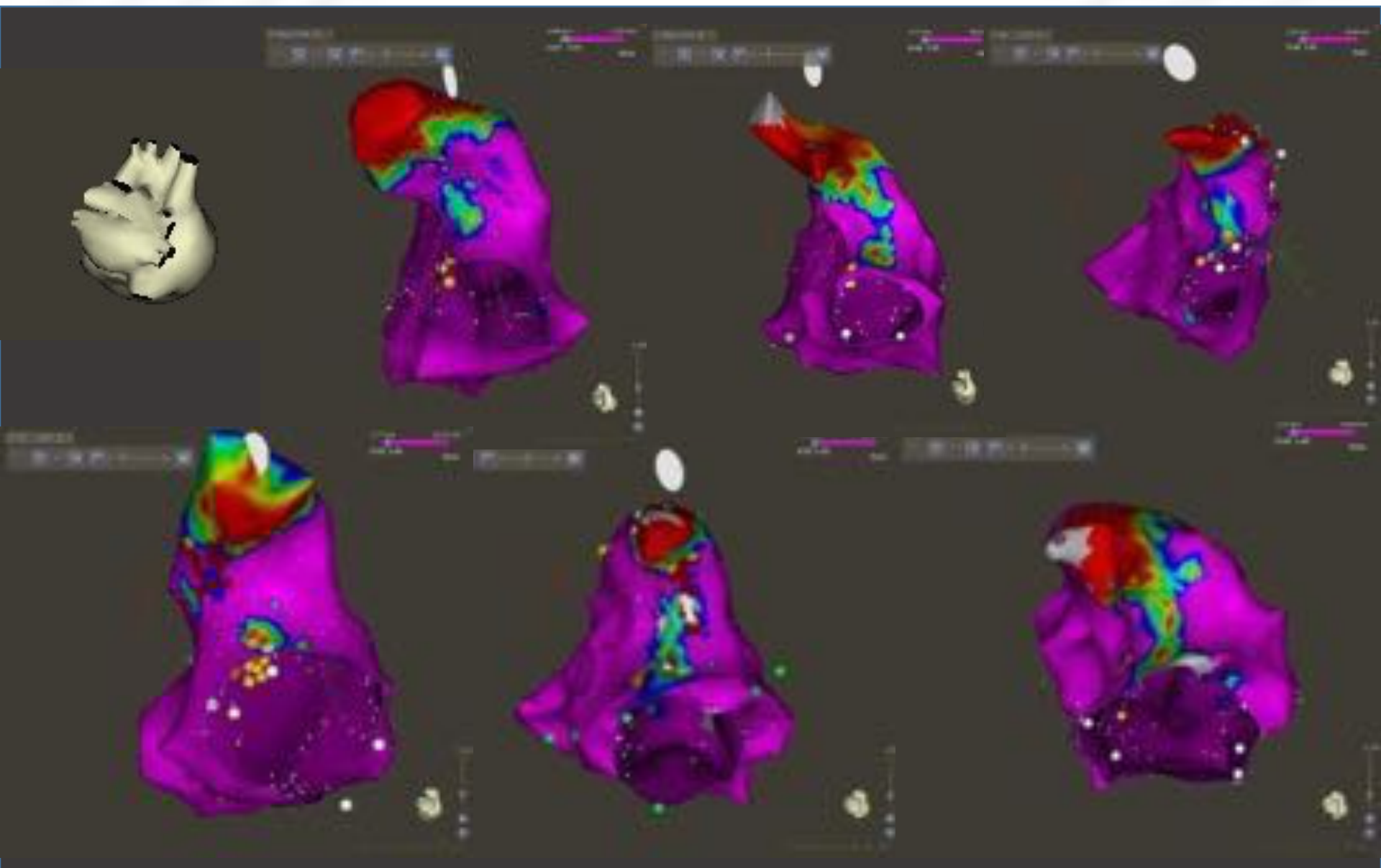


SURGICAL SCARRING

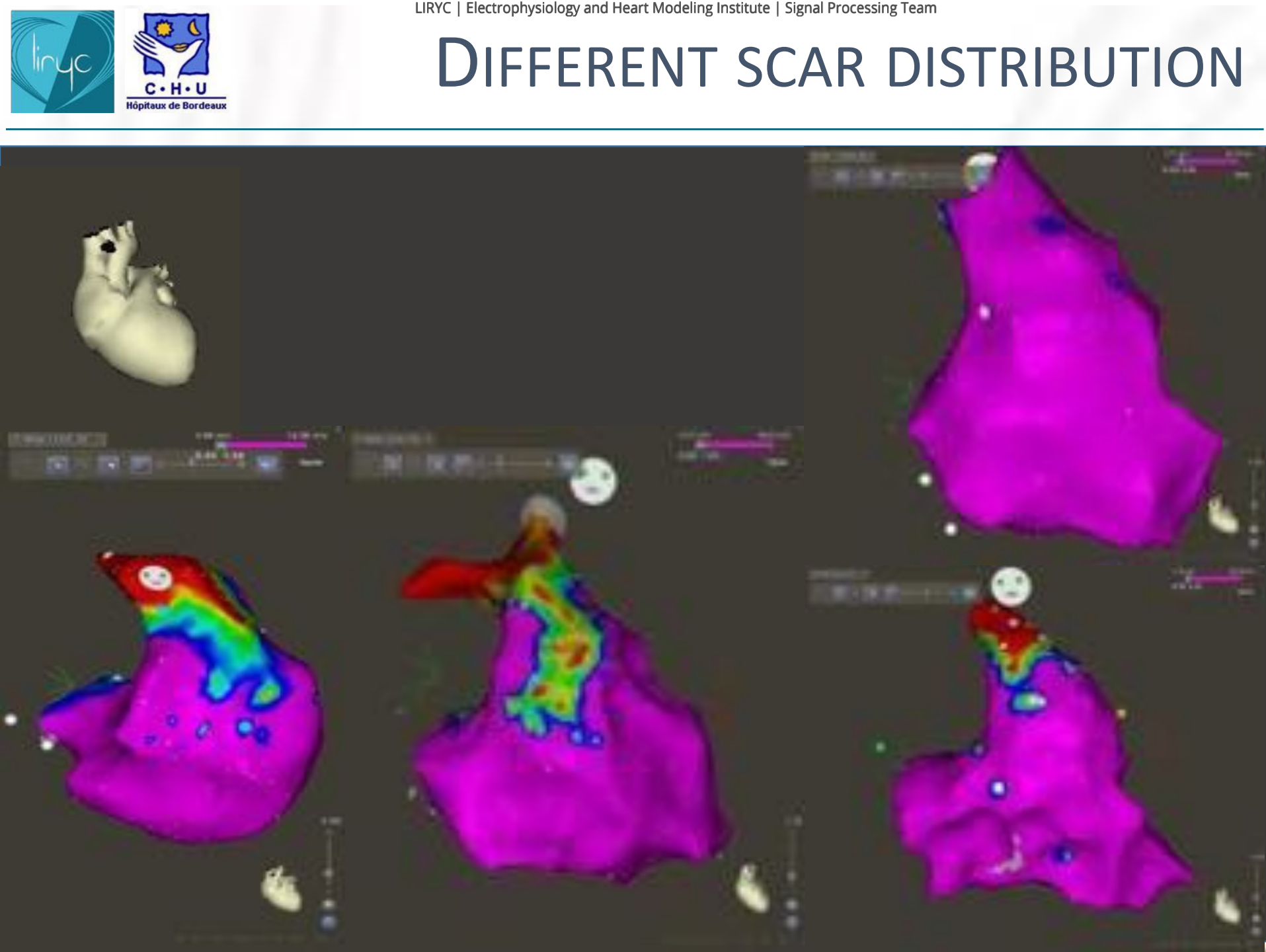


9 ToF patients with VT ablation

DIFFERENT SCAR DISTRIBUTION

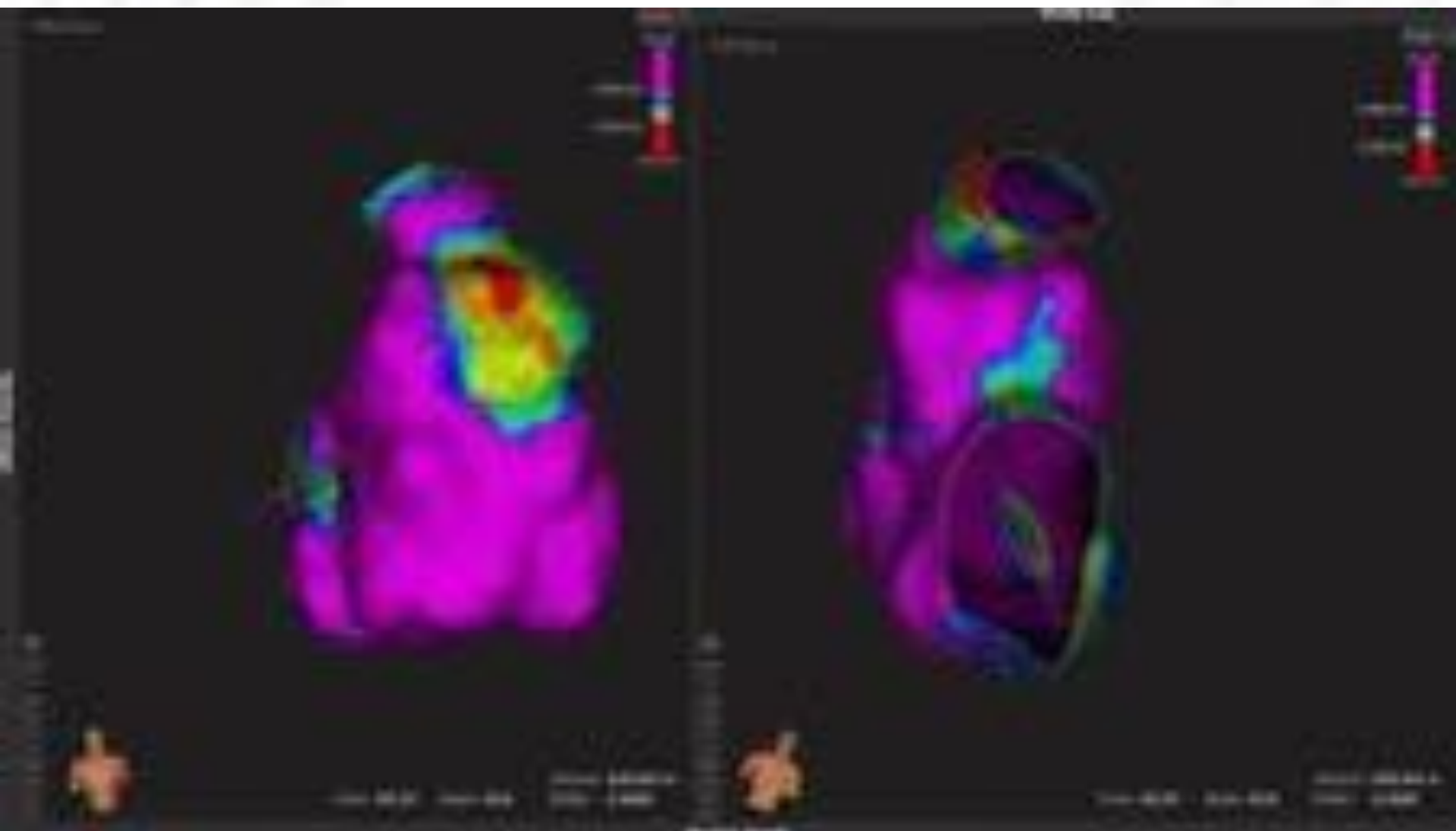


DIFFERENT SCAR DISTRIBUTION

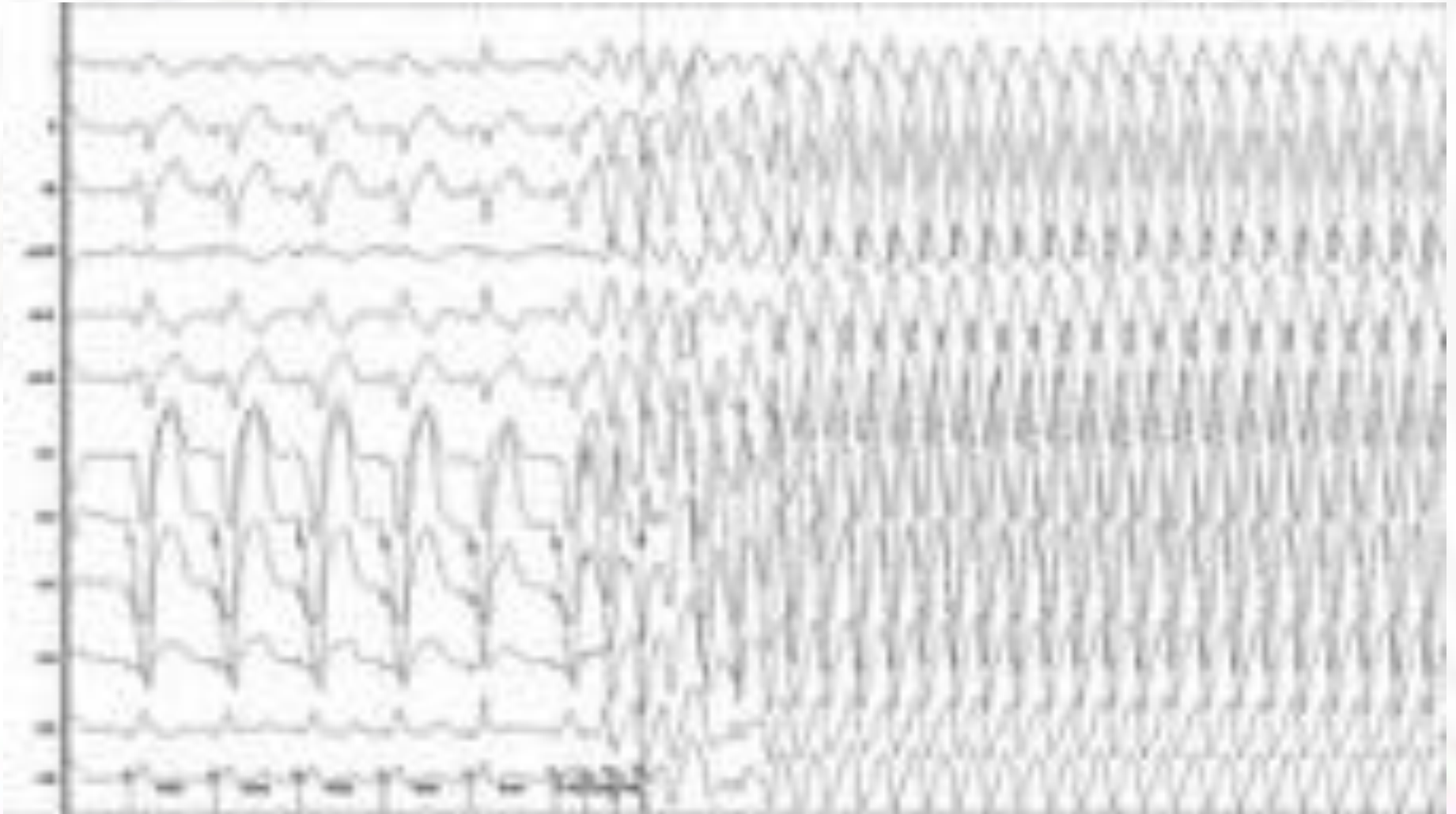


27 yo **patients** with ToF

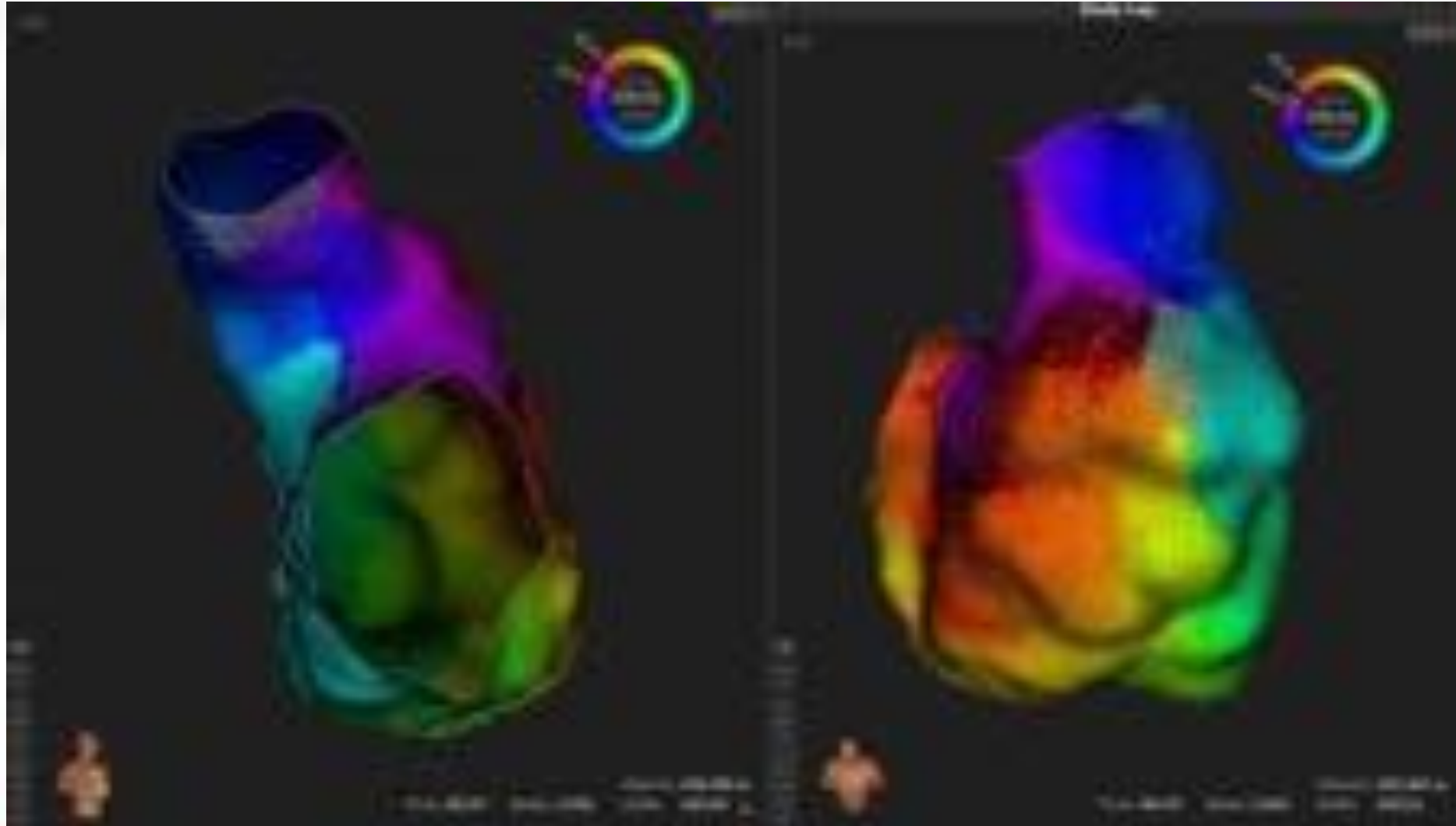




VT induced by programmed pacing BP 120/76

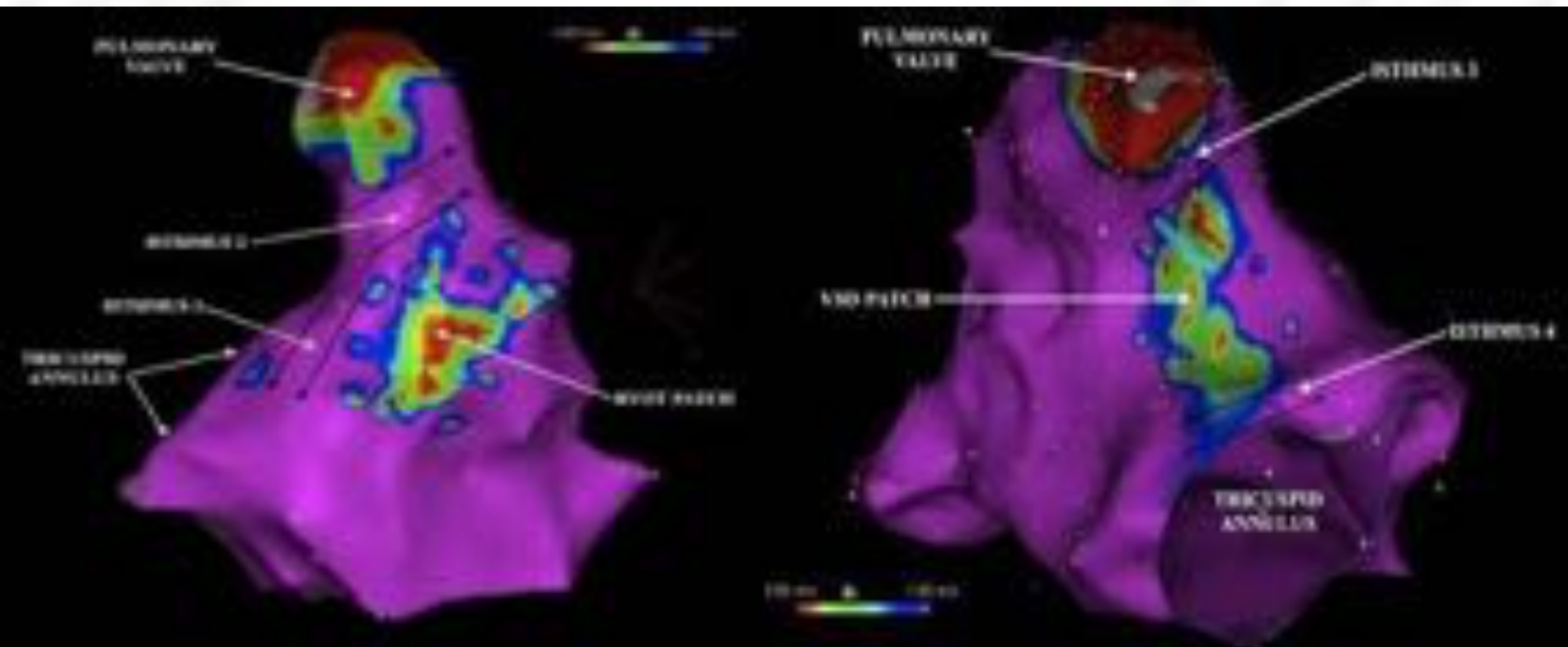


ACTIVATION MAP



HOW TO ASSESS THE RISK OF VT

- Critical Isthmuses for VT circuit have conduction velocity < 0.5 m/sec



Collaborative study with Katja Zeppenfeld, Leiden, NL

Arrhythmogenic anatomical isthmuses identified by electroanatomical mapping are the substrate for ventricular tachycardia in repaired Tetralogy of Fallot



74 ToF patients

Gijsbert F.L. Kapel¹, Frédéric Sacher², Olaf M. Dekkers^{3,4,5}, Masaya Watanabe¹, Nico A. Blom¹, Jean-Benoît Thambö², Nicolas Derval², Martin J. Schalij¹, Zakaria Jalal², Adrianus P. Wijnmaalen¹, and Katja Zeppenfeld^{1*}

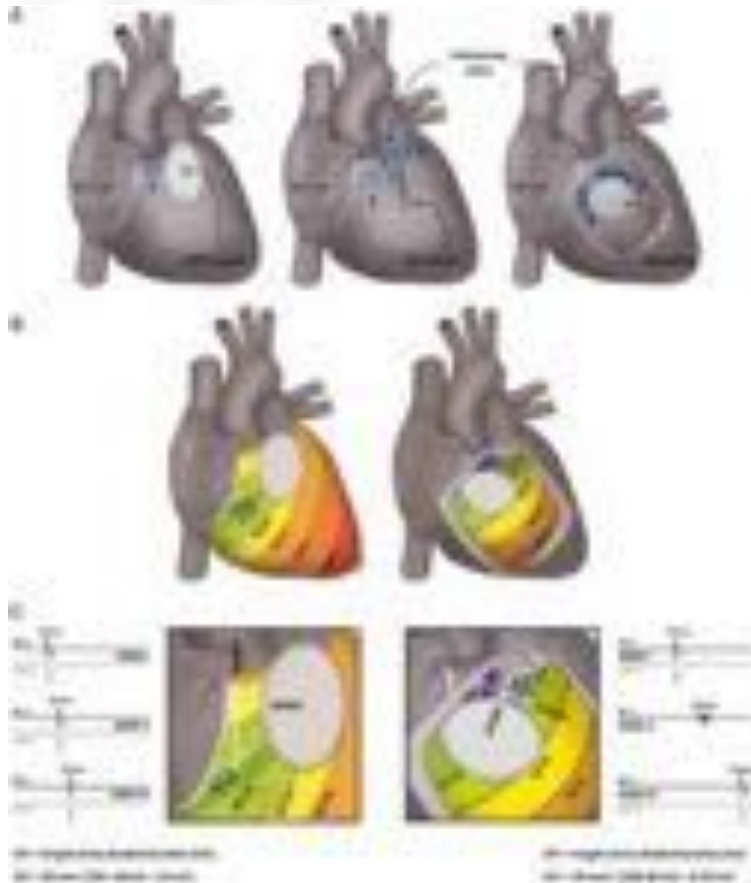
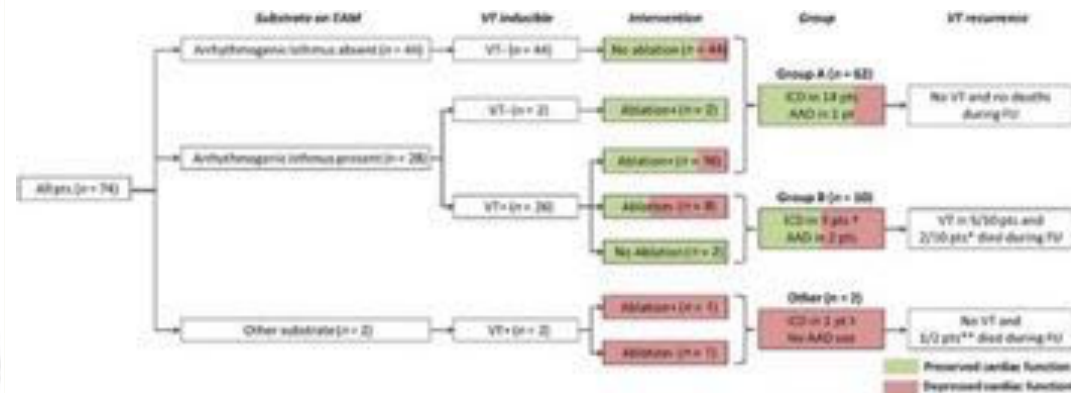


Table 2 Presence and characteristics of anatomical isthmuses according to ventricular tachycardia profile

Characteristics	No VT (n = 46)	VT inducible (n = 15)	VT spontaneous and inducible (n = 13)	Overall P
Isthmus, n	2.0 (1.0–2.0)	2.0 (2.0–3.0)	2.0 (2.0–3.0)	0.111
Minimal width (mm)	28 ± 11	22 ± 10	18 ± 5*	0.005
Maximal length (mm)	16 ± 7	20 ± 7	25 ± 7*	0.001
