

LUCAS WYMORE, MD

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- PRACTICE** **NewportCare Medical Group**, Newport Beach, CA
October 2023 – Present
Centers for Advanced Orthopedics, Leonardtown, MD
September 2014 – September 2023
- EDUCATION** **University of Notre Dame**, Notre Dame, IN
Bachelor of Science, May 2004
Major: Science Pre-Professional Studies

Texas A&M University College of Medicine, College Station, TX
Doctor of Medicine, May 2008
- TRAINING** **INTERNSHIP**
University of North Carolina Hospitals, Surgery, Chapel Hill, NC
July 2008 – June 2009
University of North Carolina Memorial Hospital, Chapel Hill, NC

RESIDENCY
University of North Carolina Hospitals, Orthopedic Surgery, Chapel Hill, NC
July 2009 – June 2013
University of North Carolina Memorial Hospital, Chapel Hill, NC
Rex Hospital- UNC Health Care, Raleigh, NC
WakeMed Health and Hospitals, Raleigh, NC

FELLOWSHIP
San Diego Arthroscopy and Sports Medicine, San Diego, CA
August 2013-July 2014
Fellowship Directors: James P. Tasto, MD; Jan Fronek, MD; Heinz Hoenecke, MD
Scripps Green Hospital
University of California, San Diego Medical Center
- LICENSURE & CERTIFICATION** California Medical License, A 124543, Expiration 8/31/2024
Maryland Medical License, D 78163, Expiration 9/30/2023
Federal DEA Registration, FW3832044, Expiration 5/31/2024
Maryland CDS Registration, M83124, Expiration 6/30/2024
Board Certified, American Board of Orthopedic Surgery, 2016
Part I, 2013; Part II, 2016, participating in MOC
United States Medical License Exam, Part I, II, III, 2006, 2007, 2011
- CONSULTING** **Cayenne Medical**, a Zimmer Biomet Company
Medical Education and Product Design, 2016-present

Tigon Medical

Medical Education and Product Design, 2018-present
Advisory Board, 2023-present

Vericel Corporation

Medical Education and speakers bureau, 2022-present

HONORS

Castle Connolly Top Doctor, 2022, 2023
Alpha Omega Alpha, University of North Carolina Chapter, 2010
Notre Dame Monogram award, Varsity Swimming, 2001, 2002, 2003
BIG EAST Conference Academic All Star Team 2001, 2002, 2003
Notre Dame Student-Athlete Academic Excellence 2001, 2002, 2003

PUBLICATIONS: Arthroscopic Subscapularis Repair. *Cole & Seikya: Surgical Techniques of the Shoulder, Elbow, and Knee in Sports Medicine, 2nd edition.* **Wymore, L**, Creighton, R, Romeo, A.

PUBLICATIONS: **Wymore L**, Reeve R, Chaput C. "No correlation between rate of shoulder pain in **PEER REVIEWED** NCAA men swimmers and stroke specialty" *International Journal of Shoulder Surgery.* 2012; 3:71-75

Wymore L, Fronek, J. "Shoulder functional performance status of NCAA swimmers" *American Journal of Sports Medicine.* 2015; 43, 1513-1517.

Tadros A, Huang B, **Wymore L**, Hoenecke H, Fronek J, Chang, E. "MRI evaluation of proximal biceps lesion." *Skeletal Radiology.* 2015; 44:1263-1272.

Wymore L, Chin P, Geary C, Carolan G, Keefe D, Hoenecke H, Fronek, J. "Performance and Injury Characteristics of Pitchers Entering the Major League Baseball Draft after Ulnar Collateral Ligament Reconstruction." *American Journal of Sports Medicine.* 2016; 44:3165-3170.

Wymore L, Lang P, Grewal B, Weinhold P, Spang J, Creighton R, Kamath G. "A Biomechanical Analysis of Lateral Row Anchor Placement in Double Row Rotator Cuff Repair." *In submission, Journal of Shoulder and Elbow Surgery.*

Chin P, **Wymore L**, Morris K, Allred J, Hoenecke H. "Advances in the treatment of Glenoid Bone Wear." *In submission, Journal of Shoulder and Elbow Surgery.*

Wymore L, Fronek, J. "Shoulder functional performance status of NCAA swimmers, Part 2. The effect of training phases during season" *Manuscript in preparation.*

OTHER PUBLICATIONS **Wymore L.** "Swimmer's Shoulder- When to see and Orthopedic Surgeon." www.swimmingscience.net. Dr. John Mullen, DPT, webmaster. April, 2015

PRESENTATIONS **University of Wisconsin Fall Visiting Professor**
Finding Your First Job. October 21, 2022

Mid Atlantic Joint Preservation Society, Maryland
Patellofemoral Cartilage Reconstruction. November 5, 2020

The Centers for Advanced Orthopedics Research Foundation

Performance and Injury Characteristics of Pitchers Entering the Major League Baseball Draft after Ulnar Collateral Ligament Reconstruction. November 13, 2020

Maryland Orthopedic Association, Annapolis, MD

Panel Discussion. February 11, 2018
Traumatic Sports Injuries

Graduate Student Organization Research Symposium, College Station, TX

Poster Presentation, April 10, 2007
“No correlation between rate of shoulder pain in NCAA men swimmers and stroke specialty”

American College of Sports Medicine, Texas Regional Chapter, Odessa, TX

Abstract, February 29, 2008
“No correlation between rate of shoulder pain in NCAA men swimmers and stroke specialty”

San Diego Shoulder Institute, San Diego, CA

Poster Presentation, June 18, 2014
“A Biomechanical Analysis of Lateral Row Anchor Placement in Double Row Rotator Cuff Repair.”