EA abnormal isthmus, n pts	5	13*	13*	<0.001
Lowest CVi (m/s)	0.78 ± 0.24	0.44 ± 0.44*	0.27 ± 0.09*	<0.001



F/U: 50months+/-22months

28 pts with indication for ablation

26 attempted ablation

- 18/26 success (69%)
- 8/26 failed (31%)



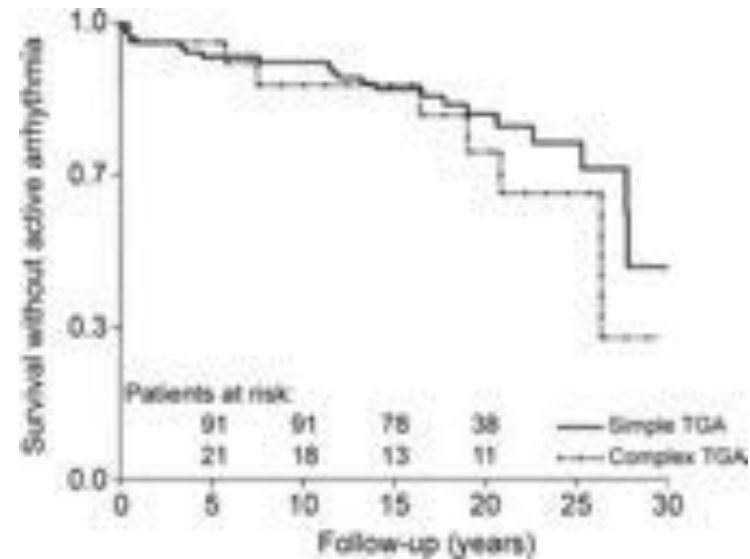
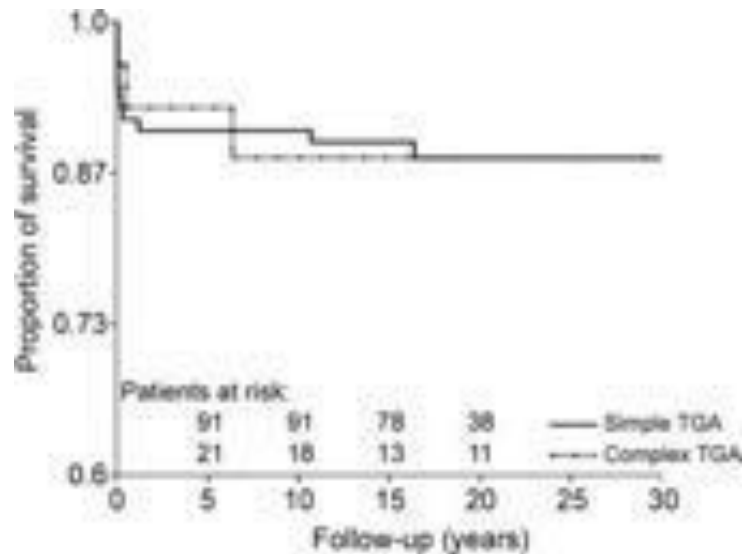
CONCLUSION TdR VENTRICULAIRE

1. Prevention du risque de mort subite
 - **Guidelines !**
 - **Pas d'indication des anti-arrhythmiques**
2. Traitement des arythmies ventriculaires
 - Efficacité marginale des antiarhythmiques
 - Ablation de TV:
 - TV symptomatiques récidivantes (30% de chocs appropriés dans les 3;5ans post DAI)
 - Alternative au DAI: cas **TRES** sélectionnés !
 - Avant un geste de revalvulation pulmonaire
 - Discuter avec les chirurgiens pour limiter au maximum les incisions ventriculaires



ARYTHMIES SUPRA-VENTRICULAIRES

- 132 patients
- Chirurgie de Senning entre 1977 et 2004
- Âge moyen de chirurgie 11,6+/-0,5 mois
- 12 patients indication de PM

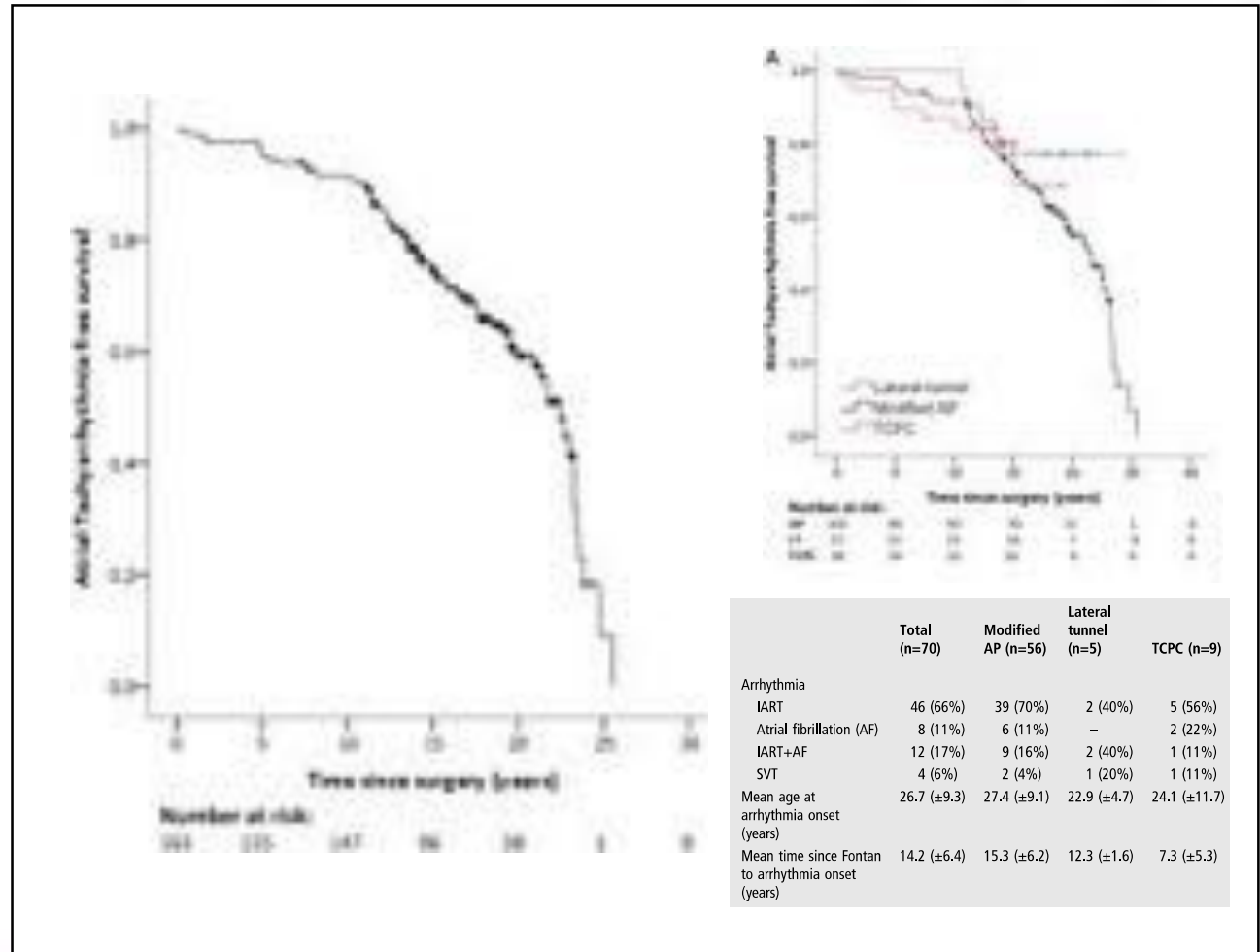


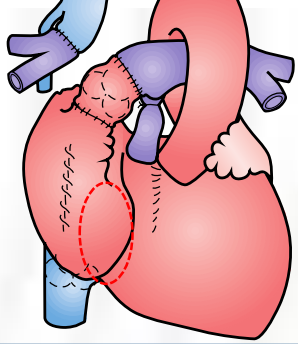
Roubertie et al. Annals of thoracic surgery 2011

Prevalence of atrial tachyarrhythmia in adults after Fontan operation

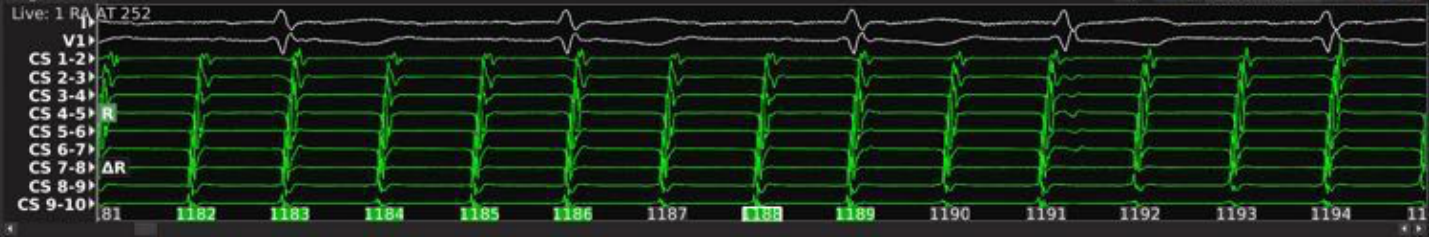
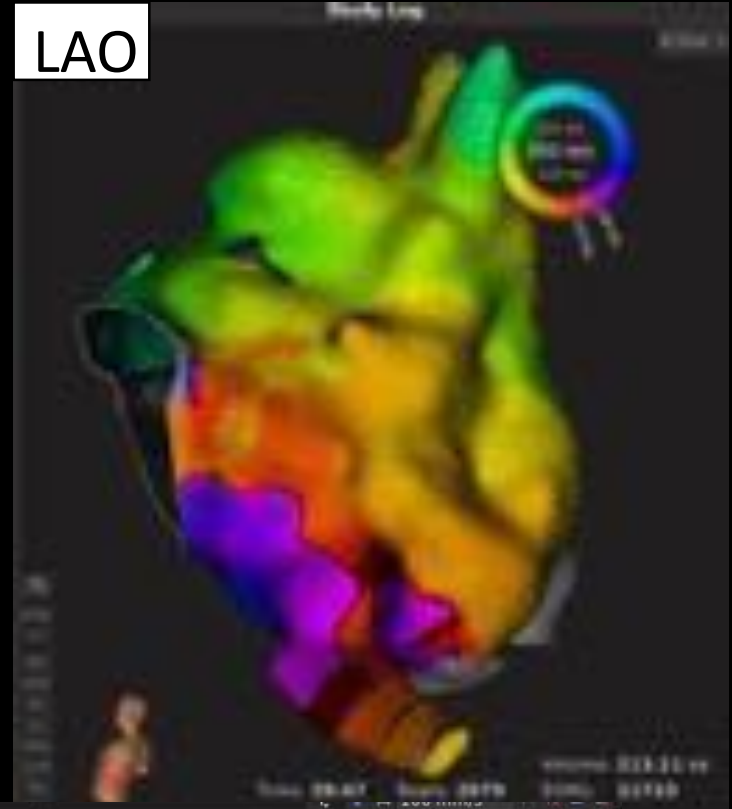
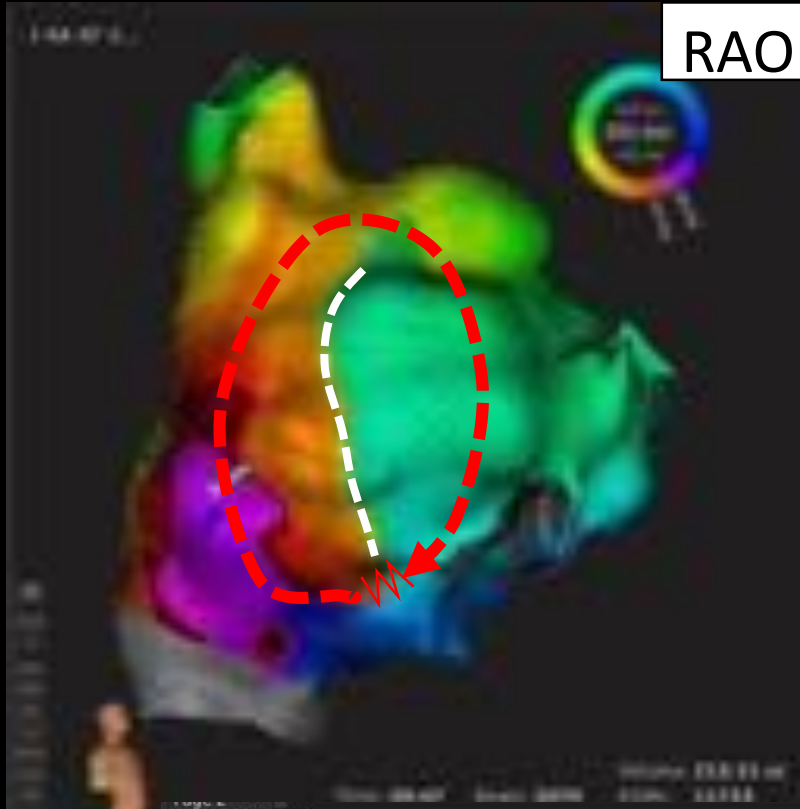
Emily Quinton,¹ Peter Nightingale,² Lucy Hudsmith,³ Sara Thorne,³ Howard Marshall,¹ Paul Clift,³ Joseph de Bono¹

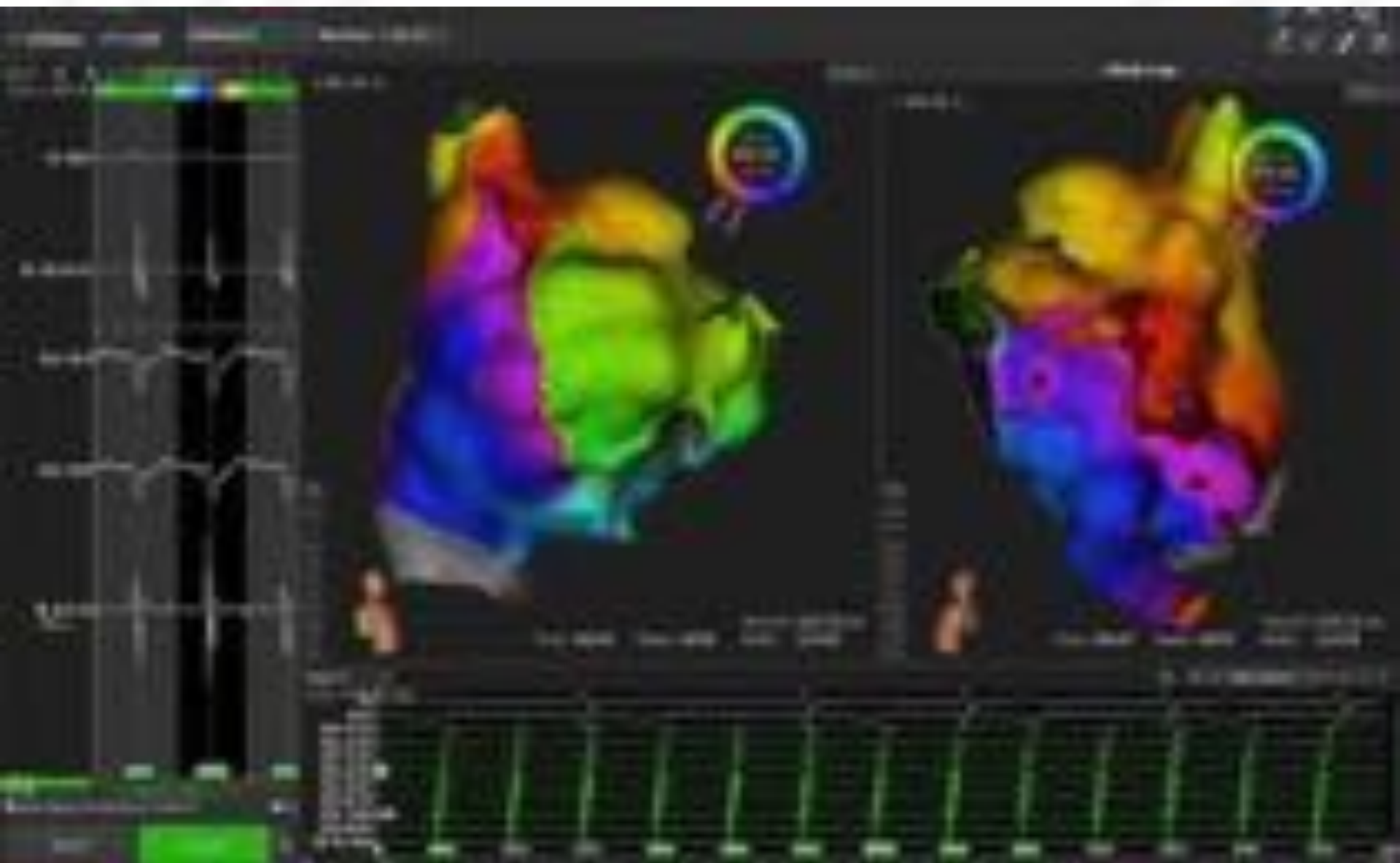
- **166** pts, 29.1 years old
- 63% AP Fontan
- 13% LT Fontan
- 24% TCPC
- 18.6 years mean f/u
- 42% arrhythmia
- 100% arrhythmias in AP Fontan 26 years post op





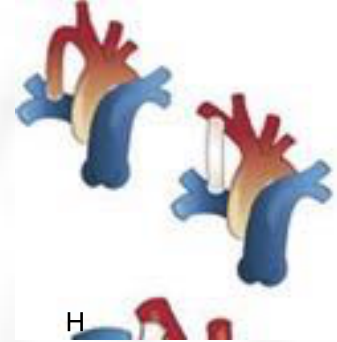
Incisional flutter: post-atriotomy





Mechanism and Ablation of Arrhythmia Following Total Cavopulmonary Connection

Rafael Correa, MD; Elizabeth D. Sherwin, MD*; Joshua Kovach, MD*; Douglas Y. Mah, MD;
Mark E. Alexander, MD; Frank Cecchin, MD; Edward P. Walsh, MD;
John K. Triedman, MD; Dominic J. Abrams, MD, MRCP



57 procedures (52pts)

Access to PVA needed in 33 procedures

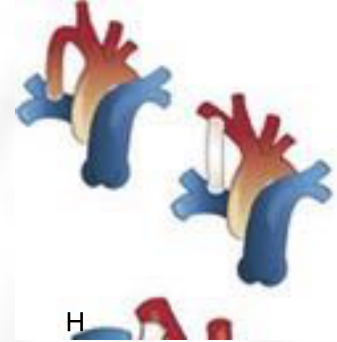
Through fenestration (16)

+RetroAo (2)

Trans baffle puncture (17)

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80 arrhythmias
among 47 cases

25 macroreentrant

8 focal AT

13 AVNRT

4 AVRT through AP

4 AVRT through twin AVN

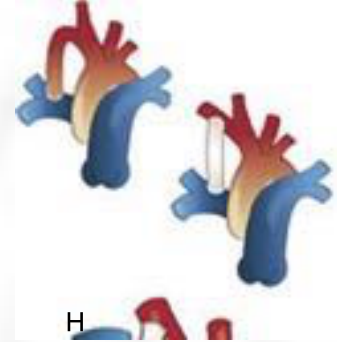
5 VT

21 unknown

**56% of CTI-dependant
flutter !**

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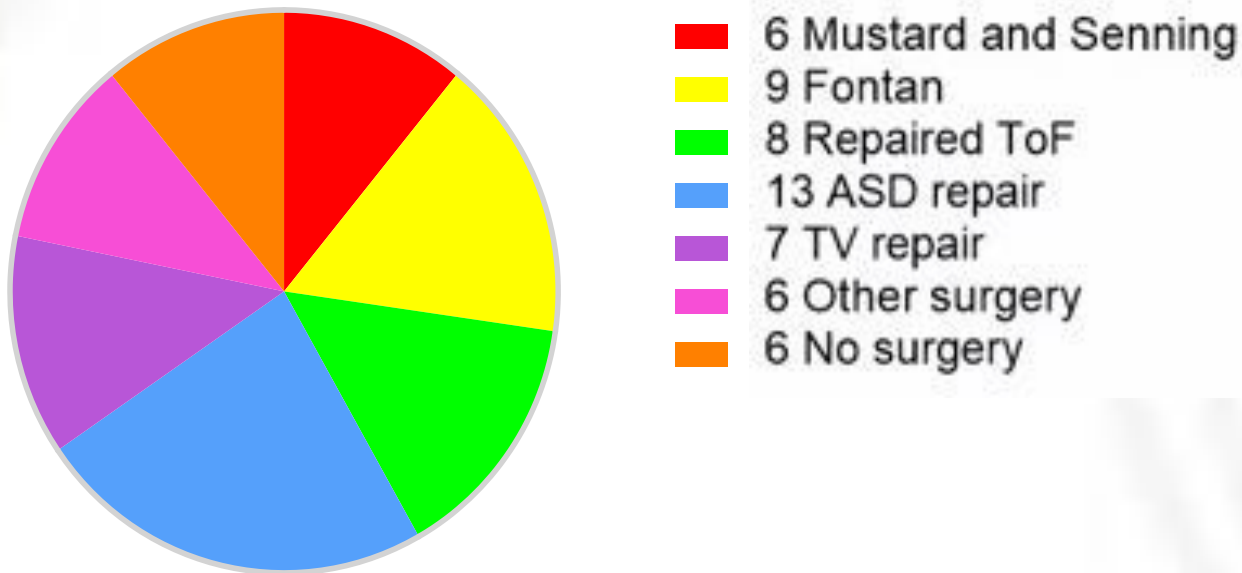
21 unknown

32 pts with f/u

25 success

3 partial success

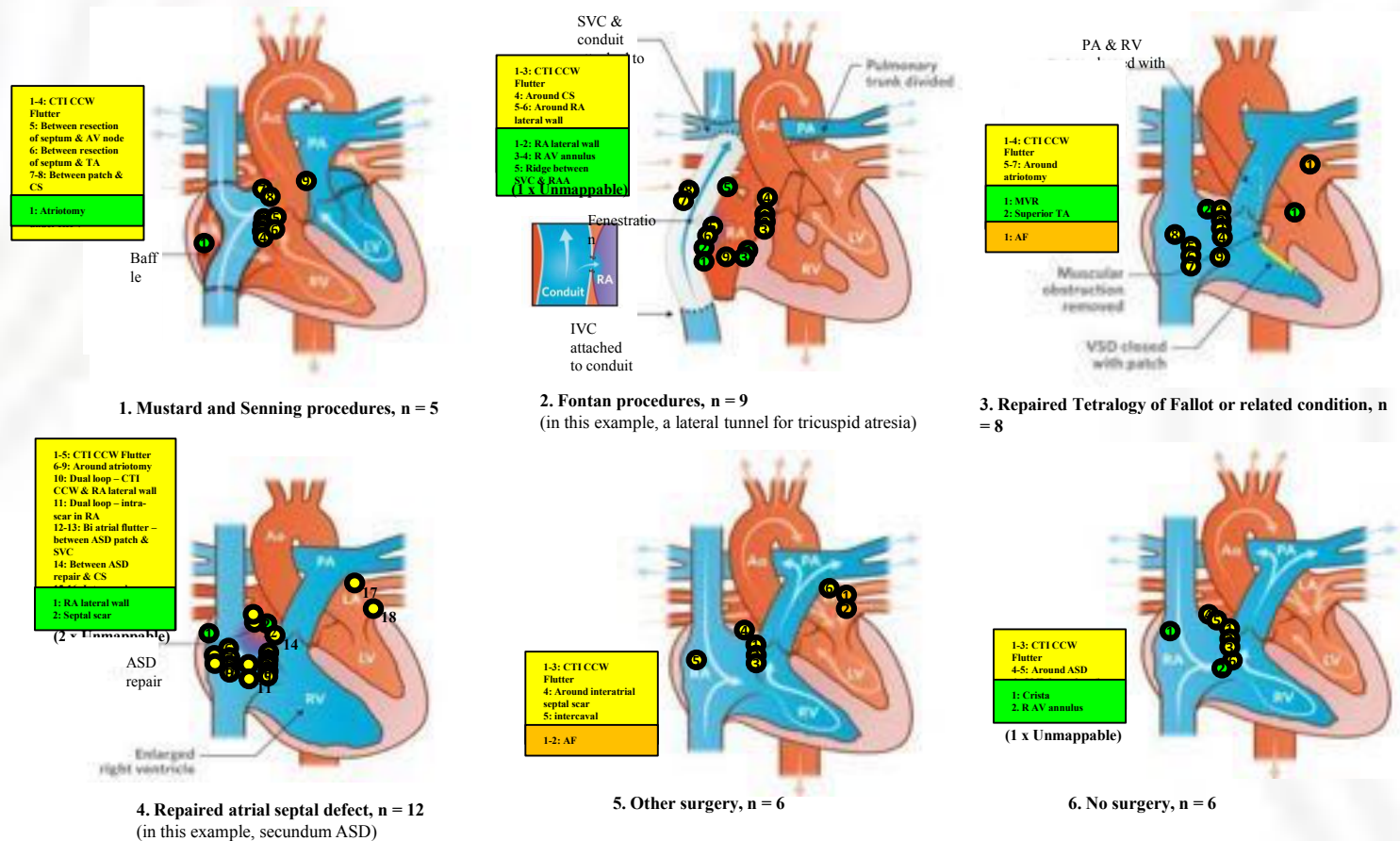
3 failures



- 55 CHD patients from 7 tertiary centres were referred for recurrent, haemodynamically significant atrial arrhythmias.

		Mustard and Senning		Fontan		Repaired ASD ToF		TV repair	Other surgery	No surgery	TOTAL
Patient characteristics	Parameter										
Patient characteristics	No. patients	6	9	8	13	7	6	6	6	55	
	Age (years)	34 ± 7	32 ± 6	47 ± 12	50 ± 14	45 ± 16	46 ± 11	53 ± 8	44 ± 13		
	Male sex	5 (83%)	5 (56%)	6 (75%)	6 (46%)	5 (71%)	6 (100%)	1 (17%)	34 (62%)		
	Time since 1st operation (years)	35 ± 6	27 ± 4	42 ± 8	35 ± 13	4 ± 3	25 ± 5	0 ± 0	30 ± 12		
	Previous EP procedure	2 (33%)	3 (33%)	2 (25%)	8 (62%)	2 (29%)	3 (50%)	2 (33%)	22 (40%)		
Tachycardia characteristics	Total no. arrhythmias	8	18	10	17	7	9	8	77		
	No. arrhythmias per patient	1.3 ± 0.5	2.0 ± 0.9	1.3 ± 0.4	1.3 ± 0.7	1.0 ± 0.0	1.5 ± 0.5	1.3 ± 0.5	1.3 ± 0.7		
				10							
	Right atrium/ left atrium	8 (100%) /0 (0%)	18 (100%) /0 (0%)	(100%) /0 (0%)	15 (88%) /3 (18%)	5 (71%) /2 (29%)	6 (67%) /3 (33%)	6 (75%) /2 (25%)	68 (88%) /10 (13%)		
	Tachycardia cycle length (ms)	292 ± 58	412 ± 140	331 ± 81	280 ± 53	314 ± 70	352 ± 29	228 ± 45	311 ± 93		

>50% of CTI-dependant flutter

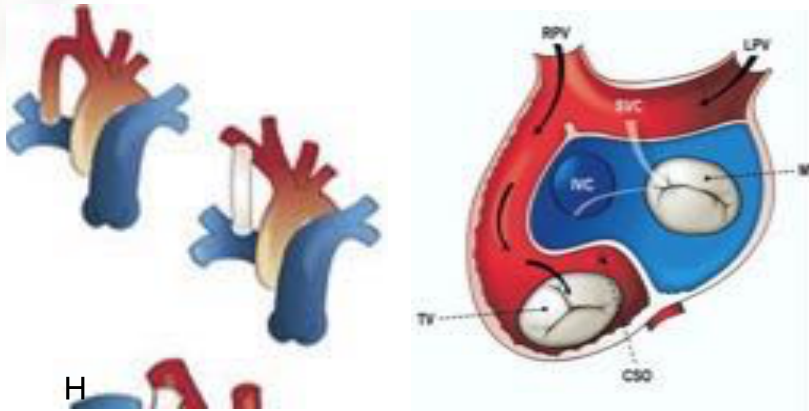
**Fig 2:**

Diagrams showing the types of congenital heart disease in the study population. Each circle represents a tachycardia. Yellow circles indicate locations of the critical isthmuses of macro-reentrant tachycardias; green circles indicate sites of focal or micro-reentrant tachycardias; orange circles indicate AF (location for AF not precise).

ARRHYTHMIAS IN GUCH

• 2 Problems for the Electrophysiologist

- Access to the heart cavities



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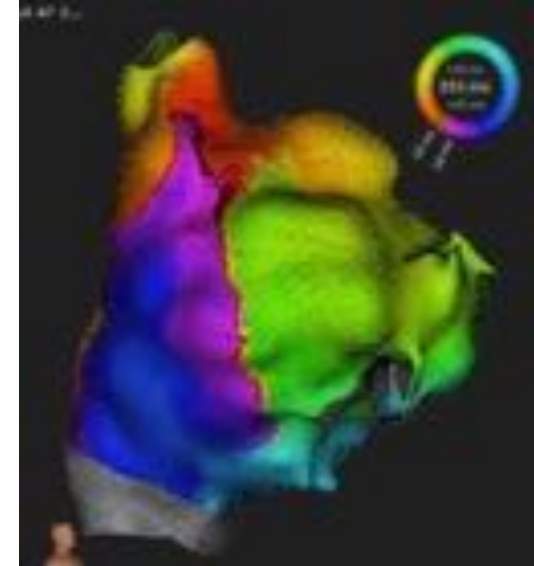
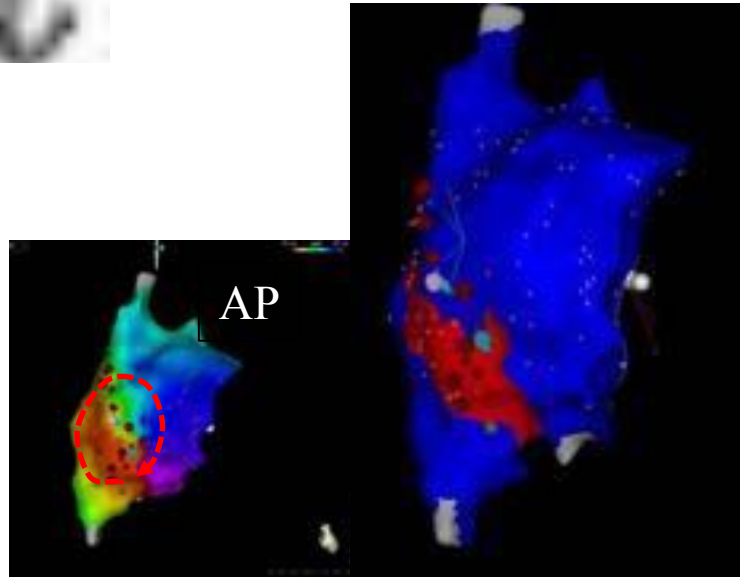
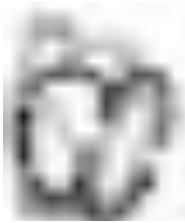


- Diagnosis of the Tachycardia(s)



EVOLUTION OF MAPPING CAPABILITIES

■ Mapping



2000 –
50pts

2010 –
217pts

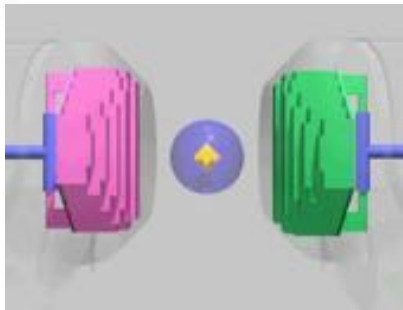
2017 –
11730pts

ACCESS OF THE HEART CAVITIES

Remote-Controlled Magnetic Navigation and Ablation With 3D Image Integration as an Alternative Approach in Patients With Intra-Atrial Baffle Anatomy