American Orthopedic Society for Sports Medicine

Abstract
“Shoulder functional performance status of NCAA swimmers”

**RESEARCH
AWARDS**

Graduate Student Organization Research Symposium, College Station, TX
Third Place, Poster Presentation, Junior Student Division

**RESEARCH
GRANTS**

Awarded: Student Research Grant. Department of Orthopedic Surgery, Scott & White Hospital, Temple Texas, 2005.
Awarded: Scripps Clinic Medical Group Research Grant, Scripps Clinic, La Jolla, California, 2013

**PROFESSIONAL
MEMBERSHIPS**

American Academy of Orthopedic Surgeons
American Orthopedic Society for Sports Medicine
Arthroscopy Association of North America
Alpha Omega Alpha (AOA) Honor Society
Mid Atlantic Joint Preservation Society
Notre Dame Orthopedic Society
Surfers Medical Association

**TEAM
COVERAGE**

St. Mary's College of Maryland, St. Mary's City, MD, 2022-present
Head team physician, Varsity and Club Sports
United States Olympic & Paralympic Training Center, Colorado Springs, 2019
Sports Medicine Volunteer Program
College of Southern Maryland, La Plata, MD 2015-Present
Head Team Orthopedic Surgeon
St. Mary's Ryken High School, Leonardtown, MD 2014-Present
Head Team Orthopedic Surgeon

St. Mary's County High Schools, Leonardtown, MD, 2014-Present
Head orthopedic consultant, supervising physician for all athletic trainers
Charles County High Schools, Waldorf, MD, 2014-Present
Head orthopedic consultant, supervising physician for all athletic trainers
San Diego Padres Baseball Club, San Diego, CA, 2013-2014
Assistant Team Orthopedic Surgeon
San Diego State University Athletics, San Diego, CA, 2013-2014
Assistant Team Orthopedic Surgeon
Grossmont College, San Diego CA, 2013-2014
Football
Mesa College, San Diego, CA, 2013-2014
Football
La Jolla Country Day School, La Jolla, CA, 2013-2014
Football
University of North Carolina Athletics, Chapel Hill, NC, 2010-2013
Football, Men's Basketball, Men's Soccer
Cedar Ridge High School Football, Chapel Hill, NC, 2009-2013
Football
Temple High Football, Temple, TX, 2006-2007
Football
A&M Consolidated High Football, College Station, TX, 2004-2005
Football

ADMINISTRATIVE ACTIVITIES **Director of Marketing**, CAO- Southern Maryland Orthopedics & Sports Medicine
Led marketing campaign for division including online and social media
Marketing Committee, Centers for Advanced Orthopedics
Participated in marketing campaign and brand building
Leonardtown Surgery Center, Leonardtown, MD 2017-Present
Board of Directors, *2018-Present*
Secretary, *2018-2020*
Medical Director, *2019-Present*
CEO, *2020-Present*
Vice Chief, Department of Surgery St. Mary's Hospital, Leonardtown MD 2018
Surgeon representative to peer review committee
Chief, Department of Surgery, St. Mary's Hospital, Leonardtown MD 2020-2022

OTHER ACTIVITIES **University of North Carolina House Staff Council**, Chapel Hill, NC, 2011-2012
Orthopedic surgery resident delegate to represent needs of the department
Arthur C. Scott Surgical Society, Texas A&M College of Medicine, 2006-2007
Charter member of group for students pursuing a surgical specialty.
Surgery Interest Group, Director, Texas A&M College of Medicine, 2005-2006
With local surgeons, developed a surgical experience for preclinical medical students
Education Technology Advisory Group, Texas A&M College of Medicine, 2006
Student representative to the group involved with improving classroom technology.
Computers in the Curriculum, Texas A&M College of Medicine, 2004-2005
Student representative to the committee that determines student technology needs.
Volunteer, Hurricane Rita Relief Effort, College Station, TX, 2005
Offered medical services to evacuees displaced by Hurricane Rita.
Varsity Swimming, University of Notre Dame, South Bend, IN, 2000-2003
Monogram Award, 2001, 2002, 2003

**HOBBIES &
INTERESTS**

Swimming
Weight Lifting
Surfing
Cooking
Travel
Notre Dame Football
San Diego Padres Baseball