Sabine Ernst, MD, PhD, FESC; Sonya V. Babu-Narayan, MB, BS, BSc, MRCP, PhD;
Jennifer Keegan, PhD; Irina Horduna, MD; Jonathan Lyne, MB, BChir, BSc, MRCP; Janice Till, MD;
Philip J. Kilner, MD, PhD; Dudley Pennell, MD, FRCP, FACC, FESC;
Michael L. Rigby, MD, FRCP; Michael A. Gatzoulis, MD, PhD

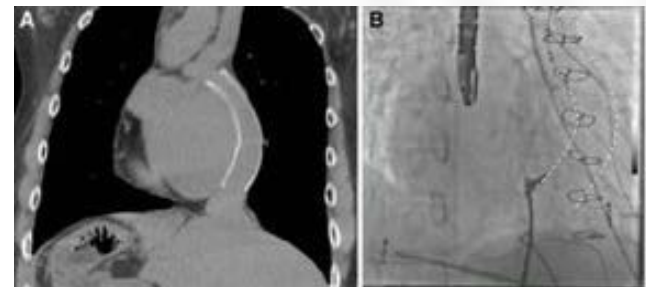
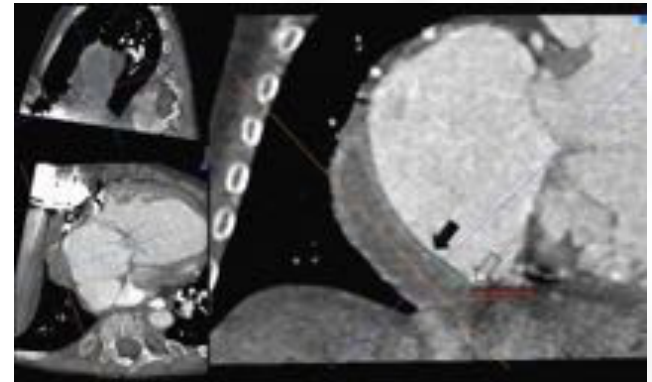
Ernst et al. circEP 2011



Transcaval Puncture for Access to the Pulmonary Venous Atrium After the Extracardiac Total Cavopulmonary Connection Operation

Jeremy P. Moore, MD, MS; Benjamin Hendrickson, MD; Daniel Z. Brunengraber, MD;
Kevin M. Shannon, MD

Moore et al. circEP 2015



ACCESS OF THE HEART CAVITIES

Remote-Cont 3D Image Patie

Sabine Ernst, M
Jennifer Keegan, PhD;
Philip J.
Mid

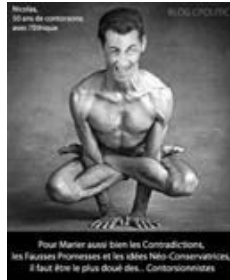
"contortionist" approach

Pro:

- no puncture
- Safety

Cons:

- Mapping catheter=ablation catheter
- New mapping tech No
- Poor control of ablation cath.



Transcaval Puncture for Access to the Pulmonary tal

aber, MD;

l. circEP 2015

"Direct" approach

Pro:

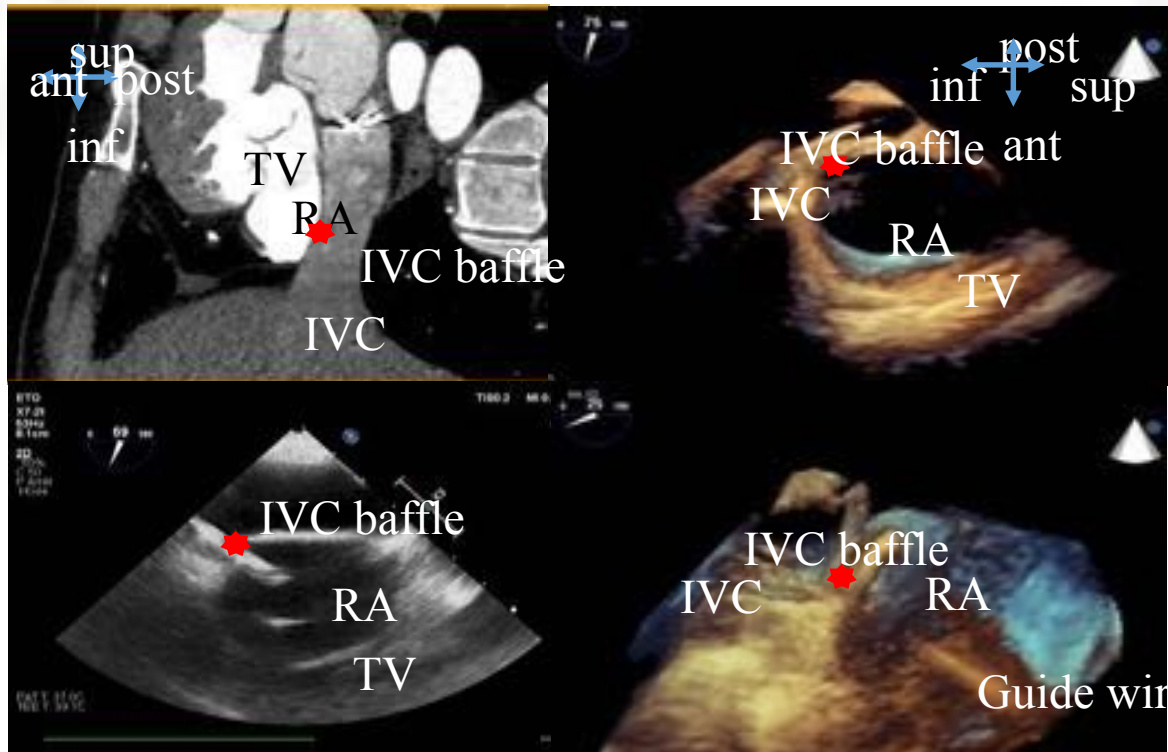
- Any catheter including multielectrode
- New mapping tech OK
- Better control of abl

Cons:

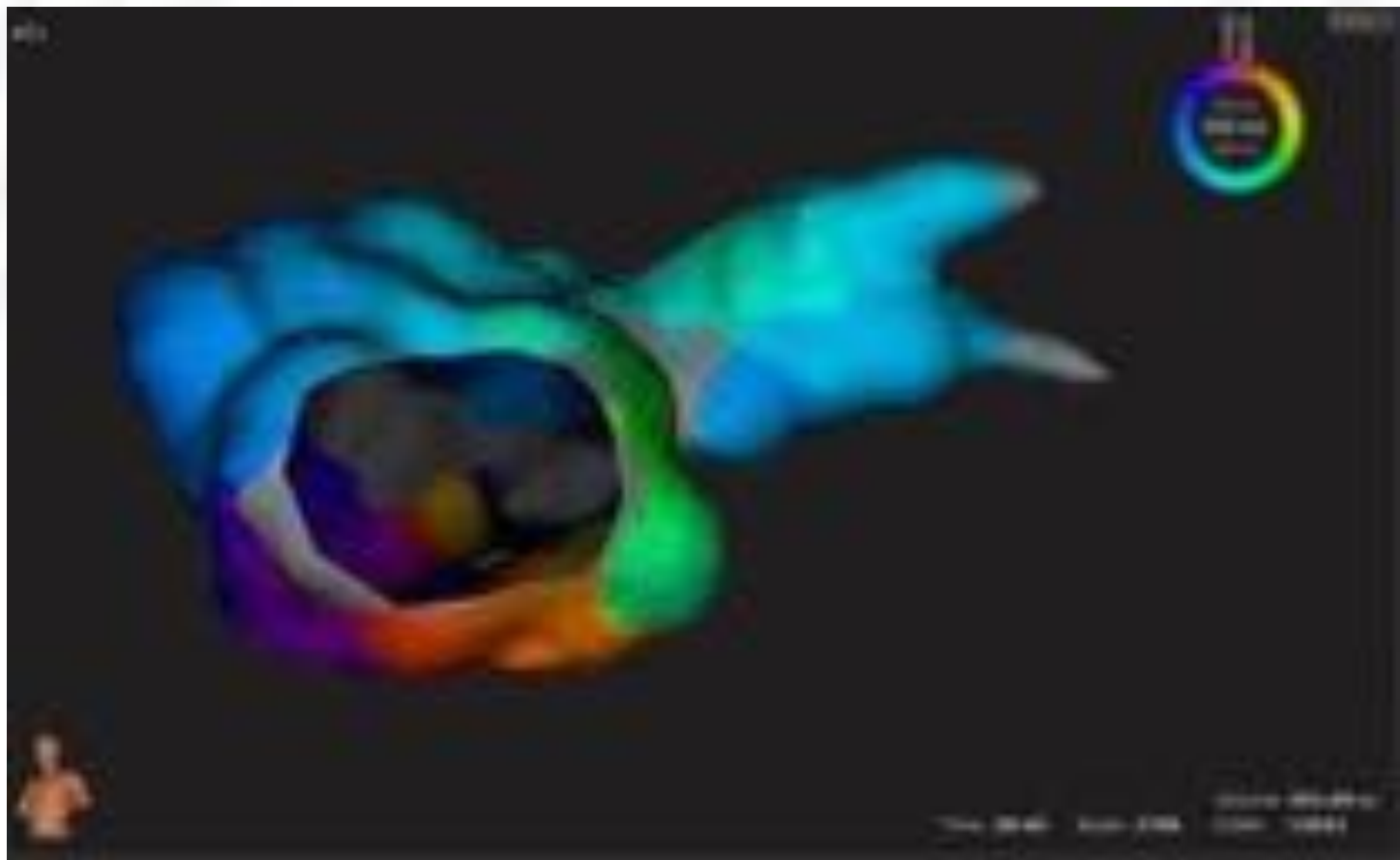
- puncture
- Safety

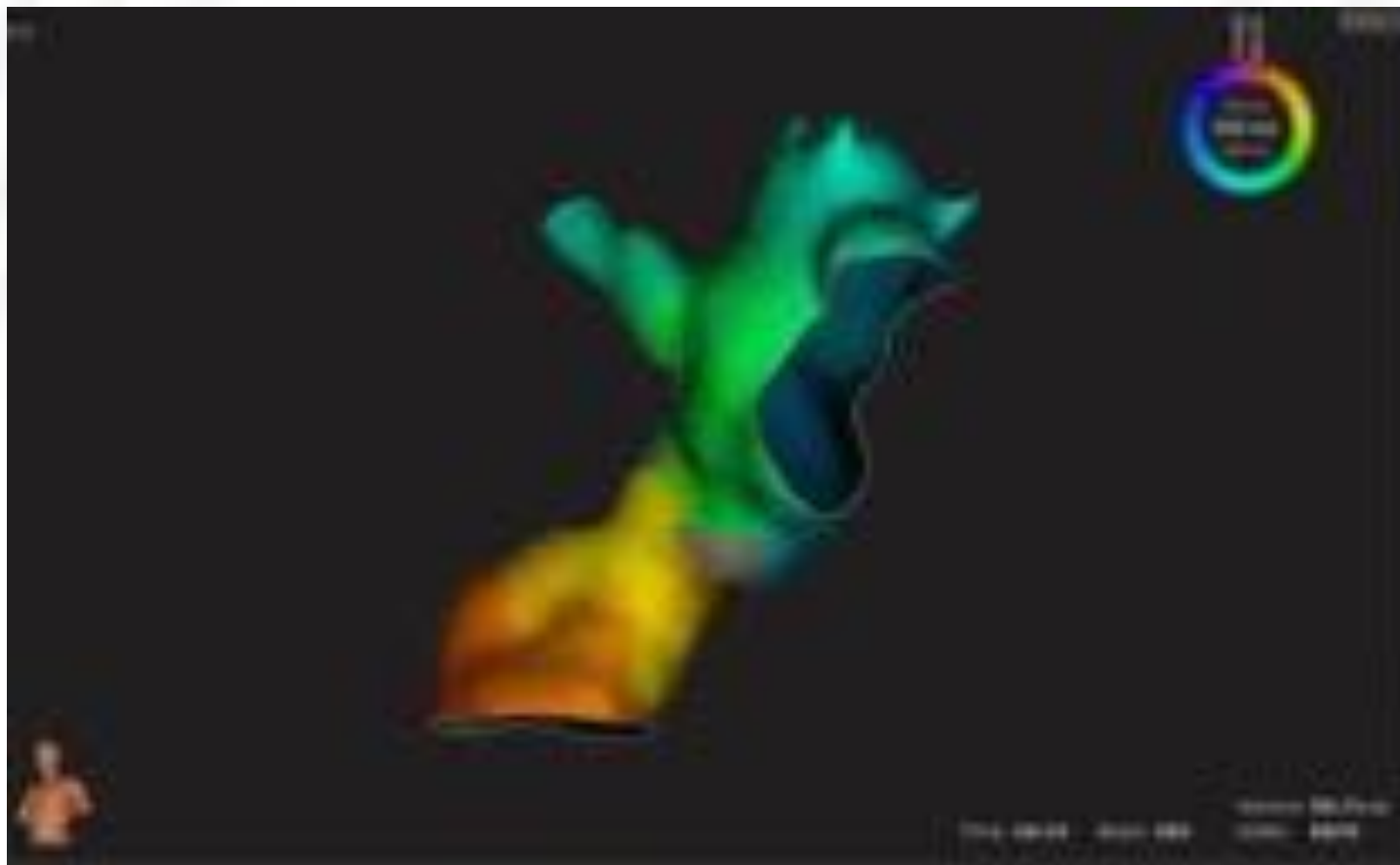


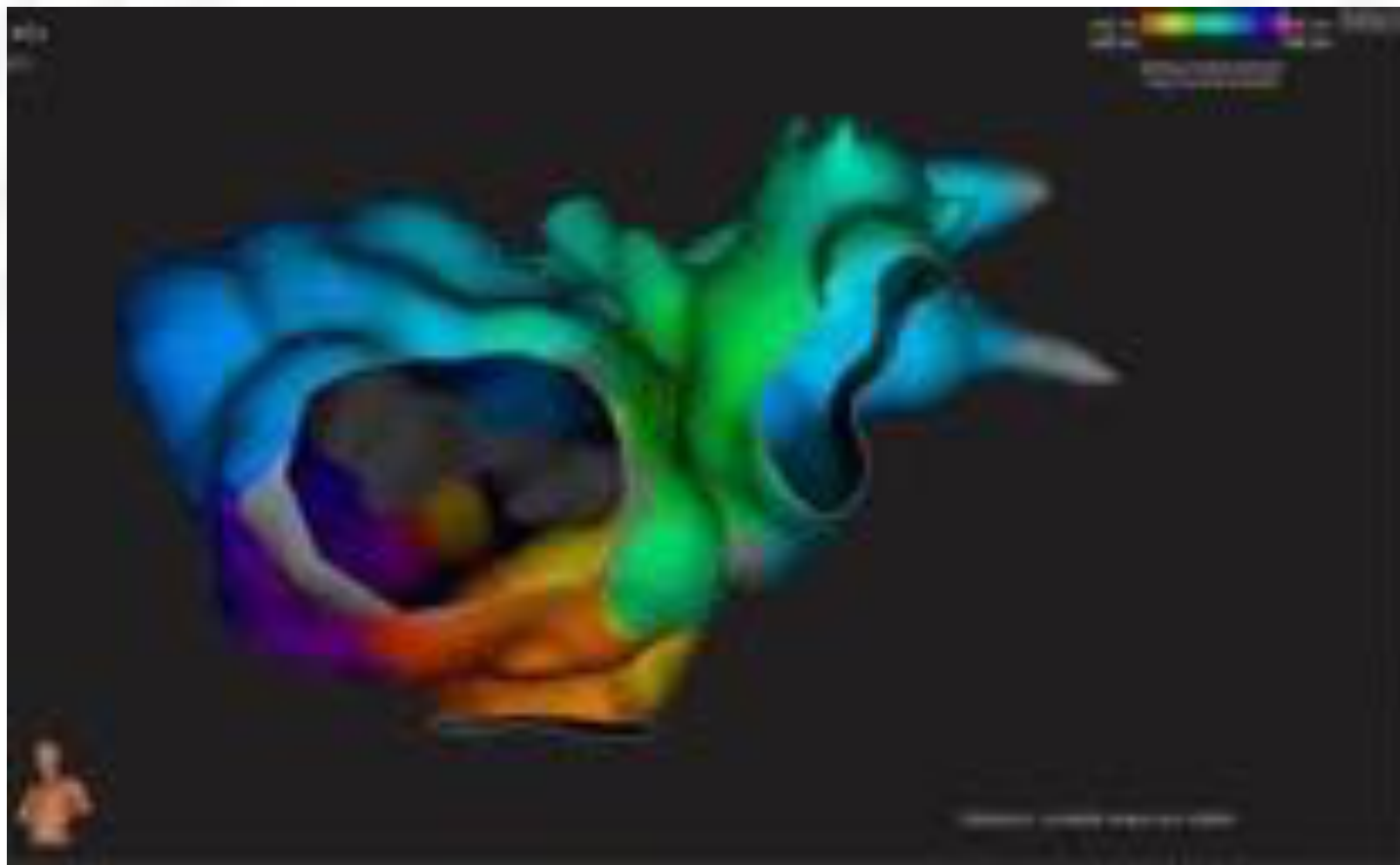
Procedure: access

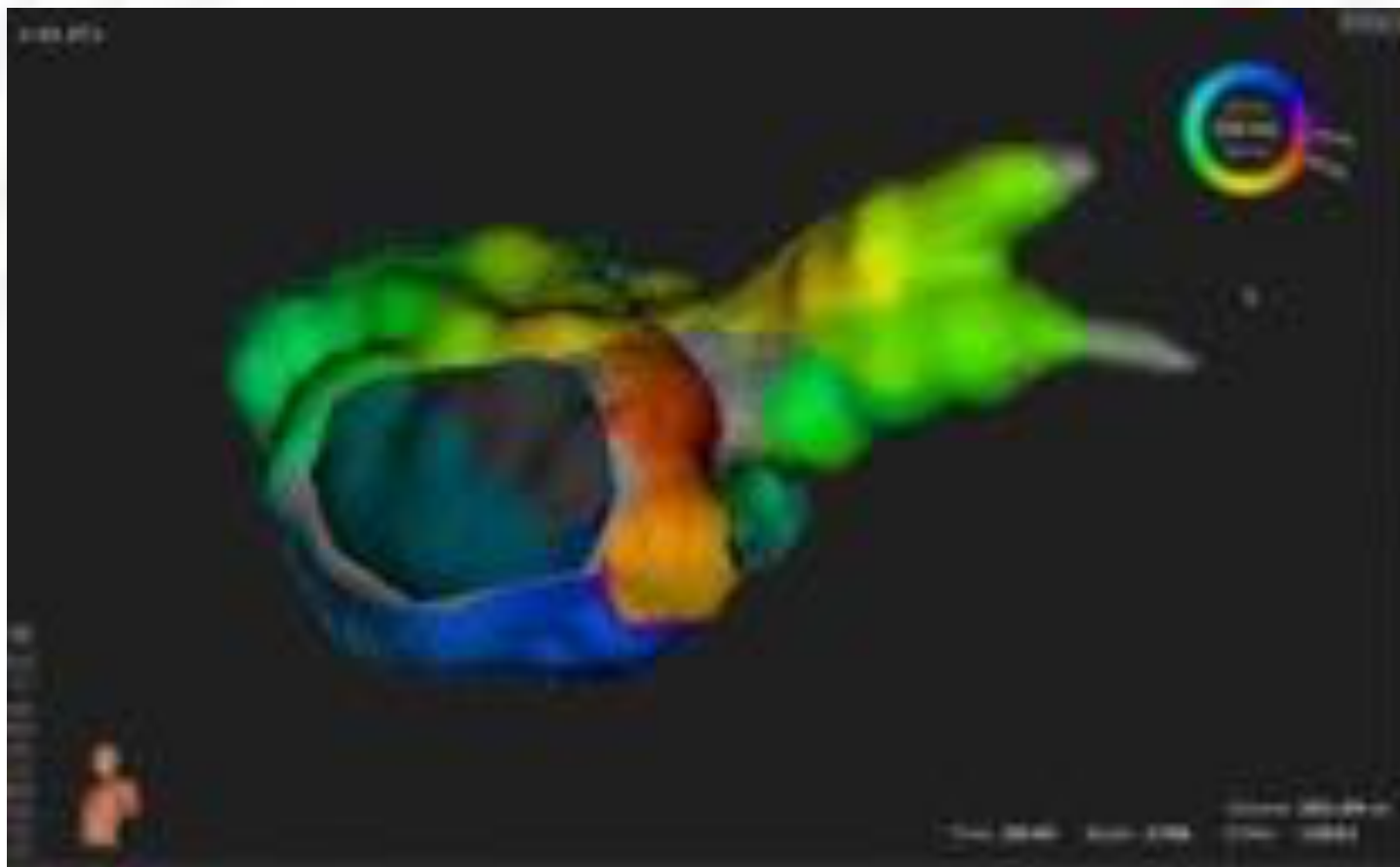


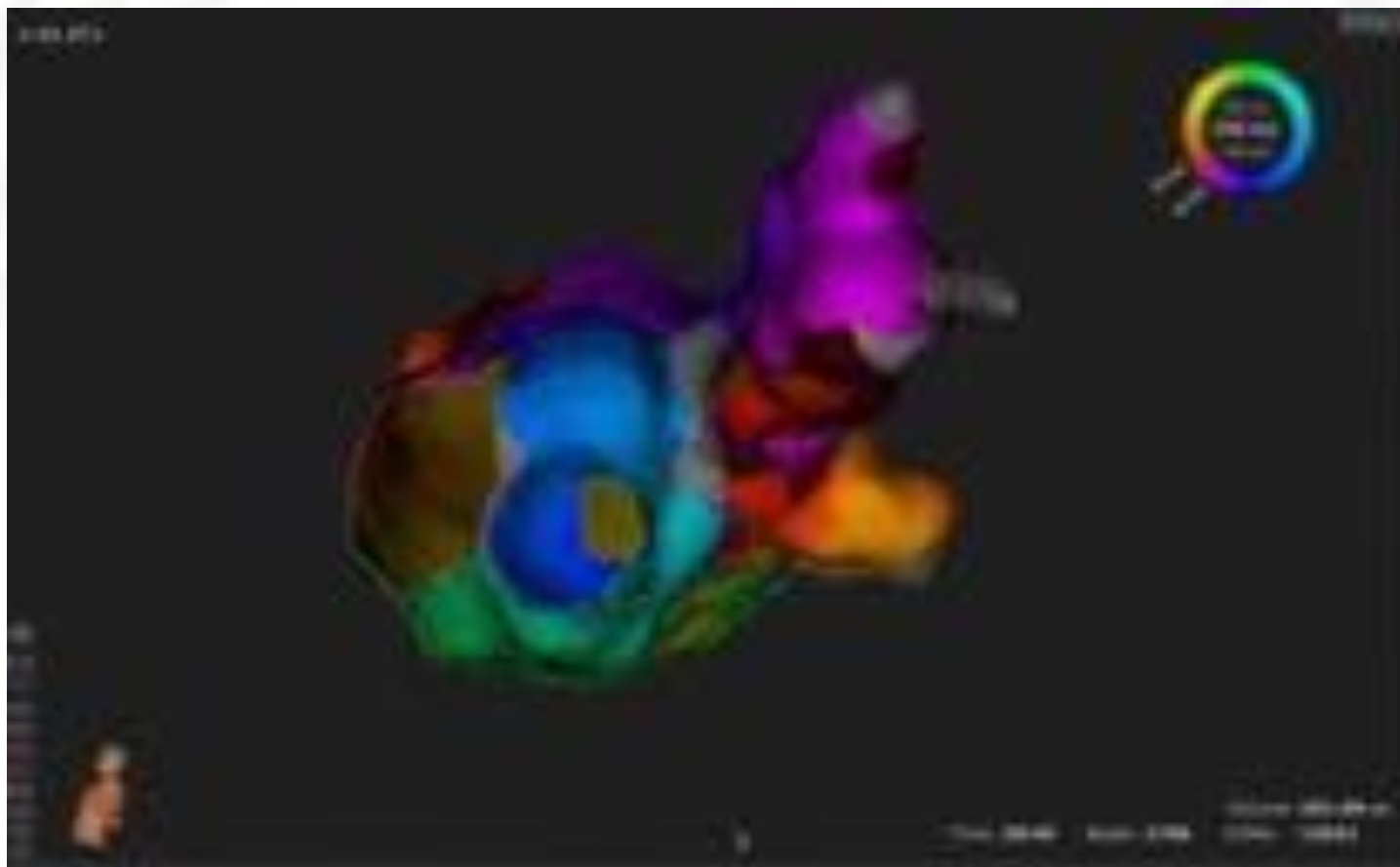
- Anterior puncture is advocated to get direct access to the RA

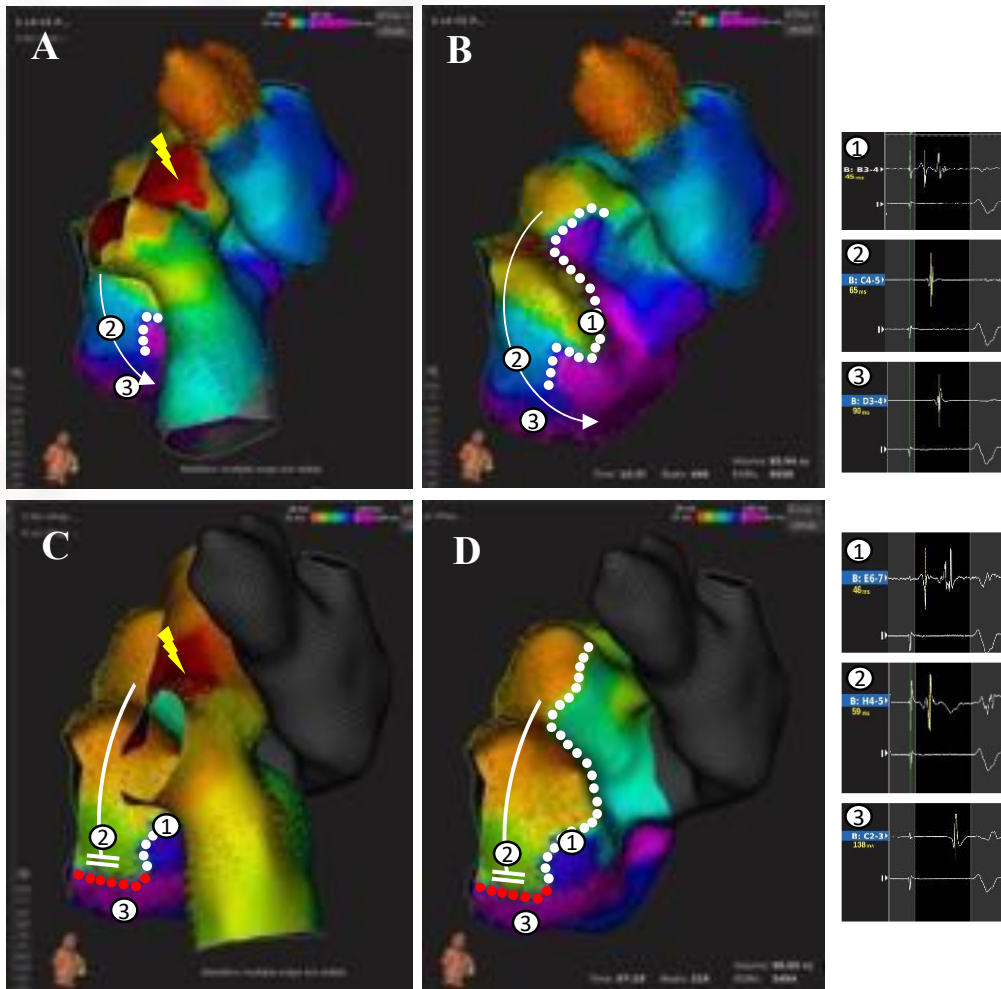




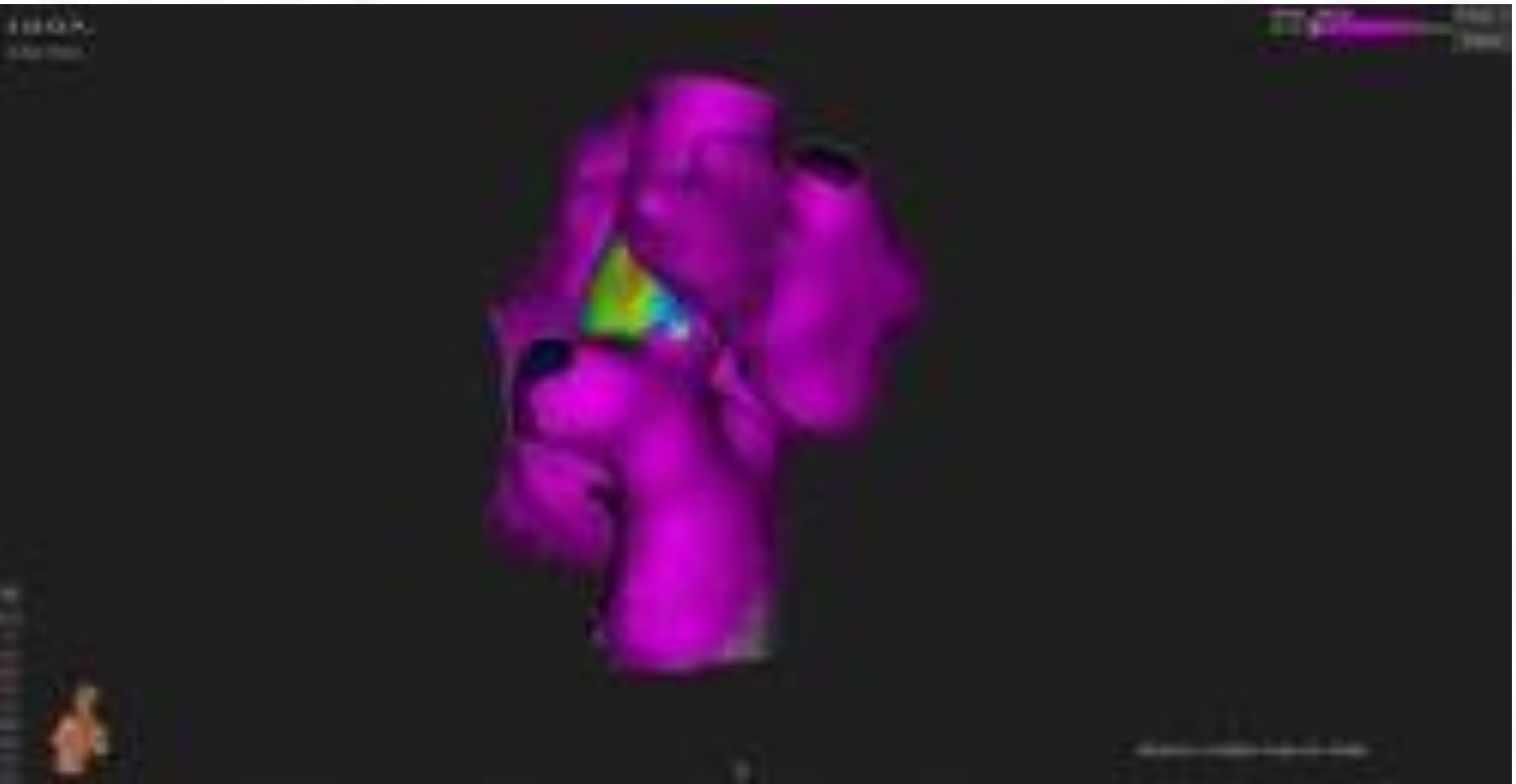




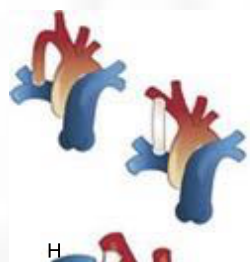




- Patient with TGA with Senning atrial switch.
- AT non sustained, tachy activation map not possible
- Pacing from baffle demonstrated line of block on septal aspect
- After ablation across the remaining short gap, pacing from baffle demonstrated CTI block

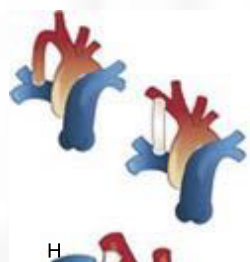




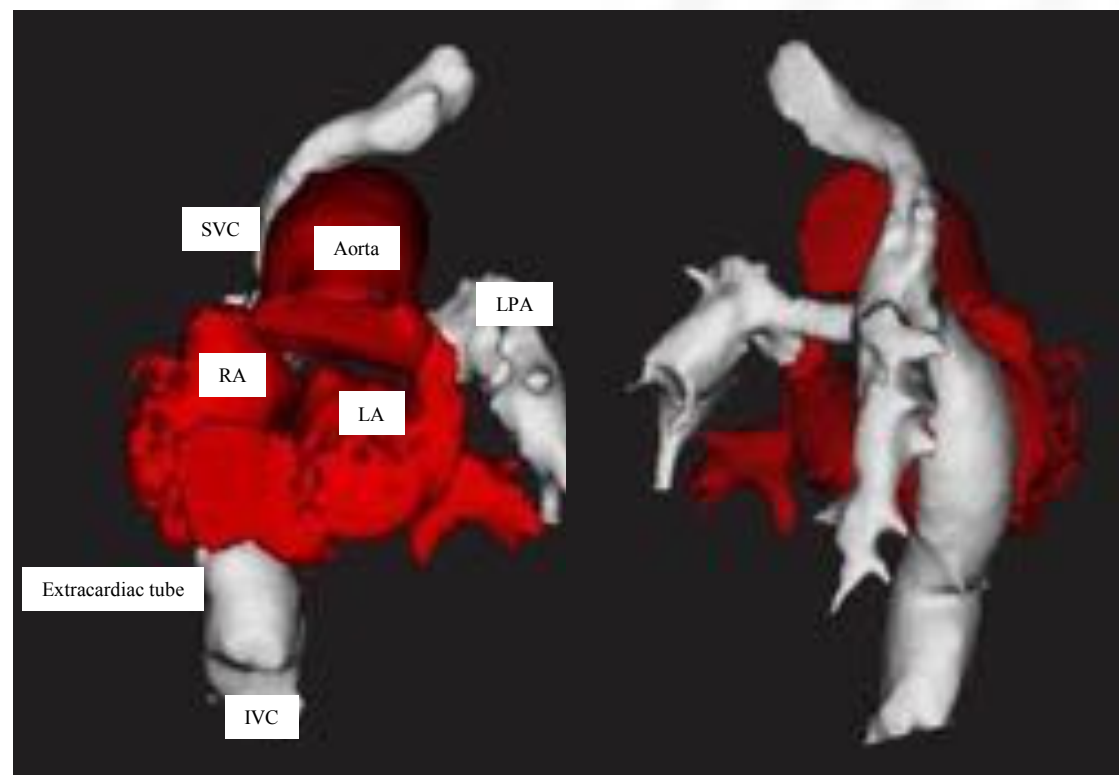
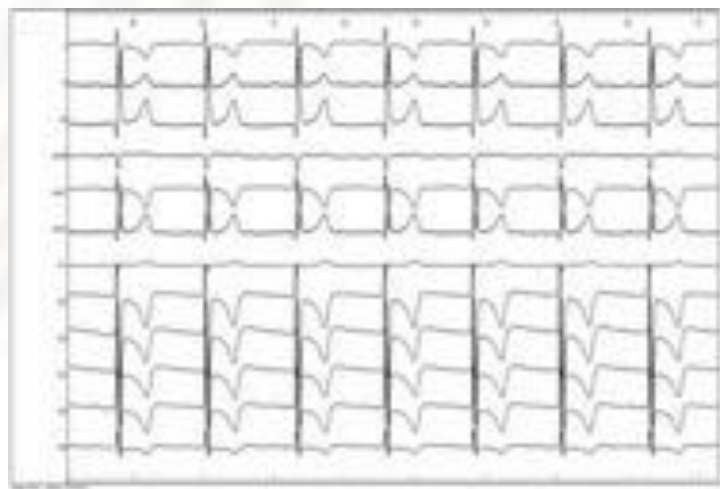


Extracardiac Fontan

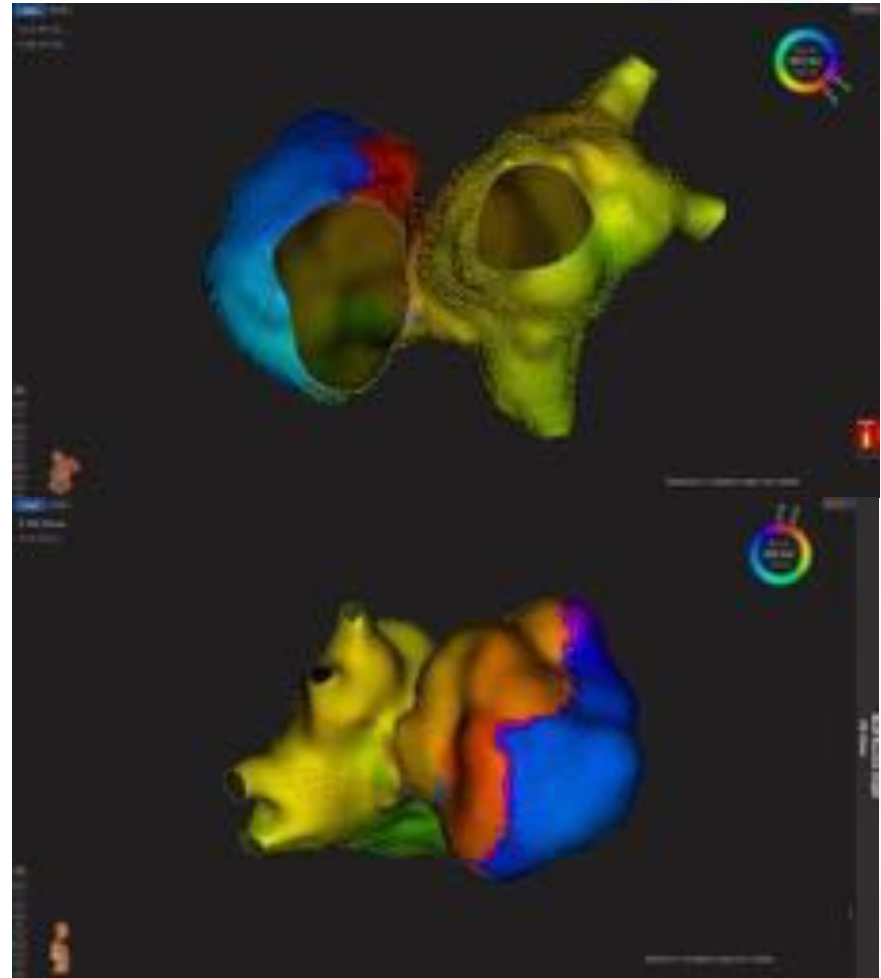
- 32 y.o
- Complex congenital heart disease: double outlet right ventricle + tricuspid atresia + ASD + transposition of the great vessels
- "Classic" Fontan surgery in 1992
- 2010: CTI ablation for a common flutter: bidirectional block hardly obtained
- 2011: total cavopulmonary connection via an extracardiac tube + right atrial resection + tricuspid annulus closure with a patch
- 2017: multiple symptomatic AT recurrences



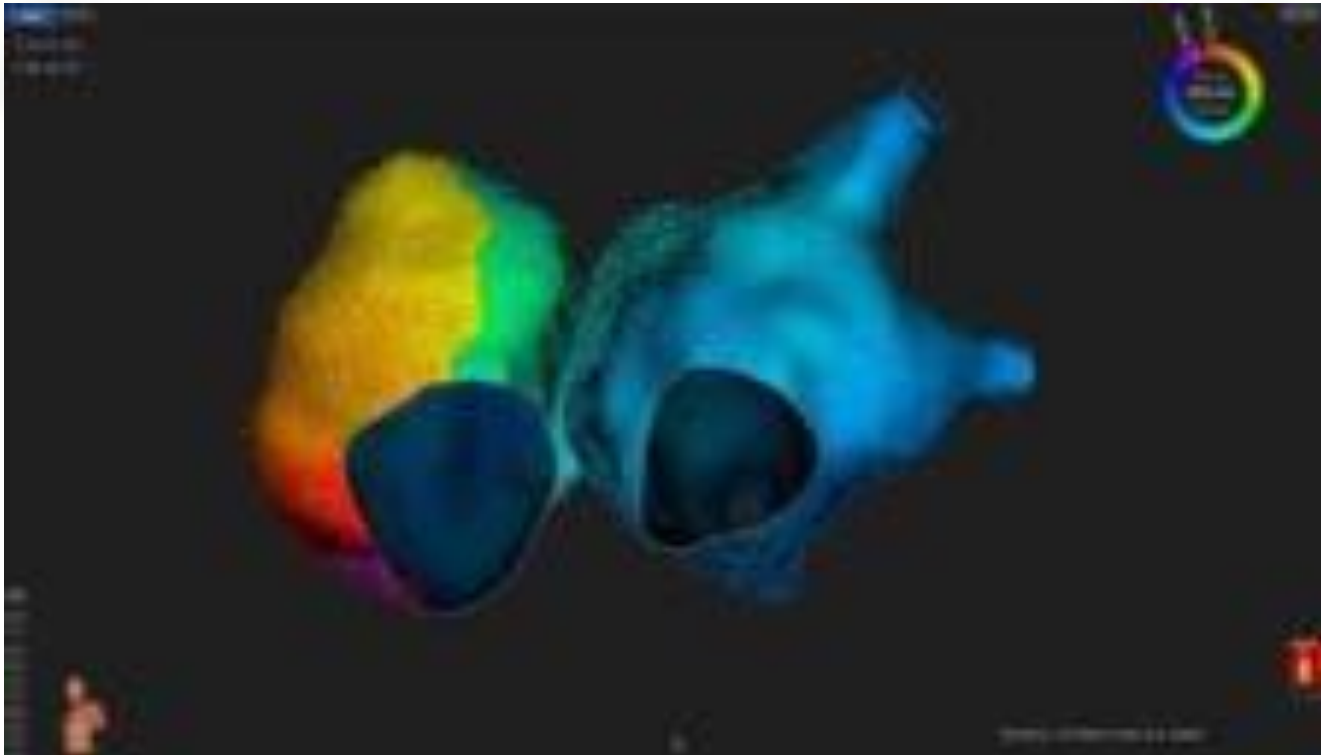
Extracardiac Fontan



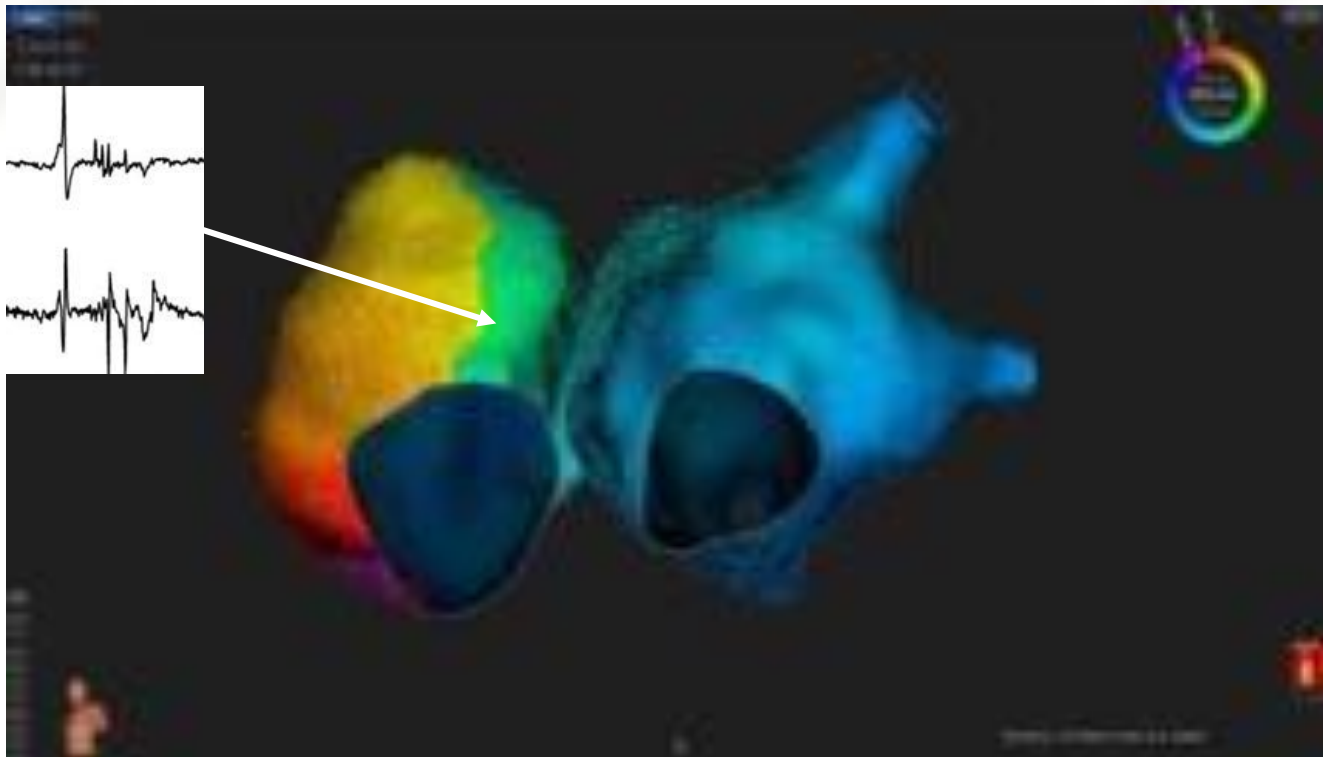
TEE guided transcaval puncture



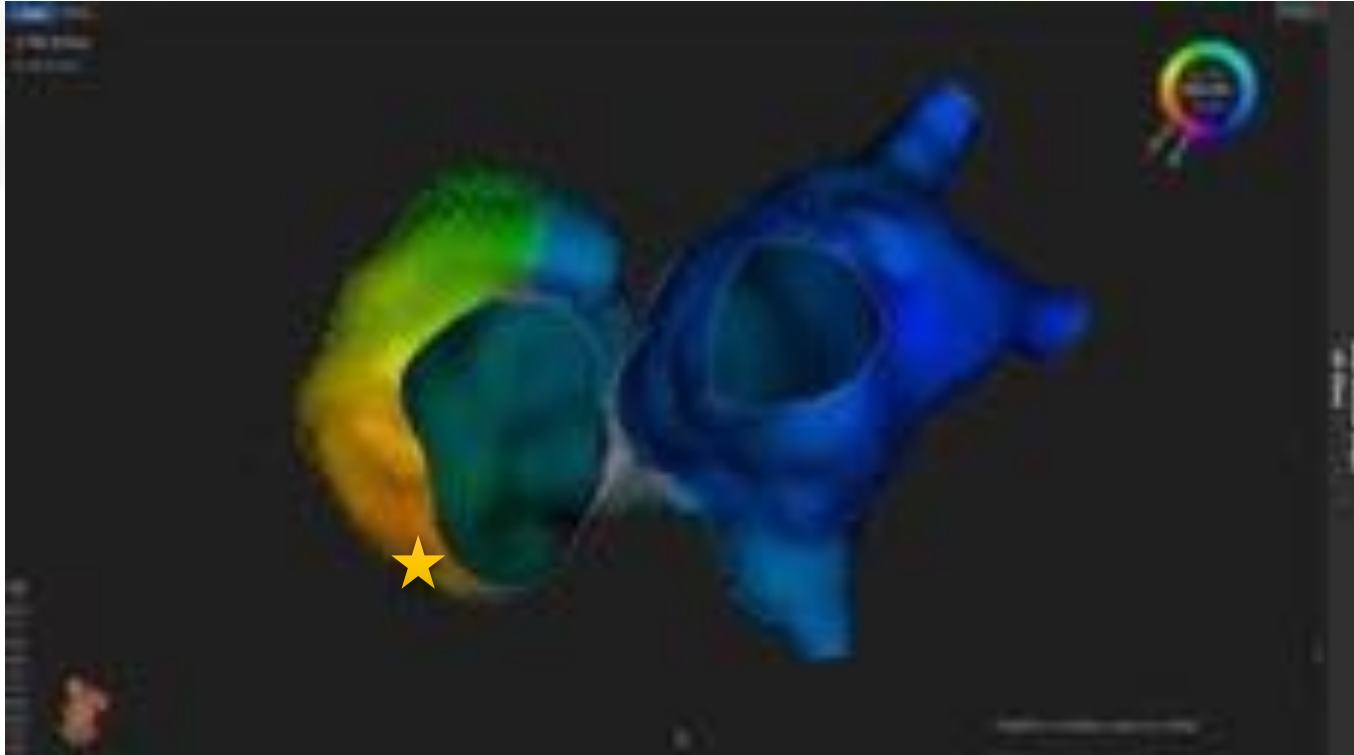
Clockwise common flutter: gap on the antero-septal right atrial gap



Clockwise common flutter: gap on the antero-septal right atrial gap



Clockwise common flutter: post – ablation mapping



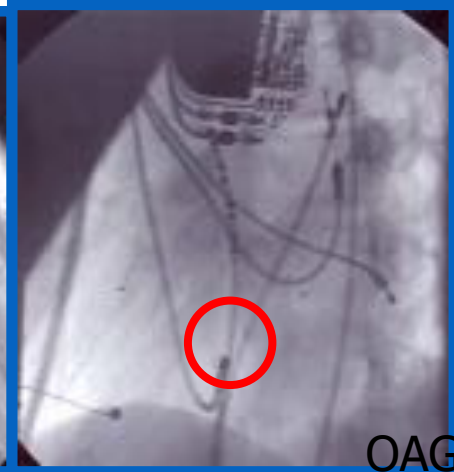
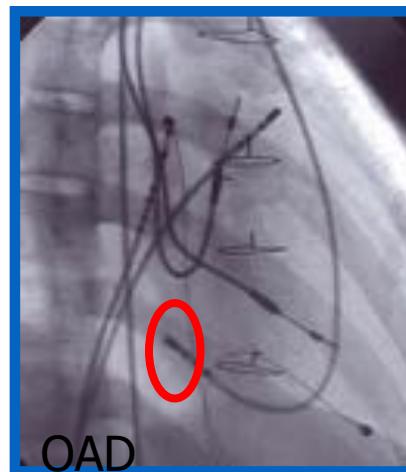
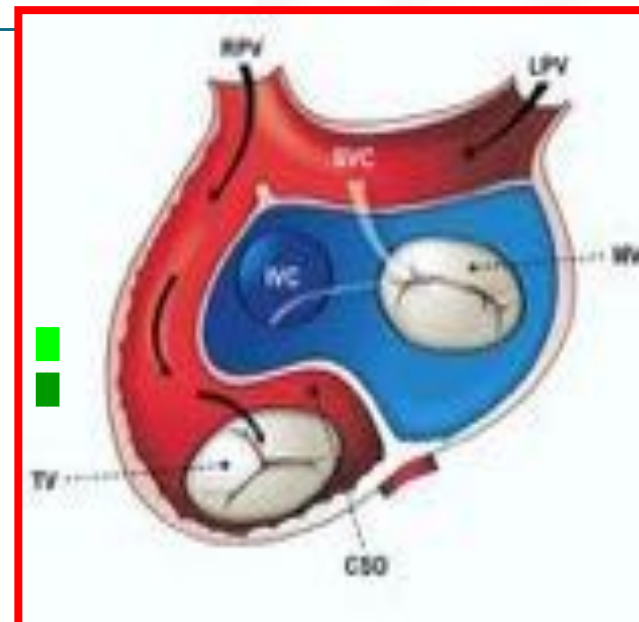
- Ne pas oublier les principes généraux de prise en charge:
 - Traitement anticoagulant !!
 - Traitement antiarrhythmique
- Amélioration importante des systèmes de cartographie
 - Acquisition: multielectrodes, electrodes de petites tailles (printed++)
 - Data management
 - Haute densité
 - Algorithme d'annotation
 - Algorithme d'interpolation
- Très en faveur d'une approche permettant leur utilisation
- Attention:
 - Ne pas attendre du système de cartographie de donner toujours la bonne réponse.
 - Ne pas oublier les principes de base (entrainement etc...)!!





FLUTTER ATRIAL ET TGA

- Isthme Cavo-Tricuspid est séparé par le “baffle”
- Localisation du sinus coronaire dépend de la position du baffle









OUR EXPERIENCE OF SUBSTRATE MAPPING IN ToF

■ Population

- Patients with an indication of EPS
- Patients scheduled for ablation (Atrial arrhythmias, PVC, VT....)
- Before redo cardiac surgery (PVR++)

■ Which exams?

- High resolution cardiac MRI
- RV substrate mapping to identify potential isthmuses
- Ventricular stimulation at baseline and with isoproterenol



PROTOCOL FOR PRE-OPERATIVE EP STUDY

- Before redo surgery for PVR
 - Identification of potential isthmuses (hr MRI, EPS)
 - If VT inducible and/or slow conduction in isthmuses
→ Isthmuses ablation
- During Surgery
 - Cryo-ablation of isthmuses if VT was still inducible at the end of the catheter ablation
 - Pulmonary valvulation
- New EPS 1 to 3 months post surgery
 - If inducible → ICD

Protocol with Paul Khairy, Montreal, Canada

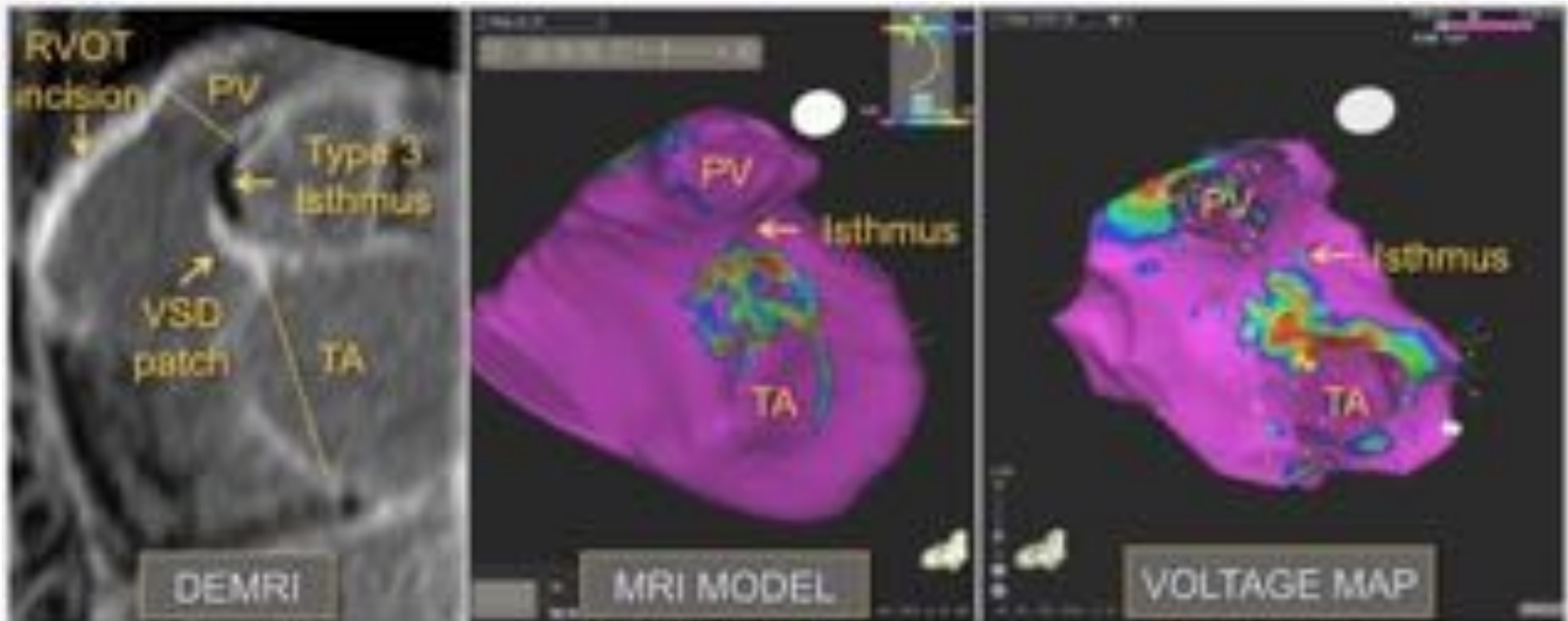
- **ICD** in case of previous cardiac arrest or spontaneous syncopal VT
- **Catheter ablation** of VT & isthmuses with slow conduction in case of VT \pm **ICD**
- **In case of surgery:** Surgical cryo-ablation of isthmuses may be interesting ++
- **No indication of Anti-arrhythmic** for SCD prevention
- **Absence of ventricular incision** during the initial surgery may limit the risk of late ventricular arrhythmias.



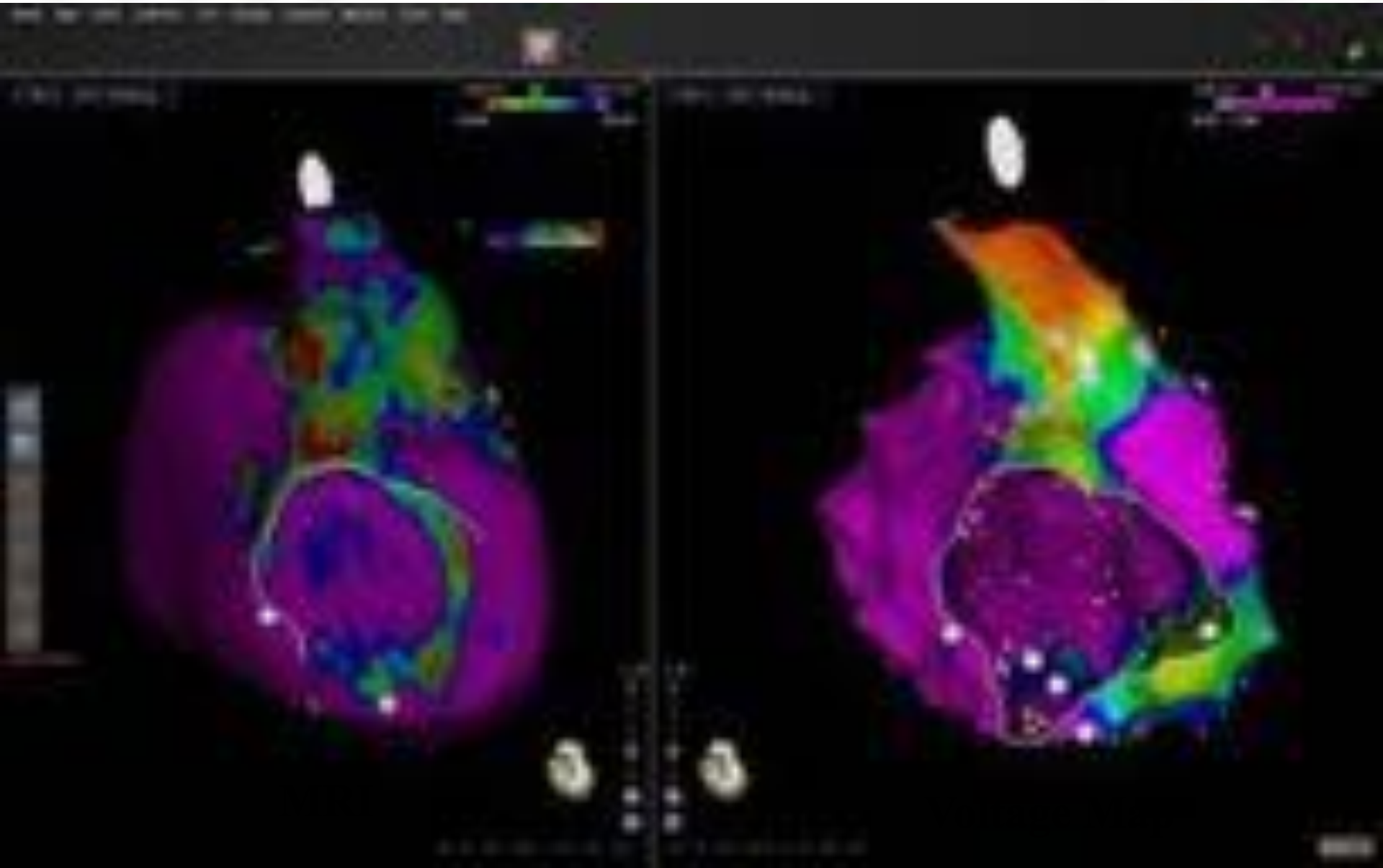


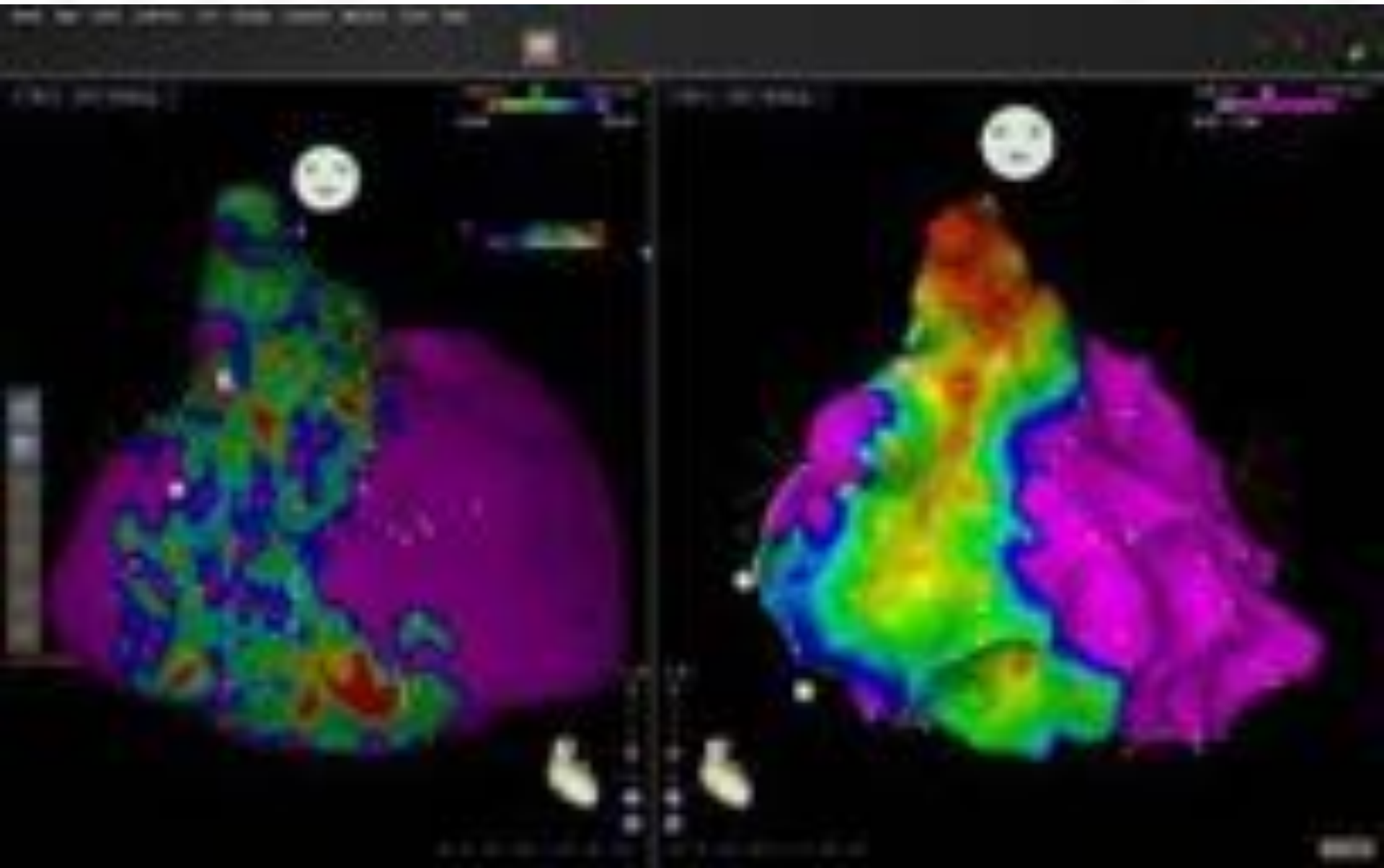
High resolution Cardiac MRI

- 1) Good correlation with isthmuses found on voltage map
- 2) Good evaluation of isthmuses sizes
- 3) Anatomically short isthmuses are correlated to slow conduction



13 yo ToF boy NSVT on holter and scheduled for surgery

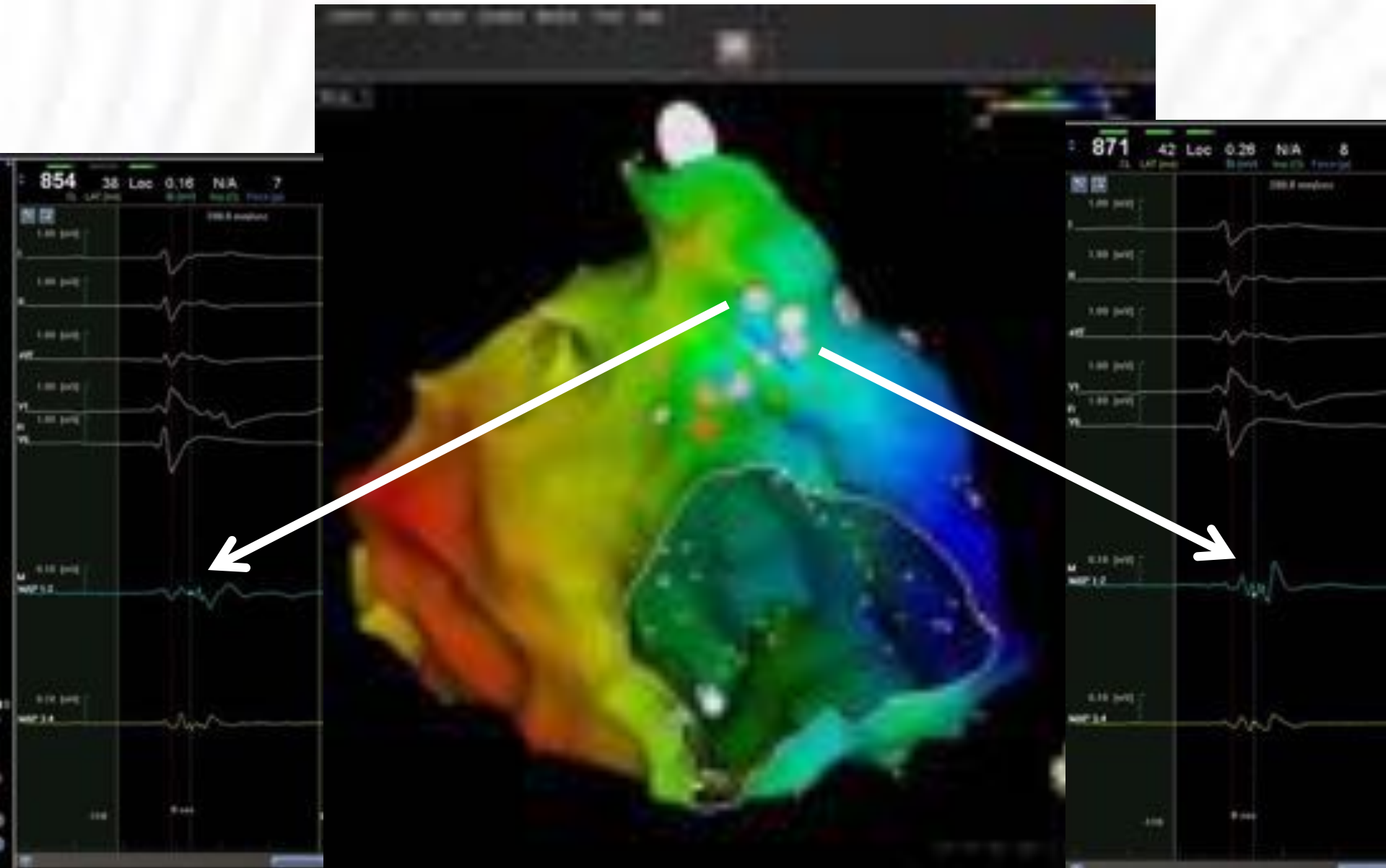


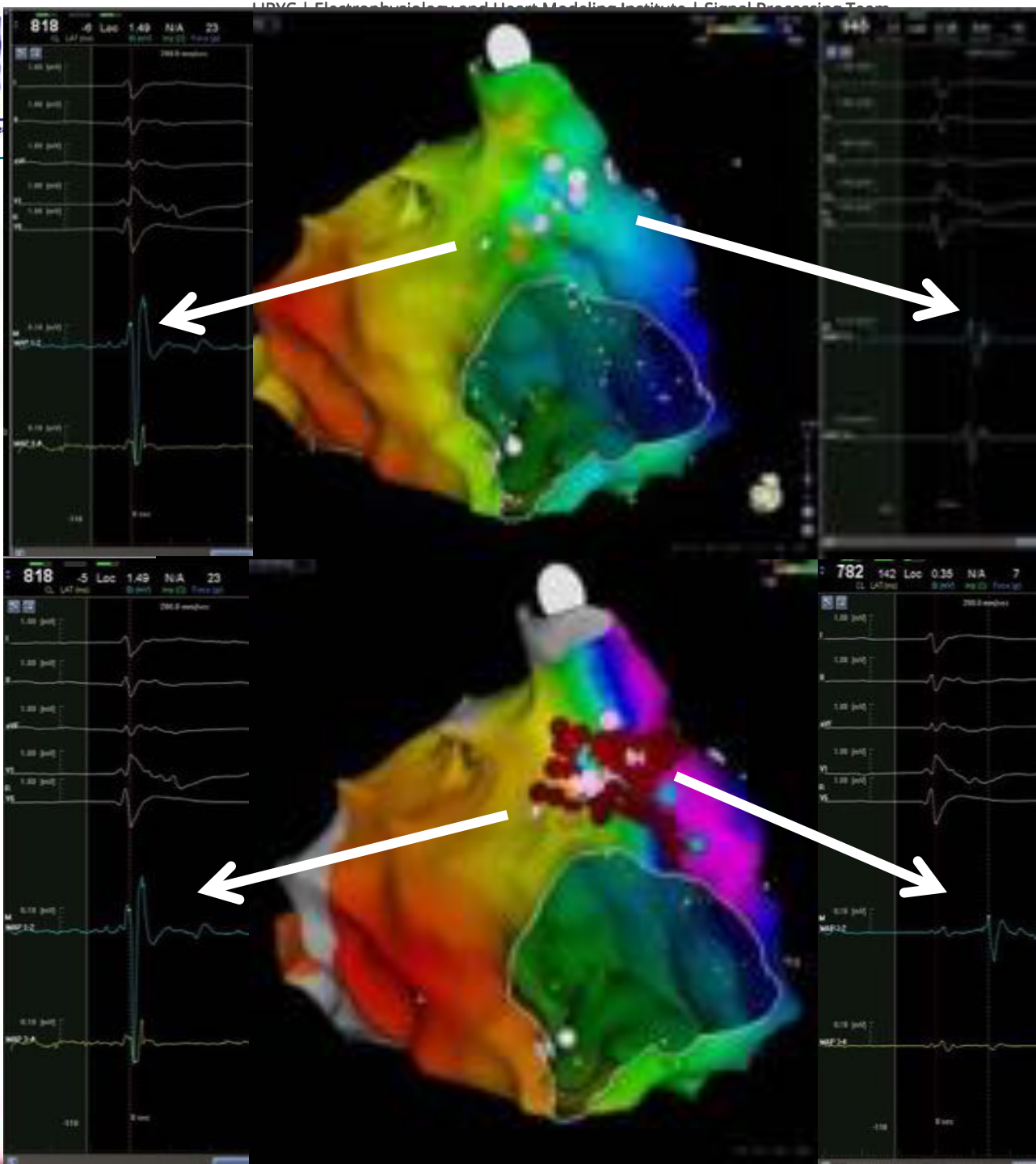


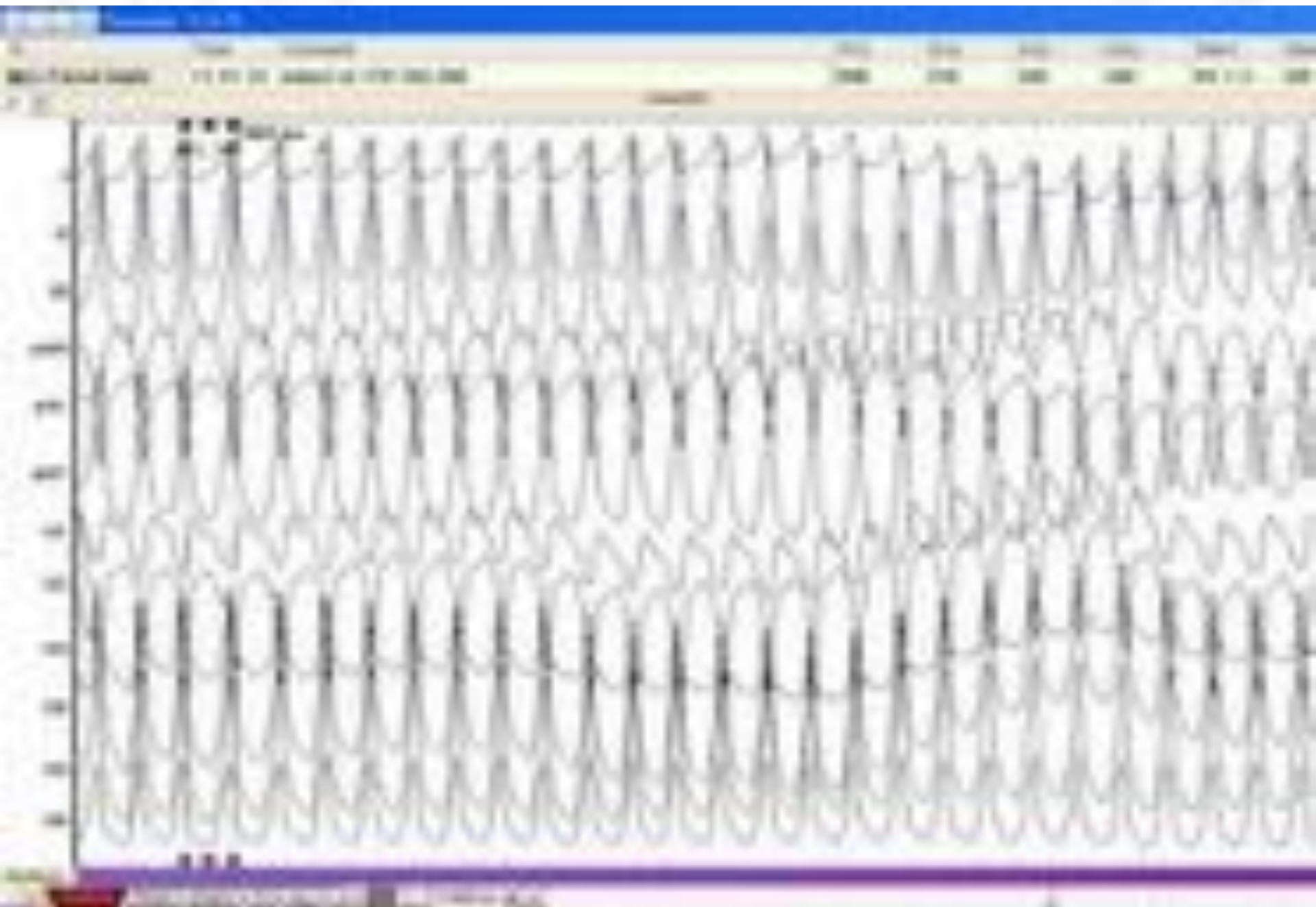
MRI

LIRYC | Restoring the rhythm of life

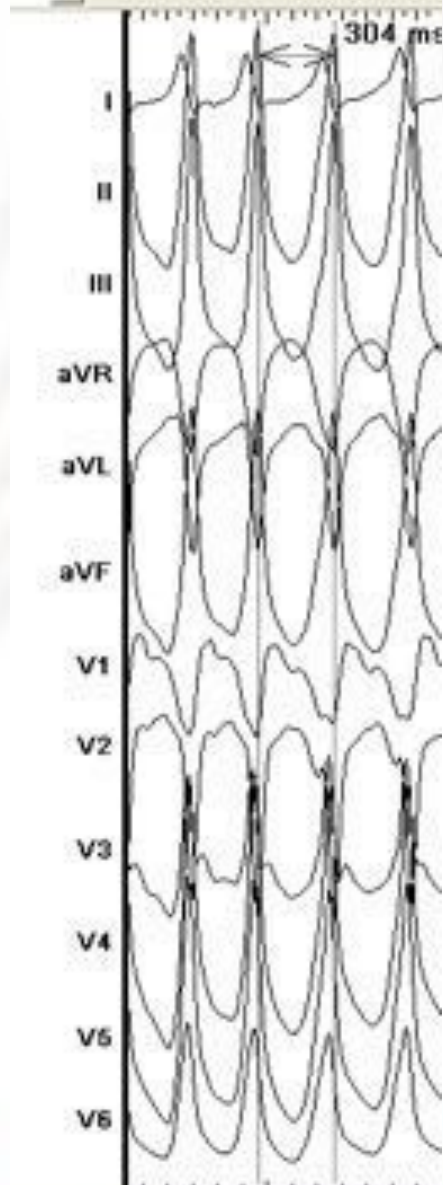
Voltage Map



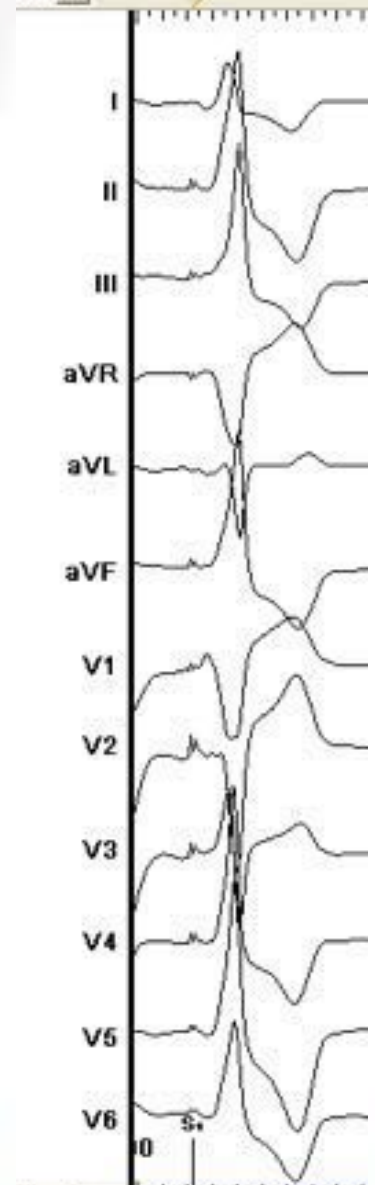




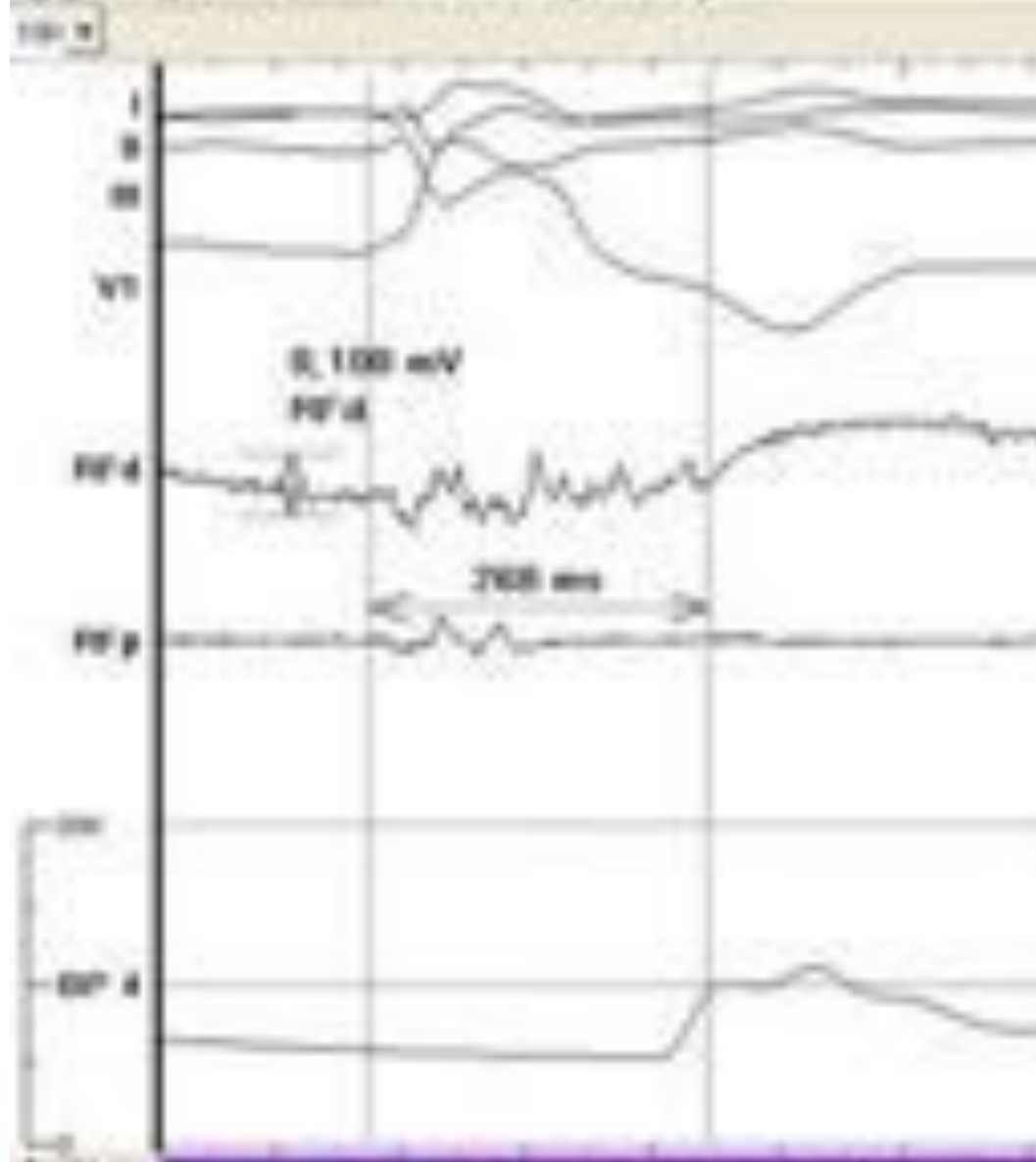
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26	

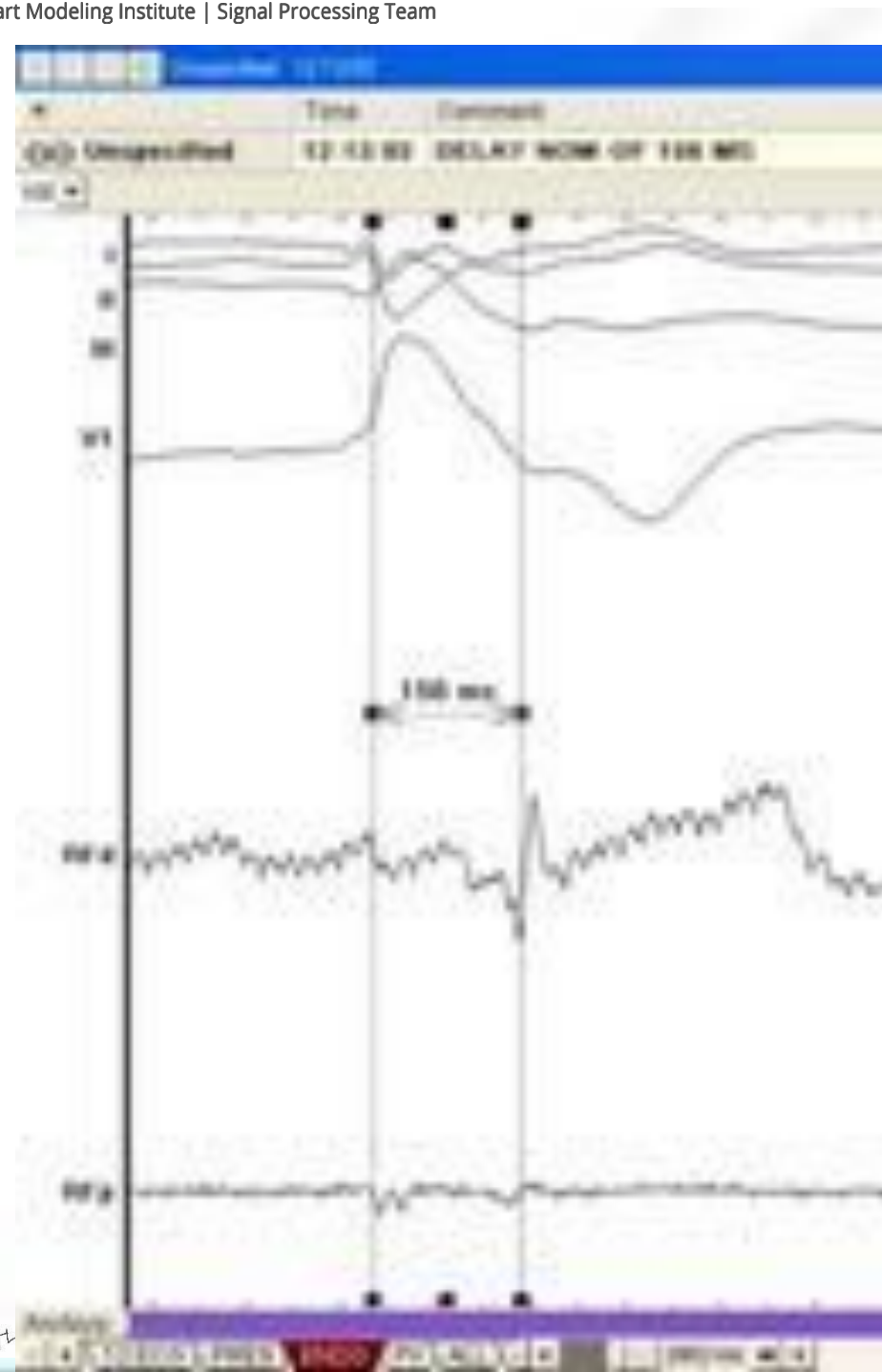
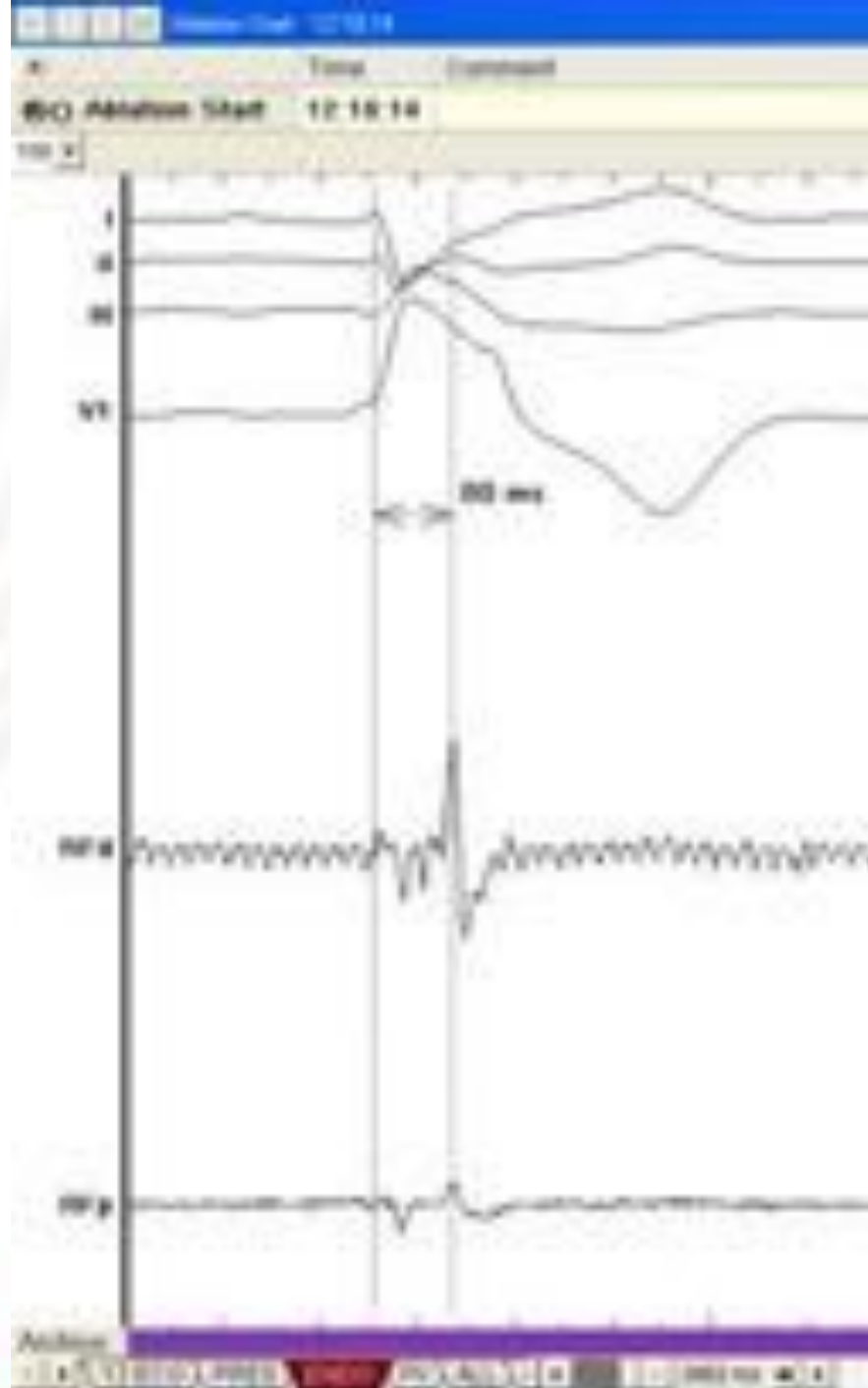


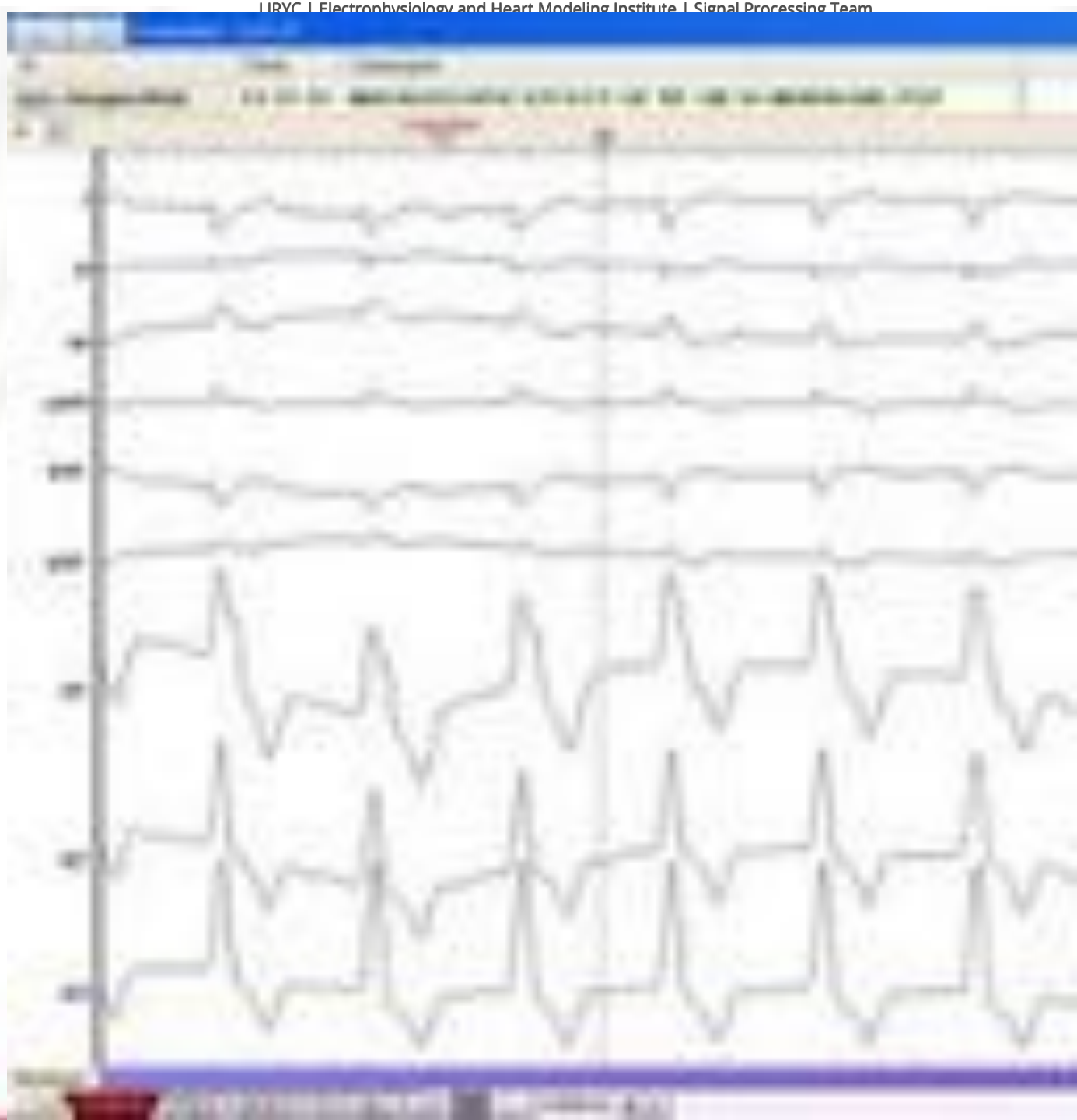
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25	Page

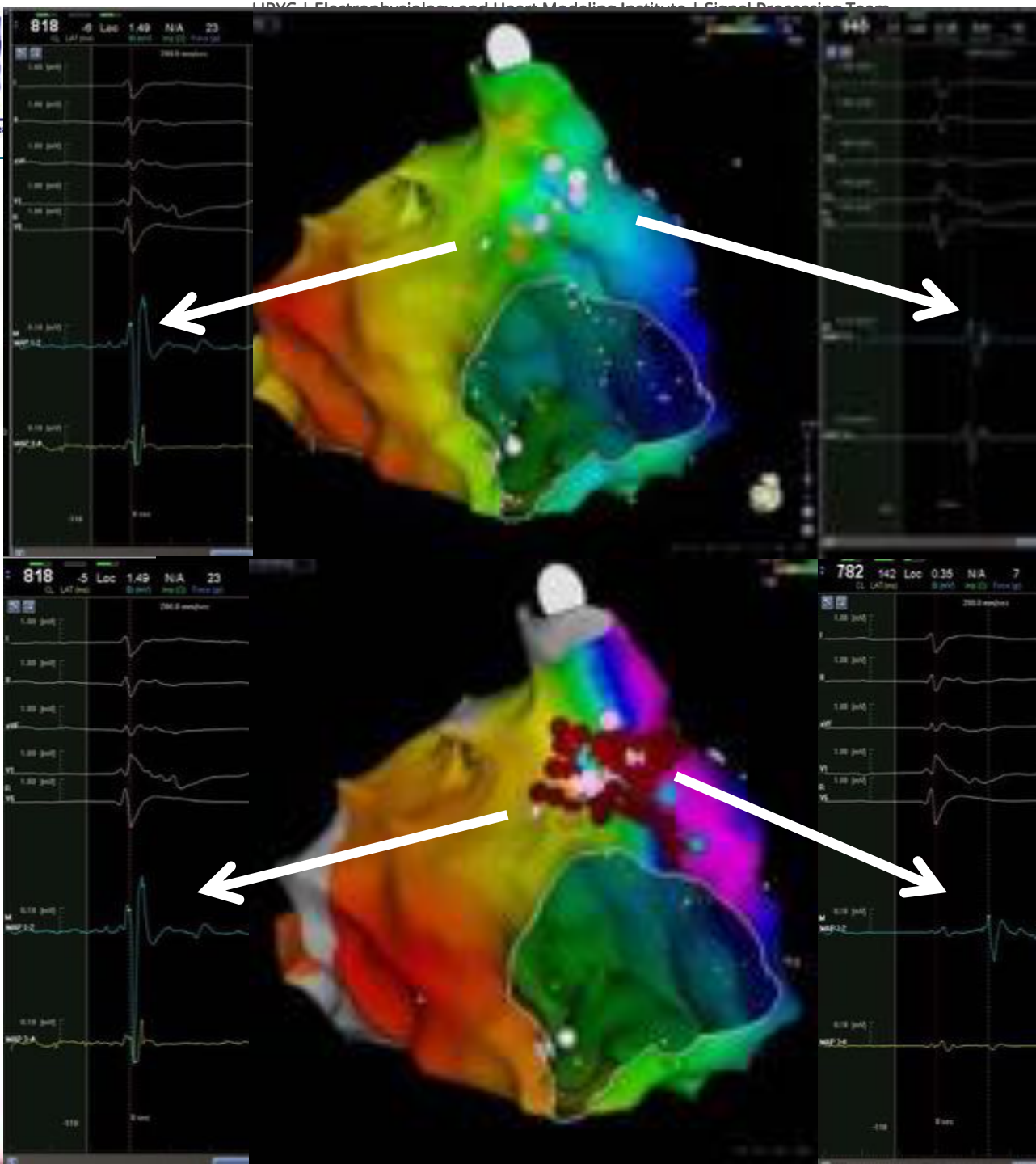


x	Time	Comment
Unspecified	11:25:07	perfect pm
25		









24 yo male with lightheadness

- Pulmonary Regurgitation
- But no indication for surgery

